

**YOUR COMPLETE GAME GUIDE TO THE SIX NATIONS**

4-10 FEBRUARY 2023

# Radio Times

1 OF 4 COVERS

**'You have  
to work in  
an office!'**

Lord Sugar on why home  
working isn't working

**HAPPY VALLEY  
THE FINALE**

Can Catherine  
Cawood claim the  
title of TV's finest  
female cop?

**SIX NATIONS SPECIAL**

# ENGLAND EXPECTS...

Owen Farrell leads our captains' preview of  
rugby union's annual showdown, plus all the  
pundits – and the greatest grudge match ever

**DIGITAL EDITION**

Six Nations:  
England v Scotland  
Saturday ITV1





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Ken Owens leads our captains' preview of rugby union's annual showdown, plus all the pundits – and the greatest grudge match ever

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Six Nations:  
Wales v Ireland  
Saturday BBC1, S4C





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## RT BOOK CLUB

Receive a hardback book for £14.99 per month or quarter. For details of February's book, *My Father's House* by Joseph O'Connor, see page 133



## From the Editors

ONE READER WROTE to us this week to complain, among other things, about the BBC's decision to cover "as much football as often as possible". She has our sympathy. It must sometimes feel to the sports-phobic that our traditional broadcasters have a one-track mind. But truth be told, there's a lot less live sport on free-to-air TV these days than in the past, certainly when it comes to the men's games, mainly because of the billions of pounds that the likes of Sky and BT (and now Amazon, too) are prepared to pay for the rights to broadcast the action. The BBC and ITV simply can't compete.

In the 1970s and 80s you could watch top sportsmen competing at cricket, tennis, rugby league and union, Formula One and, sometimes, football. Every Saturday afternoon – and often Sunday, too – would be devoted to hours of live sport. The biggest matches were watched by tens of millions. Now very little is left. The FA Cup, shared by BBC and ITV with BT Sport, plays out every few weeks between now and May, the tennis if it's Wimbledon, and every now and then a Grand Prix.

One tradition that has survived on terrestrial TV is the Six Nations, rugby union's annual championship to find the best team in the northern hemisphere. Back in the days when Bill McLaren was "the voice of rugby", it was always on the BBC, a winter afternoon ritual as comforting as tea and crumpets. Last year ITV and the BBC bid together £460 million to share the rights until 2025.

Which means that for the next six weeks we can watch many of the finest rugby players competing in a high-stakes drama that plays out in our sitting rooms (or on our laptops and phones), all without having to spend a pound for the pleasure. Beyond paying the obligatory licence fee. It's a reminder of the unifying power of sport and the universal remit of public service broadcasting. Enjoy it while you can.

Tom Loxley & Shem Law  
Editors, Radio Times

Contact Radio Times by email on  
RTeditor@radiotimes.com



Lord Sugar and Baroness Brady go back to the 80s



Six rugby nations in search of a trophy...



Gemma Arterton stars in *Funny Woman*



His *Dark Materials* star James McAvoy

More news, features, interviews & previews at **RadioTimes.com**



4-10 FEBRUARY 2023



TV

### Happy Valley

Sunday 9.00pm **BBC1**

The nation is on the edge of its seat fretting about Catherine Cawood (Sarah Lancashire) and a possible attack by Tommy Lee Royce (James Norton). Can good triumph over evil in the series finale?

FEATURE P29 ►



2

TV

### Sam Smith Live at the Royal Albert Hall

Friday 11.30pm **BBC1**

(12 midnight in Wales and N Ireland; 12.30am Scotland) The singer/songwriter celebrates their 30th birthday by putting on a spectacular show that's packed with hits and backed by a full choir and orchestra.



3

TV

### Six Nations

Saturday/Sunday

**BBC1/ITV1/S4C**

The first round of matches offers up a feast of rugby union: Wales v Ireland is on Sat **BBC1/S4C**, k/o 2.15pm, followed by England v Scotland **ITV1**, k/o 4.45pm. Italy v France is on Sunday **ITV1**, k/o 3pm.

FEATURE P14 ►



STREAMING

### You Available from Thursday **Netflix**

The first episode of series four of the chilling drama sees serial killer Joe Goldberg (*Gossip Girl*'s Penn Badgley) on the move after an unfortunate incident in San Francisco. Can he find a new life in London and reinvent himself?

4



TV

### Spring Walks

Monday, Tuesday

7.30pm **BBC4**

After the lockdown triumph of *Winter Walks*, BBC4 now gives us two invigorating spring strolls in North Yorkshire: *Dragons' Den* investor Sara Davies (left) visits *Nidderdale*, then actor Nina Wadia explores *Swaledale*. The beauty of their locations is thrillingly captured, but the benefit of getting close to nature is clear, too.

5

TV

### Pamela Anderson's Family Home Renovation

Wednesday

10.00pm **More4**

It's a big week for the former *Baywatch* star with a candid new Netflix documentary and this home makeover series that finds her returning to her roots on the coast of Vancouver Island.

6



# THIS WEEK

THE TEN BEST SHOWS TO  
WATCH, LISTEN TO & STREAM



## TV **Funny Woman** Thursday 9.00pm Sky Max

Gemma Arterton is a sparky lead in this adaptation of Nick Hornby's novel about a 1960s Blackpool beauty queen who moves to London with dreams of hitting the big time. A career on camera awaits...

FEATURE P24 ►



## RADIO

### The Poet Laureate Has Gone to His Shed Sunday 4.30pm

Radio 4

Sir Ian McKellen is an excellent visitor to the intimate surroundings of Simon Armitage's shed and the ensuing chat is warm, witty and insightful.



## THE TIMES Bring me home

Exclusive The Times finds former schoolgirl who fled to join Isis in Syrian refugee camp

Anthony Lord  
Al-Lad, northern Syria



## TV **The Shamima Begum Story** Tuesday 9.00pm BBC2

Documentary that updates the story of the British woman who, aged 15 in 2015, left London to travel to Syria to join up with the terrorist group Islamic State. Now she tells her side of the story.

## FILM **Jojo Rabbit** ★★★★★ 12 Saturday 9.00pm Channel 4

Madcap, Oscar-winning satire from film-maker Taika Waititi, who co-stars as "Adolf", the imaginary friend of a fanatical Hitler Youth member (Roman Griffin Davis).





## TEN QUESTIONS WITH

# JAMES McAVOY

The *His Dark Materials* star on playing a "maniac" and being allergic to his own leopard

On stage as Macbeth or onscreen as Charles Xavier in the *X-Men* films, James McAvoy's career is littered with popular and critically acclaimed performances. Now the 43-year-old Glaswegian is lauded once more for his role as Lord Asriel, aristocratic father of heroine Lyra in the BBC dramatisation of Philip Pullman's *His Dark Materials*.

Asriel's merciless quest to destroy the Kingdom of Heaven drives the narrative of Pullman's books, yet McAvoy's character disappeared from series two when an episode concentrating on Asriel was dropped thanks to Covid – "A bit frustrating!" as he puts it. But this year he's back, and McAvoy's return has re-energised and refocused a series that reaches its much-anticipated finale this week.

**This final series of *His Dark Materials* has had a different feel to the second one – is that simply because there's been more McAvoy in it?**

Well, it's a lot more action-packed than previous series. They've been talking about war against the Kingdom of Heaven for such a long time. You can't just keep going, "I'm gonna do this" with one guy walking about with a gun. You've got to finally deliver war, and so we do get war by the end.

**As you were spending more time as Lord Asriel, did you find yourself becoming a little more like him?**

It's not that you're

transforming into a different character when you play someone, because it's always just me. It's like you're transforming into a different actor, the actor that you need to be to play the part. I think Laurence Olivier once said, acting is just "knowing what kind of play you're in".

**Do you sympathise with Asriel?**

Asriel is a maniac – he killed a little boy to burst through to other worlds at the end of season one. He's sort of self-righteously and deludedly in his own ego, thinking he's a good guy. But his journey is towards realising that it's just about a wee girl. His wee girl. And the only thing that he can do to help win the day – is be her dad.

***His Dark Materials* is a critical success, but it's not something you'd planned to be in, right?**

Yes. Somebody else backed out, I stepped in and started filming a week and a half later. I think sometimes you come along at the right time for the project and

sometimes a project comes along at the right time for you. It's so clichéd but what's for you won't go by you. But you've got to make the effort to try and grab it before it goes by you. Things can be for you and go by because you never tried hard enough.

**Do you mind when other actors get parts that you would like?**

I'm not competitive with my peers. I don't feel like, "That guy's bloody doing brilliantly, I should be doing it." I've never felt that. Though sometimes I do think, "How are they doing so well, they're not very good." I'm a bit, "Eh? I don't get it."

**When you were young was there someone onscreen that you wanted to be?**

*Jayce and the Wheeled Warriors* was a really weird cartoon in which the heroes were proponents of industry and used drills and lasers to rip plants apart. Jayce had a shock of white hair, young as he was. And I thought, "When I'm older, I'm going get that dye in my hair." My hair's grey now and, since I got older – for the last five years – I've had this shock of white hair. Yes!

**Did you dream of Hollywood and international success?**

As a teenager my favourite thing to do was lay in bed and imagine stories with me as the protagonist. They generally involved me going to an American high school and I had to overcome a bully or something. But instead of coming from New Jersey, I was coming from Glasgow. There were

**OBSESSIVE QUEST**  
Asriel and Stelmara attempt to break through worlds







'I'm not competitive with my peers. Though sometimes I think they're not very good'

**NOT ALLERGIC**  
McAvoy on set with his puppet daemon



other fantasies as well, but that was the one I remember. Imagination is important.

**You've always been a keen fan of fantasy, then?**

I read all the key science fiction and fantasy, *Lord of the Rings*, David Eddings, all the Anne McCaffrey books. I didn't get to *His Dark Materials* until I was 21 or 22. I've read the books twice, but I've also listened to Philip [Pullman] narrate the books twice. I'd almost say to people, do that first.

**What's the great attraction with Philip Pullman's voice?**

The way Philip reads it is beautiful. It sort of feels like you're listening to your grandpa – if your grandpa was an English teacher, telling you a made-up story. It becomes clearly structured eventually, but to begin with, it's just beautiful. And to write about the soul just manifesting as an animal!

**What has it been like working with the daemons, in Lord Asriel's case, Stelmaria the snow leopard?**

The fact is, I'm allergic to so many animals, cats, dogs. Someone sent me something [about a part] today, asking, "Is it just horses you're allergic to?" They sent this great offer but involving dogs and it's like, "I can't do anything with dogs!" The daemons are CGI, and I'm still allergic to them. **MICHAEL HODGES**

*His Dark Materials* concludes on BBC1 on Sunday at 7.00pm

# GRAPEVINE

The TV stories that are getting us talking...

## NO NOEL IN NO DEAL

Following the upcoming return of *Big Brother* on ITV2, ITV is now understood to be reviving another Channel 4 Noughties hit. It seems *Deal or No Deal* is set to return after seven years – but with one key difference. Noel Edmonds is out, Stephen Mulhern (ITV's go-to host for a mid-tier game show) is in, having fronted a pilot of the reboot last year.

## GREAT SCOT!

Farewell to time-travelling drama *Outlander*, which gets one final run next year after this summer's extended 16-part seventh series. But fans of the show, which airs on Starzplay UK, can relax – a ten-part prequel series, *Outlander: Blood of My Blood*, centring on hero Jamie Fraser's (Sam Heughan, right) parents, is already in the works.



## FILM ON FILM

BBC Storyville documentary *A Bunch of Amateurs* (currently on iPlayer) charmed viewers with its underdog tale of film-making pensioners in Bradford fighting to keep their movie club – a vital community hub – open. It has all the classic ingredients of a feelgood British flick – and Grapevine has learnt that wheels are already in motion to turn it into one, with the producers in talks with screenwriters and movie producers about a scripted version. Actors of a certain age, form an orderly queue now...

## THE TRUTH AT LAST?

Netflix is to revisit the unsolved 1999 murder of *Crimewatch* presenter Jill Dando (left) in a new documentary series. Marcus Plowright, who directed BBC's 2019 doc



*The Murder of Jill Dando*, is revisiting her story and promises "revelatory" interviews and new research that sheds fresh light on a case that shocked the nation. As yet untitled, it's due on the streamer later this year. **ROBIN PARKER**



## BEHIND THE SCENES

# A THOUSAND STORIES A SCENE

■ All animated films are first storyboarded – a process that has a huge impact on storytelling. The number of storyboards for a scene can range from 200 up to 1,000 for an action sequence. Every three to six months during the production, the team attends screenings where the whole movie is viewed in storyboard drawings – along with sound, music and voice recordings – and then it's storyboarded again until everyone is happy.

The Oscar-nominated *Puss in Boots: the Last Wish* took 18 months to make in total, but the storyboarding team had already been working on the film for many months when they discovered a problem... "In our first screening, we had lost track of Puss as a character," says Heidi Jo Gilbert, Head of Story, of the sixth instalment in the *Shrek* franchise. "You think you're telling the story, but then when you watch it, it's not being communicated the way you thought."

To get round the problem, Gilbert, along with her storyboard artists, writers and

directors, met up with Antonio Banderas, the voice of Puss, who told them, "Death is the only certainty in life and what matters is good moments, love and the people in our lives."

"Antonio's statement changed our trajectory as a movie – we wanted it to feel like a celebration of this one life we have," Gilbert says.

Banderas tells *RT*, "These cartoonists and animators, they found a way to express very subtle things that are inside the soul of the character. They take your voice and put things in there from real performances. It's almost like that cat's a good actor!"

And if the themes feel adult, it's because they are – resulting in a film that resonates with everyone. As Gilbert explains, "All of us in animation are just begging to not be dismissed as 'just for kids'."

**LAURA RUTKOWSKI**

*Puss in Boots: the Last Wish* opened in cinemas on 3 Feb; *Puss in Boots* is available on Netflix







‘The number of storyboards for a scene can range from 200 up to 1,000 for an action sequence’



#### A CAT'S TALE

Above: Head of Story Heidi Jo Gilbert and director Joel Crawford, *Puss in Boots: the Last Wish*. From left, storyboard drawings and artwork for the finished scene above between Puss and Kitty Softpaws (Antonio Banderas and Salma Hayek)

## WHAT IT'S LIKE...

# to film lions in the wild

Luke Cormack on being part of the pride and waiting hours for a nanosecond of magic



**PRIDE IN HIS WORK**  
Lions being filmed by Luke Cormack, right

### LEARNING FROM MUM

My mother was a game ranger. From an early age, she showed me things in the South African bush, teaching me about birds, trees, tracking. When I was 18, I became a ranger myself for two years. Then I fell in love with images, so I studied film and TV.

### A THREE-YEAR WAIT

I wait hours and hours for a nanosecond of magic. I need to make sure the camera's on, the batteries are ready, the vehicle's not stuck in mud – and that there's not an elephant in the way. For *Predators*, we waited over three years for a specific kill – a lioness killing a lechwe [an African antelope] in water.

### PART OF THE PRIDE

It's ridiculous, you take the most sophisticated electronics, then you drive them through a muddy swamp all day to follow swimming lions! For *Predators*, we used immersive cameras created to be used on helicopters, which we mounted to the front of Land Rovers, so we could drive with the lions. You feel like you're a pride member.

### ANIMAL MAGIC

Lions are fast but cheetahs even faster. Once cheetahs start hitting those high speeds – up to 75mph – it's incredible. In the water, great white sharks are always special. Tiger sharks are also great, because they're confident. I'll take a large confident shark over a small nippy shark any day.

### BEWARE ANGRY HIPPOS

I was following two vets who were trying to dart a wounded hippo. One vet had recovered from a helicopter crash, so his hands were a little shaky. He missed the hippo, it stood up, opened its mouth and charged towards us. I grabbed the camera and thought, "This is the last shot I'm ever going to take," but about a foot before it got to us, it changed its mind and veered to the right.

### LIFE AFTER LIONS

I cannot wait to film an orca. They've recently been killing great white sharks. It's fascinating behaviour because the great white is usually the king of the underwater world. **CRAIG MCLEAN**

Catch up on all episodes of *Predators* on Sky Nature/Now

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## VIEWPOINT

## CHEFS PROVE SHARING IS CARING

The kitchen has taught me that cooking together can cure a thousand ills, says **Andi Oliver**



I AM TRULY GRATEFUL to work on *Great British Menu*. The show has really changed my life in the most wonderful way. Each season I watch the new chefs who are filled with talent, hope and passion.

Soon they're flying round the kitchen and the air becomes thick with their desire to triumph, and when the expression of their hard work starts to appear, it's truly quite extraordinary. The gleaming plates on the pass... the earnest truth that is evident as they share their creations with us. This can all be so emotional that more than once it has brought me to tears.

We all know that food can make for great television but, for me, cooking and then eating food together means so much more than that. At its core lies a deep and abiding truth. Food is the language of simple, immediate connection. There are moments in life when an outstretched hand holding some small and delicious offering brings the warmth and humanity we all seek.

FOOD CAN BRING US together in a universal way that reaches across a cultural barrier just when we need it the most. The breaking of bread, the fluffing of rice, the peeling of a potato... these are all signifiers that something primal and necessary is about to take place. I can walk into any kitchen in any home around the world and sit at a table, or stand at a stove



**THE JOY OF COOKING**  
Competitor Gareth Bartram with judge Angela Hartnett and host Andi Oliver

with a stranger, and we will understand what needs to be done and how to do it for each other.

This power works on many levels. My friend, the war photographer Giles Duley, who lost both his legs in Afghanistan (he's incredible; check his work out at [gilesduley.com](http://gilesduley.com)), has engineered a project that I'm in awe of. Through his Legacy of War Foundation, he shares the stories and hope of those deeply affected by the brutality of war. One of the tools he uses to elicit these

## 'Food is the language of simple, immediate connection'

stories is cooking. He once told me that when he cooks with someone, they share everything with him, not just the unimaginable pain but also the joy, the instinct for survival and the hope they have for their own futures.

It's beautiful and overwhelming that creating a pot together, working on kitchen joy together, can bring so much heart and love to bear. To me, this is simple and magical all at once. And that magic spreads, because food can also help us understand where we and others come from – which is something that really matters in a world where so many people are, through

choice or not, on the move.

When I started to write my book *The Pepperpot Diaries* while in Antigua (the Caribbean island my parents had left in 1957), I found myself a little dazed by the sheer volume of thoughts and emotions that were careering around my head and heart. The kitchen was where I found the clarity I needed and I started to cook and to write.

EACH DAY I PLAYED with ingredients that I knew and some that I had only heard of, and each day I learnt a little more about myself and where I was, where my parents had come from and perhaps, in part, why they had left. I walked the same streets they had walked as children and explored the food that they, and then in turn I, had grown up with.

Through this, I started to explore my own ideas about identity. In the end we all just want to feel that we belong somewhere. And that someplace belongs to us. Food can bring us this quieting of the troubled spirit, this root, this grounding. When I get to share my kitchen bounty with those around me, there is nothing more beautiful on this Earth.

Andi Oliver presents *Great British Menu*, Tuesday–Thursday BBC2. Her book, *The Pepperpot Diaries*, will be published by DK this April

RICHARD GRASSIE; RT ARCHIVE

## THE RADIO TIMES AT 100

Continuing our countdown to the centenary of Radio Times in September, with a weekly look back at some of the magazine's memorable issues...



### THIS WEEK IN RT... 3-9 FEBRUARY 1973

Comedy trio the Goodies famously did "anything, anywhere, any time". Which explains why stars Graeme Garden, Bill Oddie and Tim Brooke-Taylor were to be found in the bucket of a mechanical digger 50 years ago.

Back for a third series, this was a peak era for the show in a year that would be capped at Christmas by *The Goodies and the Beanstalk*.

But first, the Super Chaps Three, as they were nearly called, had an office move to contend with – plus a takeover by construction machines.

"A lot of people were suspicious of *The Goodies* to start with," said Tim Brooke-Taylor. "They wouldn't accept it was just a silly programme. Basically we are trying to produce the funniest half-hour anyone has ever seen." **MARK BRAXTON**

### RT TRAVEL



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## Jane Garvey ON THE BOX

## A CURE FOR MONDAY-NIGHT BLUES

Start the week with a pacey drama about high-achieving women – and useless men

**N**O TELEVISION DRAMA about high-achieving women can work without one key ingredient: the useless man. Every show has at least one, and some have an abundance.

*Maternal* (Monday ITV1, also ITVX) is about the lives of three doctors back on duty after maternity leave and the chaps who contrive to make their lives so much more challenging than they already are. There's a faithless husband and a smug, just-qualified doctor who dares to challenge one of our heroines. Then you have the remorselessly flirty matinee idol in scrubs and the lothario from Sweden who's the father of... well, you get the picture. Women are good. Men are a bit dodgy, definitely not to be trusted, but occasionally very handsome.

You couldn't make a six-part series featuring a group of women going back to work in a highly pressurised medical environment and enjoying the full support of all the uncomplicated men around them. Well, you probably could – I just wouldn't watch it. Nor would you.

Pacey and involving, *Maternal* is not *Call the Midwife* or *Casualty* or *This Is Going to Hurt*. Those are all BBC offerings, though – when was the last good contemporary ITV medical drama? So, surgical scrub caps off to the team who have come up with a series that doesn't sound or feel like we've all been here a million times before. Relax, though – it's not all that true to life. We are cursed again by visions of unachievably perfect domestic settings.

Kitchen islands the size of Hampshire. A bedroom painted in a shade of green I think might be called Forager's Hat. Everyone swigs wine and beer in the evening to get over the stress of it all, but they're back on duty bright-eyed and bushy-tailed the next morning,

scalpels at the ready. There are no queues of ambulances outside City General Hospital, or three-day waits in A&E for a bed. Indeed, every-one our doctors treat seems to have been allocated a bed remarkably speedily. And no one's being nursed in a corridor.

But perhaps I'm being unfair. It's made clear that some characters are suffering post-pandemic fatigue, or can't forget images they wish they could unsee. Perhaps they really need that huge glass of wine at night. And

**'Crisp writing makes it impossible not to be caught up in their lives'**

there are other nods to reality, too: operations are cancelled at the last minute. A patient waiting for a hernia op is unamused when she gets the news.

"Would you like to complain?"

"Isn't this what I'm doing now?"

"No, you're complaining."

NHS bureaucracy is a very beautiful thing.

**T**HE EXCELLENT SCRIPT is by Jacqui Honess-Martin, who is also the executive producer. Jacqui's a playwright and it really shows – but in a good way. Her crisp writing makes it impossible not to be caught up in the lives of Maryam (Parminder Nagra), Catherine (Lara Pulver) and Helen (Lisa McGrillis). They are mothers of young children, they are jugglers with stethoscopes, they are capable women who deserve to succeed in the face of adversity.

Maryam has a harrowing experience on her very first day back at work as a paediatrician; Catherine is a superficially brittle personality determined to succeed as a surgeon; Helen is a doctor of acute medicine lumbered with a consultant husband called Guy who cheated on her with a colleague. And it's a fact that no one of that name in a British 21st-century drama will be wholly good. Sorry, Guys.

Helen is going to relationship therapy. How does she feel when she looks at her husband, she's asked. "Irritated."

Watch this series. It's one of the best new ITV dramas in ages.



**WORKING WOMEN**  
*Maternal's* Lisa McGrillis, Lara Pulver and Parminder Nagra – with Oliver Chris (right) as faithless Guy



## THIS WEEK ON RADIOTIMES.COM

- *Happy Valley's* epic series finale unpacked.
- The true stories that inspired Sky's *Funny Woman*, starring **Gemma Arterton** (right).



- Hear from **Claire Foy** and **Ben Whishaw** on new film *Women Talking*.
- Guides, predictions and more for the **Six Nations**.



## THE RADIO TIMES PODCAST

- Listen to our Smart TV podcast for your short, sharp watchlist to the week ahead on television. A new edition drops every Friday.





# SIX NATIONS SPECIAL

## WALES v IRELAND



### KEN OWENS

Wales hooker, 86 caps

#### How does it feel to be Wales's new captain?

It's a role I'm really looking forward to. I want to put my stamp on it. I lead by action and example. No one's treating me differently, just a few quips and a bit of banter. In our squad we have a really strong leadership group with different strengths.

#### What is Wales's secret weapon?

Right now no one knows what to expect from us. But we're a really hard-working team.

#### Ireland are on a roll. Are you worried?

They're ranked number one team in the world, they've got some great momentum and they're confident, so it'll be a huge challenge for us. But there's no better place to play than the Principality Stadium with 75,000 people singing at the top of their voices.

#### Who is Wales's rising star?

Dafydd Jenkins is a young second row playing in a really tough league. He got his first cap last autumn against Georgia and made an impression. He's been outstanding for Exeter – a star performer and a huge talent.



### JOHNNY SEXTON

Ireland fly half, 109 caps

#### What sort of captain are you?

Calm. You just have to be yourself, to try to get the best out of yourself and those around you.

#### What makes a winning team?

How connected you are. If you can trust the guys either side of you, it really helps.

#### Who is Ireland's rising star?

The new young kid on the block is Jamie Osborne. I've trained with him for the past couple of years at Leinster and he's the best young kid I've seen since Garry Ringrose.

#### Warren Gatland is back as Wales coach.

##### Is that good news? Or bad news?

We have a lot of respect for Wales – the Principality Stadium isn't somewhere we've had too many wins in the past ten years. It's even harder with the new coaching team, so we'll be guessing a bit what they'll bring to the game.

#### Do you ever get nervous?

Every single game. I enjoy it because it shows I'm ready for it. I try to embrace it more than I used to, with a bit of meditation.

**Wales v Ireland Saturday 1.15pm (k/o 2.15pm)**

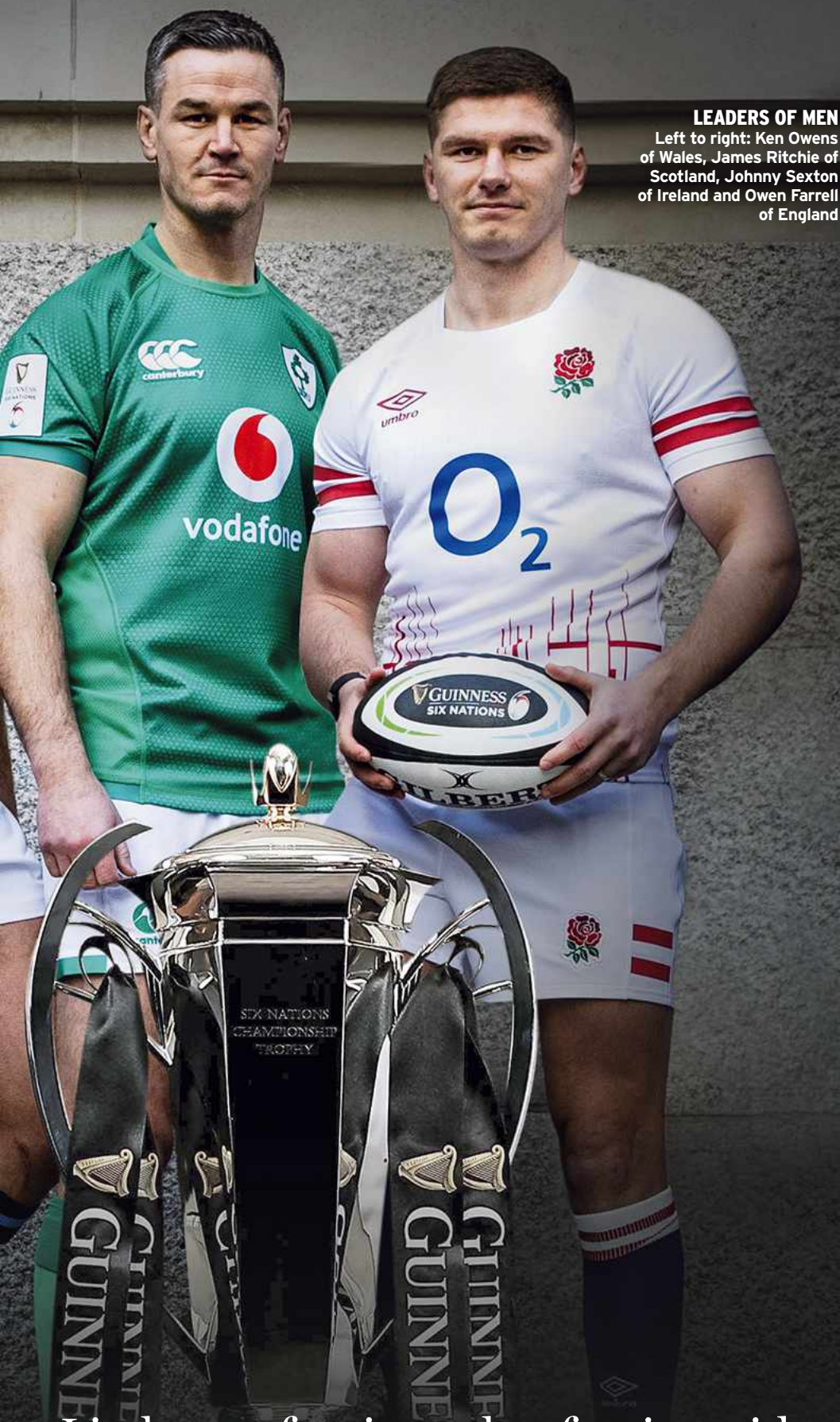
**BBC1, 54C**



## THE CAPTAINS

# READY TO RUCK





#### LEADERS OF MEN

Left to right: Ken Owens of Wales, James Ritchie of Scotland, Johnny Sexton of Ireland and Owen Farrell of England

## ENGLAND v SCOTLAND



### OWEN FARRELL

England fly half/centre, 101 caps

#### What sort of captain are you?

Over my career I've learnt from some of the best, seeing how they drive everything and demand from people. It's about drawing on that experience while also being myself.

#### England have lost their past two Six Nations matches against Scotland. Are you feeling the pressure before Saturday?

It's an exciting time to face them. Scotland are a brilliant team at the moment.

#### Who are England's rising stars?

Some uncapped players are pushing hard for places, and some lads with a few caps still want to prove themselves. I'm looking forward to seeing Ben Curry. I'm a real admirer.

#### How do you relax between games?

I've a young family so that helps. My two little boys are brilliant for me. I love golf, although I don't play often enough to have a handicap.

#### It's a World Cup year. Is that your real goal?

All our focus is on the first Six Nations game. There's no better place than Twickenham.



### JAMIE RITCHIE

Scotland flanker, 36 caps

#### How does it feel to be Scotland's captain?

It's a huge privilege. As a captain I'll try to be as authentic as I can – be myself, not change.

#### How have Scotland changed?

We've raised our floor rather than raising our ceiling, so that even our worst performance is much better. The difficult bit in the past few seasons has been consistency. We've worked really hard to improve that.

#### Who is Scotland's rising star?

Luke Crosbie hasn't had a lot of exposure, but if he gets the opportunity I think he'll do well.

#### England have a new coach. Are you worried?

We're taking a lot of confidence from the last two times we've played them – when we were on the right side of the result.

#### How do you relax between games?

I like going to Float Philosophy in Edinburgh, where you lie in your own pod of heated water with Epsom salts in it so you float naturally. It's an enclosed space with no sound or light – an hour of peace away from my phone, away from everything. INTERVIEWS BY KATE BATTERSBY

England v Scotland Sat 4pm (k/o 4.45pm) ITV1

Limber up for six weeks of action with RT's Six Nations special – the captains, the pundits, the players to watch and a grudge match to remember

Six Nations Saturday BBC1, ITV1, S4C. Sunday ITV1. Full fixture guide page 17



# SIX NATIONS SPECIAL



## THE PUNDITS

### CHRIS PATERSON ON SCOTLAND

**BBC pundit**  
**Scotland full back**  
**109 caps, 1999–2011**



In terms of winning individual games, I think Scotland can be very optimistic. We've had some brilliant victories over the past few years that have defied recent history. But what will temper that optimism is the ability to be consistent – I know the players and staff are targeting that this year.

We have one or two injuries, but we have the technical ability and emotion to do well and three of the five Tests are at home, so there are reasons to believe.

Sione Tuipulotu has been out of this world in terms of his all-round game so he will be a frontrunner for one of

our centre berths. Ollie Smith had an impressive game against Australia in the autumn and I really like Ewan Ashman as a hooker. George Horne and Matt Fagerson could both make an impact, too.

We play England first and they've had so little time together with the new management set-up, I think their game will be built on emotion. However, having said that, in the past two or three seasons Scotland have secured a good result against England in the first game, but then in the second game we have fallen away. That's the consistency issue again.

### JEREMY GUSCOTT ON ENGLAND

**Former BBC pundit**  
**England centre**  
**65 caps, 1989–99**



I'm excited about the Six Nations tournament. I was so frustrated by the match against South Africa [England lost at Twickenham 13–27 in November; head coach Eddie Jones was fired shortly afterwards]. I can't wait to see the impact that the new coach, Steve Borthwick, has on the squad. A coach has to have *cojones*.

One of the first decisions he will have to make is where to play Owen Farrell. He's been played at 12, but he should start at 10 – fly half. He also has to decide who is going to be his big ball-carrying forward.

Alex Dombrandt is a good choice for that role, as he's one of England's most impactful players.

If you play well and lose, fine. But in England's past four matches, that hasn't happened. [The Autumn internationals produced one win, against Japan, a draw against New Zealand and defeats to Argentina and South Africa.] England haven't been winning the collisions and producing quick ball.

It's a great opportunity for a new start and I'm really looking forward to seeing what happens. *See also page 18*

### JONATHAN DAVIES ON WALES

**BBC pundit**  
**Wales fly half**  
**37 caps, 1985–97**

Finishing fifth in the Six Nations last year was a massive disappointment. Italy are improving every year, but we still should have won that game [they lost 21–22]. After the defeat to Georgia in the Autumn Internationals there was no way back for [head coach] Wayne Pivac, but there is optimism in the camp now due to Warren Gatland coming back.

He has already made a lot of recalls to the squad because he knows the team he wants. But the first game, against Ireland, arguably the best team in the world, will be very tough.





**GAME ON**  
Left to right:  
Sione Tuipulotu,  
Alex Dombardt,  
George North and  
Hugo Keenan



**BRIAN O'DRISCOLL ON  
IRELAND**  
*ITV pundit  
Ireland centre  
133 caps, 1999–2014*

The experience of Dan Biggar and George North gives us a platform. I'd like to see young Joe Hawkins given a chance because I think there'll be a heavy reliance on kicking, but Jac Morgan, Owen Williams and Tommy Reffell have also earned a chance.

If we lose to Ireland and England beat Scotland, Wales's second game, in Scotland, becomes even more vital. You don't want to be chasing the competition. Gatland will steady the ship in the short term, but there will definitely be one eye on the World Cup in France later this year.

Although I'd say Ireland are very marginally favourites to win the Six Nations, just ahead of France, it's dangerous to think you're chocolate and have all the answers. We have to play with the confidence that comes with our results from last year – particularly winning a series in New Zealand, which very few teams have done.

The Six Nations is all about momentum. We face Wales in the first game and although they will have a lot of passion and confidence having Warren Gatland back as coach, they are only going to get progressively better, so

his first game in charge is probably the best time to play them.

Three guys who are very important to the Ireland set-up but don't always get the credit they deserve are Caelan Doris, who is an incredibly good player, Andrew Porter, who gets through a huge amount of work, and Hugo Keenan, a full back who can turn a three-on-three to a four-on-three with his late runs.

Ireland have the potential to have a good Six Nations – particularly as we face both England and France at home.

INTERVIEWS BY  
**BILL BORROWS**



# SIX NATIONS LIVE TV GUIDE

## ROUND 1

**Saturday 4 February**  
**WALES v IRELAND** 2.15pm **BBC1, S4C**  
**ENGLAND v SCOTLAND**  
4.45pm **ITV1**

**Sunday 5 February**  
**ITALY v FRANCE** 3pm **ITV1**



## ROUND 2

**Saturday 11 February**  
**IRELAND v FRANCE** 2.15pm **ITV1**  
**SCOTLAND v WALES**  
4.45pm **BBC1, S4C**

**Sunday 12 February**  
**ENGLAND v ITALY** 3pm **ITV1**



## ROUND 3

**Saturday 25 February**  
**ITALY v IRELAND** 2.15pm **ITV1**  
**WALES v ENGLAND**  
4.45pm **BBC1, S4C**

**Sunday 26 February**  
**FRANCE v SCOTLAND** 3pm **ITV1**



## ROUND 4

**Saturday 11 March**  
**ITALY v WALES**  
2.15pm **ITV1, S4C**  
**ENGLAND v FRANCE**  
4.45pm **ITV1**

**Sunday 12 March**  
**SCOTLAND v IRELAND** 3pm **BBC1**



## ROUND 5

**Saturday 18 March**  
**SCOTLAND v ITALY** 12.30pm **BBC1**  
**FRANCE v WALES**  
2.45pm **ITV1, S4C**  
**IRELAND v ENGLAND** 5pm **ITV1**

Times given are for kick-off. Live coverage of all matches will also be available on Radio 5 Live or 5 Live Sports Extra





Sir Ian McGeechan and Jeremy Guscott recall Murrayfield 1990, when rugby rivalry produced a match for the ages

INTERVIEWS BY SIMON BARNES



HERE IS THE difference between marriage and sport. In marriage, a confrontation is never about immediate things like cornflakes or the washing-up.

But in sport, the opposite is true. No matter how much spectators think events are about politics, hatred or history, for players it's about beating the person in front of you.

So if you were watching England and Scotland at Murrayfield on that blustery afternoon in March 1990, you might have thought it was about rivalry and a loathed prime minister. But for players and coaches, it was about scoring more points than the opposition.

*The Grudge* is a gripping new BT Sport documentary about that match when both teams were pursuing grand slams, and it serves as perfect prior viewing to this year's Six Nations opening weekend. I was there that day, and it's perhaps the most enthralling game of rugby union I have ever seen.

## 'England didn't expect that we would keep control of the game'

When the Scots ditched the national anthem and opted for *Flower of Scotland* instead, it was clearly an occasion when Scottish independence seemed not only desirable but attainable. Not for everyone, though. "It all passed me by," says England's Jeremy Guscott, who was playing centre. "I knew that stuff was around, but I just remember being excited. It was my first Five Nations match [as it was then] and I was riding the wave.

"So the political stuff and enmity were white noise. I couldn't wait to train and then play. I've always liked to be in the moment, rather than looking back," Guscott says.

It wasn't about poll tax

ON THE BALL  
Scotland's former coach,  
Sir Ian McGeechan



## THE GRUDGE MATCH

# AULD ENEMIES?

A ROSE BETWEEN TWO SCOTS  
England's Jeremy Guscott (centre) is waylaid by Scotland's Tony Stanger (left) and John Jeffrey

exactly. It was about poll tax and Scotland. Prime Minister Margaret Thatcher was mad about this ultimately egalitarian form of taxation, in which the poor and rich paid the same amount. And she had decided to try the policy out in Scotland before England, which went down like a cup of cold sick.

Was that what inspired Scotland at Murrayfield, I ask Sir Ian McGeechan, who was Scotland's head coach. "No," he says. "We just wanted to present a game that England hadn't seen before and see how they would react. And to a man, the team played as well as they could. They got stronger, they made good decisions, knife-edge decisions that made the difference."

Often when a match has a whipped-up non-sporting agenda, the sport itself is a let-down. The England captain, Will Carling, was called "Thatcher's captain" and compared to Butcher Cumberland – not a rugby player but the man who suppressed the Jacobite rising of 1745.

But this match was a belter – and it turned on a single kick... or at least it did if you were Scottish. If you were English, it hinged on a stick-or-twist decision that is part of sport.

The kick was from Gavin Hastings and Tony Stanger gathered it to score a try. "That's the beauty of rugby," says Guscott. "The bounce of the ball. It could have gone anywhere. It was fate."

The decision came when England won a penalty from a scrum and Simon Hodgkinson came up to kick it. But then Carling, with lobbying from Brian Moore, changed his mind, and they went for

another scrum. And lost the ball and the points and the match. "I was young and inexperienced," Guscott says. "I didn't see a blazing row, I didn't see it as indecision. Besides, it's rare that one moment changes a game."

McGeechan still sees logic behind Carling's decision. "It wasn't a straightforward kick, the wind was difficult. I don't know if England were thinking wrong; I think they just didn't expect what they got from us, that we would keep control of the game at the key points."

Guscott scored a try in the match and it was a thing of beauty, but also one from a different time when the sport was still amateur. "Today all the players are big and strong and athletic," says Guscott. "That's led to a crash-bang-wallop, route-one style of play. There's not a lot of expression. It used to be a game for all sizes, there are more big men than small men now." Moreover, they're still fresh at the final whistle.

THE FIVE NATIONS are now six and this year's tournament is upon us. If any team is heading for a grand slam, it's more likely to be France or Ireland than England or Scotland, but the old fervours will be there at Twickenham on Saturday afternoon.

"When it was over, I couldn't wait to have another crack," Guscott says. "It was hugely disappointing. You tell yourself delete, delete, but it leaves a scar. In future years Scotland was always the biggest game for me. It was my first experience of losing for England... and then of course we all had to go to work on Monday."

He ends with one takeaway from that turbulent day in Edinburgh: "Sometimes fear of losing is greater than the joy of winning. The angel and the devil."

*The Grudge* is available on BT Sport's app and website





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**TOP DRAWER**  
Lord Sugar and  
his *Apprentice*  
associates, Tim  
Campbell and  
Baroness Brady,  
go back to the 80s

‘What difference does it  
make if work gets done  
from home? Well, it  
don’t bloody get done!’

LORD SUGAR

‘YOU HAVE TO  
WORK IN  
AN OFFICE’



## Lord Sugar on being an 80s tech pioneer, why he'll only leave the boardroom in a coffin and the problem with Working From Home

THE RT INTERVIEW BY  
BENJI WILSON

PHOTOGRAPHED  
EXCLUSIVELY FOR RT BY  
NEALE HAYNES

**L**ORD SUGAR LOVES all his creations. Reunited with an Amstrad CPC 464 home computer for our photo shoot, he looks for the On switch. It's a 39-year-old piece of consumer electronics, from a brand (the AMS in Amstrad stands for Alan Michael Sugar) that, fairly or otherwise, wasn't renowned for the quality of its engineering. It works first time. "Course it works," he says. "We made quality products. Not like this Apple rubbish where you have to change it every time they bring out a new number. My stuff lasted for ever."

Baron Sugar of Clapton in the London Borough of Hackney, aka Lord Sugar, has proved similarly enduring. We're midway through the 17th series of *The Apprentice* and he remains imperious as its finger-wagging, strip-tearing figurehead. He is contracted for two more series but he would like to make it to 20 years, at least, of blasting "blahdee idiots".

"If I was to finish, 20 years would be much nicer. Of course, that decision is not mine. The BBC would have to make it. But I'd certainly be prepared to do it at least to the 20th and if I feel fit and happy, there's no reason why I can't just carry on until they take me out of the boardroom in a coffin."

Bizarrely, the prospect of his own funeral seems to intrigue him as a business idea. "Maybe one of the tasks for my last year of *The Apprentice* is, I announce I'm about to die and can someone design a nice coffin for me? One that has communications built in, in case I wake up. A keyboard and mobile phone connectivity and rechargeable batteries for the funeral parlour..."

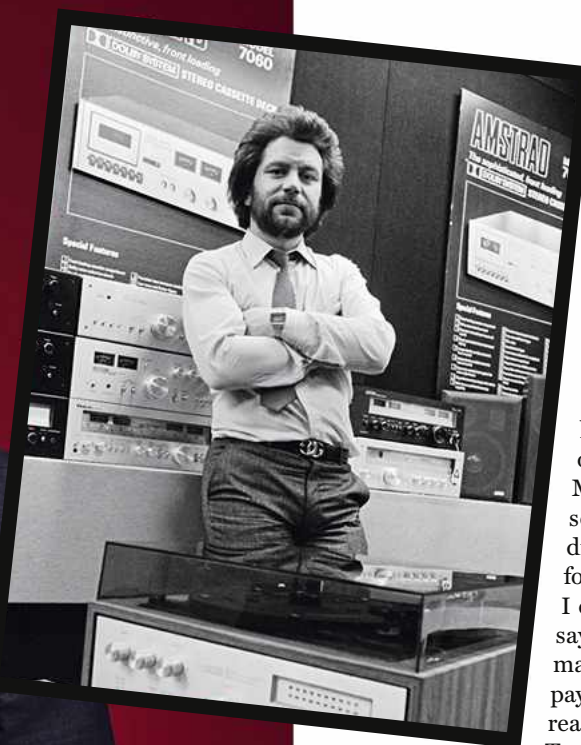
It's a little morbid but delivered with a smile. Sugar is 75. He has been smelling what sells, and selling it, for more than 50 years, ever since he started out hawking radio aerials from the back of a van. Business has changed a great deal in that time – just look at the advent of personal computing, and then the internet. So is Sugar, with his shiny boardroom, his personalised ▷







**'Amstrad made quality products - not like this Apple rubbish'**



**NOW AND THEN**  
Lord Sugar today with an early mobile phone and (above) already a business magnate in 1980

is watching the start-up businesses he invests in build themselves up the Sugar way. "I enjoy keeping them in line." It helps that the *Apprentice* companies, as he calls them, have made him a lot of money. He points out that 2014 winner Mark Wright recently sold his Climb Online digital marketing agency for £10 million. "Of which I owned 50 per cent," he says proudly. You do the maths. "Other companies pay dividends: Tom Pelle-reau, Ricky Martin, Leah Totton... the dividends I've

received far exceed the initial investments that I made in the company. So yes, I've made money."

He's not exaggerating. According to records in Companies House, in 2021 Sugar paid himself £390 million in dividends from Amshold overall, a one-off payment that's one of the biggest ever made to a British entrepreneur. The *Sunday Times* rich list said he became a billionaire in 2015 and, as of 2022, he's worth £1.088 billion (down £112 million on the year before). From his investments and companies alone, he must be the highest-earning BBC presenter on the books.

◁ number plates and his big gold watch, a dinosaur in a tech bros' world?

Not in his eyes. "I understand all this s\*\*\*," he says. "It hasn't left me behind. Trust me, I'm on top of it. I understand it all. What I don't understand is the bloody investors in America. A young kid comes along in a torn T-shirt and says he's got something called Facebook and they go, 'All right, we'll stick ten billion in,' and they hype it up and suddenly it becomes worth billions of pounds. That really annoys me."

**T**WITTER IS ANOTHER COMPANY that annoys him, despite the fact that Lord Sugar is one of its most high-profile users (he has 5.2 million followers). He loves Twitter the product ("It's my right to reply, my own newspaper, it's my platform") but scoffs at Twitter the company. "I've never been able to work out its business model. It's got hundreds of millions of users around the world, yet they don't charge for it, there is a very limited amount of advertising on it... I don't understand that. Maybe this Elon Musk guy is going to start charging. But what's the business model?"

In the UK, Sugar himself was at the vanguard of consumer electronics in the 1980s. It still rankles that Amstrad is a byword for plastic, pile-it-high tech when, in his mind, it could have been the British Apple or Facebook. "We made the first videophone at Amstrad called the E-mailer and everyone took the piss out of it. I sold more than half a million pieces. It ran on an old BT copper line - if you'd have stuck that on a

wired broadband, you'd have video conferencing right there. So we were ahead of the game."

And even with the predominance of big tech these days, Sugar says that the basic tenets of good business remain the same as when he started. Balance sheets, overheads, staff costs and rent. Buy low, sell high, shoot straight, spurn bulls\*\*\*. And, of course, turn up to work.

"The annoying thing, as far as I'm concerned, is the exploitation of the working-from-home syndrome. The truth of the matter is, you have to work with your people in your office. That's why you have offices, right? You need to talk to each other, you need to know what's going on."

But does it matter where people work if the work gets done? "Of course it bloody matters. There's all this bulls\*\*\* about working from home - what difference does it make if the job gets done? Well, it don't bloody get done, it's as simple as that."

Certainly, *Apprentice* candidates find themselves watched closely as they learn hard business lessons on the job - and these days, Lord Sugar may have good reason for keeping a closer eye on them. In 2011, the rules were changed, so that rather than winning a £100,000 job, the prize became a £250,000 business investment.

This is undoubtedly better for Lord Sugar - before he had to create a new job for his apprentice where there was none, in the process fostering resentment among his real staff. Now, as he says, he enjoys the rewards of getting first dibs on an annual buffet of new business ideas.

In fact, one of his key pleasures from the show

**A**ND HE'S STILL at work himself - while Amstrad was sold to BSkyB in 2007 and his sons Simon and Daniel run his remaining companies (aviation company Amsair, property investment firm Amsprop and digital advertising specialists Amscreen), he's still involved, acting as chairman for a holding company called (you guessed it) Amshold and overseeing his whole empire.

So it's believable when he says the £250,000 he gives the winners is "not a lot" of money to him, even if it's a lot to them. But even if it is a drop in the ocean, does he regret handing over the cash to any of them? "Hmm, no. Not really. I don't think I've made a mistake."

Lord Sugar, in his telling, rarely backs the wrong horse - at least in business. In politics, however, he has changed lanes. Appointed a Labour peer in 2009, he fell out with the party over Ed Miliband's policies and joined the cross benchers. He didn't vote in the most recent general election "because I can't vote. I'm not allowed to." But he won't be re-joining the Labour Party under





Keir Starmer. “I’m done with all those people, really. It’s the non-enterprising demeanour about them. I wouldn’t be sucked back into that party – or into any party, to be honest with you.”

On the other side, Sugar says that PM Rishi Sunak is “the best of the bunch of what they chose. But I think they went about it the wrong way. It was a shambles. He should have been chosen straight after Boris rather than the lady that didn’t last very long [Liz Truss].”

Lord Sugar has significantly more faith in his own selection process – though viewers may have their suspicions about the sanctity of that 12-week assessment. Surely if Lord Sugar sees a rip-snorting business idea on his desk before they even start filming, he’s going to invest in that one regardless of what happens during the tasks? Well, apparently not.

## ‘I’m done with Labour – I wouldn’t be sucked back into that party’

“I have a quick glance at their business plan in the beginning. And I form no opinions on them. I just look at them quickly to make sure that if they win, I would be happy to have these people as my business partner. They have to win on the merits of what they’ve done in the 12 weeks.”

The question is what those merits prove. It’s not clear to me how, for example, failing to make an advert (one of the regular tasks) makes a candidate a bad businessperson. They’re not applying to join an ad agency. “Of course they’re not advertising experts,” Sugar counters, “but it shows me their creativity. It shows me that they’ve ticked the bullet points in their advert to sell the product. It shows me that they’re not going off at a tangent and doing the John Lewis type of lovey-dovey load of crap, right? I don’t know what you’re talking about, to be honest.”

In fact the *Apprentice* process is, he insists, “better than any other kind of interview. Can you imagine just sitting across the table to somebody for the first time with their CV? This is actually sending them out and watching them do things to see whether they get it.”

“Getting it” is a big thing with Lord Sugar. To several of my questions he says that I don’t. And, if he doesn’t like your point, he often says he doesn’t “get” your point. He has succeeded by doing it his way, and if you don’t get it, that’s your look out.

“A lot of commentators outside don’t know what goes on in the boardroom or what goes on when the candidates are on the tasks. It’s a case of setting people tasks to see whether they have any business acumen. And that’s really what it’s all about.”

**SHAKE ON IT**  
Apprentice winner Mark Wright became Lord Sugar’s business partner in 2014.

**SCREENING**  
One *Apprentice* team show their advert

# RISING TO THE CHALLENGE

What’s it really like on an *Apprentice* task?

Last summer at London’s Brent Cross shopping centre, RT joined the two teams on their second day creating an advert for a new electric vehicle.

## THE BLACKED-OUT CARS ARE REAL

The candidates are running late but it isn’t hard to spot them arriving. Yes, they do drive round in a wagon-train of blacked-out Mercedes Vito vans, and yes, they favour power-suits on the inordinately tight side. (But that’s on them – they all choose their own clothes.)

## TIME IS THE ENEMY

Time, not the opposing team, is their fiercest competitor. Brent Cross’s general manager Chris Barnes, who applied to be on *The Apprentice* himself in 2010, says that they can take over the shopping centre’s main advertising screen for half an hour each. Both teams in turn get to run their advert once or twice, show it to some punters and then ask them what they think.

## RESEARCHERS DO THE LEG WORK

Vox pops are lined up by researchers. Members of the public must sign release forms, although they aren’t told what “BBC1 Business Show” this is. (“It’s *The Apprentice*, right?” they all say immediately.) It would be hard to say that Joe Public’s insights into the advertising are hugely helpful: most note that candidate Marnie is wearing bright pink trousers, which they all like a lot.

## IT ISN’T SCRIPTED

Offhand comments can make TV gold. Throughout filming, the crew text the best candidate comments to the production team as they say them. You can see how they put it all together – at one point a candidate notices a potential mistake in his team’s advert. Off-camera, at the same time, the



**VOX POPS**  
Candidates pounce on a passer-by



**ROUND TABLE**  
Time for a brainstorm



**TAKING NOTE**  
Nothing gets past Karren Brady



**SHARP EYE**  
First *Apprentice* winner Tim Campbell is now following the candidates

researchers start typing furiously on their phones. Clearly, this could be a major error.

## THEY’RE NOT IDIOTS

Most striking is how competent the candidates are. Each episode of *The Apprentice* is based on 140 hours of tape, edited into a taut 45-minute narrative. “The BBC and the production company,” says Lord Sugar, “like to show a few clips of them failing badly.” But, at least for the task segment we witness, the candidates merely succeed passably. The teams are good enough at asking middling questions to elicit middling answers. “Would that ad stay in your head?” asks Joe. “The pink trousers would,” suggests a member of the public. **BW**



NICK HORNBY, THE author of *Fever Pitch*, *About a Boy* and *High Fidelity* and the Oscar-nominated screenwriter of films *An Education* and *Brooklyn*, put on a wetsuit for the first time recently. "I went body surfing," he smiles over Zoom. He's in Santa Barbara in California, "working on a few projects" (including an adaptation of Susan Orlean's book *Rin Tin Tin: the Life and the Legend* about the first silver-screen dog) and escaping some of the British winter.

He'll soon be back in London, though, to see a crucial football match – his team, Arsenal, are playing Manchester City in the Premier League on 15 February. And before then, this Thursday, the first episode of *Funny Woman*, the drama series adapted from his 2014 novel *Funny Girl*, will be broadcast on Sky Max. "I wouldn't miss either." The latter is particularly close to his heart: he says it's one of his books he can think of "without wincing. I'm proud of it."

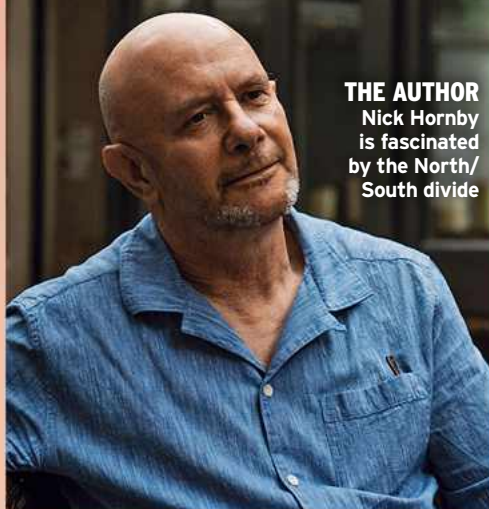
Hornby's novel follows Barbara Parker, an ambitious young woman who becomes Miss Blackpool but, inspired by American TV comedian Lucille Ball, runs away to London to become a comedy star. She tries to break into television (under the screen name Sophie Straw) in 1964 – the year after the film *Billy Liar*, starring Tom Courtenay and Julie Christie, depicted the desire for "escape" by young northerners.

On both page and screen, Barbara feels like a composite of figures from the period, with a bit of Christie and a little *Carry On*-era Barbara Windsor – yet Hornby and the character look to America for their most obvious influence.

"Because of Lucille Ball," he explains, "the States had generation after generation of female comedians. We didn't have that until Pamela Stephenson and French and Saunders came along, so I was filling in the hole.

"The other inspiration was Rosamund Pike who, when she was cast in *An Education* [his 2009 film of Lynn Barber's coming-of-age memoir], said to me afterwards, 'No one ever lets me be funny'. I thought, 'Oh, that's really interesting.' Beautiful women don't often get to play comedians, and even less so in the 60s, so Sophie is sort of throwing over her beauty in order to mug up and allow herself to be funny. Whereas, in reality, she probably would have ended up being a Bond girl." As, of course, *Funny Woman* star Gemma Arterton did in 2008's *Quantum of Solace*.

It was while he was working on *An Education* that Hornby began to think about writing *Funny Girl* and decided to set his novel in the 60s, too. "That was deliberate," he says. "I'd been doing a lot of period research when I came to write it and got more and more interested." The book embraces several of his favourite themes, including a qualified nostalgia, popular culture and a strong central female character striving for some form of emancipation. "It's set at a time when there was more opportunity to change



**THE AUTHOR**  
Nick Hornby  
is fascinated  
by the North/  
South divide

## 'Beautiful women don't get to play comedians, even less so in the 60s'

your environment if you were really determined to," says Hornby. "The North/South divide is much bigger today. If somebody who works in a department store in Liverpool came down to London to try to do the same thing now, they'd starve to death very quickly."

At the time, Hornby was deep into David Kynaston's series of history books about postwar Britain – *Austerity Britain*, *Family Britain* and *Modernity Britain*. "This is the greatest sequence of non-fiction books of the 21st century," he says. "You think, 'Oh, the country changed in the 50s. And then it changed again in the 60s.' But of course, it's changing over the course of a week, and there are these tiny little details that turn out to mean something."

*The Road to Coronation Street*, a 2010 BBC4 drama about the genesis of the hit ITV soap, was also an inspiration. "I found it incredibly

moving," he says. "A lot of these actors hadn't been able to find work simply because of their accents. Then, in the 1960s, there was suddenly room for them all."

This all fed into Hornby's novel, which chronicles the nascent British television industry and a cast of vaguely familiar characters, from lecherous directors and patrician department heads to insecure actors and waspish writers. "There were only three TV channels back then so you could get astonishing numbers of viewers if you were a hit – like 20-odd million for *Steptoe and Son* – and pretty much the whole of the country watched you," he says.

NINE YEARS SINCE the the book was published, and with the title changed to avoid any confusion with the Barbra Streisand film, it has been adapted for the medium it explores – though, despite his screenwriting pedigree, not by Hornby. Instead, actor/writer Morwenna Banks took up the task.

"I've not adapted any of my own work since *Fever Pitch*," he explains. "Most of these adaptations to film or TV have taken five years, and I've already spent two years writing the book. Do I want to spend seven years on the same material if I've got something new to do? The answer is no. I don't know every TV writer, but I know Morwenna Banks and she knows a lot more about the making of television than me so I just thought, 'She'll be

**Nick Hornby says that his story about a beauty queen who becomes a 60s TV comedy star owes a debt to Lucille Ball...**





perfect...' I visited the set, I've seen all the episodes and I think it's great. There's been a lot of attention to detail and I love the casting."

Said cast is led by Arterton (who is also an executive producer) as Barbara Parker/Sophie Straw, with a supporting cast including David Threlfall and Rupert Everett, with Banks herself in a cameo. At the heart of the series are four characters who work to make Straw's sitcom, *Barbara (and Jim)*, a hit, but are also ranged together against the stultifying attitudes of the establishment. The quartet are the northern working-class female star (Arterton), two sitcom writers, Tony and Bill (played by Leo Bill and Matthew Beard), and Dennis (Arsher Ali), the producer.

"I love it when they're on screen together," says Hornby. "I'd come off a couple of good film experiences when I was writing it and found collaboration incredibly exciting so I wanted some of that energy."

"That particular period was so cheesy in England. If you take the music out, the rest of it was still the London Palladium and Val Doonican and lots of things that we choose to forget now, but beneath that there was something going on..."

"I grew up loving [*Hancock* and *Steptoe and Son* writers] Galton and Simpson, their career was remarkable, so that's where Tony and Bill come from. In real life the two men met in a TB clinic at the end of the war... [he made them both gay in the book] so that there was something about their sexuality and the times."

"Casting Dennis as an Asian producer in the TV series [he was white in the novel] was a brilliant touch, because Sophie and all these characters would be smart enough to be plugged in to what was happening at the time and how that was, and wasn't, represented on TV."

A love letter to a different era then, when change was in the air and it paid to think big. "Is that a dangerous message?" asks Hornby. He clearly doesn't think so. And with that this quintessentially British novelist takes his leave to plunge back into the Pacific – as he's "missing good surf time". **BILL BORROWS**

**AMBITIOUS**  
Gemma Arterton  
stars as a  
working-class  
northerner making  
waves in TV comedy  
in the 1960s

# business!



# What— —killed Elizabeth I?



Did the Virgin Queen die of lead poisoning, pneumonia or sadness? **Professor Alice Roberts** investigates

EXPLORING HOW TWO of our most famous monarchs died might include, in a standard documentary, illustrations of Queen Elizabeth I's rotten teeth, or pigeon excrement being applied to the feet of King Charles II. But Sky History's *Royal Autopsy*, presented by Professor Alice Roberts, is the ultimate cold case. Simultaneously fascinating and gruesome, it features postmortems, forensic analysis and toxicology testing.

An "as real" autopsy is carried out by Home Office forensic pathologist Dr Brett Lockyer, carefully watched over by Roberts. In the first episode we see the "body" of Charles II, with feet blackened, burns on his head, incisions on his skin and ulcers on his ankle. Elizabeth I, in turn, has evidence of hair loss, white residue on her face, smallpox scars, scarring on her chest and a swollen finger, ominously leaking pus, where she once wore her coronation ring.

The bodies on screen are so authentic that when Lockyer slices into them, it's hard not to squirm. "We used a very careful mix of real people and a prosthetic body," explains *Digging for Britain* presenter Roberts. "When we're doing a superficial examination, it's an actor who is very good at holding their breath." What about lesions on the body? "They were on the actors. We had a fantastic make-up team who were informed by Brett."

In the two-part series, Roberts, an anatomist







# ‘There are records of Elizabeth dying of “melancholy” – was it referring to depression?’

ALICE ROBERTS



and biological anthropologist, explores contemporary accounts of the lives – and deaths – of both monarchs. She also talks to the world’s leading medico-legal experts as well as constitutional historians. The final days of each monarch’s life are re-created with dramatic reconstructions – Mark Wingett is Charles II and Linda Marlowe is Elizabeth I – that clearly show just how distressing it was to be unwell before the advent of modern medicine.

**E**LIZABETH I, WHO died in 1603 aged 69 after nearly 45 years on the throne, had forbidden a postmortem and so no cause of death was determined. Of course, theories have been plentiful: was it blood poisoning or pneumonia or even melancholy? Elizabeth became queen at the age of 25, during a period of extreme religious, economic and political instability. She chose not to marry and reigned over an entirely male court. As an elderly, unmarried queen with no heirs – and living in a society where beauty was a sign of female power – Elizabeth feared exposing her naturally ageing body to the world would signify weakness.

## To mask her ageing she painted her face with toxic white lead

To mask her ageing – and to adhere to pale skin as the Tudor ideal of beauty – she painted her face with a mixture of toxic white lead, borax (now used in household cleaners) and vinegar. Roberts and Lockyer conclude that she would most likely have had chronic lead poisoning, but could that have been enough to kill her? And despite knowing the damage sugar was doing to her teeth – they were in a horrendous state – Elizabeth I continued to eat what was, back then, regarded as a status symbol. But were the abscesses on her gums enough to lead to fatal blood poisoning?

Or did she die of “melancholia”, from the Greek for black bile? In the Elizabethan age, the four humours of blood, yellow bile, black bile and phlegm determined a person’s disposition. Roberts wonders if Elizabeth felt guilty for sending so many people to their deaths, including of course her cousin Mary, Queen of Scots. Could the guilt have led to profound discontent?

“There are certainly records of Elizabeth I dying of melancholy,” says Roberts. “I wondered if it was in fact referring to depression, because of course the meaning of words can change over time.” It’s fascinating that the Elizabethans

thought the mind and body were connected and that an “ill” mind could lead to physical symptoms, an idea that has only really gained traction in modern medicine in recent years.

While Elizabeth I had to present herself to the world as healthy and youthful even as she was dying, Charles II had an equally tough time. The Merry Monarch was king from 1660 until his death in 1685, aged only 54. And although, as Roberts says, “The 17th century is the beginning of the Enlightenment and a more scientific perspective,” many of the remedies thrown at Charles in the final week of his life had no basis in science at all. Medics – or, sometimes, quacks – still relied on the four humours and exceedingly strange compounds for healing.

Roberts was shocked by the rudimentary nature of the King’s treatment. “If you read through the notes of Sir Charles Scarborough – the royal physician – they are incredibly detailed about exactly what the physicians were doing to the King in the days before his death. They made him utterly miserable by burning his head, incising his veins and bleeding him. It must have been horrible – I ended up feeling very sorry for him.” He was also given herbal tinctures that made him projectile vomit.

“We are, thankfully, in an era of huge, randomised, controlled trials so that we can see what does and doesn’t work,” Roberts says. “Those ideas were just not there in the 17th century.” It also seems as though the doctors were willing to try anything just to keep the king alive. “Charles II probably suffered more than anybody else because they were so desperate.”

**T**HE PARTY KING might have died from gout – witness the vivid ulcers circling his ankle – or any number of other causes. Context, says Roberts, is everything. “We’re looking at him as this incredibly vivacious character, coming back to the throne after the Restoration, and what that meant for the country and what he was like as a character. It’s a fascinating way of opening up areas of history; a straightforward documentary about 17th-century science and medicine might not entice you in the same way.”

Does that mean she will be doing another two-parter with Lockyer? “I’d like to do an eight-parter! There are many monarchs we can look at in this way – although we can’t go back too far or there won’t be adequate resources, and we can’t explore modern monarchs as there are sensitivities there.”

Is there any chance of *Royal Autopsy* being controversial, since doing a deep dive into any monarch could prove, let’s say, a little sticky? Roberts politely rejects this notion. “We’re using scientific techniques that you would apply to anyone to try and establish the cause of death. We are seeing how Brett does his work, how he arrives at the cause of death. I don’t think it’s controversial; I think people will be fascinated.”

AMY RAPHAEL

**NOT SO MERRY**  
Charles II was at the mercy of his doctors before his death



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AT THE END OF THE enthralling third series of Sally Wainwright's *Happy Valley* – in which Sarah Lancashire's Sergeant Catherine Cawood

seems sure to secure the title of greatest British TV female cop – the MMXXII date-line (the series was made last year) at the end of the credits extends an equation that began with MCMLXXX or, for those less inclined to converse in Latinate, 1980.

On 11 April that year, ITV premiered *The Gentle Touch*, with DI Maggie Forbes, played by Jill Gascoine, becoming the first female character to lead a British police series. She beat to the screen by a few months BBC1's *Juliet Bravo*, which placed Inspector Jean Darblay (Stephanie Turner) in charge of an otherwise all-male police station.

This race between national networks reflected a period of especially intense competition; as recalled in recent anniversary coverage here in *RT*, they sweatily wrestled in 1983 to launch breakfast television, the BBC three weeks ahead of *TV-am*. But there was another very specific reason why crime fiction's bloke ceiling was finally broken in 1980.

Britons tend to have fixed opinions, for or against, on the premiership of Margaret Thatcher, but one of her less acknowledged impacts was to open the road that led to *Happy Valley*.

**W**HEN ON 4 MAY 1979 Thatcher became Britain's first woman prime minister, the country experienced for the first time serious female power. Queen Elizabeth II had just celebrated her Silver Jubilee but, regardless of what *The Crown* likes to pretend, was an apolitical figurehead. The UK was solidly, shamefully male; Thatcher was the single woman in her first cabinet, and there would not be a female head of a FTSE 100 company until 1997 (Marjorie Scardino at Pearson).

British TV fiction had already responded quickly to Thatcherism. Pauline Yates played a Tory MP's wife who wins her own Commons seat in the BBC1 sitcom *My Honourable Mrs*, which was screened soon after Thatcher became Tory leader in 1975. But the MP for Finchley's rise to the top of politics encouraged drama departments to consider more broadly gender and sexism in other professions. *The Gentle Touch* and *Juliet Bravo* show British >

#### FINAL RECKONING

Sarah Lancashire as *Happy Valley's* Sergeant Catherine Cawood

# GOOD COP, BAD COP

Mark Lawson on the rise of TV's female coppers – and why they never were a gentle touch



# GIRL POWER

TV's top female detectives

◁ television – like the wider culture – wrestling with the novelty of female leadership.

An oddity of both shows is that neither, unlike masculine ancestors such as *Dixon of Dock Green*, *Maigret*, *Van der Valk* and *Barlow at Large*, was named for its protagonist. “Juliet Bravo” was Darblay’s radio call sign, and if *The Gentle Touch* had been called “Maggie” or “Forbes” (as it surely would be now), there would have been no sense of a cop show, as so few senior women police officers served at the time. Also, reflecting conditions in UK television, the groundbreaking stories of Darblay and Forbes were created, produced and almost exclusively written by men. Just two of the 56 scripts for *The Gentle Touch* had a woman writer, while of the 88 *Juliet Bravo* episodes, four women wrote one episode each.

**A**LTHOUGH THE USA has never had a female president it was ahead of Britain, televisually speaking, with Angie Dickinson’s *Police Woman* debuting in 1974. However, it wasn’t until 1981 that America had women cops in peak time – NYPD partners *Cagney & Lacey*.

What these early female cop shows had in common was an angst, reflecting social concerns at the time, about whether women could, or should, occupy traditionally male jobs. Both Darblay and Forbes (a widowed single parent) had to juggle work and home life, while the CBS series offered life options – Sharon Gless’s *Cagney* a single careerist, Tyne Daly’s *Lacey* a married working mother. Historically, though, most women cops, like the lads from *Sherlock Holmes* and *Hercule Poirot* onwards, end up single and

‘Tennison was as loveless, lonely and alcoholic as Morse’

alone, not least because the tension of an escalating plot-line will be reduced if viewers are worrying about who’s doing the school run.

As the genre expanded, it examined a question inherent in the title of *The Gentle Touch*. Would the feminisation of the force improve the nature of policing? The first wave of TV police-women suggested realism about gender influence. In a shoot-out between *Starsky & Hutch* and *Cagney & Lacey*, I would have bet on the women. Rendering her show’s title ironic, Maggie Forbes was at least as tough as the guys, as was Jane Tennison, the detective played by Helen Mirren in *Prime Suspect* (ITV, 1991–2006), the first British show to match the power and authority of *Cagney & Lacey*, mainly because finally there was a female show runner, Lynda La Plante – one of the most important and influential figures in British TV.

Strikingly, La Plante made Tennison the equal

◁ **THE GENTLE TOUCH 1980–84**  
DI Maggie Forbes worked her way up the ranks, following her husband’s murder



**JULIET BRAVO ▶ 1980–85**  
Jean Darblay – call sign J-B – ran the show in Hartley, Lancashire



◁ **CAGNEY & LACEY 1981–8**  
New York’s glamorous duo led different lives, but were united in fighting crime

**SCOTT & BAILEY ▶ 2011–16**  
These two professionals were based in Manchester’s Syndicate Nine Major Incident Team



◁ **PRIME SUSPECT 1991–2006**  
London Met’s hard-drinking, chain-smoking Jane Tennison



of senior male detectives not merely in ability but also personality; she was as loveless, lonely, and alcoholic as Morse, first seen on TV in 1987. That was probably realistic. The pioneering British power women – Thatcher as PM, Betty Boothroyd as the first female Speaker of the House of Commons from 1992 – were required to match the hardest of their male predecessors rather than create a new way of doing things. Like many women newsreaders on radio and TV, Thatcher had training to lower the pitch of her voice, making it more masculine.

Four decades on, *Cagney & Lacey* and *Prime Suspect* remain the sourdough starters from which all female policiers are baked.

There’s a trans-Atlantic nod of homage in the ampersands joining *Scott & Bailey* (ITV, 2011–16), *Rosemary & Thyme* (ITV, 2003–6) and *Chandler & Co* (BBC1, 1994–5), the last created by Paula Milne, one of the rare women on the writing roster of *Juliet Bravo*.

Apart from *Scott & Bailey*, which was Sally Wainwright’s policing warm-up, in which Lesley Sharp and Suranne Jones played Manchester detectives, the other four women in that line of succession were private eyes, with pairings perhaps preferred because single (in every sense) investigators risked tripping over Agatha Christie’s Miss Marple (Joan Hickson, Geraldine McEwan and Julia Mackenzie et al), who played a big part in TV crime fiction’s gender rebalancing in the last four decades.

**T**HE SOLO DETECTIVE shows, though, tend to be clearly daughters or granddaughters of (as she eventually became) Detective Superintendent Jane Tennison. Brenda Blethyn’s *Vera* (ITV, since 2011), Sarah Parish’s *Bancroft* (ITV, 2017–20), Gemma Whelan’s DS Sarah Collins in *The Tower* (ITV, 2021–23), Olivia Colman’s DS Ellie Miller in *Broadchurch* (ITV, 2013–17) and Nicola Walker’s DCI Cassie Stuart, from 2015–21 in ITV’s *Unforgotten*, might all plausibly have been mentored by Tennison, sharing aspects of her intuitive intelligence and sometimes darkly conflicted integrity.

Stuart and Miller represented the largest departure from male police characterisation; warm and empathetic, they agonised about the pain of victims and relatives. However, some real detectives objected that to become so invested was unprofessional, making the point that cops, like doctors, are taught emotional distance.

The writers perhaps recognised this by making the careers of Ellie and Cassie relatively short. In aiming to reach retirement age by the end of *Happy Valley*, Catherine Cawood has had to match the physical and mental toughness of any bloke on the beat. As we have seen since 1980, a TV cop – irrespective of gender – cannot be a gentle touch.





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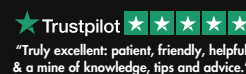
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# Streaming

Edited by  
**FRANCES  
TAYLOR**

## DOCUMENTARY

### **Pamela, a Love Story** ★★★★★

Available now on Netflix

 Hulu's raunchy mini-series *Pam & Tommy* (see p38) told how *Baywatch* star Pamela Anderson became the first celebrity to release a sex tape onto the internet. Except that she didn't. The tape was stolen and she never made a penny from it, nor (more importantly) did she want to. In this documentary, the actor is still reeling from *Pam & Tommy*'s dredging up of her past trauma, and puts these events in context with the rest of her often-chaotic life. The film utilises camcorder footage and diary entries, not to mention a shockingly honest Anderson talking to the camera, free of make-up and swaddled in a cardigan. "I was sick of talking about my boyfriends and my boobs all the time," she says. By the film's end, a cheeky, intelligent and deeply vulnerable woman has been unveiled. A new TV series, *Pamela Anderson's Family Home Renovation*, begins on Wednesday on More4 – see p80. **JAYNE NELSON**

## ON THE ROCKS

Pamela Anderson in Malibu in 1992, after she'd been cast in *Baywatch*

## MORE CELEBRITY DOCS

### **Stutz**

Available now, Netflix  
Jonah Hill undergoes therapy with psychiatrist Phil Stutz.

### **Westwood: Punk, Icon, Activist**

Available now, iPlayer  
Film-maker Lorna Tucker delves into the career of the late fashion legend, Vivienne Westwood.

### **Lucy and Desi**

Available now, Amazon Prime  
Comedian and writer Amy Poehler's look at 1950s entertainment power couple Lucille Ball and Desi Arnaz.

### **Mickey: the Story of a Mouse**

Available now, Disney+  
Celebrating the 100th anniversary of the Walt Disney creation, from pre-Depression years to global superstardom.

### **Selena Gomez: My Mind and Me**

Available now, Apple TV+  
The singer/actor (right) allows cameras into her life over a tumultuous six-year period.





## Netflix



### PSYCHOLOGICAL DRAMA

**You** Series 4, part one  
available from Thursday

Now in its fourth series, *You* continues to strike a tone that's both funny and ghastly, with its lead, serial killer Joe Goldberg (Penn Badgley) relocating from San Francisco to London under the name Jonathan Moore. Based on Caroline Kepnes's trio of books, the series usually follows Joe's unsavoury pursuit of love as he obsesses over unsuspecting women. This time, he is both stalker (of new character Kate Galvin, played by *Ghosts*' Charlotte Ritchie) and stalked (by an unknown person), while fostering new friendships with an entitled, arrogant crop of Brits.

LAURA RUTKOWSKI



### DRAMA

**Four Good Days** ★★ 15

Available from 1 February

A mother (Glenn Close) resumes contact with her heroin-addict daughter (Mila Kunis) in this compassionate if shallow exploration of recovery and trust. Close and Kunis are not terribly plausible as parent and offspring, but they inhabit their characters convincingly. There's inherent tension in the dramatic set-up, but director Rodrigo García (who directed Close's Oscar-nominated performance in *Albert Nobbs*) delivers a film that's not nearly as gritty or frank as the subject requires. **EMMA SIMMONDS**

## Amazon Prime Video



**DOUBLE ACT**  
Jeremy Clarkson and  
his right-hand man,  
Kaleb Cooper

### REALITY

**Clarkson's Farm** All 8 episodes of series 2 available from Friday

Series two of Jeremy Clarkson's rural reality show hasn't had the greatest of PR campaigns ahead of its launch: a vicious column the presenter wrote for *The Sun* about the Duchess of Sussex led to a storm of complaints and widespread speculation that Amazon won't commission any more telly from him.

All of which is doubly unfortunate, since this is

the Clarkson show that people who usually hate Clarkson still quite like. His efforts to run his own farm balance his normal cantankerous-buffoon persona with a real understanding of how troubled the industry is. As we return, the lack of promised post-Brexit subsidies is biting, the barley won't dry out and Clarkson has a crazy new plan: "Cows!"

**JACK SEALE**



### FANTASY DRAMA

**Carnival Row**

All 8 eps of series 1 available now

It's surprising this fantasy series doesn't have more fans: it looks sumptuous and boasts a starry cast. Catch up with season one before the second run starts next week. You'll be pitching yourself into a misty urban world where humans live uneasily alongside mythical creatures such as fae and fauns, Orlando Bloom plays the copper whose sympathy for the fae community puts him at odds with his colleagues; Cara Delevingne (above with Bloom) and Karla Crome are excellent as fae using all their wiles to survive. **JS**



### DOCUMENTARY

**George Ezra End to End**

Available now

One of the nominees at next week's Brit Awards – in the controversial gender-neutral Best Artist category, which hasn't shortlisted any women – the singer-songwriter George Ezra is an engaging presence in this unusual feature documentary. Not simply a showcase for his songs, it features Ezra and friends walking from Land's End to John O'Groats, meeting other musicians as they go and capturing Britain's fine scenery via some stunning photography. On the way, Ezra opens up about his mental health and the effect fame has had on him. **JS**



### DRAMA

**Magic Mike** ★★★ 15

Available now

Steven Soderbergh's surprisingly sweet-natured 2012 tale of Florida male strippers stars Alex Pettyfer as the naive 19-year-old introduced to the world of stripping by superstar Channing Tatum. Although a little underpowered dramatically, the movie is beautifully shot and skilfully acted, and Tatum demonstrates an almost irresistible screen charm. A sequel, *Magic Mike XXL*, is also available to stream, while latest film *Magic Mike's Last Dance* is in cinemas on Friday.

**ADAM SMITH**



## BBC iPlayer

### WHAT I'M STREAMING



#### RYLAN

"I'll tell you what I was watching," says the ubiquitous presenter. **"The Mayfair Hotel Megabuild"**, the documentary about them refitting Claridge's. I was obsessed with it. I can't believe what they've done to that hotel and how they managed to keep it open. I love it and I've been literally bingeing it." Rylan hosts *Eurovision Song Contest: Handover Ceremony and Draw* on iPlayer, and presents *Rylan on Saturday* on Radio 2. All three episodes of *The Mayfair Hotel Megabuild* are on iPlayer



#### SPY THRILLER

##### Spooks

All ten series available now

FULL BOX SET

Matthew Macfadyen and Keeley Hawes, married actors now appearing together in *Stonehouse* (ITVX), met in 2002 on the set of the show that gave them both their big break. A spy thriller that announced itself handily with what's still one of the most appalling screen deaths in British TV history – yes, the one with the deep-fat fryer – *Spooks* remained a must-see until its powerful ending, with Peter Firth still leading the cast. Over the years David Oyelowo, Rupert Penry-Jones, Hermione Norris and Nicola Walker all joined and then left MI5's crack anti-terror team. **JS**



#### REALITY

##### Race across the World

Series 1–2 available now

We will soon, finally, get a third season of this fantastic reality challenge show, which asks pairs of contestants – friends, couples or relatives – to complete a continent-spanning journey (Europe and Asia in season one; South America in the second run) as quickly as possible, on a budget and without stepping aboard a plane. The races might be suspiciously closely fought but the sights seen, and the way the contest gradually strips away layers of the travellers' personalities to reveal their complex and vulnerable selves, combine to make the journeys epic, exciting and often emotional. **JS**



This Country



Normal People



Starstruck



Him & Her



Nighty Night



# 20 YEARS OF BBC3

Revisit two decades' worth of hits

## ANNIVERSARY

### The Best of BBC3

In 2016, when BBC3 was axed as a broadcast channel and became streaming-only via iPlayer, viewers' outrage was justified: BBC3's appeal to young adults and track record of incubating British talent make it integral to the Beeb's remit. It's 20 years old this week and, as of last year, is back on the airwaves – ironically, since in its six years away, streaming became king. So now's the time to binge some BBC3 highlights.

Early on, BBC3 scored a series of cult sitcom hits, starting with **Nightly Night**, which introduced the warped comic mind of Julia Davis, followed by the great lost Sharon Horgan classic **Pulling** and low-key slacker-com **Him & Her**. It also debuted what would become one of the biggest sitcoms ever: **Gavin & Stacey**.

In the iPlayer years, BBC3 still knocked out game-changers such as **This Country** and **Fleabag**, as well as gems like **Starstruck** – and while BBC3 isn't known for drama, 2020's intense romantic saga **Normal People** is a modern classic. Bring on the next 20 years...  
JACK SEALE

*Fleabag*

*Pulling*

## ITVX



### HORROR

#### Split ★★★ 15

Available from Sunday

Twistmeister M Night Shyamalan gets his Hitchcock groove on in this playful film from 2016, which satisfies as a companion piece to his earlier film, *Unbreakable*. James McAvoy (see page 6) plays the kidnapper who imprisons three girls in a basement. What's more, he's suffering from dissociative identity disorder, meaning his victims (Anya Taylor-Joy among them) are never sure which of his 23 personalities they are dealing with. The deviously shocking conceit grips through every twist and turn. Shyamalan's latest film, *Knock at the Cabin*, is in cinemas this week. **ALAN JONES**



### POLICE DRAMA

#### DI Ray

All four episodes available now

Parminder Nagra is on form: as well as appearing in the new hit ITV drama *Maternal*, she has a second season of this police procedural on the way. It debuted last May, with Nagra as a new homicide detective who has to face racism, both subtle and not, on a daily basis. She's assigned the case of a murdered Asian man in Birmingham because her superiors assume it's a "culturally specific" killing but, as standard crime thrills mingle with more sensitive observations about the British Asian experience, there proves to be much more to it. **JS**



### DOCUMENTARY

#### Ghislaine Maxwell: Partner in Crime

All four episodes available Thursday

A four-part examination of the life and crimes of infamous paedophile Jeffrey Epstein and his right-hand woman: Ghislaine Maxwell, the privileged daughter of a media mogul whose relationship with the billionaire Epstein led to her conviction for sex trafficking in 2021. While the usual mix of news archive and talking heads has a decent stab at revealing what makes the notoriously unknowable Maxwell tick, some viewers may balk at the opportunity given to her siblings to protest her innocence. **JS**



### ACTION

#### Fast & Furious Collection

Available Thursday

Get ready to fuel up for a motorhead marathon, as the first eight *Fast & Furious* films are made available for free on ITVX. The 2001 original sets the bar high, as Paul Walker's cop attempts to find out if Vin Diesel (pictured) and his car-racing crew are behind a series of highway thefts. From there, the franchise welcomes the likes of Charlize Theron, Luke Evans and Gal Gadot into the rubber-burning action. Also available is spin-off *Fast & Furious: Hobbs & Shaw*, starring Dwayne Johnson and Jason Statham. **JOSH WINNING**





Balmoral cruising to Fureberg Waterfall



Captain Rommel on the bridge



La Place de la Bourse and Miroir d'Eau in Bordeaux

# Cruising, but different

Fred. Olsen offers experiences you're unlikely to find anywhere else. Read on to discover how the family-run cruise line does things differently

## ROUTES LESS TRAVELLED

Whether you want to follow in Phileas Fogg's footsteps and sail around the world in 80 days, or catch the bird migration cross the Straits of Gibraltar, you can do that and more with Fred. Olsen. The team of journey planners change their imaginative and unusual itineraries every year, creating journeys with culture, nature and wildlife at their heart. They also go out of their way to plan scenic routes that are rich with hidden gems that are best seen from aboard. That's why the cruise line has won the *Cruise Critic* award for best itineraries five times.

## SMALLER IS BETTER

Fred. Olsen has a fleet of smaller ships, so you'll find fewer guests on board, allowing you to enjoy a wonderfully spacious cruise with a warm and friendly atmosphere, and a crew that aims to make your experience as personal as possible – they'll remember your name and even your favourite drink. In addition, these ships can reach all the places bigger ones

can't, such as narrow fjords, rivers and waterways, plus they can dock close to the heart of city centres. So, it should come as no surprise that Fred. Olsen welcomes back more returning guests than any other cruise line\*.

## ALL ABOUT THE EXPERIENCE

Fred. Olsen has recently launched five new Signature experiences, designed to ensure you get the most out of your cruise. These include the Treats of the Region sessions, which offer you the chance to learn how to re-create authentic dishes from each destination, and the Sky at Sea star-gazing sessions, where you can relax with a hot toddy while an astronomer talks you through the night sky.

And with Scenic Discoveries, you can look forward to having an expert on board sharing their knowledge about the natural beauty of your destinations. They'll do talks on the native flora and fauna, and be on deck to point out places of interest, help you spot marine life and answer any questions.

## Which cruise is for you?

### FRENCH RIVERS OF NORMANDY & BORDEAUX

*Balmoral* | 9 nights | 19 April | Southampton | L2308

*Balmoral* will take you on a scenic tour of the Gironde, Garonne and size-restricted Seine rivers, passing quaint villages and countryside, while ashore, excursions to Paris and Monet's house and gardens via Rouen are also available.

### RENAISSANCE ITALY, THE ADRIATIC & AMALFI COAST

*Borealis* | 25 nights | 22 May | Liverpool | S2309

Calling into Florence, Venice and Dubrovnik, this cruise will see you journey through centuries of fascinating history and culture, and take in some of the region's most beautiful coastlines.

### SCENIC SUMMERTIME NORWEGIAN FJORDS

*Borealis* | 8 nights | 18 August | Liverpool | S2316

Aboard the smaller *Borealis*, you'll cruise Lysefjord and the UNESCO-listed Nærøfjord, as well as sail up close to Fureberg Waterfall. While the longer days will allow you to enjoy idyllic activities such as kayaking on Hardangerfjord.



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\*YouGov independent survey, 2019



## Paramount+

COMMANDING  
ATTENTIONTori Spelling takes  
centre stage in a  
new reality show

## REALITY

## Love at First Lie Available from Tuesday

Tori Spelling hosts this series, first shown on MTV last year, in which eight couples from the US and the UK live together, with some genuinely loved up and others just faking it. Like *Mr and Mrs* with a twist, participants must identify who's not the real deal, with challenges to test the relationships and

reveal how well – or not – they know each other. Participants vote for the couple they think are phoney, and with each correct guess, \$25,000 is added to the pot – up to a maximum of \$100,000 (£80,600), until the last two are left standing as the ultimate #couplegoals. LAURA RUTKOWSKI

## ANIMATED SITCOM

## South Park

Series 26 episode 1 available Friday

FULL  
BOX  
SET

Trey Parker and Matt Stone's previously indestructible animation has been in a strange place since the advent of Covid, with many fewer episodes per year, most of which are explicitly about the pandemic itself. Can the sitcom recapture its drive to satirise current events via the medium of scatological cartoons? If not, Paramount+ has the box set, enabling you to go all the way back to the very first episode: Kyle, Cartman and the gang have been at it since 1997. JS



## THRILLER

## Yellowjackets

Series 1 available now

Previously a Now show before switching to Paramount+ ahead of the second season arriving there next month, this clever, often lacerating drama starring Christina Ricci (right) takes place in two timelines: in 1996, a girls' football team is stranded in the Canadian wilderness for 19 months following a plane crash; in 2021, the grown-up survivors live their lives in apparently normal New Jersey suburbia, but the trauma lives on, as do the rumours of what went on in those woods. Roughly a modern, female *Lord of the Flies*, it's alive to the idea of how who we are as teenagers echoes uncomfortably into adulthood. JS



## Apple TV+



## DRAMA

## Dear Edward

Episodes 1-4 available from Friday

Even in its fourth episode, this sombre US drama still feels as if it's working on its setup. So far: a 12-year-old called Edward (Colin O'Brien, above with Taylor Schilling) is a plane crash's only survivor; the loved ones of the deceased have set out to support each other, leading to unlikely friendships and alliances. This week, while Edward receives the disturbing letters from strangers that give the series its title, he struggles to adapt to a new school. The observations about how different people cope with grief are there, but they're still not hitting hard enough. JACK SEALE



## COMEDY DRAMA

## Shrinking

Episode 4 available from Friday

It still hasn't gelled in its fourth episode, and perhaps this laid-back dramedy never will: instead, it's one of those shows that sets up a good-natured but fractious gang and lets them wander around together, fighting and oversharing. Jason Segel (above with Harrison Ford) is Jimmy, the widowed psychiatrist flanked by his teen daughter, close neighbours, faithful colleagues and, inexplicably, the patient who now lodges with him. This week, news of his daughter's lost virginity leads to an initial meltdown and then a healing, boozy group chat. JS



## Lionsgate+

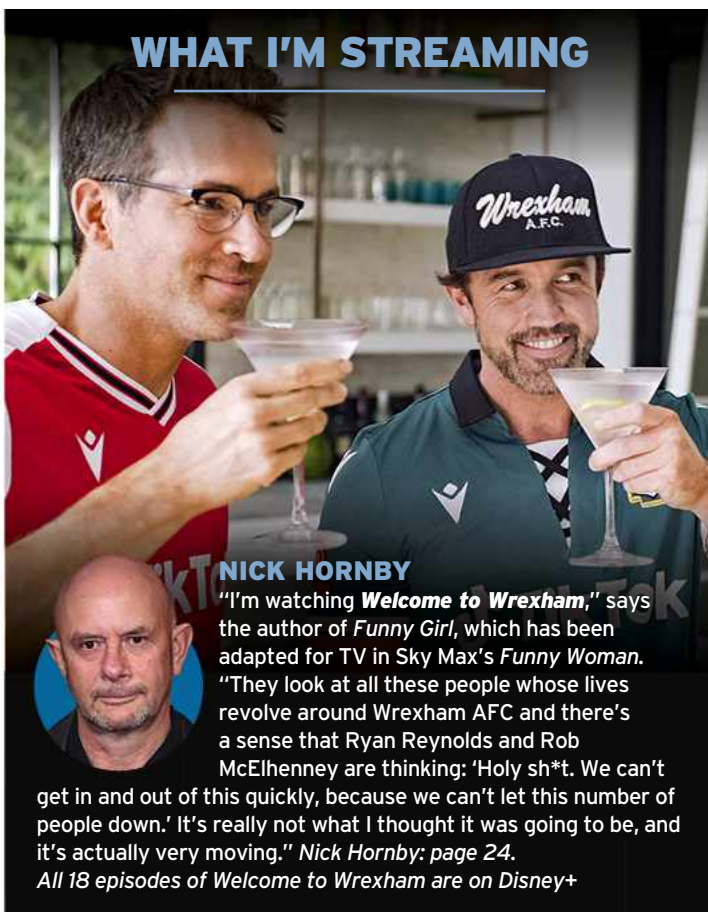


### WARTIME DRAMA **The Zookeeper's Wife** ★★★ 12

Available from 1 February

Jessica Chastain is on dignified form in the true story of Antonina Zabinska, who sheltered Jewish people during the Second World War. The premise is reminiscent of *Schindler's List*, but the twist in this 2017 drama is that the Warsaw way station is a zoo, which attracts the attention of a Nazi zoologist (Daniel Brühl). The approach of director Niki Caro (*Whale Rider*) is perhaps a little too restrained, but it's impossible not to be moved by a film that eventually finds hope for the human species. **STELLA PAPAMICHAEL**

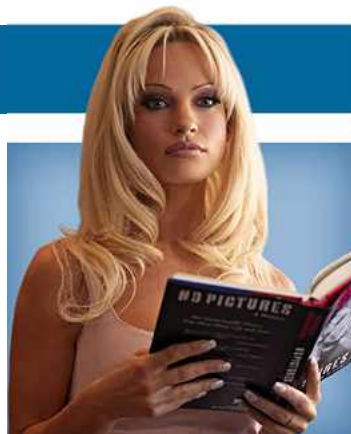
## Disney+



### WHAT I'M STREAMING

#### NICK HORNBY

"I'm watching *Welcome to Wrexham*," says the author of *Funny Girl*, which has been adapted for TV in Sky Max's *Funny Woman*. "They look at all these people whose lives revolve around Wrexham AFC and there's a sense that Ryan Reynolds and Rob McElhenney are thinking: 'Holy sh\*t. We can't get in and out of this quickly, because we can't let this number of people down.' It's really not what I thought it was going to be, and it's actually very moving." *Nick Hornby: page 24.*  
All 18 episodes of *Welcome to Wrexham* are on Disney+



### TRUE-LIFE DRAMA **Pam & Tommy**

Available now

Criticisms of this true-life drama, about the theft and distribution of a sex tape featuring *Baywatch* star Pamela Anderson, have led to a new Netflix doc, *Pamela: A Love Story*, in which Anderson controls her own narrative (see page 32). The drama, set in the 1990s when the internet was about to upend popular culture, features an extraordinary physical transformation by Lily James as Anderson, but is better when she's not in it: then it feels less exploitative and more a grubby, mischievous take on exploitation in a deeply sexist entertainment industry. **JACK SEALE**

## To rent/buy



### ROMANTIC COMEDY

#### **Bros** ★★★★★ 15

Available from Monday

Billed as the first gay romcom from a major studio with an entirely LGBTQ+ principal cast, *Bros* stars Billy Eichner as a cynical podcaster whose dismissive approach to romance is challenged after he falls for a "hot but boring" hunk (Luke Macfarlane, above right with Eichner). Riffing on romcom conventions while also shamelessly indulging in them, this is a breezy, enjoyable romp that does a good job of commenting on the differences between gay and straight dating cultures. Laugh-out-loud funny, it's a welcome addition to the genre.

**PATRICK CREMONA**



### DRAMA

#### **A Love Song** ★★★★★ PG

Available now

Dale Dickey (*Winter's Bone*) gets a rare lead role in this low-key but affecting American indie movie. She plays Faye, a widow who pulls up her trailer at a campground in the shadow of the Rocky Mountains, where she waits for an old friend to arrive (*The Last of the Mohicans*' Wes Studi). Taking its time to soak in the beauty of the natural surroundings, *A Love Song* is a tender, gentle character study – think *Nomadland*, albeit with a more romantic sweep. Offering a splendid showcase for its two veteran stars, it is a minor gem.

**JAMES MOTTRAM**



## HOW & WHERE TO STREAM TV & FILM

### FREE TO VIEW

#### BBC iPLAYER [bbc.co.uk/iplayer](http://bbc.co.uk/iplayer)

As long as you have a TV licence, you can register for free and enjoy a slew of BBC shows on demand and BBC channels to stream live.

#### ITVX [itv.com](http://itv.com)

Replacing ITV Hub, this new free service is the place to stream ITV shows and new ITVX dramas. An ad-free version costs £5.99 a month or £59.99 a year, which includes access to BritBox.

#### ALL 4 [channel4.com](http://channel4.com)

Register for over 1,500 shows from C4, E4, More4, Film4 and Walter Presents. To watch ad-free, All 4+ costs £3.99 per month.

#### MY5 [channel5.com](http://channel5.com)

Channel 5 content on demand and channels including 5, 5USA, 5Star and 5Select can all be streamed live once you've set up an online account for free.

#### UKTV PLAY

[uktvplay.uktv.co.uk](http://uktvplay.uktv.co.uk)  
Catch up with shows on Dave, Drama, W and

Yesterday via this free on-demand service. There's also an extensive library of crime drama, comedy and entertainment box sets available to stream.

#### FREEVEE

[amazon.co.uk/freevee](http://amazon.co.uk/freevee)

You can sign up free for an Amazon account and you can then watch – with adverts – original shows like cop drama *Bosch*: *Legacy* and comedy *Sprung*, plus other TV shows and films.

### SUBSCRIPTION SERVICES

#### ACORN TV [acorn.tv](http://acorn.tv)

**Price: £4.99/month**  
Gentle crime dramas are this service's speciality.

#### AMAZON PRIME VIDEO

[amazon.co.uk/video](http://amazon.co.uk/video)  
**Price: £8.99/month**  
For original shows such as *The Lord of the Rings: the Rings of Power* and live sport.

#### BFI PLAYER

[bfi.org.uk/player](http://bfi.org.uk/player)  
**Price: £4.99/month**  
Classic and cult films.

#### APPLE TV+ [apple.com/uk/apple-tv-plus](http://apple.com/uk/apple-tv-plus)

**Price: £6.99/month**  
For films and series such as *Ted Lasso*.

#### BRITBOX

[britbox.co.uk](http://britbox.co.uk)  
**Price: £5.99/month**  
Shows from the BBC, ITV, C4, Channel 5 and plus BritBox originals.

#### DISCOVERY+

[discoveryplus.co.uk](http://discoveryplus.co.uk)  
**Price: £3.99/month**

#### or £6.99/month to include Sport

For Discovery, TLC, Animal Planet and others, plus original shows and live sport.

#### DISNEY+

[disneyplus.com](http://disneyplus.com)  
**Price: £7.99/month**  
New series from the Marvel and Star Wars franchises, plus recent Disney film releases.

#### MUBI [mubi.com](http://mubi.com)

**Price: £10.99/month**  
An extensive library of world cinema and arthouse films.

#### NETFLIX

[netflix.com](http://netflix.com)  
**Price: £4.99/month (with ads), £6.99/month (standard definition) or £10.99/month (for HD)** Films and series like *Stranger Things* and *Ozark*.

#### NOW [nowtv.com](http://nowtv.com)

**Price: £9.99/month for Entertainment and £9.99/month for Cinema membership**

The place to watch Sky and HBO shows without a Sky box or dish. Streaming service **Peacock** is included with Entertainment membership.

#### PARAMOUNT+ [paramountplus.com](http://paramountplus.com)

**Price: £6.99/month**  
One of the newer streaming services, this offers films and TV series such as *The Offer* and *Star Trek: Strange New Worlds*.

#### LIONSGATE+ [lionsgateplus.com](http://lionsgateplus.com)

**Price: £5.99/month**  
For original films and series such as *Gaslit* or *Outlander*. Formerly known as Starzplay.

#### SKY GO

[sky.com/watch/sky-go](http://sky.com/watch/sky-go)  
**Price: included with Sky TV subscription**  
Sky customers can stream live, on-demand and catch-up TV via an app on their laptop, phone or tablet.

### PREMIUM SERVICES

Many recent films are available to digitally rent or buy at a one-off cost. Priced anywhere from around £5 to £16 for new releases, they are available on platforms including Amazon Prime Video, Apple TV+, Chili, Google Play, Microsoft, Rakuten, Sky Store, Virgin and YouTube. Similarly, film platforms BFI Player and Curzon Home Cinema offer a more curated selection of indie, arthouse and world cinema titles.

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# Saturday



**CAPTAINS AND THE CUP**  
But which of the Six Nations will lift it?

## SPORT

### Six Nations Rugby Union

1.15pm **BBC1**, 1.30pm **S4C**, 4.00pm **ITV1** Catch up via **iPlayer/ITVX**

Six Nations tournaments in a World Cup year always have an extra dimension, as teams look to build momentum and belief, but not peak too early before the intercontinental tournament months later.

This year's championship is likely to be no different and begins in Cardiff, where Wales recently replaced Wayne Pivac with Warren Gatland, who between 2007 and 2019 led them to four titles and three grand slams – more than any other Wales coach. It's neat, therefore, that today they host Ireland (k/o 2.15pm **BBC1/S4C**), who were the opponents in Gatland's last Six Nations encounter as Wales coach when they were champions in

2019. The visitors will be buoyed by the return of captain Johnny Sexton after a recent cheekbone injury.

Later on, however, is the small matter of the Calcutta Cup (k/o 4.45pm **ITV1**), as England host Scotland at Twickenham. Surprisingly to some, the last two encounters have gone the way of the Scots, and if Gregor Townsend's men emerge victorious against Steve Borthwick's home side, it will be the first time since 1972 that Scotland will have won three consecutive Five/Six Nations games against England. **MAX COPEMAN**  
See feature: page 14

## QUIZ

### Celebrity Mastermind

5.35pm (8.50pm in Wales) **BBC1**  
Catch up via **iPlayer**

There's a perfect moment in this edition when comedian Bobby Davro, towards the end of his specialist subject round on singer Gilbert O'Sullivan, suggests that he can't get his thoughts in order. It turns out that he's saying the title of an O'Sullivan song and it's the correct answer.

He seems to know his stuff, but will fellow competitors – TV chef Suzie Lee, skier Graham Bell and DJ Remi Burgz – fare as well? No matter what happens, even if someone does get a low score, isn't it charming how questionmaster Clive Myrie makes it sound like a real achievement? The best pre-general knowledge round chat goes to Burgz, who reduces everyone to fits of laughter with her fishing experiences. **JANE RACKHAM**

## ENTERTAINMENT

### Michael McIntyre's Big Show

6.50pm **BBC1** Catch up via **iPlayer**

With Steve Wright no longer on Radio 2's afternoon slot, there's only one Big Show left on the BBC; while Ant and Dec still reign supreme on **ITV1**, Michael McIntyre continues his stealthy rise to becoming the BBC's Mr Saturday Night, holding together this potentially unwieldy *House Party* redux with his usual consummate professionalism. Where else could it be filmed than London's West End?

Tonight the enjoyably self-aware Lewis Capaldi hands over his phone to the host before performing his new single *Forget Me*. McIntyre also makes more dreams come true as a football fan unwittingly signs for his boyhood team and the Unexpected Star comes perilously close to stealing the show. **GABRIEL TATE**

## MUSIC

### Madness: The Get-Up!

8.00pm **Sky Arts**  
Catch up via **Sky Go/Now**

This collection of skits and sessions was originally recorded during the height of the pandemic restrictions, and now sits as the fulcrum of a Sky Arts Madness night. In it the lads welcome a bunch of guests to their house of fun (in reality, an empty London Palladium) and intersperse the live footage with some slices of Charlie Higson-penned comedy, conjuring the feel of an 80s variety show.

Paul Weller jamming along on a cover of *The Harder They Come* will interest some fans but, without an audience to feed off, the band can't quite muster up the energy to set the stage alight and it ends up feeling more like a rehearsal than a gig.

**GARY ROSE**

## DRAMA

### Casualty

8.50pm (9.20pm in Wales) **BBC1**  
Catch up via **iPlayer**

If you want to track the careers of soap stars, then a good tip is to keep an eye on touring regional theatre productions. And if you happen to have seen ads for the latest Peter James stage adaptation, you'll have clocked that George Rainsford is now playing Roy Grace. So, you don't have to be a detective of Grace's calibre to have worked out that Rainsford's almost decade-long stint on *Casualty* must be coming to a close.

Yet when the moment comes for his character Ethan to depart, it's a low-key affair. No stunts, explosions or tears – just a quiet acknowledgment that his future lies away from the ED. A shame, as he's had many an emotional plotline and will be missed. **DAVID BROWN**



## ALSO ON TODAY

### The Masked Singer 7.00pm **ITV1**

The seven remaining mystery vocalists take to the stage as Joel Dommett presides over another round of the music masquerade.

### That's My Jam 7.50pm **BBC1**

Lucy Davis from the *UK Office* and David Koechner from the US counterpart are among the players. Mo Gilligan (right) hosts.



### Secrets of the Royal Palaces 7.50pm **Channel 5**

The story of Henry VIII's renovation of Hampton Court, including its gardens and the Great Hall.

## MUSIC

### Roy Orbison Night

8.50pm **BBC2** Catch up via iPlayer  
"The Big O", with his richly emotional delivery, was looked up to by rock royalty – Elvis called him simply the greatest singer in the world. But his was the voice of authority, too: Orbison suffered unbelievable tragedy across his career and his signature dark glasses hid a deep well of pain.

A fine new compilation at 8.50pm shows the quality and sincerity of his songs, as well as the sweetness of his public persona. It includes his 60s hits *Only the Lonely* (no shades) and *Crying*, and his later reinvention with supergroup the Traveling Wilburys. But what strikes home is his soaring 1985 comeback *Wild Hearts* (*Run Out of Time*) after years in the wilderness.

A feature-length profile of the singer follows at 9.20pm. **MARK BRAXTON**

## DOCUMENTARY

### Open All Hours: 50 Years of Laughter

8.50pm **Channel 5** Catch up via My5  
While it's great that *someone* is paying tribute to these fondly remembered comedies, it does seem odd that it's not the channel whence they came. Still, that's "outsourcing" for you.

Name a Ronnie Barker sitcom and most will say *Porridge*, but it was another entry in his 1973 anthology *Seven of One* that we're celebrating tonight. Barker's miserly shopkeeper Arkwright and his flirtations with nurse Gladys Emmanuel (Lynda Baron) gave rise to 25 episodes of *Open All Hours* plus a sequel, both scripted by Roy Clarke. Its humour may be broad, but the original has an elegiac quality, underlined by the brass-band theme and those rueful epilogues, that gives it both an edge and a timelessness. **MB**

## DRAMA

### Atlantic Crossing

9pm **Drama** Catch up via UKTV Play

"This nation will remain a neutral nation," President Roosevelt (Kyle MacLachlan) reassures the American people. Because while FDR is happy to give flowers to Norway's Crown Princess Martha (Sofia Helin), play with her children, flirt outrageously and share confidences about the stress of politics, her gentle pressure isn't enough to sway him from keeping out of what he calls a "foreign war".

However, according to this drama anyway, Martha agreed to exploit her relationship with the president to get help for her country during the Second World War. Whether it really was her single-handed efforts that got America to join the Allied effort, we'll never know. But it makes for an engaging story. **JR**

## LIVE SPORT



### Premier League Football Newcastle United v West Ham

5pm (kick-off 5.30pm) **Sky**  
**Premier League/Main Event**  
Brazilian midfielder Joelinton (above) has been key to Newcastle's success this season.

### Six Nations Rugby Union Wales v Ireland

1.15pm **BBC1**, 1.30pm **S4C**  
(k/o 2.15pm)

The Six Nations gets under way, with every player mindful of the World Cup later in the year.

### England v Scotland

4pm (k/o 4.45pm) **ITV1**  
England's first match under new coach Steve Borthwick. See page 40. *Feature: page 14*

## FILM OF THE DAY



### JoJo Rabbit ★★★★★ **12** 9.00pm **C4**

In this outrageous comedy drama from Taika Waititi (*Thor: Love and Thunder*), a German boy enlists as a Hitler Youth cadet and spends his free time with his imaginary friend, Adolf himself. But his understanding of the world is called into question by a Jewish girl. (2019)

**FILM REVIEWS**  
page 47

### DEEP WATER But can Ciara (Lydia McGuinness) get out of it?



## DRAMA

### North Sea Connection 9.00pm, 9.45pm **BBC4** Catch up via iPlayer

### NEW SERIES

This is one of those chilly coastal thrillers where, as knotty worries mount, the brims of knitted beanie hats get pulled lower over pensive brows. First shown in Ireland, this opening double bill sees Galway fishing skipper Ciara (Lydia McGuinness) the most stressed, and she has good reason to be nervous after the actions of her shady brother Aidan (Kerr Logan) landed her in trouble with a drugs cartel.

Their leader Quinn (Stuart Graham) is your typical urbane yet insane screen villain: all smooth talk until riled, at which point he wastes little time in making vicious use of a marlinspike. We, as viewers, may well recoil, but Ciara isn't given that option, and it's up to her to track down a missing stash of methamphetamines that she's inadvertently lost at sea. Pack a sou'wester if you plan on watching, as we're sailing into choppy waters. **DB**



# SATURDAY Main Channels

## DAYTIME

### BBC1

**6.00am Breakfast** Naga Munchetty, Charlie Stayt. (S) (HD)  
**10.00 Saturday Kitchen Live** With Jo Brand, Anna Haugh, Gennaro Contaldo and Olly Smith. (S) (HD)  
**11.30 The Great Food Guys** With poet, playwright and novelist Jackie Kay. First shown on BBC Scotland (S) (AD) (HD)

**12 noon Football Focus** With Alex Scott. (S) (HD)

**1.00pm BBC News Weather** (S) (HD)

**1.15-4.30 LIVE Six Nations Wales v Ireland**

**RT** The opening match of the 2023 campaign, held at Cardiff's Principality Stadium (kick-off **2.15**). Gabby Logan hosts, with analysis from Martin Johnson, Tommy Bowe and Sam Warburton and commentary by Andrew Cotter, Jonathan Davies and Donncha O'Callaghan. Also available on iPlayer. **See p40.** (S) (HD) **See feature: p14**

**● BBC SPORT ONLINE 2.30-5.30 Final Score**  
 Jason Mohammad presents the latest football scores, at [bbc.co.uk/sport](http://bbc.co.uk/sport). Also available 3.10-5.30 via the red button

### BBC2

**6.30am Hey Duggee** (R) (S) (HD) **6.45 Supertato** (R)

(S) (AD) (HD) **6.55 Shaun the Sheep** (R) (S) (HD) **7.00**

**Dennis & Gnasher Unleashed!** (R) (S) (HD) **7.15 Boy**

**Girl Dog Cat Mouse Cheese** (R) (S) (HD) **7.25 The**

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(HD) **8.55 Newsround** (S) (HD) **9.00 Blue Peter** (R) (S)

(HD) **9.30 Deadly Pole to Pole** (R) (S) (AD) (HD)

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**2/6 Series 2.** Stacey coaches the Fall family through decluttering their home. Shown last Wed BBC1 (S) (AD) (HD)

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Donat and Madeleine Carroll. Available on iPlayer for 30 days. Director Alfred Hitchcock (1935, U) (BW) (S) (HD)

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thriller starring Margaret Lockwood and Michael Redgrave. Available on iPlayer for 30 days. **Review**

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**ITV1**

**6.00am CITV** See page 46 **9.25 ITV News** (S) (HD)

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**12.40pm ITV News Weather; Regional Weather** (S) (HD)

**1.00-4.00 LIVE Racing** Ed Chamberlin presents coverage from Sandown Park, featuring the Scilly Isles Novices' Chase at **2.20**. Plus action from the meetings at Musselburgh and Wetherby. (S) (HD)

**Channel 4**

**6.05am 3rd Rock from the Sun** Triple bill. (R) (S) (AD)

**7.20 Everybody Loves Raymond** (R) (S) (AD) (HD)

**8.10 The Simpsons** Homer gets cable TV installed.

**8.40** Homer meets his long-lost brother.

**9.10** Bart takes his dog to a canine obedience class.

**9.35** Lisa and Bart write a cartoon script.

**10.05** Homer is forced to give up alcohol for a month.

**10.35** Homer becomes a union representative.

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adventure with the voices of George Clooney, Meryl Streep and Bill Murray. Available on All 4 for 7 days. Director Wes Anderson (2009, PG) (S) (AD) (W) (HD)

**1.20-3.50pm Four in a Bed** Stays in Tynemouth and Angus, plus two visits to Perth and Kinross. (R) (S) (HD)

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### Six Nations

**1.15pm** Ken Owens captains Wales against Ireland in the opening game of the tournament



### 4.30pm Final Score

Jason Mohammad presents the classified results. Producer Graham Bennett; Editor Helen Dapre (S) (HD)

**5.15 BBC News Regional News; Weather** (S) (HD)

### 5.35 Celebrity Mastermind

**RT** **6/14.** Bobby Davro, Suzie Lee, Graham Bell and Remi Burgz take to the black chair to answer questions on Gilbert O'Sullivan, Bridget Jones, Stevie Ray Vaughan and salmon. Clive Myrie hosts. **See p40.** Series producer James Evans; Exec producers David Young, Jimmy Mulville, Kate Middleditch and Chris Jones Rptd Thu 12.10am (S) (HD)

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**3/8.** A team of celebrity drag queens, featuring the Vivienne, Tia Kofi, Kitty Scott-Claus and Lawrence Chaney, take part in the quiz. Ross Kemp hosts. Director John Smith; Series producer Nick Gunaydin (S) (HD)

### 6.50 Michael McIntyre's Big Show

**RT** **4/6 Series 6.** Singer/songwriter Lewis Capaldi hands over his phone in Send to All, before taking to the stage to perform *Forget Me*. One lucky football fan's dream comes true as he unknowingly signs for his team, and there's a feisty performance from the Unexpected Star of the Show. **See page 40.** Director Simon Staffurth; Series producer Lisa Kirk Repeated Tuesday 12.50am (S) (HD)

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### 8.50 Casualty

**RT** **Fight or Flight.** Jacob throws himself into work and Ethan has a revelation. **See page 40.**

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Ethan Hardy	George Rainford	Bron Leader	Connor Calland
Stevie Nash	Elinor Lawless	May Brooker	Sarah Champion
Dylan Keogh	William Beck	Marcus Fidel	Adam Sina
Paige Alcott	Shalisha James-Devis	Brandon Miller	Thomas O'Connell
Robyn Miller	Amanda Henderson	Ezra Woodhouse	Levi Bent
Faith Cadogan	Kirsty Mitchell	Nathan Woodhouse	Hero Del Valle Marfo
Theodore "Teddy" Gowan	Milo Clarke	Josh Milner	George Webster
Iain Dean	Michael Stevenson	James Head	Macaulay Cooper
Marty Kirby	Shaheen Jarfargholi	Maura Murphy	Bella Hamblin
Ashley Khatri	Alison Dowling	Paul Pegg	Paul Popplewell

Writer Rachel Harper; Producer Nest Gwennllian Roberts  
 Director David Innes Edwards (S) (AD) (HD)

### 9.40 Not Going Out

**5/6 Series 12. Jury.** When Lee does jury service, he manages to put the other 11 jurors on trial.

Lee	Lee Mack	Community support officer
Jill the phone woman	Katie Redford	Jocelyn Jee Esien
Usher	Reynah Rita	Jolyon Coy
Foreman	Colin McFarlane	Gwyneth Powell
Bigoted woman	Samantha Spiro	Joshua Grant

Writers Lee Mack and Daniel Peak; Director Nick Wood  
 Producer Jamie Rix (R) (S) (HD)

### 10.10 BBC News Weather

### 10.30 Match of the Day

Including highlights of Manchester United v Crystal Palace, Everton v Arsenal and Newcastle United v West Ham United. Gary Lineker presents. Producer Colm Harty; Editor Andy Fraser Rptd tomorrow 7.30am (S) (HD)

**12 midnight County Lines** ★★★★★ Crime drama starring Conrad Khan, Ashley Madekwe and Harris Dickinson. Bullied London schoolboy Tyler finds a welcome older brother figure in the enigmatic Simon. However, when Tyler starts delivering strange packages on his new friend's behalf, he begins to wonder if the "work" he's carrying out is entirely legal. Available on iPlayer for 30 days. **Review p47.** Director Henry Blake (2019, 15) (S) (W) (HD)  
 Also showing Friday 10.40pm BBC3

**1.25am Weather for the Week Ahead** (S) (HD)

**1.30-6.00am BBC News** (S) (HD)

**BBC1** Freeview 1/HD 101 Freesat 101/HD 106 Sky 101 Virgin 101

## BBC2

2

### Roy Orbison

**Night from 8.50pm**  
 You got it: a tribute to the incomparable Big O, pictured here in 1960s London



### 4.40pm Amanda and Alan's Italian Job

**5/8.** Amanda Holden and Alan Carr aim to transform the scruffy courtyard into a Mediterranean oasis. Shown yesterday BBC1 (S) (AD) (HD)

### 5.10 Flog It!

Experts James Lewis and Adam Partridge value items at Hopetoun House near Edinburgh. Director Vicki Lines; Series producer Louise Hibbins (R) (S) (HD)

### 5.50 Celebrity Antiques Road Trip

TV doctor Amir Khan and talk-show host Trisha Goddard tour the Home Counties in search of items to sell, aided by Tim Medhurst and Izzie Balmer. Series producer Joe Sharp; Exec producer John Redshaw (R) (S) (HD)

### 6.50 Great Continental Railway Journeys

Michael Portillo begins tonight's journey in the port of Batumi on the Caucasian Riviera in Georgia. Director Dave Minchin; Series producer Alison Kreps (R) (S) (AD) (HD)  
**RT TRAVEL** Spend eight days exploring Catalonia, staying in the town of Roses, and riding on the "little trains" of the Pyrenees: page 28

### 7.50 The Black Death: Lucy Worsley Investigates

The historian tries to understand what caused the plague, which spread to our shores in 1348 and proceeded to wipe out around half the population. Director Craig Collinson; Producers Penny Davies, Emma Frank, Julia Harrington and Becky Marshall (R) (S) (AD) (HD)

### 8.50 Roy Orbison at the BBC

**RT** A celebration of the rock 'n' roll star's career, captured through his appearances on British television. The Big O's story was in many ways a tragic one, full of family calamities and heartbreak, and his extraordinary voice captured all those emotions and more, bringing a new dimension to popular music, with Elvis Presley describing him as "the best singer in the world". Featuring performances of some of his many hits, including *Only the Lonely*, *Crying* and *Oh, Pretty Woman*. **See page 41.** (S) (HD)

### 9.20 Roy Orbison: in Dreams

Chronicle the career of the US singer/songwriter, illustrated with classic performance footage, home movies, photos and testimony from the man himself. Among the interviewees are Bruce Springsteen, kd lang, Chat Atkins, Emmylou Harris, David Lynch, Martin Sheen, Robert Plant and Bono, while songs include *In Dreams*, *Running Scared* and *You Got It*. Director Mark Hall (S) (HD)

### 10.50 Roy Sings Orbison

More than 30 years since the singer's death, another chance to see this 2017 documentary revealing his legacy as a beloved rock star and a devoted father via interviews with his sons Alex, Roy Jr and Wesley. Director Tony Harrison; Producer Peter Ridsdale Scott First shown on BBC4 (S) (HD)

### 11.20 Roy Orbison: One of the Lonely Ones

A biography of the singer and musician, casting new light on the triumphs and tragedies that beset his career. It features performances and home movies, and provides an insight into Orbison's Texas childhood. Director/Producer Jeremy Marre First shown on BBC4 (S) (HD)

**12.20am Gene Sings Pitney** The American singer/songwriter performs a selection of his hits, including *Backstage*, *Hello Mary Lou* and *Twenty Four Hours from Tulsa*. (R) (S) (HD)

**12.55 Our Flag Means Death 5/10.** Blackbeard tries his hand at being an aristocrat. Shown last Wednesday (S) (AD) (HD)

**1.25 What We Do in the Shadows** ★★★★★ Horror comedy starring Jemaine Clement and Taika Waititi. Four vampires sharing a flat in New Zealand struggle to fit into the modern world. Available on iPlayer for 9 months. Directors Jemaine Clement, Taika Waititi (2014, 15) (S) (AD) (W) (HD)  
 Also showing tomorrow 11.20pm BBC3

**2.45-3.30am Amol Rajan Interviews Bill Gates** A frank discussion with the Microsoft founder. Shown yesterday (S) (HD)

**BBC2** Freeview 2/HD 102 Freesat 102 Sky 102 Virgin 102



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## BBC2

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TV doctor Amir Khan and talk-show host Trisha Goddard tour the Home Counties in search of items to sell, aided by Tim Medhurst and Izzie Balmer. Series producer Joe Sharp; Exec producer John Redshaw (R) (S) (HD)

### 6.50 Great Continental Railway Journeys

Michael Portillo begins tonight's journey in the port of Batumi on the Caucasian Riviera in Georgia. Director Dave Minchin; Series producer Alison Kreps (R) (S) (AD) (HD)  
**RT TRAVEL** Spend eight days exploring Catalonia, staying in the town of Roses, and riding on the "little trains" of the Pyrenees: page 28

### 7.50 The Black Death: Lucy Worsley Investigates

The historian tries to understand what caused the plague, which spread to our shores in 1348 and proceeded to wipe out around half the population. Director Craig Collinson; Producers Penny Davies, Emma Frank, Julia Harrington and Becky Marshall (R) (S) (AD) (HD)

### 8.50 Roy Orbison at the BBC

**RT** A celebration of the rock 'n' roll star's career, captured through his appearances on British television. The Big O's story was in many ways a tragic one, full of family calamities and heartbreak, and his extraordinary voice captured all those emotions and more, bringing a new dimension to popular music, with Elvis Presley describing him as "the best singer in the world". Featuring performances of some of his many hits, including *Only the Lonely*, *Crying* and *Oh, Pretty Woman*. **See page 41.** (S) (HD)

### 9.20 Roy Orbison: in Dreams

Chronicle the career of the US singer/songwriter, illustrated with classic performance footage, home movies, photos and testimony from the man himself. Among the interviewees are Bruce Springsteen, kd lang, Chat Atkins, Emmylou Harris, David Lynch, Martin Sheen, Robert Plant and Bono, while songs include *In Dreams*, *Running Scared* and *You Got It*. Director Mark Hall (S) (HD)

### 10.50 Roy Sings Orbison

More than 30 years since the singer's death, another chance to see this 2017 documentary revealing his legacy as a beloved rock star and a devoted father via interviews with his sons Alex, Roy Jr and Wesley. Director Tony Harrison; Producer Peter Ridsdale Scott First shown on BBC4 (S) (HD)

### 11.20 Roy Orbison: One of the Lonely Ones

A biography of the singer and musician, casting new light on the triumphs and tragedies that beset his career. It features performances and home movies, and provides an insight into Orbison's Texas childhood. Director/Producer Jeremy Marre First shown on BBC4 (S) (HD)

**12.20am Gene Sings Pitney** The American singer/songwriter performs a selection of his hits, including *Backstage*, *Hello Mary Lou* and *Twenty Four Hours from Tulsa*. (R) (S) (HD)

**12.55 Our Flag Means Death 5/10.** Blackbeard tries his hand at being an aristocrat. Shown last Wednesday (S) (AD) (HD)

**1.25 What We Do in the Shadows** ★★★★★ Horror comedy starring Jemaine Clement and Taika Waititi. Four vampires sharing a flat in New Zealand struggle to fit into the modern world. Available on iPlayer for 9 months. Directors Jemaine Clement, Taika Waititi (2014, 15) (S) (AD) (W) (HD)  
 Also showing tomorrow 11.20pm BBC3

**2.45-3.30am Amol Rajan Interviews Bill Gates** A frank discussion with the Microsoft founder. Shown yesterday (S) (HD)

**BBC2** Freeview 2/HD 102 Freesat 102 Sky 102 Virgin 102



## ITV1

3

### Six Nations

4.00pm England's steadfast captain Owen Farrell will give no quarter to the old enemy



### 4.00pm Six Nations

#### RT England v Scotland

Mark Pougatch introduces live coverage from Twickenham (kick-off 4.45).

England kick off a new era under incoming coach Steve Borthwick following the turbulent departure of Eddie Jones. With the World Cup in France just seven months away, Borthwick must steady the ship after a third-place finish in the 2022 Six Nations and a string of dismal performances in the autumn Tests. Meanwhile, Scotland coach Gregor Townsend is aiming to emulate their 11-6 win at Twickenham in 2021 and secure a third consecutive victory over the old enemy for the first time in 51 years.

Commentary by Nick Mullins, Scott Hastings and Lawrence Dallaglio. **See page 40.**

Editor Phil Heslop (S) (HD)  
Italy v France tomorrow 2.15pm ITV1

**See feature: page 14**

### 7.00 The Masked Singer

6/8 Series 4. Joel Dommett presents another round of the musical masquerade, as the seven remaining mystery vocalists take to the stage once more – and with two contestants being unmasked in this evening's show, they'll all be hoping to keep their identities a secret, as the regular quartet of Jonathan Ross, Mo Gilligan, Davina McCall and Rita Ora try to decipher the clues and work out who's inside the costumes. Director DiCon Ramsey; Series producers Darren Brown, Ben Peart and Hannah Tomkins  
Repeated tomorrow 11.35am ITV2 (S) (AD) (HD)

### 8.30 Ant & Dec's Limitless Win

5/5 Series 2. The Georgie duo host the quiz with a potentially infinite jackpot, as married couple Nathan and Taylor return to continue their ascent of the money ladder. And mother and son Tracey-Jane and Troy from Liverpool attempt to win a life-changing sum of money, but will they manage to strike it rich tonight? Director Ollie Bartlett; Executive producers Stuart Shawcross, Gemma Nightingale, Victoria Ashbourne, Tom Blakeson (S) (HD)

### 9.30 The John Bishop Show

5/6 Series 2. The comedian hosts a lively mix of stand-up and interviews with his star guests, and checks the global comedy pulse with his team of stand-ups based around the planet. Director Jeanette Goulbourn; Series producer Cameron Banks  
Repeated Tuesday 10.45pm (S) (HD)

### 10.15 ITV News

Weather; Regional Weather (S) (HD)

### 10.30 Bradley & Barney Walsh: Breaking Dad

5/7 Series 5. The father-and-son duo head to Costa Rica, where Brad's fear of heights is put to the test on a hair-raising sightseeing tour, before they get their skates on to join a local roller-derby team. Continues Tuesday 9pm. Shown last Tuesday (S) (AD) (HD)

### 10.55 EFL Highlights

Goals, reaction and analysis from all today's matches in the EFL, including Norwich City v Burnley in the Championship.  
Producer Mark Scott Shown 9pm ITV4 Repeated tomorrow 9am ITV4 and Monday 11.45pm ITV1 (S) (HD)

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3.00 Unwind A sequence to calm the mind. (S) (HD)  
4.15–6.00am Love Your Weekend with Alan Titchmarsh Alan talks to actress Anita Dobson and chef Ainsley Harriott. Shown last Sunday (S) (HD)

ITV1 Freeview 3/HD 103 Freesat 103 Sky 103 Virgin 113/HD 103

+1 Freeview 35 Freesat 112 Sky 203 Virgin 114

## Channel 4

4  
7 in Wales

### Jojo Rabbit

9.00pm Scarlett Johansson and Roman Griffin Davis star in Taika Waititi's satire



### 3.50pm Château DIY

Near Limoges, Matt has an idea to overhaul a cellar into a quirky dungeon dining room. Series producer Matt Baker  
Executive producer Joff Powell (R) (S) (AD) (HD)

### 4.50 A Lake District Farm Shop

Ep 4 Series 2. Founder John Dunning reminisces on building the services in 1972 and his decision to open a farm shop in 2004. With that in mind, John's daughter Sarah, the current chair of the company, challenges development chef Jim to create an updated version of a popular 1970s dish. Series producer Zoe Thorman; Executive producers Pam Cavanagh and Dymna Jackson (R) (S) (AD) (HD)

### 5.50 Channel 4 News Sport; Weather (S) (HD)

### 6.20 Independence Day ★★★★★

Sci-fi adventure with Will Smith, Bill Pullman and Jeff Goldblum. The Earth faces its greatest challenge when alien spaceships take up positions above major cities. While world leaders speculate on the intentions of the visitors, cable-TV boffin David Levinson discovers that a signal emanating from the alien vessels is in fact a sinister countdown and the future of the human race hangs in the balance. **Review p47.**

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President Thomas J Whitmore	General William Grey	Robert Loggia	Randy Quaid
David Levinson	Jeff Goldblum	Constance Spano	Margaret Colin
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War-time satire with Roman Griffin Davis, Thomasin McKenzie and Scarlett Johansson. Jojo Betzler, an enthusiastic member of the Hitler Youth, is so fanatical in his devotion to the Third Reich that he often imagines the Führer himself popping up to offer friendly advice. But the boy's beliefs are seriously challenged when he discovers that his loving mother has been hiding a Jewish girl in their attic... Available on All 4 for 7 days. **Film of the Day: page 47.**

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Captain Klenzendorf	Sam Rockwell	Christoph	Luke Brandon Field

Director Taika Waititi (2019, 12) (S) (AD) (W) (HD)  
Also showing Tuesday 10pm 4seven

### 11.10 Hunter Killer ★★★★★

Action thriller starring Gerard Butler. When a US naval craft goes missing in the Arctic, a submarine captained by unorthodox commander Joe Glass is sent to investigate. It soon turns out that a rogue Russian admiral has staged a coup d'état and taken his country's president prisoner. As US White House officials make preparations for all-out war, Glass leads his men in an effort to save the day. **Review p47.**

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Admiral Charles Donnegan	Bill Beaman	Toby Stephens	Linda Cardellini
Captain Andropov	Gary Oldman	Jayne Norquist	Michael Nyqvist
Director Donovan Marsh (2018, 15) (S) (W) (HD)	President Dover		

Also showing Friday 10pm 4seven

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A family-run restaurant in Philadelphia. (R) (S) (SL) (HD)

### 2.10 The Simpsons

Homer becomes part of a successful comedy double-act. (R) (S) (AD) (HD)

### 2.35 Hollyoaks Omnibus. Cast Wed/Thu (S) (SL) (HD)

### 4.40 Jamie: Keep Cooking Family Favourites

Fish cakes poached in milk and chives. (R) (S) (AD) (HD)

### 5.05–6.00am Building the Dream A couple build a home in an old quarry in Cornwall. (R) (S) (AD) (HD)

Channel 4 F'view 4/HD 104 F'sat 104/HD 126 Sky 104 Virgin HD 104

+1 Freeview 15 Freesat 121 Sky 204 Virgin 142

## BBC4

9  
24 in Scotland

### North Sea Connection

9.00pm Ciara Kenny takes steps to thwart a smuggling ring



### 7.00pm Arctic with Bruce Parry

4/5. Canada. The adventurer visits the harsh wilderness of Canada's far north to live with the inhabitants and witness their annual spring hunt. He then heads south to Alberta to discover how native people cope when the oil industry moves into their territory. Director Rob Sullivan; Series producer James Smith  
Repeated tomorrow 2.55am (R) (S) (AD) (HD)

### 8.00 Simon King's Shetland Adventure

1/3. In this series from 2010, the naturalist sets out on an adventure with his wife and two-year-old daughter to experience life on the Shetland Islands for a year. Arriving in the summer of 2008, Simon searches for an orca whale and sets up a hide to observe Arctic terns. Executive producer Debbie Christie  
First shown on BBC2 (S) (AD) (HD)

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Ciara Kenny	Lydia McGuinness
Aidan Kenny	Kerr Logan
Moirá Kenny	Sinead Cusack
Bjorn Mattson	Claes Ljungmark
Tuva Palsson	Alida Morberg
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Lenny Brogan	Ryan Donaldson
Sgt Egan	Denis Conway
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James	Kieran O'Reilly
Evie	Lynn Rafferty
Bryan	Gavin O'Connor
Hana Walsh	Jeanne Nicole Ni Ainle

First shown on RTE 1 (S) (AD) (HD)

### 10.30 Early Doors

3/6 Series 2. Ken holds a quiz night. Duffy sinks into misery. (R) (S) (HD)  
11.00 4/6. Gossip is rife about Ken's on-off date with Tanya.

Ken	John Henshaw
Tanya	Susan Cookson
Mel	Christine Bottomley
Dean	Lee Ingleby
Joe	Craig Cash
Phil	James Quinn
Nige	Peter Wight
Duffy	Phil Mealey

Writers Craig Cash, Phil Mealey; Director Craig Cash  
Producers Lucy Ansbro, John Rushton (R) (S) (HD)

### 11.30 To the Manor Born

Series 3. Connections in High Places Richard wants to build a refrigeration plant in Argentina. Writers Peter Spence and Christopher Bond; Producer Gareth Gwenlan Shown last Tuesday (S)

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The police officers investigate a daring robbery at the local whiskey distillery. First shown on BBC1 Northern Ireland (S) (AD) (HD)

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A 1950s and 60s US countryside retreat for cross-dressers. Shown last Tuesday (S) (HD)

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A portrait by an unknown artist in Oxford's Bodleian Library. Shown last Mon (S) (SL) (AD) (HD)

BBC4 F'view 9/HD 106 F'sat 108 Sky 116 Virgin 108

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9.20–10.10 Casualty

## BBC2 NORTHERN IRELAND

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6.20 The Chronicles of Belfast: a year in the life of Northern Ireland's biggest city  
6.50 B&B by the Sea: television, stage and radio star Debbie McGee checks in to the B&B  
7.20–7.50 Restoration Rescue: Patrick Bradley follows the restorations of historic buildings

## Channel 5 listings are on leaf



## ITV1

3

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4.00pm England's steadfast captain Owen Farrell will give no quarter to the old enemy



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Italy v France tomorrow 2.15pm ITV1

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24 in Scotland

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9.00pm Ciara Kenny takes steps to thwart a smuggling ring



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Writers Craig Cash, Phil Mealey; Director Craig Cash  
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Writers Peter Spence and Christopher Bond; Producer Gareth Gwenlan. Shown last Tuesday (S)

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5.10pm Barra on the Bann: Barra Best travels along the River Bann  
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## Channel 5 listings are on leaf



# SATURDAY Freeview

Channel 5

5



**Secrets of the Royal Palaces 7.50pm** Jonathan Foyle visits Hampton Court

**5.35am Milkshake!** See page 46  
**10.00 New. The Smurfs** Smurfblossom and Brainy enter a parallel universe. (S) (HD)  
**10.20 Entertainment News** (S) (HD)  
**10.25 Friends Series 4.** Ross and Rachel reminisce about the good times.  
**10.55 Chandler and Joey** compete.  
**11.25 Chandler, Joey and Monica** set off to England for Ross's wedding to Emily.  
**11.55 Everyone** makes preparations for Ross's wedding in London. (S) (AD) (HD)  
**12.25pm The Wedding Singer ★★**  
 Romantic comedy starring Adam Sandler and Drew Barrymore. When wedding singer Robbie Hart's bride leaves him at the altar, his life falls apart. **Review p47.** Director Frank Coraci (1998, 12) (S) (W) (HD)  
**2.20 About Time ★★**  
 Sci-fi comedy with Domhnall Gleeson. When Tim turns 21, he learns that he can travel through time, and decides to use his gift to improve his life. **Review page 47.** Director Richard Curtis (2013, 12) (S) (W) (HD)  
**4.55pm Inside Cadbury: the Real Chocolate Factory**  
 The story of the business started almost 200 years ago by John Cadbury, which became one of the most famous chocolate brands in the world. (S) (HD)  
**6.20 5 News** (S) (HD)  
**6.25 Margaret: Duty before Happiness**  
 The life of Margaret Rose, the Queen's sister, who was determined to live her life as she wanted – even if that meant bringing the monarchy into disrepute. Directors/Producers Sam Budd, Nikki Seare and Toby Roebuck (S) (HD)  
**7.50 New. Secrets of the Royal Palaces**  
**5/8 Series 3.** The story of Henry VIII's renovation of Hampton Court, where his installations included its gardens and Great Hall. Plus a look at Buckingham Palace's 2002 Golden Jubilee Party. Directors/Producers Simon Newton, Pete Chinn, Gareth Prescott and Annabelle Draper (S) (HD)  
**8.50 New. Open All Hours: 50 Years of Laughter**  
 A celebration of Roy Clarke's sitcom, featuring interviews with Sir David Jason, Stephanie Cole, Barbara Flynn, Maggie Ollerenshaw, Johnny Vegas and Nina Wadia. **See page 41.** Producer/Director Mark Turnbull (S) (HD)  
**10.20 David Jason: All the Best Bits and More**  
 Sue Johnston narrates the story behind the actor's greatest TV creations. Director/Producer Colin Stone (S) (HD)  
**11.45 80s Greatest Pop Songs: 1981 2/10.** A look back at some of the most popular music videos from 1981. Directors/Producers Yvette Lyons, Chris Price-Morgan and Anna Cox (S) (HD)  
**1.35am New. Casino** (S) (HD) **3.35 George Clarke's Build a New Life in the Country:** renovating a Devon barn (S) (HD) **4.20 Cruising** with Jane McDonald (S) (SL) (HD)  
**5.10–5.35am House Busters** (S) (SL)  
**CS** F'view 5/HD 105 F'sat 105 Sky 105 Virgin 154/HD 105  
**+1** Freeview 46 Freesat 128 Sky 205 Virgin 155

BBC4 listings are overleaf

BBC3

23



**EastEnders 7.00pm** Jack tries – and fails – to take control of the situation

**7.00pm EastEnders**  
 Lola decides to be honest with Lexi. Shown last Monday BBC1  
**7.30 Lexi's reaction** to Lola's news shocks everyone. Shown last Tuesday BBC1  
**8.00 Lola's new client** isn't everything she seems to be. Shown last Wednesday BBC1  
**8.30 Zack** makes a big decision. Shown last Thu BBC1 Cast Mon/Thu BBC1 (S) (AD) (HD)  
**9.00 Two Pints of Lager and a Packet of Crisps**  
**1/9 Series 8.** Janet twists Gaz's arm into having a night in when he suggests his former girlfriend could babysit Corinthian.  
**9.30 2/9.** Louise struggles with her motherly duties – leaving her baby behind whenever she goes out.  
**10.00 3/9.** Wesley seeks advice from Gaz on the best way to win Donna's heart.  
**10.30 4/9.** Janet hopes to earn Gaz's respect by making an arrest as a police community support officer, but is out of her depth. A box set is on iPlayer. (S) (AD) (HD)  
**11.00 Bad Education**  
**3/6 Series 4. Prison.** Hoburn gives the kids a taste of what life in prison is like. Shown last Sunday BBC3 (S) (AD) (HD)  
**11.30 Charlotte in Sunderland**  
**1/10.** Charlotte Crosby showcases her home town of Sunderland. (S) (HD)  
**12 midnight 2/10.** Charlotte announces her pregnancy to the world. (S) (HD)  
**12.30am Who Stole Tamara Ecclestone's Diamonds?** (S) (HD) **1.25 Two Pints of Lager and a Packet of Crisps** (S) (AD) (HD)  
**3.25–3.55am Bad Education** (S) (AD) (HD)  
**BBC3 F'view 23/HD 109 (not Scot/Wales) F'sat 179/HD 107 Sky 117 (173 London; 141 Scot; 115 NI) Virgin 107 (157 Scot/Wales)**  
**ITV2**  
**6.00am Totally Bonkers Guinness World Records** (S) (HD) **6.35 Coronation Street Omnibus** (S) (SL) (AD) **9.00 Secret Crush** (S) (SL) (HD) **10.00 Dress to Impress** (S) (SL) (HD)  
**12 noon Catchphrase** (S) (HD) **12.45pm FILM The Sisterhood of the Traveling Pants** ★★ Drama starring Alexis Bledel (S) (W) (HD) **3.10 FILM The Flintstones in Viva Rock Vegas** ★★ Comedy prequel starring Mark Addy (S) (AD) (W) (HD) **4.55 FILM Despicable Me 3** ★★ Animated comedy adventure featuring the voices of Steve Carell, Kristen Wiig and Trey Parker. Reformed supervillain Gru discovers he has a long-lost twin, Dru. But Dru hopes he can convince his brother to resume his wicked ways... (S) (AD) (W) (HD)  
**6.40pm FILM Marley & Me** ★★ Comedy drama based on a true story, with Jennifer Aniston and Owen Wilson. Following their wedding, John Grogan buys his wife Jenny a cute but irrepressible labrador puppy called Marley, little realising their lives will never be the same again. (S) (AD) (W) (HD)  
**9.00 New. Love Island: Unseen Bits**  
 Exclusive footage from the villa. (S) (HD)  
**10.05 Kavos Weekender** Following the lives of British tourists and holiday reps in the Greek resort on the island of Corfu. (S) (HD)  
**11.05 Family Guy Series 13.** Lois books a couple's vacation, but it turns out to be a marriage counselling programme. (S) (AD) (HD)  
**11.35 Stewie** impregnates himself with Brian's DNA to save their friendship, while Peter and the guys try to make a viral video. (S) (AD) (HD)  
**12.05am American Dad!** (S) (AD) **1.00 The Emily Attack Show** (S) (HD) **1.45 Buffering** (S) (HD)  
**2.10–3.00am All American** (S) (HD)  
**ITV2** Freeview 6 Freesat 113 Sky 118 Virgin 115  
**+1** Freeview 29 Freesat 114 Sky 218 Virgin 116

ITV3

10



**Midsomer Murders 9.00pm** Barnaby looks into the death of a magistrate

**6.00am On the Buses** (S) **7.00 Rosemary & Thyme 1/8 Series 2. The Memory of Water**  
 The duo are hired by Martin Frazer to bring the walled garden of his family mansion back to life. Events take a mysterious turn when Martin's cousin Jim is found drowned – then Rosemary sees him alive again; **9.00 2/8 Orpheus in the Undergrowth.** A recovering alcoholic is found dead in the communal garden where Rosemary and Laura are working (S) **10.05 Inspector Morse: Series 6 Dead on Time.** The detective is haunted by the past when he investigates the apparent suicide of a terminally ill Oxford don and discovers an unexpected personal connection with the family; **12.20pm Happy Families**  
 When a business tycoon is found murdered, his mentally unstable wife and feuding sons come under suspicion; **2.30pm The Death of the Self.** The detective sets off to investigate an Englishwoman's death in Italy, dragging a reluctant Lewis along for the ride (S) (AD) (HD)  
**4.50pm Inspector Morse**  
**Series 6. Absolute Conviction.** The detective gains a taste of prison life while investigating the murder of an inmate jailed for a swindle, focusing his inquiries on the man's partners-in-crime. (S) (AD) (HD)  
**7.00 Midsomer Murders**  
**Series 2. Strangler's Wood.** Spurred into action by the discovery of a body in Midsomer Worthy's Raven's Wood, Barnaby and Troy re-examine three similar unsolved murders in the same village. (S) (AD)  
**9.00 Blood Will Out.** Local magistrate Hector Bridges, who has fallen out with some new-age travellers in Martyr Warren, is found dead. It appears, however, that he has more than one enemy. (S) (AD)  
**11.00 Vera**  
**3/4 Series 7. Broken Promise.** DCI Vera Stanhope investigates the murder of a student who has fallen to his death in suspicious circumstances. A new episode of Vera is tomorrow 8pm ITV1. (S) (AD) (HD)  
**1.05am On the Buses:** double bill (S)  
**2.10–2.30am Unwind** (S) (HD)  
**ITV3** Freeview 10 Freesat 115 Sky 119 Virgin 117  
**+1 F'view 59 (9pm–4am) F'sat 116 Sky 219 Virgin 174**  
**ITV4**  
**6.00am The Derby Through the Years** (S) (HD) **6.15 Minder** (S) (SL) (AD) **8.20 The NFL Show** (S) (HD) **9.30 New. Racing:** the Opening Show: from Sandown Park (S) (HD)  
**10.30 The Big Match Revisited** (S) (HD) **11.35 Dramatic Finishes** (S) (HD) **11.45 Minder** (S) (AD)  
**12.45pm Monster Carp** (S) (HD) **1.50 FILM Butch and Sundance: the Early Days** ★★ Comedy western starring William Katt (S) (AD) (W) (HD) **4.05 FILM The Comancheros** ★★ Western starring John Wayne (S) (W) (HD)  
**6.20pm FILM Thunderball** ★★ Oscar-winning adventure starring Sean Connery, Claudine Auger and Adolfo Celi. A Nato aircraft has been stolen and the world is threatened by its nuclear payload. Agent 007 is assigned the case. **Review page 77.** (S) (AD) (W) (HD)  
**9.00 New. EFL Highlights** Including Norwich City v Burnley, Rotherham United v Sheffield United and Reading v Watford in the Championship. Rptd 10.55pm ITV1 (S) (HD)  
**11.05 FILM Predator 2** ★★ Sci-fi thriller with Danny Glover and Gary Busey. (S) (W) (HD)  
**1.15am The Return of Sherlock Holmes:** a houseguest seeks Holmes's help (S) (AD) (HD) **2.15 The Protectors** (S) **2.45–3.00am Unwind** (S) (HD)  
**ITV4** Freeview 26 Freesat 117 Sky 120 Virgin 118  
**+1** Freesat 118 Sky 220 Virgin 175

Drama

20



**Atlantic Crossing 9.00pm** President Roosevelt takes on the isolationists

**7.10am Doctor Finlay: 1/6 Series 1.** The Highland GP is forced to intervene in a confrontation between Irish farm labourers and irate locals; **8.00 2/6.** Dr Cameron feels he is being forced out (S) **9.00 Sister Boniface Mysteries: 1/6.** At the Great Slaughter Mangold Wurzel Festival, the body of a woman is discovered stuffed in the Aunt Sally; **10.00 2/6.** A live gun is fired instead of a replica on a film set (S) (AD) (HD) **11.00 Sharpe: 3/3 Series 4. Sharpe's Mission.** The treacherous Brand tries to dupe Sharpe into helping him betray Ross to the French (S)  
**1.00pm Pie in the Sky: 1/10 Series 2.** Crabbe tracks down a peeping Tom; **2.00 2/10** Crabbe discovers a customer's body in the men's toilet; **3.00 3/10.** Fisher gives Henry an awkward assignment (S) **4.00 Inspector George Gently Repeated** 10.15pm (S) (AD) (HD)  
**5.55pm The Brokenwood Mysteries 3/6 Series 7. The Mask of the Demon**  
 When men attempt to rob the Brokenwood Savings Bank, Mike and the team must find out which one of them pulled the trigger that killed the bank manager. (S) (AD) (HD)  
**8.00 Father Brown**  
**1/10 Series 4. The Mask of the Demon.** The priest investigates the murder of a B-movie director when the production of *Demon Brides* comes to Kempleford. (S) (AD) (HD)  
**9.00 New. Atlantic Crossing**  
**11 4/8. Fires Spread.** Martha is pressured to exploit her friendship with Roosevelt as he defies isolationists to push the Lend-Lease Act, and Martha and the children get a surprise Christmas present. **See page 41.** (S) (HD)  
**10.15 Inspector George Gently**  
**2/4 Series 2. Gently in the Night.** Gently and Bacchus investigate the murder of a young woman whose corpse is discovered in a local church. Shown 4pm (S) (AD) (HD)  
**12.15am Taggart: 2/3 Series 8.** Jim investigates a series of murders (S)  
**3.10–4.00am Passport to Freedom: 4/8** Thomas Zumke launches an investigation of corrupt officials in Hamburg (S) (HD)  
**Drama Freeview 20 Freesat 158 Sky 143 Virgin 130**  
**+1** Freeview 60 Sky 243 Virgin 226  
**ITVBe**  
**7.00am Little Women:** LA (S) (HD) **7.50 Making It Home** with Kortney and Dave (S) (HD) **8.50 Be Beautiful** (S) (AD) (HD) **9.00 LittleBe** (HD)  
**12 noon Great Chocolate Showdown** (S) (HD)  
**2.00pm The Real Housewives of Atlanta** (S) (HD) **3.00 The Big Bake:** triple bill (S) (HD)  
**6.00pm Dinner Date** Model Rehema chooses three dates from five menus. (S) (HD)  
**7.00 Celebrity Dinner Date** *Love Island's* Marcel Somerville chooses three blind dates based entirely on menus created by five potential partners. (S) (AD) (HD)  
**8.00 The Singles Table** Four single women are hoping to find their Prince Charming at a fairytale wedding in Kent. (S) (HD)  
**9.00 Botched** Reality-TV star Dwight Eubanks says farewell to his nose. A woman's breast surgery has left an unsightly mark. (S) (AD) (HD)  
**10.00** A woman seeks help to remedy her facial disfigurement. (S) (AD) (HD)  
**11.00 Million Dollar Matchmaker** Patti Stanger helps a poker player having problems with dating, as well as a wedding planner focusing on her own love life. (S) (HD)  
**12 midnight Don't Be Tardy:** double bill (S) (HD)  
**12.55–1.00am Unwind** (S) (HD)  
**ITVBe** Freeview 28 Freesat 119 Sky 131 Virgin 119  
**+1** Virgin 120 (Scotland 162)



## More4

18



**Eight Out of Ten Cats Does Countdown** 11.05pm Rachel Riley

**8.55am** Food Unwrapped (AD) **9.30** A Place in the Sun: three episodes  
**12.30pm** Location, Location, Location **2.35** Come Dine with Me: from Worcestershire (AD)  
**5.15pm** **Four in a Bed** B&B owners in Knaresborough, Blackpool, Brighton and Colchester compete to be crowned the best.  
**7.55** **Amanda Owen's Farming Lives** Amanda visits Castle Farm near Newport in Monmouthshire. During the pandemic, the farm expanded to support four families with their dairy cows, chickens and the farm-shop business. She joins three generations of the farm-owning clan at the prestigious Usk Country Show, where younger family members display their calf-handling skills. (AD)  
**9.00** **24 Hours in A&E** A 75-year-old man is treated for a stab wound, while an 89-year-old former nursery nurse arrives on the ward, having been found at the bottom of the stairs at her home. (AD)  
**10.00** Paramedics bring 12-year-old Grace into resus after she falls down a flight of stairs, while Sarah and Andy are concerned for their ten-month-old son Dexter, who has a high temperature and is unresponsive. (AD)  
**11.05** **Eight out of Ten Cats Does Countdown** With guests Richard Ayoade, Katherine Ryan and David O'Doherty.  
**12.10am** With Miles Jupp and Sophie Duker.  
**1.15** 24 Hours in A&E (AD) **3.20-3.50am** A Place in the Sun: searching for a holiday home in the Axarquía region of southern Spain  
**More4** F'view 18 F'sat 124 Sky 136 Virgin 147  
**+1** Freesat 125 Sky 236 Virgin 196

## E4

13

**6.00am** Rude(ish) Tube **6.25** Don't Tell the Bride **7.20** Supernanny USA (AD) **8.20** Lego Masters Australia **9.45** **FILM** Megamind ★★★★★ Animated comedy adventure with the voices of Will Ferrell and Brad Pitt (AD) **11.35** Ramsay's 24 Hours to Hell and Back (AD)  
**1.35pm** Modern Family: five episodes **4.00** The Big Bang Theory: four episodes (AD)  
**6.00pm** **The Big Bang Theory** 14/24 Series 5. Leonard and Penny continue testing their rekindled relationship. (AD)  
**6.30** **15/24**. Leonard breaks his and Sheldon's room-mate agreement. (AD)  
**6.55** **FILM** **Eddie the Eagle** ★★★★★ Sports drama based on a true story, starring Hugh Jackman and Taron Egerton. Athletes assemble for the 1988 Winter Olympics where dreams are of gold medals and broken records. But an irrepressible ski jumper from the Great Britain team will make headlines around the world for an entirely different reason. (AD)  
**9.00** **Celebrity Gogglebox** Appraisals of *Planet Earth II* and *EastEnders*. (AD)  
**10.00** **Gogglebox** Opinions on *Bad Sisters* and *Nadiya's Everyday Baking*. (AD)  
**11.05** *Our Dementia Choir Sings Again* with Vicky McClure is appraised. (AD)  
**12.10am** First Dates: a songwriter meets a wedding photographer (SL) (AD) **1.15** Summer House **3.50-6.00am** Ramsay's 24 Hours to Hell and Back (AD)  
**E4** Freeview 13 Freesat 122 Sky 135 Virgin 106  
**+1** Freeview 30 Freesat 123 Sky 235 Virgin 146  
**E4 Extra** Freeview 31 Freesat 181 Sky 138 Virgin 337

## Really

17

**6.00am** Fantasy Homes by the Sea **7.00** Shopping **8.00** Antiques Road Trip **10.00** Dr Pimple Popper **1.00pm** A Place in the Sun **3.00** The Edinburgh Auction House **4.00** Helicopter ER **8.00** Saving Lives at Sea **9.00** **New series**. Ghost Hunters: investigating paranormal activity at the Pensacola Lighthouse **10.00** **New**. Ghost Brothers: Lights Out: Dalen, Juwan and Marcus head to the Trans-Allegheny Lunatic Asylum **11.00** Paranormal: Caught on Camera **12** **midnight** Kindred Spirits **1.00am** A Haunting **2.00** Shopping **4.00-6.00am** Antiques Road Trip  
**Really** Freeview 17 Freesat 160 Sky 142 Virgin 128

## Sky Arts

11



**Madness: the Get Up!** 8.00pm Live performances and comedy sketches

**6.00am** Spielberg and Williams: the Adventure Continues **6.30** André Rieu: Roses from the South **8.30** Tales of the Unexpected **11.00** The Agatha Christie Hour (AD)  
**12 noon** Cirque du Soleil: Kooza **2.00pm** Landscape Artist of the Year (AD) **3.00** Classic Albums (AD) **4.00** Pink Floyd: a Delicate Sound of Thunder **5.55** Pink Floyd: the Endless River: Ian Emes's interpretation of the band's 2014 album, filmed on location in London and Exmoor National Park  
**7.00pm** **Guy Garvey: from the Vaults** The Elbow frontman celebrates 1977, looking back at a long-lost Blondie performance, Marc Bolan's last TV appearance and the emergence of the punk movement.  
**8.00** **CHOICE** **New**. **Madness: the Get Up!** Film featuring live performances by the band combined with comedy sketches written by Charlie Higson, with guest appearances by Paul Weller and Roland Gift. **See page 40**.  
**9.50** **Madness: Before and After** The story of the band, tracing their journey from humble beginnings as a London pub band to the peak of their chart-topping success.  
**11.20** **Suggs: My Life Story** Julien Temple's film looks back at the life of Madness frontman, as Suggs goes on a quest to discover what happened to the father he never knew. (AD)  
**1.20am** The Story of the Jam: About the Young Idea: profile of the band **3.05** Isle of Wight Festival 2022 **4.30** The Great Songwriters **5.30-6.00am** Discovering: Elvis Costello  
**Sky Arts** Freeview 11 Freesat 147 Sky 130 Virgin 140/HD 123 BT 350/HD 365

## 4seven

49

**9.00am** Junior Bake Off: five editions (AD)  
**2.00pm** A New Life in the Sun: double bill  
**4.00** A Place in the Sun: double bill  
**6.00pm** **A Place in the Sun** Searching Andalusia in southern Spain for a holiday home.  
**7.00** A couple search for their dream holiday home on the Greek island of Corfu.  
**8.00** **Kirstie and Phil's Love It or List It** Kirstie Allsopp and Phil Spencer help Sarah and Jazzy decide whether to renovate or sell their four-bedroom semi-detached home in Cheshire. Shown last Wednesday C4 (AD)  
**9.00** **In the Footsteps of Killers** The case of 37-year-old north London father of two Robert Duff who disappeared in January 2013 after failing to show up at his daughter's 18th birthday party. Shown last Thu C4 (AD)  
**10.00** **Emergency Helicopter Medics** Medics scramble to the High Peak district, where a dirt-buggy crash has left a rider with serious injuries. A farm worker tears his arm on a potato harvester. Shown last Tue C4 (AD)  
**11.05** **24 Hours in A&E** Hospital staff deal with a spate of needle-spiking attacks. (AD)  
**12.10am** **Celebrity Gogglebox** (AD) **1.15** **Gogglebox** (AD) **2.15** Travel Man: 48 Hours in Marseilles (AD)  
**2.45** The Caribbean: Billionaires' Paradise (AD)  
**3.45-4.40am** Jon and Lucy's Odd Couples  
**4seven** F'view 49 F'sat 127 Sky 137 Virgin 143

## Quest

12

**6.00am** Gunslingers **8.00** Fifth Gear Recharged **9.00** Wheeler Dealers **2.00pm** Ambulance (AD)  
**3.00** Helicopter ER **4.00** Disasters at Sea **5.00** Supertrucks **6.00** Fifth Gear Recharged **7.00** Salvage Hunters: Classic Cars **8.00** The Woodland Workshop: the team makes a wooden water feature  
**9.00** The Repair Shop: Will Kirk sets about transforming a very special dolls' house **10.00** Ancient Unexplained Files: new digital technology reveals the origins of two mysterious Egyptian mummies **11.00** Hunt for King Arthur's Castle  
**12** **midnight** Hunting Hitler **1.00am** Nasa's Unexplained Files **3.00** Outback Opal Hunters **4.00-5.00am** How It's Made: double bill  
**Quest** Freeview 12 Freesat 172/HD 167 Sky 144 Virgin 169  
**+1** Freeview 70 Freesat 168 Sky 244 Virgin 213

## Yesterday

27



**Porridge** 10.00pm Fletch tackles the case of the missing pineapple chunks

**6.00am** Impossible Engineering: double bill (AD) **8.00** Bangers and Cash  
**1.00pm** Abandoned Engineering: triple bill (AD) **4.00** Bangers and Cash: two editions  
**6.00pm** **Bangers and Cash** The Mathewsons sell a 1958 Bedford D122 and a 1969 Vanden Plas Princess.  
**7.00** There is a triple collection of desirable cars in store for Derek when an MG Midget, an Austin-Healey "froggy" Sprite and an RS2000 come up for auction.  
**8.00** Dave's son Jack heads to Cheshire to collect two cars with a 35-year age difference And, luckily for Mathewsons, Lucy knows exactly what's been brought in for auction.  
**9.00** A 1970 Excalibur Roadstar, once owned by Roy Orbison, arrives at Thornton-le-Dale and Derek heads to County Durham to collect a 1935 Austin 7 Ulster.  
**10.00** **Porridge** The inmates are horrified to discover there is a thief at large in the prison.  
**10.40** Godber receives bad news, but can Fletcher's daughter Ingrid ease the pain?  
**11.20** Mackay takes a well-earned holiday.  
**12** **midnight** Bangers and Cash **1.00am** Forbidden History (AD) **2.00-3.00am** Impossible Engineering: the Gravity Industries Jet Suit (AD)  
**Yesterday** Freeview 27 Freesat 159 Sky 155 Virgin 129  
**+1** Freeview 74 Sky 255 Virgin 217

## Dave

19

**7.10am** Yianni: Supercar Customiser: double bill (AD) **8.00** Rick Stein's Spain (AD) **9.00** Rick Stein's French Odyssey: double bill  
**10.00** Top Gear (AD) **11.00** Soapbox Race  
**12 noon** Storage Hunters UK **1.00pm** Top Gear (AD) **2.00** World's Most Dangerous Roads **4.40** Mortimer & Whitehouse: Gone Fishing (AD)  
**6.00pm** **Would I Lie to You?** Guests include Patrick Kielty and Bernard Cribbins.  
**6.40** John Bishop, Chris Addison, Joanna Page and Patsy Palmer take part.  
**7.20** **Would I Lie to You?: The Unseen Bits** Unseen material from series four.  
**8.00** **Not Going Out 3/7 Series 8**. Lee, Lucy and the kids set off in their car to catch a ferry.  
**8.40** **4/7**. Lee and Lucy play hot-tub fantasy date with Anna and Toby.  
**9.20** **QI** With Rhys Darby and Jason Manford.  
**10.00** **Mock the Week** With Maisie Adam, Angela Barnes, Jen Brister and Ahir Shah.  
**10.40** Laura Lexx and Ahir Shah guest.  
**11.20** **QI** With guests Sarah Millican, David Mitchell and the Rev Richard Coles.  
**12** **midnight** Have I Got a Bit More News for You: Adil Ray hosts the news quiz **1.00am** Live at the Apollo **2.00** Whose Line Is It Anyway? USA  
**3.25-4.00am** Beat the Internet with John Robins  
**Dave** F'view 19 F'sat 157 Sky 111 (Wales 112) Virgin HD 127  
**Dave** **Ja Vu** Freeview 57 Sky 211 (Wales 212) Virgin 131

## London Live

8

**6.00am** London's Weekend **7.00** Skippy The Bush Kangaroo **8.00** Dork Hunters from Outer Space **9.00** Blandings **9.45** London Districts **10.00** The Prisoner **11.00** Blenheim **12 noon** Carluccio's Six Seasons **12.30pm** After Henry **1.00** **FILM** The Big Knife ★★★★★ Drama starring Jack Palance (BW) **3.15** **FILM** Return to Paradise ★★  
**5.00** **FILM** The World of Henry Orient ★★★★★ Comedy starring Peter Sellers **7.00** Private Lives of the Tudors **8.00** The Most Dangerous Ways to School **9.00** Mistresses **10.15** The Clothes in the Wardrobe  
**12** **midnight** **FILM** Deceit ★★★★★ Drama starring Michelle Pfeiffer **2.00am** Never the Twain **2.30** The Hidden City **3.00** The Brothers McGregors  
**3.30** News Rewind **5.00-6.00am** Talking Points  
**London Live** Freeview 8 Sky 117 Virgin HD 159  
*Available in London area only. Other regional stations available on Freeview 7 or 8 around the country*

## 5 USA

21

**9.00am** Entertainment News **9.10** Murder, She Wrote: nine back-to-back episodes (AD)  
**6.00pm** Murder, She Wrote: double bill.  
A sailing competition ends in murder, then Jessica comes to the aid of a friend's niece (AD) **8.00** Blue Bloods Series 2 **9.00** Criminal Minds Series 7. Double bill. Members of a family are murdered in their own home, then an undercover policeman goes missing **11.00** Law & Order: Special Victims Unit Series 21. Double bill. A CEO claims that she has been raped, then Rollins's sister reports a doctor who trades painkillers for sexual favours **12.55am** Law & Order: Criminal Intent **2.50** **New**. The Blacklist: Red struggles to stop a threat **3.35-4.00am** Thieves and Thugs: Caught on Camera

**5 USA** Freeview 21 Freesat 129 Sky 141 Virgin 153  
**+1** Freesat 130 Sky 241 Virgin 185

## 5 Star

32

**8.00am** Entertainment News **8.10** Filthy House SOS **9.00** Car Pound Cops: Give Me My Car Back! **11.05** **FILM** Hook ★★★★★ **2.00pm** **FILM** Night at the Museum 2 ★★★★★ Fantasy comedy sequel **4.10** **FILM** Steel Magnolias ★★★★★ Comedy drama starring Sally Field  
**6.35pm** **FILM** **You've Got Mail** ★★★★★ Romantic comedy starring Meg Ryan and Tom Hanks as the owners of rival New York bookshops. When Joe Fox threatens to put Kathleen Kelly out of business, he shares his misgivings about the closure of her store and other personal secrets with a chat-room partner – and makes a startling discovery.  
**9.00** **FILM** **Cast Away** ★★★★★ Adventure drama starring Tom Hanks and Helen Hunt. Overworked executive Chuck Noland is sent abroad on an assignment. When his plane crashes into the Pacific, Chuck is stranded alone on a remote, uninhabited island.  
**11.55** **FILM** **Basic Instinct** ★★★★★ Erotic thriller starring Michael Douglas and Sharon Stone.  
**2.30-4.00am** William and Kate: Too Good to Be True?: exploring the couple's relationship  
**5 Star** Freeview 32 Freesat 131 Sky 128 Virgin 151  
**+1** Freesat 141 Sky 228 Virgin 186

## 5 Action

33

**9.00am** Trucking Hell **10.00** Trucking Hell  
**11.00** Police Interceptors: triple bill  
**2.00pm** **FILM** Never So Few ★★★★★ **4.35** **FILM** The Three Musketeers ★★★★★  
**6.45pm** **FILM** **U-571** ★★★★★ Second World War action thriller starring Matthew McConaughey, Bill Paxton and Harvey Keitel. After the US Navy picks up a U-boat's distress signal in the Atlantic ocean, a team is assembled to capture the submarine and its top-secret Enigma code machine.  
**9.00** **FILM** **Lethal Weapon 3** ★★★★★ Action comedy thriller starring Mel Gibson, Danny Glover and Joe Pesci. Detectives Martin Riggs and Roger Murtaugh are demoted after an attempt to defuse a bomb results in the destruction of a building. But their return to the beat is short lived, and they are soon chasing a former cop involved in gun running.  
**11.20** **FILM** **Universal Soldier** ★★★★★ Futuristic action thriller starring Jean-Claude Van Damme and Dolph Lundgren.  
**1.25am** Seconds from Death: Caught on Camera: three editions **4.15** Winter Road Rescue  
**4.45-5.00am** Entertainment News

**5 Action** F'view 33 F'sat 132 Sky 150 Virgin 187/HD 150

## 5 Select

56

**9.00am** Entertainment News **9.15** GPs: behind Closed Doors **12.15pm** Forged in Fire **6.10pm** **Forged in Fire** The final two competitors fashion a Burmese Dha.  
**7.00** Smiths build the axe from *The Shining*.  
**8.00** **World War II in Colour** Charting the final days of Hitler and the Third Reich. (AD)  
**9.00** How Japan's savage resistance led to the decision to deploy the atomic bomb. (AD)  
**10.00** **Doomsday Volcano: the Next Pompeii** The history behind the supervolcano hidden beneath Yellowstone National Park.  
**11.30** **The Stuarts: a Bloody Reign** The Wynn family's lives during the reign of Charles I.  
**12.25am** Professor Kate Williams examines the Wynn family's return to favour.  
**1.25** Britain's Bloody Crown: Margaret Beaufort's role in placing Henry VII on the throne **3.25** The Yorkshire Vet **3.50-4.00am** Entertainment News  
**5 Select** F'view (HD only) 56 F'sat 133 Sky 153 Virgin 152

**FREEVIEW TV and film channels continue overleaf**



# SATURDAY Freeview & films



**Louis Theroux: Miami Mega Jail** 11.00pm Prison life

**6.10am** The Bill (S) **11.00** Tipping Point: six editions (S) **5.00pm** My Family: two episodes (S) (AD)  
**6.20pm** **My Family 9/11 Series 11** Susan hires a life coach whose services do not come cheap.  
**7.00 1/8 Series 1.** Susan and Janey change their dentist.  
**7.40 2/8.** Michael is having problems with a classmate.  
**8.20 3/8.** Brigitte arranges a blind date for Janey. (S) (AD)

**9.00 Miranda 1/6 Series 3** Penny threatens to cancel Miranda's Christmas.  
**9.40 2/6.** Gary decides to join the dating scene, while Penny decides to run for local councillor.  
**10.20 3/6.** Miranda is accused of being immature. (S) (AD) (HD)

**11.00 Louis Theroux: Miami Mega Jail** Louis examines life in Miami County Jail. (S) (AD)  
**12 midnight** Louis Theroux: Talking to Anorexia (S) (AD) (HD) **1.25am** Face to Face with Armageddon (S) (AD) (HD) **2.10-3.00am** Tipping Point: hosted by Ben Shephard (S) (HD)

**W** F'view 25 F'sat 156 Sky 132 Virgin HD 125  
**+1** Sky 232 Virgin 190

## Pick 36

**6.00am** Nothing to Declare (AD)  
**11.00** Border Security USA (AD)  
**12 noon** Highway Cops (AD)  
**1.00pm** Motorway Patrol **2.00** New series. Australia's Hidden Islands: Lady Elliot Island – the crown jewel of the Great Barrier Reef **3.00 New.** Secrets of Wild Australia: the marsupial family (AD)  
**4.00 New.** Bear: Koala Hero: the work of a dog in helping rescue injured koalas from burnt-out bushland (AD) **5.00 New.** Secret Life of the Wombat: mating season **6.00pm** Road Wars **8.00** The Force: Manchester **9.00** Caught on Dashcam **10.00** World's Most Evil Killers **11.00** Killer in My Village **12 midnight** Dan Brown's The Lost Symbol: the duo try to decipher the recent clue (AD) **1.00am** Night Cops **2.00** Border Security: America's Front Line **4.00-6.00am** Highway Patrol

**Pick** F'view 36 F'sat 144 Sky 151 Virgin 135

## HGTV 44

**7.00am** Escape to the Country **11.00** My Lottery Dream Home **3.00pm** The Restoration Man (AD) **8.00** Escape to the Country: Nicki Chapman helps a couple searching for a rural family home in the Wiltshire countryside **9.00** My Dream Derelict Home in the Sun: rebuilding an abandoned bungalow in Majorca **10.00** Escape to the Country: triple bill. A couple looking for a property in West Sussex **11.00** Searching for a rural home in south Cumbria **12 midnight** Ginny Buckley helps a couple search for a country home in rural Herefordshire **1.00am** Unsellable Houses **2.00** Escape to the Country: in Wiltshire **3.00-4.00am** The Restoration Man (AD)

**HGTV** F'view 44 F'sat 166 Sky 158 Virgin 286  
**+1** Sky 258 Virgin 290

**FREEVIEW channels continued from overleaf**



**Man v Food** 9.00pm Adam Richman tackles pancakes

**6.00am** Diners, Drive-Ins and Dives (S) (HD) **8.00** The Pioneer Woman (HD) **1.00pm** James Martin's Mediterranean (S) (HD) **3.00** Jamie and Jimmy's Friday Night Feast (S) (HD) **9.00** Man v Food: six editions. Adam Richman travels across the sea to Honolulu in Hawaii, where he faces a giant pancake challenge **9.30** In San Francisco, Adam faces a super-sized burrito and the infamous local belt-buster known as the Kryptonite sandwich **10.00** Adam travels to Springfield, Illinois, and takes on one of America's oldest eating contests – the Firebrand Chili Challenge

**10.30** Adam Richman combines his love of food and baseball, visiting three minor league stadiums renowned for their tasty cuisine **11.00** Adam travels to Boise, Idaho, to tackle the Double Big Jud – a burger featuring two frisbee-sized meat patties **11.30** Adam continues his challenge in Little Rock, Arkansas, where he attempts to consume a fiery pulled pork sandwich (HD) **12 midnight** Mystery Diners (S) (AD) (HD) **2.00-3.00am** Jamie and Jimmy's Friday Night Feast (S) (HD)

**Food Network** Freeview 43 Freesat 148 Sky 140 Virgin 285

## Great TV 50

**6.00am** Highway to Heaven: five episodes **11.00** Diagnosis Murder **6.00pm** Diagnosis Murder: three episodes. A plague threatens the city **7.00** Sister Michael hires a man with a troubled past **8.00** Dr Sloan is accused of murdering his accountant after he is discovered leaning over the dead body **9.00** Guilty until Proven Innocent: Garage Sale Mystery V **10.50** Movie News **11.00** Garage Sale Mysteries: the Novel Murders **12.50am** Movie News **1.00** Randall and Hopkirk (Deceased) **2.00-6.00am** Castle

**Great TV** Freeview 50 (limited) Freesat 142 Sky 157 Virgin 189 +1 Freesat 143 Sky 257

## RealityXtra 68

**9.00am** 48 Hours **12 noon** Donal MacIntyre's Murder Files **2.00pm** Medical Detectives: six editions. Investigators analyse hair found at a murder scene **2.30** Using orange fibres to solve a crime **3.00** A man is accused of killing his wife **3.30** Investigating fatalities in a Texas hospital **4.00** Police investigate two potentially related cases **4.30** The wife of a reputable doctor goes missing **5.00** Judge Judy **12.30am** World's Most Unexplained... **1.00** Psychic Private Eyes: double bill **3.00** 48 Hours **5.30-6.00am** Medical Detectives

**RealityXtra** Freeview 68 Freesat 134 Sky 147 Virgin 197

## BBC Parliament 232

**6.00am** Westminster Hall **11.00** PMQs **11.35** Scottish First Minister's Questions **12.35pm** Welsh First Minister's Questions **1.35** House of Commons **3.05** Scottish Parliament **4.05** House of Lords **6.00** Select Committees **12 midnight** PMQs **12.35am** Scottish First Minister's Questions **1.35** Welsh First Minister's Questions **2.35** House of Commons **4.05** Scottish Parliament **5.05-6.00am** House of Lords

**BBC Parliament** Freeview 232 Freesat 201 Sky 504 Virgin 605



**Revolution in Colour** 9.00pm The battle for independence

**8.00am** Beautiful Serengeti **8.40** Revolution in Colour **10.45** Ice Age Footprints (S) **11.55** Who Was the Real Neanderthal? **1.00pm** Beautiful Serengeti **1.40** Revolution in Colour **3.45** Benjamin Franklin: a Film by Ken Burns (S)

**6.15pm** **Ice Age Footprints** The thousands of prehistoric footprints in New Mexico's White Sands National Park. (S)  
**7.20** Who Was the Real Neanderthal? New archaeological discoveries about the Neanderthals.  
**8.25** Beautiful Serengeti **9/12.** The great herds pursue a nomadic way of life.  
**9.00** Revolution in Colour **1/2** The struggle for Irish independence in the early 20th century.  
**10.00 2/2.** The Irish civil war.

**11.00** Inside the Christchurch Mosque Attacks: Terror The 2018 terrorist attacks in New Zealand.  
**12 midnight** Who Was the Real Neanderthal? **1.05-2.00am** Beautiful Serengeti

**PBS America** F'view 84 (1pm-12 midnight only) Freesat 155 Sky 174 Virgin 273

## Blaze 64

**6.00am** Walking through History **7.00** Strangest Things **8.00** World's Deadliest Weather: Caught on Camera **11.00** Highway thru Hell **1.00pm** Pawn Stars: Best Of **2.00** Pawn Stars **3.00** Ancient Aliens **8.00** Deep Water Salvage: crews try to salvage the Costa Concordia **9.00** Paranormal Survivor: family members are terrorised by a supernatural beast near their trailer park **10.00** New. I Am a Killer: while burgling a house in Lufkin, Texas, David Lewis shot dead the 74-year-old homeowner. Here, he tells his story from death row **11.00** New. Homicide: Hours to Kill: the body of a 24-year-old student is found dumped in a Brooklyn neighbourhood **12 midnight** Court Cam **1.00am** Monsterquest **3.00-6.00am** Hardcore Pawn

**Blaze** F'view 64 F'sat 162 Sky 164 Virgin 199

## Challenge 48

**7.00am** The Chase **9.00** Wheel of Fortune (AD) **11.30** Family Fortune: double bill **12.30pm** All Star Family Fortunes **2.30** Strike It Lucky: triple bill of the madcap game show hosted by Michael Barrymore **4.00** Tenable: a family from Swansea attempt to win a cash prize **5.00** The Chase: four editions of the quiz show hosted by Bradley Walsh **9.00** The Celebrity Chase: comedian, actress and writer Meera Syal, former England rugby player and 2007 Dancing on Ice winner Kyran Barker, comic Johnny Vegas and fashion designer David Emanuel face the Chaser **10.00** The Chase **11.00** Bullseye: ten editions of the dartboard quiz game that tests contestants' darts skills and their general knowledge **4.00-6.00am** The Chase: double bill of the quiz show hosted by Bradley Walsh

**Challenge** Freeview 48 Freesat 146 Sky 145 Virgin 139

## CHILDREN'S Milkshake! on C5

**5.35am** Peppa Pig **5.40** Paw Patrol **5.50** Pip and Posy **6.00** Peppa Pig **6.10** Pip and Posy **6.20** Ben and Holly's Little Kingdom **6.30** Shane the Chef **6.40** Noddy: Toyland Detective **6.55** Fireman Sam **7.05** Thomas & Friends **7.15** Pip and Posy **7.25** Peppa Pig **7.30** Paw Patrol **7.45** New. Baby Shark's Big Show! **8.05** Pirata & Capitano **8.20** Santiago of the Seas **8.35** The Adventures of Paddington **8.50** Pop Paper City **9.05** Ben and Holly's Little Kingdom **9.10** Cooking with the Gills **9.25** Show Me How... **9.35** Mimi's World **9.45-10.00am** The World According to Grandpa

Full listings for Channel 5 are on p44

## CBeebies 202

**6.00am** Baby Jake **6.10** Twirlywoos **6.25** Bing **6.30** Love Monster **6.40** Chuggington **6.50** Go Jetters **7.00** Postman Pat: SDS **7.15** Bing **7.35** Hey Duggee **7.50** Go Jetters **8.00** Peter Rabbit **8.15** Octonauts **8.25** Chuggington **8.35** Blitz & Bob **8.50** The Furchester Hotel **9.00** Something Special **9.25** Bluey **9.40** Hey Duggee **9.55** Supertato **10.00** Spidey and His Amazing Friends **10.25** New. Pffirates **10.35** Swashbuckle **11.00** Pinocchio and Friends **11.15** Dog Loves Books **11.20** Tee and Mo **11.30** New. Kiri & Lou **11.35** Colourblocks **11.40** Olga Da Polga **11.50** JoJo & Gran Gran **12 noon** Big Cook Little Cook **12.20pm** Old Jack's Boat: Rockpool Tales **12.35** Hey Duggee **12.45** Messy Goes to OK10 **1.00** Blitz & Bob **1.10** Love Monster **1.25** Go Jetters **1.45** Dog Loves Books **1.55** Timmy Time **2.00** Something Special **2.20** Ranger Hamza's Eco Quest **2.35** Molly and Mack **2.50** Kiri & Lou **2.55** Pablo **3.05** Supertato **3.15** Messy Goes to OK10 **3.25** Grace's Amazing Machines **3.40** Andy's Wild Adventures **3.55** Roots and Fruits **4.00** Hey Duggee **4.05** Magic Hands **4.15** Treasure Champions **4.30** Supertato **4.40** Bluey **4.45** Andy's Wild Adventures **5.00** Ranger Hamza's Eco Quest **5.15** Katie Morag **5.35** Small Potatoes **5.35** Nick Cope's Popcast **5.45** Sarah & Duck **5.50** Charlie and Lola **6.05** Tee and Mo **6.10** Clangers **6.20** In the Night Garden... **6.50-7.00pm** CBeebies Bedtime Stories

**CBeebies** F'view 202 F'sat 608 Sky 608 Virgin 702

## CBBC 201

**7.00am** Shaun the Sheep **7.05** Sketchy Comedy **7.10** Danger Mouse **7.20** Dennis & Gnasher Unleashed! **7.35** Boy Girl Dog Cat Mouse Cheese **7.45** New. Newsround **7.55** Ninja Express **8.05** Odd Squad **8.20** Oswald **8.35** Ooglies Funszie **8.40** Pokémon: Sun and Moon – Ultra Adventures **9.00** New. Saturday Mash-Up! Live **11.30** Blue Peter **12 noon** The Football Academy **12.25pm** Dragons: the Nine Realms **1.10** Boy Girl Dog Cat Mouse Cheese **1.25** Danger Mouse **1.35** Shaun the Sheep **1.45** Dennis & Gnasher Unleashed! **1.55** Ninja Express **2.05** So Awkward **2.35** Odd Tubes **2.35** Princess Mirror-Belle **3.00** The Next Step **3.25** One Zoo Three **3.45** Game on Grandparents **4.10** Ninja Express **4.30** Dragons: the Nine Realms **4.55** Odd Squad **5.15** Kung Fu Panda: Secrets of the Masters **5.40-7.00pm** FILM The Next Step Live: The Movie ★★ (W)

**CBBC** F'view 201 F'sat 607 Sky 607 Virgin 701

## CITV 203

**6.00am** Dare Master **6.05** Lloyd of the Flies **6.35** Thunderbirds Are Go **7.05** Lego Monkie Kid: a Hero Is Born **8.00** Be Cool, Scooby-Doo! **8.25** 50/50 Heroes **8.55** Jurassic World Camp Cretaceous **9.25** Dare Master **9.30** Be Cool, Scooby-Doo! **10.30** Lloyd of the Flies **11.15** Mr Magoo **12.30pm** The Rubbish World of Dave Spud **1.00** Don't Unleash the Beast **1.30** Drop Dead Weird **2.00** DC Super Hero Girls **3.15** Inspector Gadget **3.30** Jurassic World Camp Cretaceous **5.00** Be Cool, Scooby-Doo! **5.30** Scooby-Doo! Mystery Incorporated **6.25** Tata and Kuma **6.30** Craig of the Creek **7.45** Mr Bean: the Animated Series **8.30** Spy School **8.55-9.00pm** Mission Emploable

**CITV** F'view 203 F'sat 602 Sky 612 Virgin 734

## FILMS Film4

**11.00am** **Charlotte's Web ★★** A clever spider called Charlotte uses her web-spinning talents to save a small pig from the chop in this warm, part-animated fantasy. Julia Roberts, Dakota Fanning (2006, U) (S)  
**12.55pm** **The Adventures of Tintin: the Secret of the Unicorn ★★** Visually arresting animated action adventure featuring the quiff-haired hero in a tale of sunken treasure. Jamie Bell, Andy Serkis (2011, PG) (S) (AD)  
**3.00** **The Bridge on the River Kwai ★★** POWs are forced by their Japanese captors to build a railway bridge in this terrific war drama. William Holden (1957, PG) (S) (AD)

**6.15pm** **The Karate Kid ★★** Stirring remake of the 1984 martial arts adventure, with Jaden Smith as the bullied kid who receives instruction from trainer Jackie Chan. (2010, PG) (S) (AD)  
**9.00** **War of the Worlds ★★** Steven Spielberg's dramatisation of the HG Wells alien-invasion classic boasts some spectacular special effects. Tom Cruise, Dakota Fanning (2005, 12) (S) (AD)

**11.15** **A Quiet Place ★★** Unbearably tense horror in which survivors of an invasion by killer creatures must keep silent to stay alive. John Krasinski (2018, 15) (S) (AD)  
**1.00-3.10am** **How I Live Now ★★** Futuristic drama about a teenager who falls in love during a nuclear crisis. Saoirse Ronan (2013, 15) (S)  
**Film4** Freeview 14 Freesat 300 Sky 313 Virgin 428  
**+1** Sky 47 F'sat 301 Sky 314 Virgin 430

## Talking Pictures TV 82

**6.00am** **Minesweeper ★★** Decent wartime tale with Richard Arlen. (1943, U) (S) **7.20** **Stormy Crossing ★★** There's foul play during a cross-Channel swim in this murder mystery. John Ireland (1957, PG) (S) **9.00** **Saturday Morning Pictures** Vintage serials, plus *Tarzan and the Trappers* (1958). (S)  
**12 noon** **Riders to the Stars ★★** Dry and rather textbook sci-fi. William Lundigan (1954, U) (S) **1.40pm** **The Outer Limits** 1960s TV sci-fi anthology series. (S) **2.40** **Smart Aleck ★★** Bizarre crime drama about a man who plots to kill his uncle to inherit his fortune. Peter Reynolds (1951, U) (S) **3.50** **Albert, RN ★★** There's bags of charm in this wartime drama about the dummy prop used to fool guards in a PoW camp. Anthony Steel (1953, PG) (S)  
**5.35** **The Mummy ★★** Hammer scare-fest with archaeologist Peter Cushing fending off Christopher Lee's shambling monster. (1959, PG)  
**7.20pm** **The Steel Bayonet ★★** Well-staged British war drama about a platoon that attempts to hold a farmhouse during an Allied attack on Tunis. Leo Genn (1957) (S)  
**9.00** **The Four Just Men** TV crime drama with Vittorio De Sica. (S)  
**9.30** **Harpur and Iles** TV murder mystery starring Hywel Bennett and Aneurin Hughes. (S)  
**11.20** **Confessions of a Window Cleaner ★★** Dire sex comedy. Robin Askwith, Anthony Booth, Sheila White (1974, 18)  
**1.15am** **Where Has Poor Mickey Gone? ★★** Warren Mitchell stars in this dark fantasy drama. John Malcolm (1964) (S) **2.25** **Alien Nation ★★** Smart sci-fi thriller in which a human cop teams up with his alien counterpart to solve a murder. James Caan (1988, 18) (S) **4.10-5.50am** **Borderline ★★** Intriguing romantic crime caper. Fred MacMurray (1950, PG) (S)  
**Talking Pictures TV** Freeview 82 Freesat 306 Sky 328 Virgin 445





## FILM REVIEWS

## Sky Premiere

**6.00am The Last Son** As 11.55pm  
**7.45 Dakota** As 8pm **9.30 Father Stu** As 9.45pm **11.40 Jurassic World: Dominion** As 5.30pm **2.10pm Ride the Eagle** ★★ Amiable comedy in which a 40-something must complete a to-do list to gain a bequest. (2021, 15)  
**3.40 Alice** ★★ Keke Palmer plays an escaped slave in this bold drama. Common, Jonny Lee Miller (2022, 15)  
**5.30pm Jurassic World: Dominion** ★★ Exciting but rather clunky send-off to the dino franchise. Chris Pratt, Bryce Dallas Howard (2022, 12)  
**8.00 Dakota** ★★ Warm-hearted drama about a widow and her daughter who take on her soldier-husband's loyal dog. Abbie Cornish (2022, PG)  
**9.45 Father Stu** ★★ Mark Wahlberg plays an amateur boxer who finds his calling as a priest in this unconvincing drama. (2022, 15)  
**11.55 The Last Son** ★★ Promising western in which an outlaw sets out to murder his children. (2021, 15)  
**1.40am Ride the Eagle** As 2.10pm  
**3.15 Alice** As 3.40pm **5.05 Sky Cinema Preview**  
**Sky Premiere Sky 301 Virgin 401 BT 501/HD 515 +1 Sky 312**

## Great Movies

**9.10am Status: Unknown** ★★ Mystery thriller. Stacey Oristano (2014) **11.10 Stolen Innocence** ★★ Routine crime drama. Gina Philips (2007) **1.15pm Killer Cover Up** ★★ Lurid made-for-TV mystery thriller. René Ashton, Cece Kelly (2021) **3.05 Saints and Soldiers: Airborne Creed** ★★ Second World War action drama. Corbin Allred (2012, 12)  
**4.55 Saints and Soldiers: Battle of the Tanks** ★★ Watchable wartime action. Danor Gerald (2014, 12)  
**6.45pm Battle Los Angeles** ★★ Aaron Eckhart leads a misfit platoon against alien invaders in this entertaining sci-fi action flick. (2011, 12)  
**9.00 Kingdom of Heaven** ★★★★★ Exciting historical drama, skilfully directed by Ridley Scott. **Review, right.** Orlando Bloom, Eva Green (2005, 15)  
**11.55 Life** ★★ Sci-fi horror set aboard a space station. Jake Gyllenhaal, Rebecca Ferguson, Ryan Reynolds (2017, 15)  
**2.00am Vincent N Roxxy** ★★ Violent thriller. Emile Hirsch (2016, 15)  
**4.05-5.50am Daddy Day Camp** ★★ Half-hearted comedy. (2007, PG)  
**Great Movies Freeview 34 Freesat 302 Sky 321 Virgin 425 +1 Freeview 61 (limited 10pm-5am) Sky 322**

## Great Romance

**6.00am Walking the Dog** ★★ Silly but likeable TV romcom. (2017)  
**8.00 Harvest Moon** ★★ Amiable romantic yarn. (2015, 10) **10.00 All of My Heart** ★★ Unoriginal romcom. (2015) **12 noon Harvest Love** ★★ Pretty but vapid romcom. (2017)  
**2.00pm A Dash of Love** ★★ Inviting romance. (2017) **4.00 Snowkissed** ★★ Cosy romcom. (2021)  
**6.00pm Valentine's Again** ★★ A woman is forced to relive the same 24 hours over and over. (2017)  
**8.00 Love on the Menu** ★★ Romance blossoms between a chef and a frozen food executive. (2019)  
**10.00 I Do, I Do, I Do** ★★ Fluffy but fun romcom. Autumn Reeser (2015)  
**11.50 The Baby Proposal** ★★ Perky, totally absurd romance. (2019)  
**1.30am Love on Harbor Island** ★★ Ridiculous romance. (2020) **3.00 Blue Moon Ball** ★★ Sweet romance. (2021)  
**4.30-6.00am Forever in My Heart** ★★ Romance. (2019)  
**Great Romance Freeview 52 (limited) Freesat 303 Sky 319 Virgin 424 +1 Fview 63 (limited 10pm-5am) Fsat 304 Sky 320**

## TCM Movies

**6.00am Close Up** **8.20 Off Set** **8.35 The Man from UNCLE**: double bill **10.50 To Trap a Spy** ★★ One of the best spin-offs from TV spy show *The Man from UNCLE*. Robert Vaughn, David McCallum (1966) **12.45pm Guns for San Sebastian** ★★ Bombastic western with a great score from Ennio Morricone. Anthony Quinn (1968, PG) **3.00 Hellfire** ★★ Thoughtful western about a gambler who pledges to build a church. William Elliott (1949) **4.50 Cahill, United States Marshal** ★★ An ageing John Wayne plays a marshal in this gruff, good-looking western. (1973, 15)  
**6.55pm A Thunder of Drums** ★★ A bitter cavalry captain and an inexperienced lieutenant clash in this well-made western drama. (1961)  
**9.00 USS Indianapolis: Men of Courage** ★★ Shambolic retelling of a US Navy disaster. Nicolas Cage (2016, 15)  
**11.45 Point Break** ★★ A lack of tension blights this remake of the action film about a gang of extreme sports-loving criminals. (2015, 12)  
**2.00am Teleshopping** **4.10 Off Set** **4.30 Close Up**  
**TCM Movies Sky 315 Virgin 415 +1 Sky 316 Virgin 417**

## Great Movies Action

**6.00am Suicide Mission** ★★ Convulsed war drama. (1970, 15) **7.25 Bomb at 10:10** ★★ Wartime adventure. (1967) **9.15 The Ravagers** ★★ By-the-numbers war drama. (1965)  
**11.00 Red Rose of Normandy** ★★ Poorly made drama. (2011, 12) **1.05pm They Rode West** ★★ Exciting western. Robert Francis, Donna Reed (1954, U)  
**2.50 Revolt at Fort Laramie** ★★ Low-budget western. John Dehner (1957, U)  
**4.30 Union Pacific** ★★ Epic railroad tale. Barbara Stanwyck (1939, U)  
**7.20pm Utah Blaine** ★★ A gunslinger gets mixed up in a range war. Rory Calhoun, Susan Cummings (1957)  
**9.00 Ca\$hl** ★★ Watchable crime thriller in which a suitcase of money falls into a couple's possession. Sean Bean, Chris Hemsworth, Victoria Profeta (2010, 15)  
**11.10 First Kill** ★★ Unconvincing kidnap drama. Bruce Willis (2017, 15)  
**1.10am How I Spent My Summer Vacation** ★★ Bloody action thriller. Mel Gibson (2012, 15) **3.10-4.00am Bombers of the Second World War**  
**Great Movies Action Freeview 42 (limited) F'sat 305 Sky 323 Virgin 426 +1 Sky 324**

## Legend

**7.00am World's Most Unexplained...**  
**8.00 Premonition** ★★ Uneven supernatural action thriller. Casper Van Dien (2004) **10.00 Walker, Texas Ranger**: five episodes **3.00pm The Gambler Returns: The Luck of the Draw**: western drama mini-series starring Kenny Rogers and Reba McEntire  
**6.50pm 30,000 Leagues under the Sea** ★★ Bargain-basement update of Jules Verne's classic adventure. Lorenzo Lamas, Sean Lawlor (2007)  
**8.30 The Twilight Zone** TV sci-fi.  
**9.00 The Factory** ★★ Tired serial killer thriller in which a detective takes the law into his own hands. **Review, right.** John Cusack (2012, 15)  
**11.05 Howl** ★★ Werewolves pick off train passengers in this familiar but stylish horror, carried by an able cast. Ed Speleers, Shauna Macdonald (2015, 18)  
**12.55am Let Us Prey** ★★ Half-baked supernatural horror about the silly rather than scary. (2014, 18)  
**2.45-4.30am Assault on Precinct 13** ★★★★★ Lean, violent and terrifically tense thriller about a Los Angeles police station under siege. Austin Stoker, Darwin Joston (1976, 15)  
**Legend F'view 41 F'sat 137 Sky 148 Virgin 149**



## Jojo Rabbit

**SATIRE** Taika Waititi writes, directs and stars in this Second World War story, which takes a comedic approach to the most sensitive of subjects. Ten-year-old Jojo (Roman Griffin Davis) is a devoted member of the Hitler Youth and has the most improbable of imaginary friends in the form of a fatherly version of Adolf Hitler (played by Waititi). But when Jojo befriends a Jewish girl in hiding (Thomasin McKenzie), he is forced to confront the horrific reality of his idol's actions. Waititi's unique film deftly alternates sincerity with eccentricity. **EMMA SIMMONDS** (US/NZ/ Cz Rep 2019, violence, swearing, sexual references, discriminatory language, HD)

## The Wedding Singer

12.25-2.20pm C5

**ROMCOM** Adam Sandler is pitch-perfect in his role here as a cabaret wedding singer who falls in love with a waitress (Drew Barrymore) only to discover that she's engaged to someone else. The chemistry between the stars works like a charm and director Frank Coraci has great fun with the mid-1980s setting. **ALAN JONES** (US 1998, edited for language, HD)

## About Time

2.20-4.55pm C5

**ROMCOM** Richard Curtis's yarn stars Domhnall Gleeson as a man who turns 21 and learns that he can travel through time. He uses this ability, perhaps inevitably, to get a girlfriend (Rachel McAdams). But it isn't the boy-meets-girl story that gives this film its heart, but rather Gleeson's relationship with his dad, played by Bill Nighy. **ALEXIA SKINITIS** (UK 2013, edited for content, HD)

## The Lady Vanishes

3.05-4.40pm BBC2

**THRILLER** Filled to bursting with invention, this Alfred Hitchcock film sees Dame May Whitty disappear from a train,

leaving Margaret Lockwood and Michael Redgrave to solve the mystery. A bandaged body, a mad magician and a gripping shoot-out all add to the fun. Showing in a Hitch double bill with *The 39 Steps*. **CALUM BAKER** (UK 1938, BW, HD)

## Independence Day

6.20-9.00pm C4

**SCI-FI** No film had presented the destruction of the Earth on such an epic scale before this blockbuster. The story is simple: alien spacecraft take up positions over major cities and then set about destroying everything below. Will Smith, Jeff Goldblum and Bill Pullman lead the cast, but this is largely a showcase for some tremendous special effects. **JOHN FERGUSON** (US 1996, edited for violence, language, HD)

## Kingdom of Heaven

9.00-11.55pm

**EPIC** Ridley Scott directs this action adventure set during the Crusades. Blacksmith Orlando Bloom finds himself dragged to the Holy Land, where peace breaks down and Jerusalem must be defended against overwhelming odds. The centerpiece siege is breathtaking, the characters colourful and the dialogue intelligent. **BRIAN PENDREIGH** (US/UK/Sp/Ger 2005, violence)

## The Factory

9.00-11.05pm Legend

**THRILLER** After his daughter becomes the latest victim of a serial killer, cop John Cusack takes the law into his own hands, which puts extra pressure on his relationship with his detective partner (Jennifer Carpenter). This is an undeniably stylish movie, but the mechanical plotting and performances, along with a host of clichés, strip it of suspense. **JF** (US/Can/ Fr 2012, violence, swearing, sex scenes)

## Hunter Killer

11.10pm-1.20am C4

**ACTION** Gerard Butler stars as the captain of a submarine that's the only thing standing between peace and nuclear war. As predictable as it all may be, the action is intense and we get to enjoy Gary Oldman yell his way through the movie as a Washington official, while Toby Stephens is machismo personified as the leader of a team of Navy SEALs. **JAMES LUXFORD** (Chi/US 2018, violence, swearing, HD)

## County Lines

12 midnight-1.25am BBC1 (starts 1.15am in Scotland)

**CRIME** A mother and son come of age in this unflinching drama. Tyler (Conrad Khan) is unengaged at school and babysits his sister while his single mum works nights. This makes him easy prey for the manipulative Simon (Harris Dickinson), who gets Tyler to run drugs. Writer/director Henry Blake delivers an excruciatingly raw film that never flinches from its real-life horrors. **DAVID PARKINSON** (UK 2019, violence, swearing, drug abuse, HD)

## Sky Cinema picks

**Mamma Mia!** ★★★★★  
 12.05-2.10pm **Sky Valentines**  
 Joyous Abba musical. (2008, PG)  
 Sky 302, Virgin 402, BT 502/516

## Days of Thunder

6.00-8.00pm  
**Sky Tom Cruise**  
 A cocky racing driver falls for his doctor. (1990, 15)  
 Sky 304; Virgin 404; BT 504/518

## Selma

10.10pm-12.20am **Sky Drama**  
 David Oyelowo stars as Martin Luther King. (2014, 12)  
 Sky 310; Virgin 410; BT 510/524

**Films to stream from p32**  
 Netflix, Amazon, Disney+ and more



## Sky Showcase



**Fatboy Slim: Right Here, Right Now** 10.00pm The DJ

**6.00am** Amazing Animal Friends (S) (HD) **8.00** The Fresh Prince of Bel-Air (S) (HD) **9.30 New.** Soccer AM (HD) **11.00 LIVE** Women's Super League Football: Leicester City v Manchester City from the King Power Stadium (kick-off 11.30) **2.00pm** The Simpsons: double bill (S) **3.00 New.** Soccer Saturday **5.00** Hitler's Secret Bomb (HD)

**6.00pm Strangest Things Ep 5 Series 2.** Perplexing and unusual historical objects. (HD)

**7.00 An Idiot Abroad 5/8 Series 1.** Karl visits Egypt. (S) (AD)

**8.00 Meet the Parents ★★**

Comedy starring Robert De Niro and Ben Stiller. Male nurse Greg Focker wants to propose to his girlfriend Pam, but decides to ask the permission of her old-fashioned father, Jack, a former CIA agent. (S) (W) (HD)

**10.00 Fatboy Slim: Right Here, Right Now** Documentary about the Big Beach Boutique II free event on Brighton beach in 2002.

**11.45 Fantasy Football League Ep 2 Series 2.** With guests Maisie Adam and Mo'Nique. (HD)

**12.20am** Hold the Front Page (S) (AD) (HD) **1.20** Never Mind the Buzzcocks (S) (AD) (HD) **2.05** The Force: North East (S) **3.00-6.00am** Nothing to Declare: six episodes (S)

**Sky Showcase Sky 106** Virgin 109 BT 340/HD 355 **+1 Sky 206**

## Sky Sci-Fi

**6.00am** Most Haunted **8.00** Home Shopping **11.00** Fact or Faked: Paranormal Files **12 noon** The Outpost: five episodes

**5.00pm Stargate SG-1 8/22 Series 4.** Daniel is captured and held prisoner by a Unas uncovered during an archaeological dig.

**6.00 9/22.** Two civilisations try to colonise the same planet, leaving the team striving to discover a fair solution to the dilemma.

**7.00 10/22.** The team are brainwashed, given new memories and put to work in the mines beneath an ice-covered planet.

**8.00 11/22.** O'Neill and the team investigate a conspiracy theorist who claims he is an alien and in possession of a spaceship. **9.00 12/22.** The test flight of a Goa'uld death glider sends Teal'c and O'Neill hurtling through space, leaving the crew at the SGC struggling to rescue them.

**10.00 Evil Dead ★★**

Horror remake starring Jane Levy, Shiloh Fernandez and Lou Taylor Pucci. Four friends decamp to an isolated cabin in the woods to help drug addict Mia kick her habit. However, when one of them quotes from an ancient book of the dead, the forces of hell are unleashed and no one is safe. **12 midnight** Reginald the Vampire **2.00am** Wynonna Earp: double bill **4.00** Star Trek: The Next Generation **5.00-6.00am** Most Haunted

**Sky Sci-Fi Sky 139** Virgin 122 BT 348/HD 361 **+1 Sky 229**

## Sky Atlantic



**Game of Thrones 7.50pm** Can Jon prove his worth?

**6.00am** Richard E Grant's Hotel Secrets (S) (AD) (HD) **9.00** The Sopranos: five episodes (S) (HD)

**2.25pm Ray Donovan 9/12 Series 2.** Ray and Abby put Bridget in a difficult position.

**3.30 10/12.** Ray steps in when Ashley's stalker returns.

**4.35 11/12.** Mickey, Terry and Mr Keith try to execute a robbery.

**5.40 12/12.** Mickey and Darryl discover their haul is significantly less than expected, while Abby is torn between Ray and Jim.

**6.45 1/12 Series 3.** Ray is enlisted by a wealthy family to free their kidnapped son. (S) (AD)

**7.50 Game of Thrones 10/10 Series 2.** Theon Greyjoy stirs his men into action, and Jon proves his worth to Qhorin Halfhand.

**9.00 1/10 Series 3.** Daenerys arrives in Slaver's Bay looking to form an army, while Jon Snow tries to earn the trust of wildling leader Mance Rayder.

**10.05 2/10.** Margary and her grandmother encourage Sansa to speak freely about Joffrey.

**11.10 3/10.** Jaime strikes a deal with his captors. (S) (AD) (HD)

**12.15am** Game of Thrones (S) (AD) (HD) **1.20** The Wire (S) (AD) **2.30** In Treatment (S) (HD) **3.00** Richard E Grant's Hotel Secrets (S) (AD) (HD) **4.00-6.00am** Urban Secrets (S)

**Sky Atlantic Sky 108** (Wales 109) BT 342/HD 357 **+1 Sky 208** (Wales 209)

## Sky Witness

**6.00am** Bondi Rescue (S) (HD) **7.00** Border Patrol (S) **10.00** Stop, Search, Seize (S) (AD) (HD) **11.00** The Force: Manchester (S) (HD) **12 noon** UK Border Force (S) (AD) (HD) **1.00pm** Caught on Dashcam (S) (HD) **2.00** Nothing to Declare (S) (HD)

**7.00pm Blue Bloods 7/16**

Series 11. After witnessing a drive-by shooting, Danny clashes with the detective assigned to the case, while Jamie's childhood friend thinks she has solved a murder. (S) (AD) (HD)

**8.00 Coroner 12/12 Series 4** In part two of the season finale, Jenny and Peggy face one another in a crazed scramble for life. A gangster makes Donovan reconsider his future. (S) (HD)

**9.00 The Rookie Ep 1 Series 5** Officer John Nolan comes face to face with killer Rosalind Dyer. Officers Bradford and Chen go under cover to snare a criminal enterprise's leaders. (S) (HD)

**10.00 New Amsterdam 13/13 Series 5.** In the series finale, everyone's story reaches a surprising conclusion. (HD)

**11.00 Law & Order: Special Victims Unit Ep 4 Series 23.** The SVU hunts for a rapist targeting mothers with young children. (S) (HD)

**12 midnight** Elementary (S) (HD)

**1.00am** Blue Bloods (S) (AD) (HD)

**2.00-6.00am** Nothing to Declare: eight back-to-back editions (S) (HD)

**Sky Witness Sky 107** Virgin 110 BT 341/HD 356 **+1 Sky 207** Virgin 163

## Sky Max



**Freddie Fries Again 8.00pm** A trip to Northumberland

**6.00am** Supergirl (S) (HD) **10.00** Grimm (S) (AD) **2.00pm** Hawaii Five-O: three episodes (S) (HD)

**5.00pm Agatha Raisin** A news article hurts Agatha's business, but then one of Charles's wealthy friends asks her to investigate a series of death threats. (S) (AD) (HD)

**7.00 An Idiot Abroad 5/8**

Series 1. Karl Pilkington's journey continues in Egypt, taking a boat ride down the Nile. (S) (AD) (HD)

**8.00 Freddie Fries Again 1/6** Series 2. Andrew Flintoff and Rob Penn set off on more adventures in their chip van. (S) (AD) (HD)

**9.00 A League of Their Own Road Trip: Dingle to Dover 5/6 Series 1.** Previously unseen moments from the trip. (S) (AD) (HD)

**10.00 Hold the Front Page 5/6** Nish Kumar and Josh Widdicombe work for the Northamptonshire Telegraph. (S) (AD) (HD)

**11.00 Banshee 1/8 Series 4** Lucas becomes immersed in a new Banshee crisis involving a vicious serial murderer. (S) (AD) (HD)

**12.10am** Fantasy Football League (HD) **12.45** Never Mind the Buzzcocks (S) (AD) (HD) **1.30** The Force: North East (S) (HD) **2.30** Road Wars (HD) **4.00-6.00am** Sun, Sea and A&E: two editions (S) (AD)

**Sky Max Sky 113** (Wales 114) Virgin 111 BT 346/HD 361

## Sky Replay

**7.00am** Dragons: Rescue Riders **9.05** Celebrity Four Weddings **10.00** Merlin

**6.00pm** Merlin: double bill. Mordred must choose between loyalty and love, then Merlin realises he cannot escape his destiny any more. **8.00** Road Wars: video footage of highway dangers. **9.00** S.W.A.T.: Hondo, Deacon and Tan team up with their counterparts in Thailand (S) (HD) **10.00** NCIS: Los Angeles: two architects who specialise in designing secure buildings are kidnapped (S) (HD)

**11.00** Fantasy Football League: Matt Lucas and Elis James are joined by guests Mo'Nique and Maisie Adam (HD) **11.35** Hold the Front Page: Nish and Josh work as journalists for the Northamptonshire Telegraph (S) (AD) (HD)

**12.35am** A League of Their Own Road Trip: Loch Ness to London: triple bill **3.30** Motorway Patrol **4.00-6.00am** Four Weddings: two editions

**Sky Replay Sky 152** Virgin 156

## Sky Crime

**6.00am** Road Wars (S) (HD) **7.00** Highway Patrol (S) (AD) **11.00** Brit Cops: Law & Disorder (S) **12 noon** The Force: Manchester (S) (HD) **1.00pm** Killing Mum and Dad (S) (AD) (HD) **2.00** World's Most Evil Killers (S) (AD) (HD)

**4.00** Britain's Most Evil Killers (S) (HD) **5.00** Forensics: Catching the Killer (S) (AD) (HD) **7.00** Killer in My Village (S) (HD) **8.00** Killing Mum and Dad: the disappearance of Nicholas and Elizabeth Newall in 1987 (S) (AD) **9.00** Murder Next Door (S) **10.00** The Hillside Strangler: Devil in Disguise (S) (HD) **12 midnight** Forensics: Catching the Killer (S) (AD)

**1.00am** Britain's Most Evil Killers (S) (AD) **3.00** Murder in Amish Country (S) (HD) **4.00** Road Wars (S) **5.00-6.00am** Motorway Patrol: double bill (S) (AD)

**Sky Crime Sky 122** Virgin 121 BT 349/HD 364 **+1 Sky 222** Virgin 164

## Gold



**The Vicar of Dibley 10.10pm** Hugo and Alice grow close

**7.00am** The Fosters **7.40** Citizen Khan (S) (AD) (HD) **8.55** Still Open All Hours (S) (HD) **9.35** Only Fools and Horses: 13 episodes (S) (AD)

**7.05pm Only Fools and Horses**

The Trotters attend Grandad's funeral – and meet a certain long-lost seafaring uncle who ends up outstaying his welcome.

**7.45** Rodney aspires to be a pop star, taking on the role of the drummer in Mental Mickey's band but, not surprisingly, Del manages to ruin his chances.

**8.20** Del embarks on a new romance with Raquel, an actress he meets through a computer dating agency, while Rodney takes "Nervous Nerys" out for a ride in the three-wheeler. (S)

**10.10 The Vicar of Dibley**

Passions erupt when Geraldine turns Cupid and then receives a marriage proposal herself. (S) (AD)

**11.00** The villagers set up a radio station to mark the 650th anniversary of St Barnabus's Church, and Frank makes a startling admission on his show. (S) (AD)

**11.40 The Real McCoy** Mica Paris sings *I Wanna Hold on to You* in this episode of the sketch show.

**12.20am** The Real McCoy

**1.40** The Vicar of Dibley (S) (AD)

**3.00-4.00am** The Real McCoy

**Gold Sky 110** (Wales 111) Virgin 124 BT 344/HD 359 **+1 Sky 210** (Wales 211) Virgin 194

## Sky Comedy

**8.00am** Everybody Hates Chris (S) (HD) **9.00** The Fresh Prince of Bel-Air (S) (HD) **11.30** Mr Mayor (S) (AD) (HD)

**1.30pm** Will & Grace (S) (AD) (HD)

**4.00** Futurama (S) (AD) (HD) **6.30** The Office US: five episodes. A new employee's prison record is revealed.

**7.00** Michael's inappropriate Christmas cards upset Carol. **7.30** Michael is dumped. **8.00** Michael returns from his holiday. **8.30** Michael has the staff work together on sales calls (S) (HD)

**9.00** Curb Your Enthusiasm: double bill. Larry attends a film premiere, then he accuses a TV boss of theft (S) (HD)

**10.15** Saturday Night Live (HD) **11.30** New. The Tonight Show Starring Jimmy Fallon (S) (HD) **12.30am** Young Rock (HD) **1.00** American Auto (S) **1.55** Silicon Valley (S) **3.40-5.00am** Everybody Hates Chris (S) (HD)

**Sky Comedy Sky 114** (Wales 115) Virgin 112 BT 347/HD 362

## Comedy Central

**8.00am** Friends: 18 back-to-back episodes of the comedy (S) (AD) (HD)

**5.05pm** FILM Mousehunt ★★ ★★ Comedy starring Nathan Lane and Lee Evans. **7.05** FILM Wayne's World ★★ ★★ Comedy starring Mike Myers and Dana Carvey (S) (HD) **9.00** FILM Get Him to the Greek ★★ ★★ Comedy starring Russell Brand and Jonah Hill.

**Review page 77** (S) (HD) **11.05** Jimmy Carr: Making People Laugh (S) (HD)

**12.05am** Most Ridiculous Off the Leash (S) (HD) **12.35** Most Ridiculous: The Fast and the Foolish (S) (HD) **1.05** Ugly Americans: double bill (S) (HD)

**2.05** South Park: five episodes (S) (HD)

**4.15-5.00am** Friends (S) (AD) (HD)

**Comedy Central Sky 112** (Wales 113)

Virgin 181/HD 132 BT 345/HD 360

**+1 Sky 212** (Wales 213) Virgin 133

## Alibi



**Death in Paradise 9.00pm** Jack reopens a cold case

**7.10am** Murdoch Mysteries (S) (HD) **10.00** Inspector George Gently (S) (AD) (HD) **11.55** Inspector Alleyne Mysteries (S) **2.00pm** Father Brown: four episodes (S) (AD) (HD)

**6.00pm Inspector George Gently 3/4 Series 7.** The death of a popular man who apparently threw himself from Newcastle's High Level Bridge is assumed to be suicide, but Gently starts to suspect murder involving lifelong friends. (S) (AD) (HD)

**8.00 Shakespeare and Hathaway: Private Investigators 5/10 Series 1.** Lu and Frank try to exonerate local criminal Billy the Brick when the local mayor is murdered in the dead of night. (S) (AD) (HD)

**9.00 Death in Paradise 8/8 Series 7.** A reggae band's reunion is blighted when the guitarist is found dead. (S) (AD) (HD)

**10.00 1/8 Series 8.** A British man in his 50s is stabbed to death at the back of the bus from Saint Marie ferry port to Honoré. (S) (AD) (HD)

**11.00 Father Brown 3/10 Series 2**

The grand opening of Pryde Castle ends in disaster. (S) (AD) (HD)

**12 midnight** Father Brown (S) (AD) (HD) **1.00am** Inspector George Gently (S) (AD) (HD) **3.00-4.00am** Murdoch Mysteries (S) (HD)

**Alibi Sky 109** (Wales 110) Virgin 126 BT 343/HD 358 **+1 Sky 209** (Wales 210) Virgin 191

## Discovery

**6.00am** Barnwood Builders (HD) **12 noon** Alaska: Homestead Rescue: six episodes (S) (AD) **6.00pm New.** Bitchin' Rides: the shop hits the road with their latest builds to check out the competition (HD) **7.00** Dirty Jobs: Mike helps fix a cloud of feral cats at a neuter facility (HD) **8.00** Gold, Lies and Videotape: Babe begins the battle against the government. Meanwhile, a myriad of other parties join the race for the treasure (S) (HD) **9.00** Gold Rush: Parker's first Alaska gold weigh is hampered by a flood in the Wolf Cut (HD) **10.00** Finding Bigfoot: the team reunites to investigate a mountain of evidence from one property in south-east Ohio (S) (HD)

**12 midnight** Expedition Bigfoot (S) (HD) **4.00-5.00am** How Do They Do It?: two episodes (S) (HD)

**Discovery Sky 125** Virgin 250 BT 320/HD 325 **+1 Sky 225** Virgin 258

## Discovery History

**6.00am** How the Universe Works (S) **9.00** Mysteries of the Missing (S) **12 noon** Combat Dealers: Reloaded (S) **3.00pm** Greatest Events of World War II (S)

**5.00** Combat Dealers: triple bill. A display based on the French Resistance **6.00** Bruce Crompton heads to Ypres to look for First World War items **7.00** Bruce Crompton heads to Dunkirk (S)

**8.00** Mummy King Mystery: Rameses: Egyptologist Zahi Hawass examines the pharaoh warrior dynasty **9.00** Almost Human: Rise of the Apes: the moral arguments around growing human stem cells in a monkey embryo **11.00** Raising the Concordia: attempts to salvage the Costa Concordia (S)

**12 midnight** Combat Dealers (S)

**2.00-5.00am** Disasters Engineered (S)

**Discovery History Sky 177** Virgin 257

**+1 Sky 277** Virgin 261



## Sky Documentaries



**Spector 9.00pm** The icon is convicted, but dies of Covid-19

**6.00am** Discovering: Elizabeth Taylor (S) (AD) **7.00** Discovering: Marlon Brando (S) (AD) **8.00** The Directors (S) **9.50** Master of Light (S) **11.30 FILM** The Kid Stays in the Picture ★★★ Tracing the turbulent life of film producer Robert Evans (S) (W) **1.20pm FILM** The September Issue ★★★★★ Behind the scenes of American Vogue (S) (AD) (W) **3.10 FILM** I Am Bruce Lee ★★★★★ Documentary about the charismatic actor and martial arts star (S) (AD) (W) **5.00** Pantani: the Accidental Death of a Cyclist (S)

**7.00pm Deadline Day: Football's Transfer Window** Austrian striker Sasa Kalajdzic's future remains unclear. (S) (AD) (HD) **8.00** The clock is ticking for Spanish star Fabián Ruiz. (S) (AD)

**9.00 Spector** Phil Spector is finally convicted after a second trial. Last in series. (S) (AD) (HD)

**10.00 Fatboy Slim: Right Here, Right Now** Documentary about the Big Beach Boutique II free event held in 2002 in Brighton.

**11.50 Music Box** The story of Woodstock 1999, a music festival promoted to echo unity. (S) (AD)

**2.00am New.** Sergio Leone: the Italian Who Invented America Rptd tomorrow 9pm **4.00–6.00am** John Lewis: Good Trouble (S) (AD)

**Sky Documentaries Sky 121** Virgin 277 BT 352/HD 367

## Nat Geographic

**8.00am** Food Factory (S) (HD) **9.00** Air Crash Investigation (S) (AD) (HD)

**6.00pm** Air Crash Investigation: eight editions. Two almost identical air crashes **7.00** The crash of American Eagle Flight 41-84 near Roselawn, Indiana, in 1994 **8.00** An aircraft design flaw that caused two accidents **9.00** The missing Malaysia Airlines Flight 370 **10.00** A plane shot down over the Sea of Japan **11.00** How a strong gust of wind caused a fatal crash in Texas in 1985

**12 midnight** Investigators try to find out why a plane crashed just a few miles from the runway in Colorado

**1.00am** A risky test flight uncovers an industry-wide safety problem (S) (HD) **2.00** Money Meltdown (HD) **2.30** Food Factory (S) (HD) **4.10** When Sharks Attack (HD) **4.35–5.00am** Dog Impossible: New Leash (HD)

**Nat Geographic Sky 129** Virgin 266 +1 Sky 229 Virgin 267

## Sky History

**6.00am** Storage Wars (HD) **7.00** Pawn Stars (HD) **8.00** Mountain Men: double bill (HD) **11.00** Beyond the Myth: the SS Unveiled (HD) **2.00pm** Pawn Stars (HD)

**5.00** Hitler's Secret Bomb (HD) **6.00** Strangest Things: perplexing and unusual historical objects (HD) **7.00** Medieval Dead: a look at medieval life using skeleton analysis and reconstructions (HD) **9.00** Alexander the Great: double bill. The life of the Macedonian general regarded as one of the greatest soldiers in history (HD) **11.00** Storage Wars: double bill. Dave Hester returns to the auction circuit, then Jarrod goes bidding with a hangerover (HD)

**12 midnight** Pawn Stars (HD) **3.00am** Medieval Dead: two editions (HD) **5.00–6.00am** Strangest Things (HD)

**Sky History Sky 123** Virgin 270 BT 353/HD 368 +1 Sky 223 Virgin 271

## Sky Nature



**Shark: British Isles Special with Steve Backshall 7.00pm**

**6.00am** Amazing Animal Friends (S) **8.00** David Attenborough's Dragons and Damsels (S) (AD) **9.00** Africa's Hidden Kingdoms (S) (AD) **12 noon** Wildlife ER (S) **1.00pm** The Wadden Sea (S) **2.00** Patrick Arryee's Wild World: four editions (S)

**6.00pm** My Garden of a Thousand Bees Martin Dohrn, the film-maker who spent the pandemic filming bees in his garden. (S)

**7.00 Shark: British Isles Special with Steve Backshall** Naturalist Steve Backshall encounters sharks in Scotland, Wales and Cornwall. (S) (AD)

**8.00 Wildlife ER** Following the work of staff at the RSPCA Hospital in Brisbane, Australia. (S)

**9.00 The Wadden Sea** Migratory birds arrive in search of berries and little swans arrive in the sweetest part of the Wadden area. (S)

**10.00 David Attenborough's Dragons and Damsels** Delving into the world of dragonflies and damselflies. (S) (AD)

**11.00 How the Wild Things Sleep** There is an endless variety of sleep-strategies among animals, yet it seems a universal behaviour. But why bother with sleep at all? (S)

**12 midnight** Deadly Hunters (S) (AD) **3.00–6.00am** Hope for Wildlife (S)

**Sky Nature Sky 124** Virgin 278 BT 354/HD 369

## Eden

**9.00am** Conquerors (HD) **1.00pm** Sea of Creepy Monsters (HD) **2.00** China's Ten Deadliest Snakes with Nigel Marven (HD) **3.00** Conquerors: four back-to-back editions (HD) **7.00** Sea of Creepy Monsters: underwater creatures that thrive around the Indonesian island of Sulawesi (HD) **8.00** China's Ten Deadliest Snakes with Nigel Marven: the ornithologist examines the country's snakes (HD) **9.00** Conquerors: four editions. Documentary looking at the lionfish **10.00** Examining the success of the king crab **11.00** The lives of fire ants **12 midnight** Examining the pine processionary caterpillar (HD) **1.00am** Sea of Creepy Monsters (HD) **2.00** China's Ten Deadliest Snakes with Nigel Marven (HD) **3.00** Conquerors (HD) **5.30–6.00am** David Attenborough's Natural Curiosities (AD) (HD)

**Eden Sky 166** Virgin HD 245 +1 Sky 266 Virgin 246

## Animal Planet

**8.00am** Animal Cribbs (S) (HD) **9.00** Dodo Heroes (S) (HD) **10.00** Dogs 101 (S) (HD) **11.00** Alaska: Homestead Rescue (S) (HD) **12 noon** Animal Cribbs (S) (HD) **1.00pm** Dodo Heroes (S) (AD) (HD) **2.00** Great White Invasion (S) (AD) (HD) **3.00** Man-Eating Super Snake (S) (HD) **4.00** Bad Dog! (S) (HD) **5.00** Alaska: Homestead Rescue (S) (HD)

**6.00pm** Animal Cribbs (S) (HD) **7.00** How Do Animals Do That? (S) (HD) **8.00** Wildest Islands of Indonesia (S) (HD) **9.00** Wildest Europe (S) (HD) **10.00** Alaskan Bush People (S) (HD) **11.00** I Was Prey (S) (AD) (HD)

**1.00am** Alaskan Bush People (S) (HD) **2.00** Bad Dog! (S) (HD) **3.00** Alaska: Homestead Rescue (S) (HD) **4.00–5.00am** Animal Cribbs (S) (HD)

**Animal Planet Sky 162** (NI 178) Virgin 251 +1 Sky 262 (NI 278) Virgin 259

## SPORT

### Sky Main Event

Sky 401 Virgin 511/HD 501 BT 420/HD 440

**6.00am** Sky Sports News  
**8.00 LIVE Big Bash League Cricket** Coverage of the final.  
**12 noon LIVE Championship Football** Norwich City v Burnley at Carrow Road (kick-off 12.30pm).  
**3.00pm LIVE SA20 Cricket** Pretoria Capitals v MI Cape Town.  
**5.00 LIVE Premier League Football** Newcastle United v West Ham United (kick-off 5.30).  
**8.30 LIVE PGA Tour Golf** The Pebble Beach Pro-Am, day three.  
**12 midnight LIVE NBA** Brooklyn Nets v Washington Wizards;  
**1.30am** Golden State Warriors v Dallas Mavericks (tip-off 1.30).  
**4.00–6.00am** Sky Sports News

### Sky Football

Sky 403 Virgin 513/HD 503 BT 422/HD 442

**6.00am** Classic Play-Offs: **8.00** Inside the WSL **8.30** Saturday Social **9.30** Soccer AM **11.00** League Cup Football  
**11.30 LIVE Championship Football** Norwich City v Burnley at Carrow Road (kick-off 12.30pm).  
**3.00pm** Soccer Saturday  
**5.00** Championship Highlights  
**5.20 LIVE German Football** Borussia Monchengladbach v Schalke 04 (kick-off 5.30).  
**7.30** Championship Football **11.00** WSL **11.30** Championship Highlights  
**12 midnight** League Cup Retro (AD)  
**1.00am** SPFL Greatest Games  
**3.00–6.00am** EFL Highlights

### Sky Golf

Sky 405 Virgin 515/HD 505 BT 424/HD 444

**6.00am** PGA Tour Golf **7.15** European Tour Golf **7.30** Chronicles (AD) **8.00** PGA Tour Golf **8.15** European Tour Golf  
**8.30 LIVE European Tour Golf** Day three of the Ras Al Khaimah Championship from the UAE.  
**1.00pm LIVE Ladies European Tour Golf** Day three of the Kenya Ladies Open at Vipingo Ridge.  
**3.30** PGA Tour Golf **3.45** Chronicles **4.15** PGA Tour Golf  
**4.30 LIVE PGA Tour Golf** The Pebble Beach Pro-Am, day three.  
**12 midnight** European Tour **12.15am** The Improvers (AD) **12.30** Chronicles (AD) **1.00** European Tour Golf **1.15** The Improvers (AD) **1.30** Chronicles **2.30** European Tour Golf **2.45** PGA Tour Golf **3.00** Roots **3.30** Chronicles  
**4.00** European Tour **4.15** PGA Tour Golf **4.30–6.00am** Chronicles (AD)

### Sky Mix

Sky 416 Virgin 520/HD 510 BT 429/HD 449

**11.00–4.00pm, 5.30–10.00pm LIVE World Pool Championship** Day four from Kielce, Poland.  
**11.00–1.30am LIVE NBA** Brooklyn Nets v Washington Wizards (tip-off 11.00).

### Eurosport 1

Sky 410 Virgin 521 BT 412/HD 435

**6.00am** Snooker  
**8.15 LIVE Alpine Skiing** World Cup, men's slalom, first run.  
**10.00** Golf **10.30** Freestyle Skiing  
**10.50 LIVE Nordic Combined Skiing** World Cup, men's 10km.  
**11.30 LIVE Alpine Skiing** World Cup, men's slalom, second run.  
**12.30pm** Discovery Golf  
**1.00 LIVE Snooker** The first semi-final of the German Masters.  
**4.00** Formula E **5.00** Nordic Combined Skiing **6.00** Snooker  
**7.00 LIVE Snooker** The second semi-final of the German Masters.  
**10.30** Snooker **12 midnight** Cyclo-Cross  
**1.00am** Cycling **2.00** Snooker **4.00** Cycling **5.00–6.00am** Cyclo-Cross



**Premier League Football 11.30am BT Sport 1** Everton striker Dominic Calvert-Lewin

### Sky Premier League

Sky 402 Virgin 512/HD 502 BT 421/HD 441

**6.00am** Premier League Football  
**8.30** Saturday Social **9.30** Soccer AM  
**11.00 LIVE Women's Super League Football** Leicester City v Manchester City (kick-off 11.30).  
**2.00pm** Soccer Saturday  
**5.00 LIVE Premier League Football** Newcastle United v West Ham United (kick-off 5.30).  
**8.30** Game of the Day **10.30** Premier League Highlights **3.00–6.00am** Premier League Football

### Sky Cricket

Sky 404 Virgin 514/HD 504 BT 423/HD 443

**6.00am** Best of the Women's World T20 **6.45** Big Bash League Highlights  
**7.45 LIVE Big Bash League Cricket** Coverage of the final.  
**12.15pm** Best of the Women's World T20 **1.00** SA20 Highlights  
**3.00 LIVE SA20 Cricket** Pretoria Capitals v MI Cape Town.  
**7.30** Big Bash League **8.30** Women's World T20 **9.30** SA20 Cricket **10.30** Big Bash League **11.30** SA20 Cricket  
**12.30am** Best of the Women's World T20 **1.00** Big Bash League Highlights **5.00–6.00am** Women's World T20

### Sky NFL

Sky 407 Virgin 517/HD 507 BT 426/HD 446

**6.00am** NFL **1.30pm** Pro Bowl Skills Showdown **3.00** NFL Highlights  
**8.00** Gameday (AD) **8.30** 49 Hours  
**9.00** Gameday **9.30** Pro Bowl Skills Showdown **11.00–6.00am** NFL

### Sky Arena

Sky 408 Virgin 518/HD 508 BT 427/HD 447

**6.00am** Super League **7.45** NBA  
**8.45** British Basketball League  
**11.00 LIVE World Pool Championship** Day four in Poland.  
**4.00pm** NBA on Fire **4.30** Boxing  
**5.30 LIVE World Pool Championship** Day four in Poland.  
**10.00** Boxing: highlights  
**11.00 LIVE NBA** Double header.  
**4.00–6.00am** Boxing (AD)

### Eurosport 2

Sky 411 Virgin 522 BT 413/HD 436

**6.00am** Ski Jumping **7.00** Superbikes  
**9.00** Cycling **10.50** Freestyle Skiing  
**11.50 LIVE Cross-Country Skiing** World Cup from Italy.  
**1.15pm** Olympic Games  
**1.45 LIVE Cyclo-Cross** World Championships, women's race.  
**3.15 LIVE Cycling** Stage four of the Tour of Valencia.  
**4.30 LIVE Freestyle Skiing**  
**6.30** Golf **7.00** Ski Jumping  
**8.00** Cyclo-Cross **9.00** Cycling  
**10.00** Winter Sports **12 midnight** Superbikes **2.00am** Cycling **3.00** Cyclo-Cross **4.00–6.00am** Snooker

### BT Sport 1

Sky 413 Virgin 527 BT 408/HD 430

**6.00am LIVE Australian Football** Melbourne City v Macarthur FC, an A-League game (kick-off 6.00).  
**8.00** Scottish Football Extra (AD)  
**8.30** Wrestling **10.30** Early Kick-Off  
**10.30** Premier League Preview  
**11.00** Scottish Football Extra (AD)  
**11.30 LIVE Premier League Football** Everton v Arsenal from Goodison Park (kick-off 12.30pm).  
**3.00pm** BT Sport Score  
**5.00 LIVE National League Football** Altrincham v Wrexham from Moss Lane (kick-off 5.20).  
**7.30 LIVE Italian Football** Sassuolo v Atalanta (kick-off 7.45).  
**9.45** Wrestling **11.15** Reload (AD)  
**11.30 LIVE Basketball** A college double bill, starting with Duke Blue Devils v North Carolina Tar Heels.  
**3.00–6.00am LIVE UFC** Fight Night preliminary bouts.

### BT Sport 2

Sky 414 Virgin 528 BT 409/HD 431

**6.00am LIVE Australian Football** Sydney FC v Central Coast Mariners, an A-League match (kick-off 6.00).  
**8.00** Premier League Preview  
**8.30** What I Wore  
**8.45 LIVE Australian Football** Adelaide United v Brisbane Roar, an A-League game (kick-off 8.45).  
**10.45** Reload (AD) **11.00** ESPN FC  
**11.30 LIVE Australian Football** Perth Glory v Newcastle Jets, an A-League match (kick-off 11.30).  
**1.30pm** BT Sport Takeover **2.00** Wrestling: WWE action **4.30** Ariel Helwani Meets **5.00** What I Wore  
**5.15 LIVE Italian Football** AS Roma v Empoli in Serie A.  
**7.00** Down the Clubhouse (AD)  
**8.00** Champions League Football  
**8.30** BT Sport Reload (AD)  
**8.45 LIVE T20 Super Smash Cricket** Wellington Blaze v Auckland Hearts, women's match;  
**12.30am** Wellington Firebirds v Auckland Aces, a men's match.  
**4.00** National League Football  
**4.30–5.00am** Champions League

### BT Sport 3

Sky 417 Virgin 529 BT 410/HD 432

**6.00am** ESPN FC **6.30** French Football **7.00** Inside Serie A **7.30** Wrestling (AD) **8.30** ESPN FC **9.00** French Football **9.30** ILT20 Cricket  
**10.00 LIVE ILT20 Cricket** Gulf Giants v Desert Vipers in Dubai.  
**1.45pm** BT Sport Cricket Reload  
**2.00 LIVE ILT20 Cricket** Abu Dhabi Knight Riders v Sharjah Warriors from Zayed Stadium.  
**5.45** Badminton (AD)  
**6.00 LIVE French Football** Troyes v Lyon (kick-off 6.00);  
**8.00** Rennes v Lille (ko 8.00).  
**10.00** National League Football  
**10.30** UFC **11.00** BT Sport Films (AD)  
**12 midnight** French Football  
**1.00am** Italian Football: highlights  
**4.00–6.00am LIVE Australian Football** Western Sydney Wdrs v Western Utd, an A-League match.

### BT Sport 4

Sky 423 Virgin 530 BT 411/HD 434

**5.00am LIVE Badminton** The Thailand Masters semi-finals.  
**3.30pm** Pardon the Interruption  
**4.00 LIVE Basketball** Coverage of three US college games.  
**11.30** Around the Horn **12 midnight** Pardon the Interruption **12.30am** UFC Unleashed **1.30** 30 for 30 (AD)  
**3.30** Reload (AD) **4.00** Around the Horn **4.30** Pardon the Interruption  
**5.00–7.00am LIVE Australian Football** Adelaide Utd v Brisbane Roar, an A-League Women match.



# Sunday

**SHOWDOWN**  
Can Catherine  
(Sarah Lancashire)  
stop Tommy?



Television SUNDAY

## DRAMA

### Happy Valley 9.00pm **BBC1** Catch up via iPlayer

**SERIES FINALE**

Binge-watching is all well and good, but would this final run of *Happy Valley* have made as much of an impact had the episodes been uploaded to the iPlayer in one big batch?

Call me a Luddite if you wish, but it feels as though waiting a week for each cliffhanger to be resolved has helped galvanise the audience, to the point where we have now reached *Line of Duty* levels of anticipation. And somehow drama is just that little bit more special

when it becomes a unifying force that brings five million of us (not a figure to be sniffed at in these fractured times) around our televisions.

So far this series we've gasped collectively at such shocking moments as Joanna's murder, Tommy's escape from court and then his reaching out to Ryan virtually via his games console.

Now, of course, we're waiting to see if Tommy will abscond overseas with his son – and whether Catherine can stymie his plans. One thing's for certain: it's definitely going to be worth tuning in to witness how it all ends.

**DAVID BROWN**

See feature: page 29

## DOCUMENTARY

### World's Most Secret Hotels

6.45pm **C4** Catch up via All 4

Sleeping on an aeroplane can be tricky, especially if there's turbulence. However, there's a decommissioned Boeing 747 that hasn't moved from Stockholm's airport for over a decade, so promises its guests a bump-free night. You can even sleep in the cockpit if you want. I'm not sure how the Mile High Club works, though.

If that doesn't appeal, there's a Jordanian desert hotel that comprises individual "bubbles", so it looks like a space station on Mars. Or how about the luxurious Mashpi Lodge, a paradise of biodiversity in Ecuador's rainforest? They all certainly make a regular package hotel on the Costa del Sol seem very dull. **JANE RACKHAM**

## DRAMA

### Call the Midwife

8.00pm **BBC1** Catch up via iPlayer

The two main story strands this week concern children whose circumstances have led to them becoming adults prematurely. First, there's 15-year-old Heather, who's kept her pregnancy hidden from negligent parents. Then, there's young Joey who, when he's not out delivering papers for Fred, is acting as a carer for a father suffering with psoriasis. But might he be hiding his own health worries?

Thankfully, there's an injection of humour back at Nonnatus House, where a lonely Sister Monica Joan has taken ownership of a stray dog. Though she's having to keep her new four-legged friend a secret, as pets aren't allowed on the premises – and Sister Julianne isn't someone who tends to tolerate rule breaking. **DB**

## HISTORY

### Digging for Britain

8.00pm **BBC2** Catch up via iPlayer

In the last series, Professor Alice Roberts visited the wheat field in Rutland where an astonishing Roman mosaic illustrating the Trojan Wars had been revealed. In this episode focusing on the East, she returns to discover that there's very much more here than was originally thought.

Today, Scarborough is a popular holiday resort, but 10,000 years ago, the area welcomed a very different type of visitor. Can archaeologists explain why they've found preserved hunting tools buried with animal parts on the shores of a former lake?

Elsewhere, the Tudor history of Hull is told through a fortification, Stuart Prior tries out his flint-napping technique in Lincolnshire, and some pots from "Britain's Pompeii" are examined. **GILL CRAWFORD**

## THE BEST OF SARAH LANCASHIRE

### Last Tango in Halifax

(iPlayer)

Lancashire's other collaboration with writer Sally Wainwright is a wise, witty comedy-drama about a couple reunited after 50 years, and their families (co-starring Nicola Walker, above).



### Clocking Off

(iPlayer)

Before they played sisters in *Happy Valley*, Lancashire and Siobhan Finneran both starred in this series about life in a Manchester factory (co-starring Christopher Eccleston, above).



### Kiri (All 4)

Powerful four-parter by writer Jack Thorne, which sees Lancashire play a disorganised social worker reacting to the kidnap of a nine-year-old girl.

### Julia (Now)

The story of how chef Julia Child essentially came to invent food television. A second series is due later this year. **DB**



## ALSO ON TODAY

### Dancing on Ice

6.25pm **ITV1**

The eight remaining celebrities and their professional partners take to the ice once more to try to wow the judges.

### The Great Pottery Throw Down

7.45pm **C4**

The potters are taken up on the roof to create gargoyles. The guest judge is master potter Gabriel Nichols.



### The Cruise: Welcome Aboard!

9.00pm **Channel 5**

Sheridan Smith narrates the return of the documentary about life on board the Virgin Voyages fleet of ships.

## DRAMA

### Vera

8.00pm **ITV1** Catch up via **ITVX**

The finale of *Happy Valley* is bound to beat *Vera* in the ratings, but this latest episode of the dependable ITV crime drama is certainly not without merit. It's a sad tale of homelessness, centred around the killing of a former lance corporal who had struggled with life on Civvy Street.

Yet amid the melancholy, there are a few novelties. First, we have the debut of new pathologist Paula, who turns out to be even snarkier than her predecessor Malcolm (who'd have thought that was even possible?). Then, there's Vera at one point saying to sidekick Aiden, "Come on, we're going clubbing." Something I've never witnessed before, and probably won't ever get to see again. **DB**

## DOCUMENTARY

### The Warship: Tour of Duty

9.00pm **BBC2** Catch up via **iPlayer**

Thirty-nine days in to the seven-month voyage of the HMS *Elizabeth* and it's time for some R&R. The ratings get their downtime in Cyprus, where, with total predictability, chef and breakout star Ronnie Lambert gets chased back to ship by people purporting to be the Russian mafia after he had somehow found himself in a strip club...

Away from Ronnie, the crew have bigger problems in the form of Covid, or "The Enemy Within", as this episode is titled. *The Warship* was filmed in 2021 and the sight of grumpy crew in isolation or sticking cotton buds up their noses is an eerie reminder of a time not far gone.

**BENJI WILSON**

## DRAMA

### Top Dog

11.15pm **C4** Full series on **All 4**

**NEW SERIES**

There's nothing new about the odd-couple concept in a crime drama but the characters in this

Swedish series, based on Jens Lapidus's trilogy of novels, are worlds – or maybe whole galaxies – apart. Emily (Josefin Asplund) is a corporate lawyer struggling with massive financial problems, while Teddy (Alexej Manvelov) is a recently released convict struggling to leave his violent past behind. So apart from struggles, nothing in common.

It seems almost inconceivable that they should meet, let alone team up to investigate the disappearance of a young man about to become CEO of one of Sweden's biggest companies... but they do. **JR**

**A BIG ASK**  
Can Lyra (Dafne Keen) and Will (Amir Wilson) save all worlds from extinction?



## DRAMA

### His Dark Materials

7.00pm **BBC1** Catch up via **iPlayer**

**SERIES FINALE**

Assuming you didn't just binge all eight episodes when they appeared on iPlayer before Christmas, this is your last chance to enjoy the Beeb's sprawling, technically impressive adaptation of Philip Pullman's *His Dark Materials* novels.

In many ways, this feels like more of an epilogue than a finale. After last week's epic battle, the story contracts to focus once more on Lyra (Dafne Keen) and Will (Amir Wilson), who need to do one small thing to save all worlds from extinction.

It's the right end to what's been a very satisfying third and final series. Is it a perfect 1:1 translation of Pullman's books? Maybe not – but given their complexity, it's as bang-on as any TV adaptation could ever hope to be. And if you leave the series' final moments with a dry eye, you're more heartless than the Magisterium.

**HUW FULLERTON**

See page 6

## LIVE SPORT



### Six Nations Rugby Union

#### Italy v France

2.15pm (kick-off 3pm) **ITV1**

French coach Fabien Galthié (above) and his team embark on their defence of the title. See p14

### Premier League Football

#### Nottingham Forest v Leeds United

1pm **Sky Premier League**, 2pm **Sky Main Event** (k/o 2pm)

Neither of these teams is free of relegation worries.

### Tottenham Hotspur v Manchester City

4pm (k/o 4.30pm) **Sky Premier League/Main Event**

Last month Spurs led 2–0 before City came back to win 4–2.

## FILM OF THE DAY



### Dunkirk ★★★★★ 12

10.00pm (not N Ireland) **BBC2**

The evacuation of Allied troops from the French port in 1940 is given a modern telling by Christopher Nolan, whose three overlapping stories come together in a gripping final act. Tom Hardy and Fionn Whitehead (above) are among the servicemen. (2017)

**FILM REVIEWS**  
page 57



# SUNDAY Main Channels

## DAYTIME

### BBC1

**6.00am Breakfast** Sarah Campbell, Roger Johnson. (S) (HD)  
**7.30 Match of the Day** Shown yesterday 10.30pm (S) (HD)  
**9.00 Sunday with Laura Kuenssberg** Interviews with key politicians and public figures. (S) (HD)  
**10.00 Politics England** Political reports. (S) (HD)  
**10.30 Sunday Morning Live** Sean Fletcher and Holly Hamilton present topical debate. (S) (HD)  
**11.30 Homes under the Hammer** A house in Kent and a terrace in Hanley, Stoke-on-Trent. (R) (S) (HD)  
**12 noon Bargain Hunt** Natasha Raskin Sharp and the teams search for valuable items in York. (R) (S) (AD) (HD)  
**1.00pm BBC News Weather for the Week Ahead** (S) (HD)  
**1.15 Songs of Praise** Aled Jones explores hidden-gem churches in London with historian Joanna Bogle. (S) (HD)  
**1.55 Muppets Most Wanted** ★★ Crime comedy adventure with Ricky Gervais, Ty Burrell and Tina Fey. Available on iPlayer for 7 days. **Review p57.** Director James Bobin (2014, U) (S) (AD) (W) (HD)  
**3.35 Young MasterChef 5/10.** The rookie cooks are down to the last eight, and the twists continue.  
**4.05 6/10.** The final seven contestants enter the world of the professionals. First shown on BBC3 (S) (AD) (HD)  
**4.35–5.35 Serengeti III 3/6 Series 3. Kinship** A baby hippo learns to survive in the river. All three series are available on iPlayer in UHD. (S) (AD) (HD)

### BBC2

**6.00am Countryfile** Visiting first-time farmers. Shown last Sunday Signed repeat tomorrow 12.50am (S) (HD)  
**7.00 Coast Great Guides** Tessa Dunlop crosses the Irish Sea on a supersized luxury cruise liner. (R) (S) (AD) (HD)  
**8.00 Weatherman Walking** Derek Brockway walks from Saundersfoot to Pendine Sands. (S) (HD)  
**8.30 Around the World in 80 Gardens** Monty Don explores outdoor spaces in the USA. (R) (S) (AD) (HD)  
**9.30 Saturday Kitchen Best Bites** Highlights. (S) (HD)  
**11.00 Tom Kerridge's Fresh Start** Tom encourages the families to take more exercise. (R) (S) (AD) (HD)  
**11.30 The A to Z of TV Cooking** The letter Q. (R) (S) (HD)  
**12.15pm Match of the Day Live Tottenham Hotspur v Chelsea** Coverage of the Women's Super League match from Brisbane Road (kick-off 12.30). (S) (HD)  
**0 BBC RED BUTTON 1.50–3.30 Cycling Live** Coverage of the men's elite race in the Cyclo-Cross World Championships from Hoogerheide, Netherlands  
**2.45 A Matter of Life and Death** ★★★★★ Romantic fantasy starring David Niven and Kim Hunter. Available on iPlayer for 30 days. **Review page 57.** Directors Michael Powell and Emeric Pressburger (1946, U) (S) (HD)  
**4.30–5.15 Flog It!** The team assesses items brought to Allerton Castle in North Yorkshire. (R) (S) (HD)

### ITV1

**6.00am CITV** See page 56 **9.25 ITV News** (S) (HD)  
**9.30 Love Your Weekend with Alan Titchmarsh** Alan talks to guests Mark Benton and Monica Dolan and learns about the art of hoof-trimming. (S) (HD)  
**11.30 James Martin's Saturday Morning** James is joined at his home by *Dogs Behaving (Very) Badly* presenter Graeme Hall. Shown yesterday 9.30am (S) (HD)  
**1.40pm Simply Raymond Blanc** The chef shares recipes for duck breast with marmalade and Swiss chard gratin. Signed repeat Wednesday 3.25am (R) (S) (AD) (HD)  
**2.05–2.15 ITV News Weather; Regional Weather** (S) (HD)

### Channel 4

**6.00am 3rd Rock from the Sun** Double bill. (R) (S) (AD)  
**6.45 The King of Queens** Two episodes. (R) (S) (AD) (HD)  
**7.30 The Simpsons** Four episodes. (R) (S) (AD)  
**9.30 Sunday Brunch** With guests Joe Cornish, Tracy-Ann Oberman, Iain Stirling and RAYE. (S) (HD)  
**12.30pm The Simpsons** Double bill. (R) (S) (AD)  
**1.30 Ferdinand** ★★★★★ Animated comedy adventure featuring the voices of John Cena and Kate McKinnon. After a misunderstanding, brawny but sensitive Mexican bull Ferdinand is selected to star in a high-profile – and possibly deadly – bullfight. **Review page 57.** Director Carlos Saldanha (2017, U) (S) (AD) (W) (HD)  
**3.30–4.35 Scotland's Scenic Railways** Following the team of enthusiasts who work on Strathspey steam railway in the Cairngorms National Park. (R) (S) (AD) (HD)

## BBC1

**Happy Valley**  
**9.00pm** End game: Catherine (Sarah Lancashire) embarks on her last ever shift



**5.35pm BBC News**  
**Regional News; Weather** (S) (HD)

### 6.00 Countryfile

Sean Fletcher unearths the legacy of Cornwall's tin and copper mining industry, while Adam Henson goes in search of a fertiliser hidden under the North York Moors. Includes **Weather for the Week Ahead.** Executive producer Bill Lyons; Series editor Jane Lomas (S) (HD)

### 7.00 His Dark Materials

**RT 8/8 Series 3. The Botanic Garden.** In the world of the mulefa, Lyra and Will reunite with Mary and hear a story that changes everything. The whole of series 1–3 is on iPlayer in UHD. **See page 51.**

Lyra Silvertongue	Dafne Keen	Josephine	Val Adams
Will Parry	Amir Wilson	Elaine Parry	Nina Sosanya
Xaphania	Chipo Chung	Voice of Kirjava	Patricia Allison
Seratina Pekkala	Ruta Gedimintas	Voice of Atal	Kate Ashfield
Balthamos	Kobna Holdbrook-Smith	Voice of Pantalaimon	Kit Connor
Mary Malone	Simone Kirby	Voice of Father Gomez's daemon	
Father Gomez	Jamie Ward	Tuppence Middleton	

Dramatised by Francesca Gardiner; Producer Stephen Haren  
 Director Harry Woolfitt (S) (AD) (HD)

### See page 6

### 8.00 Call the Midwife

**RT 6/8 Series 12.** Trixie supports a very young mother through a difficult time. A box set of previous series is on iPlayer. **See page 50.**

Sister Julianne	Jenny Agutter	Heather O'Dwyer	Lucy Burrows
Nurse Phyllis Crane	Linda Bassett	Beattie Jones	Louise Breckon-Richards
Sister Monica Joan	Judy Parfitt	Jimmy O'Dwyer	Sean Campion
Nurse Trixie Franklin	Helen George	Edith O'Dwyer	Connie Walker
Nurse Shelagh Turner	Laura Main	Gerard Fletcher	Michael Lindall
Dr Patrick Turner	Stephen McGann	Miss Scriven	Rhiannon Neads
Fred Buckle	Cliff Parisi	Jane Fellows	Amy Billett
Violet Buckle	Annabelle Apsion	Eddy	Billy Byers
Miss Millicent Higgins	Georgie Glen	Barry	Aston Williams
Nurse Nancy Corrigan	Megan Cusack	Dr Gallagher	Robin Kermode
Sister Veronica	Rebecca Gethings	May Tang	April Rae Hoang
Cyril Robinson	Zephryn Taitte	Teddy Turner	Edward Shaw
Reggie Jackson	Daniel Laurie	Angela Turner	Alice Brown
Matthew Aylward	Ollie Rix	Pam Fletcher	Stanley Victoria Bland
Joey Fletcher	Dylan Myrnest	Chair of magistrates	Karen Archer
Colette Corrigan	Francesca Fulilove	Voice of mature Jennifer Worth	Vanessa Redgrave
Nigel Jones	Owen Barker		

Writer Sally Abbott; Producer Ann Tricklebank  
 Director David Tucker (S) (AD) (HD)

### 9.00 Happy Valley

**RT 6/6 Series 3.** On Catherine's final shift, scores are settled for good and Ryan faces a dilemma. Series 1 and 2 are available on iPlayer. **See page 50.**

Catherine Cawood	Sarah Lancashire	Zeljko Knezevic	Greg Kolpakchi
Tommy Lee Royce	James Norton	Surrojo	Matthew Zajac
Clare Cartwright	Siobhan Finnegan	Viktor	Anthony Flanagan
Nevison Gallagher	George Costigan	DC Willis	Hopi Grace
Ryan Cawood	Rhys Connah	DC Mitchell	Paul Warriner
Andy Shepherd	Vincent Franklin	Becky	Emily Barnett
Alison Gars	Susan Lynch	DC Owen	Natalie Grady
Neil Ackroyd	Con O'Neill	DC Stead	Jason Merrells
Faisal Bhatti	Amit Shah	Nazeem	Saba Amini
Rob Hepworth	Mark Stanley	Joyce	Ishia Bennison
Mike Taylor	Rick Warden	Binita Bhuppal	Sara Bahadori
Ivan Serfic	Oliver Huntingdon	Sledge	Chord Melodic
Matija Jankovic	Jack Bandeira	Gorkem Tekeli	Mete Dursun
DC Harding	Laura Castle	Chief Constable's PA	Rachel Watkinson

Writer Sally Wainwright; Producer Jessica Taylor  
 Director Fergus O'Brien (S) (AD) (HD)

### See feature: page 29

### 10.10 BBC News Regional News; Weather

### 10.40 Match of the Day 2

Highlights include Spurs v Manchester City.  
 Producer Ian Finch; Editor Danny Oldham (S) (HD)

### 11.40 The Women's Football Show

Highlights include Manchester United v Everton.  
 Producer Ali Wood; Executive producer Frank Callaghan (S) (HD)

**12.30am Question of Sport** With Natasha Jonas, Jonathan Davies, Carl Fogarty and Elise Christie. Shown last Friday (S) (HD)

**1.00 Weather for the Week Ahead** (S) (HD)

**1.05–6.00am BBC News** (S) (HD)

**BBC1** Freeview 1/HD 101 **Freesat** 101/HD 106 **Sky** 101 **Virgin** 101

## BBC2

**The Warship: Tour of Duty**  
**9.00pm** In the Suez Canal, Captain Essenhigh is unaware of a crisis looming



### 5.15pm Ski Sunday

**Ep 5.** Action from the men's World Cup slalom in Chamonix, France, where Great Britain's Dave Ryding was among those expected to be involved.  
 Series producer John Nicholson (S) (HD)

### 6.00 Six Nations Special

Ugo Monye presents action from the opening round of fixtures, featuring England v Scotland at Twickenham, Wales v Ireland at the Principality Stadium and Italy v France at Stadio Olimpico. (S) (HD)

### 7.00 Antiques Roadshow

At 17th-century Forty Hall in Enfield, north London, treasures include a pair of miniature hands crafted by Lucien Freud, a destination board from an early London bus and a rare set of wedding jewellery from Nepal.  
 Exec producer Gill Tierney; Series editor Robert Murphy (R) (S) (HD)

### 8.00 Digging for Britain

**RT 5/6 Series 10. Roman Mosaics and Ancient Weapons.** Alice Roberts presents reports from eastern England, beginning in Rutland, where excavation work continues on a Roman mosaic unearthed in 2021. Near Scarborough, a team have discovered 10,000-year-old hunting tools, leaving experts perplexed, while in Hull, one of Henry VIII's powerful fortifications built to repel European invaders is examined, revealing almost its entire footprint. Finally, in Lincolnshire, an astonishing amount of flint has been uncovered, which dates from 10,000 BC right up to the Bronze Age. **See p50.**  
 Series producer Theo Williams; Executive producer Rory Wheeler  
 Repeated Wednesday 12.15am (S) (AD) (HD)

### 9.00 The Warship: Tour of Duty

**RT 3/6.** Following a welcome break in Cyprus, HMS *Queen Elizabeth* heads back to sea, but after passing through the Suez Canal it's discovered that one sailor has contracted Covid-19. A week later, as the ship enters the Indian Ocean, the virus spreads out of control with 400 members of staff now in isolation. With most departments having to perform with a much-reduced labour force, the length of work shifts increases to 12 hours. Moreover, another medical emergency arises on an escorting warship, and it's a life-and-death situation as the casualty requires urgent surgery in *Queen Elizabeth's* state-of-the-art operating theatre. **See p51.**  
 Director Chris Terrill; Exec producers Christine Hall and Alan Clements  
 Repeated Thursday 11.15pm (S) (AD) (HD)

### 10.00 Dunkirk

Second World War drama. During the 1940 British evacuation at Dunkirk, three individuals fight to survive. As soldier Tommy waits to escape the war-torn beach, a civilian sailor from Weymouth aids in the rescue efforts, while a Spitfire pilot provides air support and gains a singular perspective on the chaos below. Available on iPlayer for 30 days. **Film of the Day: p57.**  
 Director Christopher Nolan (2017, 12) (S) (AD) (W) (HD)  
 Also showing Friday 9pm BBC3

### 11.40 Gary Lineker: My Grandad's War

The former England football captain follows in the footsteps of his grandfather, Stanley Abbs, to explore a brutal but overlooked part of the Second World War.  
 Director Sue Hills; Producer Hannah Richards (R) (S) (AD) (HD)

**12.40am Putin vs the West 1/3. My Backyard.** The story of how Western leaders struggled to respond to the Russian invasion of Crimea in 2014. Shown last Monday (S) (AD) (HD)

**1.40–3.40am Sign Zone 1.40 Question Time** Fiona Bruce hosts the debate from Glasgow. Shown last Thu BBC1 (S) (HD)

**2.40 Waterloo Road 5/7.** The year nines are suspicious about Neil's life. First shown last Tuesday BBC1 (S) (AD) (HD)

**BBC2** Freeview 2/HD 102 **Freesat** 102 **Sky** 102 **Virgin** 102



# SUNDAY Main Channels

## DAYTIME

### BBC1

**6.00am Breakfast** Sarah Campbell, Roger Johnson. (S) (HD)  
**7.30 Match of the Day** Shown yesterday 10.30pm (S) (HD)  
**9.00 Sunday with Laura Kuenssberg** Interviews with key politicians and public figures. (S) (HD)  
**10.00 Politics England** Political reports. (S) (HD)  
**10.30 Sunday Morning Live** Sean Fletcher and Holly Hamilton present topical debate. (S) (HD)  
**11.30 Homes under the Hammer** A house in Kent and a terrace in Hanley, Stoke-on-Trent. (R) (S) (HD)  
**12 noon Bargain Hunt** Natasha Raskin Sharp and the teams search for valuable items in York. (R) (S) (AD) (HD)  
**1.00pm BBC News Weather for the Week Ahead** (S) (HD)  
**1.15 Songs of Praise** Aled Jones explores hidden-gem churches in London with historian Joanna Bogle. (S) (HD)  
**1.55 Muppets Most Wanted** ★★ Crime comedy adventure with Ricky Gervais, Ty Burrell and Tina Fey. Available on iPlayer for 7 days. **Review p57.** Director James Bobin (2014, U) (S) (AD) (W) (HD)  
**3.35 Young MasterChef 5/10.** The rookie cooks are down to the last eight, and the twists continue.  
**4.05 6/10.** The final seven contestants enter the world of the professionals. First shown on BBC3 (S) (AD) (HD)  
**4.35-5.35 Serengeti III 3/6 Series 3. Kinship** A baby hippo learns to survive in the river. All three series are available on iPlayer in UHD. (S) (AD) (HD)

### BBC2

**6.00am Countryfile** Visiting first-time farmers. Shown last Sunday. Signed repeat tomorrow 12.50am (S) (HD)  
**7.00 Coast Great Guides** Tessa Dunlop crosses the Irish Sea on a supersized luxury cruise liner. (R) (S) (AD) (HD)  
**8.00 Weatherman Walking** Derek Brockway walks from Saundersfoot to Pendine Sands. (S) (HD)  
**8.30 Around the World in 80 Gardens** Monty Don explores outdoor spaces in the USA. (R) (S) (AD) (HD)  
**9.30 Saturday Kitchen Best Bites** Highlights. (S) (HD)  
**11.00 Tom Kerridge's Fresh Start** Tom encourages the families to take more exercise. (R) (S) (AD) (HD)  
**11.30 The A to Z of TV Cooking** The letter Q. (R) (S) (HD)  
**12.15pm Match of the Day Live Tottenham Hotspur v Chelsea** Coverage of the Women's Super League match from Brisbane Road (kick-off 12.30). (S) (HD)  
**0 BBC RED BUTTON 1.50-3.30 Cycling Live** Coverage of the men's elite race in the Cyclo-Cross World Championships from Hoogerheide, Netherlands  
**2.45 A Matter of Life and Death** ★★★★★ Romantic fantasy starring David Niven and Kim Hunter. Available on iPlayer for 30 days. **Review page 57.** Directors Michael Powell and Emeric Pressburger (1946, U) (S) (HD)  
**4.30-5.15 Flog It!** The team assesses items brought to Allerton Castle in North Yorkshire. (R) (S) (HD)

### ITV1

**6.00am CITV** See page 56 **9.25 ITV News** (S) (HD)  
**9.30 Love Your Weekend with Alan Titchmarsh** Alan talks to guests Mark Benton and Monica Dolan and learns about the art of hoof-trimming. (S) (HD)  
**11.30 James Martin's Saturday Morning** James is joined at his home by *Dogs Behaving (Very) Badly* presenter Graeme Hall. Shown yesterday 9.30am (S) (HD)  
**1.40pm Simply Raymond Blanc** The chef shares recipes for duck breast with marmalade and Swiss chard gratin. Signed repeat Wednesday 3.25am (R) (S) (AD) (HD)  
**2.05-2.15 ITV News Weather; Regional Weather** (S) (HD)

### Channel 4

**6.00am 3rd Rock from the Sun** Double bill. (R) (S) (AD)  
**6.45 The King of Queens** Two episodes. (R) (S) (AD) (HD)  
**7.30 The Simpsons** Four episodes. (R) (S) (AD)  
**9.30 Sunday Brunch** With guests Joe Cornish, Tracy-Ann Oberman, Iain Stirling and RAYE. (S) (HD)  
**12.30pm The Simpsons** Double bill. (R) (S) (AD)  
**1.30 Ferdinand** ★★★★★ Animated comedy adventure featuring the voices of John Cena and Kate McKinnon. After a misunderstanding, brawny but sensitive Mexican bull Ferdinand is selected to star in a high-profile – and possibly deadly – bullfight. **Review page 57.** Director Carlos Saldanha (2017, U) (S) (AD) (W) (HD)  
**3.30-4.35 Scotland's Scenic Railways** Following the team of enthusiasts who work on Strathspey steam railway in the Cairngorms National Park. (R) (S) (AD) (HD)

## BBC1

**Happy Valley**  
**9.00pm** End game: Catherine (Sarah Lancashire) embarks on her last ever shift



**5.35pm BBC News**  
**Regional News; Weather** (S) (HD)

### 6.00 Countryfile

Sean Fletcher unearths the legacy of Cornwall's tin and copper mining industry, while Adam Henson goes in search of a fertiliser hidden under the North York Moors. Includes **Weather for the Week Ahead.** Executive producer Bill Lyons; Series editor Jane Lomas (S) (HD)

### 7.00 His Dark Materials

**RT 8/8 Series 3. The Botanic Garden.** In the world of the mulefa, Lyra and Will reunite with Mary and hear a story that changes everything. The whole of series 1-3 is on iPlayer in UHD. **See page 51.**

Lyra Silvertongue	Dafne Keen	Josephine	Val Adams
Will Parry	Amir Wilson	Elaine Parry	Nina Sosanya
Xaphania	Chipo Chung	Voice of Kirjava	Patricia Allison
Seratina Pekkala	Ruta Gedimintas	Voice of Atal	Kate Ashfield
Balthamos	Kobna Holdbrook-Smith	Voice of Pantalaimon	Kit Connor
Mary Malone	Simone Kirby	Voice of Father Gomez's daemon	
Father Gomez	Jamie Ward	Tuppence Middleton	

Dramatised by Francesca Gardiner; Producer Stephen Haren  
 Director Harry Woolfitt (S) (AD) (HD)

### See page 6

### 8.00 Call the Midwife

**RT 6/8 Series 12.** Trixie supports a very young mother through a difficult time. A box set of previous series is on iPlayer. **See page 50.**

Sister Julianne	Jenny Agutter	Heather O'Dwyer	Lucy Burrows
Nurse Phyllis Crane	Linda Bassett	Beattie Jones	Louise Breckon-Richards
Sister Monica Joan	Judy Parfitt	Jimmy O'Dwyer	Sean Campion
Nurse Trixie Franklin	Helen George	Edith O'Dwyer	Connie Walker
Nurse Shelagh Turner	Laura Main	Gerard Fletcher	Michael Lindall
Dr Patrick Turner	Stephen McGann	Miss Scriven	Rhiannon Neads
Fred Buckle	Cliff Parisi	Jane Fellows	Amy Billett
Violet Buckle	Annabelle Apsion	Eddy	Billy Byers
Miss Millicent Higgins	Georgie Glen	Barry	Aston Williams
Nurse Nancy Corrigan	Megan Cusack	Dr Gallagher	Robin Kermode
Sister Veronica	Rebecca Gethings	May Tang	April Rae Hoang
Cyril Robinson	Zephryn Taitte	Teddy Turner	Edward Shaw
Reggie Jackson	Daniel Laurie	Angela Turner	Alice Brown
Matthew Aylward	Ollie Rix	Pam Fletcher	Stanley Victoria Bland
Joey Fletcher	Dylan Myrnest	Chair of magistrates	Karen Archer
Colette Corrigan	Francesca Fulfulove	Voice of mature Jennifer Worth	Vanessa Redgrave
Nigel Jones	Owen Barker		

Writer Sally Abbott; Producer Ann Tricklebank  
 Director David Tucker (S) (AD) (HD)

### 9.00 Happy Valley

**RT 6/6 Series 3.** On Catherine's final shift, scores are settled for good and Ryan faces a dilemma. Series 1 and 2 are available on iPlayer. **See page 50.**

Catherine Cawood	Sarah Lancashire	Zeljko Knezevic	Greg Kolpakchi
Tommy Lee Royce	James Norton	Surrojo	Matthew Zajac
Clare Cartwright	Siobhan Finnegan	Viktor	Anthony Flanagan
Nevison Gallagher	George Costigan	DC Willis	Hopi Grace
Ryan Cawood	Rhys Connah	DC Mitchell	Paul Warriner
Andy Shepherd	Vincent Franklin	Becky	Emily Barnett
Alison Gars	Susan Lynch	DC Owen	Natalie Grady
Neil Ackroyd	Con O'Neill	DC Stead	Jason Merrells
Faisal Bhatti	Amit Shah	Nazeem	Saba Amini
Rob Hepworth	Mark Stanley	Joyce	Ishia Bennison
Mike Taylor	Rick Warden	Binita Bhuppal	Sara Bahadori
Ivan Serfic	Oliver Huntingdon	Sledge	Chord Melodic
Matija Jankovic	Jack Bandeira	Gorkem Tekeli	Mete Dursun
DC Harding	Laura Castle	Chief Constable's PA	Rachel Watkinson

Writer Sally Wainwright; Producer Jessica Taylor  
 Director Fergus O'Brien (S) (AD) (HD)

### See feature: page 29

### 10.10 BBC News Regional News; Weather

### 10.40 Match of the Day 2

Highlights include Spurs v Manchester City.  
 Producer Ian Finch; Editor Danny Oldham (S) (HD)

### 11.40 The Women's Football Show

Highlights include Manchester United v Everton.  
 Producer Ali Wood; Executive producer Frank Callaghan (S) (HD)

**12.30am Question of Sport** With Natasha Jonas, Jonathan Davies, Carl Fogarty and Elise Christie. Shown last Friday (S) (HD)

**1.00 Weather for the Week Ahead** (S) (HD)

**1.05-6.00am BBC News** (S) (HD)

**BBC1** Freeview 1/HD 101 **Freesat** 101/HD 106 **Sky** 101 **Virgin** 101

## BBC2

**The Warship: Tour of Duty**  
**9.00pm** In the Suez Canal, Captain Essenhigh is unaware of a crisis looming



### 5.15pm Ski Sunday

**Ep 5.** Action from the men's World Cup slalom in Chamonix, France, where Great Britain's Dave Ryding was among those expected to be involved.  
 Series producer John Nicholson (S) (HD)

### 6.00 Six Nations Special

Ugo Monye presents action from the opening round of fixtures, featuring England v Scotland at Twickenham, Wales v Ireland at the Principality Stadium and Italy v France at Stadio Olimpico. (S) (HD)

### 7.00 Antiques Roadshow

At 17th-century Forty Hall in Enfield, north London, treasures include a pair of miniature hands crafted by Lucien Freud, a destination board from an early London bus and a rare set of wedding jewellery from Nepal.  
 Exec producer Gill Tierney; Series editor Robert Murphy (R) (S) (HD)

### 8.00 Digging for Britain

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Second World War drama. During the 1940 British evacuation at Dunkirk, three individuals fight to survive. As soldier Tommy waits to escape the war-torn beach, a civilian sailor from Weymouth aids in the rescue efforts, while a Spitfire pilot provides air support and gains a singular perspective on the chaos below. Available on iPlayer for 30 days. **Film of the Day: p57.**  
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**BBC2** Freeview 2/HD 102 **Freesat** 102 **Sky** 102 **Virgin** 102



## ITV1

3

### Vera 8.00pm

The indefatigable detective tries to solve the riddle behind the death of an ex-soldier



### 2.15pm Six Nations Italy v France

Jill Douglas presents live coverage from the Stadio Olimpico, Rome (kick-off 3.00).

The Azzurri will begin their campaign with renewed optimism after ending a 36-match losing streak with an unforgettable 22-21 win over Wales in their last game of the 2022 Six Nations. But Fabien Galthié's France side will remain favourites for victory today, as they prepare to host the World Cup in September.

Commentary from Miles Harrison, Ben Kay and Nolli Waterman.

Editor Guney Gok (S) (HD)  
See feature: page 14

### 5.30 Love Your Garden

Alan Titchmarsh and his green-fingered team transform a scruffy piece of lawn into a private retreat for the zookeepers at Blackpool Zoo.

Director/Producer Natalie Barb (R) (S) (AD) (HD)

### 6.00 ITV News

Weather; Regional News and Weather (S) (HD)

### 6.25 Dancing on Ice

4/9. The eight remaining celebrities and their professional skating partners take to the ice once more with the aim of impressing judges Jayne Torvill, Christopher Dean, Ashley Banjo and Oti Mabuse with their routines. Phillip Schofield and Holly Willoughby present.

Series producer Richard Berkshire  
Series director Julia Knowles (S) (HD)

### 8.00 Vera

RT 4/6. For the Grace of God. DCI Stanhope investigates the death of former soldier Conn Burns. Once a diligent officer and loyal family man, he ended up living on the streets after struggling to adapt to civilian life, but the detective uncovers a dark secret from Burns's past – and a betrayal in the present day – that led him to a tragic downfall. See page 50.

DCI Vera Stanhope Brenda Blethyn Tony Castillo Zak Douglas  
DS Aiden Healy Kenny Doughty Alexander Johnson Tom Macell  
DC Kenny Lockhart Jon Morrison Mary Malone  
DC Jacqueline Williams Ibinabo Jack Finlay Kevin Wathen  
DC Mark Edwards Riley Jones Sister Michael Sarah Ball  
Dr Paula Bennett Bailey Burns Heidi Sellers  
Sarah Kameela Impey LC Hillier Tamzin Griffin  
Mandy Wilson Rachel Denning Lindsay Greene Rosalyn Wright  
Benny Francis Magee Dominic Adams Harry Long  
Steve Wilson Paul Thornley Conn Burns Mark Armstrong  
Liv Masters Victoria Ekanoye PC Billy Jake Ashton-Nelson  
Kate Burns Joanna Horton Bride-to-be Charlotte Ryder  
Dylan Sharpe Denver-Isaac Kwashe  
Writer Sally Abbott; Producer Debbie Shewell  
Director Claire Winyard (S) (AD) (HD)

### 10.00 ITV News

Weather; Regional Weather (S) (HD)

### 10.15 Maternal

1/6. A chance to see the first three episodes of the new medical drama. On her return to work, Maryam is thrust on to the front line.

11.10 2/6. Helen's sister returns into her life.

12.10am 3/6. A routine operation takes a critical turn. Continues tomorrow 9pm. The whole series is available as a box set on ITVX.

Writer Jacqui Honess-Martin; Producer Betsan Morris Evans  
Director James Griffiths For cast see Monday (R) (S) (AD) (HD)

### 1.10 Home Shopping (HD)

3.00 The Widow 4/8. Georgia courts danger in order to get closer to Pieter. (R) (S) (SL) (AD) (HD)

3.50 Unwind A sequence to calm the mind. (S) (HD)

5.05-6.00am Lingo Three couples compete in the fast-moving word game. Shown last Friday (S) (SL) (HD)

ITV1 Freeview 3/HD 103 Freesat 103 Sky 103 Virgin 113/HD 103

+1 Freeview 35 Freesat 112 Sky 203 Virgin 114

## Channel 4

4  
7 in Wales

### Top Dog 11.15pm

Odd couple: ex-con Teddy and driven lawyer Emily team up in the Swedish crime drama



### 4.35pm Matt Baker: Our Farm in the Dales

2/6 Series 2. The Bakers set up CCTV in the goat stables so that Matt's mum Janice can keep an eye on her pregnant pygmy goats.

Director Matt Baker; Series producer Charlie Bullock (R) (S) (AD) (HD)

### 5.35 Channel 4 News Sport; Weather (S) (HD)

### 6.00 The Andrew Neil Show

Interviews with decision-takers and news-makers.

Director Martin Collett; Producer Scarlett Maguire (S) (HD)

### 6.45 World's Most Secret Hotels

RT 2/6. This episode looks at luxury desert accommodation in Jordan, an unusual 200-year-old building at Cley next the Sea in Norfolk, and a decommissioned passenger plane that is now a hotel in Sweden. Plus an Ecuadorian hideaway so remote that deliveries are made only three times a month. The whole series will be on All 4 after this episode. See p50.

Repeated Thursday 7pm 4seven (S) (AD) (HD)

RT TRAVEL A choice of three North American vacations: California and the western USA; the Deep South, plus Texas; and the Canadian Rockies: page 138

### 7.45 The Great Pottery Throw Down

Ep 5. Host Siobhán McSweeney takes the eight remaining potters up on the roof to create gargoyles, and guest judge Gabriel Nichols challenges the group to make a chimney pot.

Series director Mark Drake; Series producer Jennifer Morrison  
Repeated tomorrow 9pm 4seven, Tuesday 3.50am Channel 4 with signing and Friday 7.45pm More4 (S) (AD) (HD)

### 9.00 Angel Has Fallen ★★

Action thriller. When an assassination attempt leaves the US President in a coma, trusted Secret Service agent Mike Banning is accused of plotting the attack and goes on the run while trying to prove his innocence. Review page 57.

Mike Banning Gerard Butler Clay Banning Nick Nolte  
President Trumbull Morgan Freeman David Gentry Lance Reddick  
Wade Jennings Danny Huston Vice President Kirby Tim Blake Nelson  
Director Ric Roman Waugh (2019, 15) (S) (AD) (W) (HD)  
Also showing Wednesday 10pm 4seven

### 11.15 Top Dog

RT Channel 4 premieres just the first episode of this Swedish crime drama from Walter Presents, with the whole series available on All 4 from Friday 3 February. The disappearance of a young man leads to an unlikely pairing, as Emily, a lawyer, teams up with Teddy, a convict out on parole. For Emily to secure her future, she must find Philip, the kidnapped son of her firm's most important client. For Teddy to break free from his life of crime, he needs to find those who have taken Philip. But how will the duo adapt to working together? Swedish +subtitles. See page 51. (HD)

Emily Josefín Asplund Rewan Kardo Razzazi  
Teddy Alexej Manvelov Isak Mahmud Suvacki  
Nikola Gustav Lindh Philip Bjorn Elgerd

12.15am Downhill ★★ Comedy drama starring Will Ferrell and Julia Louis-Dreyfus. Pete and Billie take their two teenage sons to a ski resort, but when an avalanche briefly threatens them, Pete grabs his phone and runs away. This small act threatens to tear the couple apart. Available on All 4 for 7 days. Review p57.

Directors Nat Faxon and Jim Rash (2020, 15) (S) (W) (HD)

1.45 Ramsay's Kitchen Nightmares USA Gordon revisits three restaurants he tried to save. (R) (S) (SL) (HD)

2.35 Come Dine with Me Dinner parties in the West Midlands feature a taste of the Middle East. (R) (S) (AD) (HD)

4.45 Jamie: Keep Cooking Family Favourites A vegetarian take on toad-in-the-hole. (R) (S) (AD) (HD)

5.15-6.10am One Question Claudia Winkleman hosts the general knowledge quiz show. (R) (S) (HD)

Channel 4 F'view 4/HD 104 F'sat 104/HD 126 Sky 104 Virgin HD 104

+1 Freeview 15 Freesat 121 Sky 204 Virgin 142

## BBC4

9  
24 in Scotland

### Pavarotti in Hyde Park

7.45pm The acclaimed tenor's performance from July 1991



### 7.00pm Come Dancing

Terry Wogan presents the second semi-final of the 1979 dance contest, which sees Northern Ireland take on the North West in latin, ballroom, old time, formation and disco routines.

Ray Moore provides the commentary from the Assembly Rooms in Derby.

Series producer Ken Griffin (R) (S)

### 7.45 Pavarotti in Hyde Park

Katherine Jenkins introduces a look back at the outdoor concert given by the great tenor Luciano Pavarotti, then 55, in July 1991 to celebrate 30 years of singing opera. Despite torrential rain, 125,000 fans saw him perform on a pink-canopied neo-classical stage, including the Prince and Princess of Wales, Andrew Lloyd Webber, Michael Caine and then prime minister John Major. Ignoring the inclement weather, Pavarotti enthralled his audience with a selection of his favourite arias, accompanied by the 82-member Philharmonia Orchestra and the 120-voice Philharmonia Chorus.

Director Christopher Swann; Producer Andy Ward  
First shown on BBC2 (S)

### 9.20 Pavarotti ★★ ★★

Biographical documentary about the opera singer Luciano

Pavarotti, tracing his life from Italy in the Second World War to his death in 2007. Archive footage and interviews with family, friends and collaborators illustrate Pavarotti's professional rise to opera superstar with the Three Tenors, as well as his storied personal life. Review page 57.

Director Ron Howard (2019, 12) (S) (W) (HD)

### 11.05 Pavarotti: King of the High Cs

Introspective documentary from 1979 filmed in Modena, Pesaro and Verona, in which celebrated Italian tenor Luciano Pavarotti talks about his life and performs arias by Verdi, Puccini and Leoncavallo, accompanied by the Orchestra Stabile Romagna, conducted by Leone Magiera.

Producer Ian Engelmann First shown BBC2 (R) (S)

### 11.55 Opera Italia

1/3. Beginnings. Antonio Pappano traces the history of Italian opera, beginning by exploring the work of Monteverdi and Rossini, as well as Handel and Mozart, who were pivotal in the development of the art form.

Director/Producer Flavia Rittner (R) (S) (HD)

12.55am Michael Palin's New Europe 4/7 Danube to Dnieper. A journey from chic Budapest to the Ukrainian resort of Yalta, via Lviv and Kyiv. Shown last Wed (S) (AD) (HD)

1.55 Stewart Copeland's Adventures in Music 1/3. The musician explores the power music has to bring people together and to bond them in ways that are fundamental to our evolution and existence. Shown last Friday (S) (HD)

2.55-3.55am Arctic with Bruce Parry 4/5. The adventurer visits the wilderness of Canada's far north to live with the inhabitants. Shown yesterday 7pm (S) (SL) (AD) (HD)

BBC4 F'view 9/HD 106 F'sat 108 Sky 116 Virgin 108

## BBC1 SCOTLAND

10.00-10.30am The Sunday Show  
11.40pm Sportscene: Premiership Highlights: St Johnstone v Celtic  
12.40am The Women's Football Show 1.30 Question of Sport 2.00 Weather for the Week Ahead 2.05-6.00 BBC News

## BBC SCOTLAND

7.00pm The Seven 7.15 Sportscene: Premiership Highlights 8.15 Return to Uist: following a young family moving to a remote island 8.45 Rewind 2000s 9.00 Still Game 9.30 Life on the Bay 10.00 Darren McGarvey's Class Wars: how identities and destinies are shaped by social class 11.00-12 midnight Seven Days

## STV

3.50-5.05am Night Vision

## BBC1 WALES

10.00-10.30am Politics Wales 11.30 Bargain Hunt 12.30-1.00pm Kiri's TV Flashback: archive clips reveal how Wales envisaged the future 1.55 Nature's Weirdest Events 2.05 Young MasterChef: double bill 3.05 Question of Sport 3.35-4.35 Slammed: the Seventies 12.30-1.00am Not Going Out

## BBC2 WALES

6.00-7.00pm Scrum V Six Nations Special: action from Wales v Ireland

## BBC1 NORTHERN IRELAND

10.00-10.30am Sunday Politics Northern Ireland

## BBC2 NORTHERN IRELAND

10.00pm Brian Friel: Shy Man, Showman: how the playwright redefined Irish theatre in the second half of the 20th century 11.00 Sunday Politics Northern Ireland 11.30-11.40 Weather Watchers with Barra Best: the weatherman examines how climate shapes people's lives

Channel 5 listings are overleaf



## ITV1

3

### Vera 8.00pm

The indefatigable detective tries to solve the riddle behind the death of an ex-soldier



### 2.15pm Six Nations Italy v France

Jill Douglas presents live coverage from the Stadio Olimpico, Rome (kick-off 3.00).

The Azzurri will begin their campaign with renewed optimism after ending a 36-match losing streak with an unforgettable 22-21 win over Wales in their last game of the 2022 Six Nations. But Fabien Galthié's France side will remain favourites for victory today, as they prepare to host the World Cup in September.

Commentary from Miles Harrison, Ben Kay and Nolli Waterman.

Editor Guney Gok (S) (HD)

See feature: page 14

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Series producer Richard Berkshire

Series director Julia Knowles (S) (HD)

### 8.00 Vera

RT 4/6. For the Grace of God. DCI Stanhope investigates the death of former soldier Conn Burns. Once a diligent officer and loyal family man, he ended up living on the streets after struggling to adapt to civilian life, but the detective uncovers a dark secret from Burns's past – and a betrayal in the present day – that led him to a tragic downfall. See page 50.

DCI Vera Stanhope Brenda Blethyn Tony Castillo Zak Douglas  
DS Aiden Healy Kenny Doughty Alexander Johnson Tom Macell  
DC Kenny Lockhart Jon Morrison Mary Malone  
DC Jacqueline Williams Ibinabo Jack Finlay Kevin Wathen  
DC Mark Edwards Riley Jones Sister Michael Sarah Ball  
Dr Paula Bennett Bailey Burns Heidi Sellers  
Sarah Kameela Impey LC Hillier Tamzin Griffin  
Mandy Wilson Rachel Denning Lindsay Greene Rosalyn Wright  
Benny Francis Magee Dominic Adams Harry Long  
Steve Wilson Paul Thornley Conn Burns Mark Armstrong  
Liv Masters Victoria Ekanoye PC Billy Jake Ashton-Nelson  
Kate Burns Joanna Horton Bride-to-be Charlotte Ryder  
Dylan Sharpe Denver-Isaac Kwashe  
Writer Sally Abbott; Producer Debbie Shewell  
Director Claire Winyard (S) (AD) (HD)

### 10.00 ITV News

Weather; Regional Weather (S) (HD)

### 10.15 Maternal

1/6. A chance to see the first three episodes of the new medical drama. On her return to work, Maryam is thrust on to the front line.

11.10 2/6. Helen's sister returns into her life.

12.10am 3/6. A routine operation takes a critical turn. Continues tomorrow 9pm. The whole series is available as a box set on ITVX. Writer Jacqui Honess-Martin; Producer Betsan Morris Evans Director James Griffiths For cast see Monday (R) (S) (AD) (HD)

### 1.10 Home Shopping (HD)

3.00 The Widow 4/8. Georgia courts danger in order to get closer to Pieter. (R) (S) (SL) (AD) (HD)

3.50 Unwind A sequence to calm the mind. (S) (HD)

5.05-6.00am Lingo Three couples compete in the fast-moving word game. Shown last Friday (S) (SL) (HD)

ITV1 Freeview 3/HD 103 Freesat 103 Sky 103 Virgin 113/HD 103

+1 Freeview 35 Freesat 112 Sky 203 Virgin 114

## Channel 4

4  
7 in Wales

### Top Dog 11.15pm

Odd couple: ex-con Teddy and driven lawyer Emily team up in the Swedish crime drama



### 4.35pm Matt Baker: Our Farm in the Dales

2/6 Series 2. The Bakers set up CCTV in the goat stables so that Matt's mum Janice can keep an eye on her pregnant pygmy goats.

Director Matt Baker; Series producer Charlie Bullock (R) (S) (AD) (HD)

### 5.35 Channel 4 News Sport; Weather (S) (HD)

### 6.00 The Andrew Neil Show

Interviews with decision-takers and news-makers. Director Martin Collett; Producer Scarlett Maguire (S) (HD)

### 6.45 World's Most Secret Hotels

RT 2/6. This episode looks at luxury desert accommodation in Jordan, an unusual 200-year-old building at Cley next the Sea in Norfolk, and a decommissioned passenger plane that is now a hotel in Sweden. Plus an Ecuadorian hideaway so remote that deliveries are made only three times a month. The whole series will be on All 4 after this episode. See p50. Repeated Thursday 7pm 4seven (S) (AD) (HD)

RT TRAVEL A choice of three North American vacations: California and the western USA; the Deep South, plus Texas; and the Canadian Rockies: page 138

### 7.45 The Great Pottery Throw Down

Ep 5. Host Siobhán McSweeney takes the eight remaining potters up on the roof to create gargoyles, and guest judge Gabriel Nichols challenges the group to make a chimney pot.

Series director Mark Drake; Series producer Jennifer Morrison Repeated tomorrow 9pm 4seven, Tuesday 3.50am Channel 4 with signing and Friday 7.45pm More4 (S) (AD) (HD)

### 9.00 Angel Has Fallen ★★

Action thriller. When an assassination attempt leaves the US President in a coma, trusted Secret Service agent Mike Banning is accused of plotting the attack and goes on the run while trying to prove his innocence. Review page 57.

Mike Banning Gerard Butler Clay Banning Nick Nolte  
President Trumbull Morgan Freeman David Gentry Lance Reddick  
Wade Jennings Danny Huston Vice President Kirby Tim Blake Nelson  
Director Ric Roman Waugh (2019, 15) (S) (AD) (W) (HD)  
Also showing Wednesday 10pm 4seven

### 11.15 Top Dog

RT Channel 4 premieres just the first episode of this Swedish crime drama from Walter Presents, with the whole series available on All 4 from Friday 3 February. The disappearance of a young man leads to an unlikely pairing, as Emily, a lawyer, teams up with Teddy, a convict out on parole. For Emily to secure her future, she must find Philip, the kidnapped son of her firm's most important client. For Teddy to break free from his life of crime, he needs to find those who have taken Philip. But how will the duo adapt to working together? Swedish +subtitles. See page 51. (HD)

Emily Josefín Asplund Rewan Kardo Razzazi  
Teddy Alexej Manvelov Isak Mahmud Suvacki  
Nikola Gustav Lindh Philip Bjorn Elgerd

12.15am Downhill ★★ Comedy drama starring Will Ferrell and Julia Louis-Dreyfus. Pete and Billie take their two teenage sons to a ski resort, but when an avalanche briefly threatens them, Pete grabs his phone and runs away. This small act threatens to tear the couple apart. Available on All 4 for 7 days. Review p57. Directors Nat Faxon and Jim Rash (2020, 15) (S) (W) (HD)

1.45 Ramsay's Kitchen Nightmares USA Gordon revisits three restaurants he tried to save. (R) (S) (SL) (HD)

2.35 Come Dine with Me Dinner parties in the West Midlands feature a taste of the Middle East. (R) (S) (AD) (HD)

4.45 Jamie: Keep Cooking Family Favourites A vegetarian take on toad-in-the-hole. (R) (S) (AD) (HD)

5.15-6.10am One Question Claudia Winkleman hosts the general knowledge quiz show. (R) (S) (HD)

Channel 4 F'view 4/HD 104 F'sat 104/HD 126 Sky 104 Virgin HD 104

+1 Freeview 15 Freesat 121 Sky 204 Virgin 142

## BBC4

9  
24 in Scotland

### Pavarotti in Hyde Park

7.45pm The acclaimed tenor's performance from July 1991



### 7.00pm Come Dancing

Terry Wogan presents the second semi-final of the 1979 dance contest, which sees Northern Ireland take on the North West in latin, ballroom, old time, formation and disco routines.

Ray Moore provides the commentary from the Assembly Rooms in Derby.

Series producer Ken Griffin (R) (S)

### 7.45 Pavarotti in Hyde Park

Katherine Jenkins introduces a look back at the outdoor concert given by the great tenor Luciano Pavarotti, then 55, in July 1991 to celebrate 30 years of singing opera. Despite torrential rain, 125,000 fans saw him perform on a pink-canopied neo-classical stage, including the Prince and Princess of Wales, Andrew Lloyd Webber, Michael Caine and then prime minister John Major. Ignoring the inclement weather, Pavarotti enthralled his audience with a selection of his favourite arias, accompanied by the 82-member Philharmonia Orchestra and the 120-voice Philharmonia Chorus.

Director Christopher Swann; Producer Andy Ward First shown on BBC2 (S)

### 9.20 Pavarotti ★★ ★★

Biographical documentary about the opera singer Luciano

Pavarotti, tracing his life from Italy in the Second World War to his death in 2007. Archive footage and interviews with family, friends and collaborators illustrate Pavarotti's professional rise to opera superstar with the Three Tenors, as well as his storied personal life. Review page 57.

Director Ron Howard (2019, 12) (S) (W) (HD)

### 11.05 Pavarotti: King of the High Cs

Introspective documentary from 1979 filmed in Modena, Pesaro and Verona, in which celebrated Italian tenor Luciano Pavarotti talks about his life and performs arias by Verdi, Puccini and Leoncavallo, accompanied by the Orchestra Stabile Romagna, conducted by Leone Magiera.

Producer Ian Engelmann First shown BBC2 (R) (S)

### 11.55 Opera Italia

1/3. Beginnings. Antonio Pappano traces the history of Italian opera, beginning by exploring the work of Monteverdi and Rossini, as well as Handel and Mozart, who were pivotal in the development of the art form. Director/Producer Flavia Rittner (R) (S) (HD)

12.55am Michael Palin's New Europe 4/7 Danube to Dnieper. A journey from chic Budapest to the Ukrainian resort of Yalta, via Lviv and Kyiv. Shown last Wed (S) (AD) (HD)

1.55 Stewart Copeland's Adventures in Music 1/3. The musician explores the power music has to bring people together and to bond them in ways that are fundamental to our evolution and existence. Shown last Friday (S) (HD)

2.55-3.55am Arctic with Bruce Parry 4/5. The adventurer visits the wilderness of Canada's far north to live with the inhabitants. Shown yesterday 7pm (S) (SL) (AD) (HD)

BBC4 F'view 9/HD 106 F'sat 108 Sky 116 Virgin 108

## BBC1 SCOTLAND

10.00-10.30am The Sunday Show  
11.40pm Sportscene: Premiership Highlights: St Johnstone v Celtic  
12.40am The Women's Football Show 1.30 Question of Sport 2.00 Weather for the Week Ahead 2.05-6.00 BBC News

## BBC SCOTLAND

7.00pm The Seven 7.15 Sportscene: Premiership Highlights 8.15 Return to Uist: following a young family moving to a remote island 8.45 Rewind 2000s 9.00 Still Game 9.30 Life on the Bay 10.00 Darren McGarvey's Class Wars: how identities and destinies are shaped by social class 11.00-12 midnight Seven Days

## STV

3.50-5.05am Night Vision

## BBC1 WALES

10.00-10.30am Politics Wales 11.30 Bargain Hunt 12.30-1.00pm Kiri's TV Flashback: archive clips reveal how Wales envisaged the future 1.55 Nature's Weirdest Events 2.05 Young MasterChef: double bill 3.05 Question of Sport 3.35-4.35 Slammed: the Seventies 12.30-1.00am Not Going Out

## BBC2 WALES

6.00-7.00pm Scrum V Six Nations Special: action from Wales v Ireland

## BBC1 NORTHERN IRELAND

10.00-10.30am Sunday Politics Northern Ireland

## BBC2 NORTHERN IRELAND

10.00pm Brian Friel: Shy Man, Showman: how the playwright redefined Irish theatre in the second half of the 20th century 11.00 Sunday Politics Northern Ireland 11.30-11.40 Weather Watchers with Barra Best: the weatherman examines how climate shapes people's lives

Channel 5 listings are overleaf



# SUNDAY Freeview

## Channel 5

5



**22 Kids and Counting 8.00pm**  
The Radfords take a trip to France

**5.35am Milkshake!** See page 56  
**10.00 New. The Smurfs** Papa Smurf holds a special vote. First shown on Nicktoons (S) (HD)  
**10.15 SpongeBob SquarePants**  
The friends play mini golf. (S) (HD)  
**10.25 Entertainment News** (S) (HD)  
**10.30 Friends Series 5.** Emily punches Ross and runs off on their wedding day.  
**11.00 Rachel** returns from Greece.  
**11.25 Phoebe** gives birth to triplets.  
**11.55 Phoebe** tries to perform a selfless act.  
**12.25pm** Joey discovers Chandler and Monica's secret romance. (S) (AD) (HD)  
**12.55 An Aurora Teagarden Mystery: Dead over Heels** A crime fighter tries to solve the murder of a detective who was not fond of her sleuthing. (S) (HD)  
**2.40 Miss Willoughby Mysteries**  
A professor is asked to investigate a series of hauntings at an antique bookshop. (S) (HD)  
**4.35pm Beast from the East: the Big Freeze of 2018**  
News archive, video and interviews reveal how Britain was hit by a brutal weather system from Siberia.  
Director Simon Harries First shown last Monday (S) (HD)  
**6.00 When Weather Goes Horribly Wrong**  
After the Bahamas are hit by Hurricane Dorian's 200mph winds, a woman and her child are forced to swim through shark-infested waters. (S) (HD)  
**6.55 5 News** (S) (HD)  
**7.00 New. How to Bag a Bargain Holiday**  
Travel industry insiders reveal tips and tricks to secure holidays at bargain prices, including when to fly and where from, loopholes and bargaining tools.  
Producer Simon Hall (S) (HD)  
**8.00 New. 22 Kids and Counting 5/10 Series 3.** Josh's behaviour results in dad Noel being called into school: time for some bonding on a camping trip.  
Director/Producer Alex Ash (S) (HD)  
**9.00 New series. The Cruise: Welcome Aboard!**  
1/12 Series 2. A couple are taking their first ever trip without their daughter, and there's a turn from the ship's resident drag queen. Sheridan Smith narrates.  
Producer Gerard McHugh (S) (HD)  
**10.00 Bargain-Loving Brits in the Sun**  
Following Brits who moved to Spain for sun and a low-cost life. (S) (HD)  
**10.55 Most Shocking Celebrity Moments**  
Celebrity career catastrophes, from Roseanne's racist tweet and angry apology to Kendall Jenner's Pepsi advert.  
Directors Tom Hopgood and Simon Proctor (S) (HD)  
**12.55am** Entertainment News (S) (HD)  
**1.00 New. Casino** (S) (HD) **3.00** George Clarke's Build a New Life in the Country (S) (HD) **3.50** Cruising with Jane McDonald (S) (SL) (HD) **4.40** House Busters (S) (SL) (HD)  
**5.05-5.35am** House Doctor (S) (SL)  
**C5 F-view 5/HD 105 F'sat 105 Sky 105 Virgin 154/HD 105**  
**+1 Freeview 46 Freesat 128 Sky 205 Virgin 155**

BBC4 listings are overleaf

## BBC3

23



**Him and Her 9.00pm** Steve (Russell Tovey) and Becky (Sarah Solemani)

**7.00pm New. Ryan Tricks on the Streets**  
Ryan gives a gift to disabled students. (S) (HD)  
**7.05 Gassed Up**  
5/6 Series 1. Chelcee Grimes guests. (S) (HD)  
**7.55 New. Top Gear America 9/11 Series 1. Desert Toys.** Rob calls for a lifeline in the new Jeep Mojave. (S) (HD)  
**8.25 New. 10/11. The Bestselling Pickup Truck.** A horse in Arizona shows the guys who pulls the most weight. (S) (HD)  
**9.00 Him and Her**  
3/6 Series 1. Paul's son is having a party – will Steve and Becky attend? (S) (AD) (HD)  
**9.30 4/6.** Steve has a dream about Becky and her ex. A box set is on iPlayer (S) (AD) (HD)  
**10.00 New. Bad Education**  
4/6 Series 4. Trailblazers. Stephen feels old. All four series are available on iPlayer. For cast see the repeat on Tuesday BBC1 (S) (AD) (HD)  
**10.30 New series. Search Party 1/10 Series 2. Murder!** The gang is faced with a horrifying task. (S) (HD)  
**10.55 New. 2/10. Conspiracy.** The group sets out to return Chantal to her family. (S) (HD)  
**11.20 What We Do in the Shadows**  
★★★★ Horror comedy starring Jemaine Clement and Taika Waititi as house-sharing vampires. Available on iPlayer. Directors Jemaine Clement, Taika Waititi (2014, 15) (S) (AD) (W) (HD) Shown Saturday 1.25am BBC2  
**12.40am** as 10pm **1.10** Charlotte in Sunderland (S) (HD) **2.10** Him and Her (S) (SL) (AD) (HD) **3.10** Bad Education (S) (SL) (AD) (HD) **3.40-3.45am** as 7pm  
**BBC3 F-view 23/HD 109 (not Scot/Wales) F'sat 179/HD 107 Sky 117 (173 London; 141 Scot; 115 NI) Virgin 107 (157 Scot/Wales)**  
**ITV2** 6

**6.00am** Totally Bonkers Guinness World Records (S) (HD) **6.35** Secret Crush (S) (HD)  
**9.30** Dress to Impress (S) (HD) **11.35** The Masked Singer Shown Sat 7pm ITV (S) (AD) (HD)  
**1.00pm FILM** Sherlock Gnomes ★★ Animated comedy (S) (W) (HD) **2.50 FILM** Goosebumps 2: Haunted Halloween ★★ Comedy horror adventure (S) (AD) (W) (HD)  
**4.40 FILM** Big ★★★★★ Comedy starring Tom Hanks. At a fortune-telling booth, 12-year-old Josh Baskin wishes that he could be "big". The next morning he finds himself fully grown. **Review p57** (S) (AD) (W) (HD)  
**6.50pm FILM Step Up ★★** Romantic drama starring Channing Tatum and Jenna Dewan. Disaffected youth Tyler Gage is a talented dancer, but his social circumstances are drawing him towards a life of crime. After taking the blame for an act of vandalism, he is sentenced to community service at a local performing arts school, where he forms an unlikely partnership with up-and-coming ballerina Nora Clark. (S) (AD) (W) (HD)  
**9.00 New. Love Island: The fourth week** begins with the single people still living like celebrities in the villa. (S) (HD)  
**10.00 New. Love Island: Aftersun** Maya Jama presents a weekly dose of exclusives and behind-the-scenes action. (S) (HD)  
**11.05 Family Guy Series 16.** Peter goes out of his way to win an Emmy. (S) (AD) (HD)  
**11.35 Series 13.** Meg gets a job at the airport, while Cleveland becomes a therapist and gives relationship advice to Peter and Lois. (S) (AD) (HD)  
**12 midnight** American Dad! double bill (S) (AD) **1.00am** The Sex Lives of College Girls (S) (HD) **2.05-3.00am** All American (S) (HD)  
**ITV2 Freeview 6 Freesat 113 Sky 118 Virgin 115**  
**+1 Freeview 29 Freesat 114 Sky 218 Virgin 116**

## ITV3

10



**Maigret 10.00pm** The detective examines the murders of two women

**6.00am** On the Buses (S) **6.35** Emmerdale: omnibus Rptd 3.10am (S) (SL) (AD) (HD) **9.20** Inspector Morse: Series 6. *Cherubim and Seraphim*. When tragedy strikes in his own family, Morse is forced to confront the generation gap (S) (AD) (HD) **11.35** Agatha Christie's Poirot: *Death in the Clouds*. A woman is murdered during a flight; **1.45pm** The ABC Murders. The sleuth investigates a bizarre series of deaths (S) (AD) (HD) **4.00** Doc Martin: 3/9 Series 2. *Blood Is Thicker*. Al discovers a disturbing family secret; **5.00** 4/9. *Aromatherapy*. The GP is baffled by a patient's bad case of body odour (S) (AD)  
**6.00pm Rosemary and Thyme**  
3/8 Series 2. *They Understand Me in Paris*. The duo visit the French Riviera. (S) **7.00 4/8. The Invisible Worm. When the pair are called in to discover why roses at a prep school keep dying, they witness a strange ritual that leads to murder. (S)  
**8.00 Judi Dench's Wild Borneo Adventure**  
2/2. Dame Judi learns more about Borneo's unique wildlife and threatened environment. (S) (AD) (HD)  
**9.00 Joanna Lumley's Silk Road Adventure**  
2/4. Georgia and Azerbaijan. The actress travels from the Black Sea to the Caspian, taking her through the post-Soviet states of Georgia and Azerbaijan. (S) (AD) (HD)  
**10.00 Maigret**  
Maigret in Montmartre. Rowan Atkinson stars as the unflappable French detective, who discovers a dark secret. (S) (AD) (HD)  
**11.50 Upstairs, Downstairs**  
Series 2. *The New Man*. Laurence's wife's uncontrollable jealousy prompts her to sack two of the servants. (S)  
**12.55am A Pair of Exiles**. Scandal threatens Eaton Place as news spreads that James, already heavily in debt, has got one of the servants pregnant. (S)  
**2.00** On the Buses (S) **3.10** as 6.35am **5.40-6.00am** Unwind (S) (HD)  
**ITV3 Freeview 10 Freesat 115 Sky 119 Virgin 117**  
**+1 F-view 59 (9pm-4am) F'sat 116 Sky 219 Virgin 174**  
**ITV4** 26**

**6.00am New.** Motorsport Mundial (S) (HD) **6.25 New.** Auto Mundial (S) (HD) **6.55** Minder: Arthur gets political (S) (SL) (AD) **9.00 New.** EFL Highlights: action from the latest fixtures (S) (HD) **11.00** The Sweeney (S)  
**12.10pm** River Monsters (S) (HD) **12.45** Great Racehorses (S) (HD) **1.10 LIVE** Racing: the second day of Dublin Racing Festival (S) (HD)  
**4.00** World of Sport (S) (HD) **4.10 FILM** Butch and Sundance: the Early Days ★★ Comedy western (S) (AD) (W) (HD)  
**6.25pm The Chase Celebrity Special**  
Amanda Byram, Adam Thomas, Brendan Cole and Naga Munchetty challenge one of the fearsome Chasers. (S) (HD)  
**7.30 Live Spanish Football Barcelona v Sevilla**  
Semra Hunter presents coverage of the La Liga match (kick-off 8.00). (S) (HD)  
**10.15 FILM Rocky Balboa ★★** Boxing drama starring, written and directed by Sylvester Stallone. Long since retired Rocky takes on the current reigning heavyweight champion in a charity bout. (S) (AD) (W) (HD)  
**12.25am FILM** Platoon ★★★★★ Oliver Stone's Oscar-winning war drama starring Tom Berenger (S) (AD) (W) (HD) **2.45-3.00am** Unwind (S) (HD)  
**ITV4 Freeview 26 Freesat 117 Sky 120 Virgin 118**  
**+1 Freesat 118 Sky 220 Virgin 175**

## Drama

20



**Rebus 10.00pm** The cop is back on duty to root out two corrupt officers

**7.30am** The Bill: four episodes. Gilmore investigates a homophobic assault; **8.25** McAllister drops a bombshell; **9.30** An attractive new WPC starts at Sun Hill; **10.30** Taviner's anonymous blackmailer makes fresh demands **11.30** New Tricks: 7/10 Series 10. The team probes the death of an MP's researcher and ends up in hot pursuit of a mysterious Bosnian woman (AD) (HD)  
**12.50pm** Bleak House: *Ep 7*. Tulkinghorn is killed; **2.00 Ep 8.** The notorious lawsuit finally draws to a close (S) (AD) (HD) **3.10** Catherine Cookson's The Black Velvet Gown: period drama set in 19th-century rural Northumberland. Bob Peck and Janet McTeer star (S) **5.30** Call the Midwife: 2/8 Series 2. Cynthia comes under scrutiny when the Kelly family's newborn son dies tragically in unexplained circumstances (S) (AD) (HD)  
**6.50pm Atlantic Crossing**  
4/8. *Fires Spread*. Martha is pressured to exploit her friendship with Roosevelt. (HD)  
**8.00 New Tricks**  
8/10 Series 10. *The One That Got Away*  
The discovery of a photograph featuring a missing woman leads to the hunt for a serial killer – which prompts Sandra to make a life-changing decision. (S) (AD) (HD)  
**9.00 Frankie Drake Mysteries**  
10/10 Series 4. *A Family Affair*. A shakeup in all the girls' lives sees Frankie's dad alive but in danger. (S) (AD) (HD)  
**10.00 Rebus**  
1/4 Series 4. *Resurrection Men*. When a gallery owner is murdered and his body dumped in a bin-liner, initial lines of enquiry centre on artist Charlie Guthrie. (S)  
**11.35 The Inspector Lynley Mysteries**  
2/4 Series 3. *A Traitor to Memory*. The detectives investigate the death of a woman killed in a hit-and-run incident. (S)  
**1.35am** New Tricks: 4/7 Series 1. The team investigates a peace protester's murder (S) (AD) **2.55-4.00am** Passport to Freedom: 5/8 Series 1. Aracy steps up her efforts to help refugees flee Germany (S) (HD)  
**Drama Freeview 20 Freesat 158 Sky 143 Virgin 130**  
**+1 Freeview 60 Sky 243 Virgin 226**  
**ITVBe** 28

**7.00am** Little Women: LA (S) (HD) **7.50** Making It Home with Kortney and Dave (S) (HD) **8.50** Be Beautiful (S) (AD) (HD) **9.00** LittleBe (HD)  
**12 noon** Be Beautiful (S) (AD) (HD) **12.15pm** New. Sugar Showdown (S) (HD) **12.45** The Real Housewives of New Jersey (S) (HD)  
**5.30pm New series. Great Chocolate Showdown**  
A batch of ten new bakers dive into the wonderful world of chocolate. (S) (HD)  
**6.30 New.** The nine remaining home bakers use chocolate to create playful vessels to hold their desserts. (S) (HD)  
**7.30 New series. Billie and Greg: the Family Diaries**  
The Shepherds prepare to welcome baby number three. (S) (HD)  
**9.00 Botched**  
The most memorable celebrity patients. (S) (HD)  
**10.00 Totally Unbelievable**  
A selection of bust-ups between famous people. (S) (HD)  
**11.00 Don't Be Tardy**  
Tracey returns as the Biermanns invade Scottsdale, Arizona. (S) (HD)  
**11.30** The group enjoy a whirlwind night of gambling in Las Vegas. (S) (HD)  
**12 midnight-1.00am** The Real Housewives of Atlanta: the ladies travel to the Big Apple for Kandi's Broadway show (S) (HD)  
**ITVBe Freeview 28 Freesat 119 Sky 131 Virgin 119**  
**+1 Virgin 120 (Scotland 162)**

ALL PROGRAMMES ON THE ABOVE CHANNELS ARE REPEATS UNLESS OTHERWISE STATED



## More4

18



**Rescue: Extreme Medics** 10.00pm  
The doctors fly to a patient's aid

**8.55am** George Clarke's Amazing Spaces (AD) **9.55** Ugly House to Lovely House with George Clarke (AD) **11.00** George Clarke's Old House, New Home (AD)

**12.05pm** Come Dine with Me: dinner parties in east Lancashire (AD) **2.40** Four in a Bed

**5.20pm** Come Dine with Me Dinner parties in Ipswich feature a football theme, a magic show and a showbiz-inspired evening with all the guests dressed up as pop stars. (AD)

**8.00 Emergency Helicopter Medics**

A tennis player is put into an induced coma after suffering a heart attack on the court, a fell runner is seriously injured by cows and a man is crushed by a collapsed wall. (AD)

**9.00 24 Hours in A&E** Trauma consultant Des and a specialist paediatric team examine 12-year-old Jade from Kent, who has been rushed in after being hit by a car and knocked under a bus while walking to school. (AD)

**10.00 Rescue: Extreme Medics** A trauma team based in Aberdeen attend a plane crash outside Elgin in Moray, where an amateur pilot has sustained multiple injuries after crashing his vintage plane on take-off. (AD)

**11.05 Emergency Helicopter Medics** A visitor to a horse fair in Cumbria needs emergency intervention after a cardiac arrest, and a man is found in a state of confusion after a fall in the Durham countryside. (AD)

**12.10am** 24 Hours in A&E (AD) **1.15** Emergency Helicopter Medics (AD) **2.20** Rescue: Extreme Medics (AD) **3.25-3.50am** A Place in the Sun

**More4** F'view 18 F'sat 124 Sky 136 Virgin 147  
+1 Freesat 125 Sky 236 Virgin 196

## E4

13

**6.00am** Hollyoaks: omnibus (AD) **8.20** Supernanny USA **9.20** Ramsay's 24 Hours to Hell and Back: triple bill (AD)

**1.10pm** **FILM** Hotel for Dogs ★★★ Comedy starring Emma Roberts (AD) **3.10** The Big Bang Theory (AD) **5.15** New. Lego Masters Australia: the teams must create a bridge that can survive two shaking plates

**6.40pm** **FILM** The Day after Tomorrow ★★★ Disaster movie from director Roland Emmerich, starring Dennis Quaid and Jake Gyllenhaal. When climatologist Jack Hall tries to warn Washington that the planet is facing an imminent, catastrophic climate shift, government officials fail to take him seriously. But, when the Earth abruptly plunges into a new ice age, it soon becomes clear that the human race is facing extinction. (AD)

**9.00** **FILM** Mission: Impossible – Rogue Nation ★★★ Spy adventure starring Tom Cruise. After the CIA chief persuades a Senate committee to disband the Impossible Missions Force, Ethan Hunt and his team are forced to act covertly. Their mission is to thwart a shadowy organisation known as the Syndicate, who are plotting a series of terror attacks. (AD)

**11.35** **Gogglebox** The critics discuss their viewing habits from December 2017. (AD)

**12.40am** Naked Attraction (AD) **1.45** Summer House **3.30-6.00am** Hollyoaks: omnibus (SL) (AD)

**E4** Freeview 132 Sky 135 Virgin 106

+1 Freeview 30 Freesat 123 Sky 235 Virgin 146

**E4 Extra** Freeview 31 Freesat 181 Sky 138 Virgin 337

## Really

17

**6.00am** Fantasy Homes by the Sea **7.00** Home Shopping **8.00** Fantasy Homes by the Sea **10.00** A Place in the Sun **3.00pm** The Hotel Inspector (AD) **4.00** Antiques Road Trip **7.00** The Edinburgh Auction House **8.00** The Repair Shop **9.00** The Bad Skin Clinic **10.00** Faking It: Tears of a Crime: cases where perpetrators have tried to feign innocence **11.00** Help! My House Is Haunted **12 midnight** Ghost Hunters **1.00am** Ghost Brothers: Lights Out **2.00** Home Shopping **4.00-6.00am** Fantasy Homes by the Sea

**Really** Freeview 17 Freesat 160 Sky 142 Virgin 128

## Sky Arts

11



**Ennio** 10.40pm The life and work of Italian composer Ennio Morricone

**6.00am** Ray Charles: Music Icons **6.30** Ray Charles: Live in France 1961 **8.30** Tales of the Unexpected **11.00** Alfred Hitchcock Presents

**12 noon** Landscape Artist of the Year (AD) **1.00pm** The Who Sell Out: Classic Albums

**2.00** The Directors: Orson Welles **3.00** Paul Simon: Live in Central Park 1991 **5.35** The Story of British Cinema: the Pioneer Years

**7.00pm** **The Agatha Christie Hour** An unemployed woman agrees to act as a double for a duchess in return for a large sum. (AD)

**8.00** **Alfred Hitchcock Presents** The arrival of new governess Charlotte Hope at the Wellington household has surprising results.

**8.30** A writer arrives in a small town to investigate the circumstances of a bank robbery in which the money was never found.

**9.00** **Freddie Mercury: the Great Pretender** A profile of the Queen frontman, exploring his time away from the band.

**10.40** **FILM** **Ennio** ★★★ Documentary about the composer Ennio Morricone. A series of interviews with the maestro and a number of his famous fans take us through Morricone's career and works, from the Italian pop scene of the 1960s to international recognition as the prolific genius behind some of cinema's most recognisable scores. English, Italian, French, Portuguese, Chinese +subtitles. (W)

**1.35am** The Directors: the life and work of John Sturges **2.35** Isle of Wight Festival 2022 **4.00** The Great Songwriters **5.00** The Ramones: Music Icons **5.30-6.00am** Discovering: Leonard Cohen

**Sky Arts** Freeview 11 Freesat 147 Sky 130

Virgin 140/HD 123 BT 350/HD 365

## 4seven

49

**9.00am** Four in a Bed **11.30** A New Life in the Sun **2.30pm** A Place in the Sun

**6.00pm** **A Place in the Sun** A Bedfordshire woman seeks a holiday home in Palma.

**7.00** Lee Juggernaut helps Glaswegian singers Gordon and Staci find a holiday home in western Tenerife on a budget of £170,000.

**8.00** **The Dog House** **Ep 5** Series 4. Albie the Jack Russell puppy has a second chance of a home with ten-year-old George – provided he can win over George's mum and dad. Shown last Thursday Channel 4 (AD)

**9.00** **Gogglebox** Appraisals of *The Masked Dancer*, *Married at First Sight*, *Nadiya's Everyday Baking* and *Bad Sisters*. (AD)

**10.00** **Celebrity Gogglebox** A rolling cast of famous faces appraise *The Baby*, *One Question*, *Million Pound Pawn*, *CODA*, *America the Beautiful*, *The Laundry Guy* and *The One That Got Away*. (AD)

**11.05** **SAS: Who Dares Wins – Jungle Hell** **Ep 2** Series 8. Nineteen recruits are left, but one is stranded at the top of a 215ft waterfall. Shown last Monday Channel 4 (AD)

**12.05am** In the Footsteps of Killers: the disappearance of north London father of two Robert Duff (AD) **1.10** The Great Pottery Throw Down (AD) **2.25** Grayson Perry's Full English (AD)

**3.30-4.30am** A Lake District Farm Shop (AD)

**4seven** F'view 49 F'sat 127 Sky 137 Virgin 143

## Quest

12

**6.00am** How Trains Changed the World **7.00** Plane Reclaimers **8.00** The Woodland Workshop **9.00** Nick Knowles Heritage Rescue **10.00** The Repair Shop **11.00** Salvage Hunters **2.00pm** The Yorkshire Auction House **3.00** Shed and Buried

**5.00** Find It, Fix It, Flog It **7.00** The Woodland Workshop **8.00** Salvage Hunters: Drew Pritchard checks in on some contacts who are selling off collections **9.00** The Repair Shop: restoring a banjo, a pair of 1930s roller skates and a wooden salad bowl **10.00** Outback Opal Hunters **11.00** Gem Hunters Down Under **12 midnight** World's Greatest Motorcycle Rides **3.00am** Fifth Gear Recharged **4.00-5.00am** How It's Made

**Quest** Freeview 12 Freesat 172/HD 167 Sky 144 Virgin 169  
+1 Freeview 70 Freesat 168 Sky 244 Virgin 213

## Yesterday

27



**'Allo 'Allo!** 8.00pm Can Edith's heart be won by Monsieur Alphonse?

**6.00am** Impossible Engineering (AD) **8.00** Nazi Hunters: four back-to-back editions

**12 noon** Train Truckers: four editions **4.00pm** Bangers and Cash: double bill (AD)

**6.00pm** **Bangers and Cash** Derek collects a Ford Thames 400E that once belonged to the pop band Edison Lighthouse. (AD)

**7.00** A series of head-turning supercharged cars head to the auction room. (AD)

**8.00** **'Allo 'Allo!** Monsieur Alphonse and René decide to duel with pistols to determine who should win Edith's hand.

**8.40** René, Hans and the Colonel are taken to the chateau's dungeons for interrogation.

**9.20** Herr Flick is informed that the Communists have kidnapped his sausage.

**10.00** **Hornby: a Model World 3/11** Series 2 Hornby prepares for a right royal year with a miniature 1930s classic "Coronation" train. (AD)

**11.00** **Bangers and Cash** Dave heads off to collect a stylish Swedish Volvo P1800S from an RAF base in the Midlands. (AD)

**12 midnight** Derek picks up a rare Ford Zodiac Farnham Estate, while Dave heads for the Midlands to collect a Triumph Toledo. (AD)

**1.00am** Forbidden History (AD)

**2.00-3.00am** Impossible Engineering (AD)

**Yesterday** Freeview 27 Freesat 159 Sky 155 Virgin 129  
+1 Freeview 74 Sky 255 Virgin 217

## Dave

19

**7.10am** Yianni: Supercar Customiser (AD)

**8.00** Rick Stein's French Odyssey **9.00** Soapbox Race: London's Greatest Moments

**11.00** Top Gear: triple bill (AD)

**2.00pm** Soapbox Race 2022 **4.00** Room 101

**6.00pm** **Top Gear** The team heads to Thailand on a road-trip in old pick-ups. (AD)

**7.00** **Special Ops: Crime Squad UK** A look into the real-life criminal investigations of the UK's most talented and successful sleuths. (AD)

**8.00** **QI XL** Extended edition. With Josh Widdicombe, Jo Brand and Phill Jupitus.

**9.00** **Have I Got a Bit More News for You** Jo Brand hosts an extended edition of the satirical news quiz, with regular team captains Ian Hislop and Paul Merton.

**10.00** **Mock the Week** With Maisie Adam, Rhys James, Milton Jones, Emily Lloyd-Saini and Glenn Moore. Hosted by Dara O Briain.

**10.40** **QI** A Christmas edition with Sarah Millican, Phill Jupitus and Danny Baker.

**11.20** **Would I Lie to You?** Jo Brand, Emma Bunton, Jonnie Peacock and Shaun Williamson join the regulars.

**12 midnight** Red Dwarf (AD) **1.55am** Have I Got a Bit More News for You **2.55** Mock the Week **3.30-4.00am** Beat the Internet with John Robins

**Dave** F'view 19 F'sat 157 Sky 111 (Wales 112) Virgin HD 127  
**Dave** **Ja Vu** Freeview 57 Sky 211 (Wales 212) Virgin 131

## London Live

8

**6.00am** London's Weekend **7.00** Blenheim

**8.00** The Prisoner **9.00** My Greek Odyssey

**10.00** The Most Dangerous Ways to School **11.00** **FILM** A Canterbury Tale ★★★ War drama starring Eric Portman (BW) **1.30pm** **FILM** Ladies Who Do ★★★ (BW) **3.15** **FILM** After the Fox ★★★ Comedy starring Peter Sellers **5.15** Blandings **6.00** Never the Twain **6.30** Tabernacle Choir: Music and Words **7.00** Skies above Britain **8.00** My Greek Odyssey **9.00** The Clothes in the Wardrobe **10.45** **FILM** The Rise of the Krays ★★ Biopic of the gangster brothers, starring Kevin Leslie and Simon Cotton

**1.00am** The Comic Strip Presents...: Oxford **1.45** **FILM** My Saviour ★★ Drama **3.30** News Rewind **5.00-6.00am** Talking Points

**London Live** Freeview 8 Sky 117 Virgin HD 159  
Available in London area only. Other regional stations available on Freeview 7 or 8 around the country

## 5 USA

21

**9.00am** Columbo: five episodes (AD)

**5.30pm** Columbo: double bill (AD) **9.00** **New.** Lucifer Series 3. Double bill. One of Ella's brothers is suspected of being behind the theft of a diamond, then Maze attempts to get revenge on Linda and Amenadiel **11.00** Law & Order: Special Victims Unit Series 21. Double bill. A ballerina is shocked to discover she has been secretly videotaped for a pornographic website, then Chief Garland is conflicted when a pastor at his church is arrested, which forces him to put friendship aside

**12.55am** Law & Order: Criminal Intent: double bill **2.50** The Blacklist: the FBI tracks a Russian assassin **3.35-4.00am** Criminals: Caught on Camera: the use of CCTV to fight crime

**5 USA** Freeview 21 Freesat 129 Sky 141 Virgin 153  
+1 Freesat 130 Sky 241 Virgin 185

## 5 Star

32

**8.00am** Entertainment News **8.10** Nightmare Tenants, Slum Landlords **1.00pm** Traffic Cops **5.00** Police Interceptors

**7.00pm** **Police Interceptors** Dog handler Bob hunts down a suspected knifeman.

**8.00** A suspected drugs den is raided.

**9.00** Dan and Gordy search for a man armed with knives seen roaming the streets.

**10.00** **FILM** **Final Destination 3** ★★★ Horror thriller starring Mary Elizabeth Winstead and Ryan Merriman. After a number of her classmates cheat death in a rollercoaster accident, a high-school student discovers that a series of photographs holds the key to the fate of the survivors and a race against time begins to warn those in peril.

**11.55** **FILM** **Ouija** ★★ Horror starring Olivia Cooke and Ana Coto. After the mysterious suicide of her best friend, a young woman uses a Ouija board to find out what led to her death. But it's not long before dark and deadly forces are unleashed.

**1.45am** Rich Kids Go Skint **2.45** Filthy House SOS (AD) **3.35-4.00am** Home and Away (AD)

**5 Star** Freeview 32 Freesat 131 Sky 128 Virgin 151  
+1 Freesat 141 Sky 228 Virgin 186

## 5 Action

33

**9.00am** Trucking Hell **10.00** **New.** Wrestling

**11.00** Wrestling **11.55** Winter Road Rescue

**12.30pm** Police Interceptors **1.30** **FILM** The Enemy Below ★★★ War thriller starring Robert Mitchum. **Review page 107**

**3.30** **FILM** They Who Dare ★★ War drama **5.45pm** **FILM** **Battle of the Bulge** ★★★ Second World War action drama starring Henry Fonda and Robert Shaw. France, 1944: with Allied troops poised to invade Germany, a US officer's theory that the German forces will counter attack fails to impress his superiors.

**9.00** **FILM** **Double Impact** ★★★ Action thriller starring Jean-Claude Van Damme. When a couple are murdered by Triad assassins, their twin sons set out to avenge the murders.

**11.10** **FILM** **Shooter** ★★ Action thriller starring Mark Wahlberg. A retired US Army sniper is persuaded to help foil a plot to assassinate the US President, but he has been set up as a patsy for the crime.

**1.35am** Seconds from Death: Caught on Camera **3.40** World's Deadliest Weather: Caught on Camera **4.30** Criminals: Caught on Camera **4.55-5.00am** Entertainment News

**5 Action** F'view 33 F'sat 132 Sky 150 Virgin 187/HD 150

## 5 Select

56

**9.00am** GPs: behind Closed Doors: triple bill (AD) **12 noon** Atlantic: A Year in the Wild

**1.00pm** Inside the Tower of London

**6.00pm** **Inside the Tower of London**

As the UK's lockdown relaxes in July, visitors finally return to the Tower as it reopens.

**7.00** The tower's oldest raven goes missing.

**8.00** Cameras focus on two baby ravens who have joined the Tower's resident colony.

**9.00** **Elvis: the Early Years** The story of Elvis Presley, charting his humble beginnings in Mississippi. Starring Jonathan Rhys Meyers.

**10.45** **Forged in Fire** Four smiths bid to create an Arkansas toothpick knife.

**11.40** Four smiths leave everything to chance as the Wheel of Forging decides their fate.

**12.30am** Forged in Fire: four editions **3.45-4.00am** Entertainment News

**5 Select** F'view (HD only) 56 F'sat 133 Sky 153 Virgin 152

**FREEVIEW TV and film channels continue overleaf**



# SUNDAY Freeview & films

## W 25



### Killer Women with Piers Morgan 9.00pm Rebecca

**6.10am** Tipping Point (S) (HD) **1.00pm** Property Brothers: Family Flashback (S) (HD) **3.00** My Family: six back-to-back episodes (S) (AD)

**7.00pm Alex Jones: Making Babies 5/10.** Alex meets two couples desperately trying to start their families. (AD) (HD)

**8.00 Emergency: First Time Medics 2/10.** Junior doctor Alex handles a paracetamol overdose and a high-risk patient. (S) (AD) (HD)

**9.00 Killer Women with Piers Morgan 1/5.** The broadcaster meets a Florida woman convicted of her husband's murder. (S) (HD)

**10.00 Louis Theroux: Miami Mega Jail 1/2.** Louis examines life in Miami County Jail. (S) (AD)

**11.00 Louis Theroux: Talking to Anorexia 2/10.** Two of London's largest eating disorder facilities. (S) (AD) (HD)

**12.20am** The Baby Has Landed: the first weeks of parenthood (S) (HD) **1.45** One Born: What Happened Next? (S) (HD) **2.35-3.00am** Inside the Ambulance (S) (HD)

W F'view 25 F'sat 156 Sky 132 Virgin HD 125 +1 Sky 232 Virgin 190

## Pick 36

**6.00am** Border Patrol **8.00** Highway Patrol **11.00** Neighbourhood Blues **12 noon** The Celebrity Chase **2.00pm** Border Security: America's Front Line **4.00** Highway Cops (AD) **5.00** Caught Red Handed **7.00** Motorway Patrol **8.00** Brit Cops: Rapid Response: following police officers on patrol (AD) **9.00** The Killer Within: a look at how Wilbern Cooper was able to live a normal life for 28 years, knowing he had committed a brutal murder **10.00 New.** Dan Brown's The Lost Symbol: with the CIA in hot pursuit and Mal'akh demanding they split up, Robert and Katherine are forced to turn to Nunez for help (AD) **11.00** New York Homicide (AD) **1.00am** Night Cops **2.00** Motorway Patrol **4.00-6.00am** Border Patrol

Pick F'view 36 F'sat 144 Sky 151 Virgin 135

## HGTV 44

**7.00am** Love Your Garden (AD) **10.00** The Restoration Man (AD) **3.00pm** A Place in the Sun **8.00** My Dream Derelict Home in the Sun: Scarlett Douglas meets Birmingham couple Toni and Russell as they rebuild an abandoned bungalow in Majorca to create their dream home **9.00** The Restoration Man: double bill. Transforming Thorington Gate Lodge in Suffolk, then George Clarke joins a couple converting an old coach house in East Sussex (AD) **11.00** Fixer to Fabulous: double bill (AD) **1.00am** Fixer Upper: the Castle **1.30** The Retro Plant Shop with Mikey and Jo **2.00** Love Your Garden (AD) **3.00-4.00am** The Restoration Man (AD)

HGTV F'view 44 F'sat 166 Sky 158 Virgin 286 +1 Sky 258 Virgin 290

**FREEVIEW channels continued from overleaf**

## Food Network 43



### Big Bad Budget Battle 8.00pm Jason Goldstein

**6.00am** Diners, Drive-Ins and Dives (S) (HD) **8.00** Cake Boss (S) (AD) (HD) **1.00pm** James Martin's Mediterranean (S) (HD) **2.00** James Martin's French Adventure (S) (AD) (HD) **3.00** The Great British Bake Off (S) (HD) **8.00 New.** Big Bad Budget Battle: three home cooks make their own version of the one-pot party dish. They also prepare a platter of appetisers for a summer soirée in 30 minutes or less (HD) **9.00** Jamie's Great Britain: Jamie Oliver tours the West Country, visiting a Jamaican chef in Bristol and foraging for mushrooms with an expert. He also prepares Bath chaps – otherwise known as pigs' cheeks (S) (HD) **10.00** Restaurant: Impossible: triple bill. British expat Lee is on the brink of losing his restaurant **11.00** Robert Irvine travels to Texas to save a failing Tex-Mex restaurant **12 midnight** Robert is in San Diego, California, to save a German restaurant stuck in the past (S) (HD) **1.00am** Diners, Drive-Ins and Dives (S) (HD) **2.00-3.00am** Jamie and Jimmy's Friday Night Feast (S) (HD)

Food Network Freeview 43 Freesat 148 Sky 140 Virgin 285

## Great TV 50

**6.00am** Highway to Heaven **11.00** Murder, She Wrote: seven episodes **6.00pm** Murder, She Wrote: three further episodes. Jessica becomes a comic-strip character **7.00** A Wild West showman is murdered **8.00** Jessica sets out to clear the name of an old friend **9.00** Garage Sale Mysteries: the Art of Murder: crime drama starring Lori Loughlin **10.50** Movie News **11.00** Garage Sale Mysteries: the Beach Murders **12.50am** Movie News **1.00** Randall and Hopkirk (Deceased) **2.00-6.00am** Body of Proof: five episodes

Great TV Freeview 50 (limited) Freesat 142 Sky 157 Virgin 189 +1 Freesat 143 Sky 257

## RealityXtra 68

**9.00am** 48 Hours **12 noon** Donal MacIntyre's Murder Files **2.00pm** Medical Detectives: six editions. A religious figure who took part in war crimes **2.30** Police investigate the murder of a gym teacher **3.00** A body tied to an anchor **3.30** An apparent suicide **4.00** A hit-and-run incident **4.30** A convenience-store murder **5.00** Judge Judy: 17 editions **12.05am** World's Most Unexplained... **1.00** Psychic Private Eyes **3.00** 48 Hours **5.35-6.00am** Medical Detectives

RealityXtra Freeview 68 Freesat 134 Sky 147 Virgin 197

## BBC Parliament 232

**6.00am** Westminster Hall **11.00** House of Commons **11.45** Scottish Parliament **12.45pm** House of Lords **2.40** Prime Minister's Questions **3.15** Scottish First Minister's Questions **4.15** Welsh First Minister's Questions **5.15** House of Commons **6.00** Select Committees **12 midnight** House of Commons **12.45am** Scottish Parliament **1.45** House of Lords **3.40** as 2.40pm **4.15** as 3.15pm **5.15-6.00am** House of Commons

BBC Parliament Freeview 232 Freesat 201 Sky 504 Virgin 605

## PBS America 84



### Apache Warrior 6.35pm A helicopter squadron in Iraq

**8.00am** Beautiful Serengeti **8.30** Edible Insects (S) **9.35** The Cannabis Question (S) **10.45** Ku Klux Klan: an American Story **1.00pm** Beautiful Serengeti **1.40** Edible Insects (S) **2.55** The Cannabis Question (S) **4.05** Benjamin Franklin: a Film by Ken Burns: Franklin joins Congress and helps craft the Declaration of Independence (S)

**6.35pm Apache Warrior** Following an elite US army helicopter squadron as they launch an attack during the initial surge into Iraq in March 2003.

**8.30 Ku Klux Klan: an American Story** An account of the history of the Ku Klux Klan from its creation to the present day. **9.40** Exploring more than a century of segregation and racism.

**10.50 In Search of Monsters** Former suspected terrorist Mohamedou Salhi, having been exonerated by two US courts, sets out to find the people who tortured him so he can forgive them.

**12 midnight-2.00am** as 6.35pm  
PBS America F'view 84 (1pm-12 midnight only) Freesat 155 Sky 174 Virgin 273

## Blaze 64

**6.00am** Deep Water Salvage **7.00** Curse of the Lost Amazon Gold **8.00** Lost Gold of World War II **9.00** Conspiracy Files: Unsealed **11.00** The Proof Is Out There **12 noon** Top Secret UFO Projects Declassified **1.00pm** Alien Files: Unsealed **2.00** Close Encounters Down Under **3.00** Mega Disasters **4.00** Breaking Mysterious **8.00** The Curse of Oak Island: a new discovery is made **9.00** Eating History: double bill. The oldest foods to have survived history, then consuming a 40-year-old box of cookie mix **10.00** Curse of the Lost Amazon Gold **11.00** Paranormal: Caught on Camera: Top 100 **12 midnight** The Proof Is Out There **1.00am** Paranormal Survivor **2.00** Uncharted Mysteries **3.00** Wicked Tuna **5.00-6.00am** Counting Cars

Blaze F'view 64 F'sat 162 Sky 164 Virgin 199

## Challenge 48

**7.00am** The Chase **9.00** Wheel of Fortune (AD) **11.30** Family Fortunes **1.00pm** Bruce's Price Is Right (AD) **2.00** Play Your Cards Right **3.00** Lily Savage's Blankety Blank: triple bill of the comedy quiz show with celebrity guests. Presented by Lily Savage **5.00** The Chase: four editions. Bradley Walsh presents as contestants answer general knowledge questions and work as a team to take on a ruthless quiz genius and secure a cash prize **9.00** The Celebrity Chase: Natalie Anderson (Emmerdale's Alicia Metcalfe), actress Patsy Kensit, presenter Esther Rantzen and former Westlife singer Brian McFadden join forces to take on a Chaser in a bid to raise money for charity. Bradley Walsh hosts **10.00-4.00am** The Chase

Challenge Freeview 48 Freesat 146 Sky 145 Virgin 139

## CHILDREN'S

### Milkshake! on C5

**5.35am** Peppa Pig **5.40** Paw Patrol **5.50** Pip and Posy **6.00** Peppa Pig **6.10** Pip and Posy **6.20** Ben and Holly's Little Kingdom **6.30** Shane the Chef **6.40** Noddy: Toyland Detective **6.55** Fireman Sam **7.05** Thomas & Friends **7.15** Pip and Posy **7.25** Peppa Pig **7.30** Paw Patrol **7.40 New.** Baby Shark's Big Show! **8.00** Pirata & Capitano **8.15** Santiago of the Seas **8.30** The Adventures of Paddington **8.50** Pop Paper City **9.00** Ben and Holly's Little Kingdom **9.15** Cooking with the Gills **9.30** Show Me How... **9.35** Mimi's World **9.50-10.00am** The World According to Grandpa

Full listings for Channel 5 are on p52

### CBeebies 202

**6.00am** Baby Jake **6.10** Twirlywoos **6.25** Bing **6.30** Love Monster **6.40** Chuggington **6.50** Go Jetters **7.00** Postman Pat: SDS **7.15** Bing **7.35** Hey Duggee **7.50** Go Jetters **8.00** Peter Rabbit **8.15** Octonauts **8.25** Chuggington: Tales from the Rails **8.35** Bitz & Bob **8.50** The Furchester Hotel **9.00** Something Special **9.25** Bluey **9.40** Hey Duggee **9.55** Supertato **10.00** Spidey and His Amazing Friends **10.25** New. Piffirates **10.35** Swashbuckle **11.00** Pinocchio and Friends **11.15** Dog Loves Books **11.20** Tee and Mo **11.30** Kiri & Lou **11.35** Colourblocks **11.40** Olga Da Polga **11.50** JoJo & Gran Gran **12 noon** Big Cook Little Cook **12.20pm** Old Jack's Boat: Rockpool Tales **12.35** Hey Duggee **12.45** Messy Goes to OKIDO **1.00** Bitz & Bob **1.10** Love Monster **1.25** Go Jetters **1.45** Dog Loves Books **1.55** Timmy Time **2.00** Something Special: We're All Friends **2.20** Ranger Hamza's Eco Quest **2.35** Molly and Mack **2.50** Kiri & Lou **2.55** Pablo **3.05** Supertato **3.15** Messy Goes to OKIDO **3.25** Grace's Amazing Machines **3.40** Andy's Wild Adventures **3.55** Roots and Fruits **4.00** Hey Duggee **4.05** Magic Hands **4.15** Treasure Champs **4.30 New series.** Supertato: the return of the cartoon following a potato superhero. Evil Pea blows all the lanterns away during the Lantern Festival **4.40** Bluey **4.55** Andy's Wild Adventures **5.05** Ranger Hamza's Eco Quest **5.15** Katie Morag **5.35** Small Potatoes **5.35** Nick Cope's Popcast **5.45** Sarah & Duck **5.50** Charlie and Lola **6.05** Tee and Mo **6.10** Clangers **6.20** In the Night Garden... **6.50-7.00pm** New. CBeebies Bedtime Stories

CBeebies F'view 202 F'sat 608 Sky 608 Virgin 702

### CBBC 201

**7.00am** Shaun the Sheep **7.05** Sketchy Comedy **7.10** Danger Mouse **7.20** Dennis & Gnasher Unleashed! **7.30** Boy Girl Dog Cat Mouse Cheese **7.45 New.** Newsround **7.50** Ninja Express **8.00** Odd Squad **8.15** Oswald **8.30** Dragons: the Nine Realms **8.50** Shaun the Sheep **9.00** Blue Peter **9.30 New.** Love! Love! Love! **9.50** Monster Loving Maniacs **10.25** Boy Girl Dog Cat Mouse Cheese **11.00** Oswald **11.35** One Zoo Three **12 noon** The Dingeners **12.25pm** Horrible Histories **1.25** Danger Mouse **2.00** Dennis & Gnasher Unleashed! **2.35** Ninja Express **3.20** Bro's in Control **3.35** Operation Ouch! **4.05** Deadly Predators **5.05** Jamie Johnson **5.30** The Dumping Ground **6.00** Nova Jones **6.25** Our CBBC **6.30-7.00pm** The Beaker Girls

CBBC F'view 201 F'sat 607 Sky 607 Virgin 701

### CITV 203

**6.00am** Dare Master **6.05** Lloyd of the Flies **6.35** Thunderbirds Are Go **7.05** Mr Bean: the Animated Series **7.30** The Rubbish World of Dave Spud **8.00** Mr Magoo **8.25** Lloyd of the Flies **8.55** Makeaway Takeaway **9.25** Dare Master **9.30** Be Cool, Scooby-Doo! **10.30** Lloyd of the Flies **11.00** Mr Magoo **12.20pm** The Rubbish World of Dave Spud **1.00** Don't Unleash the Beast **1.30** Drop Dead Dead **2.00** DC Super Hero Girls **3.15** Inspector Gadget **4.00** Jurassic World Camp Cretaceous **5.00** Scooby-Doo! Mystery Incorporated **6.25** Tata and Kuma **6.30** Craig of the Creek **7.45** Mr Bean: the Animated Series **8.30** Spy School **8.55-9.00pm** Mission Employable

CITV F'view 203 F'sat 602 Sky 612 Virgin 734

## FILMS

### Film4 14

**11.00am First Men in the Moon** ★★★ Colourfully engaging sci-fi adventure based on the HG Wells novel about a Victorian lunar expedition. Edward Judd (1964, U) (S)

**1.15pm Deep Impact** ★★★ A great cast deals with looming widespread disaster in this chilling, convincingly staged drama that sees a massive asteroid headed for Earth. Robert Duvall, Téa Leoni (1998, 12) (S) (AD)

**3.35 Entrapment** ★★ Mechanical romantic thriller in which insurance investigator Catherine Zeta-Jones sets out to catch master thief Sean Connery. Ving Rhames (1999, 12) (S) (AD)

**6.00pm Catch Me If You Can** ★★★★★ Leonardo DiCaprio plays a conman who charms and cheats his way across America in the 1960s. Tom Hanks (2002, 12) (S) (AD)

**9.00 The Iceman** ★★ Michael Shannon gives a terrific performance in this true-crime thriller, playing a family guy who leads a double life as a New Jersey hitman. Winona Ryder (2012, 15) (S)

**11.10 Atomic Blonde** ★★ Charize Theron shines as a top MI6 spy on a mission during the Cold War in a super-stylish action adventure. James McAvoy (2017, 15) (S) (AD)

**1.25-3.15am Cold War** ★★★★★ Enthralling romance depicting an affair between a Polish composer and a singer, loosely inspired by director Pawel Pawlikowski's parents. Joanna Kulig, Tomasz Kot (2018, 15)

Film4 Freeview 14 Freesat 300 Sky 313 Virgin 428 +1 F'view 47 F'sat 301 Sky 314 Virgin 430

### Talking Pictures TV 82

**6.00am West of Zanzibar** ★★ Travelogue-heavy adventure about a Kenyan game warden on the hunt for ivory poachers. Anthony Steel (1954, U) (S)

**7.50 Talking Pictures Meets Sons and Daughters** Sons and daughters of movie stars talk about their parents at the TPTV Festival. (S)

**8.30 Hell Is a City** ★★ Brisk crime thriller with Stanley Baker as a no-nonsense Mancunian police inspector. (1959, PG) (S) **10.30 The Spanish Gardener** ★★ Diplomat Michael Hordern comes to resent his son's blossoming relationship with gardener Dirk Bogarde in this brooding drama. (1956, U) (S) **12.30pm Innocent Sinners** ★★ A girl creates a garden in a rubble-strewn churchyard, only to antagonise the authorities. June Archer (1957, U) (S) **2.20 Khartoum** ★★ Charlton Heston stars in this big-budget epic about General Gordon's last stand. Laurence Olivier (1966, PG) (S) **5.00 The Footage Detectives** A 1950s car rally. (S)

**6.00pm The Saint** TV thriller. (S) **7.00 Our Miss Fred** ★★ Danny La Rue stars as a soldier who must remain in drag to evade the Germans in this bawdy British wartime comedy. (1972, PG) (S)

**9.00 The Onedin Line** TV drama. (S) **10.00 The Dark Room** Two-part TV psychological thriller starring Dervla Kirwan and James Wilby. **12.20am The Heritage Chart Show with Mike Read** Music programme. (S) **1.25 Hush... Hush, Sweet Charlotte** ★★ Ripe slice of American gothic about warring cousins and a disputed inheritance. Bette Davis, Olivia de Havilland (1964, 15) (S)

**4.05-5.45am Svangeli** ★★ Flawed but watchable drama about a sinister hypnotist who falls for an artist's model. Hildegard Neff (1954, PG) (S)

Talking Pictures TV Freeview 82 Freesat 306 Sky 328 Virgin 445





## FILM REVIEWS

## Sky Premiere

**6.05am The Accursed ★★**

A young woman confronts demonic possession in a remote cabin. Sarah Grey (2022) **8.00 Dakota** As 6.10pm **9.55 Top Gun: Maverick** As 8pm **12.10pm Father Stu** As 10.15pm **2.20 Dear Elizabeth ★★** A nerd's obsession with an old college friend goes viral in this awkward satire of celebrity worship. Tony Hale, Elisha Cuthbert (2020, 12) **4.10 Alice ★★** Keke Palmer plays an escaped slave in this blend of blaxploitation and social comment from Krystin Ver Linden. Common (2022, 15) **6.10pm Dakota ★★** Warm-hearted drama about a young widow and her daughter who take on her soldier-husband's loyal dog. Abbie Cornish (2022, PG) **8.00 Top Gun: Maverick ★★** Tom Cruise's hotshot pilot returns to the skies when he is recruited to train a group of upstarts. (2022, 12) **10.15 Father Stu ★★** Unconvincing religious drama with Mark Wahlberg as an amateur boxer who finds his calling as a priest. (2022, 15) **12.25am The Accursed** As 6.05am **2.20 Dear Elizabeth** As 2.20pm **4.15 Alice** As 4.10pm

**Sky Premiere** Sky 301 Virgin 401 BT 501/HD 515 +1 Sky 312

## Great Movies 34

**9.00am Wrong Swipe ★★** Thriller. Anna Hutchison (2016) **10.50 A Stolen Past ★★** Unexciting thriller. Jessica Barth (2018) **12.40pm Home Is Where the Killer Is ★★** Thriller. Stacy Haiduk (2019) **2.30 Real Steel ★★** Sci-fi action drama. Hugh Jackman (2011, 12) **5.00 I Am Number Four ★★** Uninspired teen sci-fi thriller. Alex Pettyfer (2011, 12) **7.10pm Surrogates ★★** Bruce Willis stars in this sci-fi thriller set in a future where people have robotic alter egos. **Review right.** (2009, 12) **9.00 AVP: Alien vs Predator ★★** The best bits of two monster franchises are melded in this fast-paced sci-fi. Sanaa Lathan (2004, 15) **11.05 The Girl with the Dragon Tattoo ★★** Stylish and atmospheric US version of the hit Swedish crime thriller. Daniel Craig (2011, 18) **2.10am The Hatton Garden Job ★★** Spirited "OAP's Lock Stock" take on the real-life 2015 robbery. Matthew Goode (2016, 15) **4.05 Come Away ★★** Fantasy adventure. Angelina Jolie, David Oyelowo (2020, PG)

**Great Movies** Freewiew 34 Freesat 302 Sky 321 Virgin 425 +1 Freewiew 61 (limited 10pm-5am) Sky 322

## Great Romance 52

**6.00am Highway to Heaven 7.00 A Wish Come True ★★** Romcom. (2015) **9.00 Frozen in Love ★★** Romance. (2018) **11.00 Calling for Love ★★** Romcom. (2020) **1.00pm Made for You, with Love ★★** Romantic drama. (2019) **2.45 The Convenient Groom ★★** Romantic comedy drama. (2016) **4.30 The Seven Year Hitch ★★** Nicely played romantic comedy. Natalie Hall (2012) **6.15pm I Married Who? ★★** Fairly inventive romcom. (2012) **8.00 Undercover Bridesmaid ★★** Uneven thriller. Brooke Burns (2012) **10.00 The Dating List ★★** Well-plotted TV-movie romcom. Natalie Dreyfuss, Andrew Dunbar (2019) **11.45 Summer in the Vineyard ★★** Fun romantic sequel. (2017) **1.30am Just for the Summer ★★** Romantic drama. (2020) **3.00 How to Find Forever ★★** Romantic comedy. (2021) **4.30-6.00am A Feeling of Home ★★** Romance. (2019) **Great Romance** Freewiew 52 (limited) Freesat 303 Sky 319 Virgin 424 +1 F'view 63 (limited 10pm-5am) F'sat 304 Sky 320

## TCM Movies

**6.00am Close Up 8.20 Off Set 8.50 Knights of the Round Table ★★** Glossy retelling of the Arthurian legend. Robert Taylor, Ava Gardner (1953, PG) **11.10 The Karate Killers ★★** Clumsy, unfunny spy spoof. Robert Vaughn, David McCallum (1967, PG) **1.05pm Code Name: Emerald ★★** Polished if unoriginal Second World War thriller. Ed Harris, Max von Sydow (1985, PG) **3.00 Gunsmoke in Tucson ★★** Routine western. (1958, U) **4.45 The Glenn Miller Story ★★** Enormously entertaining biopic about the legendary band leader. James Stewart, June Allyson (1953, U) **7.15pm Tall Man Riding ★★** Randolph Scott returns to town to avenge a bullwhipping. (1955, U) **9.00 Dirty Harry ★★** Clint Eastwood excels as the ruthless cop in pursuit of a psychopath in this outstanding crime thriller. (1971, 18) **11.10 Passenger 57 ★★** Wesley Snipes finds himself on the same flight as a master criminal in this silly but enjoyable thriller. (1992, 15) **12.55am Teleshopping 3.15 Off Set 3.30 Close Up**

**TCM Movies** Sky 315 Virgin 415 +1 Sky 316 Virgin 417

## Great Movies Action 42

**6.10am The Commandos Strike at Dawn ★★** Drama. Paul Muni (1942) **8.15 Battle of the Coral Sea ★★** Predictable war drama. Cliff Robertson (1959, PG) **10.05 The Red Beret ★★** Alan Ladd war drama. (1953, PG) **11.55 The Two-Headed Spy ★★** Taut, tense wartime spy saga. Jack Hawkins (1958, U) **1.50pm Desert Legion ★★** Swashbuckling adventure. Alan Ladd (1953, U) **3.40 The Nevadan ★★** Western. Randolph Scott (1950, U) **5.20 Gun Fury ★★** Western. Rock Hudson (1953, U) **7.00pm Sands of Iwo Jima ★★** Well-made but gung-ho Second World War drama. John Wayne (1949, PG) **9.15 The Hunter's Prayer ★★** Slick action thriller starring Sam Worthington as a junkie assassin with a conscience. Odeya Rush (2017, 15) **11.05 Reprisal ★★** Frank Grillo plays a bank manager who tracks down an armed robber. Bruce Willis (2018, 15) **1.00am We Die Young ★★** Gang drama. Jean-Claude Van Damme (2019, 15) **2.55-4.00am The Blitz on Hamburg**

**Great Movies Action** Freewiew 42 (limited) F'sat 305 Sky 323 Virgin 426 +1 Sky 324

## Legend 41

**7.00am Special Unit 2 8.00 Descent ★★** Supervolcanoes threaten the Earth. Luke Perry, Michael Dorn (2005) **10.00 Star Trek: The Next Generation: five episodes 3.00pm Escape from Mars ★★** Modest but credible sci-fi adventure. Christine Elise (1999, PG) **4.50 2012: Supernova ★** Silly disaster thriller. Brian Krause (2009) **6.40pm The Man Who Haunted Himself ★★** Roger Moore is beside himself with fear in this chiller. **Review p67.** (1970, PG) **8.30 The Twilight Zone TV sci-fi. 9.00 It Came from Outer Space ★★** Outstanding sci-fi drama about aliens trying to get back to their home planet. Richard Carlson (1953, PG) **10.35 Revenge of the Creature ★★** Enjoyable horror sequel that sees the Black Lagoon "Gill-Man" recaptured. John Agar, Lori Nelson (1955, PG) **12.10am Forget Everything and Run ★★** Formulaic post-apocalyptic survival horror. Marci Miller, Jason Tobias (2020, 15) **2.10 Sweeney! ★★** Tough police drama based on the popular TV series. John Thaw, Dennis Waterman (1976, 18) **4.05-4.30am Legend Lowdown**

**Legend** F'view 41 F'sat 137 Sky 148 Virgin 149



## Dunkirk ★★★★★

10.00-11.40pm BBC2 (not in N Ireland)

12

**WAR** Director Christopher Nolan takes on British wartime history with this tour-de-force treatment of the miracle of Dunkirk. His immersive epic plunges the viewer into a three-pronged story concerning the life-and-death ordeals of a soldier (Fionn Whitehead), a boat owner (Mark Rylance) and a Spitfire pilot (Tom Hardy). Dunkirk the event may have been "a colossal military disaster" according to Churchill, but *Dunkirk* the movie is a breathtaking triumph. Nolan's earlier film, *Memento*, is showing on Friday – see p107. **JEREMY ASPINALL** (US/UK/Fr 2017, swearing, some violence, HD)

## Ferdinand ★★★★★

1.30-3.30pm C4

U

**COMEDY** A charming paean to the value of being yourself, this animated film sees Ferdinand the bull flee a life of torment to find a happier home on a farm. But when he's recaptured, Ferdinand faces certain death in the bullring. John Cena provides a warm vocal turn as the hero, and David Tennant and Kate McKinnon feature in supporting roles. **TERRY STAUNTON** (US 2017, HD)

## Muppets Most Wanted ★★★★★

1.55-3.35pm

U

**ADVENTURE** In this fuzzy sequel, Kermit is mistaken for a Russian criminal and sent to a gulag. Meanwhile, his dastardly doppelganger goes on tour with the rest of the gang, providing the ideal cover for him and his sidekick (Ricky Gervais) to carry out a heist. There are some fun gags, but the star cameos seem to be there to divert attention from the lack of plot. **LESLIE FELPERIN** (US 2014, HD)

## A Matter of Life and Death ★★★★★

2.45-4.30pm BBC2

U

**FANTASY** Michael Powell and Emeric Pressburger's dazzling movie stars David Niven as an RAF pilot who

survives a plane crash, but is told he was meant to die and must plead his case in heaven. The film is a thinly veiled allegory questioning Britain's status as a world power, and its visual audacity and mannered playing have made it an enduring classic. **DAVID PARKINSON** (UK 1946, BW/col, HD)

## Big ★★★★★

4.40-6.50pm ITV2

12

**COMEDY** Tom Hanks received his first Oscar nod for his performance in this goofy romp about a 12-year-old boy whose wish comes true when he is transplanted into a man's body. Elizabeth Perkins plays the co-worker who finds herself strangely attracted to him. With Hanks bringing gauche charm to his role, this remains one of the better movies in the bodyswap sub-genre. **PETER FREEDMAN** (US 1988, edited for language, HD)

## Surrogates ★★

7.10-9.00pm Great Movies

12

**SCI-FI** This movie is set in a future where robotic alter egos take care of people's day-to-day work. However, a dogged FBI agent discovers a glitch in the connection between humans and their "surrogates". Bruce Willis does his world-weary lawman schtick to a tee, and the underlying story of his failing relationship with wife

Rosamund Pike gives the film a resonant emotional layer. **TREVOR JOHNSTON** (US 2009, may be edited for content)

## Angel Has Fallen ★★

9.00-11.15pm C4

15

**THRILLER** Gerard Butler's Secret Service agent is back, having survived the events of *Olympus* and *London Has Fallen*. On the run after being accused of treason, he must fight to clear his name, helped by a figure from his past (Nick Nolte). This ticks all the right popcorn boxes, with Nolte's survivalist bringing some welcome humour to proceedings. **TS** (US 2019, violence, swearing, HD)

## Pavarotti ★★★★★

9.20-11.05pm BBC4

12

**DOCUMENTARY** Luciano Pavarotti died in 2007, aged 71, from pancreatic cancer. Ron Howard's film details his singing career, with pointers to the personality behind the high notes. Splendid archive footage highlights the star's combination of charisma and vocal potency, ensuring this feature will appeal to the cognoscenti and casual fans alike. **TJ** (US/UK 2019, swearing, HD)

## Downhill ★★

12.15-1.45am C4

15

**COMEDY DRAMA** In this awkward US remake of Scandi black comedy *Force Majeure*, alarm bells ring for Julia Louis-Dreyfus after husband Will Ferrell fails to stick around when an avalanche threatens their family. Ferrell's performance is curiously underpowered, leaving it to Louis-Dreyfus to steal the film. **KAREN KRIZANOVICH** (US 2020, swearing, sex references, HD)

## Sky Cinema picks

## Spider-Man: Into the Spider-Verse ★★★★★

4.15-6.20pm Sky Spider-Man

Animated antics. (2018, PG)

Sky 303, Virgin 403, BT 503/517

## Erin Brockovich ★★★★★

8.00-10.15pm Sky Drama

Julia Roberts stars. (2000, 15)

Sky 310; Virgin 410; BT 510/524

## Malignant ★★

10.00pm-12 midnight

**Sky Cinema Sci-Fi/Horror**

Fun schlock-horror. (2021, 18)

Sky 311; Virgin 411; BT 511/525

**Films to stream from p32**  
Netflix, Amazon, Disney+ and more



## Sky Showcase



**NCIS: Los Angeles** 10.00pm  
Kensi teams up with the FBI

**6.00am** All Hail King Julien (S)  
**8.05** Amazing Animal Friends (S)  
**9.05** The Fresh Prince of Bel-Air (S)  
**11.30** Nature's Fast Attacks (S) (AD)  
**1.30pm** Micro Monsters with David Attenborough (S) (AD) **2.30** The Simpsons: seven episodes (S)

**6.00pm New. The Simpsons**  
Marge gets a job as a producer on Krusty's new TV show. (S)

**6.30 LIVE Women's Super League Football** Coverage of West Ham United v Arsenal from Victoria Road (kick-off **6.45**).

**9.00 New. S.W.A.T. Ep 3 Series 6**  
After their vehicle is stolen, Hondo and the squad must team up with FBI agent Jackie Vasquez to stop it from being used in a potential terrorist attack. (S)

**10.00 New. NCIS: Los Angeles Ep 3 Series 14.** The team joins forces with the FBI when a gang of murderers known as the Body Stitches returns after evading capture years previously. (S)

**11.00 Saturday Night Live**  
American sketch show which takes a satirical sideswipe at cultural and political issues.

**12.30am** Brassic: Erin's brother turns up on the run from prison (S) (AD) **1.30** Road Wars (S) **3.00** Nothing to Declare (S) **5.00-6.00am** The Early Rounddown

**Sky Showcase Sky 106** Virgin 109  
BT 340/HD 355 **+1 Sky 206**

## Sky Sci-Fi

**6.00am** Project Blue Book: double bill **8.00** Home Shopping **11.00** Project Blue Book: three episodes

**2.00pm Merlin 7/13 Series 4**  
Morgana joins forces with Alator. **3.00 8/13.** Drawn to a distant village by a mysterious illness, the young wizard is unsure who is the hunter and who is the hunted.

**4.00 9/13.** When Lancelot returns from the dead, Gwen is tempted to commit a terrible act. **5.00 10/13.** The Camelot knights stumble upon an abandoned shrine. **6.00 11/13.** Morgana teams up with the Southron warlord Helios.

**7.00 Blood and Treasure Ep 1 Series 2.** Danny and Lexi begin to make plans for the future. **8.00 Ep 2.** The search for Kate takes Danny and Lexi to Vietnam.

**9.00 Evil Dead II ★★★★★**  
Horror comedy starring Bruce Campbell as Ash, whose romantic break in a remote cabin goes terrifyingly wrong when he accidentally unleashes an evil force.

**11.00 Stan Lee's Lucky Man 3/8 Series 3.** Harry teams up with a thief to break into the police station and wipe his prints from the gun. **12 midnight 4/8.** Suri joins forces with Harry to find Dan Morrison, but tragedy strikes just as they are starting to get answers.

**1.00am** Wynonna Earp **4.00** Star Trek: the Next Generation **5.00-6.00am** Most Haunted

**Sky Sci-Fi Sky 139** Virgin 122  
BT 348/HD 363 **+1 Sky 207** Virgin 229

## Sky Atlantic



**Euphoria** 10.30pm Kat is enjoying her new lifestyle

**6.00am** Urban Secrets (S) (HD)  
**9.00** The Sopranos (S) (HD)

**2.25pm Ray Donovan 2/12 Series 3.** Paige Finney calls on Ray to protect a quarterback from an enraged US Navy SEAL. **3.30 3/12.** Ray contemplates cheating on his wife Abby.

**4.35 4/12.** Terry tries to get used to life on the outside and Paige attempts to sell the studio.

**5.40 5/12.** Ray's mission drives a wedge between Finney and Paige. **6.45 6/12.** Ray finds himself forced to ensure Verona's success on Election Day. (S) (AD) (HD)

**7.50 Succession 3/9 Series 3**  
With the Department of Justice breathing down his neck, Logan summons his arsenal. (S) (AD) (HD)

**9.00 The Last of Us 3/9.** A smuggler is tasked with escorting a teenage girl across a post-apocalyptic United States. (HD)

**10.30 Euphoria 5/8 Series 1.** Nate and Maddy face the police in the aftermath of the carnival. (S) (AD) (HD)

**11.30 Britannia 5/9 Series 1**  
Kerra is given a gift. (S) (AD) (HD)

**12.25am** In Treatment (S) **12.55** City on a Hill (S) (AD) (HD) **2.00 New.** The Last of Us **4/9.** See choice, p61  
Repeated tomorrow 9pm (HD) **3.00** Boardwalk Empire (S) (AD) **4.05-6.00am** Urban Secrets (S) (HD)

**Sky Atlantic Sky 108** (Wales 109)  
BT 342/HD 357 **+1 Sky 208** (Wales 209)

## Sky Witness

**6.00am** UK Border Force (S) (AD) (HD) **7.00** Nothing to Declare (HD) **8.00** Border Patrol (S) **11.00** The Real A&E (S) (AD) (HD) **12 noon** 999 Frontline (S) **1.00pm** Sun, Sea and A&E (S) **2.00** Nothing to Declare: ten back-to-back editions of the fly-on-the-wall documentary (S) (HD)

**7.00pm Blue Bloods 8/16 Series 11.** Erin feels the pressure when her new boss shadows her while she tries to get a nervous witness to reveal who shot her boyfriend. (S) (AD) (HD)

**8.00 New Amsterdam 13/13 Series 5.** In the series finale, everyone's story reaches an inevitable conclusion. (HD)

**9.00 Coroner 12/12 Series 4**  
Jenny and Peggy face one another in a crazed scramble for life. A gangster makes Donovan reconsider his future. (S) (HD)

**10.00 The Rookie Ep 1 Series 5**  
Officer John Nolan comes face to face with killer Rosalind Dyer. Officers Bradford and Chen go under cover to snare a criminal enterprise's leaders. (S) (HD)

**11.00 Chicago Med 2/12 Series 8**  
Supply-chain disruptions dramatically impact Med, causing Crockett and Kai to clash with other doctors. (S) (HD)

**12 midnight** Chicago Fire (S) (HD) **1.00am** Chicago PD (S) (HD) **2.00** Blue Bloods (S) (AD) (HD) **3.00-6.00am** Nothing to Declare (S) (HD)

**Sky Witness Sky 107** Virgin 110  
BT 341/HD 356 **+1 Sky 207** Virgin 163

## Sky Max



**S.W.A.T.** 9.00pm Hondo looks for a missing vehicle

**6.00am** Highway Patrol (HD) **8.00** DC's Legends of Tomorrow (S) (AD) (HD) **1.00pm** NCIS: New Orleans: five back-to-back episodes (S) (HD)

**6.00pm Grimm 11/13 Series 6**  
Eve finds herself in mysterious territories as she confronts the force she saw in the mirror.

**7.00 12/13.** An evil prophecy comes to pass as a dark force arrives intent on reaching Diana.

**8.00 13/13.** Nick faces off against Zerostor in a climactic battle, in which the wesen presents him with an unthinkable choice. (S) (HD)

**9.00 New. S.W.A.T. Ep 3 Series 6**  
After their vehicle is stolen, Hondo and the squad must team up with FBI agent Jackie Vasquez to stop it from being used in a potential terrorist attack. (S)

**10.00 New. NCIS: Los Angeles Ep 3 Series 14.** The team joins forces with the FBI when a gang of murderers known as the Body Stitches returns after evading capture years previously. (S)

**11.00 Hold the Front Page 5/6**  
Nish Kumar and Josh Widdicombe work for the Northamptonshire Telegraph. (S) (AD) (HD)

**12 midnight** Brassic (S) (AD) (HD) **1.00am** Road Wars (S) (AD) **3.00** The Force: North East (S) (HD) **4.00-6.00am** Sun, Sea and A&E (S)

**Sky Max Sky 113** (Wales 114) **Virgin 111**  
BT 346/HD 361

## Sky Replay

**7.00am** Four Weddings **10.00** V **5.00pm** V: three episodes. Drama inspired by the 1983 mini-series about aliens on Earth **6.00** Erica and Father Jack are tracked by an alien Seeker. **7.00** Anna exposes a potential problem as the leader of the anti-Visitors movement receives a show of public support **8.00** The Rookie: Officer John Nolan comes face to face with killer Rosalind Dyer **9.00** Chicago Med: the hospital is disrupted by supply-chain issues (S) (HD) **10.00** Chicago Fire: as Hawkins and Violet's relationship blossoms, Gallo turns his attention elsewhere (S) (HD) **11.00** Chicago PD: a killer hijacks a prison van and the team scrambles to find him (S) (HD)

**12 midnight** Coroner (S) (HD) **1.00am** New Amsterdam (S) (HD) **2.00** Duck Quacks Don't Echo: double bill **4.00-6.00am** Four Weddings

**Sky Replay Sky 152** Virgin 156

## Sky Crime

**6.00am** Road Wars (S) **7.30** Motorway Patrol (S) (AD) **8.30** Caught Red Handed (S) **10.00** How I Caught the Killer (S) (AD) **11.00** Britain's Most Evil Killers (S) **12 noon** Killer in My Village (S) **1.00pm** The Killer Within (S) **2.00** World's Most Evil Killers (S) **3.00** Killer in My Village (S) **4.00** The Real Manhunter (S) (AD) **5.00** World's Most Evil Killers (S) (AD) **7.00** Murder Next Door **8.00** Forensics: Catching the Killer (S) (AD) **9.00** John Wayne Gacy: Devil in Disguise (S) (AD) **11.00** Snapped

**12 midnight** World's Most Evil Killers (S) (AD) **1.00am** When Life Means Life (S) (AD) **2.00** Wrongly Released: Free to Kill (S) **3.00** Murder in Amish Country (S) (AD) **4.00** Road Wars (S) **5.00-6.00am** Motorway Patrol (S)

**Sky Crime Sky 122** Virgin 121  
BT 349/HD 364 **+1 Sky 222** Virgin 164

## Gold



**Dad's Army: the Lost Episodes** 8.25pm Godfrey and Frazer

**7.35am** The Fosters: double bill **8.40** Only Fools and Horses (S) (AD)

**6.35pm Only Fools and Horses**  
Christmas special from 1988. Del embarks on a new romance with Raquel, an actress he meets through a dating agency. (S)

**8.25 Dad's Army: the Lost Episodes**  
Godfrey, Mainwaring and Wilson investigate a house from where they believe someone is signalling to the enemy. (S) (AD) (HD)

**9.00 The Vicar of Dibley**  
Passions erupt when Geraldine turns Cupid and then receives a marriage proposal herself. (S) (AD)

**9.55** The villagers set up a radio station to mark the anniversary of St Barnabus's Church. (S) (AD)

**10.30 Blackadder the Third**  
Edmund takes a dislike to two actors employed to help Prince George improve his speech-making.

**11.10** Edmund discovers Prince George is broke and decides to find him a bride with a large dowry.

**11.50** The Duke of Wellington challenges Prince George to a duel, so Edmund plots to have his Scottish cousin take his place. (S) (AD)

**12.30am** Upstart Crow: double bill (S) (AD) **1.50** Blackadder the Third (S) (AD) **2.55-4.00am** Hold the Sunset (S) (AD) (HD)

**Gold Sky 110** (Wales 111) **Virgin 124**  
BT 344/HD 359 **+1 Sky 210** (Wales 211) **Virgin 194**

## Sky Comedy

**8.00am** Everybody Hates Chris (S) (HD) **9.00** The Fresh Prince of Bel-Air (S) (HD) **11.30** Mr Mayor (S) (AD) (HD)

**1.30pm** Will & Grace (S) (AD) **4.00** Futurama (S) (HD) **6.25** The Office US: five episodes. Michael is distraught over Dwight's resignation **7.00** A stripper appears at Phyllis's wedding shower **7.30** Phyllis regrets giving Michael so much responsibility **8.00** Michael is asked to be a guest speaker at a business school

**8.30** Jim meets Karen's former flame (S) (HD) **9.00 New.** Saturday Night Live: American sketch show taking a satirical sideswipe at cultural and political issues (HD) **10.25** Curb Your Enthusiasm (S) (HD) **11.00** Saturday Night Live (HD) **12.30am** Girls (S) (AD) (HD) **1.40** Ballers (S) (AD) **2.15** House of Lies (S) (HD) **3.30-5.00am** Everybody Hates Chris (S) (HD)

**Sky Comedy Sky 114** (Wales 115)  
Virgin 112 BT 347/HD 362

## Comedy Central

**8.00am** Friends (S) (AD) (HD) **6.00pm** Friends (S) (AD) (HD) **9.00** FILM Couples Retreat ★★ Comedy starring Vince Vaughn, Jason Bateman and Jon Favreau. In an attempt to save their rocky marriage Jason and Cynthia enrol in a course of therapy sessions at a tropical resort and invite their friends along for moral support. Unfortunately, the therapy isn't optional and soon everyone is being scrutinised and discovering things they'd rather not know about each other (S) (HD) **11.15** Greatest Ever Movie Blunders (S) (HD) **12.15am** Live at the Apollo (S) (HD) **1.15** Beavis and Butt-Head **2.15** South Park: four episodes (S) (HD) **4.10-5.00am** Friends: double bill (S) (AD) (HD)

**Comedy Central Sky 112** (Wales 113)  
Virgin 181/HD 132 BT 345/HD 360  
**+1 Sky 212** (Wales 213) **Virgin 133**

## Alibi



**The Mallorca Files** 8.00pm  
An opera singer is found dead

**7.10am** Murdoch Mysteries (S) (HD) **10.00** Father Brown (S) (AD) (HD) **2.00pm** The Mallorca Files (S) (AD) (HD) **4.00** Maisie Raine (S) (AD)

**6.00pm Death in Paradise 1/8 Series 8.** A British man in his 50s is found stabbed to death at the back of the bus from Saint Marie ferry port to Honoré. (S) (AD) (HD)

**7.00 Murdoch Mysteries Ep 3**  
Murdoch suspects author Rudyard Kipling is involved in a murder at a convention. (HD)

**8.00 The Mallorca Files 1/6 Series 2.** The team investigates the death of opera singer José Castana, who seemed to have no enemies. (S) (AD) (HD)

**9.00 2/6.** A private eye becomes the link to a missing person and historical murders. (S) (AD) (HD)

**10.00 CSI: Vegas 6/21 Series 2**  
Max leads her team to investigate the death of a prestigious Michelin-starred chef. (AD) (HD)

**11.00 Major Crimes 6/13 Series 6.** An attorney is murdered, and suspects include a film director, her ex-husband and an American football player. (S) (HD)

**12 midnight 7/13.** The squad investigates a second death related to their current case. (S) (HD)

**1.00am** Murdoch Mysteries (S) (HD) **2.00-4.00am** Maisie Raine (S) (AD)

**Alibi Sky 109** (Wales 110) **Virgin 126**  
BT 343/HD 358 **+1 Sky 209** (Wales 210) **Virgin 191**

## Discovery

**6.00am** Wheeler Dealers (S) (HD) **12 noon** Gold Rush: White Water (HD)

**2.00pm** Lost Mines: Restored (S) (HD) **6.00** Ed Stafford: First Man Out: Ed Stafford races against medic and ultra-marathon runner Sun Linye (HD)

**7.00** Alaska: Homestead Rescue: the Raney's help a struggling Idaho family in a cliffside geodesic dome home (S) (HD)

**9.00 New.** Dirty Dicks: Mike Rowe submerges in a murky Florida river to pour concrete jackets around crumbling bridge pilings (HD) **10.00** Diesel Brothers: the guys overhaul ten of the most iconic diesel vehicles (S) (HD)

**11.00** Bitchin' Rides: the shop hits the road with their latest builds to check out the competition (HD) **12 midnight** Naked and Afraid: four back-to-back editions (S) (HD) **4.00-5.00am** How Do They Do It?: double bill (S) (HD)

**Discovery Sky 125** Virgin 250 BT 320/HD 325  
**+1 Sky 225** Virgin 258

## Discovery History

**6.00am** Combat Dealers (S) (AD) **9.00** Wings of War (S) **12 noon** Nasa's Unexplained Files (S) **3.00pm** Greatest Events of World War II (S) **5.00** Combat Dealers (S) **6.00** Secret History of the Sphinx (S) **AD** **7.00** Ghosts of Stonehenge: a look at the ancient rituals that may have contributed to the construction of Stonehenge (S) (AD)

**8.00** Greatest Events of World War II: double bill. The German tactic of blitzkrieg, then restored footage tells the story of Operation Sealion in a new light (S) **10.00** Wings of War: double bill. How helicopters help battles on both land and sea, then the F-22 Raptor fighter plane **12 midnight** Combat Dealers (S) **2.00-5.00am** Disasters Engineered: three editions (S)

**Discovery History Sky 177** Virgin 257  
**+1 Sky 277** Virgin 261



## Sky Documentaries



### Sergio Leone: the Italian Who Invented America 9.00pm

**6.00am** Discovering: Audrey Hepburn (S) (AD) **7.00** Discovering: Gene Kelly (S) (AD) **8.00** The Directors (S) **10.00 FILM** The Capote Tapes ★★★★★ The life and work of American novelist Truman Capote (S) (W) **12 noon** Quant (S) **1.50pm** My Icon: Kadeena Cox (S) (AD) (HD) **2.00** Spector (S) (AD) (HD) **3.00** Lennox: the Untold Story (S) (AD) **5.00** The Alpinist (S) (AD)

**6.50pm** My Icon: Jonnie Peacock The Paralympian discusses the individuals that have inspired him. (S) (AD) (HD)

**7.10 Fatboy Slim: Right Here, Right Now** The Big Beach Boutique II free event held in 2002, when an estimated quarter of a million people turned up to the concert on Brighton beach.

**9.00 Sergio Leone: the Italian Who Invented America** Paying homage to the legendary Italian director, featuring contributions from Clint Eastwood, Robert De Niro and Ennio Morricone.

**11.00 The Return: Life after Isis** Following Hoda Muthana and Shamima Begum after Isis. (S)

**12.50am** I Am Durán (S) (AD) **2.35 FILM** Enron: the Smartest Guys in the Room ★★ Oscar-nominated documentary (S) (AD) (W) **4.45–6.00am** Children of Shanghai (S)

**Sky Documentaries Sky 121**  
Virgin 277 BT 352/HD 367

## Nat Geographic

**8.00am** Food Factory (S) (HD) **9.00** Air Crash Investigation (S) (HD) **6.00pm** Air Crash Investigation: why a Boeing 737 Max 8 plunged into the Java Sea (S) (AD) (HD) **7.00 Super/Natural:** the weird and wonderful world of animal alliances (HD) **8.00** Snakes in the City: a deadly black mamba takes up residence in a house (HD) **9.00** Air Crash Investigation: three editions. American Airlines 1572 suffers double-engine failure on the final approach into Windsor Locks Airport **10.00** A miraculous landing at a French military airfield **11.00** A Boeing 727's near-fatal nosedive over Michigan (S) (AD) (HD) **12 midnight** Air Crash Investigation (S) (AD) (HD) **2.00am** Money Meltdown (HD) **2.30** Food Factory (S) (HD) **4.10** When Sharks Attack (HD) **4.35–5.00am** Dog Impossible: New Leash (HD)

**Nat Geographic Sky 129** Virgin 266  
+1 Sky 229 Virgin 267

## Sky History

**6.00am** Beyond the Myth: The SS Unveiled (HD) **8.00** Pawn Stars (HD) **11.00** Mountain Men (HD) **12 noon** History's Greatest Mysteries (HD) **2.00pm** Britain's Most Historic Towns (HD) **5.00** Bermuda Triangle: into Cursed Waters **6.00** The Curse of Oak Island **7.00** Rome: Rise and Fall of an Empire: double bill. Claudius's conquest of Britain, then the rule of Trajan (HD) **9.00** Rome's Bloodiest Dynasty: Boudicca's Revenge: the invasion of Boudicca's settlement by Roman troops (HD) **10.00** Eight Days That Made Rome: Bettany Hughes focuses on the death of Emperor Nero in AD 68 (HD) **11.00** Colosseum (HD) **12 midnight** Forged in Fire (HD) **3.00–6.00am** Deep Water Salvage (HD)

**Sky History Sky 123** Virgin 270  
BT 353/HD 368 +1 Sky 223 Virgin 271

## Sky Nature



### The Bachelor King 8.30pm

South Georgia king penguins

**6.00am** Africa's Hidden Kingdoms (S) (AD) (HD) **8.00** Amazing Animal Friends (S) (HD) **10.00** Pridelands: Wilderness Reborn (S) (HD) **11.00** Baby Animals (S) (HD) **11.30** Nature's Fast Attacks (S) (AD) (HD) **1.30pm** Micro Monsters with David Attenborough (S) (AD) (HD) **2.30** Baby Animals (S) (HD) **3.00** Pridelands: Wilderness Reborn (S) (HD) **4.00** Nature's Mass Attacks (S) (HD)

**6.00pm Extreme Snakes: Australia** A look at some of the most dangerous species. (S) (HD)

**7.00 David Attenborough's Natural History Museum Alive** The broadcaster presents a unique tour of the institution. (S) (AD)

**8.30 The Bachelor King** Exploring the lives of king penguins, filmed on the sub-Antarctic island of South Georgia over five months. (S) (AD) (HD)

**10.00 A Wild Year on Earth** The arrival of spring in Australia ignites the passions of everything from kangaroos to whales. (S) (AD) (HD)

**11.00 Nature's Dress Code: Who Wears What and Why?** A look into the fashion styles of the natural world. (S) (HD)

**12 midnight** Impossible Animals (S) (AD) (HD) **3.00am** How the Wild Things Sleep (S) (HD) **4.00–6.00am** Hope for Wildlife (S) (HD)

**Sky Nature Sky 124** Virgin 278  
BT 354/HD 369

## Eden

**9.00am** Earth: the Nature of Our Planet (AD) (HD) **12 noon** Wild Fukushima (HD) **1.00pm** China's Ten Deadliest Snakes with Nigel Marven (HD) **2.00** Sea of Creepy Monsters (HD) **3.00** Earth: the Nature of Our Planet (AD) (HD) **6.00** Wild Fukushima (HD) **7.00** China's Ten Deadliest Snakes with Nigel Marven (HD) **8.00** Sea of Creepy Monsters (HD) **9.00** Earth: the Nature of Our Planet: triple bill. The importance of air to the planet **10.00** The significance of land **11.00** How water has the power to shape life (AD) (HD) **12 midnight** Wild Fukushima (HD) **1.00am** China's Ten Deadliest Snakes with Nigel Marven (HD) **2.00** Sea of Creepy Monsters (HD) **3.00** Earth: the Nature of Our Planet (AD) (HD) **5.30–6.00am** David Attenborough's Natural Curiosities (AD) (HD)

**Eden Sky 166** Virgin HD 245  
+1 Sky 266 Virgin 246

## Animal Planet

**8.00am** Animal Cribbs (S) (HD) **9.00** Dodo Heroes (S) (HD) **10.00** Dogs 101 (S) (HD) **11.00** Alaska: Homestead Rescue (S) (HD) **12 noon** Animal Cribbs (S) (HD) **1.00pm** Dodo Heroes (S) (HD) **2.00** Project Grizzly (S) (HD) **4.00** Bad Dog! (S) (HD) **5.00** Alaska: Homestead Rescue (S) (HD) **6.00** Animal Cribbs (S) (HD) **7.00** Dodo Heroes: the work of the Sheldrick Wildlife Trust (S) (HD) **8.00** Coyote Peterson: Brave the Wild (S) (HD) **9.00** Tanked (S) (HD) **10.00** Alaskan Bush People (S) (HD) **11.00** Wildest Islands of Indonesia (S) (HD) **12 midnight** Wildest Europe (S) (HD) **1.00am** Alaskan Bush People (S) (HD) **2.00** Bad Dog! (S) (HD) **3.00** Alaska: Homestead Rescue (S) (HD) **4.00–5.00am** Animal Cribbs (S) (HD)

**Animal Planet Sky 162** (NI 178) Virgin 251  
+1 Sky 262 (NI 278) Virgin 259

## SPORT

### Sky Main Event

**Sky 401** Virgin 511/HD 501 **BT 420**/HD 440  
**6.00am** Sky Sports News  
**8.30 LIVE European Tour Golf** Day four of the Ras Al Khaimah Championship from the UAE.  
**12 noon LIVE Scottish Premiership Football** St Johnstone v Celtic (kick-off 12.00).  
**2.00pm LIVE Premier League Football** Nottingham Forest v Leeds United (kick-off 2.00);  
**4.00** Tottenham Hotspur v Manchester City (kick-off 4.30).  
**7.30 LIVE Women's Super League Football** West Ham United v Arsenal, second half.  
**9.30 LIVE PGA Tour Golf** The Pebble Beach Pro-Am, day four.  
**11.30 LIVE NBA** New York Knicks v Philadelphia 76ers.  
**1.30–6.00am** Sky Sports News

### Sky Football

**Sky 403** Virgin 513/HD 503 **BT 422**/HD 442  
**6.00am** League One and Two Goals  
**6.30** Championship Highlights  
**8.00** League One and Two Goals  
**8.30** Championship Highlights  
**10.00** League One and Two Goals  
**10.30** Women's Super League  
**11.00 LIVE Scottish Premiership Football** St Johnstone v Celtic.  
**2.30pm LIVE German Football** VfB Stuttgart v Werder Bremen;  
**4.30** Wolfsburg v Bayern Munich.  
**6.30 LIVE Women's Super League Football** West Ham United v Arsenal (kick-off 6.45).  
**9.30** Women's Super League  
**10.00** Championship Highlights  
**11.00** Scottish Premiership Highlights  
**11.15** Championship Highlights  
**11.30 WSL 12 midnight** League Cup Retro **1.00am** Classic Play-Off Finals  
**4.00–6.00am** Championship Retro

### Sky Golf

**Sky 405** Virgin 515/HD 505 **BT 424**/HD 444  
**6.00am** PGA Tour Golf **7.15** European Tour Golf **7.30** Chronicles (AD) **8.00** PGA Tour Golf **8.15** European Tour  
**8.30 LIVE European Tour Golf** The Ras Al Khaimah Championship.  
**1.00pm LIVE Ladies European Tour Golf** Day four of the Kenya Ladies Open from Vipingo Ridge.  
**3.00** The Improvers **3.15** PGA Tour  
**3.30 LIVE PGA Tour Golf** The Pebble Beach Pro-Am, day four.  
**11.30** European Tour Golf **12.30am** Chronicles (AD) **1.00** European Tour Golf **2.00** Chronicles (AD) **2.30** European Tour Golf **3.30** Chronicles (AD) **4.00** European Tour Golf  
**5.00–6.00am** Chronicles (AD)

### Sky Mix

**Sky 416** Virgin 520/HD 510 **BT 429**/HD 449  
**11.00am–3.30pm LIVE World Pool Championship** Semi-finals.  
**5.30–8.30 LIVE World Pool Championship** The final.

### Eurosport 1

**Sky 410** Virgin 521 **BT 412**/HD 435  
**6.00am** Formula E **6.55** Snooker  
**8.50 LIVE Nordic Combined Skiing** World Cup from Italy.  
**9.50 LIVE Cross-Country Skiing** World Cup, women's 4x7.5km relay.  
**11.30** Snooker: German Masters  
**1.00pm LIVE Snooker** The final of the German Masters. More 7pm.  
**4.00** Formula E  
**5.00 LIVE Cross-Country Skiing** World Cup, men's 4x7.5km relay.  
**6.00** Snooker: German Masters  
**7.00 LIVE Snooker** From Berlin.  
**10.00** Snooker: Welsh Open  
**12 midnight** Cyclo-Cross **1.00am** Cycling **2.00** Cyclo-Cross **3.00** Snooker **5.00–6.00am** Tennis



**NBA 11.00pm Sky Arena**  
Knicks hotshot Julius Randle is ready to take on the 76ers

### Sky Premier League

**Sky 402** Virgin 512/HD 502 **BT 421**/HD 441  
**6.00am** Premier League Highlights  
**10.00** Sky Sports News  
**1.00pm LIVE Premier League Football** Nottingham Forest v Leeds United (kick-off 2.00);  
**4.00** Tottenham Hotspur v Manchester City (kick-off 4.30).  
**7.30 LIVE Women's Super League Football** West Ham United v Arsenal, second half.  
**9.30** Premier League Highlights  
**2.30–6.00am** Premier League

### Sky Cricket

**Sky 404** Virgin 514/HD 504 **BT 423**/HD 443  
**6.00am** SA20 Highlights **7.00** Big Bash League Highlights **8.00** SA20 Highlights **9.00** Big Bash League Highlights **10.00** SA20 Highlights  
**11.00 LIVE SA20** Two matches.  
**7.30pm** Best of the Big Bash **8.30** SA20 Highlights **12.30am** Big Bash League **1.30** SA20 Highlights **3.30** Big Bash League **4.30–6.00am** Best of the Women's World T20

### Sky NFL

**Sky 407** Virgin 517/HD 507 **BT 426**/HD 446  
**6.00am** NFL **2.00pm** NFL Gameday **2.30** Bitesize **3.00** NFL: a Football Life (AD) **4.00** NFL **5.00** Highlights  
**6.30** Pro Bowl Skills Showdown  
**8.00 LIVE NFL** The Pro Bowl from Las Vegas (kick-off 8.00).  
**11.00–6.00am** NFL Highlights

### Sky Arena

**Sky 408** Virgin 518/HD 508 **BT 427**/HD 447  
**6.00am** Netball **8.00** British Basketball League **10.15** Super League  
**11.00 LIVE World Pool Championship** From Poland.  
**3.30pm** Boxing (AD) **4.00** NBA  
**6.00 LIVE NBA** Charlotte Hornets v Orlando Magic (tip-off 6.00).  
**8.30** NBA: highlights  
**11.00 LIVE NBA** New York Knicks v Philadelphia 76ers (tip-off 11.00).  
**1.30am** NBA **3.45–6.00am** British Basketball League

### Eurosport 2

**Sky 411** Virgin 522 **BT 413**/HD 436  
**6.00am** Winter Sports: highlights  
**7.55** Cyclo-Cross **8.50** Cycling  
**9.45 LIVE Cycling** Coverage of the women's Tour of Valencia.  
**10.45 LIVE Ski Jumping** **12.30pm** Cycling **12.45** Cyclo-Cross  
**1.45pm** Cyclo-Cross World Championships, the men's race.  
**3.15 LIVE Cycling** The final stage of the men's Tour of Valencia.  
**4.30** Cyclo-Cross **5.30** Tennis  
**6.30** Winter Sports **8.00** Cycling  
**10.00** Cyclo-Cross **11.00** Ski Jumping  
**12 midnight** Superbikes **2.00am** Ski Jumping **6.00–6.00am** Cycling

### BT Sport 1

**Sky 413** Virgin 527 **BT 408**/HD 430  
**6.00am LIVE UFC** Derrick Lewis v Serghei Spivac, the heavyweight bout from UFC Apex in Las Vegas, Nevada, plus the undercard.  
**9.30** French Football  
**10.30** Italian Football  
**11.30 LIVE Italian Football** Spezia v Napoli from Stadio Alberto Picco (kick-off 11.30).  
**1.30pm** National League Football  
**2.00 LIVE Italian Football** Torino v Udinese from Stadio Olimpico Grande Torino (ko 2.00).  
**4.00** Italian Football: highlights  
**5.00 LIVE Italian Football** Fiorentina v Bologna from Stadio Artemio Franchi (kick-off 5.00);  
**7.00** Inter Milan v AC Milan from San Siro (kick-off 7.45).  
**10.00** UFC **1.00am** National League Football **1.30** Poker (AD) **3.30** World Rally (AD) **4.00** Fishing (AD) **5.00–6.00am** Kings Ransom (AD)

### BT Sport 2

**Sky 414** Virgin 528 **BT 409**/HD 431  
**5.00am LIVE Badminton** The Thailand Masters finals from Nimitbutr Stadium, Bangkok.  
**10.30** National League Football  
**11.00** French Football: highlights  
**12 noon LIVE French Football** Clermont v Monaco (kick-off 12.00);  
**2.00pm** Ajaccio v Nantes from Stade Francois Coty (kick-off 2.00);  
**4.00** Brest v Lens (kick-off 4.05).  
**6.00** Champions League Football  
**6.30** National League Football  
**7.00** World Rally: magazine (AD)  
**7.30 LIVE French Football** Marseille v Nice (kick-off 7.45).  
**9.45 LIVE Super Smash T20 Cricket** Otago Sparks v Canterbury Magicians, the women's match at University of Otago Oval;  
**1.30am** Otago Volts v Canterbury Kings, the men's match from University of Otago Oval.  
**5.00** National League Football  
**5.30–6.00am** BT Sport Reload (AD)

### BT Sport 3

**Sky 417** Virgin 529 **BT 410**/HD 432  
**6.00am** ESPN FC **6.30** Premier League Football **8.00** French Football  
**9.00** Wrestling: action from WWE (AD)  
**11.00** What Went Down **11.30** Premier League Stories (AD) **12 noon** ESPN FC: world football **12.30pm** Champions League Magazine **1.00** ILT20 Cricket  
**2.00 LIVE ILT20 Cricket** Dubai Capitals v MI Emirates.  
**5.45** Wrestling **7.15** BT Sport Films (AD) **8.45** BT Sport Reload (AD) **9.00** Wrestling (AD) **12.45am** BT Sport Reload (AD) **1.00** French Football  
**5.00–6.00am** Classic French Football

### BT Sport 4

**Sky 423** Virgin 530 **BT 411**/HD 434  
**7.00am** ESPN FC **7.30** National League Football **8.00** BT Sport Reload (AD) **8.15** There's No Place Like Home (AD) **9.30** Basketball: four games  
**4.30pm** National League Football  
**5.00 LIVE Basketball** Louisville Cardinals v North Carolina Tar Heels (tip-off 5.00);  
**7.00** Texas A&M Aggies v LSU Tigers (tip-off 7.00);  
**9.00** Maryland Terrapins v Ohio State Buckeyes (tip-off 9.00);  
**11.00** Temple Owls v Houston Cougars (tip-off 11.00).  
**1.00–6.00am** Basketball

### Viaplay Sports

**1.00pm LIVE Spanish Football** Real Mallorca v Real Madrid from Estadi Mallorca Son Moix (ko 1.00).  
**8.00 LIVE Spanish Football** Barcelona v Sevilla (kick-off 8.00).



# Monday

## FACTUAL

### Spring Walks

7.30pm **BBC4** Catch up via iPlayer

Television had to adapt during the pandemic, and some of the programmes that have emerged are truly life-affirming. It includes the sensory smorgasbord that is *Winter Walks*, with its 360-degree camera pole innovation, calming countryside and unintrusive stats.

Nudging on a season, we now have rippling wheatfields and bluebell woods to add to what is already a lovely new TV genre. First to put best foot forward (before Nina Wadia tomorrow) is *Dragons' Den* investor and *Strictly* star Sara Davies, who covers 6.1 miles of Nidderdale in North Yorkshire. And as fans of the *Walks* know, that ".1" of a mile is important, because details matter.

It's the first time Davies has been on such a trek for 20 years, and her business brain is clearly still in active mode as she chats to a man rounding up his Zwartbles lambs about his family farm, or a horse-riding lord and lady about their estate. But the calm she finds allows her to reflect on her own achievements, and the fact that nature is for busy people, too. It's an eventful stroll, from chiffchaff calls to rainbow's end. There's even time to trampoline with a goat. **MARK BRAXTON**

## RAMBLING

Sara Davies takes a break from the fast lane

## FACTUAL

### 24/7 Pet Hospital

10.00am **BBC1** Catch up via iPlayer

NEW  
SERIES

There's no Noel Fitzpatrick but this series about the veterinary work of Wear Referrals in County Durham is very similar to Channel 4's *Supervet*. The focus is less on bionic surgical work, though, because this practice is where all the area's pet emergencies are sent. It's very varied.

The first patients through their doors are a pair of boxers (no, not underpants) who've eaten something they shouldn't have. They're swiftly followed by a cat who is having birthing problems and a surprisingly cheerful guide dog with a wound that won't heal. There are plenty of happy-ever-after stories and waggy tails, so this is proper heart-warming viewing. **JANE RACKHAM**

## QUIZ

### Only Connect

8.00pm **BBC2** Catch up via iPlayer

"Welcome to *Only Connect*, a sort of futile weekly exam that gets videoed..." Victoria Coren Mitchell does her fiendish cross-cultural connections quiz a massive disservice in her intro tonight. If anything, this show proves that no information is ever wasted. To win this quarter-final, the teams will need to dredge a staggeringly varied amount of info out of their grey matter, with a working knowledge of everything from Britney Spears lyrics and Jewish religious sects to events that happened on the 22 November.

Will it be the Scrummagers or the Harlequins heading home tonight? Whoever loses, at least they all get to sing a Cyndi Lauper song along with their host before they head off...

**CERI THOMAS**

## DOCUMENTARY

### Ambulance

9.00pm **BBC1** Catch up via iPlayer

Our NHS is currently in the midst of an unprecedented crisis. Sensitive frontline docs such as *Ambulance*, a deserved Bafta-winner, serve as vital reminders of just how much it's needed. As we reconvene with the North East Ambulance Service for the delayed last episode in this series, the pressures continue unabated.

A dayshift begins with an emergency call from a patient who has attempted to take their own life. The dedicated crewmates also rush to assist elderly women who, while being treated, share their extraordinary life stories. To its immense credit, *Ambulance* has no truck with pat happy endings. This is an honest reflection of how unjust and tragic life can be. It's an exceptional series. **PAUL WHITELAW**

## DRAMA

### Maternal

9.00pm **ITV1** Catch up via ITVX

It's hard to know who's having the worst time in Jacqui Honess-Martin's NHS drama. Helen is running the acute medical unit overnight so is constantly (and sometimes literally) putting out fires; her emergencies pager constantly bleeps, she must tell an ex-colleague her wife's cancer is now terminal and she has to deal with a drunk. On top of that she hears some terrible personal news.

Meanwhile, Maryam and Catherine are having a fun night out, except they can't get away from cross-examinations about medical problems and kids. But then something dramatic happens. The sight of Lara Pulver dressed up to the nines straddling... well, I won't spoil it. Exhausting but compulsive viewing. **JR** Jane Garvey: page 13



## ALSO ON TODAY

### The Royals: a History of Scandals

9.00pm **More 4**  
Suzannah Lipscomb lifts the lid on the saucy bedroom antics of King Charles II.

### Pointless

5.15pm **BBC1**  
Konnie Huq (right) has all the *Pointless* answers as Alexander Armstrong's co-host today. It's Alex Brooker's turn from tomorrow.



### The Traitors US

8.00pm **BBC3**  
Alan Cumming presides with glee as the remaining Traitors and Faithfuls face the horrors of the "cabins in the wood".

## REALITY

### SAS: Who Dares Wins – Jungle Hell

9.00pm **C4** *Catch up via All 4*  
"In Special Forces if you don't keep your composure, nine times out of ten it will get you killed," instructor Foxy has explained. I'd have thought there was an equally good chance of dying when, after hiking uphill through the unforgiving Vietnamese jungle, you abseiled 200 feet down a cliff into a pitch-black cave.

There was no preview available but presumably the 12 remaining recruits survive that task because next they're challenged to an aggression test in a muddy paddy field. If you saw the female recruit knocked unconscious and stretchered off in the last series, you'll recall that murderball is a horribly brutal game. **JR**

## DRAMA

### The Last of Us

9.00pm **Sky Atlantic**  
*Catch up via SkyGo/Now*  
As with the award-winning video game it's based on, the success of this story lives or dies on the bond between its two leads – damaged warrior Joel and Ellie, the teenager he's taking across a post-apocalyptic America. Happily, in *Game of Thrones* stars Pedro Pascal and Bella Ramsey they've found the perfect pairing to bring this duo to life.

Their chilly relationship is turning into something more familial, helped along by (of all things) a book of puns Ellie reads between encounters with fungus-infected zombies. Pitched wrong, and their growing closeness could be sickly sweet – but here it's subtle and gradual enough to be heart-warming. **HUW FULLERTON**

## SITCOM

### Everyone Else Burns

10.00pm **C4** *Full series on All 4*  
David and Fiona are in lust... just not with each other. Neighbour and newly appointed elder Andrew is setting Fiona's heart aflutter, while David has his own confession. He believes he's been unfaithful to his wife, and duly fetches a "Tupperware of sin" he's stashed upstairs to declare all to her. Its contents, though, come as rather a surprise... Then there's daughter Rachel, who's still struggling when it comes to dealing with her feelings for Joshua – mainly because they might result in her being disowned by her own family. Although a less punchy episode, with its neat direction and unlaboured jokes it's still a cut above most upstart comedies.

**FRANCES TAYLOR** TV PREVIEWS EDITOR

## LIVE SPORT



### T20 Cricket

**Sharjah Warriors v Gulf Giants**  
2.00pm **BT Sport 2**  
It's the inaugural International League Twenty20, and England's Joe Denly (above) is one of Sharjah Warriors' stars.

### Serie A Football

**Hellas Verona v Lazio**  
kick-off 5.30pm **BT Sport 1**  
**Monza v Sampdoria**  
kick-off 7.45pm **BT Sport 1**

### Skiing: World Championships

9.45am, 1.15pm **Eurosport 1**  
Action from Courchevel and Méribel in the French Alps.

## FILM OF THE DAY



### Never Rarely Sometimes Always ★★★★★ **15**

11.15pm **BBC2**

An emotional, ingenious drama about the difficulties of obtaining an abortion in the US. Newcomer Sidney Flanagan stars as a pregnant teenager who is forced to beg, borrow and steal in order to receive the correct care. (2020)

**FILM REVIEWS**  
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**IN ALIGNMENT**  
Syrian President Bashar al-Assad and Russia's Vladimir Putin in 2017

## DOCUMENTARY

### Putin vs the West

9.00pm **BBC2** *Full series on iPlayer*  
War and politics in the Arab states dominate the second part of Norma Percy's gripping documentary series. It starts in 2011 as the revolutions of the Arab Spring challenge President Gaddafi's hold on power in Libya. The West wants to intervene to aid the revolutionaries, but Vladimir Putin has other plans... The access that Percy's film has to the major players remains astounding, with world leaders, ambassadors and advisers recounting tales of backroom discussions, power-plays and political

sleight of hand. David Cameron's account of forging what he hoped was a friendship with Putin at the 2012 Olympics is particularly telling about both men. But Percy never lets the global chess game blind you to on-the-ground reality. Putin's mastery of tricks, deception and brinkmanship is mesmerising, yet results in some devastating tragedies. As later sections of tonight's film, dealing with Syria and the fate of the city of Aleppo, make all too appallingly clear... **CT**



# MONDAY Main Channels

## DAYTIME

### BBC1

**6.00am Breakfast** Jon Kay, Sally Nugent. (S) (HD)  
**9.15 Morning Live** Gethin Jones, Kym Marsh. (S) (HD)  
**10.00 New series. 24/7 Pet Hospital** Following the work of staff at a County Durham veterinary hospital. Intern Marina assists a cat which is struggling to give birth. See page 60. (S) (AD) (HD)  
**10.30 New series. Claimed and Shamed** A serial insurance cheat is caught out by CCTV. (S) (HD)  
**11.15 Homes under the Hammer** Properties in Kent, central London and the West Midlands. (R) (S) (AD) (HD)  
**12.15pm Bargain Hunt** Two teams compete in Abernethy near Dundee. Rptd tomorrow 6.30am BBC2 (S) (AD) (HD)  
**1.00 BBC News Regional News; Weather** (S) (HD)  
**1.45 Doctors** Emma meets a woman who is struggling to escape from her abusive husband. (S) (AD) (HD)  
**2.15 The Farmers' Country Showdown** From the Edenbridge and Oxted Agricultural Show. (R) (S) (HD)  
**3.00 Escape to the Country** A couple seek a home in Wiltshire or Somerset for £1.3 million. (R) (S) (AD) (HD)  
**3.45 The Repair Shop** A pair of wedding rings and a pantomime horse are brought back to life. (R) (S) (AD) (HD)  
**4.30-5.15 Bridge of Lies** Four friends step up to take part in the game show. Rptd tomorrow 7.15am BBC2 (S) (HD)

### BBC2

**6.15am Homes under the Hammer** Following the progress of properties in Dunfermline, Torquay and south-east London. Shown last Thursday BBC1 (S) (AD) (HD)  
**7.15 Bargain Hunt** Christina Trevanion hosts from Southwell, Nottinghamshire. Shown last Friday BBC1 (S) (AD) (HD)  
**8.00-9.00 Sign Zone Winterwatch 2/8.** In Edinburgh, Gillian Burke and Iolo Williams visit a cemetery to see the creatures that use these habitats as a haven. (R) (S) (HD)  
**9.00 BBC News** (S) (HD)  
**12.15pm Politics Live** Political stories. (S) (HD)  
**1.00 Hardball** Quiz hosted by Ore Oduba. (R) (S) (HD)  
**1.45 Eggheads** Quiz show with Jeremy Vine. (R) (S) (HD)  
**2.15 Britain in Bloom** Chris Bavin helps volunteers decorate Lytham St Annes in Lancashire. (R) (S) (HD)  
**2.45 Celebrity Antiques Road Trip** Actresses Gemma Oaten and Samantha Renke hunt for antiques with experts Philip Serrell and James Braxton. (R) (S) (HD)  
**3.45 My Unique B&B** In Wiltshire, Simon Parfett and his team help Anthony and Bianca turn a shed at the bottom of their garden into a hideaway. (R) (S) (AD) (HD)  
**4.30-5.15 Saved and Remade** A 1950s moped and some swimming medals are transformed. (R) (S) (HD)

### ITV1

**6.00am Good Morning Britain** (S) (HD)  
**9.00 Lorraine** Fashion and showbiz news. (S) (HD)  
**10.00 This Morning** Lifestyle features, cookery and celebrity interviews. Including **Regional Weather** (S) (HD)  
**12.30pm Loose Women** Daily discussion. (S) (HD)  
**1.30 ITV Lunchtime News Regional News; Weather** (S) (HD)  
**2.00 Dickinson's Real Deal** David and his team of dealers visit the RAF Museum Cosford, where Simon Schneider takes a shine to a brooch. (R) (S) (AD) (HD)  
**3.00-4.00 Lingo** Adil Ray presents as Jenny and Dev, Rosie and Wes, and Jack and Rob take part in the word game. (R) (S) (HD) Followed by **Regional Weather**

### Channel 4

**6.10am Countdown** Justin Moorhouse guests. (R) (S) (HD)  
**6.50 3rd Rock from the Sun** Double bill. (R) (S) (AD)  
**7.40 The King of Queens** Triple bill. (R) (S) (AD) (HD)  
**9.00 Frasier** Three episodes of the comedy. (R) (S) (AD)  
**10.30 Undercover Boss USA** Three former participants each send an employee under cover to report on their businesses. (R) (S) (HD) **11.25 News** (S) (HD)  
**11.30 Sarah Beeny's New Life in the Country** Sarah and her family relocate to Somerset. (R) (S) (AD) (HD)  
**12.30pm Steph's Packed Lunch** Weekday magazine programme hosted by Steph McGovern. (S) (HD)  
**2.10 Countdown** With guest Jo Brand. (S) (HD)  
**3.00 A Place in the Sun** A Staffordshire woman searches for a home in Málaga for £120,000. (S) (HD)  
**4.00-5.00 A New Life in the Sun** In Spain, a Lincolnshire family takes a punt on a hotel. Repeated 6pm 4seven (S) (HD)

## BBC1

1

### Ambulance

**9.00pm** Emily and Gayle treat a 99-year-old woman who has a wealth of stories to share



### 5.15pm Pointless

With Alexander Armstrong and Konnie Huq. (S) (HD)

### 6.00 BBC News Weather

### 6.30 Regional news magazines

### 7.00 The One Show

Hosted by Jermaine Jenas and Alex Jones. (S) (HD)

### 7.30 EastEnders

Lola's world is turned upside down.

Lola Pearce	Danielle Harold	Callum "Halfway" Highway	Tony Clay
Zack Hudson	James Farrar	Tom "Rocky" Cotton	Brian Conley
Honey Mitchell	Emma Barton	Sharon Watts	Letitia Dean
Harvey Monroe	Ross Boatman	Kim Fox	Tameka Empson
Ben Mitchell	Max Bowden	Billy Mitchell	Perry Fenwick
Linda Carter	Kellie Bright	Ash Panesar	Gurline Kaur Garcha
Finlay Baker	Ashley Byam	Mitch Baker	Roger Griffiths
Martin Fowler	James Bye	Jack Branning	Scott Maslen

Writer Pete Lawson More cast Thursday (S) (AD) (HD)

### 8.00 Is the Cloud Damaging the Planet? - Panorama

It stores our pictures and emails, it powers our internet searches, and it helps us stream films and box sets. But out of sight, the Cloud depends on processing factories - vast data centres that use enormous amounts of power and water. Reporter Richard Bilton investigates the growing environmental problem.

Producer Maurice May; Executive producer Andrew Head  
 Signed repeat Friday 2.25am BBC2 (S) (HD)

NOTE: as *Panorama* reacts to the news its subject matter may change

### 8.30 Food Fest England

**NORTH EAST/CUMBRIA** Exploring Cockermouth's food festival, meeting passionate food producers.

**NORTH WEST** Sean Fletcher and Edith Bowman visit the Manchester Food and Drink Festival.

**YORKSHIRE** Searching for tips and treats at the York Food Festival, including home-made houmous.

**EAST MIDLANDS** Sean Fletcher and Edith Bowman take a tour of a food market in Leicester.

**EAST** English mustard and pies are on the menu at the National Ploughing Championships in Derbyshire.

Executive producer Ross Harper; Series editor Richard Park (S) (HD)

### ALL OTHER REGIONS The Bidding Room

Five dealers bid on a wind-up toy monkey, an antique playing card game and an ornate water feature.

Series producer Claire Egerton-Jones

Executive producer David Sayer (Revised repeat) (S) (HD)

### 9.00 Ambulance

**RT** **6/6 Series 10.** An emergency call is received for a patient who has made an attempt to end their life. Crewmates Emily and Gayle are immediately dispatched to assist the crew in attendance. Later, the pair treat an 81-year-old diabetic who has fallen off his mobility scooter. Meanwhile in Pallion, James and Jamie respond to an emergency call for a 75-year-old woman who is believed to be having a stroke. Narrated by Christopher Eccleston. See page 60.

Series director James Robinson; Series producers Becky Houlihan and Vicky Munro Repeated Thursday 12.40am (S) (HD)

### 10.00 BBC News Regional News; Weather

### 10.40 Planet Sex with Cara Delevingne

**3/6. Can Porn Be Good?** Cara sets out to discover if there are more ethical types of pornography. (S) (HD)

**11.25 4/6. What's Your Gender?** Examining the idea of gender. The whole series is available on iPlayer.

Exec producers Cara Delevingne, Simon Andrae and Fiona Caldwell  
 Series editor Kate Dart Both episodes first shown on BBC3 (S) (HD)

**12.10am The Graham Norton Show** With Michelle Yeoh, Jack Lowden, Austin Butler and Ashley Banjo. Shown last Fri (S) (HD)

**1.05 Have I Got a Bit More News for You** Hosted by Clive Myrie, with guests Andy Hamilton and Helen Lewis. (R) (S) (HD)

**1.50 Weather for the Week Ahead** (S) (HD)

**1.55-6.00am BBC News** (S) (HD)

**BBC1** Freeview 1/HD 101 Freesat 101/HD 106 Sky 101 Virgin 101

## BBC2

2

### Putin vs the West

**9.00pm** PM David Cameron attempts a charm offensive, but the president has other ideas



### 5.15pm Flog It!

At Grimsby Minster, Christina Trevanion uncovers a rare Chinese silver butter bowl. (R) (S) (HD)

### 6.00 Richard Osman's House of Games

Kae Kurd, Zoe Lyons, Andrew Hunter Murray and Kate Robbins test their general knowledge. (R) (S) (HD)

### 6.30 Robson Green's Weekend Escapes

**11/15.** Robson joins forces with his brother, David, and, for a third time, Uncle Matheson. On the hunt for ways to relax that don't cost a fortune, the trio turn their hand to landscape painting and go fly-fishing on a lake in Northumberland. (S) (AD) (HD)

### 7.00 Nadiya's Fast Flavours

**5/6.** Banana bread with a thyme and salted caramel twist, and vegetarian burgers using bombay mix. Editor Andrew McKenzie (R) (S) (AD) (HD)

### 7.30 Mastermind

Tonight's specialist subjects are film adaptations of Shakespeare tragedies, the Great Fire of London, former football star John Barnes, and JRR Tolkien's *The Lord of the Rings*. Presented by Clive Myrie.

Series producer James Evans; Executive producers Kate Middleditch, Chris Jones, David Young and Jimmy Mulville (S) (HD)

### 8.00 Only Connect

**RT** The Scrummagers take on the Harlequins for a place in the semi-finals of the challenging quiz. Presented by Victoria Coren Mitchell. See page 60. Director Siân G Lloyd; Producer Nick Martin (S) (HD)

### 8.30 University Challenge

Two more teams return for a second-round match, with three quarter-final places still up for grabs. Director Martin Lord; Producer Peter Gwyn (S) (HD)

### 9.00 Putin vs the West

**RT** **2/3. Back with a Vengeance.** As the series charting the West's struggle to deal with the Russian president continues, British prime minister David Cameron goes to great lengths to bring Putin on side. After talks in Sochi it looks as if he might succeed, with the pair taking a private helicopter ride together, but the "bromance" soon fades and Putin openly backs his ally, President Assad, in Syria's civil war. The turning point comes in 2015, when Putin sends in his forces to help Assad. Caroline Catz narrates. The whole series is on iPlayer. See page 61. Series director Tim Stirzaker; Series producer Norma Percy Repeated Wednesday 11.15pm (S) (AD) (HD)

### 10.00 QI

In an episode first shown last Friday, Jo Brand, Sally Phillips and Guz Khan join Alan Davies to sort through a trunkful of "T" topics. (Revised rpt) (S) (HD)

### 10.30 Newsnight

With Victoria Derbyshire. (S) (HD)

### 11.10 Weather

### 11.15 Never Rarely Sometimes Always

**P** **★★★★** Drama. Pennsylvania teenager Autumn discovers she is ten weeks pregnant, and that abortion is illegal in her state without parental consent. She and her cousin Skylar run away to New York City for a legal termination, but Autumn finds that her situation is more difficult than she thought. Available on iPlayer for 30 days. **Film of the Day: p67.**

Autumn	Sidney Flanigan	Ted	Ryan Eggold
Skylar	Talia Ryder	Mother	Sharon Van Etten
Jasper	Théodore Pellerin		

Director Eliza Hittman (2020, 15) (S) (W) (HD)

**12.50-3.30am Sign Zone 12.50 Countryfile** Visiting first-time farmers around the UK. Shown yesterday 6am (S) (HD)

**1.45 Dragons' Den 4/14.** A party-wear business. (R) (S) (AD) (HD)

**2.45 Make It at Market** Advice for a willow-weaving concern and a furniture-making business. (R) (S) (AD) (HD)

**BBC2** Freeview 2/HD 102 Freesat 102 Sky 102 Virgin 102



# MONDAY Main Channels

## DAYTIME

### BBC1

**6.00am Breakfast** Jon Kay, Sally Nugent. (S) (HD)  
**9.15 Morning Live** Gethin Jones, Kym Marsh. (S) (HD)  
**10.00 New series. 24/7 Pet Hospital** Following the work of staff at a County Durham veterinary hospital. Intern Marina assists a cat which is struggling to give birth. **See page 60.** (S) (AD) (HD)  
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**3.00 Escape to the Country** A couple seek a home in Wiltshire or Somerset for £1.3 million. (R) (S) (AD) (HD)  
**3.45 The Repair Shop** A pair of wedding rings and a pantomime horse are brought back to life. (R) (S) (AD) (HD)  
**4.30-5.15 Bridge of Lies** Four friends step up to take part in the game show. Rptd tomorrow 7.15am BBC2 (S) (HD)

### BBC2

**6.15am Homes under the Hammer** Following the progress of properties in Dunfermline, Torquay and south-east London. Shown last Thursday BBC1 (S) (AD) (HD)  
**7.15 Bargain Hunt** Christina Trevanion hosts from Southwell, Nottinghamshire. Shown last Friday BBC1 (S) (AD) (HD)  
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**7.40 The King of Queens** Triple bill. (R) (S) (AD) (HD)  
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1

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**9.00pm** Emily and Gayle treat a 99-year-old woman who has a wealth of stories to share



### 5.15pm Pointless

With Alexander Armstrong and Konnie Huq. (S) (HD)

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### 6.30 Regional news magazines

### 7.00 The One Show

Hosted by Jermaine Jenas and Alex Jones. (S) (HD)

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Lola's world is turned upside down.

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Zack Hudson	James Farrar	Tom "Rocky" Cotton	Brian Conley
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Writer Pete Lawson More cast Thursday (S) (AD) (HD)

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Producer Maurice May; Executive producer Andrew Head  
 Signed repeat Friday 2.25am BBC2 (S) (HD)

NOTE: as *Panorama* reacts to the news its subject matter may change

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**NORTH EAST/CUMBRIA** Exploring Cockermouth's food festival, meeting passionate food producers.

**NORTH WEST** Sean Fletcher and Edith Bowman visit the Manchester Food and Drink Festival.

**YORKSHIRE** Searching for tips and treats at the York Food Festival, including home-made houmous.

**EAST MIDLANDS** Sean Fletcher and Edith Bowman take a tour of a food market in Leicester.

**EAST** English mustard and pies are on the menu at the National Ploughing Championships in Derbyshire.

Executive producer Ross Harper; Series editor Richard Park (S) (HD)

### ALL OTHER REGIONS The Bidding Room

Five dealers bid on a wind-up toy monkey, an antique playing card game and an ornate water feature.

Series producer Claire Egerton-Jones

Executive producer David Sayer (Revised repeat) (S) (HD)

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Series director James Robinson; Series producers Becky Houlihan and Vicky Munro Repeated Thursday 12.40am (S) (HD)

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### 10.40 Planet Sex with Cara Delevingne

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**1.50 Weather for the Week Ahead** (S) (HD)

**1.55-6.00am BBC News** (S) (HD)

**BBC1** Freeview 1/HD 101 Freesat 101/HD 106 Sky 101 Virgin 101

## BBC2

2

### Putin vs the West

**9.00pm** PM David Cameron attempts a charm offensive, but the president has other ideas



### 5.15pm Flog It!

At Grimsby Minster, Christina Trevanion uncovers a rare Chinese silver butter bowl. (R) (S) (HD)

### 6.00 Richard Osman's House of Games

Kae Kurd, Zoe Lyons, Andrew Hunter Murray and Kate Robbins test their general knowledge. (R) (S) (HD)

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**5/6.** Banana bread with a thyme and salted caramel twist, and vegetarian burgers using bombay mix. Editor Andrew McKenzie (R) (S) (AD) (HD)

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Series producer James Evans; Executive producers Kate Middleditch, Chris Jones, David Young and Jimmy Mulville (S) (HD)

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### 10.30 Newsnight

With Victoria Derbyshire. (S) (HD)

### 11.10 Weather

### 11.15 Never Rarely Sometimes Always

**P** **★★★★** Drama. Pennsylvania teenager Autumn discovers she is ten weeks pregnant, and that abortion is illegal in her state without parental consent. She and her cousin Skylar run away to New York City for a legal termination, but Autumn finds that her situation is more difficult than she thought. Available on iPlayer for 30 days. **Film of the Day: p67.**

Autumn	Sidney Flanigan	Ted	Ryan Eggold
Skylar	Talia Ryder	Mother	Sharon Van Etten
Jasper	Théodore Pellerin		

Director Eliza Hittman (2020, 15) (S) (W) (HD)

**12.50-3.30am Sign Zone 12.50 Countryfile** Visiting first-time farmers around the UK. Shown yesterday 6am (S) (HD)

**1.45 Dragons' Den 4/14.** A party-wear business. (R) (S) (AD) (HD)

**2.45 Make It at Market** Advice for a willow-weaving concern and a furniture-making business. (R) (S) (AD) (HD)

**BBC2** Freeview 2/HD 102 Freesat 102 Sky 102 Virgin 102

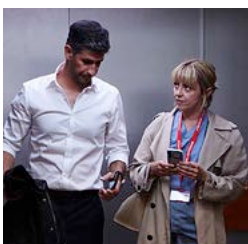


# ITV1

3

## Maternal 9.00pm

Jack lends an ear as Helen shares her feelings after a long night shift for the medics



## 4.00pm Tipping Point

Three contestants take turns on the supersized arcade machine. Ben Shephard presents. (S) (HD)

## 5.00 The Chase

Bradley Walsh hosts as Jim, Chantal, Max and Alice face one of the fearsome Chasers. (S) (HD)

## 6.00 Regional News Weather (S) (HD)

## 6.30 ITV Evening News Weather (S) (HD)

## 7.30 Emmerdale

Bob plays peacekeeper. Bear tries to get Paddy back on the horse. Naomi has a plan for Ethan. Writer Joanna Ebuwa Cast Tuesday and Thursday (S) (AD) (HD)

## 8.00 Coronation Street

Ryan and Sam panic when masked gunmen enter the bistro. Dev tries to appear pleased about Bernie's victory. A stranger gives Todd a word of warning about Laurence.

Ryan Connor	Ryan Prescott	Joseph Brown	William Flanagan
Sam Blakeman	Jude Riordan	Sean Tully	Antony Cotton
Dev Alahan	Jimmi Harkishin	Aadi Alahan	Adam Hussain
Bernie Winter	Jane Hazlegrove	Gemma Winter	Dolly-Rose Campbell
Todd Grimshaw	Gareth Pierce	PC O'Brien	Robert Jackson
Laurence Reeves		Evelyn Plummer	Maureen Lipman
	Robert Shaw	Roy Cropper	David Neilson
Leanne Battersby	Jane Danson	Mitch	Lachlan McCall
Dee-Dee Bailey		Mary Taylor	Patti Clare
	Channique Sterling-Brown	Masked man	Millen Brown
Chesney Brown	Sam Aston		

Writers Owen Lloyd-Fox and Damon Alexis-Rochefort More cast Wednesday (S) (AD) (HD)

## 9.00 Maternal

**RT** 4/6. A gruelling night shift at the acute unit causes Helen to confide in Jack, while Catherine and Maryam have to respond to an emergency on a night out. The whole series is available as box set on ITVX. **See page 60.**

Maryam Afridi	Parminder Nagra	Sania Masoom	Shaheen Khan
Catherine MacDiarmid	Lara Pulver	Brigitte Nordström	Carolin Stoltz
Helen Cavendish	Lisa McGrillis	Hannah Hendrix	Heather Bleasdale
Jack Oliveria	Raza Jaffrey	Magda	Lainy Boyle
Guy Cavendish	Oliver Chris	Debbie Wares	Nicola Stephenson
Raz Farooqi	Abhin Galeya	Anisah	Pooja Shah
Lars Nordstrom	Alexander Karim	Haleema	Asha Kingsley
Amanda Hendrix	Cathy Tyson	Sairish	Sabrina Sandhu
Neelum Khan	Sarah Kameela Impey	Khala	Taru Devani
Tessa Joseph	Jennifer Macbeth		

Writer Jacqui Honess-Martin; Producer Betsan Morris Evans Director Amanda Blue Signed repeat Thu 3am (S) (AD) (HD)

## Jane Garvey on the box: page 13

## 10.00 ITV News at Ten

Weather; Regional News and Weather (S) (HD)

## 10.45 Cold Case Forensics: the Murder of Rachel Nickell

1/3. In July 1992, 23-year-old Rachel Nickell was stabbed to death on Wimbledon Common. The original investigation led to the conviction of an innocent man, but the case was reopened in 2002, using cutting-edge DNA technology. In this programme, Dr Angela Gallop recounts how the real murderer was brought to justice. Shown last Thursday (S) (AD) (HD)

Cold Case Forensics: the Murder of Lynette White Thursday 9pm

## 11.45 EFL Highlights

Goals, reaction and analysis from the weekend matches in all three divisions of the EFL. Shown Saturday 9pm ITV4 and 10.55pm ITV1 (S) (HD)

## 1.30am Home Shopping (HD)

**3.00 All Elite Wrestling: Dynamite** Hard-hitting action from the USA. Shown last Friday ITV4 (S) (HD)

**4.40 Unwind** A sequence to calm the mind. (S) (HD)

**5.35-6.00am Eat, Shop, Save** The team help the Formstone family from Pontefract. (R) (S) (SL) (HD)

**ITV1** Freeview 3/HD 103 Freesat 103 Sky 103 Virgin 113/HD 103

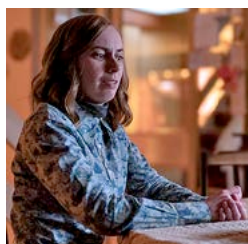
+1 Freeview 35 Freesat 112 Sky 203 Virgin 114

# Channel 4

4  
7 in Wales

## Everyone Else

**Burns 10.00pm** Her frustration with husband David prompts Fiona's eye to wander



## 5.00pm Four in a Bed

**New series.** The return of the B&B challenge, beginning at a Scarborough establishment. (S) (HD)

## 5.30 Come Dine with Me

**New series.** A week of dinner parties from in and around Bristol. The first host is Jade, who decides to throw a festival-themed night. (S) (HD)

## 6.00 The Simpsons

**Whacking Day.** Lisa tries to stop a cruel tradition. With the guest voice of Barry White. (R) (S) (AD)

## 6.30 Hollyoaks

Scott's foster parent skills are questioned. Writer Daniel Alexis Cast Wed/Thu Shown last Friday E4 Rptd tomorrow 6.30am E4 Next episode follows on E4 (S) (AD) (HD)

## 7.00 Channel 4 News Sport; Weather (S) (HD)

## 8.00 George Clarke's Amazing Spaces

**Ep 5 Series 11.** A mum plans to turn an old horse-drawn caravan into an accessible space for her disabled daughter. The next episode will be available on All 4 after tonight's edition is shown. Directors Jonathan Profaska and Jack Thompson Series producer Stephen Leigh Repeated tomorrow 9pm and Friday 8pm 4seven (S) (AD) (HD)

## 9.00 SAS: Who Dares Wins - Jungle Hell

**RT** **Ep 3 Series 8.** The 12 remaining recruits face an uphill hike before abseiling 200ft into a cave. Next, in a bustling market, they must track down a gunman on the loose among innocent civilians, before a game of murderball. **See p61.** Series director Ben Archard; Series producer Joe Ward Repeated tomorrow 1.05am Channel 4 with signing and Wednesday 9pm 4seven (S) (AD) (HD)

## 10.00 Everyone Else Burns

**RT** 4/6. Fiona is starting to feel suffocated by her regular dates with David. The whole series is available to watch on All 4. **See page 61.**

David	Simon Bird	Joshua	Ali Khan
Fiona	Kate O'Flynn	Andrew	Kadiff Kirwan
Rachel	Amy James-Kelly	Elder Abijah	Al Roberts
Aaron	Harry Connor	Melissa	Morgana Robinson
Miss Simmonds	Lolly Adefope	Sister Levi	Beth Vyse
Elder Samson	Arsher Ali	Rob	Thomas Edwards-Williams
Julia Angelie	Soph Galustian	Joel	Liam Williams

Writers Dillon Maplettoft and Oliver Taylor; Director Nick Collett Producer Molly Seymour Signed rpt Fri 12.10am (S) (AD) (HD)

## 10.30 Gogglebox

The critics share their instant views on *Married at First Sight*. First shown September 2022. Executive producers Mike Cotton, Leon Campbell and Victoria Ray Repeated Thursday 10pm 4seven (R) (S) (AD) (HD)

## 11.30 The Bulger Killers: Was Justice Done?

This month marks the 30th anniversary of the murder of two-year-old James Bulger by two boys aged ten. In a programme from 2018, key individuals involved in the 1993 trial are brought together to debate whether justice was served. Director Matt Smith; Exec producers Mike Warner, Matt Robins and Jos Cushing Rptd Wednesday 12.20am 4seven (R) (S) (AD) (HD)

## 12.30am The Caribbean: Billionaires' Paradise 4/4

Jordan signs with a global brand. (R) (S) (SL) (AD) (HD)

## 1.25 Ramsay's Kitchen Nightmares USA Gordon

Ramsay revisits four restaurants. (R) (S) (SL) (AD) (HD)

## 2.15 Couples Come Dine with Me Three pairs

compete for the cash prize in East Lancashire. (R) (S) (HD)

## 3.05 Grand Designs A revisit to a timber home

threatened by financial problems. (R) (S) (SL) (AD) (HD)

## 4.00 George Clarke's Old House, New Home

A Victorian terrace in Clapham. (R) (S) (SL) (AD) (HD)

## 4.55 Find It, Fix It, Floq It Henry Cole and Simon

O'Brien uncover items on the Isle of Wight. (R) (S) (HD)

## 5.15-6.10am One Question Quiz show. (R) (S) (HD)

**Channel 4** F'view 4/HD 104 F'sat 104/HD 126 Sky 104 Virgin HD 104

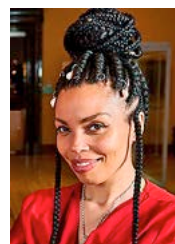
+1 Freeview 15 Freesat 121 Sky 204 Virgin 142

# BBC4

9  
24 in Scotland

## Britain's Lost Masterpieces

9.00pm Emma Dabiri explores the provenance of two paintings



## 7.00pm Great British Railway Journeys

### 15/15 Series 10. East Malling to Rye

In the orchards of East Malling, Kent, Michael unearths the seeds of global apple production before heading to Tenterden Town station. He helps in the restoration shed of its railway before getting a ride to Bodiam in Edwardian carriages. Continues tomorrow 7pm. Director Cassie Farrell; Series editor Alison Kreps Repeated 1.55am (R) (S) (AD) (HD)

## 7.30 Spring Walks

### 1/2. Sara Davies. The Dragons'

**RT** Den entrepreneur and keen walker explores the lush Swinton Estate in North Yorkshire, accompanied by a 360-degree camera. She gently navigates through pastures, villages and bluebell woods, reflecting on her life, career and family, as well as meeting locals along the way. More tomorrow 7.30pm. **See page 60.** Repeated 2.25am (S) (HD)

## 8.00 The Impressionists: Painting and Revolution

**2/4. The Great Outdoors.** Waldemar Januszczak continues his exploration of the movement's artists by showing the painstaking effort involved in making their sunny and relaxed outdoor work look so spontaneous. He also reveals how some of the technical and practical developments of the age completely revolutionised painting. Producer Susan Doyon Rptd 12.55am (R) (S) (AD) (HD)

## 9.00 Britain's Lost Masterpieces

Emma Dabiri and Dr Bendor Grosvenor travel to Birmingham Art Gallery where they examine two paintings. The first is badly damaged and attributed to the Flemish school, while the second is believed to be a copy of a painting by Gainsborough. Could the former be by Jan Brueghel the Elder and the latter by Thomas Gainsborough himself? Producer Spike Geillinger; Exec producer Harry Bell Rptd 2.55am First shown on BBC1 (S) (AD) (HD)

## 10.00 Russia 1985-1999: TraumaZone

**4/7. 1992 to 1994.** Documentary about the collapse of communism and democracy, using only news and home-movie footage to show all aspects of daily life in Russia. The nation seems to go through the mirror into a chaotic world where nothing is stable. (S) (HD)

## 11.00 5/7. 1993 to 1996. Russian

society implodes. Millions fall into the abyss, while many others live underground or in forests.

Director Adam Curtis

Producer Sandra Gorel (S) (HD)

## 12 midnight The Magical World of Moss

Investigating new discoveries about the plant. Shown last Wednesday (S) (HD)

## 12.55am The Impressionists: Painting and Revolution

Shown 8pm (S) (AD) (HD)

## 1.55 Great British Railway Journeys

Shown 7pm (S) (AD) (HD)

## 2.25 Spring Walks

Shown 7.30pm (S) (HD)

## 2.55-3.55am Britain's Lost Masterpieces

Shown 9pm (S) (SL) (AD) (HD)

**BBC4** F'view 9/HD 106 F'sat 108 Sky 116 Virgin 108

# BBC1 SCOTLAND

**8.30-9.00pm** Food Fest Scotland: new series **12.10am** SportsScene: SWPL Highlights **12.55** The Graham Norton Show **1.50** Have I Got a Bit More News for You **2.35** Weather for the Week Ahead **2.40-6.00** News

# BBC SCOTLAND

**2.00pm** My Kind of Town: Cupar: signed **2.30** Eat the Town: signed **3.00-4.00** This Farming Life: signed **7.00** SportsScene: SWPL Highlights **7.45** SportsScene Goals+ **8.00** Born to Be Wild **8.30** Scottish Vets Down Under **9.00** The Nine **10.00** River City: Darren stresses about becoming a father **10.30** The Scots **11.00** Raiders of the Lost Archive **11.30-12 midnight** Sky High Club: Scotland and Beyond

## STV

**10.40pm** Scotland Tonight **11.05** EFL Highlights **4.40-5.35am** Night Vision

## BBC1 WALES

**8.00pm** X-Ray **8.30-9.00** Food Fest Wales: new series **10.40** Is the Cloud Damaging the Planet? - Panorama **11.10** Planet Sex with Cara Delevingne **12.40am** The Graham Norton Show **1.30** Weather for the Week Ahead **1.35-6.00** News

## ITV1 WALES

**10.45pm** Sharp End **11.15-11.45** Fishlock's Choice: Trevor heads to Sophia Gardens

## BBC1 NI

**8.00am** The Chronicles of Belfast: conservationist Aaron searches for long-eared owls **8.30-9.00** Food Fest Northern Ireland: new series. Colin Murray and Edith Bowman visit St George's Market, Belfast **10.40** Is the Cloud Damaging the Planet? - Panorama: the environmental cost of moving so much data into the cloud **11.10** Planet Sex with Cara Delevingne: double bill **12.45am** The Graham Norton Show **1.35** Weather for the Week Ahead: **1.40-6.00** BBC News

## BBC2 NI

**10.00-10.30pm** Flic Saor: the Ireland Table Football team prepares for the World Cup

## UTV

**10.45-11.45pm** View from Stormont

**Channel 5** listings are overleaf



# ITV1

3

**Maternal 9.00pm**  
Jack lends an ear as Helen shares her feelings after a long night shift for the medics



## 4.00pm Tipping Point

Three contestants take turns on the supersized arcade machine. Ben Shephard presents. (S) (HD)

## 5.00 The Chase

Bradley Walsh hosts as Jim, Chantal, Max and Alice face one of the fearsome Chasers. (S) (HD)

## 6.00 Regional News Weather

## 6.30 ITV Evening News Weather

## 7.30 Emmerdale

Bob plays peacekeeper. Bear tries to get Paddy back on the horse. Naomi has a plan for Ethan. Writer Joanna Ebuwa Cast Tuesday and Thursday (S) (AD) (HD)

## 8.00 Coronation Street

Ryan and Sam panic when masked gunmen enter the bistro. Dev tries to appear pleased about Bernie's victory. A stranger gives Todd a word of warning about Laurence.

Ryan Connor Sam Blakeman Dev Alahan Bernie Winter Todd Grimshaw Laurence Reeves  
Ryan Prescott Joseph Brown  
Jude Riordan Sean Tully  
Jimmie Harkishin Aadi Alahan  
Jane Hazlegrave Gemma Winter Dolly-Rose Campbell  
Gareth Pierce PC O'Brien Robert Jackson  
Robert Shaw Cameron Roy Cropper  
Leanne Battersby Jane Danson Mitch David Neilson  
Dee-Dee Bailey Mary Taylor Lachlan McCall  
Channique Sterling-Brown Patti Clare  
Chesney Brown Sam Aston  
Millen Brown  
Writers Owen Lloyd-Fox and Damon Alexis-Rochefort  
More cast Wednesday (S) (AD) (HD)

## 9.00 Maternal

**RT 4/6.** A gruelling night shift at the acute unit causes Helen to confide in Jack, while Catherine and Maryam have to respond to an emergency on a night out. The whole series is available as box set on ITVX. **See page 60.**

Maryam Afridi Pariminder Nagra Sania Masoom Shaheen Khan  
Catherine MacDiarmid Lara Pulver Brigitte Nordström Carolin Stoltz  
Helen Cavendish Lisa McGrillis Hannah Hendrix Heather Bleasdale  
Jack Oliveria Raza Jaffrey Magda Laine Boyle  
Guy Cavendish Oliver Chris Debbie Wares Nicola Stephenson  
Raz Farooqi Abhin Galeyia Anisah Pooja Shah  
Lars Nordstrom Alexander Karim Haleema Asha Kingsley  
Amanda Hendrix Cathy Tyson Sairish Sabrina Sandhu  
Neelum Khan Sarah Kameela Impney Khala Taru Devani  
Tessa Joseph Jennifer Macbeth

Writer Jacqui Honess-Martin; Producer Betsan Morris Evans  
Director Amanda Blue Signed repeat Thu 3am (S) (AD) (HD)

**Jane Garvey on the box: page 13**

## 10.00 ITV News at Ten

**Weather; Regional News and Weather** (S) (HD)

## 10.45 Cold Case Forensics: the Murder of Rachel Nickell

**1/3.** In July 1992, 23-year-old Rachel Nickell was stabbed to death on Wimbledon Common. The original investigation led to the conviction of an innocent man, but the case was reopened in 2002, using cutting-edge DNA technology. In this programme, Dr Angela Gallop recounts how the real murderer was brought to justice. Shown last Thursday (S) (AD) (HD)

*Cold Case Forensics: the Murder of Lynette White* Thursday 9pm

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Goals, reaction and analysis from the weekend matches in all three divisions of the EFL. Shown Saturday 9pm ITV4 and 10.55pm ITV1 (S) (HD)

## 1.30am Home Shopping

**3.00 All Elite Wrestling: Dynamite** Hard-hitting action from the USA. Shown last Friday ITV4 (S) (HD)

**4.40 Unwind** A sequence to calm the mind. (S) (HD)

**5.35-6.00am Eat, Shop, Save** The team help the Formstone family from Pontefract. (R) (S) (SL) (HD)

**ITV1 Freeview** 3/HD 103 Freesat 103 Sky 103 Virgin 113/HD 103

**+1 Freeview** 35 Freesat 112 Sky 203 Virgin 114

# Channel 4

4  
7 in Wales

## Everyone Else

**Burns 10.00pm**  
Her frustration with husband David prompts Fiona's eye to wander



## 5.00pm Four in a Bed

**New series.** The return of the B&B challenge, beginning at a Scarborough establishment. (S) (HD)

## 5.30 Come Dine with Me

**New series.** A week of dinner parties from in and around Bristol. The first host is Jade, who decides to throw a festival-themed night. (S) (HD)

## 6.00 The Simpsons

**Whacking Day.** Lisa tries to stop a cruel tradition. With the guest voice of Barry White. (R) (S) (AD)

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Scott's foster parent skills are questioned. Writer Daniel Alexis Cast Wed/Thu Shown last Friday E4 Rptd tomorrow 6.30am E4 Next episode follows on E4 (S) (AD) (HD)

## 7.00 Channel 4 News Sport; Weather

## 8.00 George Clarke's Amazing Spaces

**Ep 5 Series 11.** A mum plans to turn an old horse-drawn caravan into an accessible space for her disabled daughter. The next episode will be available on All 4 after tonight's edition is shown. Directors Jonathan Profaska and Jack Thompson Series producer Stephen Leigh Repeated tomorrow 9pm and Friday 8pm 4seven (S) (AD) (HD)

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Rachel Amy James-Kelly Elder Abijah Al Roberts  
Aaron Harry Connor Melissa Morgana Robinson  
Miss Simmonds Lolly Adefope Sister Levi Beth Vyse  
Elder Samson Arsher Ali Rob Thomas Edwards-Williams  
Julia Angelle Soph Galustian Joel Liam Williams  
Writers Dillon Mapletoft and Oliver Taylor; Director Nick Collett  
Producer Molly Seymour Signed rpt Fri 12.10am (S) (AD) (HD)

## 10.30 Gogglebox

The critics share their instant views on *Married at First Sight*. First shown September 2022. Executive producers Mike Cotton, Leon Campbell and Victoria Ray Repeated Thursday 10pm 4seven (R) (S) (AD) (HD)

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Jordan signs with a global brand. (R) (S) (SL) (AD) (HD)

## 1.25 Ramsay's Kitchen Nightmares USA

Gordon Ramsay revisits four restaurants. (R) (S) (SL) (AD) (HD)

## 2.15 Couples Come Dine with Me

Three pairs compete for the cash prize in East Lancashire. (R) (S) (HD)

## 3.05 Grand Designs

A revisit to a timber home threatened by financial problems. (R) (S) (SL) (AD) (HD)

## 4.00 George Clarke's Old House, New Home

A Victorian terrace in Clapham. (R) (S) (SL) (AD) (HD)

## 4.55 Find It, Fix It, Floq It

Henry Cole and Simon O'Brien uncover items on the Isle of Wight. (R) (S) (HD)

## 5.15-6.10am One Question

Quiz show. (R) (S) (HD)

**Channel 4 F'view** 4/HD 104 F'sat 104/HD 126 Sky 104 Virgin HD 104

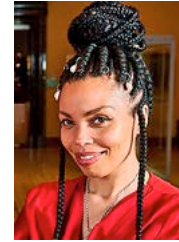
**+1 Freeview** 15 Freesat 121 Sky 204 Virgin 142

# BBC4

9  
24 in Scotland

## Britain's Lost Masterpieces

**9.00pm Emma Dabiri** explores the provenance of two paintings



## 7.00pm Great British Railway Journeys

## 15/15 Series 10. East Malling to Rye

In the orchards of East Malling, Kent, Michael unearths the seeds of global apple production before heading to Tenterden Town station. He helps in the restoration shed of its railway before getting a ride to Bodiam in Edwardian carriages. Continues tomorrow 7pm. Director Cassie Farrell; Series editor Alison Kreps Repeated 1.55am (R) (S) (AD) (HD)

## 7.30 Spring Walks

**RT 1/2. Sara Davies.** The *Dragons'* Den entrepreneur and keen walker explores the lush Swinton Estate in North Yorkshire, accompanied by a 360-degree camera. She gently navigates through pastures, villages and bluebell woods, reflecting on her life, career and family, as well as meeting locals along the way. More tomorrow 7.30pm. **See page 60.** Repeated 2.25am (S) (HD)

## 8.00 The Impressionists: Painting and Revolution

**2/4. The Great Outdoors.** Waldemar Januszczak continues his exploration of the movement's artists by showing the painstaking effort involved in making their sunny and relaxed outdoor work look so spontaneous. He also reveals how some of the technical and practical developments of the age completely revolutionised painting. Producer Susan Doyon Rptd 12.55am (R) (S) (AD) (HD)

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Emma Dabiri and Dr Bendor Grosvenor travel to Birmingham Art Gallery where they examine two paintings. The first is badly damaged and attributed to the Flemish school, while the second is believed to be a copy of a painting by Gainsborough. Could the former be by Jan Brueghel the Elder and the latter by Thomas Gainsborough himself? Producer Spike Geillinger; Exec producer Harry Bell Rptd 2.55am First shown on BBC1 (S) (AD) (HD)

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**4/7. 1992 to 1994.** Documentary about the collapse of communism and democracy, using only news and home-movie footage to show all aspects of daily life in Russia. The nation seems to go through the mirror into a chaotic world where nothing is stable. (S) (HD)

## 11.00 5/7. 1993 to 1996.

Russian society implodes. Millions fall into the abyss, while many others live underground or in forests.

Director Adam Curtis  
Producer Sandra Gorel (S) (HD)

## 12 midnight The Magical World of Moss

Investigating new discoveries about the plant. Shown last Wednesday (S) (HD)

## 12.55am The Impressionists: Painting and Revolution

Shown 8pm (S) (AD) (HD)

## 1.55 Great British Railway Journeys

Shown 7pm (S) (AD) (HD)

## 2.25 Spring Walks

Shown 7.30pm (S) (HD)

## 2.55-3.55am Britain's Lost Masterpieces

Shown 9pm (S) (SL) (AD) (HD)

**BBC4 F'view** 9/HD 106 F'sat 108 Sky 116 Virgin 108

# BBC1 SCOTLAND

**8.30-9.00pm** Food Fest Scotland: new series **12.10am** SportsScene: SWPL Highlights **12.55** The Graham Norton Show **1.50** Have I Got a Bit More News for You **2.35** Weather for the Week Ahead **2.40-6.00** News

# BBC SCOTLAND

**2.00pm** My Kind of Town: Cupar: signed **2.30** Eat the Town: signed **3.00-4.00** This Farming Life: signed **7.00** SportsScene: SWPL Highlights **7.45** SportsScene Goals+ **8.00** Born to Be Wild **8.30** Scottish Vets Down Under **9.00** The Nine **10.00** River City: Darren stresses about becoming a father **10.30** The Scots **11.00** Raiders of the Lost Archive **11.30-12 midnight** Sky High Club: Scotland and Beyond

## STV

**10.40pm** Scotland Tonight **11.05** EFL Highlights **4.40-5.35am** Night Vision

# BBC1 WALES

**8.00pm** X-Ray **8.30-9.00** Food Fest Wales: new series **10.40** Is the Cloud Damaging the Planet? - Panorama **11.10** Planet Sex with Cara Delevingne **12.40am** The Graham Norton Show **1.30** Weather for the Week Ahead **1.35-6.00** News

# ITV1 WALES

**10.45pm** Sharp End **11.15-11.45** Fishlock's Choice: Trevor heads to Sophia Gardens

# BBC1 NI

**8.00am** The Chronicles of Belfast: conservationist Aaron searches for long-eared owls **8.30-9.00** Food Fest Northern Ireland: new series. Colin Murray and Edith Bowman visit St George's Market, Belfast **10.40** Is the Cloud Damaging the Planet? - Panorama: the environmental cost of moving so much data into the cloud **11.10** Planet Sex with Cara Delevingne: double bill **12.45am** The Graham Norton Show **1.35** Weather for the Week Ahead: **1.40-6.00** BBC News

# BBC2 NI

**10.00-10.30pm** Flic Saor: the Ireland Table Football team prepares for the World Cup

## UTV

**10.45-11.45pm** View from Stormont

**Channel 5**  
listings are overleaf



# MONDAY Freeview

## Channel 5

5



**Police: Night Shift 999** 9.00pm  
Gloucestershire's PC Hemming

**5.35am Milkshake!** See page 66

**9.15 New. Jeremy Vine** (S) (HD)

**12.45pm George Clarke's Build a New Life in the Country** Converting a Cambridgeshire apple store. (S) (HD) **1.40 5 News** (S) (HD)

**1.45 Home and Away** Dean's anxiety manifests as over-protectiveness. Shown last Friday 5 Star (S) (AD) (HD)

**2.15 Sinister Sisterhood** ★★ Thriller starring Tahnee Harrison, Shellie Sterling and Sean Kanan. Jewellery designer Sylvia is invited into a secret cabal of female business leaders. But soon a figure from her past emerges to ruin everything. Director Lindsay Hartley (2022) (S) (W) (HD)

**4.00 Bargain-Loving Brits in the Sun** Cameras follow Dennis and Nestor during the planning of their wedding. (S) (HD)

**5.00pm 5 News** (S) (HD)

**6.00 Our Yorkshire Farm**

The older children return to school, leaving their parents dealing with the spring lambs and two toddlers. Series director/producer Kate Fraser (S) (HD)

**6.55 5 News Update** (S) (HD)

**7.00 Motorway Cops: Catching Britain's Speeders**

PC Niaz Waddington deals with multiple boy racers who are weaving through traffic and speeding on Cheshire's roads. And Inspector Anton Sullivan searches for a high-risk escaped prisoner. Director/Producer Jo Conchie (S) (HD)

**7.55 5 News Update** (S) (HD)

**8.00 New. Traffic Cops**

Officers clamp down on repeat offenders in North Yorkshire, arresting a woman in Selby with a history of drink driving after she smashed into two parked cars. Series director/producer Simon Meehan (S) (HD) Followed by **5 News Update** (S) (HD)

**9.00 New. Police: Night Shift 999** 7/8 Series 2. A police dog unit is called in to try to track down a driver and passenger who have gone missing after a late-night crash on a busy road, and stop a couple seen nearby. Directors/Producers Greg Ashcroft, Simon Bowyer and Mark Stanton (S) (HD)

**10.00 Casualty 24/7: Every Second Counts**

When a key member of staff calls in sick at the last minute, Sister Rachael has to manage a department overflowing with patients and no available beds. Directors Aaron Nelson and Jade Gilbert (S) (HD)

**11.05 999: Critical Condition** Samantha is enjoying a family trip to an adventure park when she collapses, unable to move or talk. While driving his work van, Kevin is involved in a major collision. Directors Tom Turner and Leo Fawkes (S) (HD)

**12.05am Police Interceptors:** In Nottingham, the knife crime team pull over a group of men (S) (HD) **1.00 New. Casino** (S) (HD) **3.00 George Clarke's Build a New Life in the Country** (S) (HD) **3.50 Cruising** with Jane McDonald (S) (SL) (HD) **4.40 House Busters** (S) (HD) **5.05-5.35am House Doctor** (S) (SL) **CS** F'view 5/HD 105 F'sat 105 Sky 105 Virgin 154/HD 105 **+1** Freeview 46 Freesat 128 Sky 205 Virgin 155

BBC4 listings are overleaf

## BBC3

23



**The Traitors US** 8.00pm Alan Cumming oversees the backstabbing

**7.00pm Top Gear**

Freddie, Chris and Paddy attempt to qualify as lorry drivers. More tomorrow 7pm. (S) (HD) Followed by **New. The Catch Up** (S) (HD)

**8.00 New. The Traitors US**

8/10. One player has the ultimate decision to make and a tall tale brings suspicion on one Traitor. More tomorrow 8pm. (S) (HD)

**9.00 Dubai Hustle**

1/4. Following Brits making it in the world of luxury property, Chris competes with a colleague for a property deal. (S) (HD) **9.30 2/4.** Chris's deal is in jeopardy, Ellie tries to sell her luxury apartment to a pop star and Jess hosts a birthday party on a yacht. More tomorrow 9pm. (S) (HD)

**10.00 Back to Life**

4/6 Series 2. A series of disasters threatens to derail Miri's first date with Billy. Caroline and Oscar find a visitor on their doorstep. **10.30 5/6.** Miri waits for her driving test examiner and almost brings herself to tell Caroline what happened the night before. **11.00 6/6.** Miri's final day with Billy is interrupted by his mother. Series 1 and 2 are available on iPlayer. (S) (AD) (HD)

**11.30 Bad Education**

4/6 Series 4. Trailblazers. After Class K make Stephen feel old and irrelevant on his birthday. He goes to ridiculous lengths to prove he is still a trailblazer. (S) (AD) (HD)

**12 midnight** Charlotte in Sunderland: Charlotte Crosby showcases her home town (S) (HD)

**1.00am** as 9/9.30pm **2.00 Back to Life** (S) (AD) (HD) **3.25-3.55am** Bad Education (S) (AD) (HD)

**BBC3 F'view 23/HD 109** (not Scot/Wales) **F'sat 179/HD 107** Sky 117 (173 London; 141 Scot; 115 NI) **Virgin 107** (157 Scot/Wales)

## ITV2

6

**6.00am** World's Funniest Videos (S) (HD) **6.35** Totally Bonkers Guinness World Records (S) (HD) **7.00** Secret Crush (S) (SL) (HD) **8.00** Dress to Impress (S) (AD) (HD) **9.00** Chuck (S) (HD) **10.00** One Tree Hill (S) (HD) **11.00** The OC (S) (HD)

**12 noon** Secret Crush (S) (HD) **1.00pm** Dress to Impress (S) (AD) (HD) **2.00** Family Fortunes: game show (S) (HD) **3.05** Chuck (S) (HD) **4.00** One Tree Hill (S) (HD) **5.00** The OC (S) (HD)

**6.00pm Celebrity Catchphrase** Game show with guests Sophie Ellis-Bextor, Sean Fletcher and Ryan Thomas. (S) (AD) (HD) **7.00 Ninja Warrior UK** The final of the obstacle-course challenge. (S) (AD) (HD)

**8.00 Superstore 11/22 Series 3.** Amy butts heads with Cheyenne's ex-convict mum over planning a birthday party. (S) (AD) (HD)

**8.30 12/22.** Amy does not feel ready to start dating again so soon after her divorce, while Dina scams Glenn. (S) (AD) (HD)

**9.00 New. Love Island** The fourth week continues. Maya Jama presents. (S) (HD)

**10.05 New. Buffering Ep 2 Series 2.** After the break-up with Greg, Ashley and the others head out to a singles night. (S) (HD)

**10.35 Family Guy Series 16.** Peter's friendship with a paramedic boosts his self-esteem, prompting him to dump his old pals. (S) (AD) (HD)

**11.05 Series 13.** Joe decides to embrace life by quitting his job and taking the guys on a road trip to the Niagara Falls. (S) (AD) (HD)

**11.35 American Dad! Series 2.** Steve becomes a famous author. (S) (AD)

**12.05am** Stan teaches sex education. (S) (AD) **12.35** Superstore (S) (AD) (HD) **1.30** The Stand Up Sketch Show (S) (HD) **2.00** Kavos Weekender (S) (HD) **2.55-3.00am** Unwind (S) (HD)

**ITV2** Freeview 6 Freesat 113 Sky 118 Virgin 115

**+1** Freeview 29 Freesat 114 Sky 218 Virgin 116

## ITV3

10



**Ridley** 8.00pm Eve (Joanna Riding) wants to find her missing brother

**6.00am** Classic Emmerdale (S) **7.00** Classic Coronation Street (S) (AD) **8.05** On the Buses (S) **8.35** Where the Heart Is: 5/10 Series 2 **Darkness Follows.** Stephen follows in his mother's footsteps. Rptd 12.05am; **9.45 6/10 Family Matters.** Dick runs down a child. Rptd 1.05am (S) (AD) **10.55** Heartbeat: 15/16. Nick vows to resolve a dispute between neighbouring farms; **12.05pm 16/16.** Nick investigates a spate of Christmas tree thefts (S) (AD)

**1.15pm** Classic Emmerdale: double bill. Competition is fierce at the charity football tournament; then the Bollywood film crew set up in the village (S) (HD) **2.15** Classic Coronation Street: double bill. Ashley forgives Maxine and moves back into their marital bed; then Molly is jealous when she sees Kevin talking to Sally (S) (AD) **3.25** Inspector Morse: Series 7. **Deadly Slumber** is Morse's sympathy for a troubled murder suspect clouding his judgement? (S) (AD) (HD)

**5.40pm Heartbeat**

1/15 Series 5. Mayhem erupts in the village when stolen loot from a robbery resurfaces. Nick Berry stars. (S) (AD) **6.50 2/15.** Kate goes into labour and gives birth to a beautiful baby girl – but there's heartbreak for Nick when he learns of his wife's condition. (S) (AD)

**8.00 Ridley**

3/4. **Swansong.** After a chance encounter with jazz singer Eve Marbury, Ridley agrees to try to help find her brother, who has been missing for 40 years. Soon, a woman's body is found and dark secrets emerge. Adrian Dunbar stars. (S) (AD) (HD)

**10.00 Scott & Bailey**

2/8 Series 4. The duo take on a high-profile historical case after Mandy Sweeting's body is recovered. Lesley Sharp and Suranne Jones star. (S) (AD) (HD) **11.00 3/8.** When a gay man is killed in the flat he shares with his partner, the prime suspect is a homophobic neighbour. Continues tomorrow 10pm. (S) (AD) (HD)

**12.05am** Where the Heart Is Shown 8.35am/9.45am (S) (SL) **2.20-2.30am** Unwind (HD)

**ITV3** Freeview 10 Freesat 115 Sky 119 Virgin 117

**+1** F'view 59 (9pm-4am) F'sat 116 Sky 219 Virgin 174

## ITV4

26

**6.00am** World of Sport: Crazy Racing (S) (HD) **6.10** The Saint (S) (SL) **7.10** The Casebook of Sherlock Holmes (S) (SL) (AD) (HD) **8.10** Magnum, PI (S) (AD) (HD) **9.15** The Sweeney (S) **10.20** Minder (S) (AD) **11.25** The Saint (S)

**12.30pm** The Casebook of Sherlock Holmes (S) (AD) (HD) **1.35** The Motorbike Show (S) (HD) **2.35** Magnum, PI (S) (AD) (HD) **3.40** The Sweeney (S) **4.45** Minder (S) (AD) **5.50** The Motorbike Show: with Steph Jeavons (S) (HD)

**6.55pm River Monsters** Jeremy Wade sets off on a journey to unmask a mystery sea monster that washed up on a UK beach. (S) (HD) **8.00 Monster Carp** Tom and Neil go head to head on an Italian job like no other as they do battle for the ultimate trophy. (S) (HD)

**9.00 FILM Mad Max: Fury Road** Action adventure with Mel Gibson. In Australia in the near future, spurred on by tragedy, policeman Max Rockatansky decides to enforce a new kind of law – cold-blooded revenge. (S) (AD) (W) (HD) **11.00 FILM Alien³** ★★ Sci-fi action thriller, starring Sigourney Weaver, Charles S Dutton and Charles Dance. (S) (W) (HD)

**1.20am** The Sweeney (S) (SL) **2.20** The Protectors (S) (SL) **2.50-3.00am** Unwind (S) (HD)

**ITV4** Freeview 26 Freesat 117 Sky 120 Virgin 118

**+1** Freesat 118 Sky 220 Virgin 175

## Drama

20



**The Inspector Lynley Mysteries** 8.00pm Investigating a hit-and-run

**7.20am** Pie in the Sky: 1/10 Series 1. DI Henry Crabbe prepares for his retirement and the opening of his restaurant (S) **8.10** The Bill: Stamp faces a shocking allegation **9.15** Classic Holby City: Nicky tries to impress Mo with a tricky diagnosis (S) (HD) **10.35** Casualty: Robyn is reunited her terminally ill ex-fiancé (HD) **11.40** The Bill: Stamp is accused of abuse **12.40pm** Classic EastEnders: double bill. Ian discovers the truth about Laura, then Garry has a shock **2.00** Howards' Way: 13/13 Series 2. Claude and Lynne go water-skiing (S) **3.10** Pie in the Sky: 6/6 Series 3. Crabbe investigates a car-smuggling operation (S) **4.10** Peak Practice: 4/8 Series 1. Jack helps a childless couple **5.20** As Time Goes By: 1/7 Series 7. Jean suspects Lionel is going deaf (S)

**6.00pm Are You Being Served?**

6/6 Series 9. **Lost and Found.** Mrs Slocombe's beloved cat goes missing. (S)

**6.35 Some Mothers Do 'Ave 'Em** 4/6 Series 3. **Men as Women.** Frank awaits the arrival of his grandfather.

**7.20 Last of the Summer Wine** Series 5. **Deep in the Heart of Yorkshire** Sid and Wally come under suspicion. (S)

**8.00 The Inspector Lynley Mysteries** 2/4 Series 3. **A Traitor to Memory** The detectives investigate the death of a woman who has been killed in a hit-and-run incident. Clues lead to one suspect – the man who found her body. (S)

**10.00 New Tricks**

4/7 Series 1. **1984.** The team is given the task of re-examining the unsolved case of a peace protester found dead near a nuclear base in 1984. (S) (AD)

**11.20 Clocking Off**

6/6 Series 1. **Katherine and Mack's Story** Katherine takes drastic action. (S)

**12.35am** Bad Girls: 3/16 Series 5. Snowball's escape plan takes a dangerous turn (S) **1.45** Lovejoy: 1/12 Series 2. The roguish dealer is framed for robbery (S) **2.55-4.00am** Leonardo: 3/8. Seeking a new career, Leonardo ventures to the city of Milan (S) (AD) (HD)

**Drama** Freeview 20 Freesat 158 Sky 143 Virgin 130 **+1** Freeview 60 Sky 243 Virgin 226

## ITVBe

28

**7.00am** The Real Housewives of Cheshire (S) (AD) (HD) **8.00** Buying and Selling (S) (HD) **9.00** LittleBe: children's programmes (HD)

**12 noon** The Real Housewives of New York City (S) (HD) **12.55pm** The Real Housewives of Cheshire (S) (AD) (HD) **1.55** The Only Way Is Essex (S) (HD) **2.50** Million Dollar Listing: LA (S) (HD) **4.10** The Real Housewives of Atlanta (S) (HD) **5.00 New.** The Real Housewives of New Jersey: Teresa moves out (S) (HD)

**6.00pm Making It Home with Kortney & Dave** Brenna and Shaun enlist the duo to help with their home makeover. (S) (HD)

**7.00 Buying and Selling** Jonathan and Drew Scott help schoolteachers and busy parents Jill and Warren buy a house. (S) (HD)

**8.00 Dinner Date** Jake from London goes on three blind dates. (S) (AD) (HD)

**9.00 Botched** A countdown of the top dozen most obsessed patients. (S) (HD)

**10.00 The Real Housewives of Atlanta**

The ladies travel to the Big Apple to attend Kandis' Broadway show. (S) (HD) **11.00 The Cabins** One confused cabin-mate is left analysing a high-five. (S) (HD)

**12 midnight-1.00am** The Only Way Is Essex (S) (HD)

**ITVBe** Freeview 28 Freesat 119 Sky 131 Virgin 119 **+1** Virgin 120 (Scotland 162)



## More4

18



**The Royals: a History of Scandals** 9.00pm Professor Suzannah Lipscomb

**8.55am** Kirstie's Vintage Gems **9.15** A Place in the Sun **10.05** A New Life in the Sun **11.05** Find It, Fix It, Flog It: double bill **1.10pm** Heir Hunters **2.10** Four in a Bed **4.50** Location, Location, Location **5.55** Kirstie and Phil's Love It or List It (AD) **6.55pm** **Escape to the Château** This look back at Dick and Angel's transformation of a 45-room château celebrates the great outdoors by recalling how the abandoned walled garden stole the couple's hearts. (AD) **7.55** **Grand Designs** Boat enthusiast James Strangeways invites Kevin McCloud to follow progress on his ship-themed home, which was designed to stand on stilts over a marsh by his architect nephew. (AD) **9.00** **New. The Royals: a History of Scandals 2/4.** Professor Suzannah Lipscomb, Dr Jennifer Aston, Dr Linda Porter and Glenn Chandler discuss the marriage scandal that led to a royal taking the witness box. (AD) **10.00** **Princess Diana's "Wicked" Stepmother** Examining the relationship between the Princess of Wales and the formidable Countess Raine Spencer. (AD) **11.05** **24 Hours in A&E** When 79-year-old Arthur is rushed to King's College Hospital with stomach pains, he doesn't complain; as a child, he lived through the Blitz. But his symptoms baffle the resus doctors. (AD) **12.10am** **The Royals: a History of Scandals (AD) 1.15** Eight out of Ten Cuts Does Countdown **2.20** 24 Hours in A&E (AD) **3.25-3.50am** A Place in the Sun **More4** F'view 18 F'sat 124 Sky 136 Virgin 147 **+1** Freesat 125 Sky 236 Virgin 196

## E4

13

**6.00am** Hollyoaks Shown last Thu/Fri C4 (AD) **6.55** Ramsay's Kitchen Nightmares USA **7.55** Junior Bake Off (SL) (AD) **9.00** The Goldbergs (AD) **10.00** The Big Bang Theory (AD) **11.00** Modern Family: double bill **12 noon** Brooklyn Nine-Nine (AD) **1.00pm** The Big Bang Theory (AD) **3.00** Modern Family **4.00** Brooklyn Nine-Nine (AD) **5.00** The Big Bang Theory: two episodes (AD) **6.00pm** **The Big Bang Theory 13/24** Series 11. Amy and Leonard bond. (AD) **6.30 14/24.** Sheldon rents his old room. (AD) **7.00** **New. Hollyoaks** Warren wants the last laugh. Cast pp83/93 Rptd tomorrow 6.30pm C4 (AD) **7.30** **Celebrity Come Dine with Me** With Anthea Turner, Marcel Somerville, AJ Odudu, Dave Benson Phillips and Amelia Dimoldenberg. **8.00** **New series. Below Deck: Mediterranean** Captain Sandy kicks off another charter season on the island of Malta. (AD) **9.00** **Gogglebox** **Eurovision** and **Beat** the Chasers are among the shows appraised. (AD) **10.00** **Naked Attraction** Flight attendant Alex hopes he can find his ideal man. (AD) **11.05** **First Dates** Featuring a helicopter pilot, a van driver and a make-up artist. (AD) **12.10am** **Gogglebox (SL)** (AD) **2.20** **Below Deck: Mediterranean** (AD) **3.10** **Naked Attraction** (AD) **4.10** **Ramsay's Kitchen Nightmares USA** (SL) **4.55-6.00am** **The Goldbergs** (AD)

**E4** Freeview 13 Freesat 122 Sky 135 Virgin 106 **+1** Freeview 30 Freesat 123 Sky 235 Virgin 146 **E4 Extra** Freeview 31 Freesat 181 Sky 138 Virgin 337

## Really

17

**6.00am** Fantasy Homes by the Sea **7.00** Home Shopping **8.00** **Salvage Hunters** **10.00** **Antiques Road Trip** **12 noon** Money for Nothing **1.00pm** The Bidding Room **2.00** **Animal Cops** Philadelphia (AD) **4.00** Dr Jeff: Rocky Mountain Vet **5.00** **Ambulance** **6.00** Money for Nothing **7.00** **Antiques Road Trip** **9.00** **New.** The Edinburgh Auction House **10.00** The Repair Shop **11.00** **Ghost Adventures** (AD) **12 midnight** **Ghosts of Devil's Perch** **1.00am** **Ghost Adventures** (AD) **2.00** **Home Shopping** **4.00-6.00am** **Animal Cops** Philadelphia (AD) **Really** Freeview 17 Freesat 160 Sky 142 Virgin 128

## Sky Arts

11



**Pavarotti: the Duets – the Best of Pavarotti and Friends** 9.00pm

**6.00am** Beethoven: the Complete Symphonies **6.45** Verdi's Rigoletto: on the Lake **9.00** Tales of the Unexpected **10.00** **Alfred Hitchcock Presents** **11.00** **Discovering: Jodie Foster** **12 noon** **Sky Arts Book Club** **1.00pm** Tales of the Unexpected **2.00** **Treasures of the British Library** **3.00** **Landscape Artist of the Year** **2016** **4.00** **Discovering: Peter Ustinov** **5.00** Tales of the Unexpected: double bill **6.00pm** **Alfred Hitchcock Presents** Two kidnappers hi-jack a tanker in the desert. **6.30** A man schemes with a young woman to get rid of his wealthy wife. **7.00** **André Rieu: the Flying Dutchman** The violinist performs at a concert from the Parkstad Limburg Stadium in Kerkrade, Holland. **8.20** The concluding part of the violinist's gala concert from the Parkstad Limburg Stadium in Kerkrade, Holland. **9.40** **Pavarotti: the Duets – the Best of Pavarotti and Friends** The operatic tenor collaborates with a host of stars within the industry as Luciano Pavarotti's legacy lives on. **11.15** **Andrea Bocelli: Love in Portofino** A 2012 concert by the tenor in the resort on the Italian Riviera, in which he performs love songs including *Senza Fine*, *Love Me Tender*, *Quizas*, *Quizas*, and *La Vie en Rose*. **1.15am** Bob Dylan: Urban Myths **1.45** Marilyn Monroe and Billy Wilder: Urban Myths (AD) **2.15** Walden: drama by Amy Berryman **4.00** The South Bank Show **5.00** Run-DMC: Music Icons **5.30-6.00am** **Discovering: the Doors** **Sky Arts** Freeview 11 Freesat 147 Sky 130 Virgin 140/HD 123 BT 350/HD 365

## 4seven

49

**9.00am** Come Dine with Me: five editions (AD) **11.30** A Place in the Sun: double bill **1.30pm** A New Life in the Sun **2.30** Come Dine with Me **5.00** A Place in the Sun **6.00pm** **A New Life in the Sun** In Spain, a Yorkshire entrepreneur is confident of making a splash in hospitality. Shown 4pm Channel 4 **7.00** **Matt Baker: Our Farm in the Dales 2/6** Series 2. Lambing season continues, this time with the hardy Hebrideans. (AD) **8.00** **A Lake District Farm Shop** **Ep 4** Series 2. As Tebay Services prepares to celebrate its 50th birthday, founder John Dunning reminisces on building the services and opening a farm shop. Shown Sat 4.50pm C4 (AD) **9.00** **The Great Pottery Throw Down** **Ep 5** Siobhan takes the potters up on the roof to create gargoyles. Shown yesterday 7.45pm C4 (AD) **10.15** **In the Footsteps of Killers** **Ep 4** Series 2. Investigating the disappearance of north London father of two Robert Duff. (AD) **11.20** **CHOICE SAS: Who Dares Wins – Jungle Hell** **Ep 3** Series 8. The remaining recruits face an uphill hike before abseiling into a cave. See page 61. Shown 9pm C4 (AD) **12.25am** 24 Hours in A&E (AD) **1.30** **Emergency Helicopter Medics** (AD) **2.35** **Gogglebox** (AD) **3.35-4.40am** **Celebrity Gogglebox** (AD) **4seven** F'view 49 F'sat 127 Sky 137 Virgin 143

## Quest

12

**6.00am** How Do They Do It? **6.25** Find It, Fix It, Flog It **7.10** The Repair Shop **8.00** **American Pickers** **10.00** **Chasing Classic Cars** **11.00** **Salvage Hunters: Classic Cars** **12 noon** How It's Made: Dream Cars **1.00pm** The Repair Shop **2.00** **Love Your Garden** **3.00** Find It, Fix It, Flog It **4.00** **Salvage Hunters** **5.00** **Salvage Hunters: the Restorers** (AD) **6.00** **Wheeler Dealers** (AD) **7.00** **Aussie Gold Hunters** **8.00** **Salvage Hunters** **9.00** **New.** **Outback Opal Hunters** **10.00** **Gem Hunters** **Down Under** **11.00** How Do They Do It? **12 midnight** **Wheeler Dealers** **1.00am** **Cops UK: Bodycam** **Squad** **2.00** **Salvage Hunters: Classic Cars** **3.00** **How It's Made: Dream Cars** **4.00-5.00am** **How It's Made** **Quest** Freeview 12 Freesat 172/HD 167 Sky 144 Virgin 169 **+1** Freeview 70 Freesat 168 Sky 244 Virgin 213

## Yesterday

27



**Hornby: a Model World** 8.00pm Pete Waterman works on the rails

**6.00am** Impossible Engineering (AD) **8.00** Abandoned Engineering (AD) **9.00** Living with Hitler **10.00** **World War Weird** **11.00** **Fred Dibnah's World of Steam, Steel and Stone** **12 noon** **Great British Railway Journeys** **2.00pm** **Bangers and Cash**: double bill **4.00** **Nazi Hunters** **5.00** **World War Weird** **6.00pm** **Great British Railway Journeys** The first leg of a journey through London. **6.30** Michael travels on London's first railway. **7.00** **Fred Dibnah's World of Steam, Steel and Stone** Life in the 19th century. **7.30** An insight into the steeplejack's love of restoring engines and chimneys. **8.00** **New. Hornby: a Model World 4/11** Series 2. Music mogul Pete Waterman is re-creating the section of West Coast Mainline where he spent his Saturdays as a child. (AD) **9.00** **The Architecture the Railways Built** Exploring the ornate St Pancras station. (AD) **10.00** **Bangers and Cash** Derek collects two Bentleys with a majestic pedigree. **11.00** **Abandoned Engineering** Visiting a dystopian powerhouse in Pennsylvania. (AD) **12 midnight** **Great British Railway Journeys: double bill** **1.00am** **Forbidden History** (AD) **2.00-3.00am** **Impossible Engineering** (AD) **Yesterday** Freeview 27 Freesat 159 Sky 155 Virgin 129 **+1** Freeview 74 Sky 255 Virgin 217

## Dave

19

**7.10am** Yianni: Supercar Customiser (AD) **8.00** **Special Ops: Crime Squad** UK (AD) **9.00** **The Force: behind the Line** **10.00** **Survivor** South Africa (AD) **11.00** **Rick Stein's Long Weekends** (AD) **12 noon** **Fast Justice** **1.00pm** **Border Force: America's Gatekeepers** (AD) **2.00** **Top Gear** (AD) **4.00** **New. Survivor** South Africa (AD) **5.00** **QI** XL: with Jo Brand and Jimmy Carr **6.00pm** **Taskmaster 3/10** Series 7. Rhod Gilbert force-feeds Alex Horne a jug of mocha. **7.00** **Richard Osman's House of Games** Kae Kurd, Zoe Lyons, Andrew Hunter Murray and Kate Robbins test their general knowledge. **7.40** **Would I Lie to You?** Guests include Jo Brand, Emma Bunton and Jonnie Peacock. **8.20** **QI** With Barry Humphries, Bill Bailey, Rich Hall and regular panellist Alan Davies. **9.00** **QI** XL With Bill Bailey and Phill Jupitus. **10.00** **Have I Got a Bit More News for You** Stephen Mangan hosts, with guests Janey Godley and Helen Lewis. **11.00** **Taskmaster 6/10** Series 8. Iain Stirling stakes his claim for the Scottish football team. **12 midnight** **Mock the Week** **12.40am** **QI** **1.20** Meet the Richardsons **2.00** **Richard Osman's House of Games** **2.30** **Not Going Out** **3.00-4.00am** **The Misadventures of Ramesh Ranganathan** (AD) **Dave** F'view 19 F'sat 157 Sky 111 (Wales 112) Virgin HD 127 **Dave** **Ja Vu** Freeview 57 Sky 211 (Wales 212) Virgin 131

## London Live

8

**6.00am** Roswell Conspiracies **6.30** **Kong: the Animated Series** **7.00** **Pocket Dragon Adventures** **7.30** **Extreme Dinosaurs** **8.00** **Stone Age** **8.30** **Legend of the Dragon** **9.00** **Blandings** **9.45** **London Districts** **10.00** **Inside Tatler** **11.00** **Terry and Mason's Great Food Trip** **11.45** **Secrets of London** with Mark Monroe **12 noon** **Royals and Animals: Til Death Do Us Part** **1.00pm** **FILM** **The Battle of the Sexes** ★★ (BW) **2.45** **FILM** **Ladies Who Do** ★★ (BW) **4.30** **Blackonomics** **5.00** **Diana: a Model Princess** **6.00** **News** **7.00** **The Baron** **8.00** **Michael Palin's New Europe** **9.15** **Comic Strip Presents...** **Spaghettini** Hoops (BW) **10.00** **Boxing** **11.00** **FILM** **Detachment** ★★ **1.00am** **FILM** **Deceit** ★★ **3.00** **FILM** **Brakes** ★★ **4.45-6.00am** **Michael Palin's New Europe** **London Live** Freeview 8 Sky 117 Virgin HD 159 Available in London area only. Other regional stations available on Freeview 7 or 8 around the country

## 5 USA

21

**9.00am** Entertainment News **9.05** NCIS (AD) **12 noon** **Law & Order** **3.55pm** Entertainment News **4.00** **Law & Order** **6.00pm** NCIS Series 3. Triple bill. Gibbs goes after Ari **7.00** Gibbs interrogates a death-row prisoner **8.00** A man's remains indicate he was buried alive (AD) **9.00** **The Blacklist Series 2** Red struggles to stop an impending threat **10.00** **Law & Order: Special Victims Unit Series 21.** Double bill. The team hunts for a predator, then Carisi begins the trial of Sir Toby Moore **11.55** **Law & Order: Criminal Intent** **1.50am** **New.** **The Blacklist Series 2.** Liz realises she is being framed by the Cabal. Last in series First shown on Sky Witness **2.50** **Criminal Minds** **3.35-4.00am** **Criminals: Caught on Camera** **5 USA** Freeview 21 Freesat 129 Sky 141 Virgin 153 **+1** Freesat 130 Sky 241 Virgin 185

## 5 Star

32

**8.00am** Entertainment News **8.10** **Rich Kids Go Skint** (AD) **9.00** **Bargain-Loving Brits** in the Sun **10.00** **Shoppers and Scammers: at War with the Law** **11.00** **Nightmare Tenants, Sium Landlords** **12 noon** **Traffic Cops** **2.00pm** **Police Interceptors** **5.00** **Shoppers and Scammers: at War with the Law** **6.00pm** **Home and Away** Xander tries to become more open minded. Shown 1.45pm C5 (AD) **6.30** **New.** **Cash** investigates Bree's allegations. Repeated tomorrow 1.45pm C5 (AD) **7.00** **GPs: behind Closed Doors** A teenage girl wants a contraceptive implant. (AD) **8.00** **Bargain-Loving Brits in the Sun** Sue and Rod deal with a visit from the vet. (AD) **9.00** **Call the Bailiffs: Time to Pay Up** The work of High Court enforcement agents. **10.00** **Cold Case Killers** The stories behind famous cold case murder investigations. **11.00** **Countdown to Murder** Examining some of Britain's most notorious murders. (AD) **12 midnight** **Skin A&E** **1.00am** **My Lover, My Killer** **2.00** **GPs: behind Closed Doors** **3.00** **Amazing Cleans** (AD) **3.50-4.00am** **Entertainment News** **5 Star** Freeview 32 Freesat 131 Sky 128 Virgin 151 **+1** Freesat 141 Sky 228 Virgin 186

## 5 Action

33

**9.00am** Entertainment News **9.10** **Winter Road Rescue** **9.45** **Trucking Hell** **10.45** **Police Interceptors** **11.45** **FILM** **The 300 Spartans** ★★ Historical adventure **2.05pm** **FILM** **Carson City** ★★ Western starring Randolph Scott. **Review** **p67** **3.55** **Trucking Hell** **4.55** **Winter Road Rescue** **6.00pm** **Police Interceptors** Paul Faulkner has a close shave with a stolen vehicle. **7.00** **Trucking Hell** In Northumberland, a 32-ton tipper gets lost in the dark. **8.00** **Police Interceptors** Chris and Andy pursue a drug dealer through the back streets. **9.00** **FILM** **The Mechanic** ★★ Remake of the 1972 Charles Bronson action thriller, starring Jason Statham and Ben Foster. Things get personal for a professional hitman when his close friend is murdered. **10.50** **FILM** **Escape Plan 2: Hades** ★ Action thriller starring Sylvester Stallone, Dave Bautista and Huang Xiaoming. **12.45am** **Police Interceptors** **1.45** **999**: Criminals Caught on Camera **2.45** **Seconds from Death: Caught on Camera** **3.40** **Sewermen** (AD) **4.30-5.00am** **Criminals: Caught on Camera**

**5 Action** F'view 33 F'sat 132 Sky 150 Virgin 187/HD 150

## 5 Select

56

**9.00am** **GPs: behind Closed Doors** (AD) **10.00** **The Yorkshire Vet** (AD) **12 noon** **The Highland Vet** **1.00pm** **GPs: behind Closed Doors** (AD) **3.00** **The Yorkshire Vet** (AD) **5.00** **The Highland Vet** **6.00pm** **Around the World by Train with Tony Robinson** India and Burma. **7.00** **The Yorkshire Vet** Julian Norton visits a house pig called Pigley Scott. **8.00** **Scotland: a Year in the Wild** **9.00** **Our Family Farm Rescue with Adam Henson** The presenter meets a couple who want to open a high-end glamping site. **10.00** **Forged in Fire** Double bill. **11.55** **British Planes That Won the War with Rob Bell** The Sopwith Camel. **12.50am** **Inside the Tower of London** **1.50** **Around the World by Train with Tony Robinson** **2.45** **Walking Britain's Roman Roads** **3.35-4.00am** **The Yorkshire Vet** (AD)

**5 Select** F'view (HD only) 56 F'sat 133 Sky 153 Virgin 152

**FREEVIEW TV and film channels continue overleaf**



# MONDAY Freeview & films



## DIY SOS: the Big Build

9.00pm Nick is in Plymouth

**6.15am** Top Chef (S) (AD) (HD) **7.00** Property Brothers: Forever Homes (S) (AD) (HD) **8.00** Tipping Point (S) (HD) **10.00** DIY SOS: the Big Build (S) (AD) (HD) **12 noon** Rochelle Humes: Interior Designer in the Making (S) (AD) (HD) **1.00pm** Tipping Point (S) (HD) **4.00** DIY SOS: the Big Build (S) (HD) **5.00** Property Brothers: Forever Homes (S) (AD) (HD)

**6.00pm** MasterChef Australia An ultimate BBQ challenge. (S) (HD)

**7.00** Property Brothers at Home: Drew's Honeymoon House (S) (HD)

**8.00** Inside the Ambulance A playground head injury. (S) (AD) (HD)

**9.00** DIY SOS: the Big Build The team heads to Plymouth. (S) (HD)

**10.20** 24 Hours in A&E A man involved in a collision with a car. (HD)

**11.20** Inside the Operating Theatre A man has his infected gall bladder removed. (S) (AD) (HD)

**12.20am** One Born Every Minute (S) (HD) **1.15** Dating with My Mates (S) (AD) (HD) **2.10-3.00am** Tipping Point: Ben Shepherd hosts (S) (HD)

**W** F'view 25 F'sat 156 Sky 132 Virgin HD 125 +1 Sky 232 Virgin 190

## Pick

**7.00am** Border Security: Canada's Front Line (AD) **8.00** Motorway Patrol **9.00** Stop, Search, Seize (AD) **10.00** Nothing to Declare (AD) **11.00** Highway Patrol **12 noon** Highway Cops (AD) **1.00pm** Border Patrol **2.00** Border Security: Canada's Front Line: double bill (AD) **3.00** Nothing to Declare (AD) **4.00** Star Trek: the Next Generation: a Federation planet requests help **5.00** Warehouse 13 **6.00** The Librarians **7.00** Star Trek: Voyager **8.00** NCIS: New Orleans **9.00** New. New York Homicide: an aspiring writer is killed (AD) **11.00** Britain's Most Evil Killers: a profile of murderer Angus Sinclair **12 midnight** Murders That Shocked the Nation **1.00am** Night Cops **2.00** Nothing to Declare (AD) **3.00** Border Patrol **4.00** Motorway Patrol **5.00-6.00am** Highway Cops (AD)

**Pick** F'view 36 F'sat 144 Sky 151 Virgin 135

## HGTV

**7.00am** New. Building Off the Grid **8.00** The Great Interior Design Challenge (AD) **9.00** A Place in the Sun **10.00** Escape to the Country **12 noon** My Lottery Dream Home **1.00pm** Fixer to Fabulous **2.00** Christina in the Country **3.00** The Great Interior Design Challenge (AD) **4.00** Sarah Beeny's Renovate Don't Relocate (AD) **5.00** Building Off the Grid **6.00** A Place in the Sun **7.00** Escape to the Country **8.00** New. My Dream Derelict Home in the Sun **9.00** New. Fixer Upper: the Castle **9.30** New. The Retro Plant Shop with Mikey and Jo **10.00** Home Again with the Fords (AD) **11.00** Fixer to Fabulous **12 midnight** Escape to the Country: a rural home in Derbyshire **1.00am** Building Off the Grid **2.00** Sarah Beeny's Renovate Don't Relocate (AD) **3.00-4.00am** My Lottery Dream Home **HGTV F'view** 44 F'sat 166 Sky 158 Virgin 286 +1 Sky 258 Virgin 290

**FREEVIEW channels continued from overleaf**

## Food Network



## Gok Wan's Easy Asian

9.00pm Tasty Thai salads

**6.00am** Trisha's Southern Kitchen (HD) **7.00** The Pioneer Woman (S) (HD) **8.00** New. Valerie's Home Cooking (HD) **9.00** Jamie's 15-Minute Meals (HD) **9.30** Jamie's 30-Minute Meals (S) (HD) **10.00** Gok Wan's Easy Asian (HD) **11.00** Rachel Allen's Everyday Kitchen (HD) **12 noon** Paul Hollywood's Bread (HD) **1.30pm** Nadiya's Family Favourites (S) (AD) (HD) **2.00** James Martin's French Adventure (S) (AD) (HD) **3.00** River Cottage: Summer's Here (S) **4.00** Valerie's Home Cooking (HD) **5.00** Barefoot Contessa: back to Basics (S) (AD) (HD) **6.00** Rick Stein's Seafood Lovers' Guide (S) (AD) **7.00** The Great British Bake Off: the 2019 edition of the culinary competition begins with cake week (S) (HD) **8.30** Nadiya's Family Favourites: dishes for those "nothing in the house days" (S) (AD) (HD) **9.00** Gok Wan's Easy Asian (HD) **10.00** Rick Stein's Seafood Lovers' Guide (S) (AD) **11.00** Restaurant: Impossible (HD) **12 midnight** New. Guy's Grocery Games (HD) **1.00am** Restaurant: Impossible (HD) **2.00-3.00am** Jamie and Jimmy's Friday Night Feast (S) (HD)

**Food Network Freeview** 43 Freesat 148 Sky 140 Virgin 285

## Great TV

**6.00am** Sue Thomas: F.B.Eye **8.00** Highway to Heaven **10.00** Crazy like a Fox **11.00** Castle **12 noon** Body of Proof **1.00pm** Sue Thomas: F.B.Eye **3.00** Diagnosis Murder **4.00** Return of the Saint **5.00** Murder, She Wrote **7.00** M\*A\*S\*H **9.00** Randall and Hopkirk (Deceased): the ghost of a gangster settles old scores **10.00** The Persuaders! **11.00** Return of the Saint **12 midnight** M\*A\*S\*H: four editions **2.00am** Randall and Hopkirk (Deceased) **3.00** Sue Thomas: F.B.Eye **4.30-6.00am** Highway to Heaven **Great TV Freeview** 50 (limited) Freesat 147 Sky 157 Virgin 189 +1 Freesat 143 Sky 257

## RealityXtra

**9.00am** Perry Mason **11.00** Matlock **12 noon** The Fugitive **1.05pm** JAG **3.00** Perry Mason: double bill. An ex-con is accused of robbery and murder, then a widow hires Perry to defend her **5.00** The Fugitive: Kimble learns that his boss has recognised him **6.00** Matlock: Ben sets out to prove that a talented pianist did not commit suicide **7.00** Judge Judy **1.00am** Matlock **2.00** The Fugitive **3.00** The Day I Should Have Died **5.00-6.00am** Medical Detectives

**RealityXtra Freeview** 68 Freesat 134 Sky 147 Virgin 197

## BBC Parliament

**6.00am** Westminster Hall **10.00** Prime Minister's Questions **10.35** Scottish First Minister's Questions **11.35** Welsh First Minister's Questions **12.35pm** House of Commons: debate from the chamber **2.00** Lords Questions **2.30** Live Home Office Questions: debate from the chamber **3.30** Live House of Commons: debate from the chamber **11.00** Lords Questions **11.40-7.00am** House of Lords **BBC Parliament Freeview** 232 Freesat 201 Sky 504 Virgin 605

## PBS America



## A Doctor's Sword

9.50pm Dr Aidan MacCarthy's story

**8.00am** Beautiful Serengeti **8.30** Plane Crash Re-created (S) **9.35** Plague at the Golden Gate (S) **11.55** A Doctor's Sword **1.00pm** Beautiful Serengeti **1.40** Plane Crash Re-created (S) **2.50** Plague at the Golden Gate (S) **5.15** A Doctor's Sword **6.20pm** Plane Crash Re-created **1/10**. Reconstructions of high-profile aviation disasters, including Lion Air Flight 610, which plunged into the sea on 29 October 2018. (S)

**7.25** Plague at the Golden Gate In 1900 an outbreak of bubonic plague set off fear in San Francisco. This documentary looks at how health officials raced to save the city from the disease. (S)

**9.50** A Doctor's Sword A family search for the origin of their father's keepsake – a Samurai sword he was given in the wake of the nuclear attack on Nagasaki.

**10.55** Plane Crash Re-created As 6.20pm.

**12 midnight** A Doctor's Sword **1.10-2.00am** Beautiful Serengeti

**PBS America F'view** 84 (1pm-12 midnight only) Freesat 155 Sky 174 Virgin 273

## Blaze

**6.00am** Hardcore Pawn **7.45** Mega Disasters **8.40** Ancient Aliens **10.40** Storage Wars Canada **11.10** Storage Wars **12.10pm** Pawn Stars **2.05** Hardcore Pawn: four editions **4.00** Ancient Aliens: double bill **6.00pm** Weird or What? with William Shatner **7.00** Storage Wars **8.00** Dickinson's Real Deal **9.00** New. The Curse of Oak Island: a new theory suggests Lot 8 may be hiding missing religious artefacts **10.00** New. Secrets in the Ice: a network of ice tunnels is explored, while fossils unearthed in the Canadian Arctic lead to the discovery of a new species **11.00** Lost Gold of World War II **12 midnight** Monsterquest **1.00am** Wicked Tuna **2.00** Swamp People **3.00** Dickinson's Real Deal **3.45** Storage Wars Canada **4.10-6.00am** Pawn Stars

**Blaze F'view** 64 F'sat 162 Sky 164 Virgin 199

## Challenge

**7.00am** The Chase **10.00** Dickinson's Real Deal: in Cirencester, Michael Hogben is asked to appraise a painting by Thomas Hennen **11.00** Supermarket Sweep **12 noon** Wheel of Fortune (AD) **1.00pm** Catchphrase: with Roy Walker (AD) **2.00** Who Wants to Be a Millionaire? **3.00** Play Your Cards Right (AD) **4.00** Bruce's Price Is Right: Bruce Forsyth invites audience members to come on down and compete for big prizes **5.00** Bullseye: darts-based quiz **7.00pm** Pointless: presented by Alexander Armstrong **8.00** The Chase: Bradley Walsh hosts **10.00** Who Wants to Be a Millionaire?: a classic episode of the award-winning quiz show **11.00** Bullseye **12 midnight** The Chase **4.00am** Who Wants to Be a Millionaire? **5.00-6.00am** Bullseye: double bill **Challenge Freeview** 48 Freesat 146 Sky 145 Virgin 139

## CHILDREN'S

### Milkshake! on C5

**5.35am** Peppa Pig **5.40** Paw Patrol **5.50** Pip and Posy **6.00** Peppa Pig **6.15** Blue's Clues & You **6.40** Oggy Oggy **6.45** Odo **6.55** Fireman Sam **7.05** Thomas & Friends **7.15** Kangaroo Beach **7.25** Peppa Pig **7.40** Paw Patrol **7.55** Pip and Posy **8.10** Paddington **8.25** Milo **8.35** Paw Patrol **8.50** Daisy & Ollie **8.55** Pip and Posy **9.05** Peppa Pig **9.10-9.15am** Sunny Bunnies

Full listings for Channel 5 are on p64

### CBeebies

**6.00am** Raa Raa **6.10** Bing **6.20** Teletubbies **6.35** School of Roars **6.40** Chuggington **6.50** Bing **7.00** New. Colourblocks **7.05** Hey Duggee **7.20** New. Bluey **7.35** Go Jetters **7.50** Peter Rabbit **8.00** Octonauts **8.15** Numberblocks **8.20** Love Monster **8.25** Nick Cope's Popcast **8.35** Justin's House **9.00** Bing **9.10** Yakkka Dee! **9.15** Messy Goes to OKIDO **9.25** Colourblocks **9.30** Twirlywoos **9.45** Something Special **10.05** Teletubbies **10.20** The Toddler Club **10.35** Small Potatoes **10.40** Hey Duggee **10.45** Roots and Fruits **10.50** B.O.T. and the Beasties **11.00** Bluey **11.05** Let's Go for a Walk **11.20** School of Roars **11.25** Teeny Tiny Creatures **11.40** Our Family **11.55** What's On Your Head? **12 noon** Big Cook Little Cook **12.20pm** Woolly & Tig **12.25** Waffle **12.35** Tee and Mo **12.45** Pablo **1.00** Yakkka Dee! **1.05** Numberblocks **1.10** Alphablocks **1.15** Dog Loves Books **1.25** Hey Duggee **1.30** Love Monster **1.40** Let's Dance **1.45** Something Special **2.10** Teletubbies **2.25** Bluey **2.30** Go Jetters **2.40** My Petaurus **2.45** Maddy's Do You Know? **3.00** Dog Squad **3.15** Swashbuckle **3.35** Hey Duggee **3.45** Peter Rabbit **3.55** Andy's Wild Adventures **4.10** New. Pinocchio and Friends **4.25** Bluey **4.40** Supertato **4.45** Go Jetters **5.00** Molly and Mack **5.15** Biff and Chip **5.25** Sarah & Duck **5.35** JoJo & Gran Gran **5.45** Moon and Me **6.10** Clangers **6.20** In the Night Garden... **6.50-7.00pm** Bedtime Stories **CBeebies F'view** 202 F'sat 608 Sky 608 Virgin 702

### CBBC

**7.00am** Shaun the Sheep **7.05** Danger Mouse **7.20** Dennis & Gnasher **7.35** Boy Girl Dog Cat **7.45** New. Newsround **7.55** Ninja Express **8.10** New. Operation Ouch! **8.20** Odd Squad **8.35** Horrible Histories **9.05** Princess Mirror-Belle **9.25** Sketchy Comedy **9.25** Danny & Mick **9.40** Andy and the Band **9.50** Nine Minute Ninja **10.00** Operation Ouch! **10.30** Horrible Histories **11.00** Bite Size Daily **11.20** Celebrity Supply Teacher **11.30** Craft Party **11.45** Wild & Weird **12 noon** Danger Mouse **12.15pm** Oswald **12.25** Boy Girl Dog Cat **12.35** Monster Loving Maniacs **12.50** Dennis & Gnasher **1.00** The Next Step **1.45** The Dumping Ground: I'm... **2.00** The Designers **2.25** Secret Life of Boys **2.50** Nikki Lilly Meets **3.00** Our Boarding School **3.20** Best in the World **3.40** Danger Mouse **3.50** Shaun the Sheep **4.00** Ninja Express **4.10** Boy Girl Dog Cat **4.25** Oswald **4.35** New. Pokémon: Sun and Moon **5.00** Odd Squad **5.10** We Bare Bears **5.25** New. Summer Camp Island **5.35** New. One Zoo Three **6.00** New. Lagging **6.25** Lifebabble **6.30-7.00pm** Inside My Head: Taking Control of My Anxiety **CBBC F'view** 201 F'sat 607 Sky 607 Virgin 701

### CITV

**6.00am** Mission Employable **6.05** Robozuna **6.30** Hotel Transylvania **7.00** Mr Magoo **7.30** Lloyd of the Files **7.45** Dave Spud **8.00** 50/50 Heroes **8.30** Scooby-Doo **9.25** Buck and Buddy **9.30** Scooby-Doo **9.55** Tata and Kuma **10.00** Teen Titans Go! **10.25** DC Super Hero Girls **10.50** Mr Bean **11.30** Dave Spud **12 noon** Mighty Mike **12.30pm** Detention Adventure **1.00** Mini Movies **1.30** Inspector Gadget **2.00** 50/50 Heroes **2.30** Hotel Transylvania **3.00** Craig of the Creek **3.30** Scooby-Doo **4.30** Smarty Pants **4.45** Mr Magoo **5.00** Lloyd of the Files **5.15** Dave Spud **5.30** Jurassic World Camp Cretaceous **6.00** Teen Titans Go! **6.30** Inspector Gadget **7.00** Scooby-Doo **7.30** Jurassic World Camp Cretaceous **8.00** Mr Bean **8.30** Mini Movies **8.55-9.00pm** Mission Employable **CITV F'view** 203 F'sat 602 Sky 612 Virgin 734

## FILMS

### Film4

**11.00am** Dead Reckoning ★★★★★ Humphrey Bogart stars in a hard-boiled thriller with razor-sharp dialogue. Elizabeth Scott (1947, U) (S) (AD) **1.05pm** The Man Who Shot Liberty Valance ★★★★★ Wonderful western that celebrates and deconstructs the mythology of the Old West. James Stewart, John Wayne (1962, U) (S) **3.40** The Last Hurrah ★★★★★ Spencer Tracy revels in his role as a loquacious mayoral candidate in this occasionally sentimental political drama. Jeffrey Hunter (1958, U) (S) **6.15pm** Bridge of Spies ★★★★★ Classy real-life espionage drama with Tom Hanks playing the lawyer who goes to Berlin to negotiate a prisoner exchange. Review, right. (2015, 12) (S) (AD) **9.00** Under Siege ★★★★★ Slick nautical spin on the Die Hard concept starring Steven Seagal as a ship's cook who becomes the US Navy's only hope when terrorists come aboard. (1992, 15) (S) **11.05** To Live and Die in LA ★★★★★ Cult crime thriller with plenty of car chases but little in the way of characterisation. Review, right. William L. Petersen, Willem Dafoe, John Pankow (1985, 18) (S) **1.25-3.40am** The Gambler ★★★★★ Mark Wahlberg steps into James Caan's shoes in this swaggering remake of the 1974 crime thriller about a literature professor bent on self-destruction. Brie Larson (2014, 15) (S) **Film4 Freeview** 14 Freesat 300 Sky 313 Virgin 428 +1 F'view 47 F'sat 301 Sky 314 Virgin 430

### Talking Pictures TV

**6.00am** Get Some In! TV comedy. **6.30** Charlie Chan at Monte Carlo ★★★★★ Brisk mystery. Warner Oland (1937) **8.00** The Night We Dropped a Clanger ★★★★★ Wobbly wartime comedy. Brian Rix (1959, U) (S) **9.45** The Black Swan ★★★★★ A reformed buccaneer tries to rid Jamaica of piracy in this rip-roaring swashbuckler. Review, right. Tyrone Power (1942, PG) (S) **11.25** The Fan ★★★★★ Heavy-handed adaptation of Oscar Wilde's witty play Lady Windermere's Fan. Jeanne Crain (1949, PG) (S) **1.00pm** Where There's a Will ★★★★★ Occasionally charming comedy of manners. George Cole (1955, U) (S) **2.30** Crown Court TV drama. (S) **3.00** Paul Temple's Triumph ★★★★★ Splendidly hammy crime caper with John Bentley as the author and amateur detective. Dinah Sheridan (1950, U) (S) **4.35** The Narrowing Circle ★★★★★ Fast-moving but unconvincing thriller. Paul Carpenter, Hazel Court, Russell Napier (1956) (S) **6.00pm** The Footage Detectives Clips of caravanning in the 1960s and a popular dance band. (S) **7.00** The Champions TV fantasy drama starring William Gaunt. (S) **8.00** The Main Chance TV drama. **9.00** Breakout Chilling TV eco-thriller starring Neil Dudgeon. (S) **11.00** Secret Army TV drama. (S) **12.05am** The Quatermass Xperiment ★★★★★ An astronaut undergoes a bizarre transformation in this entertaining sci-fi thriller. Brian Donley (1955, PG) (S) **1.40** Jubal ★★★★★ Loose western drama retelling of Othello, featuring a magnificent, grim performance from Glenn Ford. Ernest Borgnine (1956, PG) (S) **3.40** Bruce Lee: Martial Arts Master The life of the Enter the Dragon star. (S) **4.50-6.00am** The Edgar Wallace Mystery Theatre TV crime drama. **Talking Pictures TV Freeview** 82 Freesat 306 Sky 328 Virgin 445



# FILM REVIEWS

## Sky Premiere

**6.05am Dear Elizabeth ★★★**  
A nerd's obsession with an old college friend goes viral in this awkward satire of celebrity worship. Tony Hale (2020, 12)  
**8.00 Dakota As 6.15pm 9.45**  
**Top Gun: Maverick As 8pm 11.55**  
**Father Stu As 10.10pm 2.05pm**  
**The Estate ★★** Crude comedy in which Toni Collette and her relatives vie for their dying aunt's assets. (2022, 15)  
**3.55 Big Gold Brick ★★** Whimsical but unfocused comedy about a failed writer who is hired to write a wealthy man's biography. Andy Garcia (2022, 15)  
**6.15pm Dakota ★★** Warm-hearted drama about a widow and her daughter who take on her soldier-husband's loyal dog. Abbie Cornish (2022, PG)  
**8.00 Top Gun: Maverick ★★★**  
Tom Cruise's action-packed and genuinely moving return to the skies. Jennifer Connelly, Val Kilmer (2022, 12)  
**10.10 Father Stu ★★** Unconvincing religious drama with Mark Wahlberg as an amateur boxer who finds his calling as a priest. (2022, 15)  
**12.20am Dear Elizabeth As 6.05am**  
**2.05 The Estate As 2.05pm**  
**3.55 Big Gold Brick As 3.55pm**  
**Sky Premiere Sky 301 Virgin 401**  
**BT 501/HD 515 +1 Sky 312**

## Great Movies

**9.00am My Killer Ex-Girlfriend ★★** Less-than-gripping thriller. (2019)  
**11.00 Taken Too Far ★★** Over-the-top melodrama. Christina Cox (2017) **1.00pm**  
**Gone: Finding My Daughter ★★** Over-egged drama. Cristina Rosato (2018)  
**3.00 Cries in the Dark ★★** Crime drama. **Review, right.** Eva LaRue Callahan (2006) **5.00 Air Collision ★★**  
Watchable thriller. Reginald VelJohnson (2012)  
**7.00pm Daddy Day Care ★★**  
Eddie Murphy and Jeff Garlin set up an unusual day-care centre in this amiable comedy. (2003, PG)  
**9.00 Super 8 ★★★★★** Compelling sci-fi that evokes such classics as *ET* and *Close Encounters of the Third Kind*. **Review, right.** (2011, 12)  
**11.15 The Recall ★★** Wesley Snipes stars as a crazy survivalist in a low-budget mash-up of horror and sci-fi clichés. Jedidiah Goodacre (2017, 15)  
**1.15am Killerman ★★** Gritty, good-looking crime drama. Liam Hemsworth (2019, 15) **3.40-5.50am**  
**Loophole ★★** Routine heist caper. Albert Finney, Martin Sheen, Susanah York (1980, PG)  
**Great Movies Freewview 34 Freesat 302**  
**Sky 321 Virgin 425**  
**+1 Freewview 61 (limited 10pm-5am) Sky 322**

## Great Romance

**6.00am Meet Me in New York ★★** Breezy romance. (2022) **8.00 Autumn Dreams ★★** Romcom. (2015, U) **10.00 Love is a Piece of Cake ★★** Sugary romance. (2020) **12 noon Love at Sunset Terrace ★★** Amiable romance. (2020) **2.00pm A Picture Perfect Wedding ★★** Dull romcom. (2021) **4.00 All Yours ★★** Sappy but sincere romance. Nicolette Sheridan (2016)  
**6.00pm Sweet Autumn ★★** Warm-hearted romantic comedy. Nikki Deloach, Andrew W Walker (2020)  
**8.00 My Valentine ★★** Sweet but undercooked romance. (2021)  
**10.00 Lead with Your Heart ★★** Light romantic drama. (2015)  
**11.50 Power and Beauty ★★** Salacious drama. Natasha Henstridge (2002)  
**1.30am A Slice of Chicago Romance ★★** Tasty romcom. (2021)  
**3.00 Love, Bubbles & Crystal Cove ★★** Romantic comedy drama. (2020) **4.30-6.00am The Last Bridesmaid ★★** Sweet romance. (2019)  
**Great Romance Freewview 52 (limited)**  
**Freesat 303 Sky 319 Virgin 424**  
**+1 F'view 63 (limited 10pm-5am) F'sat 304 Sky 320**

## TCM Movies

**6.00am Close Up 7.10 Off Set 7.30**  
**Knights of the Round Table ★★**  
Glossy period adventure. Robert Taylor, Ava Gardner (1953, PG) **9.50 Code Name: Emerald ★★** Polished war thriller. Ed Harris (1985, PG) **11.50 Murder at the Gallop ★★** Entertaining murder mystery. Margaret Rutherford (1963, U) **1.30pm**  
**To Trap a Spy ★★** Classy spin-off from *The Man from U.N.C.L.E.* (1966)  
**3.25 Guns for San Sebastian ★★** Bombastic western. Anthony Quinn (1968, PG)  
**5.45 Wagons West ★★** Competent western. Rod Cameron, Peggie Castle (1952, U)  
**7.15pm The Young Guns ★★** Lightweight western about youngsters tempted to blaze the outlaw trail. Russ Tamblyn, Gloria Talbott (1956)  
**9.00 The Condemned ★★** Violent thriller in which ten prisoners are put on an island and told to fight to the death. Steve Austin, Vinnie Jones (2007, 18)  
**11.20 Escape from Alcatraz ★★★★★** Clint Eastwood bids to break out of the island jail in this gripping true-life drama. (1979, 15)  
**1.40am Teleshopping 3.55 Off Set**  
**4.30 Close Up 5.30 Off Set**  
**5.50 To Trap a Spy As 1.30pm**  
**TCM Movies Sky 315 Virgin 415**  
**+1 Sky 316 Virgin 417**

## Great Movies Action

**6.00am M\*A\*S\*H: double bill 7.00**  
**Hannibal ★★** Sluggish historical epic. Victor Mature (1959, U) **9.00 Meteor Storm ★★** Limp disaster movie. Michael Trucco (2010, 12) **10.35 Battle of Kursk 11.30**  
**Wild West Chronicles 12 noon**  
**M\*A\*S\*H: double bill 1.00pm The Commandos Strike at Dawn ★★**  
War drama. Paul Muni, Anna Lee, Lillian Gish (1942) **3.05 Kill Rommel! ★★** Second World War drama. Anton Diffring (1969)  
**5.00 Brother Outlaw ★★** Spaghetti western. Tony Kendall (1971)  
**6.40pm Wild West Chronicles**  
TV western series with Jack Elliott.  
**7.10 Asteroid: Final Impact ★★** A scientist discovers an impending disaster for the Earth. Mark Lutz (2015)  
**9.00 Braven ★★** Tough action film. Jason Momoa, Garrett Dillahunt (2018, 15)  
**10.50 Black Thunder ★★** Unintentionally amusing action movie. Michael Dudikoff, Richard Norton (1998)  
**12.40am Resistance 1942 ★★** Intriguing war drama. Cary Elwes (2021)  
**2.55-4.00am The Blitz on Berlin**  
**Great Movies Action Freewview 42 (limited)**  
**F'sat 305 Sky 323 Virgin 426 +1 Sky 324**

## Legend

**8.00am Walker, Texas Ranger 9.00**  
**Mutant X 10.00 Star Trek: the Next Generation 11.00 The Man Who Haunted Himself ★★** Roger Moore is beside himself with fear in this wonderfully improbable chiller. **Review, right.** (1970, PG) **1.00pm The Blood Beast Terror ★** Clumsy sci-fi. Stephen Moyer (2020, 12) **5.00 Star Trek 6.00pm Star Trek: the Next Generation TV** sci-fi adventure.  
**7.00 Airwolf US TV drama.**  
**8.00 Walker, Texas Ranger**  
TV action drama with Chuck Norris.  
**9.00 Vehicle 19 ★★** Paul Walker is in the driving seat for a novel man-on-the-run thriller shot entirely from inside a rental car. (2013, 12)  
**10.45 Wired Shut ★★**  
Underpowered horror in which an author has an unexpected visit from his estranged daughter. (2021, 15)  
**12.40am Urban Legends: Final Cut ★★** Derivative horror thriller. Jennifer Morrison, Matthew Davis (2000, 15)  
**2.35-4.15am Nails ★★** Solid horror. Shauna Macdonald, Steve Wall (2017, 15)  
**Legend F'view 41 F'sat 137 Sky 148 Virgin 149**



## Never Rarely Sometimes Always

★★★★ 11.15pm-12.50am BBC2

**DRAMA** Writer/director Eliza Hittman's award-winning drama takes a compassionate look at abortion in America. It's seen from the perspective of Autumn (played by newcomer Sidney Flanigan), a desperate Pennsylvanian teenager travelling to a New York clinic with her cousin (Talia Ryder, above right, with Flanigan). Hittman's film offers a searing indictment of a world where women still have to fight for control of their lives and bodies, and does so without resorting to polemics or political grandstanding. **STEPHEN APPLEBAUM** (UK/US 2020, violence, swearing, sexual references, HD)

## The Black Swan

★★★★ 9.45-11.25am  
Talking Pictures TV

**ADVENTURE** This rip-roaring tale stars Tyrone Power as a reformed sea wolf, whose former pirate partner (Laird Cregar) is made governor of Jamaica. They then join forces to rid the region of assorted rogues. Much swordplay – plus intermittent courtship of Maureen O'Hara by Power – ensues, made all the more vivid by the Oscar-winning colour cinematography. **PETER FREEDMAN** (US 1942)

## The Man Who Haunted Himself

★★★ 11.00am-12.50pm Legend

**THRILLER** This wonderfully improbable chiller sees Roger Moore being acted off the screen – by Roger Moore! His dual role sees him play a respectable businessman whose life is transformed by a car crash, whereupon his alter ego escapes and proves to be a rip-roaring cad. It's all very watchable, and director Basil Dearden sustains the eerie atmosphere. **DAVID PARKINSON** (UK 1970)

## Carson City

★★★ 2.05-3.55pm 5 Action

**WESTERN** Randolph Scott stars in director Andre De Toth's roistering movie,

humour among the escalating subterfuge. **EMMA SIMMONDS** (US 2015, edited for content, col/BW, HD)

## Super 8

★★★★ 9.00-11.15pm Great Movies

**SCI-FI** New to Great Movies, director JJ Abrams's 1970s-set adventure follows a bunch of schoolkids who accidentally capture footage of a train crash (and something else besides) while filming a low-budget zombie flick. The relationship between Joel Courtney and classmate Elle Fanning is just as entrancing as the story's sci-fi elements. **TREVOR JOHNSTON** (US 2011, violence, swearing, drug abuse)

## Meet the Fockers

★★★ 9.00-11.10pm

Sky Showcase

**COMEDY** Robert De Niro's uptight ex-CIA man continues to lock horns with his future son-in-law Ben Stiller in this sequel to *Meet the Parents*. This time, Stiller takes his fiancée (Teri Polo) and her parents (De Niro and Blythe Danner) to Florida to meet his own hippyish folks (Barbra Streisand and Dustin Hoffman). The film is worth watching for the cast alone. **ANDREW COLLINS** (US 2004, some swearing)

## To Live and Die in LA

★★★ 11.05pm-1.25am Film4

**CRIME** It's a rare showing for this cult movie from *The French Connection* director William Friedkin, in which Treasury agents William Petersen and John Pankow go to extraordinary lengths to crack counterfeiter Willem Dafoe's operation. Excitingly kinetic car chases and high-energy gun battles mark out Friedkin's exercise in nihilistic noir. **ALAN JONES** (US 1985, violence, swearing, nudity, HD)

## Sky Cinema picks

### Ghost

1.25-3.35pm Sky Drama  
Love beyond the grave. (1990, 15)  
Sky 310; Virgin 410; BT 510/524

### Ender's Game

7.10-9.10pm Sky Family  
Exciting sci-fi adventure. (2013, 12)  
Sky 306; Virgin 406; BT 506/520

### Blade

12.35am Sky Action  
Vampires beware! (1998, 18)  
Sky 306; Virgin 406; BT 506/520

Films to stream from p32  
Netflix, Amazon, Disney+ and more



## Sky Showcase



**Meet the Fockers** 9.00pm  
Bernie stands by his son Greg

**6.00am** The Early Rundown **7.00** Kay Burley **8.00** Baby Animals (S) **9.00** Nothing to Declare UK (S) **10.00** Supergirl (S) **11.00** NCIS: New Orleans (S) **1.00pm** Hawaii Five-0 (S) **2.00** S.W.A.T. (S) (AD) **3.00** Gangs of Baboon Falls (S) **4.00** The Conners (S) **4.30** Futurama (S) **5.00** The Simpsons (S) **5.30** The Fresh Prince of Bel-Air (S)

**6.30pm** **The Simpsons**  
Norwegian immigrants arrive looking for work in Springfield. **7.00** Bart thinks that Flanders might have killed his wife. **7.30** Lisa conspires with Bart against a smart new girl. (S)

**8.00** **David Attenborough's Wild City 1/5 Series 1.** The veteran broadcaster examines the wildlife of Singapore. (S) (AD)

**9.00** **Meet the Fockers** ★★  
Comedy sequel with Robert De Niro. **Review p67.** (S) (W)

**11.10** **Fantasy Football League Ep 2 Series 2.** With guests Maisie Adam and Sir Mo Farah.

**11.45** **Sex and the City 11/18 Series 2.** Charlotte dates a chef who lacks masculine qualities. (S)

**12.15am** Sex and the City (S) **12.50** Road Wars (S) **2.15** The Force: North East (S) **3.10** Hawaii Five-0 (S) **4.05** S.W.A.T. (S) (AD) **5.00-6.00am** The Early Rundown

**Sky Showcase** Sky 106 Virgin 109  
BT 340/HD 355 +1 Sky 206

## Sky Sci-Fi

**6.00am** V **7.00** The Librarians **8.00** Home Shopping **11.00** V **12 noon** Star Trek: the Next Generation **2.00pm** Project Blue Book **3.00** The Outpost **4.00** The Librarians **5.00** Stargate SG-1

**6.00pm** **Star Trek: the Next Generation 8/26 Series 7.** Picard and Dr Crusher are imprisoned and telepathically linked by an alien race, forcing them to confront their mutual attraction. **7.00** **9/26.** Intergalactic environmentalists resort to desperate measures to prove Starfleet's warp drives are harming the universe.

**8.00** **Merlin 12/13 Series 4.** When Morgana leads a massive Southron army against Camelot, even Arthur cannot stand up to the ferocity of the attack.

**9.00** **The Twilight Zone 1/10 Series 2.** A lonely bachelor discovers a telepathic link to a complete stranger.

**9.55** **2/10.** On the day she celebrates a promotion, a hotel manager questions her reality.

**10.40** **Stan Lee's Lucky Man 5/8 Series 3.** Harry has a golden chance to bring down Blake.

**11.40** **6/8.** Harry takes extreme measures to win back Rich's flat. **12.40am** V **1.30** Wynonna Earp **2.20** Stargate SG-1 **3.15** Star Trek: the Next Generation: double bill **5.05-6.00am** Most Haunted

**Sky Sci-Fi** Sky 139 Virgin 122  
BT 348/HD 361 +1 Virgin 229

## Sky Atlantic



**The Last of Us** 9.00pm Ellie continues her deadly journey

**6.00am** Richard E Grant's Hotel Secrets (S) (AD) (HD) **7.55** The Sopranos (S) (HD) **10.05** Ray Donovan (S) (AD) (HD) **12.15pm** Game of Thrones (S) (AD) (HD) **1.20** Six Feet Under (S) (HD) **3.30** The Sopranos: double bill (S) (HD)

**5.45pm** **Ray Donovan 9/12 Series 3.** Hard-man Ray continues to be dogged by problems of his own making. (S) (AD) (HD)

**6.50pm** **10/12** Ray tries to lend a hand to Mickey. (S) (AD) (HD)

**7.55** **Game of Thrones 5/10 Series 3.** Robb is betrayed. Tyrion learns the true cost of a wedding and Jon proves himself. (S) (AD) (HD)

**9.00** **The Last of Us 4/9** **RT** Post-apocalyptic drama starring Pedro Pascal and Bella Ramsey. **See page 61.** (HD)

**10.00** **Succession 4/9 Series 3** Logan and Kendall have their first meeting together. (S) (AD) (HD)

**11.10** **Big Little Lies 5/7 Series 1** Madeline's relationship with the play director is put under the spotlight. (S) (AD) (HD)

**12.15am** Babylon Berlin: Rath relives painful memories. German +subtitles (HD) **1.15** Britannia (S) (AD) (HD) **2.20** Game of Thrones (S) (AD) (HD) **3.30** In Treatment (S) (HD) **4.00-6.00am** Richard E Grant's Hotel Secrets (S) (AD) (HD)

**Sky Atlantic** Sky 108 (Wales 109)  
BT 342/HD 357 +1 Sky 208 (Wales 209)

## Sky Witness

**6.00am** Bondi Rescue (S) (HD) **7.00** UK Border Force (S) (AD) (HD) **8.00** Border Patrol (S) **9.00** Road Wars (S) (HD) **10.00** Brit Cops: Law & Disorder (S) **11.00** The Force: Manchester (S) (HD) **12 noon** FBI (S) (AD) (HD) **1.00pm** 9-1-1: a man is injured by his hi-tech smart home (S) (HD) **2.00** Blue Bloods (S) (AD) (HD) **3.00** Bull (S) (HD) **4.00** Nothing to Declare (S) (HD)

**6.00pm** **Nothing to Declare**  
Four editions following the work of customs officers in Australia. (HD)

**8.00** **Blue Bloods 3/20 Series 12.** Frank's old friend Lenny Ross presents him with an exciting job offer. (S) (AD) (HD)

**9.00** **Coroner 1/10 Series 3** Jenny investigates the mysterious death of a care worker whose body is found in her own car. (S) (HD)

**10.00** **The Equalizer 16/18 Series 2.** Aunt Vi serves on a jury and is the only one who believes the defendant is innocent, so McCall investigates to find proof that she is correct. (S) (AD) (HD)

**11.00** **FBI 12/22 Series 1.** An alt-right supporter is murdered after giving a speech at a university. (S) (HD)

**12 midnight** FBI: Most Wanted (S) (AD) (HD) **1.00am** 9-1-1 (S) (HD) **2.00** Elementary (S) (HD) **3.00** Road Wars (S) (HD) **4.00** The Force: Manchester (S) (HD) **5.00-6.00am** Brit Cops: Law & Disorder (S) (AD)

**Sky Witness** Sky 107 Virgin 110  
BT 341/HD 356 +1 Sky 207 Virgin 163

## Sky Max



**Agatha Raisin** 8.00pm Can the detective save her friend?

**6.00am** Stargate SG-1 (S) (HD) **8.00** DC's Legends of Tomorrow (S) (AD) (HD) **9.00** Quantum Leap (S) (AD) (HD) **10.00** Supergirl (S) (HD) **11.00** NCIS: New Orleans (S) (HD) **1.00pm** Hawaii Five-0 (S) (HD) **2.00** S.W.A.T. (S) (AD) (HD) **3.00** Quantum Leap: Sam becomes a private eye (S) (HD) **4.00** DC's Legends of Tomorrow (S) (AD) (HD) **5.00** Supergirl (S) (HD)

**6.00pm** **Stargate SG-1 12/22 Series 2.** Samantha's father becomes a Tok'ra host. (S) **7.00** **13/22.** Mysterious spirits foil plans to mine a planet populated by Coast Salish Indian. (S)

**8.00** **Agatha Raisin 3/4 Series 3** James vanishes after a blazing row with Agatha. (S) (AD) (HD)

**10.00** **A League of Their Own Road Trip: Dingle to Dover 5/6.** Previously unseen moments from the show. (S) (AD) (HD)

**11.00** **Fantasy Football League Ep 2 Series 2.** With guests Maisie Adam and Mo Farah. (HD)

**11.35** **The Force: North East 9/10 Series 6.** New homeowners get a shock when they discover a cannabis farm in their loft. (S) (HD) **12.30am** Road Wars (S) (HD) **2.00** The Force: North East (S) (HD) **3.00** Hawaii Five-0 (S) (HD) **4.00** S.W.A.T. (S) (AD) (HD) **5.00-6.00am** Highway Patrol: double bill (S)

**Sky Max** Sky 113 (Wales 114) Virgin 111  
BT 346/HD 361

## Sky Replay

**7.00am** Sixth Sense with Colin Fry (S) **8.00** Four Weddings (S) **10.00** Paramedics: Australia (S) **11.00** Road Wars (S) **12 noon** Highway Patrol (S) **1.00pm** Air Ambulance ER (S) **2.00** The Librarians (S) **4.00** V (S) **6.00pm** Most Haunted: double bill. The team explores a secret nuclear bunker, then a haunted house in the Welsh hills (S) **8.00** Road Wars: a drug dealer tries to escape being searched (S) **9.00** Jamestown: the Rutters hatch a moneymaking scheme (S) (AD) **10.00** S.W.A.T.: the team's armoured vehicle is stolen (S) **11.00** NCIS: Los Angeles (S) **12 midnight** Air Ambulance ER (S) **1.00am** Motorway Patrol: two editions (S) **2.00** A League of Their Own Road Trip: Dingle to Dover (S) (AD) **3.00** Duck Quacks Don't Echo: double bill (S) (AD) **4.00** Four Weddings (S) **5.00-6.00am** Sixth Sense with Colin Fry (S)

**Sky Replay** Sky 152 Virgin 156

## Sky Crime

**6.00am** Highway Patrol (S) **7.00** Motorway Patrol (S) **8.00** Highway Cops (S) **9.00** Nothing to Declare **10.00** Stop, Search, Seize (S) **11.00** How I Caught the Killer (S) **12 noon** The Killer Within (S) **1.00pm** Forensics (S) (AD) **2.00** Killer in My Village (S) **3.00** World's Most Evil Killers (S) (AD) **4.00** Britain's Most Evil Killers (S) **5.00** The Real Manhunter (S) **6.00** Killer in My Village (S) **7.00** World's Most Evil Killers (S) (AD) **8.00** Britain's Most Evil Killers (S) **9.00** Mark of a Serial Killer (S) **10.00** Forensics (S) **11.00** World's Most Evil Killers (S) (AD) **12 midnight** Forensics (S) (AD) **1.00am** When Life Means Life (S) (AD) **2.00** Killer in My Village (S) **3.00** The Killer Within (S) **4.00** 911 Crisis Centre (S) **5.00-6.00am** Motorway Patrol (S)

**Sky Crime** Sky 122 Virgin 121  
BT 349/HD 364 +1 Sky 222 Virgin 164

## Gold



**Not Going Out** 9.50pm Tim and Lee come up with a plan

**7.35am** The Fosters (S) **8.00** Keeping Up Appearances (S) (AD) **8.40** My Hero (S) **9.20** Are You Being Served? (S) **10.00** Porridge (S) **10.40** Last of the Summer Wine (S) **12 noon** Keeping Up Appearances (S) (AD) **12.40pm** My Hero (S) **1.20** Dad's Army: the Lost Episodes (S) (AD) (HD) **2.00** Porridge (S) **2.35** Are You Being Served? (S) **3.20** Last of the Summer Wine (S) **4.40** Dad's Army: the Lost Episodes (S) (AD) (HD) **5.20** Keeping Up Appearances (S) (AD)

**6.00pm** **Are You Being Served?** Captain Peacock has a boil. (S)

**6.40** **Dad's Army: the Lost Episodes** A bomb falls through the church hall's roof. (S) (AD) (HD)

**7.20** **Dad's Army** The platoon acquires an armoured car. (S)

**8.00** **Only Fools and Horses** Rodney's marriage continues to deteriorate. (S) (AD)

**9.10** **Bottom** Richie and Eddie become trapped. (S) (AD)

**9.50** **Not Going Out** Lee and Tim befriend a lesbian couple. (S) (HD)

**10.25** **Live at the Apollo** Sarah Milligan hosts. (S) (HD)

**11.30** **Upstart Crow** (S) (AD) (HD)

**12.50am** Only Fools and Horses (S) (AD) **2.00** Bottom (S) (AD) **2.40** French and Saunders (S) **3.10-4.00am** Hold the Sunset (S) (AD) (HD)

**Gold** Sky 110 (Wales 111) Virgin 124  
BT 344/HD 359 +1 Sky 210 (Wales 211) Virgin 194

## Sky Comedy

**8.00am** Futurama (S) (HD) **9.00** Everybody Hates Chris (S) (HD) **10.00** Sex and the City (S) (HD) **11.15** House of Lies (S) (HD) **12.30pm** The Fresh Prince of Bel-Air (S) (HD) **1.30** Modern Family (S) (HD) **2.30** The Office US (S) (HD) **3.00** Will & Grace (S) (AD) (HD) **4.00** The Conners (S) (HD) **4.30** Futurama (S) (AD) **5.00** The Office US (S) (HD) **5.30** The Fresh Prince of Bel-Air (S) (HD) **6.30pm** Futurama (S) (HD) **7.30** The Office US (S) (HD) **8.00** **New.** The Conners: Darlene gets a new job (S) (HD) **8.30** The Office US (S) (HD) **9.00** Black Monday (S) (AD) (HD) **11.00** **New.** Real Time with Bill Maher (HD) **12.10am** Sex and the City (S) (HD) **1.20** Veep (S) (AD) (HD) **2.30** Camping (S) (AD) (HD) **3.30** Sex and the City: Trey upsets Charlotte (S) (HD) **4.05-5.00am** Everybody Hates Chris (S) (HD)

**Sky Comedy** Sky 114 (Wales 115)  
Virgin 112 BT 347/HD 362

## Comedy Central

**8.00am** My Wife and Kids (S) (HD) **9.00** The Middle (S) (HD) **10.00** Last Man Standing (S) (HD) **11.00** Friends (S) (AD) (HD) **9.00pm** Guessable?: with Nish Kumar, Kiri Pritchard-Mclean, Amy Giedhill and Dan Tiernan (S) **10.00** Rhod Gilbert's Growing Pains: with Prue Leith, Chris McAusland and Mevin Odoom (S) (HD) **11.00** Drunk History: British comedy stars offer a drunken version of revisionist history (S) (HD) **11.30** Jimmy Carr: Comedy Central Live (S) **12 midnight** The Ricky Gervais Show (S) (HD) **12.30am** South Park (S) (HD) **2.30** The Ren & Stimpy Show (S) **3.00** Beavis and Butt-Head **3.20** Ugly Americans (S) (HD) **4.10-5.00am** Friends: two episodes (S) (AD) (HD)

**Comedy Central** Sky 112 (Wales 113)  
Virgin 181/HD 132 BT 345/HD 360  
+1 Sky 122 (Wales 213) Virgin 133

## Alibi



**Without a Trace** 6.00pm Jack investigates a kidnapping

**7.10am** Murdoch Mysteries (S) (HD) **9.00** Hudson & Rex (S) (AD) (HD) **10.00** Unforgettable (S) (HD) **11.00** Person of Interest (HD) **12 noon** Major Crimes (S) (HD) **1.00pm** Death in Paradise (S) (AD) (HD) **2.00** Murdoch Mysteries (S) (HD) **4.00** Hudson & Rex (S) (AD) (HD) **5.00** Unforgettable (S) (HD)

**6.00pm** **Without a Trace**  
**23/24 Series 2.** A teenager believes she was kidnapped. (HD)

**7.00** **Person of Interest 3/22 Series 2.** The Machine picks the social security number of Sofia Campos, the daughter of a Brazilian diplomat. (HD)

**8.00** **Death in Paradise 2/8 Series 4.** A surf-school owner is shot dead in his workshop and Humphrey notes the door was locked from the inside with no other obvious means of entry. (S) (AD) (HD)

**9.00** **3/8.** The president of the local military re-enactment society dies mid-battle. (S) (AD) (HD)

**10.00** **Murdoch Mysteries 15/24 Series 15.** Harry is visiting from boarding school when William and Julia are abducted. (S) (HD)

**11.00** **Without a Trace** As 6pm.

**12 midnight** Hudson & Rex (S) (AD) (HD) **1.00am** Major Crimes (S) (HD) **2.00-4.00am** Why Women Kill: double bill (S) (AD) (HD)

**Alibi** Sky 109 (Wales 110) Virgin 126  
BT 343/HD 358 +1 Sky 209 (Wales 210) Virgin 191

## Discovery

**6.00am** Wheeler Dealers (S) (AD) (HD) **7.00** Deadliest Catch (S) (HD) **8.00** Alaska: Homestead Rescue (S) (HD) **9.00** Railroad Alaska (S) (HD) **10.00** How Do They Do It? (S) (HD) **11.00** Wheeler Dealers: Dream Car (S) (HD) **12 noon** Salvage Hunters (S) (HD) **1.00pm** Gold Rush (S) (HD) **3.00** Building Off the Grid (S) (HD) **4.00** Alaska: Homestead Rescue (S) (HD) **5.00** Wheeler Dealers (S) (HD) **6.00** Salvage Hunters (S) (AD) (HD) **7.00** Kindig Customs (S) (HD) **8.00** Outback Truckers (S) (HD) **9.00** **New.** Bitchin' Rides: boosting the power of a 1955 Nomad (HD) **10.00** **New.** Diesel Brothers (S) (HD) **11.00** Naked and Afraid (S) (HD) **12 midnight** Combat Dealers (S) (HD) **1.00am** Bitchin' Rides (S) (HD) **2.00** Diesel Brothers (S) (HD) **3.00** Moonshiners (S) (HD) **4.00-5.00am** Wheeler Dealers (S) (AD) (HD)

**Discovery** Sky 125 Virgin 250 BT 320/HD 325  
+1 Sky 225 Virgin 258

## Discovery History

**6.00am** Nasa's Unexplained Files (S) **7.00** How the Universe Works **8.00** Ultimate Warfare (S) **9.00** Combat Dealers (S) (AD) **10.00** Unexplained and Unexplored (S) **11.00** The Somme: the First 24 Hours (S) **12 noon** Nasa's Unexplained Files (S) **1.00pm** Expedition Unknown **2.00** Greatest Events of World War II (S) **3.00** Blowing Up History (S) **4.00** Mysteries at the Museum **5.00** Ultimate Warfare (S) **6.00** How the Universe Works **7.00** Expedition Unknown **8.00** Combat Dealers (S) (AD) **9.00** UFO Witness (S) **10.00** How the Universe Works (S) **11.00** Treasures of the Terracotta Army (S) (AD) **12 midnight** Combat Dealers: Reloaded (S) **1.00am** Combat Dealers (S) (AD) **2.00** UFO Witness (S) **3.00** as 2pm **4.00-5.00am** Blowing Up History (S)

**Discovery History** Sky 177 Virgin 257  
+1 Sky 277 Virgin 261



## Sky Documentaries



**Jackie Stewart** 9.00pm The life of the Formula One great

**6.00am** Harrow: a Very British School (S) (AD) **7.00** Discovering: Sophia Loren (S) (AD) **8.00** The Directors (S) **9.00** The Story of Late Night (S) (HD) **10.00** The Movies (S) (HD) **11.00** McMillion\$ (S) (AD) **12 noon** **FILM** You Cannot Kill David Arquette ★★★★★ A look at the actor's return to wrestling (S) (AD) **1.50pm** My Icon: Anthony Joshua (S) (AD) **2.00** Michael X: Hustler, Revolutionary, Outlaw (S) **4.00** The Directors (S) **5.00** Discovering: Sophia Loren (S) (AD)

**6.00pm** **The Story of Late Night** How talk shows embraced topical comedy and more diverse hosts in the 2000s. (S) (HD)

**7.00** **The Movies** The history of cinema through the 1970s. (S) (HD)

**8.00** **McMillion\$** A cop-turned-security auditor who rigged the McDonald's Monopoly game. (S) (AD)

**9.00** **Jackie Stewart** A profile of Formula One great Jackie Stewart, from his humble beginnings outside Glasgow to winning three World Drivers' Championships. (S)

**10.50** **Bo66y** ★★★★★ A portrait of ex-England football captain Bobby Moore. (S) (AD) (W)

**12.50am** The Scheme (S) **3.10** **FILM** You Cannot Kill David Arquette ★★★★★ (S) (AD) (W) **5.00–6.00am** Discovering: Sophia Loren (S) (AD)

**Sky Documentaries Sky 121**  
Virgin 277 BT 352/HD 367

## Nat Geographic

**8.00am** Food Factory (S) (HD) **9.00** Air Crash Investigation (S) (HD) **10.00** Car SOS (S) (AD) (HD) **11.00** Ice Road Rescue (HD) **12 noon** Nazi Megastructures (S) (HD) **1.00pm** Ancient X Files (S) (HD) **2.00** Atomic Ghost Fleet: Drain the Oceans (S) (AD) (HD) **3.00** Bloody Tales of the Tower (S) (AD) (HD) **6.00** Lost Treasures of Egypt (HD) **7.00** Air Crash Investigation (S) (HD) **8.00** **New.** To Catch a Smuggler (HD) **9.00** **New series.** Air Crash Investigation: a look at the deadliest single aircraft accident in history (S) (AD) (HD) **10.00** New Air Force One: Flying Fortress (HD) **11.00** Air Crash Investigation (HD) **12 midnight** Banged Up Abroad (S) (HD) **1.00am** Drugs Inc (HD) **2.00** Money Meltdown (HD) **2.30** Food Factory (S) (HD) **4.10** When Sharks Attack (HD) **4.35–5.00am** Dog Impossible: New Leash (HD)

**Nat Geographic Sky 129** Virgin 266  
+1 Sky 229 Virgin 267

## Sky History

**6.00am** Forged in Fire (HD) **7.00** Storage Wars (HD) **8.00** American Pickers (HD) **9.00** Pawn Stars (HD) **10.00** Salvage Kings (HD) **11.00** Walking through History (HD) **12 noon** Mountain Men (HD) **1.00pm** Secrets in the Ice (HD) **2.00** Ancient Aliens (HD) **3.00** Deep Water Salvage (HD) **4.00** Storage Wars (HD) **5.00** Pawn Stars (HD) **6.00** American Pickers (HD) **7.00** Forged in Fire (HD) **8.00** **New.** Storage Wars (HD) **9.00** **New.** Strangest Things (HD) **10.00** **New.** Bermuda Triangle: into Cursed Waters (HD) **11.00** Egypt's Unexplained Files (HD) **12 midnight** Hitler's Secret Bomb (HD) **1.00am** Storage Wars (HD) **2.00** Walking through History (HD) **3.00** Storage Wars (HD) **4.00** Secrets in the Ice (HD) **5.00–6.00am** Ancient Aliens (HD)

**Sky History Sky 123** Virgin 270  
BT 353/HD 368 +1 Sky 223 Virgin 271

## Sky Nature



**Arabian Inferno** 10.00pm Camels enjoy the rainfall

**6.00am** Volcanic Odysseys (S) (HD) **7.00** Monkey Life (S) (HD) **8.00** Baby Animals (S) (HD) **9.00** Gangs of Baboon Falls (S) (HD) **10.00** Nomads of the Serengeti (S) **11.00** Arabian Inferno (S) (HD) **12 noon** Hope for Wildlife (S) (HD) **1.00pm** Monkey Life (S) (HD) **2.00** Baby Animals (S) (HD) **3.00** Gangs of Baboon Falls (S) (HD) **4.00** Nomads of the Serengeti (S) (HD) **5.00** Arabian Inferno (S) (HD)

**6.00pm** **Hope for Wildlife** The team encounters the last animal of a species. (S) (HD)

**7.00** **Monkey Life** Capuchin Diez requires emergency surgery. (S) **7.30** Alison heads to Liverpool to rescue a baby marmoset. (S)

**8.00** **David Attenborough's Wild City** David examines the wildlife of Singapore. (S) (AD)

**9.00** **America's Wild Seasons** Spring brings warmth and renewal across the continent. (S) (AD) (HD)

**10.00** **Arabian Inferno** How rainfall turns a region of the Arabian landscape into a lush paradise. (S) (HD)

**11.00** **Hope for Wildlife** As 6pm. **12 midnight** Living Volcanos (S) (HD)

**1.00am** Extreme Snakes: Australia (S) (HD) **2.00** David Attenborough's Wild City (S) (AD) **3.00** America's Wild Seasons (S) (AD) (HD) **4.00** Baby Animals (S) (HD) **5.00–6.00am** Gangs of Baboon Falls (S) (HD)

**Sky Nature Sky 124** Virgin 278  
BT 354/HD 369

## Eden

**9.00am** Rescued Chimpanzees of the Congo with Jane Goodall (HD) **10.00** Conquerors (HD) **11.00** as 6pm **12 noon** China's Ten Deadliest Snakes with Nigel Marven (HD) **1.00pm** Secrets of the Solar System (HD) **2.00** as 8pm **3.00** Equator: the Line of Life (HD) **4.00** as 9pm **5.00** Conquerors (HD) **6.00** David Attenborough's Natural Curiosities (AD) (HD) **7.00** Secrets of the Solar System (HD) **8.00** Rescued Chimpanzees of the Congo with Jane Goodall (HD) **9.00** Wild Colombia with Nigel Marven (AD) (HD) **10.00** David Attenborough's Natural Curiosities (AD) (HD) **11.00** Conquerors (HD) **12 midnight** as 7pm **1.00am** as 8pm **2.00** Conquerors (HD) **3.00** David Attenborough's Natural Curiosities (AD) (HD) **4.00** as 9pm **4.40** as 7pm **5.30–6.00am** David Attenborough's Natural Curiosities (AD) (HD)

**Eden Sky 166** Virgin HD 245  
+1 Sky 266 Virgin 246

## Animal Planet

**8.00am** Animal Cribbs (S) (HD) **9.00** Dodo Heroes (S) (HD) **10.00** Dogs 101 (S) (HD) **11.00** Alaska: Homestead Rescue (S) (HD) **12 noon** Animal Cribbs (S) (HD) **1.00pm** Dodo Heroes (S) (HD) **2.00** Animal Cribbs (S) (HD) **3.00** Dodo Heroes (S) (HD) **4.00** Dogs 101 (S) (HD) **5.00** Alaska: Homestead Rescue (S) (HD) **6.00** Animal Cribbs (S) (HD) **7.00** Dodo Heroes (S) (AD) (HD) **8.00** Killer Whales **9.00** Man-Eating Super Squid: tales of a monstrous killer squid (S) (HD) **10.00** Alaskan Bush People (S) (HD) **11.00** Coyote Peterson: Brave the Wild (S) (HD) **12 midnight** Tanked (S) (HD) **1.00am** Alaskan Bush People (S) (HD) **2.00** Dogs 101 (S) (HD) **3.00** Alaska: Homestead Rescue (S) (HD) **4.00–5.00am** Animal Cribbs (S) (HD)

**Animal Planet Sky 162** (NI 178) Virgin 251  
+1 Sky 262 (NI 278) Virgin 259

## SPORT

### Sky Main Event

**Sky 401** Virgin 511/HD 501 **BT 420**/HD 440

**6.00am** Sky Sports News  
**7.00** Good Morning Sports Fans  
**10.00** The Football Show  
**11.30** Ref Watch: analysis  
**12 noon** Good Morning Football  
**3.00pm** **LIVE** **SA20 Cricket** Joburg Super Kings v MI Cape Town from Wanderers Stadium.  
**7.30** **LIVE** **Championship Football** Blackburn Rovers v Wigan Athletic at Ewood Park (ko 8.00).  
**10.30** Back Pages Tonight  
**11.00** Sky Sports News  
**1.00am** **LIVE** **NFL** Coverage of Super Bowl LVII Opening Night from Glendale, Arizona.  
**4.00–6.00am** Sky Sports News

### Sky Football

**Sky 403** Virgin 513/HD 503 **BT 422**/HD 442

**6.00am** Classic Play-Off Finals (AD)  
**9.00** Scottish Premiership Round-Up  
**9.15** Scottish Premiership Highlights  
**9.30** EFL Greatest Games (AD)  
**10.00** League Cup Retro  
**12 noon** Championship Highlights  
**1.00pm** League One and Two Goals  
**1.30** Championship Highlights **2.30** Women's Super League Highlights  
**3.30** Championship Highlights **4.30** League One and Two Goals **5.00** Women's Super League Highlights  
**6.00** Soccer AM: the Best Bits  
**6.30** German Football: round-up  
**7.30** **LIVE** **Championship Football** Blackburn Rovers v Wigan Athletic at Ewood Park (ko 8.00).  
**10.30** Scottish Premiership Round-Up  
**10.45** Scottish Premiership Highlights  
**11.00** German Football: round-up  
**12 midnight** League Cup Retro  
**1.00am** Classic Play-Off Finals  
**4.00–6.00am** Championship Retro

### Sky Golf

**Sky 405** Virgin 515/HD 505 **BT 424**/HD 444

**6.00am** PGA Tour Golf **11.30** European Tour Golf: the final day of the Ras Al Khaimah Championship  
**4.00pm** Ladies European Tour Golf  
**6.00** European Tour Golf **7.00** PGA Tour Golf **8.00** European Tour Golf  
**9.00** PGA Tour Golf **10.00** Chronicles (AD) **11.00** European Tour Golf  
**12 midnight** PGA Tour Golf **1.00am** Chronicles (AD) **2.00** European Tour Golf **3.00–6.00am** PGA Tour Golf

### Eurosport 1

**Sky 410** Virgin 521/HD 412/HD 435

**6.00am** Cycling **6.55** Ski Jumping  
**9.45** **LIVE** **Alpine Skiing** World Championships from Courchevel Méribel in France, featuring the women's combined super-G event.  
**11.30** Ski Jumping **12.30pm** Alpine Skiing **12.45** Olympics  
**1.15** **LIVE** **Alpine Skiing** World Championships from France, the women's combined slalom.  
**2.30** Alpine Skiing **3.30** Biathlon  
**4.00** Snooker **6.00** Alpine Skiing  
**7.00** **LIVE** **Fencing** The Grand Prix Series from Doha, Qatar.  
**8.00** Speed Skating **10.00** Cycling  
**12 midnight** Alpine Skiing **2.00am** Cyclo-Cross **3.00** Snooker  
**5.00–6.00am** **LIVE** **Fencing** The Grand Prix Series from Doha.

### Eurosport 2

**Sky 411** Virgin 522 **BT 413**/HD 436

**6.00am** Snooker **8.00** Formula E  
**9.00** Cycling **10.00** Snooker  
**12 noon** Australian Open Tennis  
**1.00pm** Motor Racing **2.00** British Superbikes **3.30** Olympics: World at Their Feet **4.00** Speed Skating  
**6.00** Snooker **8.00** Motor Racing  
**9.00** Speedway **10.00** Alpine Skiing  
**12 midnight** Formula E **1.00am** Cyclo-Cross **2.00** Alpine Skiing  
**4.00–6.00am** Cycling



**Championship Football** 7.30pm **Sky Football** Rovers marksman Ben Brereton Diaz

### Sky Premier League

**Sky 402** Virgin 512/HD 502 **BT 421**/HD 441

**6.00am** Greatest Games (AD) **7.00** Premier League Highlights **8.00** Best Goals **9.00** Premier League Highlights: two weekend matches **10.00** The Football Show **11.30** Ref Watch  
**12 noon** The Football Show **1.00pm** Premier League Years **3.00** Greatest Games (AD) **4.00** Best Goals (AD)  
**5.00** Premier League Highlights  
**6.00** Legends (AD) **6.30** Soccer AM  
**7.00** Review **8.00** Soccerbox **9.00** Review **10.00** Soccer AM **10.30** Retro  
**12.30am** Icons **1.00** Premier League Years (AD) **3.00** Greatest Games (AD)  
**4.00** Best Goals (AD) **5.30–6.00am** Premier League 100 Club (AD)

### Sky Cricket

**Sky 404** Virgin 514/HD 504 **BT 423**/HD 443

**6.00am** Women's T20 World Cup  
**7.00** Big Bash League Highlights  
**8.00** SA20 Cricket Highlights  
**10.00** Big Bash League Highlights  
**11.00** SA20 Cricket Highlights  
**3.00pm** **LIVE** **SA20 Cricket** Joburg Super Kings v MI Cape Town from Wanderers Stadium.  
**7.30** Best of the Women's World T20  
**8.30** Women's T20 World Cup Cricket  
**9.30** SA20 Cricket Highlights  
**10.30** Pakistan Super League  
**11.30** SA20 Cricket Highlights  
**12.25am** Best of the Women's World T20 **1.00** SA20 Cricket **5.00–6.00am** Best of the Women's World T20

### Sky NFL

**Sky 407** Virgin 517/HD 507 **BT 426**/HD 446

**6.00am** NFL: America's Game (AD)  
**7.00** Bitesize **9.00** NFL Pro Bowl  
**12 noon** Good Morning Football  
**3.00pm** Bitesize **3.30** Highlights  
**3.45** Bitesize **4.00** Highlights  
**6.00** Pro-Football Talk **8.00** NFL Pro Bowl: a full re-run of the game from Las Vegas **11.00** NFL Bitesize  
**12 midnight** Total Access  
**1.00am** **LIVE** **NFL** Coverage of Super Bowl LVII Opening Night from Glendale, Arizona.  
**4.00** Bitesize **4.15** Super Bowl LVI Highlights **4.30** Bitesize **5.00** NFL Highlights **5.15–6.00am** Bitesize

### Sky Arena

**Sky 408** Virgin 518/HD 508 **BT 427**/HD 447

**6.00am** Super League **6.45** British Basketball League **10.00** NBA  
**2.00pm** Super League (AD) **3.30** Super League: the Detail **4.00** NBA  
**6.00** Boxing **9.00** NBA: New York Knicks v Philadelphia 76ers **11.00** James Roby's Super League Story (AD) **11.45** Super League: highlights  
**12.45am** British Basketball League  
**1.30** NBA **5.00–6.00am** WNBA

### Amazon Prime

**7.00am, 11.00am** **LIVE** **WTA Tennis** The opening day of the Abu Dhabi Open from the UAE.

### BT Sport 1

**Sky 413** Virgin 527 **BT 408**/HD 430

**6.00am** ESPN FC **6.30** What Went Down (AD) **7.00** Wrestling (AD)  
**8.00** Premier League Review  
**9.00** Champions League Magazine  
**9.30** Premier League Football  
**11.00** National League Football  
**1.00pm** Premier League Review  
**2.00** French Football **3.00** Down the Clubhouse (AD) **4.00** Premier League: the Big Interview (AD)  
**4.30** Italian Football: highlights  
**5.30** **LIVE** **Italian Football** Hellas Verona v Lazio from Stadio Marcantonio Bentegodi (ko 5.30).  
**7.30** What I Wore  
**7.45** **LIVE** **Italian Football** Monza v Sampdoria at U-Power Stadium (kick-off 7.45).  
**9.45** Goals Reload **10.15** Around the Block (AD) **10.30** ESPN FC: Gab & Juls **11.00** Wrestling  
**1.00am** **LIVE** **Wrestling** WWE action from Monday Night Raw.  
**4.15** What Went Down (AD)  
**5.15** Around the Block (AD)  
**5.30–6.00am** ESPN FC: Gab & Juls

### BT Sport 2

**Sky 414** Virgin 528 **BT 409**/HD 431

**6.00am** Chip Shot Challenge  
**6.30** Joe Cole Cast **7.00** ILT20 Cricket Highlights **7.30** Badminton  
**9.30** World Rally (AD) **10.00** ESPN FC  
**10.30** Champions League Football  
**1.00pm** Champions League Magazine  
**1.30** ILT20 Cricket Highlights  
**2.00** **LIVE** **ILT20 Cricket** Sharjah Warriors v Gulf Giants from Sharjah Cricket Stadium.  
**5.45** ESPN FC Presents: Gab & Juls  
**6.15** Premier League Review **7.15** Premier League: the Big Interview (AD) **7.45** UEFA Documentaries (AD)  
**8.45** What I Wore (AD) **9.00** Fishing (AD) **10.00** World Poker Tour (AD)  
**12 midnight** **LIVE** **Basketball** Miami Hurricanes v Duke Blue Devils at Watsco Centre in Coral Gables, Florida (tip-off 12.00);  
**2.00am** Kansas Jayhawks v Texas Longhorns from Allen Fieldhouse in Lawrence, Kansas (tip-off 2.00).  
**4.00** ESPN Films: The Clemente Effect (AD) **5.30–6.00am** Champions League: Stories of the Finals (AD)

### BT Sport 3

**Sky 417** Virgin 529 **BT 410**/HD 432

**6.00am** Italian Football: highlights of seven weekend Serie A matches  
**1.00pm** BT Sport Films: Standing Firm (AD) **2.30** Champions League Football  
**6.00** Champions League Magazine  
**6.30** National League Football  
**8.30** ESPN Films: 37 Words Part 1 (AD)  
**10.30** UEFA Man in the Middle (AD)  
**2.00am** World Rally (AD)  
**3.00–6.00am** Women's International One-Day Cricket: Australia v Pakistan

### BT Sport 4

**Sky 423** Virgin 530 **BT 411**/HD 434

**6.00am** Champions League Magazine  
**6.30** National League Football **7.00** World Rally (AD) **7.30** ESPN FC **8.00** Reload **8.15** Basketball **11.45** Reload  
**12 noon** ESPN FC **12.30pm** Basketball **4.00** ESPN FC **4.30** The Ocho  
**6.30** ESPN FC: Gab & Juls **7.00** Gymnastics **8.30** ESPN FC: Gab & Juls  
**9.00** French Football **10.00** UFC  
**1.00am** BT Sport Reload (AD) **1.15** Down the Clubhouse (AD) **3.15** 30 for 30 Shorts (AD) **3.45** BT Sport Goals Reload **4.15–6.00am** Basketball

### Viaplay Sports

**7.45pm** **LIVE** **Championship Rugby League** Keighley Cougars v Featherstone Rovers at Cougar Park (kick-off 7.45).  
**8.00** **LIVE** **Spanish Football** Rayo Vallecano v Almería, a La Liga match (kick-off 8.00).



# Tuesday

## DOCUMENTARY

## The Shamima Begum Story

9.00pm **BBC2**

Catch up via iPlayer

Anytime someone is demonised in the press it's worth digging deeper for the real story, and there's been no more divisive figure in recent years than Shamima Begum.

At 15, Begum ran away with two friends from London to join the terror group IS. Four years later, pregnant with her third child, Begum emerged from the ashes of the so-called caliphate desperate to come home. But she showed little remorse, and the British Government decided she remains a threat. They took away her citizenship, leaving her in a Syrian prison camp where she now lives.

Her lawyers claim she is a victim of trafficking and should be allowed to return to the UK. Her detractors remain unconvinced. Here, for the first time, Begum gives her account of what happened over the past eight years to investigative journalist Josh Baker.

Whatever you think of Begum it's a formidable piece of reporting – Baker has been following Begum's story since the day she left the UK, trying to understand what really happened.

BENJI WILSON

**CITIZEN SHAMIMA**  
Begum has lived in a Syrian prison camp for eight years



## SOAP

## Emmerdale

7.30pm **ITV1** Catch up via ITVX

Poor Paddy – it must seem like everywhere he turns, there's a woman with whom he's had a failed relationship. In one direction, there's Mandy. In another, we have Rhona. And, at the Woolpack, he's currently still living under the same roof as Chas, despite recently splitting from her after discovering she'd been cheating on him with Al. Prior to Al getting shot to death, obviously.

Now, though, with Paddy looking bereft, he's set to catch the attention of the first significant other we mentioned here: Mandy. Yes, the Padster is going to pinball back into the orbit of Wife Number One. As a vet, you'd have thought he'd have at least considered getting neutered, if only to avoid the inevitable heartache. **DAVID BROWN**

## FACTUAL

## Spring Walks

7.30pm **BBC4** Catch up via iPlayer

In today's heavenly half-hour, actor Nina Wadia visits Swaledale in the Yorkshire Dales. The occasional drone shot reveals cloud shadows creeping over the bright-green valley, but it's not all about looking up. Wadia stoops to find red clover amid the sea of hay-meadow yellow. There is some inward-looking, too: "How have I been a city girl for so long when I love this?"

There are chuckles along the way, especially during a surreal dialectal exchange with a villager, as well as reflections on faith and family.

Despite some sadness that she shares with us, Wadia will strike you as a very "up" person. But then, as she concludes, "Nature encourages you to be positive." One can only hope that BBC4 have more *Spring Walks* on the horizon. **MARK BRAXTON**

## FOOD

## Great British Menu

8.00pm **BBC2** Catch up via iPlayer

From the pre-titles teaser we know that Michael O'Hare wants to award one chef from the South West region 11 out of ten for their dish. It bodes very well for the standard of cooking. It's also worth noting that Tom Kerridge is missing from the judges' chamber because he's the boss of one of the competitors, Nick Beardshaw.

While we at home can't taste the food served, we can appreciate the theatricality of the presentations, some of which make Andi Oliver and O'Hare squeal with laughter. Animation and illustration are being celebrated at this year's banquet, so inspiration comes from Thomas the Tank Engine, the Wombles and the Gruffalo. **JANE RACKHAM**  
*Andi Oliver's Viewpoint: page 11*

## HEALTH

## Know Your S\*\*t: Inside Our Guts

8.00pm **C4** Catch up via All 4

It may look twee and "cheeky" on the surface, but this fundamentally serious endeavour provides helpful advice for anyone struggling with digestive conditions. Healthy bowels, healthy mind, is the overall message.

During the latest chapter of their gastrointestinal odyssey, twins Alana and Lisa see a middle-aged man with a hiatus hernia, a businesswoman whose social life has been ruined by gut problems, and two young women with Crohn's disease. As always, they receive expert professional assistance from a dietician and a gastroenterologist. The admirable candour of these patients should hopefully encourage anyone else dealing with similar issues to consult their own doctors. **PAUL WHITELAW**



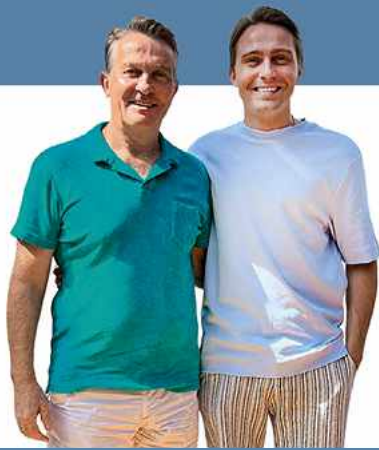
## ALSO ON TODAY

### Storyville: Navalny

10.00pm **BBC4**  
Oscar-nominated documentary about the attempts to silence the Russian politician Alexei Navalny.

### Bradley and Barney Walsh: Breaking Dad

9.00pm **ITV1**  
The father-son duo continue their travels with a trip into a Costa Rican cloud forest.



### Girl, Taken

10.00pm **Channel 5**  
Documentary detailing the story of Zephany Nurse, a newborn baby who was abducted from a hospital in Cape Town in 1997.

## DOCUMENTARY

### Ben Fogle: New Lives in the Wild

9.00pm **Channel 5**  
Catch up via My5  
"The best way to describe Pirate Rob is edgy... I'd better be on my best behaviour." Ben Fogle's come to Oregon to spend time with the dreadlocked "bum" he first met ruling the roost in California's Slab City. But Rob, who's essentially a modern nomad, also lives in a tent on an island in the middle of a river, overlooked by factories, with his teenage son Damien (and chihuahua Lucifer...). It's a hand-to-mouth existence – Rob makes money by reclaiming cash on empty tin cans – but Fogle has to put his own attitudes aside to get to know this weed-loving dad whose entire concern is for his son's wellbeing. **GILL CRAWFORD**

## DRAMA

### Consent

10.00pm **C4** Catch up via All 4  
Two high-achieving 18-year-olds (Tom Victor and Lashay Anderson) attend an elite private school. He's rich and privileged while she's there on a bursary. While drunk at a party, they have sex. He says it was consensual, she says she'd passed out. We don't see what really happened until the very end but, mindful of its reputation, the school wants to keep the matter quiet.  
This thought-provoking drama graphically depicts lad culture and peer pressure: girls are "gagging for it", watching porn is commonplace, sexual bragging is the norm and lines of consent are dangerously blurred.  
It's horrible to watch but it deserves a wider audience than it will probably get. **JR**

## FOOD

### Big Zuu's Big Eats

10.00pm, 10.30pm **BBC3**  
Catch up via iPlayer  
Grime artist Big Zuu is a gifted self-taught chef with recipes to spare. He's also a funny and gregarious man, hence this affable series in which he cooks for comedians. His guests in tonight's double-bill, originally shown on Dave, are Josh Widdicombe and London Hughes. Flanked by his deadpan sidekicks, Zuu visits vegetarian Widdicombe on the Isle of Man – and a dramatic round of spicy pizza Russian roulette ensues. Meanwhile, in a fancy Soho hotel, Zuu and carnivore Hughes trade food-based double entendres. But that's just a playful starter: his bespoke menu of jerk chicken tacos, saucy steak and flaming macaroni cheese is the headline act. **PW**



**PLANT REMEDY?**  
Professor Alice Roberts looks at the treatments given to Charles II in his final days

## HISTORY

### Royal Autopsy

9.00pm **Sky History**  
Catch up via Sky Go/Now  
There's a disclaimer at the start of this two-part series in which Professor Alice Roberts and forensic pathologist Brett Lockyer re-examine the deaths of two of our most famous monarchs – "...and not for the faint-hearted". And sure enough, as you watch Lockyer sawing through a brain or digging around kidneys, you'll be feeling as poorly as Charles II did before his death in February 1685.  
His doctors (or frankly quacks) threw everything they had at the ailing monarch, from poisonous herbs to branding to "spirit of human skull". But the 17th century was not a good time to be sick. Mark Wingett plays Charles in anachronistic reconstructions, but Lockyer's suggestions as to Charles's actual cause of death make more sense than what these Restoration medics could come up with. Next week: Elizabeth I. **GC** See feature: p26

## LIVE SPORT



**Serie A Football**  
**Salernitana v Juventus**  
7.30pm (k/o 7.45pm) **BT Sport 1**  
After Juventus were docked points, Ángel Di María (above) is one of those trying to get the team back on track.

**Skiing: World Championships**  
9.45am, 1.15pm **Eurosport 1**  
Further action from Courchevel and Méribel in the French Alps.

**T20 Cricket**  
**Pretoria Capitals v Paarl Royals**  
3.00pm **Sky Cricket/ME**  
South African T20 action from Centurion.

## FILM OF THE DAY



**Film Stars Don't Die in Liverpool ★★★★★** **15**  
11.15pm **BBC2**  
This perfectly pitched romantic drama charts the tragically brief relationship between an aspiring Liverpool actor (Jamie Bell) and faded Hollywood star Gloria Grahame (Annette Bening), whose arrival in England heralds her drastic physical decline. (2017)

**FILM REVIEWS page 77**



# TUESDAY Main Channels

## DAYTIME

### BBC1

**6.00am Breakfast** Jon Kay, Sally Nugent. (S) (HD)  
**9.15 Morning Live** Topical magazine show, presented by Gethin Jones and Sam Quek. (S) (HD)  
**10.00 24/7 Pet Hospital** A labrador has kidney problems and the hospital hosts an open day, but an emergency arises as the first visitors arrive. (S) (AD) (HD)  
**10.30 Claimed and Shamed** A fast-food fight leaves a woman convinced she has a major claim. (S) (HD)  
**11.15 Homes under the Hammer** Properties about to be auctioned in Manchester, Liverpool and Stoke-on-Trent. Repeated tomorrow 6.15am BBC2 (S) (HD)  
**12.15pm Bargain Hunt** Two teams look for items of value in Grantham town centre, Lincolnshire. (R) (S) (AD) (HD)  
**1.00 BBC News Regional News; Weather** (S) (HD)  
**1.45 Doctors** Rich decides to have some fun when he and Kirsty get an unexpected visitor. (S) (AD) (HD)  
**2.15 The Farmers' Country Showdown** Two farming couples compete with their Dutch spotted sheep at the Royal Cheshire Country Show. (R) (S) (HD)  
**3.00-3.45 Escape to the Country** Steve Brown helps a couple who recently returned from Bermuda look for a home in Northamptonshire. (R) (S) (AD) (HD)

### BBC2

**6.30am Bargain Hunt** Two teams buy items to sell for profit at auction. Shown yesterday 12.15pm BBC1 (S) (AD) (HD)  
**7.15 Britain in Bloom** Chris Bavin meets members of the community of Breaston in Derbyshire. (R) (S) (HD)  
**8.00-9.00 Sign Zone** The *Hairy Bikers Go Local 3/8* The duo search for local ingredients for Charles, who runs two restaurants in a Cotswold village. (R) (S) (AD) (HD)  
**9.00 BBC News** (S) (HD)  
**12.15pm Politics Live** News from Westminster. (S) (HD)  
**1.00 Hardball** Quiz with Ore Oduba. (R) (S) (HD)  
**1.45 Eggheads** Jeremy Vine hosts the quiz. (R) (S) (HD)  
**2.15 Britain in Bloom** Chris Bavin meets members of the community of Breaston in Derbyshire. (R) (S) (HD)  
**2.45 Celebrity Antiques Road Trip** *Hollyoaks* stars Will Mellor and Nick Pickard take part. (R) (S) (HD)  
**3.45 My Unique B&B** Simon Parfett and team visit Devon to meet Lucy and Rob, who are setting up a B&B in a 1970s airstream from the USA. (R) (S) (AD) (HD)  
**4.30-5.15 Saved and Remade** A vintage car and a cake stand are among the objects transformed. (R) (S) (HD)

### ITV1

**6.00am Good Morning Britain** (S) (HD)  
**9.00 Lorraine** Guests, gossip and more. (S) (HD)  
**10.00 This Morning** Celebrity interviews, fashion and lifestyle advice. Including *Regional Weather* (S) (HD)  
**12.30pm Loose Women** Fortright opinions. (S) (HD)  
**1.30 ITV Lunchtime News Regional News; Weather** (S) (HD)  
**2.00 Dickinson's Real Deal** David and his dealers visit Coventry, where Helen Gardiner tries to keep a rifle deal on target and Stewart Hofgartner takes a swing at a set of vintage golf clubs. (R) (S) (AD) (HD)  
**3.00-4.00 Lingo** Charlie and Gina, Jim and Anne, and Trevor and Isabel attempt to solve the Lingo grids in the fast-moving battle of words presented by Adil Ray. (R) (S) (HD) Followed by *Regional Weather*

### Channel 4

**6.10am Countdown** Justin Moorhouse guests. (R) (S) (HD)  
**6.50 3rd Rock from the Sun** Double bill. (R) (S) (AD)  
**7.40 The King of Queens** Three episodes. (R) (S) (AD) (HD)  
**9.00 Frasier** Triple bill of the US sitcom. (R) (S) (AD)  
**10.25 Undercover Boss USA** Jeff Platt, the president and CEO of entertainment and fitness business Sky Zone, goes under cover. (R) (S) (HD) **11.25 News** (S) (HD)  
**11.30 Sarah Beeny's New Life in the Country** The family plant 1,000 young trees they have bought to improve the biodiversity on the farm. (R) (S) (AD) (HD)  
**12.30pm Steph's Packed Lunch** Celebrity guests, recipes, real-life features and consumer stories. (S) (HD)  
**2.10 Countdown** With guest Jo Brand. (S) (HD)  
**3.00 A Place in the Sun** Ben Hillman helps Andre and Steve find their dream home in Portugal. (S) (HD)  
**4.00-5.00 A New Life in the Sun** The bills are piling up in Spain, and the holiday hosts in France are feeling the pinch too. Repeated 6pm 4seven (S) (HD)

## BBC1

1

**Pretty Little Liars: Original Sin** 11.10pm Tabby (Chandler Kinney) is pushed towards a new suspect



### FA CUP FOOTBALL

If an FA Cup fourth-round replay is shown on Wednesday, the following schedule will change

### 3.45pm The Repair Shop

Jay Blades and team restore a soft toy, a battered sea cadet's drum and a wooden church pew.  
 Director Rich Merritt; Series producer Paula Fasht (R) (S) (AD) (HD)  
**RT TRAVEL** Join *The Repair Shop's* Jay Blades and actor Ross Kemp for a "TV Talent" cruise to Spain, Portugal and Guernsey; page 135

### 4.30 Bridge of Lies

Dona, Colin, Alicia and Amy, a family team of four, compete for cash on the quiz show. Ross Kemp hosts.  
 Director John Smith; Series producer Nick Gunaydin  
 Repeated tomorrow 7.15am BBC2 (S) (HD)

### 5.15 Pointless

Presenter Alexander Armstrong is joined by Alex Brooker, his latest co-host on the quiz show.  
 Director John Spencer; Series producer Laura Turner (S) (HD)

### 6.00 BBC News Weather

### 6.30 Regional news magazines

### 7.00 The One Show

Presented by Jermaine Jenas and Lauren Laverne.  
 Editor Joanne Vaughan-Jones (S) (HD)

### 7.30 FA Cup Match of the Day Live

Coverage of a fourth-round replay, as the teams battle it out for a place in the last 16. Replays were last held at this stage of the competition in the 2019/20 campaign, when the closest there was to an upset was at Kassam Stadium, where Oxford United forced extra time against Newcastle United, but the Magpies eventually prevailed 3-2. (S) (HD)

In the event of extra time/penalties, subsequent programmes may run late or change

### 10.00 BBC News Regional News; Weather

### 10.40 ALL EXCEPT NORTH WEST Bad Education

**4/6 Series 4. Trailblazer.** After Class K make Stephen feel old and irrelevant on his birthday, he goes to ridiculous lengths to prove he is still a trailblazer. A box set of previous series is on iPlayer.

Stephen Carmichael	Layton Williams	Fraser	Matthew Horne
Inchez	Anthony J Abraham	Harrison	Bobby Johnson
Blessing Warren	Francesca Amewudah-Rivers	Jinx	Laura Marcus
Usma	Ali Hadji-Heshmati	Hoburn	Vicki Pepperdine
	Asha Hassan	Mitchell	Charlie Wernham

Writers Laura Smyth, Priya Hall and Leila Navabi; Director Freddy Syborn  
 Producer Arnold Widdowson Shown Sunday 10pm BBC3 (S) (AD) (HD)

### NORTH WEST Eurovision Song Contest: Handover Ceremony and Draw

Rylan and AJ Odudu host the Eurovision Song Contest semi-final draw and official city handover to Liverpool.  
 Director Ollie Bartlett; Series producer Delia Williams  
 Shown last Tuesday BBC2 (S) (HD)

### 11.10 Pretty Little Liars: Original Sin

**9/10. Dead and Buried.** Despite coming clean about A, the friends find their troubles are far from over. (S) (HD)  
**12 midnight 10/10. Final Girls.** As A doubles down, the liars quickly try to uncover the link between Angela Waters's death, their mothers and their mysterious foe. The whole series is available on iPlayer. (S) (HD)

Imogen Adams	Bailee Madison	Karen Beasley/Kelly Beasley
Tabitha "Tabby" Haworth	Chandler Kinney	Mallory Bechtel
Faran Bryant	Zaria	Sharon Leal
Minnie "Mouse" Honrada	Malia Pyles	Elena Goode
Noa Olivar	Mala Reflicco	Eric Johnson

**12.50am Michael McIntyre's Big Show 4/6 Series 6.** Lewis Capaldi is among the guests at London's Theatre Royal, Drury Lane. See choice, p40. Shown Saturday 6.50pm (S) (HD)  
**1.50 Weather for the Week Ahead** (S) (HD)  
**1.55-6.00am BBC News** (S) (HD)

BBC1 Freeview 1/HD 101 Freesat 101/HD 106 Sky 101 Virgin 101

## BBC2

2

### The Shamima Begum Story

9.00pm The 23-year-old gives an account of her life in Syria



### 5.15pm Flog It!

A 1950s aquarium lighter and collectable film posters are valued at Longleat, Wiltshire. (R) (S) (HD)

### 6.00 Richard Osman's House of Games

Kae Kurd, Zoe Lyons, Andrew Hunter Murray and Kate Robbins test their general knowledge skills. (S) (HD)

### 6.30 Robson Green's Weekend Escapes

**12/15.** Podcaster Rosie Ramsey joins the actor for a journey to Northumberland, where they sign up for a bushcraft lesson at a forest camp set up to help Army veterans. Attempting to build a shelter and make a fire, the pair learn about the mental-health benefits of spending time outdoors.

Series producer Lesley Duncanson  
 Executive producers Gareth Deighan and Robson Green (S) (AD) (HD)

### 7.00 Inside the Factory

Gregg Wallace visits the biggest cider factory in the world, in Herefordshire. Gregg follows the whole process, from picking the apples to pressing them ready for the fermentation process and final bottling.  
 Director Gavin Ahern; Series producer Nicola Lafferty (R) (S) (AD) (HD)

### 8.00 Great British Menu

**RT Series 18.** Four chefs from the South West region create dishes inspired by Paddington Bear's 65th birthday, as well as the best of British animation and illustration. One vegan starter includes a golden carrot made from thin potato sheets and filled with whipped vegan feta, based on the theme of *Wallace & Gromit* films. For the fish course, one contestant conjures up a Thomas the Tank Engine-inspired dish of steamed halibut and a smoked butter sauce. What will judge Michael O'Hare make of tonight's offerings? See p70.  
 Director Francois Gandolfi; Series producers Avril Beaven and Liz Rumbold (S) (HD)

Andi Oliver's viewpoint: page 11

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 Director Joshua Baker; Producer Sara Obaidat Rptd Fri 12.55am (S) (AD) (HD)  
 Josh Baker's Radio 4 series on Shamima Begum is tomorrow at 11am and available on BBC Sounds

### 10.30 Newsnight

With Victoria Derbyshire. (S) (HD)

### 11.10 Weather

### 11.15 Film Stars Don't Die in Liverpool

★★★★ Romantic drama based on a true story. In late 1970s Britain, a young Liverpool actor falls into a heated love affair with ageing Hollywood star Gloria Grahame. When she becomes ill, it seems their time together will be cut savagely short. Available on iPlayer for 30 days. **Film of the Day: page 77.**

Gloria Grahame	Annette Bening	Jean Grahame	Vanessa Redgrave
Peter Turner	Jamie Bell	Joe Jnr	Stephen Graham
Bella Turner	Julie Walters	Joy	Frances Barber
Joe Turner	Kenneth Cranham	Eileen	Leanne Best

Director Paul McGuigan (2017, 15) (S) (W) (HD)  
**12.55-3.00am Sign Zone** **12.55 Tokyo Vice 5/8.** Jake must decide whether to help Ishida or not. (R) (S) (AD) (HD)  
**2.00 Surgeons: at the Edge of Life 3/6 Series 5.** A husband donates one of his kidneys to his wife. (R) (S) (AD) (HD)

BBC2 Freeview 2/HD 102 Freesat 102 Sky 102 Virgin 102



# TUESDAY Main Channels

## DAYTIME

### BBC1

**6.00am Breakfast** Jon Kay, Sally Nugent. (S) (HD)  
**9.15 Morning Live** Topical magazine show, presented by Gethin Jones and Sam Quek. (S) (HD)  
**10.00 24/7 Pet Hospital** A labrador has kidney problems and the hospital hosts an open day, but an emergency arises as the first visitors arrive. (S) (AD) (HD)  
**10.30 Claimed and Shamed** A fast-food fight leaves a woman convinced she has a major claim. (S) (HD)  
**11.15 Homes under the Hammer** Properties about to be auctioned in Manchester, Liverpool and Stoke-on-Trent. Repeated tomorrow 6.15am BBC2 (S) (HD)  
**12.15pm Bargain Hunt** Two teams look for items of value in Grantham town centre, Lincolnshire. (R) (S) (AD) (HD)  
**1.00 BBC News Regional News; Weather** (S) (HD)  
**1.45 Doctors** Rich decides to have some fun when he and Kirsty get an unexpected visitor. (S) (AD) (HD)  
**2.15 The Farmers' Country Showdown** Two farming couples compete with their Dutch spotted sheep at the Royal Cheshire Country Show. (R) (S) (HD)  
**3.00-3.45 Escape to the Country** Steve Brown helps a couple who recently returned from Bermuda look for a home in Northamptonshire. (R) (S) (AD) (HD)

### BBC2

**6.30am Bargain Hunt** Two teams buy items to sell for profit at auction. Shown yesterday 12.15pm BBC1 (S) (AD) (HD)  
**7.15 Britain in Bloom** Chris Bavin meets members of the community of Breaston in Derbyshire. (R) (S) (HD)  
**8.00-9.00 Sign Zone The Hairys Bikers Go Local 3/8** The duo search for local ingredients for Charles, who runs two restaurants in a Cotswold village. (R) (S) (AD) (HD)  
**9.00 BBC News** (S) (HD)  
**12.15pm Politics Live** News from Westminster. (S) (HD)  
**1.00 Hardball** Quiz with Ore Oduba. (R) (S) (HD)  
**1.45 Eggheads** Jeremy Vine hosts the quiz. (R) (S) (HD)  
**2.15 Britain in Bloom** Chris Bavin meets members of the community of Breaston in Derbyshire. (R) (S) (HD)  
**2.45 Celebrity Antiques Road Trip** *Hollyoaks* stars Will Mellor and Nick Pickard take part. (R) (S) (HD)  
**3.45 My Unique B&B** Simon Parfett and team visit Devon to meet Lucy and Rob, who are setting up a B&B in a 1970s airstream from the USA. (R) (S) (AD) (HD)  
**4.30-5.15 Saved and Remade** A vintage car and a cake stand are among the objects transformed. (R) (S) (HD)

### ITV1

**6.00am Good Morning Britain** (S) (HD)  
**9.00 Lorraine** Guests, gossip and more. (S) (HD)  
**10.00 This Morning** Celebrity interviews, fashion and lifestyle advice. Including **Regional Weather** (S) (HD)  
**12.30pm Loose Women** Fortright opinions. (S) (HD)  
**1.30 ITV Lunchtime News Regional News; Weather** (S) (HD)  
**2.00 Dickinson's Real Deal** David and his dealers visit Coventry, where Helen Gardiner tries to keep a rifle deal on target and Stewart Hofgartner takes a swing at a set of vintage golf clubs. (R) (S) (AD) (HD)  
**3.00-4.00 Lingo** Charlie and Gina, Jim and Anne, and Trevor and Isabel attempt to solve the Lingo grids in the fast-moving battle of words presented by Adil Ray. (R) (S) (HD) Followed by **Regional Weather**

### Channel 4

**6.10am Countdown** Justin Moorhouse guests. (R) (S) (HD)  
**6.50 3rd Rock from the Sun** Double bill. (R) (S) (AD)  
**7.40 The King of Queens** Three episodes. (R) (S) (AD) (HD)  
**9.00 Frasier** Triple bill of the US sitcom. (R) (S) (AD)  
**10.25 Undercover Boss USA** Jeff Platt, the president and CEO of entertainment and fitness business Sky Zone, goes under cover. (R) (S) (HD) **11.25 News** (S) (HD)  
**11.30 Sarah Beeny's New Life in the Country** The family plant 1,000 young trees they have bought to improve the biodiversity on the farm. (R) (S) (AD) (HD)  
**12.30pm Steph's Packed Lunch** Celebrity guests, recipes, real-life features and consumer stories. (S) (HD)  
**2.10 Countdown** With guest Jo Brand. (S) (HD)  
**3.00 A Place in the Sun** Ben Hillman helps Andre and Steve find their dream home in Portugal. (S) (HD)  
**4.00-5.00 A New Life in the Sun** The bills are piling up in Spain, and the holiday hosts in France are feeling the pinch too. Repeated 6pm 4seven (S) (HD)

## BBC1

1

**Pretty Little Liars: Original Sin** 11.10pm Tabby (Chandler Kinney) is pushed towards a new suspect



### FA CUP FOOTBALL

If an FA Cup fourth-round replay is shown on Wednesday, the following schedule will change

### 3.45pm The Repair Shop

Jay Blades and team restore a soft toy, a battered sea cadet's drum and a wooden church pew.  
 Director Rich Merritt; Series producer Paula Fasht (R) (S) (AD) (HD)  
**RT TRAVEL** Join *The Repair Shop*'s Jay Blades and actor Ross Kemp for a "TV Talent" cruise to Spain, Portugal and Guernsey; page 135

### 4.30 Bridge of Lies

Dona, Colin, Alicia and Amy, a family team of four, compete for cash on the quiz show. Ross Kemp hosts.  
 Director John Smith; Series producer Nick Gunaydin  
 Repeated tomorrow 7.15am BBC2 (S) (HD)

### 5.15 Pointless

Presenter Alexander Armstrong is joined by Alex Brooker, his latest co-host on the quiz show.  
 Director John Spencer; Series producer Laura Turner (S) (HD)

### 6.00 BBC News Weather

### 6.30 Regional news magazines

### 7.00 The One Show

Presented by Jermaine Jenas and Lauren Laverne.  
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BBC1 Freeview 1/HD 101 Freesat 101/HD 106 Sky 101 Virgin 101

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Director Paul McGuigan (2017, 15) (S) (W) (HD)  
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**2.00 Surgeons: at the Edge of Life 3/6 Series 5.** A husband donates one of his kidneys to his wife. (R) (S) (AD) (HD)

BBC2 Freeview 2/HD 102 Freesat 102 Sky 102 Virgin 102



ITV1

3

**Bradley & Barney Walsh: Breaking Dad**  
9.00pm The lads get a lesson in riding the rapids



#### 4.00pm Tipping Point

Ben Shepard hosts as three players try to hit the jackpot on the big arcade machine. (S) (HD)

#### 5.00 The Chase

Graham, Jason, Carole and Riannon team up to take on one of the ruthless Chasers. (S) (HD)

#### 6.00 Regional News Weather

(S) (HD)

#### 6.30 ITV Evening News Weather

(S) (HD)

#### 7.30 Emmerdale

**RT** Mandy worries about Paddy. Chas is taken aback. Ethan is shocked. **See page 70.**

Mandy Dingle Lisa Riley Dan Spencer Liam Fox  
Paddy Dingle Dominic Brunt David Metcalfe Matthew Wolfenden  
Chas Dingle Lucy Parageter Dawn Fletcher Olivia Bromley  
Ethan Anderson Emile John Eric Pollard Christopher Chittell  
Amy Wyatt Natalie Ann Jamieson Gabby Thomas Rosie Bentham  
Bear Wolf Joshua Richards Jacob Gallagher Joe-Warren Plant  
Belle Dingle Edna Taylor-Draper Jai Sharma Christopher Bisson  
Bernice Blackstock Samantha Giles Jimmy King Nick Miles  
Billy Fletcher Jay Kontzle Kerry Wyatt Laura Norton  
Brenda Walker Lesley Dunlop Kim Tate Claire King  
Cain Dingle Jeff Hordley Laurel Thomas Charlotte Bellamy  
Caleb Miligan William Ash Leyla Cavanagh Roxy Shahidi  
Charity Dingle Emma Atkins Liam Cavanagh Jonny McPherson  
Charles Anderson Kevin Mathurin Lydia Dingle Karen Blick  
Chloe Harris Jessie Elland Mackenzie Boyd Lawrence Robb  
Writer Julie Parsons More cast Thursday (S) (AD) (HD)

#### 8.00 The Martin Lewis Money Show Live

The financial wizard is joined by co-presenter Angellica Bell to deliver more priceless advice on dealing with the soaring cost of living, and answer viewers' questions on saving money. Executive producer Mike Blair; Series editor Clare Miller (S) (HD)

#### 9.00 Bradley & Barney Walsh: Breaking Dad

6/7 Series 5. The duo continue their travels in Costa Rica, where they set out to scale a 132ft tree at a cloud forest. Later, the lads go head to head in a kayak race, and meet a man who found fame when he befriended a crocodile. Series director Phil Ashton  
Series producer Reshmi Bajinath (S) (AD) (HD)

#### 9.30 The Family Pile

4/6. Never Say Die. Nicole's bossiness pushes her sisters to breaking point, and Gaynor fumes when the buyers request another viewing. The whole series is available as a box set on ITVX.

Nicole Amanda Abbington Greg James Nelson-Joyce  
Yvette Claire Calbraith Austin Richard Pepple  
Ursula Claire Keelan Connor Sonny Lackey  
Gaynor Alexandra Mardell Nadiya Royia Amini  
Stuart Kieran O'Brien Hasim Jordan Akkaya  
Writer Brian Dooley; Director Fergal Costello; Producer Phil Warburton-Leach Repeated tomorrow 11.40pm (S) (AD) (HD)

#### 10.00 ITV News at Ten

Weather; Regional News and Weather (S) (HD)

#### 10.45 The John Bishop Show

4/6 Series 2. A mix of stand-up and interviews. Shown Saturday 9.30pm (S) (HD)

#### 11.30 Heathrow: Britain's Busiest Airport

Demi has to deal with a medical emergency. Series director/producer Juliette Murray-Topham (R) (S) (AD) (HD)

#### 12 midnight Home Shopping

3.00am On Assignment Rageh Omaar presents the current affairs series. Shown last Tuesday (S) (SL) (HD)

3.30 Britain's Notorious Prisons: Strangeways 1/2 Life behind the walls of the prison. (R) (S) (SL) (AD) (HD)

4.20 Unwind A sequence to calm the mind. (S) (HD)

5.35-6.00am Eat, Shop, Save The team help the Glenn family in Newton Abbot, Devon. (R) (S) (SL) (HD)

ITV1 Freeview 3/HD 103 Freesat 103 Sky 103 Virgin 113/HD 103

+1 Freeview 35 Freesat 112 Sky 203 Virgin 114

Channel 4

4  
7 in Wales

**Consent** 10.00pm  
Working-class scholar Natalie (Lashay Anderson) navigates life at an elite private school



#### 5.00pm Four in a Bed

The B&B owners head to Burton Constable Holiday Park in Sprotley near Hull. (S) (HD)

#### 5.30 Come Dine with Me

On the second night in Bristol, football fan Adam dedicates his dinner to his favourite sport. (S) (HD)

#### 6.00 The Simpsons

Krusty Gets Kancelled. Krusty the Clown's career hits a rough patch. (R) (S) (AD)

#### 6.30 Hollyoaks

Warren plans to have the last laugh.

Writer Jayshree Patel Cast Wed/Thu Shown yesterday 7pm E4  
Rptd tomorrow 6.30am E4 Next episode follows on E4 (S) (AD) (HD)

#### 7.00 Channel 4 News Sport; Weather

(S) (HD)

#### 8.00 Know Your S\*\*t: Inside Our Guts

**RT** Ep 4. The clinic is visited by two women at different points in their journeys with Crohn's disease. One is a yoga teacher whose next step might be to have surgery to remove part of her bowel, and the other is a lifeguard who had surgery a number of years ago and now lives with a stoma bag. The whole series is on All 4. **See page 70.**

Series director Sarah Carnie  
Executive producer Andy Charles Smith (S) (AD) (HD)

#### 9.00 24 Hours in A&E

Ep 6. Connor, 21, is rushed in with leg and lung injuries following a motorbike accident. Rob, a 69-year-old with locked-in-syndrome, is admitted into resus after his breathing tube becomes dislodged. And in minor injuries, 58-year-old Lisa receives treatment for an injured wrist. Series directors/producers Louise Bartmann, Colin Stone, Kate Walker  
Rptd tomorrow 12.10am C4 and Friday 9pm 4seven (S) (AD) (HD)

#### 10.00 Consent

**RT** Drama set in a fictional elite private school. Privileged pupil Archie is a high achiever whose online existence is ruled by lad culture. When new working-class student Natalie arrives, she and Archie instantly bond. But one night at a party, boundaries are crossed. How will the school deal with Natalie's accusation? **See p71.**

Natalie Lashay Anderson Lawrence Geoffrey Streetfield  
Archie Tom Victor Ms Parkinson Kimberly Nixon  
Alice Rhea Norwood Fiona Elen Rhys  
Raffy Ty Tennant Sara Emma Dennis-Edwards  
Kojo Denzel Baldoon Lisa Tonya Smith  
Lily Nell Barlow Rob Matthew Doman  
Navjot Dee Ahluwalia Headmaster Richard Harrington  
Kyle Alex Heath

Writer Emma Dennis-Edwards; Producer Tracie Simpson  
Director Nadira Amrani Repeated 12.10am 4seven and tomorrow 1.05am Channel 4 with signing (S) (AD) (HD)

#### 11.05 999: on the Front Line

Ep 1 Series 8. A pharmacist calls 999, worried that a child's rash could be a sign of meningitis. Series producer Graeme Thomson; Exec producer Claire Simpson  
First shown on More4 Rptd tomorrow 12.5am 4seven (S) (HD)

12.10am In the Footsteps of Killers Ep 4 Series 2 Investigating the 2013 disappearance of north London father of two Robert Duff. Shown last Thursday (S) (AD) (HD)

1.05 SAS: Who Dares Wins - Jungle Hell Ep 3 Series 8 The remaining recruits must abseil 200ft into a cave. **See choice, p61.** Shown yesterday 9pm (S) (SL) (AD) (HD)

2.00 The Last Leg Ep 2. With guests David Tennant and Michelle de Swarte. Shown last Friday (S) (SL) (HD)

2.55 Grayson Perry's Full English Ep 2. The artist heads to the Midlands. Shown last Thursday (S) (SL) (AD) (HD)

3.50 The Great Pottery Throw Down Ep 5. The potters create gargoyles. Shown Sunday 7.45pm (S) (SL) (AD) (HD)

5.00 Find It, Fix It, Flog It Meeting a woman whose farm holds a remarkable collection of memorabilia. (R) (S) (HD)

5.15-6.10am Building the Dream A modern home on a tricky sloping plot in West Yorkshire. (R) (S) (AD) (HD)

Channel 4 F'view 4/HD 104 F'sat 104/HD 126 Sky 104 Virgin HD 104

+1 Freeview 15 Freesat 121 Sky 204 Virgin 142

BBC4

9  
24 in Scotland

#### Spring Walks

7.30pm Nina Wadia takes a reflective trek through the Yorkshire Dales



#### 7.00pm Great British Railway Journeys

1/15 Series 9. Cromer to Cambridge Michael Portillo learns the ropes aboard an Edwardian wherry on the Norfolk Broads and joins variety performers to tap dance on Cromer Pier. More tomorrow 7pm. (R) (S) (AD) (HD)

#### 7.30 Spring Walks

**RT** 2/2. Nina Wadia. The actress unwinds during a walk in the Yorkshire Dales. Capturing moments with a 360-degree camera, she reveals personal family challenges, including the loss of her parents. Starting her walk in the village of Muker, Nina's route takes her through colourful hay meadows, past rivers and waterfalls, and over valleys and fell tops with 20 miles of views of the Dales. **See p70.**  
Director Cy Chadwick; Executive producer Tony Parker Repeated 2.05am (S) (HD)

#### 8.00 To the Manor Born

7/7 Series 3. Back to the Manor. The last ever episode of the comedy, which aired in 1981. When De Vere is forced to sell the manor, an inheritance gives Audrey the means to buy it back. Writer Peter Spence; Producer Gareth Gwenlan (R) (S)

#### 8.30 The Mistress

5/6. Luke arranges a free Sunday so that he can make things up with Maxine, but she has other ideas. Carla Lane's comedy from 1985.

Maxine Luke  
Felicity Kendal  
Helen Jack Galloway  
Jenny Jane Asher  
Simon Jenny McCracken  
Richard Tony Aitken  
Jeff Harding  
Director/Producer Gareth Gwenlan (R) (S) (HD)

#### 9.00 A History of Britain by Simon Schama

5/15. King Death (1348-1500). The historian reflects on the impact of the Black Death, a disease that ravaged 14th-century England and wiped out half the population, leaving decades of anarchy and civil unrest for the survivors. Producer Paul Tilzey; Executive producer Martin Davidson Signed repeat 2.35am (R) (S) (AD) (HD)

#### 10.00 Navalny: Storyville

Documentary about Russian opposition leader Alexei Navalny, following him as he and his team investigate the events that led to his poisoning in August 2020. Director Daniel Roher (R) (S) (HD)

#### 11.35 Rich Hall's Working for the American Dream

The comedian explores the American Dream and the dictum that came over with the very first pilgrims: "Work hard and you will succeed." Director Chris Cottam  
Producer John McCormack (R) (S) (AD) (HD)

1.05am Ancient Worlds 5/6. Richard Miles travels to Sicily and north Africa to explore the rise of the Roman Republic. (R) (S) (AD) (HD)

2.05 Spring Walks Shown 7.30pm (S) (HD)

2.35-3.35am A History of Britain by Simon Schama Shown 9pm (S) (SL) (AD) (HD)

BBC4 F'view 9/HD 106 F'sat 108 Sky 116 Virgin 108

BBC1  
SCOTLAND

7.00-7.30pm River City: Jessie is confronted by Madonna's threats to expose them  
10.40-11.10 Bad Education

BBC  
SCOTLAND

7.00pm My Kind of Town: Cupar 7.30 Sky High Club: Scotland and Beyond 8.00 Scotland's Biggest Families 9.00 The Nine 10.00 Pictures from Iraq 11.00-12 midnight Darren McGarvey's Class Wars

#### STV

10.00pm ITV News at Ten; STV News and Weather 10.40 Scotland Tonight; ITV Weather 11.05 The John Bishop Show 11.50 All Elite Wrestling Rampage 12.45-3.00am Home Shopping 4.20-5.35 Night Vision

ITV1 BORDER  
SCOTLAND

10.45pm Representing Border: political news from Holyrood and Westminster 11.15-12 midnight The John Bishop Show

#### BBC1 WALES

10.40-11.10pm Bad Education

#### BBC2 WALES

1.45pm First Minister's Questions 2.35 Eggheads 3.05 Britain in Bloom 3.35 Celebrity Antiques Road Trip 4.35 My Unique B&B 5.20-6.00 Flog It!

#### BBC1 NORTHERN IRELAND

10.40pm Restoration Rescue: Patrick Bradley meets a couple transforming a bank 11.10 Bad Education: Stephen goes to ridiculous lengths to prove to Class K that he is still a trailblazer 11.40 Pretty Little Liars: Original Sin: double bill. Despite coming clean about "A", the friends find their troubles far from over; then the friends have to work quickly while there is still time. Last in series 1.20-6.00am BBC News

Channel 5  
listings are overleaf



ITV1

3

**Bradley & Barney Walsh: Breaking Dad**  
9.00pm The lads get a lesson in riding the rapids



#### 4.00pm Tipping Point

Ben Shepard hosts as three players try to hit the jackpot on the big arcade machine. (S) (HD)

#### 5.00 The Chase

Graham, Jason, Carole and Riannon team up to take on one of the ruthless Chasers. (S) (HD)

#### 6.00 Regional News Weather

(S) (HD)

#### 6.30 ITV Evening News Weather

(S) (HD)

#### 7.30 Emmerdale

**RT** Mandy worries about Paddy. Chas is taken aback. Ethan is shocked. **See page 70.**

Mandy Dingle Lisa Riley Dan Spencer Liam Fox  
Paddy Dingle Dominic Brunt David Metcalfe Matthew Wolfenden  
Chas Dingle Lucy Parageter Dawn Fletcher Olivia Bromley  
Ethan Anderson Emile John Eric Pollard Christopher Chittell  
Amy Wyatt Natalie Ann Jamieson Gabby Thomas Rosie Bentham  
Bear Wolf Joshua Richards Jacob Gallagher Joe-Warren Plant  
Belle Dingle Edna Taylor-Draper Jai Sharma Christopher Bisson  
Bernice Blackstock Samantha Giles Jimmy King Nick Miles  
Billy Fletcher Jay Kontzle Kerry Wyatt Laura Norton  
Brenda Walker Lesley Dunlop Kim Tate Claire King  
Cain Dingle Jeff Hordley Laurel Thomas Charlotte Bellamy  
Caleb Miligan William Ash Leyla Cavanagh Roxy Shahidi  
Charity Dingle Emma Atkins Liam Cavanagh Jonny McPherson  
Charles Anderson Kevin Mathurin Lydia Dingle Karen Blick  
Chloe Harris Jessie Elland Mackenzie Boyd Lawrence Robb  
Writer Julie Parsons More cast Thursday (S) (AD) (HD)

#### 8.00 The Martin Lewis Money Show Live

The financial wizard is joined by co-presenter Angellica Bell to deliver more priceless advice on dealing with the soaring cost of living, and answer viewers' questions on saving money. Executive producer Mike Blair; Series editor Clare Miller (S) (HD)

#### 9.00 Bradley & Barney Walsh: Breaking Dad

6/7 Series 5. The duo continue their travels in Costa Rica, where they set out to scale a 132ft tree at a cloud forest. Later, the lads go head to head in a kayak race, and meet a man who found fame when he befriended a crocodile. Series director Phil Ashton  
Series producer Reshmi Bajnath (S) (AD) (HD)

#### 9.30 The Family Pile

4/6. Never Say Die. Nicole's bossiness pushes her sisters to breaking point, and Gaynor fumes when the buyers request another viewing. The whole series is available as a box set on ITVX.

Nicole Amanda Abbington Greg James Nelson-Joyce  
Yvette Claire Calbraith Austin Richard Pepple  
Ursula Claire Keelan Connor Sonny Lackey  
Gaynor Alexandra Mardell Nadiya Royia Amini  
Stuart Kieran O'Brien Hasim Jordan Akkaya  
Writer Brian Dooley; Director Fergal Costello; Producer Phil Warburton-Leach Repeated tomorrow 11.40pm (S) (AD) (HD)

#### 10.00 ITV News at Ten

Weather; Regional News and Weather (S) (HD)

#### 10.45 The John Bishop Show

4/6 Series 2. A mix of stand-up and interviews. Shown Saturday 9.30pm (S) (HD)

#### 11.30 Heathrow: Britain's Busiest Airport

Demi has to deal with a medical emergency. Series director/producer Juliette Murray-Topham (R) (S) (AD) (HD)

#### 12 midnight Home Shopping

3.00am On Assignment Rageh Omaar presents the current affairs series. Shown last Tuesday (S) (SL) (HD)

3.30 Britain's Notorious Prisons: Strangeways 1/2

Life behind the walls of the prison. (R) (S) (SL) (AD) (HD)

4.20 Unwind A sequence to calm the mind. (S) (HD)

5.35-6.00am Eat, Shop, Save The team help the Glenn family in Newton Abbot, Devon. (R) (S) (SL) (HD)

ITV1 Freeview 3/HD 103 Freesat 103 Sky 103 Virgin 113/HD 103

+1 Freeview 35 Freesat 112 Sky 203 Virgin 114

Channel 4

4

7 in Wales

#### Consent 10.00pm

Working-class scholar Natalie (Lashay Anderson) navigates life at an elite private school



#### 5.00pm Four in a Bed

The B&B owners head to Burton Constable Holiday Park in Sprotley near Hull. (S) (HD)

#### 5.30 Come Dine with Me

On the second night in Bristol, football fan Adam dedicates his dinner to his favourite sport. (S) (HD)

#### 6.00 The Simpsons

Krusty Gets Kancelled. Krusty the Clown's career hits a rough patch. (R) (S) (AD)

#### 6.30 Hollyoaks

Warren plans to have the last laugh.

Writer Jayshree Patel Cast Wed/Thu Shown yesterday 7pm E4  
Rptd tomorrow 6.30am E4 Next episode follows on E4 (S) (AD) (HD)

#### 7.00 Channel 4 News Sport; Weather

(S) (HD)

#### 8.00 Know Your S\*\*t: Inside Our Guts

**RT** Ep 4. The clinic is visited by two women at different points in their journeys with Crohn's disease. One is a yoga teacher whose next step might be to have surgery to remove part of her bowel, and the other is a lifeguard who had surgery a number of years ago and now lives with a stoma bag. The whole series is on All 4. **See page 70.**

Series director Sarah Carnie  
Executive producer Andy Charles Smith (S) (AD) (HD)

#### 9.00 24 Hours in A&E

Ep 6. Connor, 21, is rushed in with leg and lung injuries following a motorbike accident. Rob, a 69-year-old with locked-in-syndrome, is admitted into resus after his breathing tube becomes dislodged. And in minor injuries, 58-year-old Lisa receives treatment for an injured wrist. Series directors/producers Louise Bartmann, Colin Stone, Kate Walker  
Rptd tomorrow 12.10am C4 and Friday 9pm 4seven (S) (AD) (HD)

#### 10.00 Consent

**RT** Drama set in a fictional elite private school. Privileged pupil Archie is a high achiever whose online existence is ruled by lad culture. When new working-class student Natalie arrives, she and Archie instantly bond. But one night at a party, boundaries are crossed. How will the school deal with Natalie's accusation? **See p71.**

Natalie Lashay Anderson Lawrence Geoffrey Streetfield  
Archie Tom Victor Ms Parkinson Kimberly Nixon  
Alice Rhea Norwood Fiona Elen Rhys  
Raffy Ty Tennant Sara Emma Dennis-Edwards  
Kojo Denzel Baldoon Lisa Tonya Smith  
Lily Nell Barlow Rob Matthew Doman  
Navjot Dee Ahluwalia Headmaster Richard Harrington  
Kyle Alex Heath

Writer Emma Dennis-Edwards; Producer Tracie Simpson  
Director Nadira Amrani Repeated 12.10am 4seven and tomorrow 1.05am Channel 4 with signing (S) (AD) (HD)

#### 11.05 999: on the Front Line

Ep 1 Series 8. A pharmacist calls 999, worried that a child's rash could be a sign of meningitis. Series producer Graeme Thomson; Exec producer Claire Simpson  
First shown on More4 Rptd tomorrow 12.5am 4seven (S) (HD)

#### 12.10am In the Footsteps of Killers Ep 4 Series 2

Investigating the 2013 disappearance of north London father of two Robert Duff. Shown last Thursday (S) (AD) (HD)

#### 1.05 SAS: Who Dares Wins - Jungle Hell Ep 3 Series 8

The remaining recruits must abseil 200ft into a cave. **See choice, p61.** Shown yesterday 9pm (S) (SL) (AD) (HD)

#### 2.00 The Last Leg Ep 2

With guests David Tennant and Michelle de Swarte. Shown last Friday (S) (SL) (HD)

#### 2.55 Grayson Perry's Full English Ep 2

The artist heads to the Midlands. Shown last Thursday (S) (SL) (AD) (HD)

#### 3.50 The Great Pottery Throw Down Ep 5

The potters create gargoyles. Shown Sunday 7.45pm (S) (SL) (AD) (HD)

#### 5.00 Find It, Fix It, Flog It

Meeting a woman whose farm holds a remarkable collection of memorabilia. (R) (S) (HD)

#### 5.15-6.10am Building the Dream

A modern home on a tricky sloping plot in West Yorkshire. (R) (S) (AD) (HD)

Channel 4 F'view 4/HD 104 F'sat/104/HD 126 Sky 104 Virgin HD 104

+1 Freeview 15 Freesat 121 Sky 204 Virgin 142

BBC4

9

24 in Scotland

#### Spring Walks

7.30pm Nina Wadia takes a reflective trek through the Yorkshire Dales



#### 7.00pm Great British Railway Journeys

1/15 Series 9. Cromer to Cambridge Michael Portillo learns the ropes aboard an Edwardian wherry on the Norfolk Broads and joins variety performers to tap dance on Cromer Pier. More tomorrow 7pm. (R) (S) (AD) (HD)

#### 7.30 Spring Walks

**RT** 2/2. Nina Wadia. The actress unwinds during a walk in the Yorkshire Dales. Capturing moments with a 360-degree camera, she reveals personal family challenges, including the loss of her parents. Starting her walk in the village of Muker, Nina's route takes her through colourful hay meadows, past rivers and waterfalls, and over valleys and fell tops with 20 miles of views of the Dales. **See p70.** Director Cy Chadwick; Executive producer Tony Parker Repeated 2.05am (S) (HD)

#### 8.00 To the Manor Born

7/7 Series 3. Back to the Manor. The last ever episode of the comedy, which aired in 1981. When De Vere is forced to sell the manor, an inheritance gives Audrey the means to buy it back. Writer Peter Spence; Producer Gareth Gwenlan (R) (S)

#### 8.30 The Mistress

5/6. Luke arranges a free Sunday so that he can make things up with Maxine, but she has other ideas. Carla Lane's comedy from 1985.

Maxine Luke  
Felicity Kendal  
Jack Galloway  
Helen Jane Asher  
Jenny Jenny McCracken  
Simon Tony Aitken  
Richard Jeff Harding  
Director/Producer Gareth Gwenlan (R) (S) (HD)

#### 9.00 A History of Britain by Simon Schama

5/15. King Death (1348-1500). The historian reflects on the impact of the Black Death, a disease that ravaged 14th-century England and wiped out half the population, leaving decades of anarchy and civil unrest for the survivors. Producer Paul Tilzey; Executive producer Martin Davidson Signed repeat 2.35am (R) (S) (AD) (HD)

#### 10.00 Navalny: Storyville

Documentary about Russian opposition leader Alexei Navalny, following him as he and his team investigate the events that led to his poisoning in August 2020. Director Daniel Roher (R) (S) (HD)

#### 11.35 Rich Hall's Working for the American Dream

The comedian explores the American Dream and the dictum that came over with the very first pilgrims: "Work hard and you will succeed." Director Chris Cottam  
Producer John McCormack (R) (S) (AD) (HD)

#### 1.05am Ancient Worlds 5/6

Richard Miles travels to Sicily and north Africa to explore the rise of the Roman Republic. (R) (S) (AD) (HD)

#### 2.05 Spring Walks

Shown 7.30pm (S) (HD)

#### 2.35-3.35am A History of Britain by Simon Schama

Shown 9pm (S) (SL) (AD) (HD)

BBC4 F'view 9/HD 106 F'sat 108 Sky 116 Virgin 108

BBC1

SCOTLAND

7.00-7.30pm River City: Jessie is confronted by Madonna's threats to expose them  
10.40-11.10 Bad Education

BBC

SCOTLAND

7.00pm My Kind of Town: Cupar 7.30 Sky High Club: Scotland and Beyond 8.00 Scotland's Biggest Families 9.00 The Nine 10.00 Pictures from Iraq 11.00-12 midnight Darren McGarvey's Class Wars

STV

10.00pm ITV News at Ten; STV News and Weather 10.40 Scotland Tonight; ITV Weather 11.05 The John Bishop Show 11.50 All Elite Wrestling Rampage 12.45-3.00am Home Shopping 4.20-5.35 Night Vision

ITV1

BORDER

SCOTLAND

10.45pm Representing Border: political news from Holyrood and Westminster 11.15-12 midnight The John Bishop Show

BBC1

WALES

10.40-11.10pm

Bad Education

BBC2

WALES

1.45pm First Minister's

Questions

2.35 Eggheads

3.05 Britain in Bloom

3.35 Celebrity

Antiques Road Trip

4.35 My Unique B&amp;B

5.20-6.00 Flog It!

BBC1

NORTHERN

IRELAND

10.40pm Restoration

Rescue: Patrick

Bradley meets a

couple transforming a

bank 11.10 Bad

Education: Stephen

goes to ridiculous

lengths to prove to

Class K that he is still a

trailblazer 11.40 Pretty

Little Liars: Original

Sin: double bill. Despite

coming clean about

"A", the friends find

their troubles far from

over; then the friends

have to work quickly

while there is still time.

Last in series

1.20-6.00am

BBC News

Channel 5  
listings are overleaf



# TUESDAY Freeview

Channel 5

5



**Ben Fogle: New Lives in the Wild** 9.00pm Adventures with Pirate Rob

**5.35am Milkshake!** See page 76

**9.15 New. Jeremy Vine** (S) (HD)

**12.45pm George Clarke's Build a New Life in the Country** The architect offers advice on the refurbishment of a Derbyshire farmhouse. (S) (HD) **1.40 5 News** (S) (HD)

**1.45 Home and Away** Irene advises Xander over his situation with Stacey. Shown yesterday 6.30pm 5 Star (S) (AD) (HD)

**2.15 My Deadly Ex** ★★ Thriller starring Yan-Kay Crystal Lowe. Vengeful Mandy worms her way into handling the nuptials for her ex Brad and his unsuspecting fiancée, Ashley. Director David DeCoteau (2020) (S) (W) (HD)

**4.00 Bargain-Loving Brits in the Sun** Louise and Ed serve up traditional Sunday roasts with a Spanish twist. (S) (HD)

**5.00pm 5 News** (S) (HD)

**6.00 Our Yorkshire Farm**

The Owen children play a vital role in gathering the 1,000 sheep down from the moors for sheering. (S) (HD)

**6.55 5 News Update** (S) (HD)

**7.00 New. GPs: behind Closed Doors** Patient Paula comes in to see Dr Amir Khan seeks advice for her painful, twitching ear. Dr Eleanor Beecroft meets with young Lola and her mum to talk about Lola's dizziness and heart palpitations. Series director Richard Pepe (S) (HD)

**7.55 5 News Update** (S) (HD)

**8.00 New. Dogs Behaving (Very) Badly**

**6/15 Series 5.** Graeme Hall helps a family deal with a hyperactive staffie that can't sit still for a minute, and refuses to go outside for a walk. He also meets an overly amorous Schnauzer cross, and a German Shepherd that is far from the sociable companion his owner hoped for. Directors Owen Griffiths and Gyorgy Nanasi (S) (HD) Followed by **5 News Update** (S) (HD)

**9.00 New. Ben Fogle: New Lives in the Wild**

**RT Ep 6 Series 17.** Ben re-visits "Pirate" Rob, whom he first met in the off-grid community known as Slab City in California. Now Ben's come to witness Rob's other life – living on an island with his 18-year-old son Damien. Together the pair dig a toilet, go crayfish fishing, kayak the school run and experience Rob's penchant for marijuana breakfasts. See page 71. Series producer Natalie Wilkinson (S) (HD)

**RT TRAVEL** Join Ben Fogle and Monty Halls for a cruise to Le Havre and Rotterdam: page 135

**10.00 New. Girl, Taken**

The story of Zephany Nurse – a newborn baby stolen from hospital in Cape Town in 1997, and the extraordinary circumstances that eventually reunited her with her long-lost family in 2015. (S) (HD)

**12 midnight Crimes** That Shook Britain (S) (HD) **1.00am New.** Casino (S) (HD) **3.00 George Clarke's Build a New Life in the Country** (S) (HD) **3.50 Cruising** with Jane McDonald (S) (HD) **4.40 House Busters** (S) (SL) (HD) **5.05–5.35am House Doctor** (S) (SL) (HD)

**CS F'view 5/HD 105 F'sat 105 Sky 105 Virgin 154/HD 105 +1 Freeview 46 Freesat 128 Sky 205 Virgin 155**

BBC4 listings are overleaf

BBC3

23



**Big Zuu's Big Eats** 10.00pm On the Isle of Man, Josh Widdicombe digs in

**7.00pm Top Gear**

Freddie, Chris and Paddy put interesting old cars for new drivers to the test on a road trip. More tomorrow 7pm. (S) (HD) Followed by **New. The Catch Up** (S) (HD)

**8.00 New. The Traitors US**

**9/10.** Alliances are broken, and trust is questioned on the penultimate day in the castle. More tomorrow 8pm. (S) (HD)

**8.50 Press X to Continue**

**4/10.** Steffan Powell chooses games that are worth people's time and money. (S) (HD)

**9.00 Dubai Hustle**

**3/4 Series 1.** New recruits Adam and Jake set out their plans for the future. (S) (HD)

**9.30 4/4.** Ben's deal hangs in the balance, threatening his promotion hopes. (S) (HD)

**10.00 Big Zuu's Big Eats**

**RT 7/10 Series 1.** Big Zuu and the boys fly to the Isle of Man to cook for comedian Josh Widdicombe. (S) (AD) (HD) **10.30 8/10.** Big Zuu is in London's West End to cook for comic London Hughes. The whole series is on iPlayer. See page 71. Both episodes first shown on Dave (S) (AD) (HD)

**11.00 People Just Do Nothing**

**3/5 Series 2.** Chabuddy G prepares to sell his counterfeit designer T-shirts. (S) (AD) (HD) **11.30 4/5.** Beats takes Craig on a fishing trip. A box set is on iPlayer. (S) (AD) (HD)

**12 midnight Dubai Hustle** (S) (HD) **12.30am** Charlotte in Sunderland: double bill (S) (HD)

**1.30 People Just Do Nothing** (S) (AD) (HD) **2.30 Bad Education** (S) (AD) (HD) **3.00–4.00am** People Just Do Nothing (S) (SL) (AD) (HD)

**BBC3 F'view 23/HD 109 (not Scot/Wales) F'sat 179/HD 107 Sky 117 (173 London; 141 Scot; 115 NI) Virgin 107 (157 Scot/Wales)**

ITV2

6

**6.00am** World's Funniest Videos (S) (HD) **6.35** Totally Bonkers Guinness World Records (S) (HD)

**7.00 Secret Crush** (S) (SL) (HD) **8.00 Dress to Impress** (S) (AD) (HD) **9.00 Chuck** (S) (HD) **10.00** One Tree Hill (S) (HD) **11.00 The OC** (S) (HD)

**12 noon Secret Crush** (S) (HD) **1.00pm Dress to Impress** (S) (AD) (HD) **2.00 Family Fortunes:** game show (S) (HD) **3.05 Chuck** (S) (HD) **4.00** One Tree Hill (S) (HD) **5.00 The OC** (S) (HD)

**6.00pm Celebrity Catchphrase** Bhavna Limbachia, Shirley Ballas and Dr Ranj Singh guess the famous phrases in an attempt to win £50,000 for their charities. (S) (AD) (HD)

**7.00 Ninja Warrior UK** Members of the public try to conquer the extreme assault course, alongside celebrities such as Jake Quickenden, Dom Lever, Katie Walsh and Lee Latchford-Evans. (S) (AD) (HD)

**8.00 Superstore 13/22 Series 3.** When a hot new video game looks like selling out, Jonah helps Amy secure herself a copy. (S) (AD) (HD) **8.30 14/22.** Mateo avoids claiming compensation when he is injured, in case his immigration status is revealed. (S) (AD) (HD)

**9.00 New. Love Island** More action from week four of the contest which sees single people living like stars in the villa. (S) (HD)

**10.05 New. Kavos Weekender** David is back to his demanding self and Tash's romance with Ethan is getting in the way of her work. (S) (HD)

**11.05 Family Guy Series 16.** Lois's parents hire a nanny to help with the children. (S) (AD) (HD) **11.35 Series 13.** Brian goes to obedience classes and Chris makes a new friend. (S) (AD) (HD)

**12.05am American Dad!** double bill (S) (AD) **1.00 Superstore** (S) (AD) (HD) **2.00 Hey Tracey!** (S) (HD) **2.50–3.00am** Unwind (S) (HD)

**ITV2 Freeview 6 Freesat 113 Sky 118 Virgin 115**

**+1 Freeview 29 Freesat 114 Sky 218 Virgin 116**

ITV3

10



**Scott & Bailey** 10.00pm Will Janet regret making time for speed dating?

**6.00am** Classic Emmerdale (S) **7.00** Classic Coronation Street (S) (AD) **8.05** On the Buses (S) (SL) **8.35** Where the Heart Is: **7/10 Series 2.** Ice Pops. Peggy and Ruth help the Bradley family. Repeated 12.05am; **9.45 8/10** No Place Like Home. Vic and Peggy celebrate their silver wedding anniversary. Repeated 1.05am (S) (AD) **10.55** Heartbeat: **1/15.** Stolen loot from a robbery resurfaces; **12.05pm 2/15.** Kate goes into labour (S) (AD)

**1.15pm** Classic Emmerdale: double bill. It's Tricia's big day on the film set, then the Bollywood film crew prepares to leave (S) **2.15** Classic Coronation Street: double bill. Peter takes revenge on Steve, then Dev puts himself back on the market (S) (AD) **3.25** Inspector Morse: **Series 7.** *Twilight of the Gods.* An opera singer is shot by a sniper at a university ceremony (S) (AD) (HD)

**5.40pm Heartbeat**

**3/15 Series 5.** Tragedy strikes at the heart of Aidsfield, as Kate's debilitating illness ends her life, forcing Nick into a traumatising future. (S) (AD)

**6.50 4/15.** Nick struggles with parental responsibility alone, while trying to come to terms with Kate's death. (S) (AD)

**8.00 Midsomer Murders**

**Series 3. Beyond the Grave.** Does the ghost of Jonathan Lowrie actually exist? There is some doubt until packing cases spontaneously combust and the battered body of a distant relative is found in his ancestor's grave. (S) (AD)

**10.00 Scott & Bailey**

**4/8 Series 4.** When a woman is found dead in a hotel room, it seems that the personal ads on a website could be the key to unlocking the crime. Elsewhere, a speed dating night leaves Janet feeling unfulfilled. (S) (AD) (HD)

**11.00 5/8.** When an unconscious baby is admitted to hospital, his injuries do not tally with his parents' explanations. Continues tomorrow 10pm. (S) (AD) (HD)

**12.05am** Where the Heart Is Shown 8.35/9.45am (S) (SL) **2.20–2.30am** Unwind (HD)

**ITV3 Freeview 10 Freesat 115 Sky 119 Virgin 117**

**+1 F'view 59 (9pm–4am) F'sat 116 Sky 219 Virgin 174**

ITV4

26

**6.00am** Football League Legends (S) (HD)

**6.10** The Saint (S) (SL) **7.10** The Casebook of Sherlock Holmes (S) (AD) (HD) **8.10** Magnum, PI (S) (AD) (HD) **9.15** The Sweeney (S)

**10.20 Minder** (S) (AD) **11.25** The Saint (S) **12.35pm** The Casebook of Sherlock Holmes (S) (AD) (HD) **1.40** The Motorbike Show (S) (HD)

**2.40** Magnum, PI: Thomas goes back to the 1930s (S) (AD) (HD) **3.40** The Sweeney (S) **4.50** Minder (S) (AD) **5.55** The Motorbike Show (S) (HD)

**6.55pm The Chase Celebrity Special** Mikey North, Una Healy, Carl Froch and Alison Hammond must try to outwit one of the Chasers. Bradley Walsh hosts. (S) (HD)

**8.00 FILM Thunderball** ★★ Spy adventure with Sean Connery. A Nato aircraft has been stolen by criminal organisation Spectre and the world is threatened by its nuclear payload. **Review p77.** (S) (AD) (W) (HD)

**10.45 New. All Elite Wrestling: Rampage** Hard-hitting, high-flying AEW action. (S) (HD)

**11.50 FILM Mad Max 2** ★★ Futuristic action adventure starring Mel Gibson, Bruce Spence and Vernon Wells. (S) (AD) (W) (HD)

**1.45am** Auto Mundial (S) (HD) **2.15** Motorsport Mundial (S) (HD) **2.40–3.00am** Unwind (S) (HD)

**ITV4 Freeview 26 Freesat 117 Sky 120 Virgin 118**

**+1 Freesat 119 Sky 220 Virgin 175**

Drama

20



**Dalziel & Pascoe** 8.00pm Animal rights are on the coppers' agenda

**7.20am** Pie in the Sky: **2/10 Series 1.** Henry searches for a missing policeman (S) **8.10** The Bill: Stamp is accused of abuse **9.15** Classic Holby City: a face from the past forces Serena to think about her future (S) (HD) **10.35** Casualty: Connie has her first chemotherapy session (HD) **11.40** The Bill: a new arrival raises eyebrows at Sun Hill **12.40pm** Classic EastEnders: double bill. Anthony is the bearer of unhappy tidings for Zoe, then Donna is terrified at the prospect of testifying for Little Mo **2.00** Howards Way: **1/13 Series 3.** The arrival of Sir Edward Frere surprises Sir John **3.10** Pie in the Sky: **1/6 Series 4.** The chef investigates a murder (S) **4.10** Peak Practice: **5/8 Series 1.** Jack helps a priest **5.20** As Time Goes By: **2/7 Series 7** Jean hears from a former boyfriend (S)

**6.00pm Are You Being Served?**

**Series 10.** Goodbye Mrs Slocombe Mrs Slocombe faces the sack. (S)

**6.40** Some Mothers Do 'Ave 'Em **5/6 Series 3.** King of the Road. Frank takes a job as a motorcycle dispatch rider.

**7.20 Last of the Summer Wine**

**Series 5.** Earnshaw Strikes Back Foggy criticises local folklore. (S)

**8.00 Dalziel & Pascoe**

**4/4 Series 3.** The Wood Beyond Wild and Dalziel investigate a raid by animal-rights activists. (S) (AD)

**10.00 New Tricks**

**5/7 Series 1.** Good Work Rewarded. A man asks the team to clear the name of his son, a talented golfer who took his own life after being implicated in a murder. (S) (AD)

**11.20 Clocking Off**

**1/7 Series 2.** Kev's Story. Kev suspects a workmate may be a paedophile. (S)

**12.35am** Bad Girls: **4/16 Series 5.** Di receives another letter about her husband's sexuality (S) **1.45** Lovejoy: **2/12 Series 2** A penniless sculptor seeks Lovejoy's help (S)

**2.55–4.00am** Leonardo: **4/8.** Ludovico asks Leonardo to create a sculpture in honour of his father (S) (AD) (HD)

**Drama Freeview 20 Freesat 158 Sky 143 Virgin 130**

**+1 Freeview 60 Sky 243 Virgin 226**

ITVBe

28

**7.00am** The Real Housewives of Cheshire (S) (AD) (HD) **8.00** Buying and Selling (S) (HD) **9.00** LittleBe: children's programme (HD)

**12 noon New.** Sugar Showdown (S) (HD) **12.25pm** The Real Housewives of New York City (S) (HD) **1.20** The Real Housewives of Cheshire (S) (AD) (HD) **2.15** The Only Way Is Essex (S) (HD) **3.15** Million Dollar Listing: LA (S) (HD)

**4.10** The Real Housewives of Atlanta (S) (HD) **5.00 New.** The Real Housewives of New Jersey: Joe Gorga plays a prank on Frank (S) (HD)

**6.00pm Making It Home with Kortney and Dave** Lauren and Michael seek Kortney and Dave's help to transform their home. (S) (HD)

**7.00 Buying and Selling** Helping a family who have outgrown their small home. (S) (HD)

**8.00 Dinner Date** Hannah from Berkshire dines with three blind dates. (S) (AD) (HD)

**9.00 New. The Real Housewives of Atlanta** The group celebrates Kandis' Broadway play in New York. (S) (HD)

**10.00 Botched** The doctors help a female bodybuilder look more feminine. (S) (AD) (HD)

**11.00 The Cabins** One dater hopes an Elvis Presley performance will impress. (S) (HD)

**12 midnight–1.00am** The Only Way Is Essex (S) (HD)

**ITVBe Freeview 28 Freesat 119 Sky 131 Virgin 119**

**+1 Virgin 120 (Scotland 162)**





## More4

18



### The Scottish Island That Won the Lottery 9.00pm

**8.55am** Kirstie's Handmade Treasures **9.15** A Place in the Sun **10.05** A New Life in the Sun **11.05** Find It, Fix It, Flog It: double bill **1.10pm** Heir Hunters **2.10** Four in a Bed **4.50** Location, Location, Location **5.55** Kirstie and Phil's Love It or List It (AD)

**6.55pm** **Escape to the Château** With more weddings and events booked in than ever, Dick and Angel prepare for their busiest year yet by renovating the back of the basement to create a new events kitchen. (AD)

**7.55** **Grand Designs** Golf coach Chris and former figure skater Kayo's dream build – a Roman-inspired, single-storey family home on protected land adjacent to a historic abbey in Hertfordshire – turns into a six-year saga. (AD)

**9.00** **The Scottish Island That Won the Lottery** A documentary following some of the residents of the Scottish Outer Hebridean island of North Uist after they shared a £3 million lottery windfall. (AD)

**10.00** **Roads from Hell: Caught on Camera** Real-life footage revealing what can happen when motorists venture out onto the roads, from near-death crashes to road-rage encounters and moped muggings. (AD)

**11.05** **Shocking Emergency Calls** The story of the day a gunman entered a bank in Cincinnati and opened fire, featuring the calls made by those caught up in the atrocity. (AD)

**12.10am** 24 Hours in A&E (AD) **1.15** Eight out of Ten Cats Does Countdown **2.15** 24 Hours in A&E (AD) **3.20–3.50am** A Place in the Sun

**More4** F'view 18 F'sat 124 Sky 136 Virgin 147  
+1 Freesat 125 Sky 236 Virgin 196

## E4

13

**6.00am** Hollyoaks Shown last Friday/yesterday **6.30pm** C4 (AD) **6.55** Ramsay's Kitchen Nightmares USA **9.00** The Goldbergs: double bill (AD) **10.00** The Big Bang Theory (AD) **11.00** Modern Family: double bill

**12 noon** Brooklyn Nine-Nine (AD) **1.00pm** The Big Bang Theory: four episodes (AD)

**3.00** Modern Family **4.00** Brooklyn Nine-Nine (AD) **5.00** The Big Bang Theory (AD)

**6.00pm** **The Big Bang Theory 15/24 Series 11** Amy guests on the Professor Proton show. (AD)

**6.30 16/24** The friends try all sorts of tricks to help Bernadette go into labour. (AD)

**7.00** **New. Hollyoaks** A huge lie tears a relationship apart at the seams. Cast pp83/93 Repeated tomorrow **6.30pm** C4 (AD)

**7.30** **Celebrity Come Dine with Me** Former Love Island contestant Marcel Somerville hosts.

**8.00** **New. Below Deck: Mediterranean** Dave tries to win over the guests with his food.

**9.00** **Gogglebox** Appraisals of *The Masked Dancer* and *Married at First Sight*. (AD)

**10.00** **Naked Attraction** A model and a veterinary student choose dates. (AD)

**11.05** **First Dates** Actor TJ and support worker Chanelle's date gets off to a rocky start. (AD)

**12.15am** **Gogglebox**: double bill (SL) (AD) **2.20** *Below Deck: Mediterranean* **3.10** *Naked Attraction* (AD) **4.05** *Ramsay's Kitchen Nightmares USA* (SL) **4.55–6.00am** *The Goldbergs* (AD)

**E4** Freesat 13 Freesat 122 Sky 135 Virgin 106  
+1 Freesat 30 Freesat 123 Sky 235 Virgin 146

**E4 Extra** Freesat 31 Freesat 181 Sky 138 Virgin 337

## Really

17

**6.00am** Fantasy Homes by the Sea **7.00** Home Shopping **8.00** Salvage Hunters **9.00** The Repair Shop **10.00** Antiques Road Trip **12 noon** Money for Nothing **1.00pm** The Bidding Room **2.00** Animal Cops Philadelphia (AD) **4.00** Dr Jeff: Rocky Mountain Vet **5.00** Ambulance **6.00** Money for Nothing **7.00** Antiques Road Trip **9.00** The Great British Sewing Bee **10.30** Dr Pimple Popper: before the Pop **11.00** Ghost Adventures (AD) **12 midnight** Ghosts of Devil's Perch **1.00am** Ghost Adventures (AD) **2.00** Shopping **4.00–6.00am** Animal Cops Philadelphia (AD)

**Really** Freesat 17 Freesat 160 Sky 142 Virgin 128

## Sky Arts

11



### The Art of Drumming 9.45pm

Red Hot Chili Peppers' Chad Smith

**6.00am** Sir Simon Rattle: Beethoven Symphonies **7.25** A Tuba to Cuba **9.00** Tales of the Unexpected **10.00** Alfred Hitchcock Presents **11.00** Discovering: Peter Ustinov

**12 noon** Landscape Artist of the Year (AD) **1.00pm** Tales of the Unexpected **1.30** The Big Design Challenge (AD) **3.00** Landscape Artist of the Year 2016 **4.00** Discovering: Ian McKellen **5.00** Tales of the Unexpected

**6.00pm** **Alfred Hitchcock Presents** A prisoner breaks out of jail to meet the female pen pal he has fallen in love with.

**6.30** A woman and her lover plot her husband's demise, but their plans go awry.

**7.00** **Cirque du Soleil: Delirium** A recording of the circus troupe's show celebrating music, featuring singers, dancers, acrobats and multimedia displays.

**8.45** **The Great Songwriters** Paul Heaton of the Housemartins and the Beautiful South discusses his life in music.

**9.45** **The Art of Drumming** Drummers discuss their passion for music and the fellow musicians who inspire them.

**11.00** **Classic Literature and Cinema** The return of the programme examining film adaptations of great literary works, beginning with cinema depictions of dystopias. (AD)

**12 midnight** Soundtracks: Songs That Defined History **1.00am** Ai Weiwei: Yours Truly **2.35** Art and Mind **4.05** Sky Arts Book Club: with Paris Lees and Hafsa Zayan **5.05** Santana: Music Icons **5.30–6.00am** Discovering: Crosby, Stills, Nash & Young

**Sky Arts** Freesat 11 Freesat 147 Sky 130 Virgin 140/HD 123 BT 350/HD 365

## 4seven

49

**9.00am** Come Dine with Me: from the West Midlands (AD) **11.30** A Place in the Sun

**1.30pm** A New Life in the Sun **2.30** Come Dine with Me **5.00** A Place in the Sun

**6.00pm** **A New Life in the Sun** The bills are piling up in Spain. Shown 4pm C4

**7.00** **The Dog House Ep 5 Series 4** Jack Russell puppy has a second chance of a home with George. Shown last Thursday 8pm C4 (AD)

**8.00** **Location, Location, Location** Phil Spencer catches up with two couples whose property searches took some unexpected turns, including one pair who were relocating from Essex to Aberdeen.

**9.00** **George Clarke's Amazing Spaces Ep 5 Series 11** George meets a mum who has turned an old horse-drawn caravan into an extending, accessible space for her daughter who is disabled. Shown yesterday 8pm C4 (AD)

**10.00** **FILM Jojo Rabbit** ★★★★★ Wartime satire starring Roman Griffin Davis. Jojo Betzler, a member of the Hitler Youth, finds his beliefs challenged when he discovers that his mother has been hiding a Jewish girl in their attic. **Review page 47**. Shown Sat 9pm C4 (AD)

**12.10am** Consent (AD) **1.15** 24 Hours in A&E (AD) **2.20** Grand Designs (AD) **4.20–4.50am** Travel Man: 48 Hours in Marseilles (AD)

**4seven** F'view 49 F'sat 127 Sky 137 Virgin 143

## Quest

12

**6.00am** How Do They Do It? **6.25** Find It, Fix It, Flog It **7.10** The Repair Shop **8.00** American Pickers **10.00** Chasing Classic Cars **11.00** Salvage Hunters: Classic Cars **12 noon** How It's Made: Dream Cars **1.00pm** The Repair Shop **2.00** Love Your Garden **3.00** Find It, Fix It, Flog It **4.00** Salvage Hunters **5.00** Salvage Hunters: the Restorers **6.00** Wheeler Dealers (AD) **7.00** Aussie Gold Hunters **8.00** Salvage Hunters **9.00** **New**. The Woodland Workshop **10.00** The Repair Shop **11.00** How Do They Do It? **12 midnight** Wheeler Dealers **1.00am** Cops UK: Bodycam Squad **2.00** Salvage Hunters: Classic Cars **3.00** How It's Made: Dream Cars **4.00–5.00am** How It's Made

**Quest** Freesat 12 Freesat 172/HD 167 Sky 144 Virgin 169  
+1 Freesat 70 Freesat 168 Sky 244 Virgin 213

## Yesterday

27



### Fred Dibnah's World of Steam, Steel and Stone 7.00pm

Getting fiery

**6.00am** Impossible Engineering (AD) **8.00** Abandoned Engineering (AD) **9.00** Nazi Hunters **10.00** World War Weird **11.00** Fred Dibnah's World of Steam, Steel and Stone

**12 noon** Great British Railway Journeys **2.00pm** Bangers and Cash **4.00** Nazi Hunters **5.00** World War Weird

**6.00pm** **Great British Railway Journeys** Michael Portillo explores the legacy of the Olympic Park in Stratford, east London.

**6.30** Michael heads to London's West End. **7.00** **Fred Dibnah's World of Steam, Steel and Stone** A look at steam-powered engines.

**7.30** The steeplejack's fascination with mining. **8.00** **Secrets of Britain** Exploring the shadowy operations of MI6.

**9.00** **Bangers and Cash** Dave heads off to collect a stylish Swedish Volvo P1800S from an RAF base in the Midlands. (AD)

**10.00** Dave heads to Bolton to pick up an Italian sports car – a Lancia Fulvia 1.3 Sport.

**11.00** **Abandoned Engineering** Exploring a bloody battleground on the Pacific Island of Peleliu and a military stronghold in Russia. (AD)

**12 midnight** Great British Railway Journeys **1.00am** Great British Landmark Fixers **2.00–3.00am** Impossible Engineering (AD)

**Yesterday** Freesat 27 Freesat 159 Sky 155 Virgin 129  
+1 Freesat 74 Sky 255 Virgin 217

## Dave

19

**7.10am** Yianni: Supercar Customiser (AD) **8.00** Special Ops: Crime Squad UK (AD) **9.00** The Force: behind the Line **10.00** Survivor South Africa (AD) **11.00** Rick Stein's Long Weekends: the Spanish city of Cádiz (AD)

**12 noon** Fast Justice **1.00pm** Border Force: America's Gatekeepers: officers intercept weapons (AD) **2.00** Top Gear (AD) **4.00** **New**. Survivor South Africa (AD) **5.00** QI XL

**6.00pm** **Taskmaster 4/10 Series 7** Jessica Knappett piles shoes on some butcher's scales.

**7.00** **Richard Osman's House of Games** Guests include Kae Kurd and Zoe Lyons.

**7.40** **Would I Lie to You?** With David Baddiel, Ed Balls, Jo Brand and Kimberly Wyatt.

**8.20** **QI** With panellists Sue Perkins, Jimmy Carr, Jack Dee and Alan Davies.

**9.00** **QI XL** Guests include Nish Kumar.

**10.00** **Have I Got a Bit More News for You** Jennifer Saunders hosts, with guests Matt Forde and Ayesha Hazerika.

**11.00** **Taskmaster 7/10 Series 8** Joe Thomas grapples grumpily with some handwear.

**12 midnight** Mock the Week **12.40am** **QI** **1.20** Meet the Richardsons **2.00** Richard Osman's House of Games **2.30** Not Going Out **3.00–4.00am** The Misadventures of Ramesh Ranganathan (AD)

**Dave** F'view 19 F'sat 157 Sky 111 (Wales 112) Virgin HD 127  
**Dave** **Ja Vu** Freesat 57 Sky 211 (Wales 212) Virgin 131

## London Live

8

**6.00am** Roswell Conspiracies **6.30** Kong: the Animated Series **7.00** Pocket Dragon Adventures **7.30** Extreme Dinosaurs **8.00** Stone Age **8.30** Legend of the Dragon **9.00** Blandings **9.45** London Districts **10.00** Royals and Animals: Till Death Do Us Part **11.00** Terry and Mason's Great Food Trip **11.45** Michael Palin's New Europe **1.00pm** **FILM** The World of Henry Orient ★★★★★ **3.00** **FILM** After the Fox ★★★★★ **5.00** The Baron **6.00** News **7.00** The Prisoner **8.00** Carluccio's 5 Seasons **8.30** After Henry **9.00** The Escape Artist **10.45** **FILM** The Rise of the Krays ★★

**12.55am** **FILM** My Saviour ★★ **2.40** **FILM** Relentless ★★★★★ **4.05** Quest Boxing League **5.05** Terry and Mason's Great Food Trip **5.50–6.00am** London Districts

**London Live** Freesat 8 Sky 117 Virgin HD 159  
Available in London area only. Other regional stations available on Freesat 7 or 8 around the country

## 5 USA

21

**9.00am** Entertainment News **9.05** NCIS **12 noon** Law & Order **1.55pm** Entertainment News **2.00** Law & Order

**3.55** Entertainment News **4.00** Law & Order **6.00pm** NCIS Series 3. Triple bill. A case of identity theft **7.00** A child claims his father has been kidnapped **8.00** Ziva and Tony pose as assassins (AD) **9.00** **New**. Law & Order: Special Victims Unit Series 23. Benson's loyalty to Garland is tested First shown on Sky Witness

**10.00** Law & Order: Criminal Intent Series 8 A politician's daughter survives a murder attempt **11.00** Law & Order: Special Victims Unit **12.55am** Law & Order: Criminal Intent **2.50** Criminal Minds: a serial killer attacks people in public **3.35–4.00am** 999: Criminals Caught on Camera

**5 USA** Freesat 21 Freesat 129 Sky 141 Virgin 153  
+1 Freesat 130 Sky 241 Virgin 185

## 5 Star

32

**8.00am** Entertainment News **8.10** When Rich Kids Go Skint (AD) **9.00** Bargain-Loving Brits in the Sun **10.00** Shoplifters and Scammers: at War with the Law **11.00** Nightmare Tenants, Slum Landlords **12 noon** Traffic Cops

**2.00pm** Police Interceptors **5.00** Shoplifters and Scammers: at War with the Law

**6.00pm** **Home and Away** Cash investigates Bree's allegations of abuse. Shown 1.45pm C5 (AD) **6.30** **New**. With Remi's support, a nervous Bree seeks out Cash. Rptd tomorrow 1.45pm C5 (AD)

**7.00** **The Cruise: Below Deck** The *Scarlet Lady* is near the end of her Caribbean cruise.

**8.00** **Ambulance: Code Red** Two men are injured in an explosion at work.

**9.00** **Beatrice and Eugenie: Pampered Princesses?** A profile of the sisters.

**10.30 999: Critical Condition** A man arrives at hospital after an industrial accident.

**11.30** **Casualty 24/7: Every Second Counts** Hannah takes on her new role of matron.

**12.30am** Skin A&E **1.30** Dirty Home Rescue **2.30** GPs: behind Closed Doors (AD) **3.25** Dogs with Incredible Jobs **3.55–4.00am** Entertainment News

**5 Star** Freesat 32 Freesat 131 Sky 128 Virgin 151  
+1 Freesat 141 Sky 228 Virgin 186

## 5 Action

33

**9.00am** 999: Criminals Caught on Camera **9.30** Winter Road Rescue **10.40** Trucking Hell (AD) **11.40** Police Interceptors

**12.40pm** **FILM** Belle Starr ★★ Western **2.25** **FILM** The Red Badge of Courage ★★★★★ War drama. **Review p77** (BW) **4.00** Trucking Hell **4.55** Winter Road Rescue

**6.00pm** **Police Interceptors** A pursuit ends in a fireball for Damo and Nyck.

**7.00** Stu deals with a case involving an alleged assault and a missing crossbow.

**8.00** Jacko spearheads an operation in which the target is thought to be heavily armed.

**9.00** **Motorway Cops: Catching Britain's Speeders** PC Niaz Waddington attempts to catch a vehicle with cloned plates.

**10.00 999: Police Hour of Duty** Comms HQ receives a distress call from a teenager.

**11.00** **World's Deadliest Weather: Caught on Camera** In New Zealand, the White Island volcano erupts, with deadly consequences.

**12 midnight** Police Interceptors **2.00am** 999: Criminals Caught on Camera **3.00** Seconds from Death: Caught on Camera **3.55** Sewermen **4.45–5.00am** Entertainment News

**5 Action** F'view 33 F'sat 132 Sky 150 Virgin 187/HD 150

## 5 Select

56

**9.00am** GPs: behind Closed Doors (AD) **10.00** The Yorkshire Vet **12 noon** The Highland Vet **1.00pm** GPs: behind Closed Doors **3.00** The Yorkshire Vet **5.00** The Highland Vet

**6.00pm** **Around the World by Train with Tony Robinson** In Thailand and Malaysia.

**7.00** The actor rides the El Chepe train from the west coast of Mexico towards the USA.

**8.00** **Walking Britain's Roman Roads** What led the Romans to abandon Britain.

**9.00** **Tony Robinson's History of Britain** The nation under the rule of the Roman Empire.

**10.00** **Forged in Fire** Double bill.

**11.50** **British Planes That Won the War with Rob Bell** Why the Spitfire became the most famous fighter aircraft Britain ever produced.

**12.50am** Inside the Tower of London **1.50** Around the World by Train with Tony Robinson **2.50** Cruising with Susan Calman **3.35–4.00am** The Yorkshire Vet

**5 Select** F'view (HD only) 56 F'sat 133 Sky 153 Virgin 152

**FREEVIEW TV and film channels continue overleaf**



# TUESDAY Freeview & films

## W 25



**Inside the Ambulance**  
8.00pm Ksha Norbert-Nelson

**6.15am** Top Chef (S) (AD) (HD) **7.00** Property Brothers: Forever Homes (S) (AD) (HD) **8.00** Tipping Point (S) (HD) **10.00** DIY SOS: the Big Build (S) (HD) **12 noon** Rochelle Humes: Interior Designer in the Making (S) (AD) (HD) **1.00pm** Tipping Point (S) (HD) **4.00** DIY SOS: the Big Build (S) (HD) **5.00** Property Brothers: Forever Homes (S) (AD) (HD)

**6.00pm MasterChef Australia** A two-round pressure test. (S) (HD)

**7.20 Nigella: at My Table** Recipes include walnut carrot cake. (S) (HD)

**8.00 Inside the Ambulance** A cyclist is injured. (S) (AD) (HD)

**9.00 DIY SOS: the Big Build** A house in Enfield for a man with motor neurone disease. (S) (HD)

**10.00 24 Hours in A&E** Helping a 71-year-old who has fallen. (S) (HD)

**11.00 Lives on Fire** A man is found unconscious in the street. (HD)

**12 midnight** One Born Every Minute (S) (HD) **1.00am** Dating With My Mates (S) (AD) **2.00-3.00am** Tipping Point: quiz show (S) (HD)

**W** F'view 25 F'sat 156 Sky 132 Virgin HD 125 +1 Sky 232 Virgin 190

## Pick 36

**7.00am** Border Security: Canada's Front Line (AD) **8.00** Motorway Patrol **9.00** Stop, Search, Seize (AD) **10.00** Nothing to Declare (AD) **11.00** Highway Patrol **12 noon** Highway Cops (AD) **1.00pm** Border Patrol **2.00** Border Security: Canada's Front Line (AD) **3.00** Nothing to Declare (AD) **4.00** Star Trek: the Next Generation **5.00** Warehouse 13 **6.00** The Librarians **7.00** Star Trek: Voyager **8.00** NCIS: New Orleans **9.00 New** FBI: Maggie contemplates a huge decision (AD) **10.00** Killer in My Village: a look into the murder of Sheffield church organist Alan Greaves **11.00** Britain's Most Evil Killers **12 midnight** How I Caught the Killer **1.00am** Night Cops (AD) **2.00** Nothing to Declare (AD) **3.00** Border Patrol **4.00** Motorway Patrol **5.00-6.00am** Highway Cops: double bill (AD)

**Pick** F'view 36 F'sat 144 Sky 151 Virgin 135

## HGTV 44

**7.00am** Building Off the Grid **8.00** as 3pm **9.00** A Place in the Sun **10.00** Escape to the Country **12 noon** My Lottery Dream Home **1.00pm** Fixer to Fabulous **2.00** Fixer Upper: the Castle **2.30** The Retro Plant Shop with Mikey and Jo **3.00** The Great Interior Design Challenge (AD) **4.00** Sarah Beeny's Renovate Don't Relocate (AD) **5.00** Building Off the Grid **6.00** A Place in the Sun **7.00 New** Holmes Family Rescue **10.00 New** Unsellable Houses **11.00** Fixer to Fabulous **12 midnight** Escape to the Country **1.00am** Building Off the Grid **2.00** Sarah Beeny's Renovate Don't Relocate (AD) **3.00-4.00am** My Lottery Dream Home

**HGTV** F'view 44 F'sat 166 Sky 158 Virgin 286 +1 Sky 258 Virgin 290

**FREEVIEW channels continued from overleaf**

## Food Network 43



**Sophie Grigson: Slice of Italy** 9.00pm Puglia cuisine

**6.00am** Trisha's Southern Kitchen (HD) **7.00** The Pioneer Woman (S) (HD) **8.00 New** Valerie's Home Cooking (HD) **9.00** Jamie's 15-Minute Meals (S) (HD) **9.30** Jamie's 30-Minute Meals (S) (HD) **10.00** Sophie Grigson: Slice of Italy (HD) **11.00** Rachel Allen's Everyday Kitchen (S) (HD) **11.30** Rachel Allen's Everyday Kitchen at Christmas (S) (HD) **12 noon** The Great British Bake Off (S) (HD) **1.30pm** Nadiya's Family Favourites (S) (AD) (HD) **2.00** James Martin's French Adventure (S) (AD) (HD) **3.00** River Cottage: Summer's Here (S) **4.00** Valerie's Home Cooking (HD) **5.00** Barefoot Contessa: back to Basics (S) (AD) (HD) **6.00** Rick Stein's Seafood Lovers' Guide (S) (AD) **7.00** The Great British Bake Off (S) (HD) **8.30** Nadiya's Family Favourites (S) (AD) (HD) **9.00** Sophie Grigson: Slice of Italy (HD) **10.00** Rick Stein's Seafood Lovers' Guide (S) (AD) **11.00** Restaurant: Impossible (HD) **12 midnight** Guy's Grocery Games (HD) **1.00am** Restaurant: Impossible (HD) **2.00-3.00am** Jamie and Jimmy's Friday Night Feast (S) (HD)

**Food Network** Freeview 43 Freesat 148 Sky 140 Virgin 285

## Great TV 50

**6.00am** Sue Thomas: F.B.Eye **8.00** Highway to Heaven **10.00** Crazy like a Fox **11.00** Castle **12 noon** Body of Proof **1.00pm** Sue Thomas: F.B.Eye **3.00** Diagnosis Murder **5.00** Murder, She Wrote: double bill **7.00** M\*A\*S\*H **9.00** Randall and Hopkirk (Deceased): a clairvoyant tries to exorcise Marty **10.00** The Persuaders! **11.00** Return of the Saint **12 midnight** M\*A\*S\*H **2.00am** Randall and Hopkirk (Deceased) **3.00** Sue Thomas: F.B.Eye **4.30-6.00am** Highway to Heaven

**Great TV** Freeview 50 (limited) Freesat 142 Sky 157 Virgin 189 +1 Freesat 143 Sky 257

## RealityXtra 68

**9.00am** Perry Mason **11.00** Matlock **12 noon** The Fugitive **1.05pm** JAG **3.00** Perry Mason: double bill. Perry helps a veteran whose war diaries have been plagiarised, then Burger finds himself disqualified **5.00** The Fugitive **6.00** Matlock: the lawyer agrees to represent the director of a community play **7.00** Judge Judy **1.00am** Matlock **2.00** The Fugitive **3.00** The Day I Should Have Died **5.00-6.00am** Medical Detectives

**RealityXtra** Freeview 68 Freesat 134 Sky 147 Virgin 197

## BBC Parliament 232

**7.00am** Home Office Questions **8.00** House of Commons **9.30** Live Select Committees: coverage of the work of committees set up to investigate public policy and society **11.30** Live Treasury Questions: debate from the chamber **12.30pm** Live House of Commons: debate from the chamber **7.30** Live House of Lords **10.00** Welsh First Minister's Questions **11.00** Lords Questions **11.40-7.30am** House of Lords

**BBC Parliament** Freeview 232 Freesat 201 Sky 504 Virgin 605

## PBS America 84



**The Catacomb Mystery** 7.20pm Michael Scott

**8.00am** Beautiful Serengeti **8.30** Plane Crash Re-created (S) **9.35** The Catacomb Mystery **10.50** as 8.35pm **11.50** Heroes on Deck: World War II on Lake Michigan **1.00pm** Beautiful Serengeti **1.30** Plane Crash Re-created (S) **2.40** The Catacomb Mystery **3.55** as 8.35pm **5.00** Heroes on Deck: World War II on Lake Michigan

**6.10pm Plane Crash Re-created 2/10**. The plane forced to land on the Hudson River. (S)

**7.20 The Catacomb Mystery** Thousands of ancient skeletons found beneath the Vatican.

**8.35 Spying on Hitler's Army: the Secret Recordings** The conversations of German PoWs covertly recorded by the British. (S)

**9.35 Heroes on Deck: World War II on Lake Michigan**

**10.45 The Catacomb Mystery** As 7.20pm.

**12 midnight** Spying on Hitler's Army: the Secret Recordings (S)

**1.05-2.00am** Beautiful Serengeti **PBS America** F'view 84 (1pm-12 midnight only) Freesat 155 Sky 174 Virgin 273

## Blaze 64

**6.00am** Hardcore Pawn **7.45** Weird or What? with William Shatner **8.40** Ancient Aliens **10.40** Storage Wars Canada **11.10** Storage Wars **12.10pm** Pawn Stars **2.05** Hardcore Pawn **4.00** Ancient Aliens **6.00** Weird or What? with William Shatner **7.00** Storage Wars: double bill. Mary's fortune cannot be saved, then Emily receives a newlywed-themed surprise from the girls **8.00** Dickinson's Real Deal: from Barrow-in-Furness **9.00** Hardcore Pawn: double bill. A family feud breaks out on the shop floor, then Les finally lands a buyer for his Lee Iacocca Mustang **10.00** Court Cam **11.00** Counting Cars: two editions **12 midnight** Monsterquest **1.00am** Wicked Tuna **2.00** Swamp People **3.00** Dickinson's Real Deal **3.45** Storage Wars Canada **4.10-6.00am** Pawn Stars

**Blaze** F'view 64 F'sat 162 Sky 164 Virgin 199

## Challenge 48

**7.00am** The Chase **10.00** Dickinson's Real Deal **11.00** Supermarket Sweep **12 noon** Wheel of Fortune (AD) **1.00pm** Catchphrase (AD) **2.00** Who Wants to Be a Millionaire? **3.00** Play Your Cards Right (AD) **4.00** Bruce's Price Is Right **5.00** Bullseye **7.00** Pointless: quiz show in which contestants try to score the fewest points possible by giving the least obvious correct answers to questions **8.00** The Chase: double bill of the quiz show hosted by Bradley Walsh **10.00** Who Wants to Be a Millionaire?: award-winning quiz show presented by Chris Tarrant **11.00** Bullseye: double bill of the quiz that tests contestants' skill at darts and their general knowledge **12 midnight** The Chase: four editions **4.00am** Who Wants to Be a Millionaire? **5.00-6.00am** Bullseye

**Challenge** Freeview 48 Freesat 146 Sky 145 Virgin 139

## CHILDREN'S

### Milkshake! on C5

**5.35am** Peppa Pig **5.40** Paw Patrol **5.50** Pip and Posy **6.00** Peppa Pig **6.15** Blue's Clues & You **6.40** Oggy Oggy **6.45** Odo **6.55** Fireman Sam **7.05** Thomas & Friends **7.15** Kangaroo Beach **7.25** Peppa Pig **7.40** Paw Patrol **7.55** Pip and Posy **8.10** Paddington **8.25** Milo **8.35** Paw Patrol **8.50** Daisy & Ollie **8.55** Pip and Posy **9.05** Peppa Pig **9.10-9.15am** Sunny Bunnies

Full listings for Channel 5 are on p74

### CBeebies 202

**6.00am** Raa Raa the Noisy Lion **6.10** Bing **6.20** Teletubbies **6.35** School of Roars **6.40** Chuggington **6.50** Bing **7.00 New** Colourblocks **7.05** Hey Duggee **7.20 New** Bluey **7.35** Go Jetters **7.50** Peter Rabbit **8.00** Octonauts **8.15** Numberblocks **8.20** Love Monster **8.25** Popcast **8.35** Justin's House **9.00** Bing **9.10** Yakka Deel **9.15** Messy Goes to OKIDO **9.25** Colourblocks **9.30** Twirlywoos **9.45** Something Special **10.05** Teletubbies **10.20** The Toddler Club **10.35** Small Potatoes **10.40** Hey Duggee **10.45** Roots and Fruits **10.50** BOT and the Beasts **11.00** Bluey **11.05** Let's Go for a Walk **11.20** School of Roars **11.30** Teeny Tiny Creatures **11.40** Our Family **11.55** What's On Your Head? **12 noon** Big Cook Little Cook **12.20pm** Woolly & Tig **12.25** Waffle the Wonder Dog **12.35** Tee and Mo **12.45** Pablo **1.00** Yakka Deel **1.05** Numberblocks **1.10** Alphablocks **1.15** Dog Loves Books **1.25** Hey Duggee **1.30** Love Monster **1.40** Let's Dance **1.45** Something Special **1.20** Teletubbies **2.25** Bluey **2.30** Go Jetters **2.40** My Petsaurus **2.45** Maddy's Do You Know? **3.00** Dog Squad **3.15** Swashbuckle **3.35** Hey Duggee **3.45** Peter Rabbit **3.55** Wild Adventures **4.10 New** Pinocchio **4.25** Bluey **4.40** Supertato **4.45** Go Jetters **5.00** Topsy and Tim **5.10** Diddap **5.15** Biff and Chip **5.25** Sarah & Duck **5.35** JoJo & Gran Gran **5.45** Moon and Me **6.10** Clangers **6.20** In the Night Garden... **7.00pm** Bedtime Stories

**CBeebies** F'view 202 F'sat 608 Sky 608 Virgin 702

### CBBC 201

**7.00am** Shaun the Sheep **7.05** Danger Mouse **7.20** Dennis & Gnasher **7.35** Boy Girl Dog Cat Mouse Cheese **7.45 New** Newsround **7.55** Ninja Express **8.10 New** Operation Ouch! **8.20** Odd Squad **8.35** Horrible Histories **9.00** Princess Mirror-Belle **9.25** Danny & Mick **9.35** Andy and the Band **9.50** Nine Minute Ninja **10.00** Operation Ouch! **10.30** Horrible Histories **11.00** Live Lessons **11.25** Lifeable **11.30** Craft Party **11.45** Wild & Weird **12 noon** Danger Mouse **12.15pm** Oswald **12.25** Boy Girl Dog Cat Mouse Cheese **12.35** Monster Loving Maniacs **12.50** Dennis & Gnasher **1.00** The Next Step **1.45** The Dumping Ground **2.00** Blue Peter **2.30** Secret Life of Boys **2.50** Nikki Lilly Meets **3.00** Our Boarding School **3.20** Best in the World **3.40** Danger Mouse **3.50** Shaun the Sheep **4.00** Ninja Express **4.10** Boy Girl Dog Cat Mouse Cheese **4.25** Oswald **4.35 New** Pokémon **5.00** Odd Squad **5.10** We Bare Bears **5.25 New** Summer Camp Island **5.35 New** One Zoo Three **6.00 New** Lagging **6.25** Our CBBC **6.30-7.00pm** My Life

**CBBC** F'view 201 F'sat 607 Sky 607 Virgin 701

### CITV 203

**6.00am** Mission Employable **6.05** Robozuna **6.30** Hotel Transylvania **7.00** Smarty Pants **7.15** Mr Magoo **7.30** Lloyd of the Flies **7.45** Dave Spud **8.00** 50/50 Heroes **8.30** Scooby-Doo **9.25** Buck and Buddy **9.30** Scooby-Doo **9.55** Tata and Kuma **10.00** Teen Titans Go! **10.25** DC Super Hero Girls **10.50** Mr Bean **11.30** Dave Spud **12 noon** Mighty Mike **12.30pm** Detention Adventure **1.00** Mini Movies **1.30** Inspector Gadget **2.00** 50/50 Heroes **2.30** Hotel Transylvania **3.00** Craig of the Creek **3.30** Scooby-Doo **4.30** Smarty Pants **4.45** Mr Magoo **5.00** Lloyd of the Flies **5.15** Dave Spud **5.30** Jurassic World Camp Cretaceous **6.00** Teen Titans Go! **6.30** Inspector Gadget **7.00** Scooby-Doo **7.30** Jurassic World Camp Cretaceous **8.00** Mr Bean **8.30** Mini Movies **8.55-9.00pm** Mission Employable

**CITV** F'view 203 F'sat 602 Sky 612 Virgin 734

## FILMS

### Film4 14

**11.00am Tomahawk ★★★** Peace-loving frontier scout Van Heflin is up against both sides in this western. Yvonne De Carlo (1951) (S)

**12.40pm Captain Scarlett ★★** Swashbuckler in which Richard Greene returns from war to find his estates have been seized. (1953) (U) (S)

**2.15 Yesterday's Enemy ★★★** Wartime drama with Stanley Baker heading a squad of British soldiers who overrun a village in the Burmese jungle. Guy Rolfe (1959) (S)

**4.05 El Dorado ★★★★★** Fabulously entertaining western from director Howard Hawks. John Wayne, Robert Mitchum, James Caan (1967, PG) (S)

**6.40pm Star Trek Beyond ★★★★★** The Enterprise crew take on alien ruler Krall in this magnificent slice of sci-fi action. Review, right. Chris Pine (2016, 12) (S)

**9.00 Olympus Has Fallen ★★★★★** Former presidential bodyguard Gerard Butler comes to the rescue when the White House is infiltrated by terrorists. Aaron Eckhart, Morgan Freeman (2013, 15) (S) (AD)

**11.20 Body Brokers ★★** Thriller in which a recovering drug addict discovers a huge conspiracy operating through his rehab clinic. Review, right. Frank Grillo, Melissa Leo (2021, 18) (S)

**1.35-3.45am In Between ★★** Worthy drama about three female friends striving to live independent lives in Tel Aviv. Mouna Hawa (2016, 15)

**Film4 Freeview 14 Freesat 300**  
Sky 313 Virgin 428  
+1 F'view 47 F'sat 301 Sky 314 Virgin 430

### Talking Pictures TV 82

**6.00am Young Wives' Tale ★★** Stagey farce about two couples forced to lodge with one another. Joan Greenwood (1951) (S) **7.35 I'll Turn to You ★★** A soldier returns home to financial hardship in this affecting drama with some standout musical numbers. Terry Randall (1946, U) (S) **9.30 Interpol Calling TV drama. 10.00 The Glass Mountain ★★** This terribly British romantic drama sees Michael Denison and Dulcie Gray with marital difficulties. Review, right. (1949, U) (S) **11.55 Once a Sinner ★★** A girl from the wrong side of the tracks finds love until her crooked ex-boyfriend turns up in this enjoyable slice of Brit noir. (1950, PG) (S)

**1.35pm Let's Make Love ★★★★★** Marilyn Monroe's penultimate film is a frothy musical in which a slumming billionaire is cast as himself in a satirical off-Broadway revue. (1960, U) (S) **3.55 High Tide** A compendium of four episodes originally shown in the Armchair Thriller TV series. (S)

**6.00pm Scotland Yard TV drama. 6.35 Colonel March Investigates** Three episodes of the TV drama. (S) **8.00 Maigret** 1960s TV drama. (S) **9.05 Grushko: Russian Roulette** TV crime thriller with Brian Cox. (S) **12.20am The Return of Count Yorga ★★** Solid cult horror sequel that sees vampire Robert Quarry return to terrorise another group of Californian youths. (1971, 15) (S) **2.20 The Premature Burial ★★★★★** Moody Edgar Allan Poe horror from Roger Corman, in which a paranoid Ray Milland builds a crypt that he can escape from. Hazel Court (1962, 15) (S) **4.10 Attack of the Giant Leeches** Cheap, inept and very rubbery monster movie. Ken Clark, Yvette Giers (1960, PG) (S) **5.25-6.00am Mrs G Goes to College** American TV sitcom.

**Talking Pictures TV** Freeview 82 Freesat 306 Sky 328 Virgin 445



## FILM REVIEWS

## Sky Premiere

**6.15am Dear Elizabeth ★★★**  
A nerd's obsession with an old college friend goes viral in this awkward satire. Tony Hale (2020, 12) **8.00 Dakota** As 6.15pm **9.45 Top Gun: Maverick** As 8pm **11.55 Big Gold Brick** As 10.25pm **2.15pm The Estate** ★★ Crude and misfiring black comedy in which Toni Collette and her relatives vie for their dying aunt's assets. (2022, 15) **4.05 Father Stu** ★★ Religious drama with Mark Wahlberg as an amateur boxer who finds his calling as a priest. (2022, 15) **6.15pm Dakota** ★★ Warm-hearted drama about a young widow and her daughter who take on a loyal dog. Abbie Cornish, Tim Rozon (2022, PG) **8.00 Top Gun: Maverick** ★★ Tom Cruise's action-packed return to the skies finds our hero recruited to train a group of upstarts. (2022, 12) **10.25 Big Gold Brick** ★★ Whimsical comedy about a failed writer who is hired to write a wealthy man's biography. Andy Garcia (2022, 15) **12.55am The Estate** As 2.15pm **2.45 Father Stu** As 4.05pm **5.00 Sky Cinema Preview**  
**Sky Premiere** Sky 301 Virgin 401 BT 501/HD 515 +1 Sky 312

## Great Movies 34

**9.00am Dying for a Baby** ★★ Thriller. Christa B Allen (2019) **11.00 Murder Unresolved** ★★ Twisting thriller. Nicholle Tom (2015) **1.00pm Crash Site: a Family in Danger** ★★ Horror thriller. (2011) **3.00 Dangerous Company** ★★ Predictable made-for-TV thriller. (2015) **5.00 Garage Sale Mysteries: the Mask Murder** **6.45pm Battle Los Angeles** ★★★ A burnt-out marine leads a misfit platoon against alien invaders in this watchable sci-fi action flick. (2011, 12) **9.00 The Butterfly Effect** ★★★ Supernatural thriller about a student who discovers he can travel back in time. **Review, right.** (2003, 15) **11.20 Stratton** ★★ Humdrum action thriller in which elite commando Dominic Cooper tries to thwart a bizarre terrorist plot. (2017, 15) **1.00am First Kill** ★★ Bloody, unconvincing kidnap drama. Bruce Willis, Hayden Christensen (2017, 15) **3.25-5.50am What's Eating Gilbert Grape** ★★★ Sweet, low-key drama about a sensitive teenager. Johnny Depp (1993, 12) **Great Movies Freeview** 34 **FreeSat** 302 Sky 321 Virgin 425 +1 **Freeview** 61 (limited 10pm-5am) Sky 322

## Great Romance 52

**6.00am Destination Wedding** ★★ Amiable TV-movie romcom. (2017) **8.00 Dater's Handbook** ★★★ Cute romantic comedy drama. Meghan Markle (2016) **10.00 Made for You, with Love** ★★ Cosy romance. Edy Ganem, (2019) **12 noon The Beauty of Love** ★★ So-so romantic fluff. (2021) **2.00pm The Baby Proposal** ★★ Perky but totally absurd romance. (2019) **4.00 A Romance Wedding** ★★ Overwrought love story. (2021) **6.00pm My Birthday Romance** ★★ Light romantic farce. (2020) **8.00 Just the Way You Are** ★★ Sweet and involving romcom. (2015) **10.00 A Honeymoon to Remember** ★★ A jilted bride hits the beach. (2021) **11.50 All Things Valentine** ★★ A blogger meets her dishy troll. (2016) **1.30am Love & Where to Find It** ★★ Familiar romcom. (2021) **3.00 Love on the Sidelines** ★★ Likeable romcom. (2016) **4.30-6.00am The Birthday Wish** ★★ Romcom. (2017) **Great Romance Freeview** 52 (limited) **FreeSat** 303 Sky 319 Virgin 424 +1 **F'view** 63 (limited 10pm-5am) **F'sat** 304 Sky 320

## TCM Movies

**7.45am The Young Guns** ★★ Lightweight western. Russ Tamblyn (1956) **9.30 The Karate Killers** ★★ Clumsy, unfunny spy spoof. Robert Vaughn (1967, PG) **11.25 Return of the Gunfighter** ★★ Meandering western. Robert Taylor, Chad Everett (1967, U) **1.30pm One of Our Spies Is Missing** ★★★ Classy spin-off of the popular TV series *The Man from UNCLE*. **Review, right.** Robert Vaughn (1966, U) **3.25 Canyon Raiders** ★ Short and simplistic western. Whip Wilson (1951) **4.35 Copper Canyon** ★★ Convoluted but stylish post-Civil War western. Ray Milland, Hedy Lamarr (1950, U) **6.20pm The Cowboys** ★★ Awkwardly paced and overlong rite-of-passage western. (1972, 12) **9.00 Point Break** ★★ A distinct lack of tension blights this remake of the action classic. Luke Bracey (2015, 12) **11.20 Out for Justice** ★★ By-the-numbers crime drama with Steven Seagal as a cop on the trail of a drugs baron. William Forsythe (1991, 18) **1.20am Teleshopping** **3.35 Off Set** **4.00 Close Up** **5.30 Hollywood's Best Film Directors**  
**TCM Movies** Sky 315 Virgin 415 +1 Sky 316 Virgin 417

## Great Movies Action 42

**6.00am M\*A\*S\*H** **7.00 Tomorrow We Live** ★★ Action-packed wartime spy melodrama. John Clements (1942, U) **8.45 10.0 Earthquake** ★★ Derivative disaster movie. (2014) **10.35 The Panzer** **11.30 Wild West Chronicles** **12 noon M\*A\*S\*H** **1.00pm The Red Beret** ★★ Rip-roaring Second World War drama. Alan Ladd (1953, PG) **2.50 Wild Wind** ★★ Predictable wartime drama. George Montgomery (1955) **4.40 The Nevadan** ★★ Entertaining western yarn. (1950, U) **6.35pm Wild West Chronicles** TV western series with Jack Elliott. **7.05 Bermuda Tentacles** ★★ Sci-fi horror starring Linda Hamilton. Linda Hamilton, Trevor Donovan, Jamie Kennedy (2014) **9.00 12 Rounds** ★★ Clichéd action thriller starring John Cena as a New Orleans cop. (2008, 15) **11.10 10 Minutes Gone** ★★ By-the-numbers Bruce Willis thriller. (2019, 15) **1.05am Stratton** ★★ Humdrum action thriller. Dominic Cooper (2017, 15) **2.55-4.00am The Blitz** on London **Great Movies Action Freeview** 42 (limited) **F'sat** 305 Sky 323 Virgin 426 +1 Sky 324

## Legend 41

**8.00am Walker, Texas Ranger** **9.00 Mutant X** **10.00 Star Trek: the Next Generation** **11.00 G-Lo** ★★ Low-budget and talky British sci-fi thriller. Stephen Moyer (2020, 12) **1.00pm Collision Earth** ★★ Cheap and cheerful sci-fi thriller. Kirk Acevedo (2011, 12) **3.00 The Darwin Conspiracy** ★★ Bland sci-fi drama that rides on *Jurassic Park's* coat-tails. (1999, PG) **5.00 Star Trek** **6.00pm Star Trek: the Next Generation** TV sci-fi adventure. **7.00 Airwolf** US TV drama. **8.00 Walker, Texas Ranger** TV action drama with Chuck Norris. **9.00 The Internecine Project** ★★ A government adviser is out to cover up his past in this intriguing thriller. James Coburn (1974, 15) **10.50 Pacific Heights** ★★ Creepy thriller from the director of *Marathon Man*. Melanie Griffith, Matthew Modine, Michael Keaton (1990, 15) **12.50am Peripheral** ★★ *Video-drome*-like sci-fi horror. (2018, 18) **2.40-4.30am Reasonable Doubt** ★★ Initially intriguing but increasingly implausible thriller. Dominic Cooper, Samuel L. Jackson (2014, 15) **Legend F'view** 41 **F'sat** 137 Sky 148 Virgin 149



## Film Stars Don't Die in Liverpool

★★★★ 11.15pm-12.55am BBC2

**DRAMA** This beautifully constructed true-life romance charts the passionate love affair between fading (and ailing) Hollywood beauty Gloria Grahame (an icon of classic noirs like *The Big Heat*) and jobbing Liverpoolian actor Peter Turner in late-1970s Britain. Witty but also moving, it's anchored by fearless, Bafta-nominated performances from Annette Bening and Jamie Bell as the unlikely couple. There's first-class support from Julie Walters, Kenneth Cranham and Stephen Graham as Turner's speak-as-you-find family. **JEREMY ASPINALL** (UK 2017, swearing, nudity, col/BW, HD)

## The Glass Mountain ★★

10.00-11.55am

Talking Pictures TV

**DRAMA** Husband-and-wife team Michael Denison and Dulcie Gray star in this well-meaning look at a couple forced apart by war. Denison plays the RAF Observer who returns from duty obsessed by Valentina Cortese, the partisan who rescued him. Sadly, director Henry Cass's film gets lost in sentimentality. **DAVID PARKINSON** (UK 1949, BW)

## One of Our Spies Is Missing ★★

★★★ 1.30-3.25pm TCM

**ADVENTURE** This is one of the classier feature spin-offs from the *Man from UNCLE* TV series, with Robert Vaughn as the indomitable Napoleon Solo and David McCallum as the impassive Illya Kuryakin. Nostalgia buffs should have a ball with all those bouffant hairdos and the snappy editing. There's more intrigue with the spies tomorrow on TCM. **TOM HUTCHINSON** (US 1966, some violence, HD)

## The Red Badge of Courage ★★

★★★ 2.25-4.00pm 5 Action

**WAR** John Huston's American Civil War epic is famous for having been butchered by the studio. Although this is

a shadow of the film Huston intended, it is still a powerful study of the waste of war, featuring some remarkable black-and-white photography. Audie Murphy stars as the recruit who is given a baptism of fire and emerges a hero. **ADRIAN TURNER** (US 1951, BW)

## Star Trek Beyond ★★

6.40-9.00pm Film4

**SCI-FI** The 13th movie in the franchise sees Kirk (Chris Pine) and the crew of the *Enterprise* teaming up with a zebra-faced alien (Sofia Boutella) to thwart the war-mongering desires of Krall (Idris Elba). Director Justin Lin pays homage to past TV-series glories while delivering the most spectacular special effects seen in the entire canon. **ALAN JONES** (US 2016, edited for content, HD)

## Thunderball ★★

8.00-10.45pm ITV4

**SPY** The James Bond series went truly comic strip with this gadget-filled romp. Playing 007 for the fourth time, Sean Connery is still getting a kick out of the part, and he has a worthy foe in Adolfo Celi's Spectre agent, who hijacks two nuclear weapons belonging to Nato. Bond is back in *You Only Live Twice* on Thursday – see p97. **DP** (UK 1965, violence, HD)

## The Butterfly Effect

★★★ 9.00-11.20pm

Great Movies

**THRILLER** Ashton Kutcher stars in this ambitious supernatural thriller, playing a troubled college student who discovers he has the ability to go back in time and rewrite the past. Touching on provocative themes such as child abuse, disability and terminal illness, this makes for a powerful and disturbing tale. **SLOAN FREER** (US/Can 2003, violence, swearing)

## Get Him to the Greek

★★★★ 9.00-11.05pm

Comedy Central

**COMEDY** Jonah Hill is on typically handdog form here as the record-company drone charged with getting Russell Brand's rock star to the Greek Theatre in LA for his big comeback gig. There are some brilliantly funny turns from the two leads, and those who normally find Brand too abrasive may be surprised to see his softer side. **STELLA PAPAMICHAEL** (US 2010, swearing, sex scenes, HD)

## Body Brokers ★★

11.20pm-1.35am Film4

**THRILLER** Writer/director John Swab offers an original variation on the drugs movie that focuses on rehabilitation rather than addiction. Jack Kilmer plays a heroin user who signs up to a recovery programme, only to realise it's an insurance scam. While the human drama doesn't quite draw you in, Swab makes his points well about industries that profit from suffering. **KEVIN HARLEY** (US 2021, violence, swearing, drug abuse, HD)

## Sky Cinema picks

## The Secret Garden ★★

12.35-2.20pm **Sky Family**  
Captivating adaptation. (2020, PG) Sky 306; Virgin 406; BT 506/520

## Men in Black ★★

4.35-6.25pm  
**Sky Cinema Sci-Fi/Horror**  
Alias Will Smith and Tommy Lee Jones. (1997, PG) Sky 311; Virgin 411; BT 511/525

## Goon ★★

8.00-9.50pm  
**Sky Cinema Comedy**  
Knockabout Seann William Scott comedy. (2011, 15) Sky 308; Virgin 408; BT 508/522

**Films to stream from p32**  
Netflix, Amazon, Disney+ and more



## Sky Showcase



**Robin Williams: Come inside My Mind** 9.00pm The actor

**6.00am** The Early Rundown **7.00** Kay Burley **8.00** Baby Animals (S) **9.00** Nothing to Declare UK (S) **10.00** Supergirl (S) **11.00** NCIS: New Orleans (S) **1.00pm** Hawaii Five-O (S) **2.00** S.W.A.T. (S) (AD) **3.00** Gangs of Baboon Falls (S) **4.00** The Conners (S) **4.30** Futurama (S) **5.00** The Simpsons (S) **5.30** The Fresh Prince of Bel-Air (S)

**6.30pm** The Simpsons The family reminisces about days gone by. **7.00** Homer is nagged into taking Bart and Lisa to a theme park. **7.30** Sidshow Bob is intent on taking revenge on Bart. (S)

**8.00** American Auto 9/10 Series 1. The group attends the annual Payne Foundation Fundraising Gala. (S)

**8.30 10/10.** A TV news magazine films a segment on Katherine. (S)

**9.00** Robin Williams: Come inside My Mind An intimate portrait of the comedian and actor Robin Williams. (S) (AD)

**11.10** Hold the Front Page 5/6 Nish Kumar and Josh Widdicombe work as reporters for the Northamptonshire Telegraph. (S) (AD)

**12.10am** S.W.A.T. (S) **1.10** The Force: Manchester (S) **2.10** Brit Cops: Law & Disorder **3.05** Hawaii Five-O (S) **4.00** S.W.A.T. (S) (AD) **5.00–6.00am** The Early Rundown: double bill

**Sky Showcase** Sky 106 Virgin 109 BT 340/HD 355 +1 Sky 206

## Sky Sci-Fi

**6.00am** V **7.00** The Librarians **8.00** Home Shopping **11.00** V **12** noon Star Trek: the Next Generation **2.00pm** Project Blue Book **3.00** The Outpost **4.00** The Librarians **5.00** Stargate SG-1

**6.00pm** Star Trek: the Next Generation 10/26 Series 7 A routine mission produces a twist when Data encounters a woman claiming to be his mother. **7.00 11/26.** Worf is worried when he feels that reality is changing – but no one else notices.

**8.00** Merlin 13/13 Series 4 Camelot has fallen to Morgana, leaving Arthur broken, and Merlin realises only an extraordinary act will restore his master's faith.

**9.00** New. Reginald the Vampire 9/10. The Assessment is 24 hours away and Reginald must use his initiative to figure out a way to survive. Will he find a solution? **10.00** New. 10/10. The Assessment has finally arrived. The only open question is whether or not Reginald will survive it.

**11.00** Acts of Violence ★ Action crime drama starring Cole Hauser and Bruce Willis. When a man's fiancée is kidnapped, he sets out with his military brothers and a grizzled detective to get her back.

**1.00am** V **2.00** Wynonna Earp **3.00** Stargate SG-1 **4.00–6.00am** Star Trek: the Next Generation

**Sky Sci-Fi** Sky 139 Virgin 122 BT 348/HD 363 +1 Virgin 229

## Sky Atlantic



**Ray Donovan** 5.45pm Mickey is in the mood to party

**6.00am** Fish Town (HD) **7.55** The Sopranos (S) (AD) (HD) **10.05** Ray Donovan (S) (AD) (HD) **12.15pm** Game of Thrones (S) (AD) (HD) **1.20** Six Feet Under (S) (HD) **3.30** The Sopranos: two episodes (S) (HD)

**5.45pm** Ray Donovan 11/12 Series 3. Mickey pushes his luck by throwing himself a going-away party. (S) (AD) (HD)

**6.50 12/12.** Abby and Terry tell Ray the truth about Bridget. (S) (AD) (HD)

**7.55** Game of Thrones 6/10 Series 3. Robb weighs up a compromise to repair his alliance with House Frey. (S) (AD) (HD)

**9.00** The Last of Us 4/9. A smuggler is tasked with escorting a teenage girl across a post-apocalyptic United States. (HD)

**10.00** City on a Hill 5/10 Series 1 The search for the weapon used in the armoured truck robbery in Revere continues. (S) (AD) (HD)

**11.05** True Detective 3/8 Series 3 Hays is presented with a second chance to vindicate himself and the investigation. (S) (AD) (HD)

**12.10am** 4/8. West and Hays think they may have found a connection with the local church. (S) (AD) (HD)

**1.25** Lovecraft Country (S) (AD) (HD) **2.35** Game of Thrones (S) (AD) (HD) **3.40** In Treatment (S)

**4.10–6.00am** Fish Town (HD)

**Sky Atlantic** Sky 108 (Wales 109) BT 342/HD 357 +1 Sky 208 (Wales 209)

## Sky Witness

**6.00am** Bondi Rescue (S) (HD) **7.00** UK Border Force (S) (AD) (HD) **8.00** Border Patrol (S) **9.00** Road Wars (S) (HD) **10.00** Brit Cops: Law & Disorder (S) **11.00** The Force: Manchester (S) (HD) **12** noon FBI (S) (AD) (HD) **1.00pm** 9-1-1 (S) (HD) **2.00** Blue Bloods (S) (AD) (HD) **3.00** Bull (S) (HD)

**4.00pm** Nothing to Declare Eight editions of the documentary following the work of customs officers in Australia. (HD)

**8.00** Blue Bloods 4/20 Series 12 Jamie faces backlash from fellow officers when he partners with Erin and Anthony. (S) (AD) (HD)

**9.00** Lincoln Rhyme: Hunt for the Bone Collector 2/10. Lincoln and Amelia hunt for a killer who is live-streaming murders. (S) (HD)

**10.00** Law & Order: Special Victims Unit Ep 6 Series 23 As Amaro asks the SVU for help in clearing a convicted man's name, a figure from Benson's past enters her present. (S) (HD)

**11.00** FBI 13/22. Maggie and OA go on a mission to try and find a couple whose spree of armed robberies resulted in the death of a police officer. (S) (AD) (HD)

**12** midnight FBI: Most Wanted: the team races to rescue a mother and daughter (S) (AD) (HD) **1.00am** New Amsterdam (HD) **2.00** Road Wars (S) (HD) **3.00** 9-1-1 (S) (HD) **4.00** Private Eyes (S) (HD) **5.00–6.00am** The Force: Manchester (S) (HD)

**Sky Witness** Sky 107 Virgin 110 BT 341/HD 356 +1 Sky 207 Virgin 163

## Sky Max



**Stargate SG-1** 6.00pm O'Neill tries to return a stolen device

**6.00am** Stargate SG-1 (S) (HD) **8.00** DC's Legends of Tomorrow (S) (AD) (HD) **9.00** Quantum Leap (S) (HD) **10.00** Supergirl (S) (AD) (HD) **11.00** NCIS: New Orleans (S) (HD) **1.00pm** Hawaii Five-O (S) (HD) **2.00** S.W.A.T. (S) (AD) (HD) **3.00** Quantum Leap (S) (HD) **4.00** DC's Legends of Tomorrow (S) (AD) (HD) **5.00** Supergirl (S) (HD)

**6.00pm** Stargate SG-1 14/22 Series 2. O'Neill and the team uncover a sinister plot. (S)

**7.00 15/22.** A black hole threatens the team. (S)

**8.00** NCIS: Los Angeles Ep 3 Series 14. The team joins forces with the FBI. (S) (HD)

**9.00** Freddie Fries Again 2/6 Series 2. Andrew Flintoff and Rob Penn head to Newmarket. (S) (AD) (HD)

**10.00** Fantasy Football League Ep 2 Series 2. With guests Maisie Adam and Mo'Nique. (HD)

**10.35** Hold the Front Page 5/6 Nish Kumar and Josh Widdicombe work for the Northamptonshire Telegraph. (S) (AD) (HD)

**11.35** S.W.A.T. Ep 3 Series 6. An armoured vehicle is stolen. (S) (HD) **1.30am** Wolfe (S) (AD) (HD) **1.30** The Force: Manchester (S) (AD) **2.30** Road Wars (HD) **3.00** Hawaii Five-O (S) (HD) **4.00** S.W.A.T. (S) (AD) (HD) **5.00–6.00am** Highway Patrol (S)

**Sky Max** Sky 113 (Wales 114) Virgin 111 BT 346/HD 361

## Sky Replay

**7.00am** Sixth Sense with Colin Fry (S) **8.00** Four Weddings (S) **10.00** Paramedics: Australia (S) **11.00** Road Wars (S) **12** noon Highway Patrol (S) **1.00pm** Air Ambulance ER (S) **2.00** The Librarians (S) **4.00** V (S) **6.00pm** Most Haunted: double bill. Yvette Fielding and the team are at Nunlington Hall in North Yorkshire, then explore Hall 't' Wood in Bolton (S) **8.00** Road Wars (S) **9.00** Jamestown: the Pamunkey find a way to teach the Sharrows a lesson (S) **10.00** Air Ambulance ER: medics fight to save a man's life following an accidental overdose (S) **11.00** Night Cops **1.00am** Motorway Patrol (S) (AD) **2.00** A League of Their Own Road Trip: Dingle to Dover (S) (AD) **3.00** Duck Quacks Don't Echo (S) (AD) **4.00** Four Weddings (S) **5.00–6.00am** Sixth Sense with Colin Fry: double bill (S)

**Sky Replay** Sky 152 Virgin 156

## Sky Crime

**6.00am** Highway Patrol (S) **7.00** Motorway Patrol (S) **8.00** Highway Cops **9.00** Nothing to Declare **10.00** Stop, Search, Seize (S) **11.00** How I Caught the Killer (S) **12** noon The Killer Within (S) **1.00pm** Forensics: Catching the Killer (S) (AD) **2.00** Killer in My Village (S) **3.00** Most Evil Killers (S) (AD) **5.00** The Real Manhunter: the Murder of Bridget "Bridie" Skehan (S) **6.00** Killer in My Village (S) **7.00** Most Evil Killers (S) **9.00** Wrongly Released: Free to Kill (S) **10.00** How I Caught the Killer (S) **11.00** Most Evil Killers (S) (AD) **12** midnight Forensics: Catching the Killer (S) (AD) **1.00am** Murder Next Door **2.00** as 2pm **3.00** The Killer Within (S) **4.00** 911 Crisis Centre (S) **5.00–6.00am** Motorway Patrol: two editions (S)

**Sky Crime** Sky 122 Virgin 121 BT 349/HD 364 +1 Sky 222 Virgin 164

## Gold



**Live at the Apollo** 10.25pm Sets by Doc, Jason and Chris

**7.30am** The Fosters (S) **8.00** Keeping Up Appearances (S) (AD) **8.40** My Hero (S) **9.20** Are You Being Served? (S) **10.00** Porridge (S) **10.40** Last of the Summer Wine (S) **12** noon Keeping Up Appearances (S) (AD) **12.40pm** My Hero (S) **1.20** Dad's Army (S) **2.00** Porridge (S) **2.40** Are You Being Served? (S) **3.20** Last of the Summer Wine (S) **4.40** Dad's Army (S) **5.20** Keeping Up Appearances (S) (AD)

**6.00pm** Are You Being Served? The staff take over the canteen. (S)

**6.40** Dad's Army The platoon acquires an armoured car. (S) **7.20** The men head off for a weekend at a training camp. (S)

**8.00** Only Fools and Horses Raquel is offered an audition. (S) (AD)

**9.10** Bottom The boys go trick-or-treating. (S) (AD)

**9.50** Not Going Out A noisy neighbour moves in. (S) (HD)

**10.25** Live at the Apollo Sets by Jason Manford, Chris Ramsey and Doc Brown. (S) (HD)

**11.30** French and Saunders Featuring a parody of Misery. (S)

**12.05am** Murder, They Hope (S) (AD) (HD) **1.10** Bottom (S) (AD) **1.50** Not Going Out (S) (HD) **2.35** Live at the Apollo (S) (HD) **3.20–4.00am** French and Saunders (S)

**Gold** Sky 110 (Wales 111) Virgin 124 BT 344/HD 359 +1 Sky 210 (Wales 211) Virgin 194

## Sky Comedy

**8.00am** Futurama (S) (HD) **9.00** Everybody Hates Chris (S) (HD) **10.00** Sex and the City (S) (HD) **11.15** House of Lies (S) (HD) **12.30pm** The Fresh Prince of Bel-Air (S) (AD) **1.30** Modern Family (S) (HD) **2.30** The Office US (S) (HD) **3.00** Will & Grace (S) (AD) (HD) **4.00** The Conners (S) (AD) **4.30** Futurama (S) (AD) **5.00** The Office US (S) (HD) **5.30** The Fresh Prince of Bel-Air (S) (HD) **6.30** Futurama (S) (HD) **7.30** The Office US (S) (HD) **8.00** New. The Conners (S) (HD) **8.30** The Office US (S) (HD) **9.00** American Auto (S) (HD) **10.00** Carters Get Rich (S) (AD) (HD) **11.00** New. The Late Late Show with James Corden (HD) **12** midnight Code 404 (S) (AD) (HD) **12.30am** New. The Tonight Show Starring Jimmy Fallon (HD) **1.30** Vice Principals (S) (AD) (HD) **2.40** Veep (S) (AD) (HD) **4.00–5.00am** Everybody Hates Chris: two episodes (S) (HD)

**Sky Comedy** Sky 114 (Wales 115) Virgin 112 BT 347/HD 362

## Comedy Central

**8.00am** My Wife and Kids (S) (HD) **9.00** The Middle (S) (HD) **10.00** Last Man Standing (S) (HD) **12** noon Friends (S) (AD) (HD) **9.00pm** FILM Get Him to the Greek ★★★★★ Comedy starring Russell Brand and Jonah Hill. Junior record-company executive Aaron Green is ordered by his boss to get Brit rocker Aldous Snow from London to LA in 72 hours for a gig. **Review p77** (S) (HD) **11.05** Kevin Bridges: the Brand New Tour: the comic's 2018 show at the Glasgow Hydro (S) (HD) **12.05am** The Ricky Gervais Show (S) (HD) **12.35** South Park (S) (HD) **2.35** The Ren & Stimpy Show (S) **3.05** Beavis and Butt-Head **3.20** Fugget about It (S) **3.45** New. The Daily Show **4.15–5.00am** Friends (S) (AD) (HD)

**Comedy Central** Sky 112 (Wales 113) Virgin 181/HD 132 BT 345/HD 360 +1 Sky 212 (Wales 213) Virgin 133

## Alibi



**The Coroner** 9.00pm Jane struggles to clear Mick's name

**7.10am** Murdoch Mysteries (S) (HD) **9.00** Hudson & Rex (S) (AD) (HD) **10.00** Unforgettable (S) (AD) **11.00** Person of Interest (HD) **12** noon Major Crimes (S) (HD) **1.00pm** Death in Paradise (S) (AD) (HD) **2.00** Murdoch Mysteries (S) (HD) **4.00** Hudson & Rex (S) (AD) (HD) **5.00** Unforgettable (S) (HD)

**6.00pm** Without a Trace 24/24 Series 2. A captain is found dead on his yacht. (HD)

**7.00** Person of Interest 4/22 Series 2. Reese tries to protect a mob enforcer and his girlfriend after the hitman's boss takes out a contract on them both. (HD)

**8.00** Death in Paradise 3/8 Series 4. The president of the local military re-enactment society dies mid-battle. (S) (AD) (HD)

**9.00** The Coroner 5/10 Series 2 When Mick's rival landlord is found dead on the beach, Jane is forced to try to clear his name. (S) (AD) (HD)

**10.00** Death in Paradise 4/8 Series 4. A hen party ends in tragedy when the bride-to-be is found dead in her bath. (S) (AD) (HD)

**11.00** Without a Trace As 6pm.

**12** midnight Hudson & Rex (S) (AD) (HD) **1.00am** Major Crimes (S) (HD) **1.55–4.00am** Why Women Kill: double bill (S) (AD) (HD)

**Alibi** Sky 109 (Wales 110) Virgin 126 BT 343/HD 358 +1 Sky 209 (Wales 210) Virgin 191

## Discovery

**6.00am** Wheeler Dealers (S) (AD) (HD) **7.00** Deadliest Catch (S) (HD) **8.00** Alaska: Homestead Rescue (S) (HD) **9.00** Railroad Alaska (S) (HD) **10.00** How Do They Do It? (S) (HD) **11.00** Wheeler Dealers: Dream Car (S) (HD) **12** noon Salvage Hunters (S) (AD) (HD) **1.00pm** Gold Rush (S) (HD) **3.00** Building Off the Grid (S) (HD) **4.00** Alaska: Homestead Rescue (S) (HD) **5.00** Wheeler Dealers (S) (HD) **6.00** Salvage Hunters (S) (AD) (HD) **7.00** Kindig Customs (S) (HD) **8.00** Outback Truckers (S) (HD) **9.00** Gold Rush (HD) **10.00** New. Gold, Lies and Videotape (S) (HD) **11.00** Naked and Afraid (S) (HD) **12** midnight Combat Dealers (S) (HD) **1.00am** Gold Rush (HD) **2.00** Gold, Lies and Videotape (S) (HD) **3.00** Moonshiners (S) (HD) **4.00–5.00am** Wheeler Dealers (S) (AD) (HD)

**Discovery** Sky 125 Virgin 250 BT 320/HD 325 +1 Sky 225 Virgin 258

## Discovery History

**6.00am** Nasa's Unexplained Files (S) **7.00** How the Universe Works **8.00** Ultimate Warfare (S) **9.00** Combat Dealers (S) (AD) **10.00** Unexplained and Unexplored (S) **11.00** Cruise Ship Disaster: inside the Concordia **12** noon Nasa's Unexplained Files (S) **1.00pm** Expedition Unknown **2.00** Greatest Events of World War II (S) **3.00** Blowing Up History (S) **4.00** Mysteries at the Museum **5.00** Ultimate Warfare (S) **6.00** How the Universe Works **7.00** Expedition Unknown **8.00** Combat Dealers (S) (AD) **9.00** UFO Witness (S) **10.00** How the Universe Works (S) **11.00** Lost City of the Desert (S) (AD) **12** midnight Combat Dealers: Reloaded (S) **1.00am** as 8pm **2.00** as 9pm **3.00** as 2pm **4.00–5.00am** as 3pm

**Discovery History** Sky 177 Virgin 257 +1 Sky 277 Virgin 261



## Sky Documentaries



**Belushi 10.50pm** The life of the revered comedy actor

**6.00am** Harrow: a Very British School (S) (AD) **7.00** Discovering: Kirk Douglas (S) (AD) **8.00** The Directors (S) **9.00** The Story of Late Night (S) (HD) **10.00** The Movies (S) (HD) **11.00** McMillion\$ (S) (AD) **12 noon** Music Box (S) (AD) **2.10pm** **FILM** I Am Bruce Lee ★★★★★ The story of the charismatic actor and martial arts star (S) (AD) (W) **4.00** The Directors: the life and work of Federico Fellini (S) **5.00** Discovering: Kirk Douglas (S) (AD)

**6.00pm** **The Story of Late Night** A look at contemporary hosts, including Jimmy Fallon, Trevor Noah and James Corden. (S) (HD)

**7.00** **The Movies** Films that pushed film-making boundaries, from *The Godfather* to *Jaws*. (S) (HD)

**8.00** **McMillion\$** The FBI investigates two figures they believe are linked to the scam. (S) (AD)

**9.00** **Fatboy Slim: Right Here, Right Now** Documentary about the Big Beach Boutique II free event held in 2002 in Brighton.

**10.50** **Belushi** The life story of comedy star John Belushi. (S) (AD) **1.00am** Liverpool Narcos (S) **2.00** **FILM** All That Breathes ★★★★★ Hindi+subtitles. **Review page 87** Repeated tomorrow 9pm (W) **4.00** The Directors (S) **5.00–6.00am** Discovering: Kirk Douglas (S) (AD)

**Sky Documentaries Sky 121**  
Virgin 277 BT 352/HD 367

## Nat Geographic

**8.00am** Food Factory (S) (HD) **9.00** Air Crash Investigation (S) (HD) **10.00** Car SOS (S) (HD) **11.00** Ice Road Rescue (HD) **12 noon** Hitler's Secret Underground Factory (S) (HD) **1.00pm** Ancient X Files (HD) **2.00** Egypt's Sunken City: Drain the Oceans (S) (AD) (HD) **3.00** The Jesus Mysteries (HD) **4.00** Secrets of Christ's Tomb (HD) **5.00** Uncovering Herod's Lost Tomb (HD) **6.00** Lost Treasures of Egypt (HD) **7.00** Air Crash Investigation (S) (AD) (HD) **8.00** **New.** Super/Natural (HD) **9.00** Snakes in the City (HD) **10.00** **New.** Drain the Oceans: Deep Dive (HD) **11.00** Air Crash Investigation (S) (AD) (HD) **12 midnight** Banged Up Abroad (S) (HD) **1.00am** Drugs Inc (HD) **2.00** Money Meltdown (HD) **2.30** Food Factory (S) (HD) **4.10** When Sharks Attack (HD) **4.35–5.00am** America's Wild Spaces (HD)

**Nat Geographic Sky 129** Virgin 266  
+1 Sky 229 Virgin 267

## Sky History

**6.00am** Forged in Fire (HD) **7.00** Storage Wars (HD) **8.00** American Pickers (HD) **9.00** Pawn Stars (HD) **10.00** Storage Wars (HD) **11.00** Walking through History (HD) **12 noon** Mountain Men (HD) **1.00pm** Secrets in the Ice (HD) **2.00** Ancient Aliens (HD) **3.00** Deep Water Salvage (HD) **4.00** Storage Wars **5.00** Pawn Stars (HD) **6.00** American Pickers (HD) **7.00** **New.** Forged in Fire (HD) **8.00** **New.** Mystery Places (HD) **9.00** **CHOICE** **New.** Royal Autopsy **See p71** (HD) **See feature: page 26** **10.00** The Proof is Out There **11.00** Paranormal: Caught on Camera (HD) **12 midnight** The Curse of Oak Island (HD) **1.00am** Mystery Places (HD) **2.00** Walking through History **3.00** Storage Wars **4.00** Secrets in the Ice **5.00–6.00am** Ancient Aliens (HD)

**Sky History Sky 123** Virgin 270  
BT 353/HD 368 +1 Sky 223 Virgin 271

## Sky Nature



**Dogs: an Amazing Animal Family 8.00pm** Canines

**6.00am** Wild Tales from the Farm (S) (AD) **7.00** Monkey Life (S) (HD) **8.00** Baby Animals (S) (HD) **9.00** Gangs of Baboon Falls (S) (HD) **10.00** Nomads of the Serengeti (S) (HD) **11.00** Arabian Inferno (S) (HD) **12 noon** Hope for Wildlife (S) (HD) **1.00pm** Monkey Life (S) (HD) **2.00** Baby Animals (S) (HD) **3.00** Gangs of Baboon Falls (S) (HD) **4.00** Nomads of the Serengeti (S) (HD) **5.00** Arabian Inferno (S) (HD)

**6.00pm** **Hope for Wildlife** Kayla finds a surprise in an attic full of baby raccoons. (S) (HD)

**7.00** **Monkey Life** The team needs to perform a pregnancy test. (S) (HD)

**7.30** Orangutan Hsiao-Lan rejects Gordon's advances. (S) (HD)

**8.00** **Dogs: an Amazing Animal Family** Patrick Aryee explores the canine family tree. (S) (AD) (HD)

**9.00** **Extreme Snakes: Africa** A look at the continent's diverse but dangerous snake species. (S) (HD)

**10.00** **Arabian Inferno** How reptiles dominate in Arabia. (S) (HD)

**11.00** **Hope for Wildlife** As 6pm.

**12 midnight** My Garden of a Thousand Bees (S) **1.00am** Gangs of Baboon Falls (S) (HD) **2.00** Dogs: an Amazing Animal Family (S) (AD) **3.00** Extreme Snakes: Africa (S) (HD) **4.00** Baby Animals (S) **5.00–6.00am** Gangs of Baboon Falls (S)

**Sky Nature Sky 124** Virgin 278  
BT 354/HD 369

## Eden

**9.00am** Rescued Chimpanzees of the Congo with Jane Goodall (HD) **10.00** Conquerors (HD) **11.00** as 6pm **12 noon** Secrets of the Solar System (HD) **1.00pm** Forbidden History (AD) (HD) **2.00** Rescued Chimpanzees of the Congo with Jane Goodall (HD) **3.00** Wild Colombia with Nigel Marven (AD) (HD) **4.00** Conquerors (HD) **5.00** David Attenborough's Natural Curiosities (AD) (HD) **7.00** Forbidden History (AD) (HD) **8.00** Rescued Chimpanzees of the Congo with Jane Goodall (HD) **9.00** Wild Colombia with Nigel Marven (AD) (HD) **10.00** as 6pm **11.00** Conquerors (HD) **12 midnight** Forbidden History (AD) (HD) **1.00am** as 8pm **2.00** Conquerors (HD) **3.00** as 6pm **3.50** Wild Colombia with Nigel Marven (AD) (HD) **4.40** Forbidden History (AD) (HD) **5.30–6.00am** as 6pm

**Eden Sky 166** Virgin HD 245  
+1 Sky 266 Virgin 246

## Animal Planet

**8.00am** Animal Cribbs (S) (HD) **9.00** Dodo Heroes (S) (AD) (HD) **10.00** Bad Dog! (S) (HD) **11.00** Alaska: Homestead Rescue (S) (HD) **12 noon** Animal Cribbs (S) (HD) **1.00pm** Dodo Heroes (S) (HD) **2.00** Wildest Islands of Indonesia (S) (HD) **3.00** Wildest Europe (S) (HD) **4.00** Dogs 101 (S) (HD) **5.00** Alaska: Homestead Rescue (S) (HD) **6.00** Animal Cribbs (S) (HD) **7.00** Dodo Heroes (S) (AD) (HD) **8.00** From Wags to Riches (S) (HD) **9.00** Pit Bulls and Parolees: Tia's Tales (S) (HD) **10.00** Alaskan Bush People (S) (HD) **11.00** Killer Whales **12 midnight** Man-Eating Super Squid (S) (HD) **1.00am** Alaskan Bush People (S) (HD) **2.00** Dogs 101 (S) (HD) **3.00** Alaska: Homestead Rescue (S) (HD) **4.00–5.00am** Animal Cribbs (S) (HD)

**Animal Planet Sky 162** (NI 178) Virgin 251  
+1 Sky 262 (NI 278) Virgin 259

## SPORT

### Sky Main Event

Sky 401 Virgin 511/HD 501 BT 420/HD 440

**6.00am** Sky Sports News  
**7.00** Good Morning Sports Fans  
**10.00** The Football Show  
**12 noon** Good Morning Football  
**3.00pm** **LIVE** **SA20 Cricket** Pretoria Capitals v Paarl Royals from SuperSport Park Cricket Stadium, Centurion.  
**7.30** Sky Sports News  
**10.30** Back Pages Tonight  
**11.00–6.00am** Sky Sports News

### Sky Football

Sky 403 Virgin 513/HD 503 BT 422/HD 442

**6.00am** Classic Play-Off Finals  
**9.00** EFL Greatest Games (AD)  
**10.00** League Cup Retro: Swansea City v Bradford City in the 2013 final  
**12 noon** Soccer AM **12.30pm** Scottish Premiership Round-Up **12.45** Scottish Premiership Highlights **1.00** German Football **2.00** Women's Super League Highlights **2.30** Championship Highlights **3.00** League One and Two Goals **3.30** Soccer AM: the Best Bits **4.00** Scottish Premiership Round-Up **4.15** Scottish Premiership Highlights **4.30** Championship Highlights **5.00** German Football: round-up **6.00** Women's Super League Highlights: two weekend matches **6.30** Championship Highlights **7.00** Scottish Premiership Round-Up **7.15** Scottish Premiership Highlights **7.30** Women's Super League Highlights **8.00** German Football **9.00** Women's Super League Highlights **10.00** Championship Highlights **10.15** Scottish Premiership Round-Up **10.30** Soccer AM **11.00** EFL Greatest Games (AD) **12 midnight** League Cup Retro (AD) **12.30am** Best Goals (AD) **1.00** Classic Play-Off Finals **4.00–6.00am** League Cup Retro

### Sky Golf

Sky 405 Virgin 515/HD 505 BT 424/HD 444

**6.00am** Best of the Open Zone (AD) **7.00** British Masters Masterclass (AD) **8.00** Golf Academy **9.00** School of Golf **10.00** European Tour Golf: the Ras Al Khaimah Championship **11.00** PGA Tour Golf: Pebble Beach Pro-Am **12 noon** Best of the Open Zone (AD) **1.00pm** British Masters Masterclass (AD) **2.00** Golf Academy **3.00** School of Golf: two editions **4.00** Tee Time Tips **5.00** European Tour Golf **6.00** PGA Tour Golf **7.00** Ladies European Tour Golf: highlights from the Kenya Open **8.00** How the 1997 Ryder Cup Was Won (AD) **11.00** PGA Tour Golf: Pebble Beach Pro-Am **12 midnight** European Tour Golf: the Ras Al Khaimah Championship **1.00am** British Masters Masterclass (AD) **2.00** Golf Academy **3.00** School of Golf: double bill **4.00** PGA Tour Golf **5.00–6.00am** European Tour Golf

### Eurosport 1

Sky 410 Virgin 521 BT 412/HD 435

**6.00am** Cycling: Tour of Valencia  
**7.00** Biathlon **7.30** Winter Sport: Tessa Worley – Best of Giant Slalom 2022 **7.45** Alpine Skiing **9.45** **LIVE** **Alpine Skiing** World Championships from Courchevel Méribel in France, featuring the men's combined super-G event. **11.50** Ski Jumping **12.45pm** Olympic Games: Wait for it **1.15** **LIVE** **Alpine Skiing** World Championships from Courchevel Méribel in France, featuring the men's combined slalom event. **2.45** Alpine Skiing **3.45** Biathlon **4.15** Alpine Skiing **4.30** Cyclo-Cross **5.30** Equestrianism: World Cup **6.30** Sailing **7.00** Alpine Skiing **8.00** Snooker: German Masters **10.00** Equestrianism **11.00** Cycling **12 midnight** Alpine Skiing **2.00am** Cycling: Tour of Saudi Arabia **3.00** Snooker: Welsh Open final **5.00–6.00am** Showjumping



**SA20 Cricket 3.00pm**  
**Sky Cricket** Pretoria Capitals' gifted captain Wayne Parnell

### Sky Premier League

Sky 402 Virgin 512/HD 502 BT 421/HD 441

**6.00am** Greatest Games **7.00** Legends (AD) **8.00** Best Goals **9.00** 100 Club **10.00** The Football Show **12 noon** Soccerbox **1.00pm** Premier League Years (AD) **3.00** Greatest Games **4.00** Best Goals (AD) **5.00** 100 Club (AD) **6.00** Legends (AD) **7.00** Review **8.00** Soccerbox **9.00** Review **10.00** Icons **10.30** Retro **12.30–6.00am** Premier League

### Sky Cricket

Sky 404 Virgin 514/HD 504 BT 423/HD 443

**6.00am** Best of the Women's World T20 **8.00** Big Bash League Highlights **9.00** SA20 Highlights **10.00** Pakistan Super League **11.00** SA20 Highlights **12 noon** Women's International T20 Cricket **1.00pm** Big Bash League Highlights **2.00** SA20 Highlights **3.00** **LIVE** **SA20 Cricket** Pretoria Capitals v Paarl Royals. **7.30** Big Bash League Highlights **8.25** Best of the Women's World T20 **9.30** SA20 Highlights **10.30** Women's International T20 Cricket **11.30** SA20 Highlights **12.30am** Best of the Women's T20 World Cup (AD) **1.00** SA20 Cricket **5.00–6.00am** Best of the Women's T20 World Cup

### Sky NFL

Sky 407 Virgin 517/HD 507 BT 426/HD 446

**6.00am** NFL: America's Game (AD) **7.00** NFL Highlights **8.00** 49 Hours **8.30** NFL Bitesize **9.30** Super Bowl LVI **11.30** 49 Hours **12 noon** Good Morning Football **3.00pm** Bitesize **6.00** Pro-Football Talk **8.00** NFL Bitesize **9.00** Super Bowl Preview **9.30** The Super Bowl That Wasn't (AD) **10.30** Super Bowl Preview **11.00** Super Bowl: Media Day **12 midnight** Total Access **1.00am** Super Bowl Preview **1.30** Super Bowl LII (AD) **3.30** Super Bowl Preview **4.00** Pro Bowl **5.30–6.00am** Super Bowl Gameday 2019 (AD)

### Sky Arena

Sky 408 Virgin 518/HD 508 BT 427/HD 447

**6.00am** Boxing (AD) **9.00** NBA **1.00pm** Super League **3.00** Premier League Darts **6.30** NBA **8.30** NBA on Fire **9.00** Boxing **11.00** NBA **1.00am** NBA on Fire **1.30** NBA **3.30** Netball **5.30–6.00am** Super League

### Eurosport 2

Sky 411 Virgin 522 BT 413/HD 436

**6.00am** Snooker **8.00** Formula E **9.00** Cycling **10.00** Snooker **12 noon** **LIVE** **Fencing** The Grand Prix Series from Doha, Qatar. **1.00pm** Motor Racing **2.00** World Superbikes **3.30** Olympics **4.00** Alpine Skiing **5.00** Ski Jumping **6.00** Snooker **8.00** Dakar Rally **9.00** Premiership Speedway **10.00** Alpine Skiing **12 midnight** Formula E **1.00am** Cyclo-Cross **2.00** Alpine Skiing **4.00–6.00am** Cycling

### BT Sport 1

Sky 413 Virgin 527 BT 408/HD 430

**6.00am** ESPN FC **6.30** World Rally (AD) **7.00** Wrestling (AD) **8.00** Premier League Review **9.00** National League Football **11.00** Badminton **1.00pm** Premier League Review **2.00** Goals Reload **2.30** Premier League: the Big Interview (AD) **3.00** National League Football **3.30** Fishing (AD) **4.30** Badminton (AD) **4.45** Goals Reload **5.00** ESPN FC **5.30** Australian Football **6.00** Premier League Stories (AD) **6.30** Premier League Review **7.30** **LIVE** **Italian Football** Salernitana v Juventus from Stadio Ercelli (kick-off 7.45). **9.45** Premier League Reload **10.00** French Football: Ligue 1 **11.00** Australian Football **11.30** Champions League Magazine **12 midnight** Wrestling: WWE **1.00am** **LIVE** **Wrestling** The latest action from WWE NXT. **3.15** What Went Down (AD) **4.15** BT Sport Goals Reload **4.30–6.00am** Classic Boxing (AD)

### BT Sport 2

Sky 414 Virgin 528 BT 409/HD 431

**6.00am** Champions League Defining Moments (AD) **7.00** ILT20 Cricket **7.30** Australian Football: highlights from six A-League matches **1.30pm** ILT20 Cricket: Sharjah Warriors v Gulf Giants **2.00** Champions League Football: action from nine games involving Liverpool or Chelsea **6.30** Currie Club: Scottish football **7.00** **LIVE** **Uefa Youth League Football** Hibernian U19 v Borussia Dortmund U19 from Easter Road (kick-off 7.00). **9.00** The Dan Hardy Breakdown Show **9.30** Fight Week **10.00** ESPN Films: 37 Words (AD) **12 midnight** **LIVE** **Basketball** The first in a college double bill; **2.00am** More US college action. **4.00–6.00am** 30 for 30: It's Not Crazy, It's Sports (AD)

### BT Sport 3

Sky 417 Virgin 529 BT 410/HD 432

**6.00am** Italian Football: two matches **8.00** French Football: highlights from seven weekend matches in Ligue 1 **3.00pm** Portuguese Football: the Primeira Liga **4.00** Italian Football **6.00** French Football **7.00** Darts: a review of the 2022 World Seniors Championship at the Circus Tavern **9.00** Wrestling **11.30** Badminton (AD) **11.45** BT Sport Goals Reload **12 midnight** UFC: Lewis v Spivac **3.00am** UFC Unleashed: previews **4.00** National League Football **4.30** Badminton (AD) **5.00–6.00am** Champions League Football (AD)

### BT Sport 4

Sky 423 Virgin 530 BT 411/HD 434

**6.00am** SportsCenter **6.15** Around the Horn **6.45** Pardon the Interruption **7.15** SportsCenter **7.30** ESPN FC **8.00** Champions League Magazine **8.30** Major League Baseball **10.30** Triathlon **11.30** Around the Horn **12 noon** ESPN FC **12.30pm** Pardon the Interruption **1.00** SportsCenter **1.15** Gymnastics **2.45** ESPN FC **3.15** The Ocho **5.15** Around the Horn **5.45** Pardon the Interruption **6.15** SportsCenter **6.30** Basketball: two college games **10.00** World Rally: Rally Sweden (AD) **10.30** Around the Horn **11.00** Pardon the Interruption **11.30** Portuguese Football: highlights **12.30am** French Football: round-up **1.30** 30 for 30: Jeannette Lee vs 2.30 Down the Clubhouse (AD) **5.30–6.00am** World Rally (AD)

### Amazon Prime

**11.00am** **LIVE** **WTA Tennis** Day two of the Abu Dhabi Open from the United Arab Emirates.



# Wednesday

## PROPERTY

### Pamela Anderson's Family Home Renovation

10.00pm **More4** Catch up via All 4

#### NEW SERIES

Pamela Anderson refers to this grand restoration project as her "masterpiece", which only goes to show what a selective memory she must have. If it's masterpieces she's after, she surely need look no further than that episode of *Baywatch* where CJ saved a sea lion who then became obsessed with her. Or how about the time her lifeguard alter ego teamed up with Hulk Hogan to halt the closure of a youth centre? And to think they say prestige TV began with *The Sopranos*...

Anyway, after such a whirlwind of a screen career, Pammy has decided to ditch Hollywood and return to her roots on the coast of Vancouver Island, Canada, where her grandma's six-acre property is awaiting a makeover. And while we've seen this kind of set-up on TV before, there remains something weirdly fascinating about the sight of a globally famous star getting back to nature in a rose garden – albeit while wearing a pink nightie and lacy camisole. **DAVID BROWN**

**IN THE PINK**  
Cameras follow Pamela Anderson as she renovates a house in Canada

## DRAMA

### Waterloo Road

8.00pm (9.00pm Wales) **BBC1**

Full series available now on iPlayer

Overnight ratings suggest that *Waterloo Road* isn't exactly catching fire, and yet one of my teenage sons observed me watching this episode and said, "Oh, they're talking about this one on TikTok." So perhaps it is finding its desired audience?

Let's hope so, as there's plenty here of interest, including an all-too-realistic story about an online group chat that sees male pupils ranking the girls on a hot-or-not list. Elsewhere, Danny is contacted by his estranged mum and deputy head Lindon receives a visit from his wife Hannah, who up until this point has been unseen on the other end of a phone. Enter Lisa Faulkner as the baffled spouse who had no idea her husband wanted a divorce. **DB**

## PROPERTY

### Kirstie and Phil's Love It or List It

8.00pm **C4** Catch up via All 4

While I enjoy the episodes where the couple are at loggerheads about their living situation (although it's clear from the start that one of them, normally the woman, will ultimately get their way), it's also nice when it's a more harmonious affair.

Tonight's affable couple, Lexie and Ed from Nottingham, are running out of space for their four children. They currently live in a 1920s four-bed semi, which Lexie loves – particularly its proximity to friends and family – but Ed thinks is not fit for purpose. While Kirstie has a £60,000 budget to magic up more space, Phil reckons he has found the perfect solution to their problem. Don't be too smug just yet, Phil.

**KAY RIBEIRO**

## FACTUAL

### Sort Your Life Out with Stacey Solomon

9.00pm (Thu 7.00pm **BBC2** in Wales) **BBC1** Catch up via iPlayer

The rule of thumb on *Sort Your Life Out* is for householders to jettison half their belongings. Sue, however, is an exception. Stacey Solomon earnestly says that she will have to lose two thirds of her home's contents, such is the amount the grandmother has hoarded over a 40-year period. "I'm broken," explains Sue, who has 30 umbrellas and 443 pairs of shoes. "And my house is broken because I can't do anything with my family."

It's amazing how the process gives people their lives back. The restorative power of a tidier house is remarkable, but almost as noteworthy is the surprise guest who pops by for a video chat after the transformation. **FRANCES TAYLOR**

## DOCUMENTARY

### Surgeons: at the Edge of Life

9.00pm **BBC2** Catch up via iPlayer

Neurosurgeon Riki Trivedi is not a man to mince his words. Outlining the risks as 40-year-old father-of-three Sam has surgery to remove two tumours in his neck, one of which is dangerously close to his spinal cord, Trivedi is blunt about what's at stake. If the surgery at Addenbrooke's Hospital in Cambridge goes wrong, Sam could end up paralysed. "Feeding tube, breathing tube; never going home really."

Watching the calm, collected Trivedi at work is hypnotic. When an unanticipated disaster strikes, though, he allows himself a brief burst of swearing, then brings all his considerable skill to bear to stave off catastrophe. But even that might not be enough... **CERI THOMAS**



## ALSO ON TODAY

### Next Level Chef

9.00pm **ITV1**

Gordon Ramsay (right), Nyesha Arrington and Paul Ainsworth challenge the chefs to create the perfect seafood dish. See p146



### All That Breathes

9.00pm **Sky Documentaries**

An Oscar- and Bafta-nominated documentary about two brothers who run a bird hospital in New Delhi, India.

### Our Flag Means Death

10.00pm **BBC2**

Inspired by Blackbeard's words of wisdom, Stede enlists the *Revenge* crew to help him deal with a merchant ship.

## DRAMA

### The Catch

9.00pm **Channel 5** Catch up via My5

It would be wrongheaded to criticise *The Catch* for lacking drama. By my reckoning, there's a showdown, accusation or punch-up every 15 minutes (handily timed to lead into the advert breaks, funnily enough). It's just that its characters seem to lurch from one set-to to the next without anything much resonating in between, despite Jason Watkins's fishy fisherman Ed appearing ever more desperate.

Tonight, there are fresh enquiries from the private investigator who's digging into Ed's past, a stark warning issued by old Navy comrade Craig, as well as a body washing up in the harbour. So, plenty in the way of plot twists, but there's an absence of one vital element: tension. **DB**

## DRAMA

### CSI: Vegas

9.00pm **Alibi**

Catch up via Sky Go/Now

Sometimes, you have to ask yourself, "what are they smoking in the CSI writers' room?" And, believe me, the grainy CCTV image of Bigfoot leaving a murder scene is one of those times.

Thankfully, there is a valid reason why what appears to be a psychopathic Sasquatch has been caught on camera (I can't really believe I'm writing this), but it would be mean of me to reveal whether or not he has links to tonight's guest star, Robert Picardo, who doesn't look as though he has aged a day in the years since he played the Doctor in *Star Trek: Voyager*. Well, I guess seven seasons starring as a medical hologram can have that effect on a guy. **DB**

## PROPERTY

### Building Britain's Superhomes

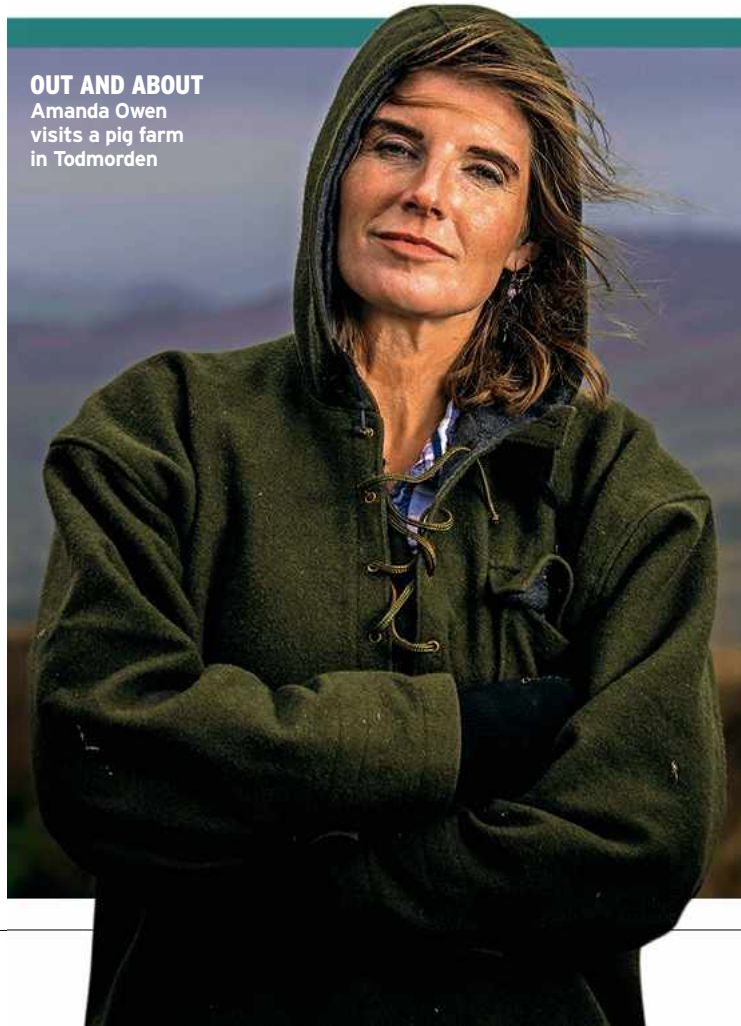
10.00pm **C4** Catch up via All 4

If you watched last week's opening episode, you'll know that Nottingham-based luxury property developer Guy Phoenix can barely get through two sentences without using the f-word. Like his oversized homes, he's larger than life and, despite his lack of qualifications, is supremely confident in his ability to deliver massive, opulent homes for people with deep pockets.

As well as a guided tour of his previous projects, we follow the "ad-libbed" creation of his current one, which boasts glass floors and the obligatory swimming pool/steam room as well as a wall of triple-glazed windows looking out over a fabulous view. **JANE RACKHAM**

## OUT AND ABOUT

Amanda Owen visits a pig farm in Todmorden



## DOCUMENTARY

### Amanda Owen's Farming Lives

9.00pm **More4** Catch up via All 4

The "tired of London, try the country" dream held by the couple with whom Amanda Owen spends time in tonight's episode is one that we've seen a lot of these past few years. But for SJ and Nat, who changed their careers and lives to head for the hills, it hasn't been *All Creatures Great and Small* idyllic.

The Yorkshire Shepherdess is heading across her home county to the imposing moors above Todmorden in West Yorkshire to spend a few days with the farming couple and discovers a remote and exposed location that is obscenely beautiful, but not necessarily a place where you would want to live. The determined pair's house is more than 400 years old and, combined with the 80 pigs they have brought to a modest 14-acre plot, it unsurprisingly makes for a lot of work.

**BENJI WILSON**

## LIVE SPORT



### EuroCup Basketball

London Lions v Hamburg Towers  
7.15pm (tip-off 7.30pm) **BT Sport 1**

London Lions' Sam Dekker (above) has been scoring heavily this season.

### Biathlon: World Championships

1.30pm **Eurosport 1**

Action from Oberhof, Germany, where teams compete in the mixed relay.

### Cycling: European Track Championships

5.00pm **Eurosport 1**

Day one from Velodrome Suisse in Grenchen, Switzerland.

## FILM OF THE DAY



### The Lighthouse

★★★★★ **15**

9.00pm **Film4**

Robert Pattinson (above) and Willem Dafoe are the salty seadogs thrown together on a remote island in 1890s New England for this beautifully conceived, completely deranged two-hander. (2019)

**FILM REVIEWS**  
page 87



# WEDNESDAY Main Channels

## DAYTIME

### BBC1

**6.00am Breakfast** Jon Kay, Sally Nugent. (S) (HD)  
**9.15 Morning Live** Hosted by Gethin Jones. (S) (HD)  
**10.00 24/7 Pet Hospital** The critical care team help an injured tawny owl. Rptd tomorrow 6.15am BBC2 (S) (AD) (HD)  
**10.30 Claimed and Shamed** A jogger fakes a fall for a £6,500 payout, but is caught on CCTV. (S) (HD)  
**11.15 Homes under the Hammer** Featuring houses in Stoke-on-Trent, Lincolnshire and Kent. (R) (S) (AD) (HD)  
**12.15pm Bargain Hunt** Christina Trevanion and the teams visit Lewes, East Sussex. (R) (S) (AD) (HD)  
**1.00 BBC News Regional News; Weather** (S) (HD)  
**1.45 Doctors** There are multiple casualties when an explosion rips through a medical conference. (S) (AD) (HD)  
**2.15 The Farmers' Country Showdown** Livestock farmers Rebecca and Luke and fruit growers Helen and David travel to Stroud Farmers' Market. (R) (S) (HD)  
**3.00 Escape to the Country** Steve Brown helps a buyer from the Lake District look for a home in Dumfries and Galloway with room for 12 motorcycles. (R) (S) (AD) (HD)  
**3.45 The Repair Shop** Restoring a soldier's trunk, a Persian tea set and a pair of roller skates. (R) (S) (AD) (HD)  
**4.30-5.15 Bridge of Lies** A team of family members take on the challenge. Repeated tomorrow 7.15am BBC2 (S) (HD)

### BBC2

**6.15am Homes under the Hammer** In Manchester, Liverpool and Stoke-on-Trent. Shown Tue 11.15am BBC1 (S) (AD) (HD)  
**7.15 Bridge of Lies** Shown yesterday 4.30pm BBC1 (S) (HD)  
**8.00-9.00 Sign Zone Dogs in the Wild: Meet the Family 1/3.** Chris Packham narrates a documentary following the lives of packs of wild dogs across the world. (R) (S) (AD) (HD)  
**9.00 BBC News** (S) (HD)  
**9.00 BBC RED BUTTON 10.15am-12.10pm Skiing** The women's Super G in the Alpine World Ski Championships in France  
**11.15 Politics Live** News from Westminster. (S) (HD)  
**1.00pm Hardball** Quiz hosted by Ore Oduba. (R) (S) (HD)  
**1.45 Eggheads** Hosted by Jeremy Vine. (R) (S) (HD)  
**2.15 Britain in Bloom** Chris Bavin heads to the Wiltshire market town of Melksham. (R) (S) (HD)  
**2.45 Celebrity Antiques Road Trip** *Holby City's* Bob Barrett and Rosie Marcel search for bargains. (R) (S) (HD)  
**3.45 My Unique B&B** The team turn a 1960s trailer into funky festival-themed accommodation. (R) (S) (AD) (HD)  
**4.30-5.15 Coast and Country Auctions** The story behind Brixham fish auction in Devon. (R) (S) (HD)

### ITV1

**6.00am Good Morning Britain** (S) (HD)  
**9.00 Lorraine** Showbiz and style tips. (S) (HD)  
**10.00 This Morning** Lifestyle advice, competitions and star interviews. Including **Regional Weather** (S) (HD)  
**12.30pm Loose Women** Candid conversation. (S) (HD)  
**1.30 ITV Lunchtime News** **Regional News; Weather** (S) (HD)  
**2.00 Dickinson's Real Deal** David and the dealers visit the Devonshire Dome in Buxton, where Henry Nicholls discovers some Victorian coins. (R) (S) (AD) (HD)  
**3.00-4.00 Lingo** Martin and Jono, Costanzo and Antonia, and Sharon and Mike battle for the jackpot. Adil Ray hosts. (R) (S) (HD) Followed by **Regional Weather**

### Channel 4

**6.10am Countdown** Hosted by Colin Murray. (R) (S) (HD)  
**6.50 3rd Rock from the Sun** Double bill. (R) (S) (AD)  
**7.40 The King of Queens** Triple bill. (R) (S) (AD) (HD)  
**9.00 Frasier** Three episodes of the comedy. (R) (S) (AD)  
**10.25 Undercover Boss USA** The president and CEO of a Chicago-based hardware retailer goes under cover as a handyman. (R) (S) (HD) **11.25 News** (S) (HD)  
**11.30 Sarah Beeny's New Life in the Country** Sarah and the family invest in some poultry – but can they keep the local foxes away? (R) (S) (AD) (HD)  
**12.30pm Steph's Packed Lunch** Weekday magazine show presented by Steph McGovern. (S) (HD)  
**2.10 Countdown** Jo Brand guests. (S) (HD)  
**3.00 A Place in the Sun** Helping a couple find a holiday home in Gran Alacant on the Costa Blanca. (S) (HD)  
**4.00-5.00 A New Life in the Sun** A Yorkshire entrepreneur is left high and dry, while in Spain the hotel owners face personnel problems and repairs. Repeated 6pm 4seven (S) (HD)

## BBC1

1

### Waterloo Road

**8.00pm** Hannah (Lisa Faulkner) discovers that husband Lindon wants a divorce



**FA CUP FOOTBALL** If there's an FA Cup fourth-round replay today, the following schedule may change

### 5.15pm Pointless

With Alexander Armstrong and Alex Brooker. (S) (HD)

### 6.00 BBC News Weather

(S) (HD)

### 6.30 Regional news magazines

Followed by **Party Political Broadcast**

By the Conservative Party. (S) (HD)

### 7.00 The One Show

Presented by Jermaine Jenas and Alex Jones. (S) (HD)

### 7.30 EastEnders

Chelsea suspects Whitney is hiding something and Zack breaks down to Sharon. Lola makes a shocking discovery about her past and tensions rise between Nish and Phil at the possibility of a new business deal. Writer Pete Lawson Cast Monday/Thursday (S) (AD) (HD)

### 8.00 Waterloo Road

**RT** **6/7.** Samia is ready for the basketball team's big game, but she's shocked to discover an offensive group chat made by the male students. Her day goes from bad to worse when she finds Kelly Jo has been keeping busy with other priorities and the two end up arguing. A box set of this and previous series is available on iPlayer. **See page 80.**

Samia Choudhry	Priyasha Kumari	Kai Sharif	Adam Ali
Kelly Jo Rafferty	Alicia Forde	Dean Weever	
Kim Campbell	Angela Griffin	Francesco Piacentini-Smith	
Joe Casey	James Baxter	Lucy Begg	
Wendy Whitwell	Jo Coffey	Randi Agyare	
Neil Guthrie	Neil Fitzmaurice	Noah Valentine	
Lindon King	Vincent Jerome	Summer Bird	
Coral Walker	Rachel Leskovic	Lisa Faulkner	
Nicky Walters	Kym Marsh	Jonathan Ojinnaka	
Amy Spratt	Katherine Pearce	Sue Vincent	
Valerie Chambers	Shauna Shim	Alicia Eyo	
Donte Charles	Adam Thomas	Liam Scholes	
Danny Lewis	Adam Abou	Lamin Touray	
Jake West	Elliott Longworth	Jake Haymes	

Writer Kat Rose-Martin; Producer Adam Leatherland  
 Director Makalla McPherson Repeated Friday 8pm BBC3 (S) (AD) (HD)

### 9.00 Sort Your Life Out with Stacey Solomon

**RT** **3/6** Series 2. Stacey and her team challenge the Viney family to sort their life out in seven days – and in order to do this they'll have to embark on a mammoth declutter. With Stacey's help, every single item is stripped from the family home revealing how much space there is under all their things. With the house all packed up, the family's possessions are laid out in a giant warehouse, including 532 plastic bags, 205 hair rollers, 30 umbrellas, 17 old digital cameras and 443 pairs of shoes. With everything displayed in front of them, the family are shocked to see how much they really own and how it all fitted into their house in the first place. Series 1 is available on iPlayer. **See page 80.**  
 Director Jon Cowen; Exec producer Charlotte Brookes (S) (AD) (HD)

### 10.00 BBC News Regional News; Weather

(S) (HD)

### 10.40 The Traitors US

**5/10.** One of the Traitors raises suspicions and there's a shock in store. Hosted by Alan Cumming. Shown last Tuesday BBC3 (S) (HD)

**11.30 6/10.** The remaining players are thrown a vital lifeline. The whole series is available on iPlayer. Shown last Wednesday BBC3 (S) (HD)

**12.20am The Apprentice 5/12.** The candidates are tasked with branding and creating an advertising campaign for an electric motorbike. Shown last Thursday (S) (HD)

**1.20 Would I Lie to You? 5/11.** With Jo Brand, Lucy Martin, Amol Rajan and Joe Wilkinson. Shown last Friday (S) (HD)

**1.50 Weather for the Week Ahead** (S) (HD)

**1.55-6.00am BBC News** (S) (HD)

**BBC1** Freeview 1/HD 101 Freesat 101/HD 106 Sky 101 Virgin 101

## BBC2

2

### Surgeons: at the Edge of Life

**9.00pm** Riki Trivedi operates on a patient who has an incurable condition



### 5.15pm Flog It!

At Ushaw in County Durham, antiques expert David Fletcher is delighted by a 1950s toy plane. (R) (S) (HD)

### 6.00 Richard Osman's House of Games

Kae Kurd, Zoe Lyons, Andrew Hunter Murray and Kate Robbins test their general knowledge skills. (R) (S) (HD)

### 6.30 Robson Green's Weekend Escapes

**13/15.** Former *Emmerdale* actress Charlie Hardwick shows Robson the hidden gems of the County Durham coastline. The pair begin by taking an art class on the beach, before a teacher of a wellness choir holds an alfresco class to show how singing outdoors can be beneficial for the mind and body. Repeated tomorrow 6.45am (S) (AD) (HD)

### 7.00 Inside the Factory

We spend almost £723 million every year on socks. Gregg Wallace travels to a Leicester factory to find out how they make 1.5 million socks annually. He follows the process from the delivery of the yarn, through the quality control and design stages, to the machine that irons the socks ready for pairing. (R) (S) (AD) (HD)

### 8.00 Great British Menu

The three remaining South West chefs serve up their mains, including a venison wellington in the shape of a crocodile – influenced by the drawings of Quentin Blake – and a Stone Age tomahawk steak with all the trimmings, based on the Aardman animated movie *Early Man*. For the dessert round, one of the contenders uses Banksy's famous *Girl with Balloon* image as their inspiration. Andi Oliver presents. (S) (HD)

### 9.00 Surgeons: at the Edge of Life

**RT** **4/6** Series 5. One of Addenbrooke's leading neurosurgeons, Riki Trivedi, meets 40-year-old Sam, who was diagnosed with neurofibromatosis as a child and has had multiple operations to remove tumours growing on his nerves. But now he has two growths in his neck, including one within the spinal canal, which could lead to paralysis. Trivedi is joined by neurosurgical fellow Samir Matloob to perform the potentially life-changing operation. Elsewhere, consultant surgeons Jim Armitage and Tony Riddick take care of 19-year-old Jamie, who has a swollen lymph node after receiving chemotherapy treatment. Series 1-4 are available on iPlayer. **See page 80.**  
 Series director Ben Ryder; Series producer Emily Bunt  
 Repeated tomorrow 12.15am (S) (AD) (HD)

### 10.00 Our Flag Means Death

**6/10.** The Art of F\*\*\*kery Stede enlists the Revenge crew to help intimidate an incoming merchant ship. The whole series is on iPlayer. (S) (AD) (HD)

Stede Bonnet	Rhys Darby	Frenchie	Joel Fry
Buttons	Ewen Bremner	Oluwande	Samson Kayo
Izzy Hands	Con O'Neill	Lucius	Nathan Foad

### 10.30 Newsnight

With Victoria Derbyshire. (S) (HD)

### 11.10 Weather

(S) (HD)

### 11.15 Putin vs the West

**2/3.** British prime minister David Cameron goes to great lengths to bring Putin on side. **See choice, p61.** Shown Monday 9pm (S) (AD) (HD)

**12.15am Digging for Britain 5/6** Series 10. Excavation work on a Roman mosaic unearthed in 2021, plus ancient weapons in Scarborough. **See choice, p50.** Shown Sun 8pm (S) (AD) (HD)

**1.15-3.45am Sign Zone 1.15 The Travelling Auctioneers**

Christina Trevanion and Will Kirk travel to Bicester in Oxfordshire to sort through a furniture-filled home. (R) (S) (HD)

**2.00 India: the Modi Question 1/2.** Documentary looking at India's prime minister Narendra Modi's tenure, beginning by tracking his first steps into politics. (R) (S) (HD)

**3.00 Saved and Remade** Designs for a damaged boat from a sailing club and a much-played trombone. (R) (S) (HD)

**BBC2** Freeview 2/HD 102 Freesat 102 Sky 102 Virgin 102



# WEDNESDAY Main Channels

## DAYTIME

### BBC1

**6.00am Breakfast** Jon Kay, Sally Nugent. (S) (HD)  
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**3.00 Escape to the Country** Steve Brown helps a buyer from the Lake District look for a home in Dumfries and Galloway with room for 12 motorcycles. (R) (S) (AD) (HD)  
**3.45 The Repair Shop** Restoring a soldier's trunk, a Persian tea set and a pair of roller skates. (R) (S) (AD) (HD)  
**4.30-5.15 Bridge of Lies** A team of family members take on the challenge. Repeated tomorrow 7.15am BBC2 (S) (HD)

### BBC2

**6.15am Homes under the Hammer** In Manchester, Liverpool and Stoke-on-Trent. Shown Tue 11.15am BBC1 (S) (AD) (HD)  
**7.15 Bridge of Lies** Shown yesterday 4.30pm BBC1 (S) (HD)  
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**1.30 ITV Lunchtime News** **Regional News; Weather** (S) (HD)  
**2.00 Dickinson's Real Deal** David and the dealers visit the Devonshire Dome in Buxton, where Henry Nicholls discovers some Victorian coins. (R) (S) (AD) (HD)  
**3.00-4.00 Lingo** Martin and Jono, Costanzo and Antonia, and Sharon and Mike battle for the jackpot. Adil Ray hosts. (R) (S) (HD) Followed by **Regional Weather**

### Channel 4

**6.10am Countdown** Hosted by Colin Murray. (R) (S) (HD)  
**6.50 3rd Rock from the Sun** Double bill. (R) (S) (AD)  
**7.40 The King of Queens** Triple bill. (R) (S) (AD) (HD)  
**9.00 Frasier** Three episodes of the comedy. (R) (S) (AD)  
**10.25 Undercover Boss USA** The president and CEO of a Chicago-based hardware retailer goes under cover as a handyman. (R) (S) (HD) **11.25 News** (S) (HD)  
**11.30 Sarah Beeny's New Life in the Country** Sarah and the family invest in some poultry – but can they keep the local foxes away? (R) (S) (AD) (HD)  
**12.30pm Steph's Packed Lunch** Weekday magazine show presented by Steph McGovern. (S) (HD)  
**2.10 Countdown** Jo Brand guests. (S) (HD)  
**3.00 A Place in the Sun** Helping a couple find a holiday home in Gran Alacant on the Costa Blanca. (S) (HD)  
**4.00-5.00 A New Life in the Sun** A Yorkshire entrepreneur is left high and dry, while in Spain the hotel owners face personnel problems and repairs. Repeated 6pm 4seven (S) (HD)

## BBC1

1

### Waterloo Road

**8.00pm** Hannah (Lisa Faulkner) discovers that husband Lindon wants a divorce



**FA CUP FOOTBALL** If there's an FA Cup fourth-round replay today, the following schedule may change

### 5.15pm Pointless

With Alexander Armstrong and Alex Brooker. (S) (HD)

### 6.00 BBC News Weather

(S) (HD)

### 6.30 Regional news magazines

Followed by **Party Political Broadcast**

By the Conservative Party. (S) (HD)

### 7.00 The One Show

Presented by Jermaine Jenas and Alex Jones. (S) (HD)

### 7.30 EastEnders

Chelsea suspects Whitney is hiding something and Zack breaks down to Sharon. Lola makes a shocking discovery about her past and tensions rise between Nish and Phil at the possibility of a new business deal. Writer Pete Lawson Cast Monday/Thursday (S) (AD) (HD)

### 8.00 Waterloo Road

**RT** **6/7.** Samia is ready for the basketball team's big game, but she's shocked to discover an offensive group chat made by the male students. Her day goes from bad to worse when she finds Kelly Jo has been keeping busy with other priorities and the two end up arguing. A box set of this and previous series is available on iPlayer. **See page 80.**

Samia Choudhry	Priyasha Kumari	Kai Sharif	Adam Ali
Kelly Jo Rafferty	Alicia Forde	Dean Weever	
Kim Campbell	Angela Griffin	Francesco Piacentini-Smith	
Joe Casey	James Baxter	Lucy Begg	
Wendy Whitwell	Jo Coffey	Randi Agyare	
Neil Guthrie	Neil Fitzmaurice	Noah Valentine	
Lindon King	Vincent Jerome	Summer Bird	
Coral Walker	Rachel Leskovic	Lisa Faulkner	
Nicky Walters	Kym Marsh	Jonathan Ojinnaka	
Amy Spratt	Katherine Pearce	Sue Vincent	
Valerie Chambers	Shauna Shim	Alicia Eyo	
Donte Charles	Adam Thomas	Liam Scholes	
Danny Lewis	Adam Abbot	Lamin Touray	
Jake West	Elliott Longworth	Jake Haymes	

Writer Kat Rose-Martin; Producer Adam Leatherland  
 Director Makalla McPherson Repeated Friday 8pm BBC3 (S) (AD) (HD)

### 9.00 Sort Your Life Out with Stacey Solomon

**RT** **3/6** Series 2. Stacey and her team challenge the Viney family to sort their life out in seven days – and in order to do this they'll have to embark on a mammoth declutter. With Stacey's help, every single item is stripped from the family home revealing how much space there is under all their things. With the house all packed up, the family's possessions are laid out in a giant warehouse, including 532 plastic bags, 205 hair rollers, 30 umbrellas, 17 old digital cameras and 443 pairs of shoes. With everything displayed in front of them, the family are shocked to see how much they really own and how it all fitted into their house in the first place. Series 1 is available on iPlayer. **See page 80.**  
 Director Jon Cowen; Exec producer Charlotte Brookes (S) (AD) (HD)

### 10.00 BBC News Regional News; Weather

(S) (HD)

### 10.40 The Traitors US

**5/10.** One of the Traitors raises suspicions and there's a shock in store. Hosted by Alan Cumming. Shown last Tuesday BBC3 (S) (HD)

**11.30 6/10.** The remaining players are thrown a vital lifeline. The whole series is available on iPlayer. Shown last Wednesday BBC3 (S) (HD)

**12.20am The Apprentice 5/12.** The candidates are tasked with branding and creating an advertising campaign for an electric motorbike. Shown last Thursday (S) (HD)

**1.20 Would I Lie to You? 5/11.** With Jo Brand, Lucy Martin, Amol Rajan and Joe Wilkinson. Shown last Friday (S) (HD)

**1.50 Weather for the Week Ahead** (S) (HD)

**1.55-6.00am BBC News** (S) (HD)

**BBC1** Freeview 1/HD 101 Freesat 101/HD 106 Sky 101 Virgin 101

## BBC2

2

### Surgeons: at the Edge of Life

**9.00pm** Riki Trivedi operates on a patient who has an incurable condition



### 5.15pm Flog It!

At Ushaw in County Durham, antiques expert David Fletcher is delighted by a 1950s toy plane. (R) (S) (HD)

### 6.00 Richard Osman's House of Games

Kae Kurd, Zoe Lyons, Andrew Hunter Murray and Kate Robbins test their general knowledge skills. (R) (S) (HD)

### 6.30 Robson Green's Weekend Escapes

**13/15.** Former *Emmerdale* actress Charlie Hardwick shows Robson the hidden gems of the County Durham coastline. The pair begin by taking an art class on the beach, before a teacher of a wellness choir holds an alfresco class to show how singing outdoors can be beneficial for the mind and body. Repeated tomorrow 6.45am (S) (AD) (HD)

### 7.00 Inside the Factory

We spend almost £723 million every year on socks. Gregg Wallace travels to a Leicester factory to find out how they make 1.5 million socks annually. He follows the process from the delivery of the yarn, through the quality control and design stages, to the machine that irons the socks ready for pairing. (R) (S) (AD) (HD)

### 8.00 Great British Menu

The three remaining South West chefs serve up their mains, including a venison wellington in the shape of a crocodile – influenced by the drawings of Quentin Blake – and a Stone Age tomahawk steak with all the trimmings, based on the Aardman animated movie *Early Man*. For the dessert round, one of the contenders uses Banksy's famous *Girl with Balloon* image as their inspiration. Andi Oliver presents. (S) (HD)

### 9.00 Surgeons: at the Edge of Life

**RT** **4/6** Series 5. One of Addenbrooke's leading neurosurgeons, Riki Trivedi, meets 40-year-old Sam, who was diagnosed with neurofibromatosis as a child and has had multiple operations to remove tumours growing on his nerves. But now he has two growths in his neck, including one within the spinal canal, which could lead to paralysis. Trivedi is joined by neurosurgical fellow Samir Matloob to perform the potentially life-changing operation. Elsewhere, consultant surgeons Jim Armitage and Tony Riddick take care of 19-year-old Jamie, who has a swollen lymph node after receiving chemotherapy treatment. Series 1-4 are available on iPlayer. **See page 80.**  
 Series director Ben Ryder; Series producer Emily Bunt  
 Repeated tomorrow 12.15am (S) (AD) (HD)

### 10.00 Our Flag Means Death

**6/10.** The Art of F\*\*\*kery Stede enlists the Revenge crew to help intimidate an incoming merchant ship. The whole series is on iPlayer. (S) (AD) (HD)

Stede Bonnet	Rhys Darby	Frenchie	Joel Fry
Buttons	Ewen Bremner	Oluwande	Samson Kayo
Izzy Hands	Con O'Neill	Lucius	Nathan Foad

### 10.30 Newsnight

With Victoria Derbyshire. (S) (HD)

### 11.10 Weather

(S) (HD)

### 11.15 Putin vs the West

**2/3.** British prime minister David Cameron goes to great lengths to bring Putin on side. **See choice, p61.** Shown Monday 9pm (S) (AD) (HD)

**12.15am Digging for Britain 5/6** Series 10. Excavation work on a Roman mosaic unearthed in 2021, plus ancient weapons in Scarborough. **See choice, p50.** Shown Sun 8pm (S) (AD) (HD)

### 1.15-3.45am Sign Zone 1.15 The Travelling Auctioneers

Christina Trevanion and Will Kirk travel to Bicester in Oxfordshire to sort through a furniture-filled home. (R) (S) (HD)

**2.00 India: the Modi Question 1/2.** Documentary looking at India's prime minister Narendra Modi's tenure, beginning by tracking his first steps into politics. (R) (S) (HD)

**3.00 Saved and Remade** Designs for a damaged boat from a sailing club and a much-played trombone. (R) (S) (HD)

**BBC2** Freeview 2/HD 102 Freesat 102 Sky 102 Virgin 102



ITV1

3

**Next Level Chef**  
9.00pm Who'll be left standing as Gordon Ramsay turns up the heat in the kitchens?



### 4.00pm Tipping Point

Three contestants answer questions and take turns on the big arcade machine in an attempt to hit the jackpot. Ben Shephard hosts. (S) (HD)

### 5.00 The Chase

Bradley Walsh hosts as Miles, April, Ross and Sam try to defeat one of the mighty Chasers and bank the contents of the prize pot. (S) (HD)

### 6.00 Regional News Weather

By the Conservative Party. (S) (HD)

### 6.25 Party Political Broadcast

By the Conservative Party. (S) (HD)

### 6.30 ITV Evening News Weather

(S) (HD)

### 7.30 Emmerdale

Mandy consoles Paddy. Mack is haunted by his guilt. Brenda feels awkward. Writer Martin Fustes Cast Tuesday/Thursday (S) (AD) (HD)

### 8.00 Coronation Street

Nick tells Damon to collect his drugs or else. Eileen and Todd hear a shocking allegation against Laurence. Sarah informs Adam that having a baby is not her priority.

Nick Tilsley	Ben Price	Beth Sutherland	Lisa George
Damon Hay	Ciaran Griffiths	Asha Alahan	Tanisha Gorey
Eileen Grimshaw	Sue Cleaver	Craig Tinker	Colson Smith
Sarah Barlow	Tina O'Brien	Dylan Wilson	Liam McCheyne
Adam Barlow	Samuel Robertson	Kirk Sutherland	Andrew Whyment
Carla Barlow	Mollie Gallagher	Hope Dobbs	Isabella Flanagan
Glenda Shuttleworth	Jodie Prenger	Ruby Dobbs	Macy Alabi
Carla Barlow	Alison King	Izzy Armstrong	Cherylee Houston
Michael Bailey	Ryan Russell	Rufus Donahue	Steven Meo
Toyah Hameeb	Georgia Taylor	Peter Barlow	Chris Gascoyne
Stephen Reid	Todd Boyce	Tyrone Dobbs	Alan Halsall

Writer Debbie Oates This week's episodes produced by Iain MacLeod, directed by John Anderson and Gill Wilkinson More cast Monday (S) (AD) (HD)

### 9.00 Next Level Chef

5/8. The remaining eight cooks return to the multi-storey kitchen to create the perfect dish for seafood week, but there's a bombshell for the contestants as they discover that it's now every chef for themselves. The three resident mentors – Gordon Ramsay, Nysha Arrington and Paul Ainsworth – continue to counsel the aspiring chefs as they do battle for the prize of £100,000 and a 12-month mentorship, but who will find themselves in the cook-off?

Series director Paul Newton; Executive producer Iain Peckham Repeated tomorrow 11.45pm (S) (AD) (HD)

### Gordon Ramsay's view from his sofa: p146

### 10.00 ITV News at Ten

Weather; Regional News and Weather (S) (HD)

### 10.45 Peston

Robert Peston presents the weekly political programme, featuring interviews with MPs, topical guests and leading cultural figures, Executive producer Andrew Dagnall (S) (HD)

### 11.40 The Family Pile

4/6. Never Say Die. The sisters are pushed to breaking point by Nicole's bossiness. The whole series is available as a box set on ITVX. Shown yesterday 9.30pm (S) (AD) (HD)

**12.10am All Elite Wrestling: Rampage** High-octane wrestling action. Shown yesterday 10.45pm ITV4 (S) (HD)

### 1.10 Home Shopping

**3.00 Britain's Parking Nightmares: Tonight** Adam Shaw investigates. Shown last Thursday (S) (SL) (HD)

**3.25 Simply Raymond Blanc** Duck breast with marmalade. Shown Sunday 1.40pm (S) (SL) (AD) (HD)

**3.50 Unwind** A sequence to calm the mind. (S) (HD)

**5.05–6.00am Grand Slam** Years England's Six Nations campaign of 2016. (R) (S) (SL) (AD) (HD)

**ITV1** Freeview 3/HD 103 Freesat 103 Sky 103 Virgin 113/HD 103

+1 Freeview 35 Freesat 112 Sky 203 Virgin 114

Channel 4

4  
7 in Wales

**Kirstie and Phil's Love It or List It**  
8.00pm Lexie and Ed's family have outgrown their four-bed home



### 5.00pm Four in a Bed

The B&B owners are impressed by the cleanliness at the Crossings Inn near Carlisle. (S) (HD)

### 5.30 Come Dine with Me

Dance enthusiast and property developer Joe hosts a Caribbean-themed evening. (S) (HD)

### 6.00 The Simpsons

**Treehouse of Horror XI.** Bart and Lisa discover a gingerbread house in the forest. (R) (S) (AD)

### 6.30 Hollyoaks

Ethan, Sienna and Grace come up with a plan.

Ethan Williams	Matthew James-Bailey	Diane Hutchinson	Alex Fletcher
Sienna Blake	Anna Passey	Donna-Marie Quinn	Lucy-Jo Hudson
Grace Black	Tamara Wall	Ella Richardson	Erin Palmer
Beau Ramsey	Jon-Paul Bell	Felix Westwood	Richard Blackwood
Charlie Dean	Charlie Behan	James Nightingale	Gregory Finnegan
Curtis Royle	Charlie Hughes	Joel Dexter	Rory Douglas-Speed
Damon Kinsella	Jacob Roberts	Juliet Nightingale	Niamh Blackshaw
Darren Osborne	Ashley Taylor Dawson	Leah Barnes	Ela-May Demircan
DeMarcus Westwood	Tomi Ade	Leela Lomax	Kirsty-Leigh Porter

Writer James Coleman More cast Thu Shown yesterday 7pm E4 Rptd tomorrow 6.30am E4 Next episode follows on E4 (S) (AD) (HD)

### 7.00 Channel 4 News Sport; Weather

(S) (HD)

### 8.00 Kirstie and Phil's Love It or List It

**RT Ep 6 Series 8.** In Nottingham, Kirstie Allsopp and Phil Spencer help clothing designer Lexie and IT consultant Ed, who are at odds over their cramped four-bedroom home. Ed is keen to move to a bigger house, while Lexie is reluctant to leave their neighbours behind. See page 80.

Series producer Laura Harding; Executive producer Jonny Wharton Repeated tomorrow 8pm 4seven (S) (AD) (HD)

### 9.00 Grand Designs

When their daughters left home, Mike and Sarah bought a remote smallholding in Derbyshire.

Despite the plot's history of 26 failed planning applications, in 2020 they were granted permission to build a 21st-century version of a historic longhouse – but it was never going to be easy. Director Edward Sunderland; Executive producers John Lonsdale and John Comerford Rptd tomorrow 9pm 4seven (R) (S) (AD) (HD)

### 10.00 Building Britain's Superhomes

**RT Ep 2.** In this episode, Guy Phoenix and his team are determined to complete his latest Nottingham project on schedule. There's also a look at some of the property developer's previous constructions. Philip Glenister narrates. Both episodes are available on All 4. See page 81.

Series director/Executive producer Paul Barnett Repeated 2.30am 4seven and Thursday 12.05am Channel 4 (S) (AD) (HD)

### 11.05 First Dates Hotel

Georgia, a 21-year-old private chef, arrives at the hotel on a quest to find her ideal man. With his passion for the food industry, could 25-year-old Nick be the one Georgia is looking for?

Executive producers Adam Chapman and Richard Mills Series editor Rosie Franks (R) (S) (AD) (HD)

**12.10am 24 Hours in A&E Ep 6.** A 21-year-old is rushed in after a motorbike accident. Shown Tue 9pm (S) (AD) (HD)

**1.05 Consent** Drama set in a fictional elite private school. See choice, p71. Shown yesterday 10pm (S) (SL) (AD) (HD)

**2.00 Ramsay's Hotel Hell** The chef comes to the rescue of the Roosevelt Inn in Idaho. (R) (S) (SL) (AD) (HD)

**2.50 Jon and Lucy's Odd Couples 4/6.** Amanda Abbington and Jonathan Goodwin take on Kimberly Wyatt and Max Rogers. Shown last Friday (S) (HD)

**3.45 Couples Come Dine with Me** Mediterranean dishes are served up in east Lancashire. (R) (S) (HD)

**4.40 Jamie: Keep Cooking and Carry On** Making pasta with three sauces and a vegetarian chilli. (R) (S) (HD)

**5.05 Find It, Fix It, Flop It** In the Cotswolds. (R) (S) (HD)

**5.15–6.10am Location, Location, Location** Phil Spencer catches up with two couples he helped in 2017. (R) (S) (HD)

**Channel 4** F'view 4/HD 104 F'sat 104/HD 126 Sky 104 Virgin HD 104

+1 Freeview 15 Freesat 121 Sky 204 Virgin 142

BBC4

9  
24 in Scotland

**Fortunes of War**  
10.00pm Harriet (Emma Thompson) finds life difficult when Guy is called away



### 7.00pm Great British Railway Journeys

**2/15 Series 9. Letchworth Garden City to Herne Hill.** Michael Portillo explores an Edwardian utopia before heading towards London, where he discovers a favoured haunt of King Edward VII. More tomorrow 7pm. (R) (S) (AD) (HD)

### 7.30 Walking with Steph McGovern

The broadcaster walks down the lanes of Littondale in the Yorkshire Dales. She meets the residents who call it home and describes the special place this area holds in her heart.

Director Cy Chadwick; Series producer Cy Chadwick First shown on BBC1 (S) (HD)

### 8.00 Michael Palin's New Europe

**5/7. Baltic Summer.** Michael learns how three tiny Baltic nations – Latvia Lithuania and Estonia – broke away from the Soviet Union. Along the way he attends a session of hirudotherapy, goes fire-walking and has a frolic with revellers at a pagan festival.

Director/Producer Roger Mills (R) (S) (AD) (HD)

### 9.00 The Magic of Mushrooms

Richard Fortey examines the world of mushrooms in a specially built laboratory with the help of mycologist Patrick Hickey. Together, they reveal the ability of fungi to break down waste and sustain new plant life.

Producer Russell Leven; Executive producer Jacqueline Smith (R) (S) (HD)

### 10.00 Fortunes of War

**5/7. April 1941.** Alan Plater's adaptation of Olivia Manning's *The Balkan Trilogy*, first shown in 1987, continues. Harriet secures a position with the British Information Service in Athens. But she feels abandoned when Guy travels to Alexandria to put on a show.

**10.55 6/7. Autumn 1942.** Having fled to Cairo, the Pringles are once again separated by work, and cracks begin to appear in their marriage.

**11.50 7/7. January 1943.** Guy is ambivalent about Harriet's return to England but a piece of bad news forces him to reflect on how he has treated her.

Guy Pringle	Kenneth Branagh
Harriet Pringle	Emma Thompson
Dobson	Charles Kay
Simon Boulderstone	Rupert Graves
Lord Pinkrose	Alan Bennett
Castlebar	Robert Stephens
Sir Desmond Hooper	Jack Watling
Toby Lush	Christopher Strauli
Dubedat	Mark Drewry
Edwina Little	Diana Hardcastle
Aidan Pratt	Greg Hicks
Dr Shafik	Sam Dastor
Mona Castlebar	Patricia Quinn
Corporal Arnold	Anthony Calf

Director James Cellan Jones (R) (S) (HD)

**12.50–3.45am The Capture 1/6 Series 1** Mystery crime drama starring Holliday Grainger. Detective Chief Inspector Rachel Carey struggles with thwarted ambitions.

**1.50 2/6.** DCI Carey scrambles for more evidence against Shaun Emery.

**2.45 3/6.** Shaun is interrogated by the CIA. Continues tomorrow 12.50am. (R) (S) (AD) (HD)

**BBC4** F'view 9/HD 106 F'sat 108 Sky 116 Virgin 108

BBC1  
SCOTLAND

**2.15–3.00pm** Politics Scotland  
**6.30–7.00** Reporting Scotland; followed by Party Political Broadcast: by the Scottish Conservative and Unionist Party  
**12.20am** Debate Night  
**1.20** The Edit  
**1.35** Would I Lie to You?  
**2.05** Weather for the Week Ahead  
**2.10–6.00** BBC News

BBC  
SCOTLAND

**7.00pm** Eat the Town  
**7.30** Fish Town  
**8.00** Bump Birth Baby  
**8.30** The Disasters That Shocked Scotland  
**9.00** The Nine  
**10.00** River City  
**10.30** Debate Night  
**11.30–12 midnight** Sky High Club: Scotland and Beyond

STV

**6.25–6.30pm** Party Political Broadcast: by the Scottish Conservative and Unionist Party  
**10.40** Scotland Tonight  
**11.05** Peston  
**12.05–3.00am** Home Shopping

ITV1 BORDER  
SCOTLAND

**6.25–6.30pm** Party Political Broadcast: by the Scottish Conservative and Unionist Party  
**10.45** Representing Border  
**11.15–12.10am** Peston

BBC1 WALES

**10.00–10.30am** X-Ray  
**6.30–7.00pm** BBC Wales Today; followed by Party Political Broadcast: by the Welsh Conservatives  
**8.00** Slammed: the Seventies  
**9.00** Waterloo Road  
**10.00** BBC News; BBC Wales Today  
**10.35** BBC Wales Live; Weather  
**11.10** The Traitors US  
**12.50–1.50am** The Apprentice

ITV1 WALES

**6.25–6.30pm** Party Political Broadcast: by the Welsh Conservatives

BBC1  
NORTHERN IRELAND

**6.30–7.00pm** BBC Newsline  
**10.40** The Secret Artists: five artists hope their work is selected for the 2022 RUA Exhibition  
**11.25** The Traitors US  
**1.10am** Would I Lie to You?  
**1.40** Weather for the Week Ahead  
**1.45–6.00** BBC News

UTV

**6.00–6.30pm** UTV Live

Channel 5  
listings are overleaf



ITV1

3

**Next Level Chef**  
9.00pm Who'll be left standing as Gordon Ramsay turns up the heat in the kitchens?



### 4.00pm Tipping Point

Three contestants answer questions and take turns on the big arcade machine in an attempt to hit the jackpot. Ben Shephard hosts. (S) (HD)

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### 6.00 Regional News Weather

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### 6.30 ITV Evening News Weather

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Mandy consoles Paddy. Mack is haunted by his guilt. Brenda feels awkward.

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### Gordon Ramsay's view from his sofa: p146

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**ITV1** Freeview 3/HD 103 Freesat 103 Sky 103 Virgin 113/HD 103

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Channel 4

4  
7 in Wales

**Kirstie and Phil's Love It or List It**  
8.00pm Lexie and Ed's family have outgrown their four-bed home



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The B&B owners are impressed by the cleanliness at the Crossings Inn near Carlisle. (S) (HD)

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### 6.00 The Simpsons

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Ethan, Sienna and Grace come up with a plan.

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Grace Black	Tamara Wall	Ella Richardson	Erin Palmer
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Curtis Royle	Charlie Hughes	Joel Dexter	Rory Douglas-Speed
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Executive producers Adam Chapman and Richard Mills Series editor Rosie Franks (R) (S) (AD) (HD)

**12.10am 24 Hours in A&E Ep 6.** A 21-year-old is rushed in after a motorbike accident. Shown Tue 9pm (S) (AD) (HD)

**1.05 Consent** Drama set in a fictional elite private school. See choice, p71. Shown yesterday 10pm (S) (SL) (AD) (HD)

**2.00 Ramsay's Hotel Hell** The chef comes to the rescue of the Roosevelt Inn in Idaho. (R) (S) (SL) (AD) (HD)

**2.50 Jon and Lucy's Odd Couples 4/6.** Amanda Abbington and Jonathan Goodwin take on Kimberly Wyatt and Max Rogers. Shown last Friday (S) (HD)

**3.45 Couples Come Dine with Me** Mediterranean dishes are served up in east Lancashire. (R) (S) (HD)

**4.40 Jamie: Keep Cooking and Carry On** Making pasta with three sauces and a vegetarian chilli. (R) (S) (HD)

**5.05 Find It, Fix It, Flog It** In the Cotswolds. (R) (S) (HD)

**5.15-6.10am Location, Location, Location** Phil Spencer catches up with two couples he helped in 2017. (R) (S) (HD)

**Channel 4** F'view 4/HD 104 F'sat 104/HD 126 Sky 104 Virgin HD 104

+1 Freeview 15 Freesat 121 Sky 204 Virgin 142

BBC4

9  
24 in Scotland

**Fortunes of War**  
10.00pm Harriet (Emma Thompson) finds life difficult when Guy is called away



### 7.00pm Great British Railway Journeys

**2/15 Series 9. Letchworth Garden City to Herne Hill.** Michael Portillo explores an Edwardian utopia before heading towards London, where he discovers a favoured haunt of King Edward VII. More tomorrow 7pm. (R) (S) (AD) (HD)

### 7.30 Walking with Steph McGovern

The broadcaster walks down the lanes of Littondale in the Yorkshire Dales. She meets the residents who call it home and describes the special place this area holds in her heart.

Director Cy Chadwick; Series producer Cy Chadwick First shown on BBC1 (S) (HD)

### 8.00 Michael Palin's New Europe

**5/7. Baltic Summer.** Michael learns how three tiny Baltic nations – Latvia Lithuania and Estonia – broke away from the Soviet Union. Along the way he attends a session of hirudotherapy, goes fire-walking and has a frolic with revellers at a pagan festival.

Director/Producer Roger Mills (R) (S) (AD) (HD)

### 9.00 The Magic of Mushrooms

Richard Fortey examines the world of mushrooms in a specially built laboratory with the help of mycologist Patrick Hickey. Together, they reveal the ability of fungi to break down waste and sustain new plant life. Producer Russell Leven; Executive producer Jacqueline Smith (R) (S) (HD)

### 10.00 Fortunes of War

**5/7. April 1941.** Alan Plater's adaptation of Olivia Manning's *The Balkan Trilogy*, first shown in 1987, continues. Harriet secures a position with the British Information Service in Athens. But she feels abandoned when Guy travels to Alexandria to put on a show.

**10.55 6/7. Autumn 1942.** Having fled to Cairo, the Pringles are once again separated by work, and cracks begin to appear in their marriage.

**11.50 7/7. January 1943.** Guy is ambivalent about Harriet's return to England but a piece of bad news forces him to reflect on how he has treated her.

Guy Pringle	Kenneth Branagh
Harriet Pringle	Emma Thompson
Dobson	Charles Kay
Simon Boulderstone	Rupert Graves
Lord Pinkrose	Alan Bennett
Castlebar	Robert Stephens
Sir Desmond Hooper	Jack Watling
Toby Lush	Christopher Strauli
Dubedat	Mark Drewry
Edwina Little	Diana Hardcastle
Aidan Pratt	Greg Hicks
Dr Shafik	Sam Dastor
Mona Castlebar	Patricia Quinn
Corporal Arnold	Anthony Calf

Director James Cellan Jones (R) (S) (HD)

**12.50-3.45am The Capture 1/6 Series 1** Mystery crime drama starring Holliday Grainger. Detective Chief Inspector Rachel Carey struggles with thwarted ambitions.

**1.50 2/6.** DCI Carey scrambles for more evidence against Shaun Emery.

**2.45 3/6.** Shaun is interrogated by the CIA. Continues tomorrow 12.50am. (R) (S) (AD) (HD)

**BBC4** F'view 9/HD 106 F'sat 108 Sky 116 Virgin 108

BBC1  
SCOTLAND

**2.15-3.00pm** Politics Scotland  
**6.30-7.00** Reporting Scotland; followed by Party Political Broadcast: by the Scottish Conservative and Unionist Party  
**12.20am** Debate Night  
**1.20** The Edit  
**1.35** Would I Lie to You?  
**2.05** Weather for the Week Ahead  
**2.10-6.00** BBC News

BBC  
SCOTLAND

**7.00pm** Eat the Town  
**7.30** Fish Town  
**8.00** Bump Birth Baby  
**8.30** The Disasters That Shocked Scotland  
**9.00** The Nine  
**10.00** River City  
**10.30** Debate Night  
**11.30-12 midnight** Sky High Club: Scotland and Beyond

STV

**6.25-6.30pm** Party Political Broadcast: by the Scottish Conservative and Unionist Party  
**10.40** Scotland Tonight  
**11.05** Peston  
**12.05-3.00am** Home Shopping

ITV1 BORDER  
SCOTLAND

**6.25-6.30pm** Party Political Broadcast: by the Scottish Conservative and Unionist Party  
**10.45** Representing Border  
**11.15-12.10am** Peston

BBC1 WALES

**10.00-10.30am** X-Ray  
**6.30-7.00pm** BBC Wales Today; followed by Party Political Broadcast: by the Welsh Conservatives  
**8.00** Slammed: the Seventies  
**9.00** Waterloo Road  
**10.00** BBC News; BBC Wales Today  
**10.35** BBC Wales Live; Weather  
**11.10** The Traitors US  
**12.50-1.50am** The Apprentice

ITV1 WALES

**6.25-6.30pm** Party Political Broadcast: by the Welsh Conservatives

BBC1  
NORTHERN IRELAND

**6.30-7.00pm** BBC Newsline  
**10.40** The Secret Artists: five artists hope their work is selected for the 2022 RUA Exhibition  
**11.25** The Traitors US  
**1.10am** Would I Lie to You?  
**1.40** Weather for the Week Ahead  
**1.45-6.00** BBC News

UTV

**6.00-6.30pm** UTV Live

Channel 5  
listings are overleaf



# WEDNESDAY Freeview

## Channel 5

5



**The Catch** 9.00pm Ed comforts Abbie after a shock revelation

**5.35am Milkshake!** See page 86

**9.15 New. Jeremy Vine** (S) (HD)

**12.45pm George Clarke's Build a New Life in the Country** The architect offers advice to a married couple relocating to Ireland. (S) (HD) **1.40 5 News** (S) (HD)

**1.45 Home and Away** A nervous Bree seeks out Cash and admits she was wrong. Shown yesterday 6.30pm 5 Star (S) (AD) (HD)

**2.15 A Stepmother's Secret** ★★

Thriller starring Julia Terranova. A teen known for bending the truth sees her new stepmother commit murder. Director Richard Switzer (2022) (S) (W) (HD)

**4.00 Bargain-Loving Brits in the Sun** Bambi and Johnny talk about their new life in the quiet coastal town of Huelva. (S) (HD)

**5.00pm 5 News** (S) (HD)

**6.00 Our Yorkshire Farm**

A storm halts the harvest. (S) (HD)

**6.55 5 News Update** (S) (HD)

**7.00 You Are What You Eat**

Trisha Goddard and Dr Amir Khan help Dawn and Ryan take control of their lives with all-new lifestyle plans. Series director Liam Royales (S) (HD)

**7.55 5 News Update** (S) (HD)

**8.00 New. Phone Scams: Don't Get Caught Out**

**3/3.** Alexis Conran investigates scams targeting more than money, including the hijacking of an influencer's social media, a woman scammed while looking for love, and a trick that can blackmail people into scamming their friends. (S) (HD) Followed by **5 News Update** (S) (HD)

**9.00 New. The Catch**

**RT** **3/4.** After finding a tracker under Abbie's car, Ryan is convinced that George is stalking her. See page 81.

Ed Collier  
Claire Collier  
Ryan Wilson  
Abbie Collier  
Phyllis Doyle  
Bob Chapman  
Katz  
George  
DI Nott  
Pauline  
Wayne Pendrick  
Josh  
Baxter  
Writer TM Logan; Series producer Jyoti Fernandes  
Director Robert Quinn (S) (AD) (HD)

**10.00 A&E after Dark**

Security are called after a patient ties wires around his door handles in protest. Series producer Simon Bowyer (S) (HD)

**11.05 Skin A&E**

Featuring a 30-year-old man who has had his face disfigured by huge cysts. Directors James Boakes and Jamie Welham  
First shown on 5 Star (S) (AD) (HD)

**12.05am Ambulance: Code Red** (S) (HD) **1.00 New.** Casino (S) (HD) **3.00 Bargain-Loving Brits in the Sun** (S) (HD) **3.50 OMG! My Midlife Plastic Crisis** (S) (SL) (HD) **4.40 House Busters** (S) (SL) (HD) **5.05-5.35am House Doctor** (S) (SL) (HD)

**CS** F'view 5/HD 105 F'sat 105 Sky 105 Virgin 154/HD 105  
**+1** Freeview 46 Freesat 128 Sky 205 Virgin 155

BBC4 listings are overleaf

## BBC3

23



**Charlotte in Sunderland** 10.00pm Charlotte's mum Letitia is not happy

**7.00pm Top Gear**

Freddie Flintoff saddles up the team bus for a road trip across Florida's swampy Everglades. More tomorrow 7pm. (S) (HD) Followed by **New. The Catch Up** (S) (HD)

**8.00 New. The Traitors US**

**10/10.** All that stands between the players and the prize is the ultimate mission, the final banishing and the Fire of Truth. (S) (HD)

**9.15 Bad Influencer: the Great Insta Con**

The rise and fall of internet wellness guru Belle Gibson, who lied about her medical health to cultivate a global online following. Repeated 12.15am (S) (AD) (HD)

**10.00 New. Charlotte in Sunderland**

**3/10.** Charlotte makes final preparations for York Fashion Week. Repeated 1am (S) (HD)

**10.30 New. 4/10.** Charlotte tells her best friend Lauren about her mum's illness. Repeated 1.30am (S) (HD)

**11.00 Love in the Flesh**

**1/8.** Zara McDermott explores what happens when couples who have formed relationships through social media meet face to face. The whole series is on iPlayer. Repeated 2am (S) (HD)

**11.45 Bad Education**

**4/6 Series 4. Trailblazers.** Class K make Stephen feel old and irrelevant. (S) (AD) (HD)

**12.15am Bad Influencer: the Great Insta Con** (S) (AD) (HD) **1.00 Charlotte in Sunderland** (S) (HD) **2.00 Love in the Flesh** (S) (HD) **2.45 Sky High Club: Scotland and Beyond** (S) (AD) (HD)

**3.45-3.55am Press X to Continue** (S) (HD)

**BBC3** F'view 23/HD 109 (not Scot/Wales) F'sat 179/HD 107 Sky 117 (173 London; 141 Scot; 115 NI) Virgin 107 (157 Scot/Wales)

## ITV2

6

**6.00am World's Funniest Videos** (S) (HD) **6.35 Totally Bonkers Guinness World Records** (S) (SL)

**7.00 Secret Crush** (S) (SL) (HD) **8.00 Dress to Impress** (S) (AD) (HD) **9.00 Chuck** (S) (HD) **10.00 One Tree Hill** (S) (HD) **11.00 The OC** (S) (HD)

**12 noon Secret Crush** (S) (HD) **1.00pm Dress to Impress** (S) (AD) (HD) **2.00 Family Fortunes: game show** (S) (HD) **3.05 Chuck** (S) (HD) **4.00 One Tree Hill** (S) (HD) **5.00 The OC** (S) (HD)

**6.00pm Celebrity Catchphrase** With Sir Chris Hoy, Martine McCutcheon and Faye Tozer. Stephen Mulhern hosts. (S) (AD) (HD)

**7.00 Ninja Warrior UK** Alex Beresford and Maggie Alphonsi take part. (S) (AD) (HD)

**8.00 Superstore 15/22 Series 3.** Garrett and Cheyenne decide to take advantage of an employee amnesty. (S) (AD) (HD)

**8.30 16/22.** Jeff leaves Cloud 9 to work at a rival store, while Garrett convinces Glenn that he is poaching employees. (S) (AD) (HD)

**9.00 New. Love Island** As week four continues, the islanders are soaking up the sunshine in their own luxury villa. (S) (HD)

**10.05 The Stand Up Sketch Show** Michael Odewale, Michael Stranney and Tom Lucy have their routines remade as sketches. (S) (HD)

**10.35 Family Guy Series 10.** Stewie meets a kindred spirit who loves weapons. (S) (AD) (HD)

**11.05 Series 13.** Peter is upset when his friends publicly make fun of him. (S) (AD) (HD)

**11.35 American Dad! Series 2.** Roger and Stan have a blazing argument. (S) (AD) (HD)

**12.05am Stan** reveals his real father is actually a super-suave spy. (S) (AD)

**12.35 Superstore** (S) (AD) (HD) **1.30 Shopping** with Keith Lemon (S) (HD) **2.00 CelebAbility** (S) (HD) **2.40-3.00am Unwind** (S) (HD)

**ITV2** Freeview 6 Freesat 113 Sky 118 Virgin 115  
**+1** Freeview 29 Freesat 114 Sky 218 Virgin 116

## ITV3

10



**Heartbeat** 5.40pm Someone is hoping to win Blaketon's affections

**6.00am Classic Emmerdale** (S) **7.00 Classic Coronation Street** (S) (AD) **8.05 On the Buses** (S) **8.35 Where the Heart Is: 9/10 Series 2**

*She Goes On.* A Danish delegation visits the factory. Rptd 12.05am; **9.45 10/10.** Love. Vic's first love reappears. Repeated 1.05am (S) (AD)

**10.55 Heartbeat: 3/15.** Tragedy strikes in the heart of Aidsfield; **12.05pm 4/15.** Nick struggles with single parenthood (S) (AD)

**1.15pm Classic Emmerdale:** double bill. Dawn is feeling under the weather, then Terry is keen for Dawn to take a pregnancy test (S)

**2.15 Classic Coronation Street:** double bill. Eve vows to fight Fred for the Rovers, then Eve is persuaded to leave (S) (AD) **3.25 Inspector Morse: Series 8. The Way through the Woods.** A murderer is killed in prison (S) (AD)

**5.40pm Heartbeat**

**5/15 Series 5.** Newcomers to Aidsfield are treated with hostility, and the police investigate a Peeping Tom. (S) (AD)

**6.50 6/15.** Buried resentments rise to the surface, and an elderly couple have a wedding anniversary to remember. (S) (AD)

**8.00 Lewis**

**3/4 Series 4. Your Sudden Death Question.** During the August Bank Holiday, an empty Oxford college plays host to a weekend for professional quizzers. Lewis and Hathaway are called in when the standout competitor is found floating dead in the college fountain. (S) (AD) (HD)

**10.00 Scott & Bailey**

**6/8 Series 4.** A couple are found murdered in their pub, but Rachel is haunted by her own paranoid thoughts about Will. Their relationship is tested when she avoids going to an award ceremony with him. (S) (AD) (HD)

**11.00 7/8.** A bad decision lands Janet and Chris in a perilous situation. They're investigating the discovery of a body on the moors when they uncover something even more sinister at a nearby farm. Continues tomorrow 10pm. (S) (AD) (HD)

**12.05am Where the Heart Is** Shown 8.35/9.45am (S) (SL) **2.20-2.30am Unwind** (HD)

**ITV3** Freeview 10 Freesat 115 Sky 119 Virgin 117  
**+1** F'view 59 (9pm-4am) F'sat 116 Sky 219 Virgin 174

**ITV4**

26

**6.00am World of Sport** (S) (HD) **6.10 The Saint** (S) (SL) **7.10 The Casebook of Sherlock Holmes** (S) (AD) (HD) **8.10 Magnum, PI** (S) (AD) (HD)

**9.15 The Sweeney** (S) **10.20 Minder** (S) (AD) **11.25 The Saint:** an old friend is murdered (S)

**12.30pm The Casebook of Sherlock Holmes** (S) (AD) (HD) **1.40 The Motorbike Show** (S) (HD)

**2.40 Magnum, PI** (S) (AD) (HD) **3.40 The Sweeney** (S) **4.50 Minder** (S) (AD)

**6.00pm The Motorbike Show** Henry Cole celebrates designer Derek Rickman. (S) (HD)

**7.00 The Chase Celebrity Special** Dane Baptiste, Nigel Owens, Anita Rani and Mark Pougatch take on a Chaser. (S) (HD)

**8.00 Made in Britain** Behind the scenes at the Pimm's factory. (S) (AD) (HD)

**9.00 FILM Die Hard 2** ★★ ★★ Action thriller sequel starring Bruce Willis. While waiting for his wife's plane to land in Washington DC, detective John McClane becomes involved in a deadly mission. (S) (AD) (W) (HD)

**11.30 FILM Rocky Balboa** ★★ ★★ Boxing drama starring, written and directed by Sylvester Stallone. (S) (AD) (W) (HD)

**1.40am The Sweeney:** the squad foils a hijacking (S) (SL) **2.35-3.00am Unwind** (S) (HD)

**ITV4** Freeview 26 Freesat 117 Sky 120 Virgin 118  
**+1** Freesat 118 Sky 220 Virgin 175

## Drama

20



**Sister Boniface Mysteries** 8.00pm The nun has a new puzzle to solve

**7.20am Pie in the Sky: 3/10 Series 1.** A regular customer comes under suspicion (S)

**8.10 The Bill:** a new arrival raises eyebrows at Sun Hill **9.15 Classic Holby City:** Dom fights for his relationship (S) (HD) **10.35 Casualty:** Connie's continued presence on the ED poses a risk to her health (HD) **11.40 The Bill:** Stamp struggles to rebuild his life

**12.40pm Classic EastEnders:** double bill. Paul and Precious await Angel's verdict, then Precious is terrified that Angel will try to kill her **2.00 Howards' Way: 2/13 Series 3.** Frere rejects Sir Edward's offer **3.10 Pie in the Sky: 2/6 Series 4.** A second body is found (S) **4.10 Peak Practice: 6/8 Series 1.** Jack and Beth disagree **5.20 As Time Goes By: 3/7 Series 7** Jean snoops on potential neighbours (S)

**6.00pm Are You Being Served?**

**Series 10. Grounds for Divorce.** Captain Peacock falls for another woman. (S)

**6.35 Some Mothers Do 'Ave 'Em**

**6/6 Series 3. Australia House.** The Spencers want to emigrate, but Frank's job prospects are a little limited.

**7.20 Last of the Summer Wine**

**Series 5. Here We Go into the Wild Blue Yonder.** Compo considers hang-gliding. (S)

**8.00 Sister Boniface Mysteries**

**3/10. Love and Other Puzzles.** A resident is found dead next to a jigsaw. (S) (AD) (HD)

**9.00 Strike: The Cuckoo's Calling**

**3/3 Series 1.** As Strike and Robin close in on Lula Landry's killer, secrets are revealed, which put both of them in danger. (HD)

**10.20 New Tricks**

**6/7 Series 1. Home Truths.** An old investigation is reopened. (S) (AD)

**11.40 Clocking Off**

**2/7 Series 2. Bev's Story.** A man's girlfriend causes family conflict. (S)

**12.50am Bad Girls: 5/16 Series 5.** Di invites Sylvia to stay (S) **2.00 Lovejoy: 3/12 Series 2.** The dealer is accused of stealing (S)

**3.05-4.00am Leonardo: 5/8.** Leonardo is given a new art commission (S) (AD) (HD)

**Drama Freeview 20 Freesat 158 Sky 143 Virgin 130**

**+1** Freeview 60 Sky 243 Virgin 226

**ITVBe**

28

**7.00am The Real Housewives of Cheshire** (S) (AD) (HD) **8.00 Buying and Selling** (S) (HD)

**9.00 LittleBe:** children's programmes (HD)

**12 noon New.** Sugar Showdown First shown on Sky (S) (HD) **12.25pm The Real Housewives of New York City** (S) (HD) **1.20 The Real Housewives of Cheshire** (S) (AD) (HD) **2.15 The Only Way Is Essex** (S) (HD) **3.15 Million Dollar Listing: LA** (S) (HD) **4.10 The Real Housewives of Atlanta** (S) (HD) **5.00 New.** The Real Housewives of New Jersey (S) (HD)

**6.00pm Making It Home with Kortney and Kenny** Kortney and Kenny try to marry Tyler and Emily's different styles. (S) (HD)

**7.00 Buying and Selling** A couple spruce up their home before they relocate. (S) (HD)

**8.00 Dinner Date** Josh is given five menus, each put together by a potential blind date, and chooses three people to meet. (S) (HD)

**9.00 Billie and Greg: the Family Diaries** Preparing for baby number three. (S) (HD)

**10.30 Botched: Most Outrageous Rejects** A countdown of the top ten. (S) (AD) (HD)

**11.00 The Cabins** A kite-flying date ends in tears for one couple. (S) (HD)

**12 midnight-1.00am The Only Way Is Essex** (S) (HD)

**ITVBe** Freeview 28 Freesat 119 Sky 131 Virgin 119  
**+1** Virgin 120 (Scotland 162)





## More4

18



### Pamela Anderson's Family Home Renovation 10.00pm

A homecoming  
**8.55am** Food Unwrapped **9.15** A Place in the Sun: the Costa Blanca **10.05** A New Life in the Sun **11.05** Find It, Fix It, Flop It  
**1.10pm** Heir Hunters **2.10** Four in a Bed **4.50** Location, Location, Location **5.55** Kirstie and Phil's Love It or List It (AD)  
**6.55pm** **Escape to the Château** Completing phase two of the basement project becomes an urgent priority. (AD)  
**7.55** **Grand Designs** Rebecca and Gregory hope to turn her family home in Cornwall – a small, damp bungalow – into a cutting-edge home for themselves and their three-year-old twins, all for just £80,000. (AD)  
**9.00** **CHOICE New.** **Amanda Owen's Farming Lives 3/6.** Amanda visits SJ and Nat to learn about their lives as pig farmers on the Yorkshire/Lancashire border, and learns how to make sausages. **See p81.** (AD)  
**10.00** **CHOICE New series.** **Pamela Anderson's Family Home Renovation Ep 1** Pamela leaves her life behind and returns home to Vancouver Island, moving into her grandmother's legacy property with plans to renovate to make it her own. **See p80.** (AD)  
**11.05** **24 Hours in A&E** A couple arrive in resus with their baby, who is unresponsive and has a high fever, while doctors suspect a 61-year-old woman has suffered a stroke. (AD)  
**12 midnight** **Amanda Owen's Farming Lives (AD)** **1.0am** Eight out of Ten Cats Does Countdown **2.10** 24 Hours in A&E (AD) **3.15–3.45am** A Place in the Sun: a home in the Mar Menor area of Spain  
**More4** F'view 18 F'sat 124 Sky 136 Virgin 147  
**+1** Freesat 125 Sky 236 Virgin 196

## E4

13

**6.00am** Hollyoaks Shown Mon/Tue 6.30pm C4 (AD) **7.00** Ramsay's Kitchen Nightmares USA **9.00** The Goldbergs (AD) **10.00** The Big Bang Theory (AD) **11.00** Modern Family  
**12 noon** Brooklyn Nine-Nine (AD) **1.00pm** The Big Bang Theory (AD) **3.00** Modern Family **4.00** Brooklyn Nine-Nine (AD) **5.00** The Big Bang Theory: double bill (AD)  
**6.00pm** **The Big Bang Theory 17/24 Series 11.** Leonard tries to secure the perfect wedding venue for Sheldon and Amy. (AD)  
**6.30 18/24.** Leonard, Howard and Raj hear Penny is having a meeting with Bill Gates. (AD)  
**7.00 New.** **Hollyoaks** Warren opens up to Norma about his love for Sienna. Cast pages 83/93 Repeated tomorrow 6.30pm Channel 4 (AD)  
**7.30** **Celebrity Come Dine with Me** Amelia Dimoldenberg throws her first ever dinner party.  
**8.00 New.** **Below Deck: Mediterranean** A crew member feels a bit worse for wear. (AD)  
**9.00** **Gogglebox** Views on *Frozen Planet II* and *Ninja Warrior UK: Race For Glory*. (AD)  
**10.00** **Naked Attraction** A 23-year-old virgin from Kent picks a partner. (AD)  
**11.05** **Gogglebox** Shows including *Dancing on Ice* and *All Together Now* are appraised. (AD)  
**12.05am** *First Dates* (SL) (AD) **1.10** **Gogglebox** (AD) **2.15** *Below Deck: Mediterranean* (AD) **3.05** *Naked Attraction* (AD) **4.00** *Ramsay's Kitchen Nightmares USA* (SL) **4.50–6.00am** *The Goldbergs* (SL) (AD)  
**E4** Freeview 13 Freesat 122 Sky 135 Virgin 106  
**+1** Freeview 30 Freesat 123 Sky 235 Virgin 146  
**E4 Extra** Freeview 31 Freesat 181 Sky 138 Virgin 337

## Really

17

**6.00am** *Fantasy Homes by the Sea* **7.00** *Home Shopping* **8.00** *Salvage Hunters* **10.00** *Antiques Road Trip* **12 noon** *Money for Nothing* **1.00pm** *The Bidding Room* **2.00** *Animal Cops Philadelphia* (AD) **4.00** *Dr Jeff: Rocky Mountain Vet* **5.00** *Helicopter ER* **6.00** *Money for Nothing* **7.00** *Antiques Road Trip* **9.00 New.** *My Feet Are Killing Me* **10.00 New.** *The Bad Skin Clinic* **11.00** *Ghost Adventures* (AD) **12 midnight** *Ghosts of Devil's Perch* **1.00am** *Ghost Adventures* **2.00** *Shopping* **4.00–6.00am** *Animal Cops Philadelphia* (AD)  
**Really** Freeview 17 Freesat 160 Sky 142 Virgin 128

## Sky Arts

11



### Landscape Artist of the Year 8.00pm

Joan and Stephen at Ascot  
**6.00am** LSO: Sir John Eliot Gardiner Conducts Mendelssohn **7.45** Janine and the 12 Stradivari **9.00** Tales of the Unexpected **10.00** Alfred Hitchcock Presents **11.00** Discovering: Ian McKellen: a profile of the actor  
**12 noon** Film Noir (AD) **1.00pm** Tales of the Unexpected **2.00** The Grapes of Wrath: the Ghost of Modern America **3.00** Landscape Artist of the Year 2016 **4.00** Discovering: Ed Harris **5.00** Tales of the Unexpected  
**6.00pm** **Alfred Hitchcock Presents** A teacher reports that he found \$92,000.  
**6.30** A woman has an affair with a singer.  
**7.00** **Portrait Artist of the Year 2014** The competition heads to London.  
**8.00 New.** **Landscape Artist of the Year** Joan Bakewell and Stephen Mangan present, as the painters head to Royal Ascot racecourse.  
**9.00** **Landscape Artist of the Year: Celebrity Special** Jim Moir, Jessie Cave, Jordan Stephens, Rose Matafeo, Caryn Franklin and Tomasz Shafernacker head to the picturesque town of Whitstable.  
**10.00** **I Am Alfred Hitchcock** Interviews and archival footage weave together to tell the story of the Master of Suspense. (AD)  
**11.45** **Discovering: Judy Garland** A profile of the actress, singer and entertainer. (AD)  
**12.45am** *Judy Garland* by Marc Almond **1.45** *Emily Mortimer: Off Camera* **3.00** *Backstage: Ralph Fiennes in Straight Line Crazy* **4.00** *Master of Photography (AD)* **5.00** *Talking Heads: Music Icons* **5.30–6.00am** *Discovering: Neil Young*  
**Sky Arts** Freeview 11 Freesat 147 Sky 130 Virgin 140/HD 123 BT 350/HD 365

## 4seven

49

**9.00am** *Come Dine with Me: a week of dinner parties in Essex* **11.30** A Place in the Sun  
**1.30pm** A New Life in the Sun **2.30** Come Dine with Me **5.00** A Place in the Sun  
**6.00pm** **A New Life in the Sun** In Italy, a Manchester couple discover the perils of remote living. Shown 4pm Channel 4  
**7.00** **A Place in the Sun** A couple seek a retirement home in the countryside of Murcia.  
**7.45** **The Great Pottery Throw Down Ep 5.** Siobhan takes the remaining potters up on the roof to create gargoyles, and the group make a chimney pot. Shown Sun 7.45pm C4 (AD)  
**9.00** **SAS: Who Dares Wins – Jungle Hell Ep 3 Series 8.** The group tackles an energy-sapping uphill hike, before being confronted with a 200-foot abseil into a dark bat-infested cave. **See choice, p61.** Shown Mon 9pm C4 (AD)  
**10.00** **FILM** *Angel Has Fallen* ★★ Action thriller starring Gerard Butler and Morgan Freeman. When an assassination attempt leaves the President in a coma, Secret Service agent Mike Banning is accused of plotting the attack. **Review p57.** Shown Sunday 9pm C4 (AD)  
**12.20am** *The Bulger Killers: Was Justice Done?* (AD)  
**1.25** 999: on the Front Line **2.30** *Building Britain's Superhomes* (AD) **3.35** *Kirstie and Phil's Love It or List It* (AD) **4.30–5.00am** *The Simpsons*  
**4seven** F'view 49 F'sat 127 Sky 137 Virgin 143

## Quest

12

**6.00am** *How Do They Do It?* **6.25** *Find It, Fix It, Flop It* **7.10** *The Repair Shop* **8.00** *American Pickers* **10.00** *Chasing Classic Cars* **11.00** *Salvage Hunters: Classic Cars* **12 noon** *How It's Made: Dream Cars* **1.00pm** *The Repair Shop* **2.00** *Love Your Garden* **3.00** *Find It, Fix It, Flop It* **4.00** *Salvage Hunters* **5.00** *Salvage Hunters: The Restorers* **6.00** *Wheeler Dealers* (AD) **7.00** *Aussie Gold Hunters* **8.00** *Salvage Hunters* **9.00 New.** *Salvage Hunters: Classic Cars* **10.00 New.** *The Yorkshire Auction House* **11.00** *How Do They Do It?* **12 midnight** *Wheeler Dealers* **1.00am** *Cops UK: Bodycam Squad* **2.00** *Salvage Hunters: Classic Cars* **3.00** *How It's Made: Dream Cars* **4.00–5.00am** *How It's Made*  
**Quest** Freeview 12 Freesat 172/HD 167 Sky 144 Virgin 169  
**+1** Freeview 70 Freesat 168 Sky 244 Virgin 213

## Yesterday

27



### Joanna Lumley's India 9.00pm

The journey begins in Tamil Nadu  
**6.00am** *Impossible Engineering* (AD) **8.00** *Abandoned Engineering* (AD) **9.00** *Nazi Hunters* **10.00** *World War Weird* **11.00** *Fred Dibnah's World of Steam, Steel and Stone*  
**12 noon** *Great British Railway Journeys* **2.00pm** *Bangers and Cash* (AD) **4.00** *Nazi Hunters* **5.00** *World War Weird*  
**6.00pm** **Great British Railway Journeys** Michael Portillo learns about the darker side of Vauxhall's Victorian flower market.  
**6.30** Michael Portillo begins the first leg of a journey from Derby to Lindisfarne.  
**7.00** **Fred Dibnah's World of Steam, Steel and Stone** Industrial engineering.  
**7.30** Fred's interest in building techniques.  
**8.00** **Great Continental Railway Journeys** Michael Portillo travels through Holland, Belgium and France.  
**9.00** **Joanna Lumley's India** Joanna Lumley travels back to the country of her birth.  
**10.00** **Bangers and Cash** Derek takes delivery of a beautiful green Renault van. (AD)  
**11.00** **Abandoned Engineering** Exploring the honeymoon home of a young princess. (AD)  
**12 midnight** *Great British Railway Journeys* **1.00am** *Great British Landmark Fixers* **2.00–3.00am** *Impossible Engineering* (AD)  
**Yesterday** Freeview 27 Freesat 159 Sky 155 Virgin 129  
**+1** Freeview 74 Sky 255 Virgin 217

## Dave

19

**7.10am** *Mega Air* **8.00** *Special Ops: Crime Squad UK* (AD) **9.00** *The Force: behind the Line* **10.00** *Survivor South Africa* (AD) **11.00** *Rick Stein's Long Weekends* (AD)  
**12 noon** *Fast Justice* **1.00pm** *Border Force: America's Gatekeepers: a man is caught with reptiles* (AD) **2.00** *Top Gear* (AD) **4.00 New. *Survivor South Africa* (AD) **5.00** *QI XL*  
**6.00pm** **Taskmaster 5/10 Series 7.** Jessica Knappett's outlook on life is severely tested.  
**7.00** **Richard Osman's House of Games** With guests Kae Kurd, Zoe Lyons, Andrew Hunter Murray and Kate Robbins.  
**7.40** **Would I Lie to You?** Guests include Mark Bonnar, Sheila Hancock and Anita Rani.  
**8.20** *QI* With guests Clive Anderson, Phill Jupitus, Rich Hall and Alan Davies.  
**9.00** *QI XL* Guests include Aisling Bea.  
**10.00** **Have I Got a Bit More News for You** With guests Miles Jupp and Sayeeda Warsi.  
**11.00** **Taskmaster 8/10 Series 8.** Beach balls, water and sand contribute to a seaside feel.  
**12 midnight** *Mock the Week* **12.40am** *QI* **1.20** Meet the Richardsons **2.00** *Richard Osman's House of Games* **2.30** *The Misadventures of Romesh Ranganathan* (AD) **3.30–4.00am** Beat the Internet with John Robins  
**Dave** F'view 19 F'sat 157 Sky 111 (Wales 112) Virgin HD 127  
**Dave Ja Vu** Freeview 57 Sky 211 (Wales 212) Virgin 131**

## London Live

8

**6.00am** *Roswell Conspiracies* **6.30** *Dork Hunters* from Outer Space **7.00** *Pocket Dragon Adventures* **7.30** *Extreme Dinosaurs* **8.00** *Stone Age* **8.30** *Legend of the Dragon* **9.00** *Blandings* **9.45** *London Districts* **10.00** *The Baron* **11.00** *Carluccio's 6 Seasons* **11.30** *After Henry* **12 noon** *Skies above Britain* **1.00pm** **FILM** *Return to Paradise* ★★ **2.45** **FILM** *The Courtneys of Curzon Street* ★★ (BW) **5.00** *Blenheim* **6.00pm** *London Live News* **7.00** *Shine On Harvey Moon* **8.00** *Plane Crash Re-created* **9.00** *The Hidden City* **9.30** *An Englishman in New York* **11.05** **FILM** *Detachment* ★★ **1.05am** **FILM** *The Rise of the Krays* ★★ Crime drama with Simon Cotton **3.15** *London Districts* **3.30** *News Rewind* **5.00–6.00am** *Talking Points*  
**London Live** Freeview 8 Sky 117 Virgin HD 159  
*Available in London area only. Other regional stations available on Freeview 7 or 8 around the country*

## 5 USA

21

**9.00am** *Entertainment News* **9.05** *NCIS* **12 noon** *Law & Order* **1.55pm** *Entertainment News* **2.00** *Law & Order* (AD) **6.00** *NCIS Series 3.* Triple bill. Tony finds himself accused of murder **7.00** *McGee kills an undercover police officer* **8.00** A model is killed while filming a reality TV show at a US marine base (AD) **9.00 New. *Criminal Minds Series 6.* Double bill. The team tracks the kidnapper of Detective Spicer's daughter, then investigates the disappearance of a girl  
First shown on Sky Witness **11.00** *Law & Order: Special Victims Unit Series 22.* Double bill  
**12.55am** *Law & Order: Criminal Intent* **2.50** *Criminal Minds: the BAU profiles a child abductor* **3.35–4.00am** *Criminals: Caught on Camera*  
**5 USA** Freeview 21 Freesat 129 Sky 141 Virgin 153  
**+1** Freesat 130 Sky 241 Virgin 185**

## 5 Star

32

**8.00am** *Entertainment News* **8.10** *Rich Kids Go Skint* (AD) **9.00** *Bargain-Loving Brits* in the Sun **10.00** *Shoplifters and Scammers: at War with the Law* **11.00** *Traffic Cops* **2.00pm** *Police Interceptors* **5.00** *Shoplifters and Scammers: at War with the Law*  
**6.00pm** **Home and Away** A nervous Bree seeks out Cash and admits she was wrong. Shown 1.45pm Channel 5 (AD)  
**6.30 New.** *Eden works around Felicity's wedding issues.* Rptd tomorrow 1.45pm C5 (AD)  
**7.00** **GPs: behind Closed Doors** A man with diabetes visits the surgery. (AD)  
**8.00** **Car Pound Cops: Give Me My Car Back!** Following the work of recovery crews as they trace vehicles driven illegally.  
**9.00** **FILM** *Contagion* ★★ Disaster thriller starring Marion Cotillard, Matt Damon and Kate Winslet. **Review page 87.**  
**11.10** **FILM** *Dracula Untold* ★★ Action horror with Luke Evans and Dominic Cooper.  
**1.00am** *Skin A&E* **2.00** *The Cruise: Below Deck* **3.00** *It's Your Fault I'm Fat: a 19-year-old starts a diet plan* **3.50–4.00am** *Entertainment News*  
**5 Star** Freeview 32 Freesat 131 Sky 128 Virgin 151  
**+1** Freesat 141 Sky 228 Virgin 186

## 5 Action

33

**9.00am** *Winter Road Rescue* **9.35** *Trucking Hell* (AD) **10.35** *Police Interceptors* **11.30** **FILM** *Duel in the Sun* ★★ ★★ **2.10pm** **FILM** *The Rounders* ★★ ★★ **Review page 87** **3.55** *Trucking Hell* **4.55** *Winter Road Rescue*  
**6.00pm** **Police Interceptors** Dog handler Jimmy finds a dangerous weapon.  
**7.00** *Paul Jackson* tries to stop a van driver.  
**8.00** *The firearms team* look for two men seen in possession of a sawn-off shotgun.  
**9.00** **FILM** *Double Impact* ★★ Action thriller starring Jean-Claude Van Damme. When Paul Wagner and his wife are murdered by Triad assassins, their twin sons are saved but become separated. More than two decades later, the twins are reunited and set out to avenge their parents' murder.  
**11.10** **FILM** *Universal Soldier* ★★ Futuristic action thriller starring Jean-Claude Van Damme and Dolph Lundgren as fatalities from the Vietnam War whose bodies are frozen and transformed into robotic supermen.  
**1.20am** *Police Interceptors* **2.20** 999: *Criminals Caught on Camera* **3.15** *Seconds from Death: Caught on Camera* **4.10–5.00am** *Sewermen*  
**5 Action** F'view 33 F'sat 132 Sky 150 Virgin 187/HD 150

## 5 Select

56

**9.00am** *GPs: behind Closed Doors* (AD) **10.00** *The Yorkshire Vet* **12 noon** *The Highland Vet* **1.00pm** *GPs: behind Closed Doors* **3.00** *The Yorkshire Vet* **5.00** *The Highland Vet*  
**6.00pm** **Around the World by Train** with Tony Robinson Journeys around the globe.  
**6.30** **Into Dinosaur Valley** with Dan Snow Dan travels across America retracing the very first discoveries made by fossil hunters.  
**8.00** **Drain the Oceans** *The Wild West.*  
**9.00** **Ash Cloud: the Week the World Stopped** The unique natural disaster in 2010.  
**10.30** **New. Forged in Fire** The best smiths must create an Egyptian Khopesh.  
**11.20am** *British Planes That Won the War* with Rob Bell **1.15** *30 Tips to Cut Your Bills* **2.15** *Inside the Tower of London* **3.05** *Forged in Fire* **3.50–4.00am** *Entertainment News*  
**5 Select** F'view (HD only) 56 F'sat 133 Sky 153 Virgin 152

**FREEVIEW TV and film channels continue overleaf**



# WEDNESDAY Freeview & films

## W 25



### Emergency: First Time Medics 8.00pm Adrian

**6.15am** Top Chef (S) (AD) (HD) **7.00** Property Brothers: Forever Homes (S) (AD) (HD) **8.00** Tipping Point (S) (HD) **10.00** DIY SOS: the Big Build (S) (HD) **12 noon** Rochelle Humes: Interior Designer in the Making (S) (AD) (HD) **1.00pm** Tipping Point (S) (HD) **4.00** DIY SOS: the Big Build (S) (HD) **5.00** Property Brothers: Forever Homes (S) (AD) (HD)

**6.00pm** MasterChef Australia The First Mystery Box. (S) (HD)

**7.00** Property Brothers at Home: Drew's Honeymoon House Tackling the biggest projects. (S) (HD)

**8.00** New. Emergency: First Time Medics 3/10. Adrian does a blood test on a patient. (AD) (HD)

**9.00** DIY SOS: the Big Build A cottage near Dumfries. (S) (HD)

**10.00** 24 Hours in A&E Three young men are brought in. (S) (HD)

**11.00** Inside the Operating Theatre (S) (AD) (HD)

**12 midnight** as 8pm **1.00am** Dating With My Mates (S) (AD) (HD)

**1.50-3.00am** Tipping Point (S) (HD)

**W** F'view 25 F'sat 156 Sky 132 Virgin HD 125 +1 Sky 232 Virgin 190

## Pick 36

**7.00am** Border Security: Canada's Front Line (AD) **8.00** Motorway Patrol **9.00** Stop, Search, Seize (AD) **10.00** Nothing to Declare (AD) **11.00** Highway Patrol **12 noon** Highway Cops (AD) **1.00pm** Border Patrol **2.00** Border Security: Canada's Front Line **3.00** Nothing to Declare **4.00** Star Trek: the Next Generation **5.00** Warehouse 13 **6.00** The Librarians: Jake, Cassandra and Ezekiel visit an unusual wellness retreat **7.00** Star Trek: Voyager: Tom Paris is found guilty of murder by the courts of an unknown planet **8.00** NCIS: New Orleans **9.00** Ross Kemp: Extreme Motorway (AD) **11.00** Britain's Most Evil Killers **12 midnight** How I Caught the Killer **1.00am** Night Cops **2.00** Nothing to Declare **3.00** Border Patrol **4.00** Motorway Patrol **5.00-6.00am** Highway Cops: double bill (AD)

**Pick** F'view 36 F'sat 144 Sky 151 Virgin 135

## HGTV 44

**7.00am** Building Off the Grid **8.00** The Great Interior Design Challenge (AD) **9.00** A Place in the Sun **10.00** Escape to the Country **12 noon** My Lottery Dream Home **1.00pm** Fixer to Fabulous **2.00** Unsellable Houses **3.00** The Great Interior Design Challenge (AD) **4.00** Sarah Beeny's Renovate Don't Relocate (AD) **5.00** Building Off the Grid **6.00pm** A Place in the Sun **7.00** Escape to the Country: two editions **9.00** My Lottery Dream Home: double bill **10.00** New. Good Bones **11.00** Fixer to Fabulous **12 midnight** Escape to the Country **1.00am** Building Off the Grid **2.00** Sarah Beeny's Renovate Don't Relocate (AD) **3.00-4.00am** My Lottery Dream Home

**HGTV** F'view 44 F'sat 166 Sky 158 Virgin 286 +1 Sky 258 Virgin 290

**FREEVIEW channels continued from overleaf**

## Food Network 43



### Nadiya's Family Favourites 8.30pm Hearty chicken stew

**6.00am** Trisha's Southern Kitchen (HD) **7.00** The Pioneer Woman (HD) **8.00** New. Valerie's Home Cooking (HD) **9.00** Jamie's 15-Minute Meals (S) (HD) **9.30** Jamie's 30-Minute Meals (S) (HD) **10.00** Tom Kerridge's Sunday Lunch (HD) **11.00** Rachel Allen's Cake Diaries (S) (HD) **12 noon** The Great British Bake Off (S) (HD) **1.30pm** Nadiya's Family Favourites (S) (AD) (HD) **2.00** James Martin's French Adventure (S) (AD) (HD) **3.00** River Cottage (S) **4.00** Valerie's Home Cooking (HD) **5.00** Barefoot Contessa: back to Basics (S) (AD) (HD) **6.00** Rick Stein's Seafood Lovers' Guide (S) (AD) **7.00** The Great British Bake Off (S) (HD) **8.30** Nadiya's Family Favourites: Nadiya Hussain creates perfect dishes for when people stay over (S) (AD) (HD) **9.00** Tom Kerridge's Sunday Lunch: a step-by-step guide to Sunday roasts (HD) **10.00** Rick Stein's Seafood Lovers' Guide (S) (AD) **11.00** Restaurant: Impossible (HD) **12 midnight** New. Guy's Grocery Games (HD) **1.00am** Restaurant: Impossible (HD) **2.00-3.00am** Jamie and Jimmy's Friday Night Feast (HD)

**Food Network** Freeview 43 Freesat 148 Sky 140 Virgin 285

## Great TV 50

**6.00am** Sue Thomas: F.B.Eye **8.00** Highway to Heaven **10.00** Crazy Like a Fox **11.00** Castle **12 noon** Body of Proof **1.00pm** Sue Thomas: F.B.Eye **3.00** Diagnosis Murder **5.00** Murder, She Wrote **7.00** M\*A\*S\*H **9.00** Randall and Hopkirk (Deceased) **10.00** The Persuaders: Danny and Brett help a woman in distress **11.00** Return of the Saint **12 midnight** M\*A\*S\*H: four editions **2.00am** Randall and Hopkirk (Deceased) **3.00** Sue Thomas: F.B.Eye **4.30-6.00am** Highway to Heaven

**Great TV** Freeview 50 (limited) Freesat 142 Sky 157 Virgin 189 +1 Freesat 143 Sky 257

## RealityXtra 68

**9.00am** Perry Mason **11.00** Matlock **12 noon** The Fugitive **1.05pm** JAG **3.00** Perry Mason: double bill **5.00** The Fugitive: Kimble finds himself drawn into the struggle for domination of a household **6.00** Matlock: while out of town, Matlock sees a man attacking a woman from the window of his hotel **7.00** Judge Judy **1.00am** Matlock **2.00** The Fugitive **3.00** The Real Prime Suspect **5.00-6.00am** Medical Detectives

**RealityXtra** Freeview 68 Freesat 134 Sky 147 Virgin 197

## BBC Parliament 232

**7.30am** Treasury Questions **8.30** House of Commons **9.30** Live Select Committees **11.30** Live Northern Ireland Office Questions: debate from the chamber **12 noon** Live Prime Minister's Questions **12.35pm** Live House of Commons **7.30** Live House of Lords **10.00** Prime Minister's Questions: the PM answers questions in the Commons **10.35** Lords Questions **11.15-7.00am** House of Lords

**BBC Parliament** Freeview 232 Freesat 201 Sky 504 Virgin 605

## PBS America 84



### No Roses on a Sailor's Grave 8.20pm Patrick and John

**8.00am** Plane Crash Re-created (S) **9.15** The Silk Road (S) **10.35** No Roses on a Sailor's Grave **11.50** Lost and Found: the Search for the USS Lagarto **1.00pm** Plane Crash Re-created (S) **2.15** The Silk Road (S) **3.35** No Roses on a Sailor's Grave **4.50** Lost and Found: the Search for the USS Lagarto

**6.00pm** Plane Crash Re-created 3/10. A flight from Heathrow to Belfast that ended in tragedy. (S)

**7.05** The Silk Road 1/3. Sam Willis traces the history of the trade route, starting in Venice. (S)

**8.20** No Roses on a Sailor's Grave The attempt to locate a ship sunk during the Second World War.

**9.35** Lost and Found: the Search for the USS Lagarto The discovery of the US submarine Lagarto at the bottom of the Gulf of Thailand.

**10.45** The Silk Road As 7.05pm. **12 midnight** No Roses on a Sailor's Grave **1.15-2.00am** Beautiful Serengeti: in northern Tanzania

**PBS America** F'view 84 (1pm-12 midnight only) Freesat 155 Sky 174 Virgin 273

## Blaze 64

**6.00am** Hardcore Pawn **7.45** Weird or What? with William Shatner **8.40** Ancient Aliens **10.40** Storage Wars Canada **11.10** Storage Wars **12.10pm** Pawn Stars **2.05** Hardcore Pawn **4.00** Ancient Aliens **5.00** Ancient Aliens: Secret Science **6.00** Weird or What? with William Shatner **7.00** Storage Wars: double bill. New buyers make their debut at the oldest facility in Los Angeles, then the buyers hit Dan's home town **8.00** Dickinson's Real Deal **9.00** New. Paranormal: Caught on Camera: Top 100: incredible videos from around the world **10.00** New. The Proof is Out There **11.00** Uncharted Mysteries **12 midnight** Monsterquest **1.00am** Wicked Tuna **2.00** Swamp People **3.00** Dickinson's Real Deal **3.45** Storage Wars Canada **4.10-6.00am** Pawn Stars

**Blaze** F'view 64 F'sat 162 Sky 164 Virgin 199

## Challenge 48

**7.00am** The Chase **10.00** Dickinson's Real Deal: a woman tries to sell her Moorcroft vases, but David responds with a paltry offer, arguing they're badly damaged. Turning him down flat, she takes her wares straight to auction **11.00** Supermarket Sweep **12 noon** Wheel of Fortune (AD) **1.00pm** Catchphrase (AD) **2.00** Who Wants to Be a Millionaire? **3.00** Play Your Cards Right (AD) **4.00** Bruce's Price Is Right **5.00** Bullseye: quiz that tests contestants' skill at darts and their general knowledge **7.00** Pointless **8.00** The Chase: quiz show hosted by Bradley Walsh **10.00** Who Wants to Be a Millionaire?: a classic episode of the quiz show presented by Chris Tarrant **11.00** Bullseye **12 midnight** The Chase: four editions **4.00am** Who Wants to Be a Millionaire? **5.00-6.00am** Bullseye

**Challenge** Freeview 48 Freesat 146 Sky 145 Virgin 139

## CHILDREN'S

### Milkshake! on C5

**5.35am** Peppa Pig **5.40** Paw Patrol **5.50** Pip and Posy **6.00** Peppa Pig **6.15** Blue's Clues & You **6.40** Oggy Oggy **6.45** Odo **6.55** Fireman Sam **7.05** Thomas & Friends **7.15** Kangaroo Beach **7.25** Peppa Pig **7.40** Paw Patrol **7.55** Pip and Posy **8.10** Paddington **8.25** Milo **8.35** Paw Patrol **8.50** Daisy & Ollie **8.55** Pip and Posy **9.05** Peppa Pig **9.10-9.15am** Sunny Bunnies

Full listings for Channel 5 are on p84

### CBeebies 202

**6.00am** Raa Raa the Noisy Lion **6.10** Bing **6.20** Teletubbies **6.35** School of Roars **6.40** Chuggington **6.50** Bing **7.00** New. Colourblocks **7.05** Hey Duggee **7.20** New. Bluey **7.35** Go Jetters **7.50** Peter Rabbit **8.00** Octonauts **8.15** Numberblocks **8.20** Love Monster **8.25** Nick Cope's Popcast **8.35** Justin's House **9.00** Bing **9.10** Yakka Deel **9.15** Messy Goes to OKIDO **9.25** Colourblocks **9.30** Twirlywoos **9.45** Something Special **10.05** Teletubbies **10.20** The Toddler Club **10.35** Small Potatoes **10.40** Hey Duggee **10.45** Roots and Fruits **10.50** B.O.T. and the Beesties **11.00** Bluey **11.05** Let's Go for a Walk **11.20** School of Roars **11.25** Teeny Tiny Creatures **11.40** Our Family **11.55** What's On Your Head? **12 noon** Big Cook Little Cook **12.20pm** Woolly & Tig **12.25** Waffle the Wonder Dog **12.35** Tee and Mo **12.45** Pablo **1.00** Yakka Deel **1.05** Numberblocks **1.10** Alphablocks **1.15** Dog Loves Books **1.25** Hey Duggee **1.30** Love Monster **1.40** Let's Dance **1.45** Something Special **2.10** Teletubbies **2.25** Bluey **2.30** Go Jetters **2.40** My Petsaurus **2.45** Maddie's Do You Know? **3.00** Dog Squad **3.15** Swashbuckle **3.35** Hey Duggee **3.45** Peter Rabbit **3.55** Andy's Wild Adventures **4.10** New. Pinocchio and Friends **4.25** Bluey **4.40** Supertato **4.45** Go Jetters **5.00** Apple Tree House **5.15** Biff and Chip **5.25** Nick Cope's Popcast **5.35** JoJo & Gran Gran **5.45** Moon and Me **6.10** Clangers **6.20** In the Night Garden... **6.50-7.00pm** Bedtime Stories

**CBeebies** F'view 202 F'sat 608 Sky 608 Virgin 702

### CBBC 201

**7.00am** Shaun the Sheep **7.05** Danger Mouse **7.20** Dennis & Gnasher **7.35** Boy Girl Dog Cat Mouse Cheese **7.45** New. Newsround **7.55** Ninja Express **8.10** New. Operation Ouch! Do Try This at Home **8.20** Odd Squad **8.35** Horrible Histories **9.00** Princess Mirror-Belle **9.20** Ooglies Funsie **9.25** Danny & Mick **9.35** Andy and the Band **9.50** Nine Minute Ninja **10.00** Operation Ouch! **10.30** Horrible Histories **11.00** Bitesize Daily 5-to-7 Year-Olds **11.20** Celebrity Supply Teacher **11.30** Craft Party **11.45** Wild & Weird **12 noon** Danger Mouse **12.15pm** Oswald **12.25** Boy Girl Dog Cat Mouse Cheese **12.35** Monster Loving Maniacs **12.45** Dennis & Gnasher **1.00** The Next Step **1.45** The Dumping Ground: I'm... **2.00** The Dengineers **2.25** Secret Life of Boys **2.50** Nikki Lilly Meets **3.00** Our Boarding School **3.20** Best in The World **3.40** Danger Mouse **3.50** Shaun the Sheep **4.00** Ninja Express **4.10** Boy Girl Dog Cat Mouse Cheese **4.25** Oswald **4.35** New. Pokémon **5.00** Odd Squad **5.10** We Bare Bears **5.25** New. Summer Camp Island **5.35** New. One Zoo Three **6.00pm** New. Operation Ouch! **6.30** Being Me **6.45-7.00pm** Nikki Lilly Meets

**CBBC** F'view 201 F'sat 607 Sky 607 Virgin 701

### CITV 203

**6.00am** Mission Employable **6.05** Robozuna **6.30** Hotel Transylvania **7.00** Smarty Pants **7.15** Mr Magoo **7.30** Lloyd of the Flies **7.45** Dave Spud **8.00** 50/50 Heroes **8.30** Scooby-Doo **9.25** Buck and Buddy **9.30** Scooby-Doo **9.55** Tata and Kuma **10.00** Teen Titans Go! **10.25** DC Super Hero Girls **10.50** Mr Bean **11.30** Dave Spud **12 noon** Mighty Mike **12.30pm** Detention Adventure **1.00** Mini Movies **1.30** Inspector Gadget **2.00** 50/50 Heroes **2.30** Hotel Transylvania **3.00** Craig of the Creek **3.30** Scooby-Doo **4.30** Smarty Pants **4.45** Mr Magoo **5.00** Lloyd of the Flies **5.15** Dave Spud **6.00** Teen Titans Go! **6.30** Inspector Gadget **7.00** Scooby-Doo **7.30** Lego Marvel Avengers **8.00** Mr Bean **8.30** Mini Movies **8.55-9.00pm** Mission Employable

**CITV** F'view 203 F'sat 602 Sky 612 Virgin 734

## FILMS

### Film4 14

**11.00am** The Far Country ★★ Striking western in which a ruthless loner learns the price of individuality during the gold rush years of the 1890s. James Stewart (1954, U) (S) (AD)

**1.00pm All the King's Men ★★** Blistering and still powerful political drama that deservedly won the best picture Oscar. Review, right. Broderick Crawford, Joanne Dru (1949, U) (S)

**3.15 High Noon ★★** Classic western about a marshal risking everything to confront a vengeful killer. Gary Cooper, Grace Kelly (1952, U) (S) (AD)

**4.55 Campbell's Kingdom ★★** Unconvincing adventure set in Canada. Dirk Bogarde, Stanley Baker (1957, U) (S)

**7.00pm The Old Man & the Gun ★★** Poignant, "mosty" true crime tale about an elderly criminal making his way across 1980s America. Review, right. Robert Redford, Casey Affleck (2018, 12) (S) (AD)

**9.00 The Lighthouse ★★** Highly original psychological horror that sees two 19th-century lighthouse keepers driving each other to madness. Film of the Day: right. Robert Pattinson (2019, 15) (S)

**11.15 1408 ★★** John Cusack plays a debunker of paranormal events in this effective psychological thriller. (2007, 15) (S)

**1.20-3.10am The Vigil ★★** Eerie psychological horror about a lapsed Orthodox Jew who becomes plagued by disturbing visions. Dave Davis, Menasha Lustig, Lynn Cohen (2019, 15) (S)

**Film4** Freeview 14 Freesat 300 Sky 313 Virgin 428

**+1** F'view 47 F'sat 301 Sky 314 Virgin 430

### Talking Pictures TV 82

**6.00am** The Detectives British TV comedy series. **6.30** Tickle Me ★ Improbable Elvis Presley vehicle. (1965, U) (S) **8.20** The Hills of Donegal ★★ Sentimental musical. Dinah Sheridan (1947) (S) **10.00** The Onedin Line TV drama. (S) **11.00** Blind Spot ★★ British crime yarn. Robert MacKenzie (1958, U) (S) **12.30pm Bluebird ★★** John Carradine leads this moody cult favourite. Jean Parker (1944) (S) **2.00** Upstairs, Downstairs Classic TV drama. **3.05** Edge of Eternity ★★ Cornelia Wilde's lawman hunts down a murderer in this moderately exciting western from director Don Siegel. (1959, U) (S) **4.50** The Law vs Billy the Kid ★★ Romantic if well-trodden take on the legendary outlaw. Scott Brady, Bette St John (1954, U)

**6.25pm The Westerner** TV western with Brian Keith. (S) **6.55** The Salvage Gang ★★ Sunny Children's Film Foundation adventure. Christopher Warby (1958, U) (S) **8.00** Gideon's Way TV drama. (S) **9.00** Room at the Top ★★ Gritty drama starring Laurence Harvey as a shameless social climber. Review, right. (1958, 12) (S)

**11.20 Inserts ★★** Intriguing drama about 1930s Hollywood starring Richard Dreyfuss as a has-been director making a porno movie with a gay actor and a former silent-movie queen. (1975, 18) (S)

**1.40am All about Eve ★★** Brilliantly acerbic drama about a ruthlessly ambitious young woman who exploits her relationship with a veteran Broadway actress. Bette Davis, Anne Baxter, George Sanders (1950, PG) (S)

**4.25-6.00am Woman on the Run ★★** Tense noir thriller in which Ann Sheridan goes on the trail of her missing husband, who was witness to a gangland murder. (1950) (S)

**Talking Pictures TV** Freeview 82 Freesat 306 Sky 328 Virgin 445





## FILM REVIEWS

## Sky Premiere

**6.00am** **One Way** ★★★ Flawed but solid crime thriller with rapper Machine Gun Kelly. Colson Baker (2022, 15)  
**7.40am** **Father Stu** As 5.50pm  
**9.50am** **Top Gun: Maverick** As 8pm  
**12 noon** **Dakota** As 10.15pm **1.45pm** **Dear Elizabeth** ★★★ A nerd's obsession with an old college friend goes viral in this awkward satire of celebrity worship. Tony Hale (2020, 12)  
**3.30pm** **Big Gold Brick** ★★ Whimsical but unfocused comedy about a failed writer who is hired to write a wealthy man's biography. Andy Garcia (2022, 15)  
**5.50pm** **Father Stu** ★★ Religious drama with Mark Wahlberg as an amateur boxer who finds his calling as a priest. Mel Gibson, Jacki Weaver (2022, 15)  
**8.00pm** **Top Gun: Maverick** ★★★ Tom Cruise's return to the skies finds our hotshot pilot hero recruited to train a group of upstarts. (2022, 12)  
**10.15pm** **Dakota** ★★ Warm-hearted canine drama about a young widow and her daughter who take on a loyal dog. Abbie Cornish, Tim Rozon (2022, PG)  
**12 midnight** **One Way** As 6am  
**1.50am** **Dear Elizabeth** As 1.45pm  
**3.40pm** **Big Gold Brick** As 3.30pm

**Sky Premiere** Sky 301 Virgin 401  
 BT 501/HD 515 +1 Sky 312

## Great Movies 34

**9.00am** **The Killer Patient** ★★ Standard but watchable slow-burning thriller. Sunny Mabrey (2018)  
**11.00am** **A Fatal Reunion** ★★ Enjoyably over-the-top thriller. Kim Director (2018)  
**1.00pm** **Left for Dead** ★★ By-the-numbers TV thriller. Elisabeth Röhm (2014)  
**3.00pm** **Enemy Within** ★★ Made-for-TV thriller. Mae Whitman (2007)  
**5.00pm** **Concrete Evidence: A Fixer Upper Mystery** 7.00pm **Framed for Murder: A Fixer Upper Mystery**  
**9.00pm** **The Expatriate** ★★ Watchable if undistinguished chase drama starring Aaron Eckhart. Olga Kurylenko, Liana Liberato (2012, 15)  
**11.05pm** **The Hunter's Prayer** ★★ Slick action thriller starring Sam Worthington as a junkie assassin who goes on the run. Odeya Rush (2017, 15)  
**12.55am** **911 Nightmare** ★★ Convulsed and untidy thriller. Fiona Gubelmann (2015)  
**2.35pm** **The Stranger Inside** ★★ Over-the-top thriller. Sofia Milos, Kelly Sullivan (2016)  
**4.15pm** **Deadly Paradise** ★★ Predictable thriller. Boti Bliss, Antonio Sabato Jr (2016)

**Great Movies** Freewiew 34 Freesat 302  
 Sky 321 Virgin 425  
 +1 Freewiew 61 (limited 10pm-5am) Sky 322

## Great Romance 52

**6.00am** **Summer in the Vineyard** ★★ Fun sequel to *Autumn in the Vineyard*. (2017)  
**8.00pm** **Valentine in the Vineyard** ★★ Satisfying end to the "Vineyard" trilogy. (2019)  
**10.00pm** **The Last Bridesmaid** ★★ Sweet and familiar romance. (2019)  
**12 noon** **Love on Ice** ★★ Standard-issue TV romance. (2017)  
**2.00pm** **Love Stories in Sunflower Valley** ★★ Cute tale. (2021)  
**4.00pm** **When Love Came to Town** ★★ Easygoing romcom. (2014)  
**6.00pm** **Unleashing Mr Darcy** ★★ Silly modern riff on Jane Austen. (2016)  
**8.00pm** **Valentine's Again** ★★ Diverting if derivative romance. (2017)  
**10.00pm** **Snowkissed** ★★ Cosy romcom. Jen Lilley, Chris McNally (2021)  
**11.50am** **A Love to Remember** ★★ Lightly farcical romance. (2021)  
**1.30am** **Romance Retreat** ★★ Romcom. (2019)  
**3.00pm** **For the Love of Chocolate** ★★ Sweet romance. (2020)  
**4.30pm** **Blueprint to the Heart** ★★ TV romance. (2020)

**Great Romance** Freewiew 52 (limited)  
 Freesat 303 Sky 319 Virgin 424  
 +1 F'view 63 (limited 10pm-5am) F'sat 304 Sky 320

## TCM Movies

**6.00am** Hollywood's Best Film Directors **7.45pm** Off Set **8.10pm** **A Thunder of Drums** ★★★ Well-made western drama. Richard Boone, George Hamilton (1961)  
**10.10pm** **Wagons West** ★★ Competent western. Rod Cameron (1952, U)  
**11.40pm** **The Lonely Man** ★★★ Psychological western. Jack Palance, Anthony Perkins (1957)  
**1.30pm** **One Spy Too Many** ★★ Lazy spy adventure. Robert Vaughn, David McCallum (1966, PG)  
**3.40pm** **Guns of the Tucson** ★★ Routine western. (1958, U)  
**5.20pm** **Trap a Spy** ★★★ First, and one of the best, spin-offs from TV spy show *The Man from U.N.C.L.E.* Robert Vaughn (1966)  
**7.15pm** **Tall Man Riding** ★★ Randolph Scott returns to town in this below-average western. (1955, U)  
**9.00pm** **Empire State** ★★ Strange-but-true crime yarn. Liam Hemsworth, Emma Roberts, Dwayne Johnson (2013, 15)  
**10.55pm** **Dirty Harry** ★★★★★ Clint Eastwood excels as the ruthless cop in pursuit of a psychopath in this outstanding crime thriller. (1971, 18)  
**1.00am** Teleshopping **3.20pm** Off Set **3.30pm** Close Up **5.00pm** Hollywood's Best Film Directors

**TCM Movies** Sky 315 Virgin 415  
 +1 Sky 316 Virgin 417

## Great Movies Action 42

**6.00am** **M\*A\*S\*H** **7.00pm** **Where Angels Fear to Tread** ★★★ Classic EM Forster drama. Helena Bonham Carter (1991, PG)  
**9.10pm** **Deadly Skies** ★★ Derivative disaster thriller. (2005, PG)  
**10.35pm** **Bombers of the Second World War** **11.30pm** **Wild West Chronicles**  
**12 noon** **M\*A\*S\*H** **1.00pm** **The Two-Headed Spy** ★★ Taut, tense spy saga. Jack Hawkins (1958, U)  
**2.55pm** **Submarine Attack** ★★ Unusually nuanced Italian war drama. Lois Maxwell (1955)  
**4.45pm** **Gun Fury** ★★ Moody western. Rock Hudson, Donna Reed (1953, U)  
**6.30pm** **Wild West Chronicles**  
**7.00pm** **Collision Earth** ★★ Cheap and cheerful sci-fi thriller. (2011, 12)  
**9.00pm** **Maximum Security** ★★ Dull outing for Dolph Lundgren. (2017, 15)  
**10.50pm** **Men of War** ★★ This unusually intellectual war flick is probably the best film of Dolph Lundgren's career. Charlotte Lewis (1994, 18)  
**1.00am** **Nowhere to Run** ★★ Soft-centred action thriller. (1992, 15)  
**2.55pm** **4.00am** **The Blitz** on Berlin

**Great Movies Action** Freewiew 42 (limited)  
 F'sat 305 Sky 323 Virgin 426 +1 Sky 324

## Legend 41

**8.00am** **Walker, Texas Ranger** **9.00pm** **Mutant X** **10.00pm** **Star Trek: The Next Generation**  
**11.00pm** **The Darwin Conspiracy** ★ Bland, made-for-TV sci-fi drama. (1999, PG)  
**1.00pm** **Princess of Mars** ★★ Erratic mockbuster take on sci-fi thriller *John Carter*. Antonio Sabato Jr (2009)  
**3.00pm** **Quatermass and the Pit** ★★ Inventive British sci-fi. Review, right.  
 Andrew Keir (1967, 12)  
**5.00pm** **Star Trek: The Next Generation** TV sci-fi adventure.  
**7.00pm** **Airwolf** US TV drama.  
**8.00pm** **Walker, Texas Ranger** TV action drama with Chuck Norris.  
**9.00pm** **Lonesome Dove** **Church** ★★ Patchy but action-packed western with Tom Berenger. (2014)  
**10.50pm** **Witchfinder General** ★★★★★ Horror in which a religious maniac conducts witch-hunts for pleasure. Review, right. (1968, 15)  
**12.35am** **The House of the Devil** ★★ Ominous, slow-burning chiller from cult horror director Ti West. Jocelin Donahue (2009, 18)  
**2.30pm** **4.20am** **Tales from the Lodge** ★★ Comic spookiest anthology. (2019, 15)  
**Legend** F'view 41 F'sat 137 Sky 148 Virgin 149



## FILM OF THE DAY

## The Lighthouse ★★★★★

9.00-11.15pm Film4

**CHILLER** Willem Dafoe and Robert Pattinson are unforgettable in this eerie two-hander from Robert Eggers (*The Northman*). The film unfolds in moody monochrome, as two lighthouse keepers arrive on a remote New England island in the 1890s. Ominous signs abound as Dafoe's superstitious veteran sets a punishing work schedule for Pattinson, yet remains fiercely protective of the light itself. With its captivating cinematography, and two leads at the peak of their powers, *The Lighthouse* remains horribly effective to the last. **EMMA SIMMONDS** (US/Bra 2019, violence, swearing, sex scenes, nudity, BW, HD)

## All the King's Men ★★★★★

1.00-3.15pm Film4

**DRAMA** This blistering movie won the best picture Oscar in 1950, with the best actor award going to Broderick Crawford as the honest small-town politician who loses his innocence on his way to the top. Today, this movie may seem a tad over-performed, but it's important to view it in the context of its times, when corruption and bigotry were rife. **TONY SLOMAN** (US 1949, BW, HD)

## The Rounders ★★

2.10-3.55pm 5 Action

**COMEDY WESTERN** Burt Kennedy's amiable movie pairs two of the screen's most watchable veterans, Glenn Ford and Henry Fonda, with a determined horse. The near-plotless film is basically a series of incidents, as the two bronc-busters try to make enough to settle down. It features a nice line in very 1960s risqué humour. **TS** (US 1965, may be edited for content)

## Quatermass and the Pit ★★

3.00-5.00pm Legend 12

**SCI-FI** This remains the most popular of the movies taken from Nigel Kneale's acclaimed BBC TV serial. The story of a Martian spaceship uncovered in a London Tube station retains much of its sense of

## Room at the Top ★★★★★

9.00-11.20pm

Talking Pictures TV 12

**DRAMA** This film stirred a hornet's nest on its original release for its liberal attitude to sex. Laurence Harvey is at his lizard-like best as the ambitious clerk whose quest for self-betterment is complicated by sexy, ill-fated Simone Signoret. The film powerfully captures the demise of Victorian morality and traditional class culture. **SUE HEAL** (UK 1958, violence, swearing, sexual references, BW)

## All That Breathes ★★★★★

9.00-11.00pm

Sky Documentaries 12

**DOCUMENTARY** Inner-city New Delhi provides the setting for this Oscar- and Bafta-nominated wildlife film. Against a backdrop of civil unrest, Shauna Sen's camera lingers over an ever-changing eco-system, as two brothers dedicate their lives to rescuing injured birds. The film is neither hysterical nor didactic as it conveys our abuse of the planet. **JAMES MOTTRAM** (UK/Ind/US 2022, swearing)

## Witchfinder General ★★★★★

10.50pm-12.35am Legend 15

**HORROR** Michael Reeves's penetrating chronicle of the social evils at large during the English Civil War is a horror classic. Vincent Price plays it straight as Matthew Hopkins, the cynical religious maniac instigating torture for his own pleasure and profit. It would be Reeves's third and final film; he sadly died of an overdose at the age of 25. **ALAN JONES** (UK 1968, violence, nudity)

## Sky Cinema picks

## The English Patient ★★★★★

1.15-4.10pm

## Sky Valentines

Sweeping romance. (1996, 15)  
 Sky 302, Virgin 402, BT 502/516

## The Three Musketeers ★★

6.00-8.00pm Sky Hits  
 Logan Lerman stars. (2011, 12)  
 Sky 303, Virgin 403, BT 503/517

## Step Brothers ★★

10.10pm-12.10am

## Sky Cinema Comedy

Men will be boys. (2008, 15)  
 Sky 308, Virgin 408, BT 508/522

Films to stream from p32  
 Netflix, Amazon, Disney+ and more



## Sky Showcase



**Hold the Front Page** 9.00pm  
Working for *The Scotsman*

**6.00am** The Early Rundown (HD)  
**7.00** Kay Burley (HD) **8.00** Baby Animals (S) (HD) **9.00** Nothing to Declare UK (S) (HD) **10.00** Supergirl (S) (HD) **11.00** NCIS: New Orleans (S) (HD) **1.00pm** Hawaii Five-0 (S) (HD) **2.00** S.W.A.T. (S) (AD) (HD) **3.00** Gangs of Baboon Falls (S) (HD) **4.00** The Conners (S) (HD) **4.30** Futurama (S) (AD) **5.00** The Simpsons (S) **5.30** The Fresh Prince of Bel-Air (S) (HD)

**6.30pm The Simpsons** Bart falls for Reverend Lovejoy's daughter.  
**7.00** Lisa takes up ice hockey.  
**7.30** Grampa boosts Homer's love life with a virility tonic. (S) (HD)

**8.00 New. Landscape Artist of the Year Ep 5 Series 8.** From Royal Ascot racecourse. (HD)

**9.00 New. Hold the Front Page 6/6.** Josh Widdicombe and Nish Kumar work for *The Scotsman*. (HD)

**10.00 Brassic 6/6 Series 1** Vinnie has to find a thief. (S) (AD) (HD)

**11.00 Fantasy Football League Ep 2 Series 2.** With guests Maisie Adam and Mo'Nique. (HD)

**11.35 The Force: Manchester** The work of police officers. (S)

**12.35am Road Wars:** double bill (S)

**2.05** Brit Cops: Law & Disorder  
**3.00** Hawaii Five-0 (S) (HD) **4.00** S.W.A.T. (S) (AD) (HD) **5.00-6.00am** The Early Rundown (HD)

**Sky Showcase Sky 106** Virgin 109  
BT 340/HD 355 +1 Sky 206

## Sky Sci-Fi

**6.00am V 7.00** The Librarians  
**12.00** Home Shopping **11.00 V**  
**12.00** Star Trek: the Next Generation **2.00pm** Project Blue Book **3.00** The Outpost **4.00** The Librarians **5.00** Stargate SG-1

**6.00pm Star Trek: the Next Generation 12/26 Series 7** Riker's former commander orders him to keep the real purpose of a risky mission a secret from Picard.  
**7.00 13/26.** Worf's foster brother violates the Prime Directive in an effort to save a doomed alien race.

**8.00 Merlin 1/13 Series 5.** King Arthur and his knights travel to the frozen north in search of several men who have disappeared, only for Merlin to find himself battling fate itself.

**9.00 New. Blood and Treasure Ep 3 Series 2.** A visit with Simon in prison yields new information on the Spirit Banner's last whereabouts, sending the team to Russia.

**10.00 New. Ep 4 Series 2.** An antiquities expert teams up with an art thief to catch a terrorist.

**11.00 Lovecraft Country 9/10** With Hippolyta at the helm, Leti, Tic and Montrose travel to 1921 Tulsa in an effort to save Dee.  
**12.05am 10/10.** After uncovering the origins of the *Book of Names*, the gang heads back to Ardhm.

**1.15** Reginald the Vampire  
**3.05 V 4.00** Wynonna Earp  
**5.00-6.00am** Stargate SG-1

**Sky Sci-Fi Sky 139** Virgin 122  
BT 348/HD 363 +1 Virgin 229

## Sky Atlantic



**Big Little Lies** 9.00pm Will Abigail's secret be exposed?

**6.00am** Fish Town (S) (HD) **7.55** The Sopranos (S) (HD) **10.05** Ray Donovan (S) (AD) (HD) **12.15pm** Game of Thrones (S) (AD) (HD) **1.20** Six Feet Under (S) (HD) **3.30** The Sopranos: double bill (S) (HD)

**5.45pm Ray Donovan 1/12** Series 4. Ray looks to reconnect with his family. (S) (AD) (HD)

**6.50 2/12.** On the eve of a momentous boxing match, Ray helps Hector handle a person from his past. (S) (AD) (HD)

**7.55 Game of Thrones 7/10** Series 3. Daenerys exchanges gifts with a slave lord outside Yunkai and Melisandre reveals a secret to Gendry. (S) (AD) (HD)

**9.00 Big Little Lies 6/7 Series 1** Jane confronts Renata when she learns a petition has been raised to exclude Ziggy, and the truth behind Abigail's "secret project" comes out. (S) (AD) (HD)

**10.05 The Last of Us 4/9.** A smuggler is tasked with escorting a teenage girl across a post-apocalyptic United States. (HD)

**11.05 Devils 6/10 Series 1** Massimo makes a deal with Vicky but later aborts his plans. (S) (AD) (HD)

**12.10am Boardwalk Empire:** double bill (S) (AD) **2.25** Game of Thrones (S) (AD) (HD) **3.30** In Treatment (S) **4.00-6.00am** Fish Town (S) (HD)

**Sky Atlantic Sky 108** (Wales 109)  
BT 342/HD 357 +1 Sky 208 (Wales 209)

## Sky Witness

**6.00am** Bondi Rescue (S) (HD) **7.00** UK Border Force (S) (AD) (HD) **8.00** Border Patrol (S) **9.00** Road Wars (S) (HD) **10.00** Brit Cops: Law & Disorder (S) **11.00** The Force: Manchester (S) (HD) **12.00** FBI (S) (AD) (HD) **1.00pm** 9-1-1 (S) (HD) **2.00** Blue Bloods (S) (AD) (HD) **3.00** Bull (S) (HD)

**4.00pm Nothing to Declare** Eight episodes of the series following the work of customs officers in Australia. (HD)

**8.00 Blue Bloods 5/20 Series 12** Jamie and Eddie experience marital tension when Eddie allows her father to live with them. (S) (AD) (HD)

**9.00 New series. The Rookie: Feds 1/22.** US police drama starring Niecy Nash-Betts. Special Agent Simone sets her sights on joining Garza's new unit as they investigate the murder of a federal engineer. (S) (HD)

**10.00 9-1-1 5/18 Series 3.** Athena takes action after her family experiences a traumatic traffic stop. Meanwhile, Buck's suit against the city goes to arbitration. (S) (HD)

**11.00 FBI 14/22 Series 1** The team uncovers the truth behind the murder of an investigative journalist. (S) (AD) (HD)

**12.00pm** FBI: Most Wanted (S) (AD) (HD) **1.00am** The Rookie (S) (AD) **2.00** The Rookie: Feds (S) (HD) **3.00** 9-1-1 (S) (HD) **4.00** Road Wars (S) (AD) **5.00-6.00am** The Force: Manchester (S) (HD)

**Sky Witness Sky 107** Virgin 110  
BT 341/HD 356 +1 Sky 207 Virgin 163

## Sky Max



**Brassic** 10.00pm Vinnie goes looking for an antiques thief

**6.00am** Stargate SG-1 (S) (HD) **8.00** DC's Legends of Tomorrow (S) (AD) (HD) **9.00** Quantum Leap (S) (HD) **10.00** Supergirl (S) (AD) (HD) **11.00** NCIS: New Orleans (S) (HD) **1.00pm** Hawaii Five-0 (S) (HD) **2.00** S.W.A.T. (S) (AD) (HD) **3.00** Quantum Leap (S) (HD) **4.00** DC's Legends of Tomorrow (S) (AD) (HD) **5.00** Supergirl (S) (HD)

**6.00pm Stargate SG-1 16/22 Series 2.** O'Neill has the contents of an alien library downloaded into his brain. (S)

**7.00 17/22.** The team offers sanctuary to Apophis. (S)  
**8.00 S.W.A.T. Ep 3 Series 6** Hondo and the squad must retrieve a stolen armoured vehicle. (S) (HD)

**9.00 New. Hold the Front Page 6/6.** Josh Widdicombe and Nish Kumar work for *The Scotsman*. (HD)

**10.00 Brassic 6/6 Series 1** Vinnie has to find a thief. (S) (AD) (HD)

**11.00 Fantasy Football League Ep 2 Series 2.** With guests Maisie Adam and Mo'Nique. (HD)

**11.35 Strike Back: Vengeance 5/10 Series 3.** Matlock and Kohl kidnap a woman. (S) (AD) (HD)

**12.35am Road Wars:** double bill (S) (HD) **2.00** Sun, Sea and A&E (HD)

**3.00** Hawaii Five-0 (S) (HD) **4.00** S.W.A.T. (S) (AD) (HD) **5.00-6.00am** Highway Patrol: double bill (S)

**Sky Max Sky 113** (Wales 114) Virgin 111  
BT 346/HD 361

## Sky Replay

**7.00am** Sixth Sense with Colin Fry (S)  
**8.00** Four Weddings (S) (HD) **10.00** Paramedics: Australia (S) (HD) **11.00** Road Wars (S) **12.00** Highway Patrol (S) (HD) **1.00pm** Send in the Dogs (S) **2.00** The Librarians (S) (HD) **4.00 V** (HD) **6.00** Most Haunted: double bill. The team investigates the Exeter Old Courts, then Edinburgh's Niddry Street Vaults (S)  
**8.00** Road Wars (S) **9.00** Jamestown: Jocelyn has mixed feelings at the arrival of Read's new wife (S) (AD) (HD) **10.00** Send in the Dogs (S) **11.00** Hold the Front Page: Nish Kumar and Josh Widdicombe work for *The Scotsman* (HD) **12.00** The Rookie: The Rookie (S) (HD) **1.00am** Motorway Patrol (S) **2.00** A League of Their Own Road Trip: Dingle to Dover (S) (AD) **3.00** Duck Quacks Don't Echo (S) (AD) (HD) **4.00** Four Weddings (S) (HD) **5.00-6.00am** Sixth Sense with Colin Fry (S)

**Sky Replay Sky 152** Virgin 156

## Sky Crime

**6.00am** Highway Patrol (S) (HD) **7.00** Motorway Patrol (S) (HD) **8.00** Highway Cops (S) (HD) **9.00** Nothing to Declare **10.00** Stop, Search, Seize (S) (HD) **11.00** How I Caught the Killer (S) (HD) **12.00** The Real Manhunter (S) (HD) **1.00pm** Forensics: Catching the Killer (S) (AD) (HD) **2.00** Killer in My Village (S) (HD) **3.00** Most Evil Killers (S) (HD) **5.00** The Real Manhunter (S) (HD) **6.00** Killer in My Village (S) (HD) **7.00** Most Evil Killers (S) (HD) **9.00** New. Murder Next Door (HD) **10.00** How I Caught the Killer (S) (HD) **11.00** Most Evil Killers (S) (AD) (HD) **12.00** Forensics: Catching the Killer (S) (AD) (HD) **2.00am** as 2pm **3.00** The Killer Within (S) (HD) **4.00** 911 Crisis Centre (S) (HD) **5.00-6.00am** Motorway Patrol (S)

**Sky Crime Sky 122** Virgin 121  
BT 349/HD 364 +1 Sky 222 Virgin 164

## Gold



**Bottom** 9.10pm Eddie and Richie try to get in shape

**7.30am** The Fosters **8.00** Keeping Up Appearances (S) (AD) **8.40** My Hero (S) **9.20** Are You Being Served? (S) **10.00** Porridge (S) **10.40** Last of the Summer Wine (S) **12.00** Keeping Up Appearances (S) (AD) **12.40pm** My Hero (S) **1.20** Dad's Army (S) **2.00** Porridge (S) **2.40** Are You Being Served? (S) **3.20** Last of the Summer Wine (S) **4.40** Dad's Army (S) **5.20** Keeping Up Appearances (S) (AD)

**6.00pm Are You Being Served?** Mr Goldberg sets up an employment agency. (S)

**6.40 Dad's Army** The men head off for a training camp. (S)

**7.20** An enemy aircraft ditches. (S)

**8.00 Only Fools and Horses** Del becomes a showbiz manager. (S) (AD)

**9.10 Bottom** Richie and Eddie prepare for their holiday. (S) (AD)

**9.50 Not Going Out** Lucy needs help writing a speech. (S) (HD)

**10.25 Live at the Apollo** Comedy sets by Frankie Boyle, Simon Evans and Aisling Bea. (S) (HD)

**11.30 French and Saunders** Guest-stars Jonathan Ross. (S)

**12.05am** Murder, They Hope (S) (AD) **1.10** Bottom (S) (AD) **1.50** Not Going Out (S) (HD) **2.30** Live at the Apollo (S) (HD) **3.20-4.00am** French and Saunders (S)

**Gold Sky 110** (Wales 111) Virgin 124  
BT 344/HD 359 +1 Sky 210 (Wales 211) Virgin 194

## Sky Comedy

**8.00am** Futurama (S) (HD) **9.00** Everybody Hates Chris (S) (HD) **10.00** Sex and the City (S) (HD) **11.15** House of Lies (S) (HD) **12.30pm** The Fresh Prince of Bel-Air (S) (HD) **1.30** Modern Family (S) (HD) **2.30** The Office US (S) (HD) **3.00** Will & Grace (S) (AD) **4.00** The Conners (S) (HD) **4.30** Futurama (S) (AD) **5.00** The Office US (S) (HD) **5.30** The Fresh Prince of Bel-Air (S) (HD) **6.30** Futurama (S) (HD) **7.30** The Office US (S) (HD) **8.00** New. The Conners: Bev wants to use her finances to spread happiness (S) (HD) **8.30** The Office US (S) (HD) **9.00** Curb Your Enthusiasm (S) (HD) **10.45** New. The Late Late Show with James Corden (HD) **11.45** New. The Tonight Show Starring Jimmy Fallon (HD) **12.45am** Sex and the City (S) (HD) **2.20** Silicon Valley (S) (HD) **4.05-5.00am** Everybody Hates Chris (S) (HD)

**Sky Comedy Sky 114** (Wales 115)  
Virgin 112 BT 347/HD 362

## Comedy Central

**8.00am** My Wife and Kids (S) (HD) **9.00** The Middle (S) (HD) **10.00** Last Man Standing (S) (HD) **12.00** Friends (S) (AD) (HD) **6.00pm** Friends: six further episodes (S) (AD) (HD) **9.00** Live at the Apollo: Lenny Henry, Andy Parsons and Ed Byrne perform stand-up sets at the Hammersmith Apollo (S) (HD) **10.00** New. Guessable?: host Sara Pascoe is joined by guests Sophie Duker, Rosie Jones, Fathia El-Ghorri and Jamie Laing **11.00** Al Murray's Great British Pub Quiz **12.00** The Ricky Gervais Show (S) (HD) **12.30am** South Park (S) (HD) **2.30** The Ren & Stimpy Show (S) **3.00** Beavis and Butt-Head **3.20** Fugget about It (S) **3.45** New. The Daily Show **4.15-5.00am** Friends (S) (AD) (HD)

**Comedy Central Sky 112** (Wales 113)  
Virgin 181/HD 132 BT 345/HD 360  
+1 Sky 212 (Wales 213) Virgin 133

## Alibi



**CSI: Vegas** 9.00pm Allie and Josh are left puzzled

**7.10am** Murdoch Mysteries (S) (HD) **9.00** Hudson & Rex (S) (AD) (HD) **10.00** Unforgettable (S) (AD) **11.00** Person of Interest (HD) **12.00** Major Crimes (S) (HD) **1.00pm** Death in Paradise (S) (AD) (HD) **2.00** Murdoch Mysteries (S) (HD) **4.00** Hudson & Rex (S) (AD) (HD) **5.00** Unforgettable (S) (HD)

**6.00pm Without a Trace 1/23 Series 3.** Jack's wife tells him she wants a divorce and the team searches for a blind girl and her mobility instructor. (HD)

**7.00 Person of Interest 5/22** Series 2. Reese tries to protect an investigative journalist. (HD)

**8.00 Death in Paradise 4/8** Series 4. A bride-to-be is found dead in her bath. (S) (AD) (HD)

**9.00 New. CSI: Vegas 7/21** Series 2. A Bigfoot-like print

found near a crime scene puzzles the CSI team as they work to uncover who or what killed a father and son. See p81. (AD) (HD)

**10.00 Clarice 7/13.** Ardelia and Clarice team up to investigate a twisted cold case. (S) (AD) (HD)

**11.00 Without a Trace** As 6pm.

**12.00** midnight Hudson & Rex (S) (AD) (HD) **1.00am** Major Crimes (S) (HD)

**2.00-4.00am** Why Women Kill: double bill (S) (AD) (HD)

**Alibi Sky 109** (Wales 110) Virgin 126  
BT 343/HD 358 +1 Sky 209 (Wales 210) Virgin 191

## Discovery

**6.00am** Wheeler Dealers (S) (AD) (HD) **7.00** Deadliest Catch (S) (HD) **9.00** Railroad Alaska (S) (HD) **10.00** How Do They Do It? (S) (HD) **11.00** Wheeler Dealers (S) (AD) (HD) **12.00** Salvage Hunters (S) (AD) (HD) **1.00pm** Gold Rush (S) (HD) **3.00** Building Off the Grid (S) (HD) **4.00** Alaska: Homestead Rescue (S) (HD) **5.00** Wheeler Dealers (S) (AD) (HD) **6.00** Salvage Hunters (S) (AD) (HD) **7.00** Kindig Customs: the crew try to get the warped metal on a 1955 Nomad back into shape (S) (HD) **8.00** New. Gold Divers (HD) **9.00** New series. Gold Divers (HD) **11.00** New. Moonshiners: Josh learns an ultra-fast moonshine process from an outlaw operation in Brazil (HD) **12.00** midnight Combat Dealers (S) (HD) **1.00am** Gold Divers (HD) **3.00** Moonshiners (S) (HD) **4.00-5.00am** Wheeler Dealers (S) (AD) (HD)

**Discovery Sky 125** Virgin 250 BT 320/HD 325  
+1 Sky 225 Virgin 258

## Discovery History

**6.00am** Nasa's Unexplained Files (S) **7.00** How the Universe Works **8.00** Ultimate Warfare (S) **9.00** Combat Dealers (S) (AD) **10.00** Unexplained and Unexplored **11.00** Tony Robinson's Victory in Europe (S) **12.00** Nasa's Unexplained Files **1.00pm** Expedition Unknown **2.00** Greatest Events of World War II (S) **3.00** Blowing Up History (S) **4.00** Mysteries at the Museum **5.00** Ultimate Warfare (S) **6.00** How the Universe Works **7.00** Expedition Unknown **8.00** Combat Dealers (S) **9.00** UFO Witness (S) **10.00** How the Universe Works (S) **11.00** Sex, Lies, and the Taj Mahal (S) (AD) **12.00** midnight Combat Dealers: Reloaded (S) **1.00am** as 8pm **2.00** UFO Witness (S) **3.00** as 2pm **4.00-5.00am** as 3pm  
**Discovery History Sky 177** Virgin 257  
+1 Sky 277 Virgin 261



## Sky Documentaries



**All That Breathes 9.00pm**  
Salik Rehman cares for birds

**6.00am** Harrow: a Very British School (S) (AD) **7.00** Discovering: Bette Davis (S) (AD) **8.00** The Directors (S) **9.00** Catch and Kill: the Podcast Tapes (S) (AD) **10.05** The Movies (S) (HD) **11.00** McMillion\$ (S) (AD) **12 noon** Jackie Stewart (S) **1.50pm** My Icon: Michael Holding (S) (AD) (HD) **2.00** **FILM** The Kid Stays in the Picture ★★★ (S) (W) **3.50** My Icon: Linford Christie (S) (AD) (HD) **4.00** The Directors (S) **5.00** Discovering: Bette Davis (S) (AD)

**6.00pm** **Catch and Kill: the Podcast Tapes** Ronan Farrow's intimate, revealing interviews with whistleblowers and journalists. (S) (AD) **6.35** Ken Auletta and Kim Masters discuss their efforts to expose Harvey Weinstein. (S) (AD) **7.05** **The Movies** American cinema in the 1980s. (S) (HD)

**8.00** **McMillion\$** An insider reveals the details of the scam. (S) (AD)

**9.00** **All That Breathes** ★★★ **P** Delhi brothers Saud and Nadeem devote their lives to caring for injured wild birds. Hindi +subtitles. **Review page 87.** (W)

**11.00** **Quant** The life of fashion designer Mary Quant. (S)

**12.50am** **Becoming** Warren Buffett (S) **2.35** Katrina Babies (S) **4.05** The Directors (S) **5.00–6.00am** Discovering: Bette Davis (S) (AD)

**Sky Documentaries** Sky 121  
Virgin 277 BT 352/HD 367

## Nat Geographic

**8.00am** Food Factory (S) (HD) **9.00** Air Crash Investigation (S) (HD) **10.00** Car SOS (S) (AD) (HD) **11.00** Ice Road Rescue **12 noon** Nazi Megastructures (HD) **1.00pm** Ancient X Files (HD) **2.00** WW2's Biggest Wrecks: Drain the Oceans (S) (AD) (HD) **3.00** Empire of the Snake Kings (HD) **4.00** Earth's Giant Hole (HD) **5.00** Sex in the Stone Age (HD) **6.00** Lost Treasures of Egypt (HD) **7.00** Air Crash Investigation (S) (AD) (HD) **8.00** **New.** Alaska: the Next Generation (S) (HD) **9.00** America's Hardest Prisons (S) (HD) **10.00** Russia's Toughest Prisons (HD) **11.00** Air Crash Investigation (S) (HD) **12 midnight** Banged Up Abroad (S) (HD) **1.00am** Drugs Inc (HD) **2.00** Money Meltdown (HD) **2.30** Food Factory (S) (HD) **4.10** When Sharks Attack (HD) **4.35–5.00am** America's Wild Spaces (HD)

**Nat Geographic** Sky 129 Virgin 266  
+1 Sky 229 Virgin 267

## Sky History

**6.00am** Forged in Fire (HD) **7.00** Storage Wars (HD) **8.00** American Pickers (HD) **9.00** Pawn Stars (HD) **10.00** Mystery Places **11.00** Walking through History (HD) **12 noon** Mountain Men **1.00pm** Secrets in the Ice (HD) **2.00** Ancient Aliens (HD) **3.00** Deep Water Salvage (HD) **4.00** Storage Wars (HD) **5.00** Pawn Stars (HD) **6.00** American Pickers (HD) **7.00** Forged in Fire (HD) **8.00** **New.** Mountain Men (HD) **9.00** **New.** The Curse of Oak Island (HD) **10.00** **New.** The Lost Pirate Kingdom (HD) **11.15** Pirate Treasure of the Knights Templar (HD) **12.10am** Colosseum (HD) **1.10** Mountain Men (HD) **2.05** Walking through History (HD) **3.05** Storage Wars (HD) **4.00** Secrets in the Ice (HD) **5.00–6.00am** Ancient Aliens (HD)

**Sky History** Sky 123 Virgin 270  
BT 353/HD 368 +1 Sky 223 Virgin 271

## Sky Nature



**Land of the Far North 8.00pm**  
A wolf in the Polar Circle

**6.00am** Wild Tales from the Farm (S) (AD) **7.00** Monkey Life (S) (HD) **8.00** Baby Animals (S) (HD) **9.00** Gangs of Baboon Falls (S) (HD) **10.00** Nomads of the Serengeti (S) (HD) **11.00** Arabian Inferno (S) (HD) **12 noon** Hope for Wildlife (S) (HD) **1.00pm** Monkey Life (S) (HD) **2.00** Baby Animals (S) (HD) **3.00** Gangs of Baboon Falls (S) (HD) **4.00** Nomads of the Serengeti (S) (HD) **5.00** Arabian Inferno (S) (HD)

**6.00pm** **Hope for Wildlife** Deer season sees the rehab flooded with fawns. (S) (HD)

**7.00** **Monkey Life** Oshine the orangutan is weighed. (S) (HD) **7.30** Hunchbacked capuchin Tau needs an operation. (S) (HD)

**8.00** **Land of the Far North** The challenges for nature in the region north of Polar Circle. (S) (AD) (HD)

**9.00** **Accidental Wilderness: Europe's Everglades** A paradise for Europe's birds. (S) (HD)

**10.00** **Arabian Inferno** Animals in the Arabian Desert. (S) (HD)

**11.00** **Hope for Wildlife** As 6pm. **12 midnight** Shadowlands (S) (AD) (HD) **1.00am** Reef Wrecks (S) (HD)

**2.00** Land of the Far North (S) (AD) (HD) **3.00** **Accidental Wilderness: Europe's Everglades** (S) (HD) **4.00** Baby Animals (S) (HD) **5.00–6.00am** Gangs of Baboon Falls (S) (HD)

**Sky Nature** Sky 124 Virgin 278  
BT 354/HD 369

## Eden

**9.00am** Rescued Chimpanzees of the Congo with Jane Goodall (HD) **10.00** Conquerors (HD) **11.00** David Attenborough's Natural Curiosities (AD) (HD) **12 noon** Forbidden History (AD) (HD) **2.00pm** As 8pm **3.00** Wild Colombia with Nigel Marven (AD) (HD) **5.00** Conquerors (HD) **6.00** David Attenborough's Natural Curiosities (AD) (HD) **7.00** Forbidden History (AD) (HD) **8.00** Rescued Chimpanzees of the Congo with Jane Goodall (HD) **9.00** Wild Colombia with Nigel Marven (AD) (HD) **10.00** David Attenborough's Natural Curiosities (AD) (HD) **11.00** Conquerors (HD) **12 midnight** Forbidden History (AD) (HD) **1.00am** As 8pm **2.00** Conquerors (HD) **3.00** As 6pm **3.50** Wild Colombia with Nigel Marven (AD) (HD) **4.40** Forbidden History (AD) (HD) **5.30–6.00am** As 6pm

**Eden** Sky 166 Virgin HD 245  
+1 Sky 266 Virgin 246

## Animal Planet

**8.00am** Animal Cribbs (S) (HD) **9.00** Dodo Heroes (S) (AD) (HD) **10.00** Bad Dog! (S) (HD) **11.00** Alaska: Homestead Rescue (S) (HD) **12 noon** Animal Cribbs (S) (HD) **1.00pm** Dodo Heroes (S) (HD) **2.00** Coyote Peterson: Brave the Wild (S) (HD) **3.00** Tanked (S) **4.00** Dogs 101 (S) (HD) **5.00** Alaska: Homestead Rescue (S) (HD) **6.00** Animal Cribbs (S) (HD) **7.00** Dodo Heroes (S) (AD) (HD) **8.00** Project Grizzly: two editions (S) (HD) **10.00** Alaskan Bush People: the Integrity begins to show its age (S) (HD) **11.00** From Wags to Riches (S) (HD) **12 midnight** Pit Bulls and Parolees: Tia's Tales (S) (HD) **1.00am** Alaskan Bush People (S) (HD) **2.00** Dogs 101 (S) (HD) **3.00** Alaska: Homestead Rescue (S) (HD) **4.00–5.00am** Animal Cribbs (S) (HD)

**Animal Planet** Sky 162 (NI 178) Virgin 251  
+1 Sky 262 (NI 278) Virgin 259

## SPORT

### Sky Main Event

Sky 401 Virgin 511/HD 501 BT 420/HD 440

**6.00am** Sky Sports News  
**7.00** Good Morning Sports Fans  
**10.00** The Football Show  
**12 noon** Good Morning Football  
**3.00pm** **LIVE SA20 Cricket** The first semi-final at Wanderers Stadium in Johannesburg.  
**7.30** Sky Sports News  
**10.30** Back Pages Tonight  
**11.00–5.30am** Sky Sports News

### Sky Football

Sky 403 Virgin 513/HD 503 BT 422/HD 442

**6.00am** League Cup Retro (AD)  
**8.45** EFL Greatest Games (AD)  
**10.00** League Cup Retro  
**12 noon** Women's Super League  
**12.30pm** Championship Highlights  
**1.00** Scottish Premiership Round-Up  
**1.15** Scottish Premiership Highlights  
**1.30** Championship Highlights  
**2.00** German Football: round-up  
**3.00** Championship Highlights  
**3.30** Women's Super League  
**4.00** Championship Highlights  
**4.15** Scottish Premiership Round-Up  
**4.30** Soccer AM: the Best Bits  
**5.00** EFL Greatest Games (AD)  
**6.00** Championship Highlights  
**6.30** League One and Two Goals  
**7.00** Championship Highlights  
**7.30** Women's Super League  
**8.00** League One and Two Goals  
**8.30** Soccer AM: the Best Bits  
**9.00** German Football: round-up  
**10.00** Championship Highlights  
**10.30** League One and Two Goals  
**11.00** EFL Greatest Games  
**12 midnight** League Cup Retro (AD)  
**1.00am** Championship Highlights  
**4.00–6.00am** League Cup Retro

### Sky Golf

Sky 405 Virgin 515/HD 505 BT 424/HD 444

**6.00am** PGA Tour Golf: Phoenix Open  
**11.00** The Greatest Solheim Cup (AD)  
**1.00pm** PGA Championships Official Films: six editions back to back (AD)  
**7.00** PGA Tour: the Cut **7.30** Chronicles of a Champion Golfer (AD)  
**8.00** PGA Tour Golf: Phoenix Open  
**9.00** PGA Tour: the Cut **9.30** Chronicles of a Champion Golfer (AD)  
**10.00** The Greatest Solheim Cup (AD)  
**12 midnight** PGA Tour: the Cut  
**12.30am** PGA Tour Golf  
**3.30** Chronicles of a Champion Golfer (AD) **4.00** PGA Tour: the Cut  
**4.30–5.30am** European Tour Golf

### Eurosport 1

Sky 410 Virgin 521 BT 412/HD 435

**6.00am** Cycling **8.00** Alpine Skiing  
**10.15** **LIVE Alpine Skiing** World Championships from Courchevel Méribel in France, featuring the women's super-G competition.  
**12.45pm** Sailing **1.15** Alpine Skiing  
**1.30** **LIVE Biathlon** The World Championships from Oberhof, Germany, the mixed relay event.  
**3.15** Alpine Skiing **4.15** Sailing  
**5.00** **LIVE Cycling** European Track Championships, day one from Grenchen, Switzerland.  
**7.00** Biathlon: World Championships  
**8.00** Alpine Skiing **10.00** Australian Open Tennis **11.00** Cycling  
**12 midnight** Alpine Skiing **1.00am** Biathlon **2.00am** Cycling **3.00** Snooker **5.00–6.00am** Olympics

### Eurosport 2

Sky 411 Virgin 522 BT 413/HD 436

**6.00am** Snooker **8.00** Motor Racing  
**9.00** Cycling **10.00** Snooker  
**12 noon** Showjumping **1.00pm** Motor Racing **2.00** Speedway **3.00** Cycling  
**4.00** Alpine Skiing **5.00** Ski Jumping  
**6.00** Snooker **8.00** Discovery Golf  
**8.30** Sailing **9.00** Speedway  
**10.00** Alpine Skiing **11.00** Biathlon  
**12 midnight** Dakar Rally **1.00am** Cycling **2.00** Winter Sports **4.00** Cycling **5.00–6.00am** Cyclo-Cross



### EuroCup Basketball

**7.15pm** **BT Sport 1** London  
Lions superstar Sam Dekker

### Sky Premier League

Sky 402 Virgin 512/HD 502 BT 421/HD 441

**6.00am** Greatest Games (AD) **7.00** Legends (AD) **8.00** Best Goals **9.00** 100 Club **10.00** The Football Show  
**12 noon** Soccerbox **1.00pm** Premier League Years: a review of the 1994/95 season (AD) **3.00** Greatest Games (AD)  
**4.00** Best Goals **5.00** 100 Club (AD)  
**6.00** Legends (AD) **7.00** Premier League Stories **7.30** Premier League 100 **8.00** Soccerbox **9.00** Stories  
**9.30** Premier League 100 **10.00** Icons  
**10.30** Premier League Highlights: Manchester United v Leeds United  
**11.00** Premier League Retro  
**1.00am** Premier League Years **3.00** Greatest Games **4.00** Best Goals (AD) **5.30–6.00am** 100 Club (AD)

### Sky Cricket

Sky 404 Virgin 514/HD 504 BT 423/HD 443

**6.00am** SA20 Highlights: highlights of nine matches from South Africa  
**3.00pm** **LIVE SA20 Cricket** The first semi-final at Wanderers Stadium in Johannesburg.  
**7.30** Pakistan Super League Highlights  
**8.25** Best of the Women's World T20 (AD) **9.30** SA20 Highlights: the first semi-final **10.30** Big Bash League Highlights **11.30** SA20 Highlights  
**12.30am** Best of the Women's World T20 **1.00** SA20 Cricket **5.00–6.00am** Best of the Women's World T20

### Sky NFL

Sky 407 Virgin 517/HD 507 BT 426/HD 446

**6.00am** NFL: America's Game (AD)  
**7.00** NFL Highlights **8.00** Super Bowl Preview **8.30** NFL Bitesize **9.30** Super Bowl LIII **11.30** Super Bowl Preview  
**12 noon** Good Morning Football  
**3.00pm** NFL Highlights **4.00** NFL Bitesize (AD) **5.00** NFL Highlights  
**6.00** Pro-Football Talk: discussion  
**8.00** Meet the Vikings' Big Three (AD)  
**8.20** Pederson and Lawrence: New Look Jags (AD) **8.40** Kittle the Star in San Francisco (AD) **9.00** Super Bowl Preview **9.30** NFL: America's Game (AD) **10.30** Super Bowl Preview  
**11.00** Super Bowl: Media Day  
**12 midnight** Total Access **1.00am** Super Bowl Preview **1.30** Super Bowl LIV **3.30** Super Bowl Preview  
**4.00–6.00am** NFL Highlights

### Sky Arena

Sky 408 Virgin 518/HD 508 BT 427/HD 447

**6.00am** Super League (AD) **7.30** Premier League Darts **11.00** NBA  
**1.00pm** Boxing (AD) **4.00** Super League (AD) **5.30** NBA on Fire  
**6.00** NBA **8.00** Boxing (AD)  
**11.00** NBA on Fire **11.30** NBA  
**1.30am** Premier League Darts  
**5.00–6.00am** NRLW: highlights

### Amazon Prime

**11.00am** **LIVE WTA Tennis**  
Day three of the Abu Dhabi Open from the United Arab Emirates.

### BT Sport 1

Sky 413 Virgin 527 BT 408/HD 430

**6.00am** ESPN FC: world football  
**6.30** **LIVE Australian Football** Western United v Newcastle Jets, an A-League Women match from City Vista Recreation Reserve, Melbourne (kick-off **6.30**).  
**8.30** BT Sport Goals Reload **9.00** ESPN FC **9.30** Italian Football **10.30** French Football **11.30** Portuguese Football **12.30pm** National League Football **1.00** BT Sport Goals Reload  
**1.30** ILT20 Cricket: highlights of Sharjah Warriors v Gulf Giants  
**2.00** **LIVE ILT20 Cricket** Coverage of the Qualifier match at Dubai International Stadium.  
**5.45** BT Sport Reload (AD)  
**6.15** Premier League Legends (AD)  
**6.45** Premier League Stories (AD)  
**7.15** **LIVE EuroCup Basketball** London Lions v Hamburg Towers, a Group B game from the Copper Box Arena, London (tip-off **7.30**).  
**9.30** The Dan Hardy Breakdown Show **10.00** UFC Countdown (AD)  
**11.00** Down the Clubhouse (AD)  
**12 midnight** **LIVE Basketball** The first in a double header of college games from the USA;  
**2.00am** More US college action.  
**4.00** Classic Boxing (AD)  
**5.30–6.00am** Goals Reload

### BT Sport 2

Sky 414 Virgin 528 BT 409/HD 431

**6.00am** Australian Football **7.00** Wrestling: WWE **9.30** Premier League Stories (AD) **10.00** Australian Football: highlights from four A-League matches  
**2.00pm** Premier League Football  
**3.30** Australian Football: highlights  
**4.00** ESPN FC **4.30** Champions League Magazine **5.00** Wrestling (AD)  
**7.00** BT Sport Goals Reload **7.15** Premier League Reload **7.30** National League Football **8.00** The Rugby's On (AD) **9.00** Wrestling: action from WWE  
**12.45am** Poker (AD) **2.45** Reload  
**3.00** ESPN Films Presents (AD) **5.00** Australian Football **5.30–6.00am** Champions League Football

### BT Sport 3

Sky 417 Virgin 529 BT 410/HD 432

**6.00am** Uefa Documentaries (AD)  
**7.00** Champions League Football: classic games featuring Scottish clubs  
**12 noon** French Football: highlights from seven weekend Ligue 1 games  
**7.00pm** Portuguese Football **8.00** Australian Football **8.30** Premier League Legends (AD) **9.00** Fishing (AD) **10.00** The Rugby's On (AD) **11.00** World Rally (AD) **11.30** French Football  
**12.30am** BT Sport Reload (AD) **1.00** Fishing (AD) **2.00** World Rally (AD)  
**2.30** UFC Countdown (AD) **3.30** Fight Week **4.00** UFC Fight Flashback (AD)  
**5.00–6.00am** French Football

### BT Sport 4

Sky 423 Virgin 530 BT 411/HD 434

**6.00am** SportsCenter **6.15** Around the Horn: discussion **6.45** Pardon the Interruption **7.15** SportsCenter **7.30** ESPN FC **8.00** Badminton **10.00** BT Sport Goals Reload **10.30** SEC Storied (AD) **11.30** World Rally (AD)  
**12 noon** ESPN FC **12.30pm** Around the Horn **1.00** Pardon the Interruption **1.30** SportsCenter **1.45** Basketball **5.15** ESPN FC **5.45** Around the Horn **6.15** Pardon the Interruption **6.45** SportsCenter **7.00** Basketball **10.30** BT Sport Reload (AD) **11.00** UFC  
**2.00am** Australian Football **2.30** Badminton **4.30** The Rugby's On (AD)  
**5.30–6.00am** BT Sport Reload (AD)

### Viaplay Sports

**7.45pm** **LIVE German Cup Football** VfL Bochum v Borussia Dortmund, a third-round tie from the Ruhrstadion (kick-off **7.45**).



# Thursday



**COMEDY QUEEN**  
Barbara Parker (Gemma Arterton) bids to make it as a 60s sitcom star

## COMEDY DRAMA **Funny Woman**

9.00pm **Sky Max** Catch up via Sky Go/Now

NEW  
SERIES

You wait a lifetime for a period drama about a woman making it in the male-dominated world of TV and then two come along in consecutive weeks. Thankfully *Nolly* (on ITVX, starring Helena Bonham

Carter as Noele Gordon) and *Funny Woman* are quite different, with the first focused on a soap queen cruelly shoved out of showbiz at the start of the 1980s, and this six-part series about a wannabe comic being thrust into the 60s limelight.

A fizzing Gemma Arterton plays star-in-the-making Barbara Parker, a Blackpool beauty queen who takes her sass to the big smoke, where she dreams of becoming Britain's answer to Lucille Ball. What

she finds instead is a dingy flat and a demeaning job in the hat department of a West End store.

But Morwenna Banks's script (and the Nick Hornby novel *Funny Girl* on which it's based) isn't content to let Barbara languish. Soon enough, she is catching the seen-it-all eye of theatrical agent Brian Debenham, played with fake padding and a natural twinkle by Rupert Everett. **DAVID BROWN**  
See feature: page 24

## REALITY **Dragons' Den**

8.00pm **BBC1** Catch up via iPlayer

The moment an entrepreneur starts trying to negotiate with the Dragons – asking for different terms or suggesting that several of them work together, for instance – is always nerve-racking, as there have been plenty of occasions when a Dragon has taken offence and withdrawn their offer. Equally painful are those times when the pitch is fumbled. “You’ve not got a clue,” Peter Jones bluntly tells one person tonight. “Your pitch was bloody awful!”

So be prepared to be holding your breath at several points in an edition where the investment opportunities are as varied as ever: an extendable dog gate, a pre-loved clothes concept, hands-free wheelchairs and a street food events business. **JANE RACKHAM**

## DOCUMENTARY **The Dog House**

8.00pm **C4** Catch up via All 4

The secret behind this charming series lies in its acceptance that people need companionship and help just as much as dogs. Tonight a couple whose marriage across the religious divide has estranged them from family seek comfort from a terrier cross with a chequered past, and a former marine weighs up whether a bumptious lurcher is right for him and his partner as his eyesight fails. And Duchess the basset hound is back, bumblingly bidding for the affections of a pair of childhood sweethearts, one of whom has crippling arthritis.

The dogs prove as disarming as ever, and even a moment of reluctant acquiescence to reality comes with a twist in the tale to warm the hardest heart. **GABRIEL TATE**

## HISTORY **Israel: a Twice Promised Land**

8.30pm **PBS America**

Facts rarely overwhelm opinion when the story of Israel's birth is retold. Featuring contemporary footage and the views of Jewish and Palestinian academics, *Israel: a Twice Promised Land* somehow relates this highly charged tale without choosing sides.

The first of two episodes begins with the secular Theodor Herzl's 1896 pamphlet *The Jewish State*, which spawned the Zionist movement, and ends with Israel's birth in 1948 in the shadow of the Holocaust. In 1919, the state of Palestine was home to 70,000 Orthodox Jews, who harmoniously co-existed with 700,000 Arabs. In 1920, with British-imposed partition looming, the first Arab riots began. The rest is history. **JOHN AIZLEWOOD**

## REALITY **The Apprentice**

9.00pm **BBC1** Catch up via iPlayer

We're at the midway point of the competition and, as last week's electric motorbike challenge proved, there's still plenty more work to be done separating the wheat from the chaff. Lord Sugar sends the remaining candidates packing to Dubai, where he wants them to put on a corporate away day for two international clients.

While one team decides to showcase glitz and glamour, the other opts to go down a more traditional route in the desert, which let's hope includes camels. As ever, Karren Brady and Tim Campbell are lurking to make a note of all the cock-ups and in-fighting, so Lord Sugar can say *du-bye* to one of them on their return. **KAY RIBEIRO**  
See feature: page 20



## ALSO ON TODAY

### Weight Loss Surgery: Getting Thin Abroad

9.00pm **BBC3**

Documentary on Brits going to Turkey for gastric operations not available on the NHS.

### The Madame Blanc Mysteries

9.00pm **Channel 5**

In the last episode of the series Jean (Sally Lindsay, right) hunts for a perfume bottle to track down a killer.



### Women and the Police: the Inside Story

10.45pm

(11.10pm STV, 11.15pm Border Scotland/UTV) **ITV1** Julie Etchingham investigates misogyny in the police force.

## DRAMA

### Marie Antoinette

9.00pm **BBC2**

Full series available now on iPlayer

At long last – eight years, to be precise – Marie Antoinette is pregnant. The royal couple are thrilled, but their joy is soon undermined by the rumour mill of Versailles. A pornographic pamphlet depicting Marie in bed with her alleged lover is circulated, casting doubt on the legitimacy of the pregnancy, and a humiliated Louis distances himself from his wife.

Up until now, the couple have overcome most of the challenges they have faced, but the person responsible for this “grotesque attack” evades them. Louis orders for Versailles to shut its gates and everyone is questioned...

**KELLY-ANNE TAYLOR**

## DOCUMENTARY

### Cold Case Forensics: the Murder of Lynette White

9.00pm **ITV1** Catch up via **ITVX**

In 1990, three innocent men from Cardiff were found guilty of the brutal 1988 murder of Lynette White in a shocking miscarriage of justice that had its roots in police corruption and racism. Ten years later, the case was reopened and forensic scientist Dr Angela Gallop was asked to re-examine the crime scene.

She describes the meticulous process of analysing, testing and interpreting the evidence, revealing the chemicals used by the original investigators showed fingerprints but destroyed DNA. Her work was key in tracking down the suspect known as “Cellophane Man”. **JR**

## DRAMA

### Murdoch Mysteries

9.00pm **Alibi**

Catch up via **Sky Go/Now**

Crabtree's eyes tend to bulge at the best of times, but they're out on stalks even more than usual when his former paramour, burlesque dancer Nina Bloom, returns to Toronto. The newly married constable is, naturally, anxious about wife Effie coming face to face with his ex. But it seems there's no avoiding a showdown, what with a man being found naked, tied to a lamppost and very much dead outside the establishment where Bloom is performing.

Now, *Murdoch Mysteries* rarely strays outside PG territory, but all this talk of stripping, as well as the sight of the murdered guy's bare backside... well, I may just have to up this one to a 12A. **DB**

## LIVE SPORT



### Golf: Phoenix Open

3pm, 7.30pm **Sky Sports Golf**, 10.30pm **Sky Sports Main Event**

The opening day in Scottsdale, Arizona, where England's Tommy Fleetwood (above) is in the field.

### Skiing: World Championships

10.15am **Eurosport 1**

The men's Super-G from Courchevel and Méribel in the French Alps.

### Premier League Darts

7.00pm **Sky Sports Arena/ Main Event**

Day two from the Motorpoint Arena, Cardiff, with quarter-finals, semi-finals and a final.

## FILM OF THE DAY



### On the Basis of Sex

★★★ **12**

9.00pm **BBC4**

Felicity Jones plays Ruth Bader Ginsburg in this biopic of the US Supreme Court justice. Spanning the 1950s to the 1970s, the film charts Ginsburg's early days at law school and her subsequent ruling in landmark cases. (2018)

**FILM REVIEWS**  
page 97



### LOCAL FLAVOUR

Grayson Perry heads north and meets singer Paul Heaton (right), who shows off his collection of local bags of crisps

## DOCUMENTARY

### Grayson Perry's Full English

9.00pm **C4** Catch up via **All 4**

Up until this point, white-van driver Kirk has had a diffident air. But when Grayson Perry and his travelling companion arrive in the north of England, Bradfordian Kirk, in a rare display of candour, opens up about his troubled childhood on a council estate and the death of his parents. And Perry, usually all easy bonhomie, is pulled up short.

It's a poignant moment that leads to the artist reflecting on the effect the decline of industrial cities can have on a person's character.

In the case of Paul Heaton, the force behind the sardonically named *Beautiful South*, it's resulted in remarkable creativity. And his home in Manchester is as wryly humorous as you might predict, with a collection of shoehorns on the wall and bags of odd local crisps displayed in a frame. Grouse flavour, anyone? **DB**



# THURSDAY Main Channels

## DAYTIME

### BBC1

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**10.00 24/7 Pet Hospital** The team investigates why a rescue kitten is having trouble walking. (S) (AD) (HD)  
**10.30 Claimed and Shamed** A footballer's own social media posts expose his lies about his accident. (S) (HD)  
**11.15 Homes under the Hammer** Properties in Carmarthenshire, South Yorkshire and Lincolnshire. Repeated tomorrow 6.15am BBC2 (S) (HD)  
**12.15pm Bargain Hunt** From Southwell Racecourse, Nottinghamshire. Anita Manning hosts. (R) (S) (AD) (HD)  
**1.00 BBC News Regional News; Weather** (S) (HD)  
**1.45 Doctors** In the aftermath of the explosion, Daniel tries to get everyone to speak to a counsellor. (S) (AD) (HD)  
**2.15 The Farmers' Country Showdown** Dairy farmers Jo and Alex return to Ashbourne Show. (R) (S) (HD)  
**3.00 Escape to the Country** Jules Hudson is in Cheshire to help a couple from Liverpool. (R) (S) (AD) (HD)  
**3.45 The Repair Shop** The team restores a dearly loved but dilapidated leather chair. (R) (S) (AD) (HD)  
**4.30-5.15 Bridge of Lies** Mel, Alice, Julie and Audra compete in the quiz. Repeated tomorrow 7.15am BBC2 (S) (HD)

### BBC2

**6.15am 24/7 Pet Hospital** Shown Wed 10am BBC1 (S) (AD) (HD)  
**6.45 Robson Green's Weekend Escapes** Exploring the County Durham coastline. Shown Wed 6.30pm (S) (AD) (HD)  
**7.15 Bridge of Lies** Shown yesterday 4.30pm BBC1 (S) (HD)  
**8.00-9.00 Sign Zone 8.00 Take a Hike 2/15.** Children's storyteller Ilaria leads the walkers to Ilkley Moor. (R) (S) (HD)  
**8.30 Tom Kerridge: Lose Weight for Good 5/6.** Tom creates dishes to help the dieters resist temptation at work. (R) (S) (AD) (HD)  
**9.00 BBC News** (S) (HD)  
**9.00 BBC RED BUTTON 10.15-11.15 Skiing** The men's Super G in the Alpine World Ski Championships from Courchevel, France  
**12.15pm Politics Live** News from Westminster. (S) (HD)  
**1.00 Hardball** Quiz hosted by Ore Oduba. (R) (S) (HD)  
**9.00 BBC SPORT ONLINE 1.00-5.00 Darts** Live coverage of the World Senior Championships in Purfleet, at [bbc.co.uk/sport](http://bbc.co.uk/sport)  
**1.45 Eggheads** Quiz hosted by Jeremy Vine. (R) (S) (HD)  
**2.15 Britain in Bloom** Brightening up Grimsby. (R) (S) (HD)  
**2.45 Celebrity Antiques Road Trip** Shappi Khorsandi and Konnie Huq search for items in Sussex. (R) (S) (HD)  
**3.45 My Unique B&B** The team help turn an old horse cart into a cosy and comfortable sanctuary. (R) (S) (AD) (HD)  
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**12.30pm Loose Women** Heated debates. (S) (HD)  
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**2.00 Dickinson's Real Deal** The dealers arrive at the East of England Arena in Peterborough, where Fay Rutter has her heart set on gold. (R) (S) (AD) (HD)  
**3.00-4.00am Lingo** Subiksha and Steve, Heather and Adam, and Mark and Laura aim for the jackpot. Adil Ray hosts. (R) (S) (HD) Followed by **Regional Weather**

### Channel 4

**6.10am Countdown** Jo Brand guests. (R) (S) (HD)  
**6.50 3rd Rock from the Sun** Double bill. (R) (S) (AD)  
**7.40 The King of Queens** Triple bill. (R) (S) (AD) (HD)  
**9.00 Frasier** Three episodes of the sitcom. (R) (S) (AD)  
**10.25 Undercover Boss USA** The mayor of Pittsburgh goes incognito. (R) (S) (HD) **11.25 News** (S) (HD)  
**11.30 Sarah Beeny's New Life in the Country** Sarah has high hopes that Maple the dog can be trained to sniff out truffles. (R) (S) (AD) (HD)  
**12.30pm Steph's Packed Lunch** Magazine. (S) (HD)  
**2.10 Countdown** With guest Jo Brand. (S) (HD)  
**3.00 A Place in the Sun** A couple seeks a holiday home around Haute-Vienne in central France. (S) (HD)  
**4.00-5.00 A New Life in the Sun** In Greece, a couple from London are keen to kick-start their food-tours business. Repeated 6pm 4seven (S) (HD)

## BBC1

1

### The Apprentice

**9.00pm** Baroness Brady oversees the candidates' attempts to sell a Dubai awayday



### 5.15pm Pointless

Alexander Armstrong and Alex Brooker host. (S) (HD)

### 6.00 BBC News Weather

(S) (HD)

### 6.30 Regional news magazines

### 7.00 The One Show

Presented by Alex Jones and Ronan Keating. (S) (HD)

### 7.30 EastEnders

Nish and Vinny go behind Suki's back, Whitney makes an important decision and Lola confronts her past.

Nish Panesar	Navin Chowdhry	Dana Monroe	Barbara Smith
Vinny Panesar	Shiv Jalota	Suki Kaur Panesar	Balvinder Sopal
Whitney Dean	Shona McGarty	Karen Taylor	Lorraine Stanley
Chelsea Atkins	Zaraah Abrahams	Kathy Beale	Gillian Tayforth
Sonia Fowler	Natalie Cassidy	Ravi Gulati	Aaron Thiera
Jed	Bradley Jaden	Stacey Slater	Lacey Turner
Emma Harding	Patsy Kensit	Patrick Trueman	Rudolph Walker
Jay Brown	Jamie Borthwick	Keanu Taylor	Danny Walters
Phil Mitchell	Steve McFadden	Kat Slater	Jessie Wallace
Sam Mitchell	Kim Medcalf	Jean Slater	Gillian Wright
Bobby Beale	Clay Milner Russell	Reiss Colwell	Jonny Freeman
Felix Baker/Tara Misu	Matthew Morrison	Eve Unwin	Heather Peace
Bernadette Taylor	Claire Norris	Maisie	Milly Playle
Denise Fox	Diane Parish		

Writer Natalie Mitchell This week's episodes directed by Audrey Cooke  
 For more cast see Monday (S) (AD) (HD)

### 8.00 Dragons' Den

**6/14.** It's time for another batch of entrepreneurs to face inquisition at the hands of Peter Jones, Deborah Meaden, Touker Suleyman, Sara Davies and Steven Bartlett, including a former New York fashion reporter who presents her clothing swap-shop concept. There's also a father and son combo who are hoping to get the Dragons' tails wagging with their concertina dog gate, a street food events entrepreneur who believes his offering will get the investors salivating, and a state-of-the-art mobility device which gives wheelchair users independence comes under scrutiny. **See page 90.**

Series producer Julie Grant  
 Executive producer Samantha Davies (S) (AD) (HD)

### 9.00 The Apprentice

**6/12.** The candidates jet off to the city of Dubai in the United Arab Emirates, where they must put on a corporate awayday for two international clients based in the city. While one team decides to show off the glitz and glamour of the city, the other goes for a more traditional approach as they head to the Arabian desert. The team which makes the most profit at the end is the winner. Back on home soil, it's the end of the road for another of the candidates. **You're Fired** follows on BBC2. **See page 90.**

Director Sarah Carnie; Series producer Natalie Richardson (S) (HD)

### See feature: page 20

### 10.00 BBC News Regional News; Weather

(S) (HD)

### 10.40 Question Time

Fiona Bruce chairs the debate from Swindon, inviting politicians and other guests to answer questions from the audience. Also available live at 8pm on iPlayer. Executive producer Nicolai Gentchev; Series editor Gerry Gay (S) (HD)  
 Have Your Say: tweet with #bbcqt

### 11.40 Newscast

Adam Fleming and Chris Mason present a mix of analysis and gossip about the latest political stories. Editor Jonathan Aspinall (S) (HD)  
 The podcast is available via BBC Sounds

**12.10am Celebrity Mastermind 6/14.** Bobby Davro, Suzie Lee, Graham Bell and Remi Burgz are in the famous black chair. **See choice, page 40.** Shown Saturday 5.35pm (S) (HD)

**12.40 Ambulance 6/6 Series 10.** An emergency call is received for a patient who has made an attempt to end their life. **See choice, page 60.** Shown Monday 9pm (S) (HD)

**1.40 Weather for the Week Ahead** (S) (HD)

**1.45-6.00am BBC News** (S) (HD)

**BBC1** Freeview 1/HD 101 **Freesat** 101/HD 106 **Sky** 101 **Virgin** 101

## BBC2

2

### Marie Antoinette

**9.00pm** Pregnant applause: the queen is delighted to be with child, but trouble lies ahead



### 5.15pm Flog It!

A money box in the shape of a bulldog. (R) (S) (HD)

### 6.00 Richard Osman's House of Games

Kae Kurd, Zoe Lyons, Andrew Hunter Murray and Kate Robbins test their skills. (R) (S) (HD)

### 6.30 Robson Green's Weekend Escapes

**14/15.** Robson is joined by author LJ Ross for a trip along the Northumberland Coast. On Holy Island, they learn about its religious connections, then have a lesson in Nordic walking, on Budle Bay beach. (S) (AD) (HD)

### 7.00 Inside the Factory

Gregg Wallace visits a factory in rural Somerset that produces one million pots of yoghurt every 24 hours. After meeting the herd of Friesian cows that provide the milk, he sees how the liquid is processed and how a bacteria culture is added to it. (R) (S) (AD) (HD)

**9 BBC SPORT ONLINE 7.00-11.00 Darts** The World Senior Championships in Purfleet, at [bbc.co.uk/sport](http://bbc.co.uk/sport)

**9 BBC RED BUTTON 7.15-9.15 Basketball** The women's EuroBasket qualifier between Great Britain and Estonia

### 8.00 Great British Menu

The two highest-scoring chefs from the South West region cook their six-course menus again, and for this week only there's the added pressure of Michelin-starred chef Marcus Wareing among the judging panel, which also includes restaurateur Nisha Katona and comedian Ed Gamble. Tonight's guest judge is animator Susie Templeton. (S) (HD)

### 9.00 Marie Antoinette

**7/8.** The Ostrich Bitch. The queen is pregnant at last, but copies of a pornographic pamphlet circulate Versailles depicting Chartres as her lover and father to the unborn child. Louis locks down the château, and Marie's enemies are questioned. The whole series is available on iPlayer. **See page 90.**

Marie Antoinette	Emilia Schille	Joséphine	Roxane Duran
Louis XVI	Louis Cunningham	Mercy	Nathan Willcocks
Providence	Jack Archer	Madame de Noailles	Laura Benson
Princess de Lamballe	Jasmine Blackborow	Joseph II d'Autriche	Jonas Bloquet
Empress Maria Teresa	Marthe Keller	Saint-Georges	Yoli Fuller
Adelaide de France	Crystal Shepherd-Cross	Yolande	Liah O'Prey
		Maurepas	Paul Bandy
Victoire de France	Caroline Piette	Archevêque	Antoine Blanquefort
Duc de Chartres	Oscar Lesage	Mesmer	Christopher Buchholz
Young Marie Antoinette	Charlotte Angel		

Writer Deborah Davis; Director Geoffrey Enthoven (S) (AD) (HD)

### 9.50 The Mind of Herbert Clunkerdunk

**Jingles.** Comedy starring Spencer Jones as his quirky alter ego. Herbert tries to navigate life, but he's constantly distracted by his bizarre imagination. Director Jon Riche; Producer David Simpson (R) (S) (HD)

### 10.00 The Apprentice: You're Fired

Tom Allen interviews the latest candidate to be fired. Executive producer Amanda Sangorski (S) (HD)

### 10.30 Newsnight

With Kirsty Wark. (S) (HD)

### 11.10 Weather

### 11.15 The Warship: Tour of Duty

**3/6.** Following a welcome break in Cyprus, HMS *Queen Elizabeth* heads back to sea, but it's discovered that a sailor has contracted Covid-19. **See choice, page 50.** Shown Sunday 9pm (S) (AD) (HD)

**12.15am Surgeons: at the Edge of Life 4/6 Series 5.** The team operate on a man with a tumour perilously close to his spinal cord. **See choice, p80.** Shown yesterday 9pm (S) (AD) (HD)

**1.15-4.00am Sign Zone 1.15 The Mayfair Hotel Megabuild 3/3.** The construction work nears completion. (R) (S) (AD) (HD)

**2.15 The Travelling Auctioneers** Will Kirk and Christina Trevanion head to Northumberland. (R) (S) (HD)

**3.00 The Warship: Tour of Duty 1/6.** The story of HMS *Queen Elizabeth*'s first operational mission. (R) (S) (AD) (HD)

**BBC2** Freeview 2/HD 102 **Freesat** 102 **Sky** 102 **Virgin** 102



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### BBC2

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Chelsea Atkins	Zaraah Abrahams	Kathy Beale	Gillian Tayforth
Sonia Fowler	Natalie Cassidy	Ravi Gulati	Aaron Thiera
Jed	Bradley Jaden	Stacey Slater	Lacey Turner
Emma Harding	Patsy Kensit	Patrick Trueman	Rudolph Walker
Jay Brown	Jamie Borthwick	Keanu Taylor	Danny Walters
Phil Mitchell	Steve McFadden	Kat Slater	Jessie Wallace
Sam Mitchell	Kim Medcalf	Jean Slater	Gillian Wright
Bobby Beale	Clay Milner Russell	Reiss Colwell	Jonny Freeman
Felix Baker/Tara Misu	Matthew Morrison	Eve Unwin	Heather Peace
Bernadette Taylor	Claire Norris	Maisie	Milly Playle
Denise Fox	Diane Parish		

Writer Natalie Mitchell This week's episodes directed by Audrey Cooke  
 For more cast see Monday (S) (AD) (HD)

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Adam Fleming and Chris Mason present a mix of analysis and gossip about the latest political stories. Editor Jonathan Aspinall (S) (HD)  
 The podcast is available via BBC Sounds

**12.10am Celebrity Mastermind 6/14.** Bobby Davro, Suzie Lee, Graham Bell and Remi Burgz are in the famous black chair. **See choice, page 40.** Shown Saturday 5.35pm (S) (HD)

**12.40 Ambulance 6/6 Series 10.** An emergency call is received for a patient who has made an attempt to end their life. **See choice, page 60.** Shown Monday 9pm (S) (HD)

**1.40 Weather for the Week Ahead** (S) (HD)

**1.45-6.00am BBC News** (S) (HD)

**BBC1** Freeview 1/HD 101 **Freesat** 101/HD 106 **Sky** 101 **Virgin** 101

## BBC2

2

### Marie Antoinette

**9.00pm** Pregnant applause: the queen is delighted to be with child, but trouble lies ahead



### 5.15pm Flog It!

A money box in the shape of a bulldog. (R) (S) (HD)

### 6.00 Richard Osman's House of Games

Kae Kurd, Zoe Lyons, Andrew Hunter Murray and Kate Robbins test their skills. (R) (S) (HD)

### 6.30 Robson Green's Weekend Escapes

**14/15.** Robson is joined by author LJ Ross for a trip along the Northumberland Coast. On Holy Island, they learn about its religious connections, then have a lesson in Nordic walking, on Budle Bay beach. (S) (AD) (HD)

### 7.00 Inside the Factory

Gregg Wallace visits a factory in rural Somerset that produces one million pots of yoghurt every 24 hours. After meeting the herd of Friesian cows that provide the milk, he sees how the liquid is processed and how a bacteria culture is added to it. (R) (S) (AD) (HD)

**9 BBC SPORT ONLINE 7.00-11.00 Darts** The World Senior Championships in Purfleet, at [bbc.co.uk/sport](http://bbc.co.uk/sport)

**9 BBC RED BUTTON 7.15-9.15 Basketball** The women's EuroBasket qualifier between Great Britain and Estonia

### 8.00 Great British Menu

The two highest-scoring chefs from the South West region cook their six-course menus again, and for this week only there's the added pressure of Michelin-starred chef Marcus Wareing among the judging panel, which also includes restaurateur Nisha Katona and comedian Ed Gamble. Tonight's guest judge is animator Susie Templeton. (S) (HD)

### 9.00 Marie Antoinette

**7/8.** The Ostrich Bitch. The queen is pregnant at last, but copies of a pornographic pamphlet circulate Versailles depicting Chartres as her lover and father to the unborn child. Louis locks down the château, and Marie's enemies are questioned. The whole series is available on iPlayer. **See page 90.**

Marie Antoinette	Emilia Schille	Joséphine	Roxane Duran
Louis XVI	Louis Cunningham	Mercy	Nathan Willcocks
Providence	Jack Archer	Madame de Noailles	Laura Benson
Princess de Lamballe	Jasmine Blackborow	Joseph II d'Autriche	Jonas Bloquet
Empress Maria Teresa	Marthe Keller	Saint-Georges	Yoli Fuller
Adelaide de France	Crystal Shepherd-Cross	Yolande	Liah O'Prey
		Maurepas	Paul Bandy
Victoire de France	Caroline Piette	Archevêque	Antoine Blanquefort
Duc de Chartres	Oscar Lesage	Mesmer	Christopher Buchholz
Young Marie Antoinette	Charlotte Angel		

Writer Deborah Davis; Director Geoffrey Enthoven (S) (AD) (HD)

### 9.50 The Mind of Herbert Clunkerdunk

**Jingles.** Comedy starring Spencer Jones as his quirky alter ego. Herbert tries to navigate life, but he's constantly distracted by his bizarre imagination. Director Jon Riche; Producer David Simpson (R) (S) (HD)

### 10.00 The Apprentice: You're Fired

Tom Allen interviews the latest candidate to be fired. Executive producer Amanda Sangorski (S) (HD)

### 10.30 Newsnight

With Kirsty Wark. (S) (HD)

### 11.10 Weather

(S) (HD)

### 11.15 The Warship: Tour of Duty

**3/6.** Following a welcome break in Cyprus, HMS *Queen Elizabeth* heads back to sea, but it's discovered that a sailor has contracted Covid-19. **See choice, page 50.** Shown Sunday 9pm (S) (AD) (HD)

**12.15am Surgeons: at the Edge of Life 4/6 Series 5.** The team operate on a man with a tumour perilously close to his spinal cord. **See choice, p80.** Shown yesterday 9pm (S) (AD) (HD)

**1.15-4.00am Sign Zone 1.15 The Mayfair Hotel Megabuild 3/3.** The construction work nears completion. (R) (S) (AD) (HD)

**2.15 The Travelling Auctioneers** Will Kirk and Christina Trevanion head to Northumberland. (R) (S) (HD)

**3.00 The Warship: Tour of Duty 1/6.** The story of HMS *Queen Elizabeth*'s first operational mission. (R) (S) (AD) (HD)

**BBC2** Freeview 2/HD 102 **Freesat** 102 **Sky** 102 **Virgin** 102



ITV1

3

**Cold Case Forensics: the Murder of Lynette White**  
9.00pm Dr Angela Gallop looks back



#### 4.00pm Tipping Point

Three players face the arcade machine. (S) (HD)

#### 5.00 The Chase

Bradley Walsh presents the quiz show. (S) (HD)

#### 6.00 Regional News Weather

(S) (HD)

#### 6.30 ITV Evening News Weather

(S) (HD)

#### 7.30 Emmerdale

Sarah overhears a massive secret, and Bob ruins Cathy's party. Samson is intrigued.

Sarah Sugden	Katie Hill	Priya Kotecha	Fiona Wade
Bob Hope	Tony Audenshaw	Rhona Goskirk	Zoe Henry
Cathy Hope	Gabrielle Dowling	Rishi Sharma	Bhasker Patel
Samson Dingle	Sam Hall	Rodney Blackstock	Patrick Mower
Manpreet Sharma	Rebecca Sarker	Ryan Stocks	James Moore
Marcus Dean	Darcy Grey	Sam Dingle	James Hooton
Marlon Dingle	Mark Charnock	Suzzy Merton	Martelle Edinborough
Mary Goskirk	Louise Jameson	Tracy Metcalfe	Amy Walsh
Matty Barton	Ash Palmisciano	Vanessa Woodfield	Michelle Hardwick
Molra Dingle	Natalie J Robb	Victoria Sugden	Isabel Hodgins
Naomi Walters	Karen Peter	Vinny Dingle	Bradley Johnson
Nate Robinson	Jurell Carter	Wendy Posner	Susan Cookson
Nicola King	Nicola Wheeler	Will Taylor	Dean Andrews
Noah Dingle	Jack Downham	Zak Dingle	Steve Halliwell

Writer Peter Kerry This week's episodes produced by Hannah Cheers, Kate Brooks and Laura Shaw, directed by Ian Bevitt, Simon Ferguson and Adrian Bean More cast Tue (S) (AD) (HD)

#### 8.30 Can You Boost Your Immune System? Tonight

Britain is in the grip of its worst flu outbreak in almost a decade, but is there a way can we avoid falling ill? Is it possible to upgrade your immune system? Kylie Pentelow finds out.

Director/Producer Michael Barrett (S) (HD)

NOTE: as Tonight reacts to the news its subject matter may change

#### 9.00 Cold Case Forensics: the Murder of Lynette White

**RT** 2/3. In 1988, 20-year-old Lynette White was brutally knifed to death in Cardiff. Three men were found guilty of her murder, but their convictions were later ruled unsafe. Eleven years later, the case was reopened, as forensic scientist Dr Angela Gallop and her team used the latest DNA technology to lead the police to the real killer. In this programme, Dr Gallop recalls the case, alongside forensic experts, police detectives and one of the men who was wrongly accused. **See page 91.**

Series director Matthew Tunes  
Series producer Greg Lewis (S) (AD) (HD)

#### 10.00 ITV News at Ten

Weather; Regional News and Weather (S) (HD)

#### 10.45 Women and the Police: the Inside Story – Exposure

Julie Etchingham investigates the culture of misogyny within many British police forces. She talks to former and serving officers who have been sidelined and silenced when trying to speak out against their male colleagues, and reveals startling evidence of the number of male officers who have been accused of sexual offences, harassment or bullying.

Producer Anna Manton (S) (AD) (HD)

#### 11.45 Next Level Chef

5/8. Eight cooks return to the multi-storey kitchen to create a dish for seafood week. Shown yesterday 9pm (S) (AD) (HD)

#### 12.45am Home Shopping

**3.00 Maternal 4/6.** Helen confides in Jack. **See choice, page 60.** Shown Monday 9pm (S) (SL) (AD) (HD)  
**3.50 Unwind A** sequence to calm the mind. (S) (HD)  
**5.05–6.00am Bling** With Gok Wan. (R) (S) (SL) (HD)

ITV1 Freeview 3/HD 103 Freesat 103 Sky 103 Virgin 113/HD 103

+1 Freeview 35 Freesat 112 Sky 203 Virgin 114

Channel 4

4

7 in Wales

**Grayson Perry's Full English**  
9.00pm Singer Paul Heaton tells the artist about his collection of items



#### 5.00pm Four in a Bed

A stay at a restored country pile in Conwy. (S) (HD)

#### 5.30 Come Dine with Me

An evening of vintage couture in Bristol. (S) (HD)

#### 6.00 The Simpsons

**A Tale of Two Springfield.** The Who guest as the town is divided over dialling codes. (R) (S) (AD)

#### 6.30 Hollyoaks

Norma seeks help from Ethan and Sienna.

Norma Crow	Glynis Barber	Tony Hutchinson	Nick Pickard
Maxine Minniver	Nikki Sanderson	Vicky Grant	Anyia Lawrence
Nancy Osborne	Jessica Fox	Warren Fox	Jamie Lomas
Pearl Anderson	Dawn Hope	Caitlin Grant	Emily Aston
Peri Lomax	Ruby O'Donnell	DI Cohen	Ariana Fraval
Sam Chen-Williams	Matthew McGovern	Mike	Kieran Hill
Scott Drinkwell	Ross Adams	Rocco	Bobby Brown
Sebastian Blake	Teddie Williamson	Xavier	Jack Davies
Sophie Blake	Scarlett Kerr	Doctor	Rayanna Dibs
Ste Hay	Kieron Richardson		

Writer Jonathan Boam More cast Wed Shown yesterday 7pm E4 Rptd tomorrow 6.30am E4 Next episode follows on E4 (S) (AD) (HD)

#### 7.00 Channel 4 News Sport; Weather

(S) (HD)

#### 8.00 The Dog House

**RT** **Ep 6 Series 4.** Regal basset hound Duchess is back on the charm offensive, this time with childhood sweethearts Emilie and Carl, while lovable Peaches sends couple Jane and Alan into a spin, and mature dog Hettie hopes to prove she's still young at heart. The next episode will be on All 4 after tonight's edition. **See page 90.**

Series director Jordan Malloy

Series producer Katie Brimblecombe (S) (AD) (HD)

#### 9.00 Grayson Perry's Full English

**RT** 3/3. The artist travels through the north of England as he concludes his exploration of Englishness. Grayson chats to a pair of northern soul enthusiasts in Wigan before experiencing an all-nighter in Blackpool. In Manchester, he talks to musician Paul Heaton of the Beautiful South, whose home boasts a collection of objects celebrating the region. **See page 91.**

Series director Christian Collerton

Producers Shayna Layton and Lindsey Hammond (S) (AD) (HD)

#### 10.00 In the Footsteps of Killers

**Ep 5 Series 2.** Emilia Fox, Professor David Wilson and Dr Graham Hill investigate the 1989 murder of 18-year-old Tina Bell, who disappeared after leaving her home in Teesside to buy some sweets for her younger brother. The series is on All 4.

Director/Producer Jonathan Stiasny

Repeated 12.05am 4seven (S) (AD) (HD)

#### 11.05 24 Hours in Police Custody

DC Dave Brecknock investigates a burglary of antiques worth £250,000 at a country estate. Series director Graeme McAulay; Series producer Amber Ronowicz Repeated 1.10am 4seven (R) (S) (AD) (HD)

**12.05am Building Britain's Superhomes Ep 2.** Cameras follow Guy Phoenix's latest project in Nottingham. **See choice, page 81.** Shown yesterday 10pm (S) (AD) (HD)

**1.00 Ramsay's Hotel Hell** The chef tries to help the Cambridge Hotel in upstate New York (R) (S) (SL) (AD) (HD)

**1.50 The Simpsons** A Halloween special. (R) (S) (AD)

**2.15 Big Mommas: Like Father, like Son** ★★ Comedy with Martin Lawrence and Brandon T. Jackson. FBI agent Malcolm Turner and son Trent go under cover as women at a performing arts college after Trent sees a murder. Director John Whitesell (2011, PG) (S) (SL) (W) (HD)

**4.05 Couples Come Dine with Me** Three couples host dinner parties in Nottinghamshire. (R) (S) (HD)

**5.00 Location, Location, Location** Kirstie Allsopp and Phil Spencer are in Greater Manchester. (R) (S) (HD)

**5.50–6.10am Find It, Fix It, Flog It** Restoring a metal garden bench and an old water feature. (R) (S) (HD)

Channel 4 F'view 4/HD 104 F'sat 104/HD 126 Sky 104 Virgin HD 104

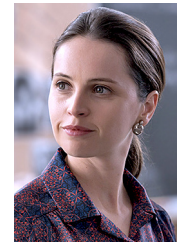
+1 Freeview 15 Freesat 121 Sky 204 Virgin 142

BBC4

9

24 in Scotland

**On the Basis of Sex 9.00pm**  
Blazing a trail: Felicity Jones stars as Ruth Bader Ginsburg



#### 7.00pm Great British Railway Journeys

**3/15 Series 9. Croydon to Shoreham-by-Sea.** In Croydon, south London, Michael Portillo hears the story of a mixed-race composer who is now forgotten. He also visits the country's oldest licensed airport. (R) (S) (AD) (HD)

#### 7.30 The Joy of Painting

Artist Bob Ross paints a cosy barn in winter, with the ground blanketed in snow and set against a soft sky. (R) (S)

#### 8.00 Princess Margaret: the Rebel Royal

**2/2. Castaway.** The second half of this portrait finds Princess Margaret and her new husband Antony Armstrong-Jones caught up in the social whirl of the Swinging Sixties, performing royal duties by day and dining out with movie stars by night. Armstrong-Jones gradually withdrew from public duties and speculation about his marriage to Margaret intensified. During the 1970s, her privileged lifestyle came in for criticism during harsh economic times, and divorce followed in 1978.

Director/Producer Hannah Berryman (R) (S) (AD) (HD)

#### 9.00 On the Basis of Sex ★★★

**RT** Drama based on a true story. In the 1950s, Ruth Bader Ginsburg works day and night to complete a law degree while taking care of her infant daughter and her husband, who is in recovery from cancer. In 1970, despite her career being hampered by sexist discrimination, she is asked to fight a minor civil rights case that will make her reputation. Available on iPlayer for 30 days. **Film of the Day: page 97.**

Ruth Bader Ginsburg

Martin Ginsburg

Mel Wulf

Jim Bozarth

Jane Ginsburg

Professor Brown

Erwin Griswold

Dorothy Kenyon

Harriet Griswold

Director Mimi Leder (2018, 12) (S) (W) (HD)

#### 10.50 Harriet ★★★★★

**RT** Historical drama. Maryland in the 1840s: born into slavery, Araminta Ross flees her owner, and is chased for a hundred miles before arriving in Philadelphia. Adopting the name of Harriet Tubman, she goes on to be a pioneering activist, vociferous abolitionist and fearless freedom fighter. Available on iPlayer for 30 days. **Review p97.**

Araminta Ross, "Minty"/Harriet Tubman

Marie

William Still

Gideon Brodess

Ben Ross

Rit Ross

Thomas Garrett

Director Kasi Lemmons (2019, 12) (S) (W) (HD)

**12.50–3.45am The Capture 4/6 Series 1** DCI Carey finally catches up with Shaun.

**1.45 5/6.** The architects of Shaun's downfall reveal the details of what happened to him.

**2.45 6/6.** Carey teams up with Shaun to try to expose Correction. (R) (S) (AD) (HD)

BBC4 F'view 9/HD 106 F'sat 108 Sky 116 Virgin 108

BBC1 SCOTLAND

**11.15am** Bargain Hunt  
**12 noon–1.00pm** First Minister's Questions  
**7.00–7.30** River City: Shaw makes a shocking discovery

BBC SCOTLAND

**7.00pm** Great Escapes with Colin and Justin  
**7.25** Beechgrove Repotted **7.30** Sky High Club: Scotland and Beyond **8.00** My Kind of Town: Fort William  
**8.30** Eat the Town **9.00** The Nine **10.00** Sacked in the Morning: double bill **10.30** Scam Land: Money, Mayhem and Maseratis **11.00** The Scotts  
**11.30–12 midnight** The Karen Dunbar Show

#### STV

**8.30–9.00pm** Scotland Tonight  
**10.45** Can You Boost Your Immune System? Tonight **11.10** Women and the Police: the Inside Story – Exposure  
**12.15am** Next Level Chef **1.10–3.00am** Home Shopping  
**3.50–5.05** Night Vision

ITV1 BORDER SCOTLAND

**10.45pm** Representing Border: political news  
**11.15** Women and the Police: the Inside Story – Exposure  
**12.15–12.45am** Heathrow: Britain's Busiest Airport: Demi deals with a medical emergency

#### BBC1 WALES

**10.00–10.30am** 24/7 Pet Hospital: the team helps a tawny owl

#### BBC2 WALES

**7.00–8.00pm** Sort Your Life Out with Stacey Solomon

#### BBC1 NORTHERN IRELAND

**10.40pm** The View  
**11.20** Question Time  
**12.20am** Newscast  
**12.55** Ambulance  
**1.50–6.00** BBC News

#### BBC2 NORTHERN IRELAND

**10.00–10.30pm** The Brontës: an Irish Tale  
**11.15** The Apprentice: You're Fired **11.45** The Warship: Tour of Duty **12.45–1.15am** BBC News

#### UTV

**8.30–9.00pm** Rare Breed **10.45** Can You Boost Your Immune System? Tonight **11.15** Women and the Police: the Inside Story – Exposure **12.15–12.45am** Keepers of the Lough: a look at Noel Johnston's boat on wheels

Channel 5 listings are overleaf



ITV1

3

**Cold Case Forensics: the Murder of Lynette White**  
9.00pm Dr Angela Gallop looks back



#### 4.00pm Tipping Point

Three players face the arcade machine. (S) (HD)

#### 5.00 The Chase

Bradley Walsh presents the quiz show. (S) (HD)

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(S) (HD)

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Sarah overhears a massive secret, and Bob ruins Cathy's party. Samson is intrigued.

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Britain is in the grip of its worst flu outbreak in almost a decade, but is there a way can we avoid falling ill? Is it possible to upgrade your immune system? Kylie Pentelow finds out.

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+1 Freeview 35 Freesat 112 Sky 203 Virgin 114

Channel 4

4  
7 in Wales

**Grayson Perry's Full English**  
9.00pm Singer Paul Heaton tells the artist about his collection of items



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A stay at a restored country pile in Conwy. (S) (HD)

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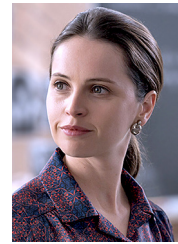
Channel 4 F'view 4/HD 104 F'sat 104/HD 126 Sky 104 Virgin HD 104

+1 Freeview 15 Freesat 121 Sky 204 Virgin 142

BBC4

9  
24 in Scotland

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Blazing a trail: Felicity Jones stars as Ruth Bader Ginsburg



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Martin Ginsburg

Mel Wulf

Jim Bozarth

Jane Ginsburg

Professor Brown

Erwin Griswold

Dorothy Kenyon

Harriet Griswold

Director Mimi Leder (2018, 12) (S) (W) (HD)

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BBC4 F'view 9/HD 106 F'sat 108 Sky 116 Virgin 108

BBC1  
SCOTLAND

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**12 noon–1.00pm** First Minister's Questions  
**7.00–7.30** River City: Shaw makes a shocking discovery

BBC  
SCOTLAND

**7.00pm** Great Escapes with Colin and Justin  
**7.25** Beechgrove Repotted **7.30** Sky High Club: Scotland and Beyond **8.00** My Kind of Town: Fort William  
**8.30** Eat the Town **9.00** The Nine **10.00** Sacked in the Morning: double bill **10.30** Scam Land: Money, Mayhem and Maseratis **11.00** The Scotts **11.30–12 midnight** The Karen Dunbar Show

#### STV

**8.30–9.00pm** Scotland Tonight  
**10.45** Can You Boost Your Immune System? Tonight **11.10** Women and the Police: the Inside Story – Exposure **12.15am** Next Level Chef **1.10–3.00am** Home Shopping **3.50–5.05** Night Vision

ITV1 BORDER  
SCOTLAND

**10.45pm** Representing Border: political news  
**11.15** Women and the Police: the Inside Story – Exposure **12.15–12.45am** Heathrow: Britain's Busiest Airport: Demi deals with a medical emergency

BBC1 WALES

**10.00–10.30am** 24/7 Pet Hospital: the team helps a tawny owl

BBC2 WALES

**7.00–8.00pm** Sort Your Life Out with Stacey Solomon

BBC1  
NORTHERN IRELAND

**10.40pm** The View  
**11.20** Question Time  
**12.20am** Newscast  
**12.55** Ambulance  
**1.50–6.00** BBC News

BBC2  
NORTHERN IRELAND

**10.00–10.30pm** The Brontës: an Irish Tale  
**11.15** The Apprentice: You're Fired **11.45** The Warship: Tour of Duty **12.45–1.15am** BBC News

#### UTV

**8.30–9.00pm** Rare Breed **10.45** Can You Boost Your Immune System? Tonight **11.15** Women and the Police: the Inside Story – Exposure **12.15–12.45am** Keepers of the Lough: a look at Noel Johnston's boat on wheels

Channel 5  
listings are overleaf



# THURSDAY Freeview

## Channel 5

5



**Build Your Dream Home in the Country** 8.00pm From the Outer Hebrides

**5.35am Milkshake!** See page 96

**9.15 New. Jeremy Vine** (S) (HD)

**12.45pm George Clarke's Build a New Life in the Country** Plans to turn a garden centre into a home. (S) (HD) **1.40 5 News** (S) (HD)

**1.45 Home and Away** Tane receives bad news. Shown yesterday 6.30pm 5 Star (S) (AD) (HD)

**2.15 Playing Dead: Mystery 101** An actress's life is threatened. (S) (HD)

**4.00 Bargain-Loving Brits in the Sun** Dog rescuer Pat looks to raise funds. (S) (HD)

**5.00pm 5 News** (S) (HD)

**6.00 Our Yorkshire Farm**

As winter approaches, a joint effort is needed to keep the farm running. (S) (HD)

**6.55 5 News Update** (S)

**7.00 New. Nick Knowles's New Year Clearout**

**6/6 Series 3.** Nick meets the Parmar family in their west London home, a property filled with a huge number of possessions. Director/Producer Sean Casey (S) (HD)

**7.55 5 News Update** (S)

**8.00 New. Build Your Dream Home in the Country**

**6/20.** Mark Millar follows the journey of a purpose-built £1 million designer home, from its assembly at a factory in Wales to its 600-mile trip to the Outer Hebrides. Series director Kirsty Seager (S) (HD)

Followed by **5 News Update** (S) (HD)

**9.00 New. The Madame Blanc Mysteries**

**7/7 Series 2.** Raffy Ozanne is found dead in his shop, Ozanne Perfumery, after a robbery. As well as the takings, an antique perfume bottle was stolen, and Caron needs Jean's help to trace it to the murderer.

Jean White Sally Lindsay  
Dom Hayfield Steve Edge  
Judith Lloyd-James Sue Holderness  
Jeremy Lloyd-James Robin Askwith  
Gendarme Caron Alex Gaumond  
Raffy Jassem Mougari

Writers Sally Lindsay and Sue Vincent  
Producer Myf Hopkins; Director Dermot Boyd (S) (HD)

**10.00 1923**

**1/8.** *Yellowstone* prequel starring Harrison Ford and Helen Mirren. Jacob quashes a dispute between cattle ranchers and sheep herders. The rest of the series is streaming on Paramount +. (S) (HD)

Jacob Dutton Harrison Ford  
Cara Dutton Helen Mirren  
Spencer Dutton Brandon Sklenar  
Banner Creighton Jerome Flynn  
Jack Dutton Darren Mann

**11.05 Million Pound Motorhomes**

**5/10 Series 3.** Meeting Andy and Michelle, who swapped their four-man tent for a four-berth motorhome. Directors Pete Jones, Selina Tso, Chris Vila, Ben Algar and Owen Griffiths (S) (HD)

**12.05am Motorway Cops: Catching Britain's Speeders** (S) (HD) **1.00 New.** Casino (S) (HD)

**3.00 Bargain-Loving Brits in the Sun** (S) (HD)

**3.50 Britain's Biggest Mosque:** narrated by Meera Syal (S) (SL) (HD) **4.40 House Busters** (S) (SL) **5.05-5.35am** House Doctor (S) (SL) (HD)

**5 News** 5/HD 105 F'sat 105 Sky 105 Virgin 154/HD 105

**+1** Freeview 46 Freesat 128 Sky 205 Virgin 155

BBC4 listings are overleaf

## BBC3

23



**Tonight with Target 10.00pm** The DJ showcases some emerging talents

**7.00pm Top Gear**

Can you get a reliable used car for less than £500? More tomorrow 7pm. (S) (HD) Followed by **New. The Catch Up** (S) (HD)

**8.00 Glow Up: Britain's Next Make-Up Star**

**1/8 Series 2.** Vin Sandhu asks the MUAs to create make-up for an advertising campaign for sports retailer JD. (S) (HD)

**9.00 New. Weight Loss Surgery: Getting Thin Abroad**

Alex Hollywell-Rolfe gets under the skin of Turkish weight-loss tourism, following two patients on their journey. (S) (AD) (HD)

**9.30 Famalam**

**1/4 Series 1.** Comedy sketch show, featuring a grime MC who is an expert in royal history. A box set is on iPlayer. (S) (HD)

**10.00 New series. Tonight with Target 1/6 Series 2.** Topical banter and live music. Target is joined by internet superstar Harry Pinero for a chat. Series 1 is on iPlayer. Repeated tomorrow 12.35am (S) (HD)

**10.45 The Rap Game UK**

**1/6 Series 4.** With guest mentor BackRoad Gee. A box set is on iPlayer. (S) (HD)

**11.40 New. Hiplife Rewind**

Documentary about the musical origins and influence of Hiplife – the Ghanaian genre that gave rise to Afrobeats. (S) (HD)

**12.10am New.** Shri! double bill (S) (HD)

**1.00** Bad Education (S) (AD) (HD) **1.30** Charlotte in Sunderland (S) (HD) **2.30** Tonight with Target (S) (HD) **3.15-3.45am** Sky High Club: Scotland and Beyond (S) (SL) (AD) (HD)

**BBC3 F'view 23/HD 109** (not Scot/Wales) **F'sat 179/HD 107** Sky 117 (173 London; 141 Scot; 115 NI) **Virgin 107** (157 Scot/Wales)

## ITV2

6

**6.00am** World's Funniest Videos (S) (HD) **6.35** Totally Bonkers Guinness World Records (S) (SL) (HD) **7.00** Secret Crush (S) (SL) (HD) **8.00** Dress to Impress (S) (AD) (HD) **9.00** Chuck: Chuck's father returns (S) (HD) **10.00** One Tree Hill (S) (HD) **11.00** The OC (S) (HD)

**12 noon** Secret Crush (S) (HD) **1.00pm** Dress to Impress (S) (AD) (HD) **2.00** Family Fortunes: game show (S) (HD) **3.05** Chuck (S) (HD) **4.00** One Tree Hill (S) (HD) **5.00** The OC (S) (HD)

**6.00pm** **Celebrity Catchphrase** With Dion Dublin, Rachel Riley and Tim Vine. (S) (AD) (HD)

**7.00** **Ninja Warrior UK** Series 5. Melvin Odoom, Rickie Williams and Laura Crane tackle the obstacle course. (S) (AD) (HD)

**8.00** **Superstore 17/22** Series 3. Jonah and Amy search for ways to raise some money so that no one is fired. (S) (AD) (HD)

**8.30** **8/22.** The superstore plays host to local small businesses. (S) (AD) (HD)

**9.00** **New. Love Island** The fourth week continues with the single people living like celebrities. Maya Jama presents. (S) (HD)

**10.05** **The Emily Attack Show** Series 3 Emily goes on the pull in the *Bridgerton* era, and puts on a heart-stopping performance for a sexy neighbour. (S) (HD)

**10.50** **Family Guy** Series 16. Chris and Carter hunt for a rare dollar note. (S) (AD) (HD)

**11.20** **Series 13.** Peter claims he could beat Liam Neeson in a fight. (S) (AD) (HD)

**11.50** **American Dad!** Series 2. The family gets an unwelcome taste of life overseas. (S) (AD)

**12.20am** Stan begins to enjoy living in Saudi Arabia's male-dominated culture. (S) (AD)

**12.50** **Superstore** (S) (AD) (HD) **1.45** **Hey Tracey!** (S) (HD) **2.40-3.00am** **Unwind** (S) (HD)

**ITV2** Freeview 6 Freesat 113 Sky 118 Virgin 115

**+1** Freeview 29 Freesat 114 Sky 218 Virgin 116

## ITV3

10



**Vera 8.00pm** DS Healy and DCI Stanhope looks into a teen's death

**6.00am** Classic Emmerdale (S) **7.00** Classic Coronation Street (S) (AD) **8.05** On the Buses (S) **8.35** Where the Heart Is **1/14 Series 3** Expansions. Ruth has a surprise for Simon Rptd 12.05am: **9.45 2/14.** *Learning the Game* The Snobs endure a spot of overcrowding Rptd 1.05am (S) (AD) **10.55** *Heartbeat: 5/15* Newcomers to Aidsfield are treated with hostility by local residents: **12.05pm 6/15** Buried resentments rise to the surface (S) (AD)

**1.15pm** Classic Emmerdale: double bill. Terry is afraid to tell Bob about Dawn's pregnancy, then Diane struggles to understand Louise's selfishness (S) **2.15** Classic Coronation Street: double bill. Ken's visit to see Aidan's dad goes disastrously wrong, then Peter steps in to fight Ken's battle (S) (AD) **3.25** Inspector Morse: Series 9. *The Daughters of Cain*. A double murder baffles Morse (S) (AD)

**5.40pm** *Heartbeat* **7/15** Series 5. Gina becomes suspicious about her customers. (S) (AD); **6.50 8/15** Nick tries to keep the peace during a feud between neighbours. (S) (AD)

**8.00 Vera** **4/4 Series 7.** *The Blanket Mire*. When the body of a missing 18-year-old is discovered buried on the moors, DCI Vera Stanhope has to delve beyond the scope of the original inquiry and into the life and secrets of the victim. (S) (AD) (HD)

**10.00** **Scott & Bailey** **8/8 Series 4.** Gill's reputation is put under scrutiny after a slavery ring is uncovered at the Pritchard farm, raising the profile of the investigation along with questions about her competency when Evie gets a whiff of booze on her breath. (S) (AD) (HD)

**11.00 1/3** Series 5. Returning to Syndicate 9 after a year away, Rachel needs time to establish her position, but the shocking crimes of a serial killer force her to hit the ground running. Finding the killer before he can strike again becomes the imperative. Continues tomorrow 10pm. (S) (AD) (HD)

**12.05am** *Where the Heart Is* Shown 8.35/9.45am (S) (AD) **2.20-2.30** **Unwind** (HD)

**ITV3** Freeview 10 Freesat 115 Sky 119 Virgin 117

**+1** F'view 59 (9pm-4am) F'sat 116 Sky 219 Virgin 174

## ITV4

26

**6.00am** The Saint (S) (SL) **7.00** The Casebook of Sherlock Holmes (S) (AD) (HD) **8.00** Magnum, PI (S) (SL) (AD) (HD) **9.05** The Sweeney (S) **10.10** Minder (S) (AD) **11.15** The Saint (S)

**12.20pm** The Casebook of Sherlock Holmes (S) (AD) (HD) **1.30** The Motorbike Show (S) (HD)

**2.35** Magnum, PI (S) (AD) (HD) **3.45** The Sweeney (S) **4.50** Minder (S) (AD) **5.55** The Motorbike Show: a BSA Gold Star (S) (HD)

**7.00pm** *The Chase* **Celebrity Special** With Jacquie Oatley, Dev Griffin, Fallon Sherrock and Johnny Vegas. Bradley Walsh hosts. (S) (HD)

**8.00** **FILM** *You Only Live Twice* ★★★★★ Spy adventure starring Sean Connery and Donald Pleasence. When international crime syndicate Spectre captures an American spaceship, James Bond is dispatched to face arch villain Blofeld. **Review p97.** (S) (AD) (W) (HD)

**10.30** **FILM** *Total Recall* ★★★★★ Sci-fi thriller starring Arnold Schwarzenegger. A man suffers a series of nightmares about Mars, and discovers that the planet may hold the key to his true identity. **Review p97.** (S) (AD) (W) (HD)

**12.45am** The Casebook of Sherlock Holmes (S) (SL) (AD) (HD) **1.50** Minder (S) (SL) (AD) **2.50-3.00am** **Unwind** (S) (HD)

**ITV4** Freeview 26 Freesat 117 Sky 120 Virgin 118

**+1** Freesat 118 Sky 220 Virgin 175

## Drama

20



**To the Manor Born 6.40pm** Audrey has to say goodbye to the family pile

**7.20am** *Pie in the Sky: 4/10* Series 1. Henry investigates corruption in the police force (S) **8.10** *The Bill: Stamp* struggles to rebuild his life **9.15** Classic *Holby City: Nicky* is put in an awkward ethical position by a past acquaintance (S) (HD) **10.35** Classic *Casualty: Elle's* unruly teenage son Blake arrives in the department (HD) **11.40** *The Bill: Chandler* pressures McAllister to have an abortion

**12.40pm** Classic *EastEnders: double bill.* A life or death dilemma faces Precious, then Lynne is desperate to get back on track with Gary **2.00** *Howards' Way: 3/13* Series 3. Leo goes into business for himself **3.10** *Pie in the Sky: 3/6* Series 4. Racists attack a Chinese takeaway (S) **4.10** *Peak Practice: 7/8* Series 1 Will desperately tries to make up with Sarah

**5.20** *As Time Goes By: 4/7* Series 7. Lionel and Jean sneak away to the country (S)

**6.00pm** **Are You Being Served?** Series 10. Thieves break into the store. (S)

**6.40** **To the Manor Born** **1/7** Series 1. First episode of the comedy. (S)

**7.20** **Last of the Summer Wine** Series 5. *Here We Go Again* into the Wild Blue Yonder. Compo takes to the air. (S)

**8.00** **Judge John Deed** **1/6** Series 5. *Hard-Gating.* The judge hears a prison murder case. (S) (AD) (HD)

**9.00 2/6.** *My Daughter, Right or Wrong* Charlie defends an animal-rights activist accused of murder. (S) (AD) (HD)

**10.00** **New Tricks** **7/7** Series 1. *Talking to the Dead.* Halford hopes a clairvoyant will put him in touch with his late wife, but instead he is contacted by a young missing girl. (S) (AD)

**11.20** **Clocking Off** **3/7** Series 2. *Freda's Story.* Freda's grandchildren take over her life. (S)

**12.35am** *Bad Girls: 6/16* Series 5. Neil resolves to get rid of Sylvia (S) **1.45** *Lovejoy: 4/12* Series 2. Two murders are linked to a cursed statue (S) **2.55-4.00am** *Leonardo: 6/8.* Leonardo agrees to paint the portrait of Lisa Gherardini (S) (AD) (HD)

**Drama** Freeview 20 Freesat 158 Sky 143 Virgin 130

**+1** Freeview 60 Sky 243 Virgin 226

## ITVBe

28

**7.00am** The Real Housewives of Cheshire (S) (AD) (HD) **8.00** *Buying and Selling* (S) (HD)

**9.00** *LittleBe:* children's programmes (HD)

**12 noon** **New.** *Sugar Showdown* First shown on Sky (S) (HD) **12.25pm** The Real Housewives of New York City (S) (HD) **1.20** The Real Housewives of Cheshire (S) (AD) (HD) **2.15** The Only Way Is Essex (S) (HD) **3.15** *Million Dollar Listing: LA* (S) (HD) **4.10** The Real Housewives of Atlanta (S) (HD) **5.00** **New.** The Real Housewives of New Jersey (S) (HD)

**6.00pm** **Making It Home with Kortney and Kenny** Joven and Sylvia enlist Kortney and Kenny's help to renovate their home. (S) (HD)

**7.00** **Buying and Selling** Jonathan and Drew renovate a home's dreary decor. (S) (HD)

**8.00** **Dinner Date** Stephen from Essex selects three blind dates. (S) (AD) (HD)

**9.00** **Emergency Nurses: A&E Stories** Nurses RJ and Lou have a big day. (S) (HD)

**10.00** **Real Housewives and the Menopause** Strategies for coping with the menopause and the taboos faced in dealing with it. (S) (HD)

**11.00** **The Cabins** One couple find their differences hard to overcome. (S) (HD)

**12 midnight-1.00am** *The Only Way Is Essex* (S) (HD)

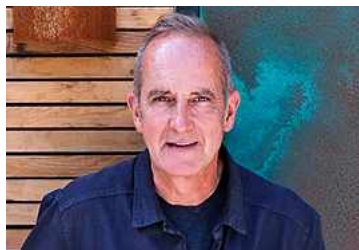
**ITVBe** Freeview 28 Freesat 119 Sky 131 Virgin 119

**+1** Freeview 120 (Scotland 162)



## More4

18



**Grand Designs** 7.55pm Can four 45ft shipping containers become a home?

**8.55am** Food Unwrapped **9.15** A Place in the Sun **10.05** A New Life in the Sun **11.05** Find It, Fix It, Flog It: two editions (AD) **1.10pm** Heir Hunters **2.10** Four in a Bed **4.50** Location, Location, Location **5.55** Kirstie and Phil's Love It or List It (AD)

**6.55pm Escape to the Château** It's the start of the wedding season, and the castle is solidly booked throughout the summer. Despite this, Dick and Angel keep trying to make improvements in their free time. (AD) **7.55 Grand Designs** Patrick Bradley has designed a £100,000 house made from four 45ft shipping containers welded together on his family's farm in Northern Ireland. Kevin McCloud follows his progress. (AD) **9.00 24 Hours in A&E** A 92-year-old is admitted with breathing difficulties and a swollen leg, while doctors fear a 25-year-old woman with an inherited genetic disorder may have suffered a stroke. (AD)

**10.00 999: What's Your Emergency?** In Sheffield, on a Saturday night, police attend an incident where a mother is asking for her 15-year-old son to be taken into custody after he starts causing damage at home. (AD) **11.05 24 Hours in A&E** A 75-year-old man is treated after a suspected heart attack, and a man is diagnosed with cellulitis. (AD)

**12.05am** 999: on the Front Line: a 17-year-old boy has a suspected bleed on the brain **1.10** Eight out of Ten Cats Does Countdown **2.10** 24 Hours in A&E (AD) **3.15-3.45am** A Place in the Sun

**More4** F'view 18 F'sat 124 Sky 136 Virgin 147  
+1 Freesat 125 Sky 236 Virgin 196

## E4

13

**6.00am** Hollyoaks Shown Tue/Wed 6.30pm C4 (AD) **7.00** Ramsay's Kitchen Nightmares USA **9.00** The Goldbergs (AD) **10.00** The Big Bang Theory (AD) **11.00** Modern Family **12 noon** Brooklyn Nine-Nine (AD) **1.00pm** The Big Bang Theory (AD) **3.00** Modern Family **4.00** Brooklyn Nine-Nine: double bill (AD) **5.00** The Big Bang Theory (AD)

**6.00pm The Big Bang Theory 19/24 Series 11** Howard and Raj find a drone. (AD) **6.30 20/24** Sheldon meets Dr Wolcott. (AD) **7.00 New. Hollyoaks** Grace fears for her son's life. Cast p83/93 Rptd Fri 6.30pm C4 (AD) **7.30 Celebrity Come Dine with Me** Dave Benson Phillips is the week's fourth host. **8.00 New. Below Deck: Mediterranean** There's disappointment when bad weather forces the boat back to the marina. (AD)

**9.00 Gogglebox** Thoughts on *The Masked Dancer*, *Bad Sisters* and *Frozen Planet II*. (AD) **10.00 Naked Attraction** A retired dentist and a former marine look for love. (AD) **11.05 First Dates** A 23-year-old make-up artist who has struggled to find a man. (AD) **12.10am** Gogglebox (SL) (AD) **1.15** Rick and Morty: Morty is trapped (AD) **1.45** Smiling Friends (AD) **2.00 New. YOLO: Silver Destiny** **2.15** Below Deck: Mediterranean (AD) **3.10** Naked Attraction (AD) **4.05** Ramsay's Kitchen Nightmares USA (SL) **4.55-6.00am** The Goldbergs (SL) (AD)

**E4** Freeview 13 Freesat 122 Sky 135 Virgin 106  
+1 Freeview 30 Freesat 123 Sky 235 Virgin 146  
**E4 Extra** Freeview 31 Freesat 181 Sky 138 Virgin 337

## Really

17

**6.00am** Fantasy Homes by the Sea **7.00** Home Shopping **8.00** Salvage Hunters **10.00** Antiques Road Trip **12 noon** Money for Nothing **1.00pm** The Bidding Room **2.00** Animal Cops Philadelphia (AD) **4.00** Dr Jeff: Rocky Mountain Vet **5.00** Helicopter ER **6.00** Money for Nothing **7.00** Antiques Road Trip **9.00 New. Paranormal: Caught on Camera** **10.00 New. Kindred Spirits** **11.00** Ghost Adventures **12 midnight** Ghosts of Devil's Perch **1.00am** Ghost Adventures (AD) **2.00** Home Shopping **4.00-6.00am** as 2pm

**Really** Freeview 17 Freesat 160 Sky 142 Virgin 128

## Sky Arts

11



**The Directors** 11.00pm A look at the work of Australian Phillip Noyce

**6.00am** Arts Uncovered **6.20** André Rieu: The Flying Dutchman **9.00** Tales of the Unexpected **10.00** Alfred Hitchcock Presents **11.00** Discovering: Ed Harris **12 noon** Tate Britain's Great Art Walks **1.00pm** Tales of the Unexpected **2.00** The Art of the Garden **3.00** Landscape Artist of the Year 2016 **4.00** Discovering: Gary Oldman **5.00** Tales of the Unexpected

**6.00pm Alfred Hitchcock Presents** A man's wife is assaulted by an unknown attacker. **6.30** Two men confront a woman, trying to save her from an impending disaster. **7.00 Landscape Artist of the Year** Joan Bakewell and Stephen Mangan present, as the painters head to Royal Ascot racecourse. **8.00 Discovering: Lee Marvin** A look at the life and career of the American actor. (AD)

**9.00 Film Noir** An exploration of how different styles of noir developed, looking at *Gilda*, *The Postman Always Rings Twice*, *The Killers*, *Out of the Past* and *Touch of Evil*. (AD) **10.00 The Movies** A look at the history of cinema through the 1970s, including films that pushed the boundaries of filmmaking, from *The Godfather* to *Jaws*. **11.00 New. The Directors** The life and work of Australian film-maker Phillip Noyce, whose movies include *Dead Calm* and *Patriot Games*. **12 midnight** I Am Richard Pryor **2.00am** Goldie: the Art That Made Me: the world of graffiti and street art **3.40** A Play in a Day **4.40** Al Green: Music Icons **5.05-6.00am** Discovering: The Cure

**Sky Arts** Freeview 11 Freesat 147 Sky 130 Virgin 140/HD 123 BT 350/HD 365

## 4seven

49

**9.00am** Come Dine with Me: dinner parties in south-east London **11.30** A Place in the Sun **1.30pm** A New Life in the Sun **2.30** Come Dine with Me (AD) **5.00** A Place in the Sun **6.00pm A New Life in the Sun** In Greece, a London couple are looking to kick-start their food-tours business. Shown 4pm C4 **7.00 World's Most Secret Hotels 2/6** A luxury desert accommodation in Jordan. See choice, p50. Shown Sunday 6.45pm C4 (AD) **8.00 Kirstie and Phil's Love It or List It Ep 6 Series 8** The presenters help Lexie and Ed from Nottingham decide whether to renovate or sell their home. See choice, page 80. Shown yesterday 8pm Channel 4 (AD)

**9.00 Grand Designs** Kevin McCloud meets a couple building a longhouse in the Derbyshire Dales. Shown yesterday 9pm C4 (AD) **10.00 Gogglebox** Instant views on *Ninja Warrior UK: Race for Glory* and *Married at First Sight UK*. From September 2022. (AD) **11.05 Celebrity Gogglebox** Opinions on *The Baby*, *CODA*, *America the Beautiful*, *Million Pound Pawn*. From July 2022. (AD) **12.05am** In the Footsteps of Killers: the murder of Tina Bell (AD) **1.10** 24 Hours in Police Custody (AD) **2.15** 999: on the Front Line **3.20** 24 Hours in A&E **4.15-4.45am** The Simpsons

**4seven** F'view 49 F'sat 127 Sky 137 Virgin 143

## Quest

12

**6.00am** How Do They Do It? **6.25** Find It, Fix It, Flog It **7.10** The Repair Shop **8.00** American Pickers **10.00** Chasing Classic Cars **11.00** Salvage Hunters: Classic Cars **12 noon** How It's Made: Dream Cars **1.00pm** The Repair Shop **2.00** Love Your Garden **3.00** Find It, Fix It, Flog It **4.00** Salvage Hunters **5.00** Salvage Hunters: the Restorers **6.00** Wheeler Dealers (AD) **7.00** Aussie Gold Hunters **8.00** Salvage Hunters **9.00 New. Fifth Gear Recharged** **10.00** Salvage Hunters: Classic Cars **11.00** How Do They Do It? **12 midnight** Wheeler Dealers **1.00am** Cops UK: Bodycam Squad **2.00** Salvage Hunters: Classic Cars **3.00** How It's Made: Dream Cars **4.00-5.00am** How It's Made

**Quest** Freeview 12 Freesat 172/HD 167 Sky 144 Virgin 169  
+1 Freeview 70 Freesat 168 Sky 244 Virgin 213

## Yesterday

27



**Bangers and Cash** 8.00pm A rare chance to sell a two-seater plane

**6.00am** Titanic: Stories from the Deep **7.10** Chris Tarrant: Extreme Railways (AD) **8.00** Abandoned Engineering (AD) **9.00** Nazi Hunters **10.00** World War Weird **11.00** Fred Dibnah's World of Steam, Steel and Stone **12 noon** Great British Railway Journeys **2.00pm** Bangers and Cash (AD) **4.00** Nazi Hunters **5.00** World War Weird **6.00pm Great British Railway Journeys** From southern Lincolnshire to North Yorkshire. **6.30** From Hessele in East Yorkshire to York. **7.00 Fred Dibnah's World of Steam, Steel and Stone** An insight into the steeplejack's appreciation for craftsmanship of the past. **7.30** Fred's admiration for ordinary workers. **8.00 New. Bangers and Cash Ep 3 Series 7** Derek is auctioning off a two-seater plane. (AD) **9.00 Hornby: a Model World 4/11 Series 2** Music mogul Pete Waterman re-creates a section of the West Coast Mainline. (AD)

**10.00 Bangers and Cash** Alan Holmes is selling his son's Ford Escort RS 1600i. (AD) **11.00 Abandoned Engineering** Exploring a once-lavish palace in Iraq. (AD) **12 midnight** Great British Railway Journeys **1.00am** Great British Landmark Fixers **2.00-3.00am** Chris Tarrant: Extreme Railways (AD) **Yesterday** Freeview 27 Freesat 159 Sky 155 Virgin 129  
+1 Freeview 74 Sky 255 Virgin 217

## Dave

19

**7.10am** Mega Air **8.00** Special Ops: Crime Squad UK (AD) **9.00** The Force: behind the Line **10.00** Survivor South Africa (AD) **11.00** Rick Stein's Long Weekends (AD) **12 noon** Fast Justice **1.00pm** Border Force: America's Gatekeepers (AD) **2.00** Top Gear (AD) **4.00 New. Survivor South Africa** (AD) **5.00** QI XL **6.00pm Taskmaster 6/10 Series 7** Kerry Goddard aims to stop violence. **7.00 Richard Osman's House of Games** With guests Kae Kurd, Zoe Lyons, Andrew Hunter Murray and Kate Robbins. **7.40 Would I Lie to You?** With James Acaster, Gabby Logan, Melvin Odoom and Fay Ripley. **8.20 QI** With panellists Jeremy Clarkson, Bill Bailey, Danny Baker and Alan Davies. **9.00 QI XL** Bill Bailey, Jan Ravens and Grayson Perry join Sandi Toksvig. **10.00 Have I Got a Bit More News for You** Victoria Coren Mitchell hosts, with guests Joan Bakewell and Fin Taylor. **11.00 Taskmaster 9/10 Series 8** With Paul Sinha, Lou Sanders, Iain Stirling and Sian Gibson. **12 midnight** Mock the Week **12.40am** Q1 **1.20** Meet the Richardsons **2.00** Richard Osman's House of Games **2.30** Not Going Out **3.25-4.00am** Beat the Internet with John Robins

**Dave** F'view 19 F'sat 157 Sky 111 (Wales 112) Virgin HD 127  
**Dave Ja Vu** Freeview 57 Sky 211 (Wales 212) Virgin 131

## London Live

8

**6.00am** Roswell Conspiracies **6.30** Dork Hunters from Outer Space **7.00** Pocket Dragon Adventures **7.30** Extreme Dinosaurs **8.00** Stone Age **8.30** Legend of the Dragon **9.00** Blandings **9.45** London Districts **10.00** My Greek Odyssey **11.00** Plane Crash Re-created **12 noon** The Most Dangerous Ways to School **1.00pm** FILM After the Fox ★★ **3.00** FILM Payroll ★★ (BW) **5.00** Shine On Harvey Moon **6.00** London Live News **7.00** Dear John **7.45** London Districts **8.00** Never the Twain **8.30** The Brothers McGregor **9.00** The Secret Agent **10.00** FILM Everything Must Go ★★ ★★ **12 midnight** FILM Brakes ★★ **1.45am** The Escape Artist: thriller starring David Tennant **3.30** News Rewind **5.00-6.00am** Talking Points

**London Live** Freeview 8 Sky 117 Virgin HD 159  
Available in London area only. Other regional stations available on Freeview 7 or 8 around the country

## 5 USA

21

**9.00am** Entertainment News **9.05** NCIS: triple bill **12 noon** Law & Order **1.55pm** Entertainment News **2.00** Law & Order **6.00pm** NCIS Series 3. Three episodes. Tony and Ziva go missing **7.00** A commander is abducted **8.00** The wives of two marines are murdered (AD) **9.00 New. Blue Bloods Series 2** An incident at a church tests Frank's diplomatic skills First shown on Sky Atlantic **10.00** Law & Order: Special Victims Unit Series 22 Double bill. An online role play session turns violent, then Carisi takes on a powerful judge **11.55** Law & Order: Criminal Intent **1.50am** Criminal Minds: two episodes **3.35-4.00am** Criminals: Caught on Camera **5 USA** Freeview 21 Freesat 129 Sky 141 Virgin 153  
+1 Freesat 130 Sky 241 Virgin 185

## 5 Star

32

**8.00am** Entertainment News **8.10** Rich Kids Go Skint (AD) **9.00** Bargain-Loving Brits in the Sun **10.00** Shoplifters and Scammers: at War with the Law **11.00** Traffic Cops **2.00pm** Police Interceptors **5.00** Shoplifters and Scammers: at War with the Law **6.00pm Home and Away** End works around Felicity's wedding issues. Shown 1.45pm C5 (AD) **6.30 New. Tane** is upset his family can't make the wedding. Rptd tomorrow 1.45pm C5 (AD) **7.00 GPs: behind Closed Doors** Patients include a man suffering from asthma. (AD) **8.00 Casualty 24/7: Every Second Counts** The first heatwave of summer has hit Barnsley. **9.00 A&E after Dark** A patient becomes agitated after waiting to be seen. **10.00 Ambulance: Code Red** A man who has overdosed on heroin is unconscious. (AD) **11.00 999: Critical Condition** A 22-year-old arrives after crashing his motorbike at speed. **12 midnight** Skin A&E **1.00am** Call the Bailiffs: Time to Pay Up **2.00** GPs: behind Closed Doors (AD) **3.00** Plastic Surgery Knifemares **3.50-4.00am** Entertainment News

**5 Star** Freeview 32 Freesat 131 Sky 128 Virgin 151  
+1 Freesat 141 Sky 228 Virgin 186

## 5 Action

33

**9.00am** Entertainment News **9.05** Winter Road Rescue **9.40** Trucking Hell (AD) **10.40** Police Interceptors **11.45** FILM The Three Musketeers ★★★★★ Swashbuckling comedy adventure starring Michael York. Review p97. **1.55pm** FILM The Burning Hills ★★ **3.55** Trucking Hell (AD) **4.55** Winter Road Rescue **6.00pm Police Interceptors** Kevin Salter takes drastic action to stop a vehicle. **7.00** Oris Deley rides along on two night shifts. Kev and Pete tackle a street brawl. **8.00** Paul Jackson tries to talk down a man threatening to take his own life. **9.00 New. Trucking Hell** Kevin is called to recover a 75-ton crane that has become stranded in the remote countryside. (AD) **10.00 World's Deadliest Weather: Caught on Camera** A ship gets stranded in a storm, and two friends are caught in an avalanche. **11.00 Wrestling** Wrestling action presented by Tom Phillips, Samoa Joe and Byron Saxton. **12 midnight** Police Interceptors **2.00am** Criminals: Caught on Camera (AD) **3.00** Seconds from Death: Caught on Camera (AD) **3.55** Sewermen **4.45-5.00am** Entertainment News

**5 Action** F'view 33 F'sat 132 Sky 150 Virgin 187/HD 150

## 5 Select

56

**9.00am** GPs: behind Closed Doors (AD) **10.00** The Yorkshire Vet **12 noon** The Highland Vet **1.00pm** GPs: behind Closed Doors (AD) **3.00** The Yorkshire Vet **5.00** The Highland Vet **6.00pm Around the World by Train with Tony Robinson** The actor heads to Japan. **7.00 Cruising with Susan Calman** The presenter sails west to Panama. **8.00 Inside Westminster Abbey** Cameras look inside the 11th-century church, partially designed by Christopher Wren. **9.00 Jack the Ripper: 5 Victims** Experts reinvestigate the case of the Victorian killer. **11.00 Forged in Fire** The bladesmiths must forge the legendary Scottish claymore. **11.55** Forging a legendary Viking battle axe. **12.55am** British Planes That Won the War with Rob Bell **1.50** Inside the Tower of London **2.50-4.00am** Ash Cloud: the Week the World Stopped

**5 Select** F'view (HD only) 56 F'sat 133 Sky 153 Virgin 152

**FREEVIEW TV and film channels continue overleaf**



# THURSDAY Freeview & films



## The Secret Life of Four, Five, Six Year Olds 9.00pm

**6.15am** Top Chef (S) (HD) **7.00** Property Brothers: Forever Homes (S) (AD) (HD) **8.00** Tipping Point (S) (HD) **10.00** DIY SOS: the Big Build (S) (HD) **12 noon** Rochelle Humes: Interior Designer in the Making (S) (AD) (HD) **1.00pm** Tipping Point (S) (HD) **4.00** DIY SOS: the Big Build (S) (HD) **5.00** Nigella: at My Table (S) (HD) **5.40** MasterChef Australia (S) (HD)

**8.00pm New. Alex Jones: Making Babies 6/10.** Alex learns about hormone injections. (S) (AD) (HD)

**9.00 New. The Secret Life of Four, Five, Six Year Olds Australia** Nina, Keanu, Sadie and Archie have their curiosity – and fears – put to the test. (HD)

**10.00 24 Hours in A&E** A woman is airlifted to hospital after a road traffic collision. (S) (HD)

**11.00 Inside the Operating Theatre** A patient has surgery to repair a detached retina. (S) (AD) (HD) **12 midnight** One Born Every Minute (S) (HD) **1.00–3.00am** Dating with My Mate (S) (AD) (HD)

**W** F'view 25 F'sat 156 Sky 132 Virgin HD 125 +1 Sky 232 Virgin 190

## Pick 36

**7.00am** Border Security: Canada's Front Line **8.00** Motorway Patrol **9.00** Stop, Search, Seize (AD) **10.00** Nothing to Declare **11.00** Highway Patrol **12 noon** Highway Cops (AD) **1.00pm** Border Patrol **2.00** Border Security: Canada's Front Line **3.00** Nothing to Declare (AD) **4.00** Star Trek: the Next Generation **5.00** Warehouse 13 **6.00pm** The Librarians **7.00** Star Trek: Voyager **8.00** NCIS: New Orleans **9.00 New.** Manifest: double bill. Michaela nearths a dangerous arsenal of 828 hate, then the consequences of Ben's actions test his marriage (AD) **11.00** Britain's Most Evil Killers **12 midnight** How I Caught the Killer **1.00am** Caribbean Cops (AD) **2.00** Nothing to Declare (AD) **3.00** Border Patrol **4.00** Motorway Patrol **5.00–6.00am** Highway Cops (AD)

**Pick** F'view 36 F'sat 144 Sky 151 Virgin 135

## HGTV 44

**7.00am** Building Off the Grid **8.00** The Great Interior Design Challenge (AD) **9.00** A Place in the Sun **10.00** Escape to the Country **12 noon** My Lottery Dream Home **1.00pm** Fixer to Fabulous **2.00** Good Bones **3.00** The Great Interior Design Challenge (AD) **4.00** Sarah Beeny's Renovate Don't Relocate (AD) **5.00** Building Off the Grid **6.00** A Place in the Sun **7.00** Escape to the Country **9.00** My Dream Derelict Home in the Sun **10.00 New.** Christina in the Country **11.00** Fixer to Fabulous **12 midnight** Escape to the Country **1.00am** Building Off the Grid **2.00** Sarah Beeny's Renovate Don't Relocate (AD) **3.00–4.00am** My Lottery Dream Home

**HGTV** F'view 44 F'sat 166 Sky 158 Virgin 286 +1 Sky 258 Virgin 290

**FREEVIEW channels continued from overleaf**

## Food Network 43



## Rick Stein's Seafood Lovers' Guide 10.00pm From Ireland

**6.00am** Trisha's Southern Kitchen (HD) **7.00** The Pioneer Woman (HD) **8.00 New.** Valerie's Home Cooking (HD) **9.00** Jamie's 15-Minute Meals (S) (HD) **9.30** Jamie's 30-Minute Meals (S) (HD) **10.00** Michel Roux's French Country Cooking (HD) **11.00** Rachel Allen's Cake Diaries (S) (HD) **12 noon** The Great British Bake Off (S) (HD) **1.30pm** Nadiya's Family Favourites (S) (AD) (HD) **2.00** James Martin's French Adventure (S) (AD) (HD) **3.00** River Cottage Road Trip **4.00** Valerie's Home Cooking (HD) **5.00** Barefoot Contessa: back to Basics (S) (AD) (HD) **6.00** Rick Stein's Seafood Lovers' Guide (S) (AD) **7.00** The Great British Bake Off (S) (HD) **8.30** Nadiya's Family Favourites: Nadiya Hussain creates dishes perfect for winding down at the weekend (S) (AD) (HD) **9.00** Hairy Bikers' Mississippi Adventure (S) (AD) (HD) **10.00** Rick Stein's Seafood Lovers' Guide (S) (AD) **11.00** Restaurant: Impossible (HD) **12 midnight** New. Guy's Grocery Games (HD) **1.00am** Restaurant: Impossible (HD) **2.00–3.00am** Jamie and Jimmy's Friday Night Feast (HD)

**Food Network** Freeview 43 Freesat 148 Sky 140 Virgin 285

## Great TV 50

**6.00am** Sue Thomas: F.B.Eye **8.00** Highway to Heaven **10.00** Crazy like a Fox **11.00** Castle **12 noon** Body of Proof **1.00pm** Sue Thomas: F.B.Eye **3.00** Diagnosis Murder **5.00** Murder, She Wrote **7.00** M\*A\*S\*H **9.00** Randall and Hopkirk (Deceased): Marty worries why his partner is unable to see him **10.00** The Persuaders! **11.00** Return of the Saint **12 midnight** M\*A\*S\*H **2.00am** Randall and Hopkirk (Deceased) **3.00** Sue Thomas: F.B.Eye **4.30–6.00am** Highway to Heaven: double bill

**Great TV** Freeview 50 (limited) Freesat 142 Sky 157 Virgin 189 +1 Freesat 143 Sky 257

## RealityXtra 68

**9.00am** Perry Mason **11.00** Matlock **12 noon** The Fugitive **1.05pm** JAG **3.00** Perry Mason **5.00** The Fugitive: Kimble is forced into transporting a couple from the mainland to the Florida Keys **6.00** Matlock: the attorney attends a family reunion but ends up having to take on a murder trial **7.00** Judge Judy: 17 back-to-back editions **1.00am** Matlock **2.00** The Fugitive **3.00** The Real Prime Suspect **5.00–6.00am** Medical Detectives

**RealityXtra** Freeview 68 Freesat 134 Sky 147 Virgin 197

## BBC Parliament 232

**7.00am** Northern Ireland Office Questions **7.30** Prime Minister's Questions **8.05** House of Commons **9.30** Live International Trade Questions **10.30** Live Business Questions **11.15** Live House of Commons **5.30pm** Scottish First Minister's Questions **6.30** Lords Questions **7.10** House of Lords **2.30am** International Trade Questions **3.30** Business Questions **4.15–6.00am** House of Commons **BBC Parliament** Freeview 232 Freesat 201 Sky 504 Virgin 605

## PBS America 84



## Israel: a Twice Promised Land 8.30pm David Ben-Gurion

**8.00am** Beautiful Serengeti **8.30** Plane Crash Re-created (S) **9.35** The Silk Road (S) **10.50 New.** Israel: a Twice Promised Land **11.55** Spitfire Paddy (S) **1.00pm** Beautiful Serengeti **1.30** Plane Crash Re-created (S) **2.35** The Silk Road (S) **3.50** Israel: a Twice Promised Land **4.55** Spitfire Paddy (S)

**6.05pm Plane Crash Re-created** A Pakistan Airbus that crashed trying to land in Lahore. (S)

**7.10 The Silk Road 2/3.** Sam Willis travels through Central Asia. (S)

**8.30 Israel: a Twice Promised Land 1/2.** Israel after the Second World War, focusing on the period from when the war ended to the UN vote on the Partition Plan. See page 90.

**9.35 Spitfire Paddy** The story of a Dublin-born man who became an ace fighter pilot with the RAF. (S)

**10.45 The Silk Road As 7.10pm.** **12 midnight** Israel: a Twice Promised Land **1.15–2.00am** Beautiful Serengeti

**PBS America** F'view 84 (1pm-12 midnight only) Freesat 155 Sky 174 Virgin 273

## Blaze 64

**6.00am** Hardcore Pawn **7.45** Weird or What? with William Shatner **8.40** Ancient Aliens **9.40** Ancient Aliens: Secret Science **10.40** Storage Wars Canada **11.10** Storage Wars **12.10pm** Pawn Stars **2.05** Hardcore Pawn: four back-to-back editions **4.00** Ancient Aliens **5.00** Ancient Aliens: Secret Science **6.00pm** Weird or What? with William Shatner **7.00** Storage Wars **8.00** Dickinson's Real Deal: the experts visit Oldham **9.00 New.** Close Encounters Down Under: a visit to the vast expanses of Australia where cattle outnumber people **10.00** Alien Files: Unsealed **11.00** Curse of Skinwalker Ranch **12 midnight** Monsterquest **1.00am** Wicked Tuna **2.00** Swamp People **3.00** Dickinson's Real Deal **3.45** Storage Wars Canada **4.10–6.00am** Pawn Stars

**Blaze** F'view 64 F'sat 162 Sky 164 Virgin 199

## Challenge 48

**7.00am** The Chase: triple bill **10.00** Dickinson's Real Deal **11.00** Supermarket Sweep **12 noon** Wheel of Fortune (AD) **1.00pm** Catchphrase: contestants try to win prizes by deducing everyday figures of speech from visual clues **2.00** Who Wants to Be a Millionaire? **3.00** Play Your Cards Right: game show hosted by Bruce Forsyth (AD) **4.00** Bruce's Price Is Right **5.00** Bullseye: four editions **7.00pm** Pointless: quiz show hosted by Alexander Armstrong **8.00** The Chase: double bill of the quiz show hosted by Bradley Walsh **10.00** Who Wants to Be a Millionaire?: a classic episode of the award-winning quiz show presented by Chris Tarrant **11.00** Bullseye **12 midnight** The Chase: four editions **4.00am** Who Wants to Be a Millionaire? **5.00–6.00am** Bullseye **Challenge** Freeview 48 Freesat 146 Sky 145 Virgin 139

## CHILDREN'S

### Milkshake! on C5

**5.35am** Peppa Pig **5.40** Paw Patrol **5.40** Pip and Posy **6.00** Peppa Pig **6.15** Blue's Clues & You **6.40** Oggy Oggy **6.45** Odo **6.55** Fireman Sam **7.05** Thomas & Friends **7.15** Kangaroo Beach **7.25** Peppa Pig **7.40** Paw Patrol **7.55** Pip and Posy **8.10** Paddington **8.25** Milo **8.35** Paw Patrol **8.50** Daisy & Ollie **8.55** Pip and Posy **9.05** Peppa Pig **9.10–9.15am** Sunny Bunnies

Full listings for Channel 5 are on p94

### CBeebies 202

**6.00am** Raa Raa **6.10** Bing **6.20** Teletubbies **6.35** School of Roars **6.40** Chuggington **6.50** Bing **7.00 New.** Colourblocks **7.05** Hey Duggee **7.20** New. Bluey **7.35** Go Jetters **7.50** Peter Rabbit **8.00** Octonauts **8.15** Numberblocks **8.20** Love Monster **8.25** Nick Cope's Popcast **8.35** Justin's House **9.00** Bing **9.10** Yakka Dee! **9.15** Messy Goes to OKIDO **9.25** Colourblocks **9.30** Twirlywoos **9.45** Something Special **10.05** Teletubbies **10.20** The Toddler Club **10.35** Small Potatoes **10.40** Hey Duggee **10.45** Roots and Fruits **10.50** B.O.T. and the Beesties **11.00** Bluey **11.05** Let's Go for a Walk **11.20** School of Roars **11.25** Teeny Tiny Creatures **11.40** Our Family **11.55** What's On Your Head? **12 noon** Big Cook Little Cook **12.20pm** Woolly & Tig **12.25** Waffle **12.35** Tee and Mo **12.45** Pablo **1.00** Yakka Dee! **1.05** Numberblocks **1.10** Alphablocks **1.15** Dog Loves Books **1.25** Hey Duggee **1.30** Love Monster **1.40** Let's Dance **1.45** Something Special **2.10** Teletubbies **2.25** Bluey **2.30** Go Jetters **2.40** My Petsaurus **2.45** Do You Know? **3.00** Dog Squad **3.15** Swashbuckle **3.35** Hey Duggee **3.45** Peter Rabbit **3.55** Andy's Wild Adventures **4.10 New.** Pinocchio and Friends **4.25** Bluey **4.40** Supertato **4.45** Go Jetters **5.00** GigggleQuiz **5.15** Biff and Chip **5.25** Sarah & Duck **5.35** JoJo & Gran Gran **5.45** Moon and Me **6.10** Clangers **6.20** In the Night Garden... **6.50–7.00pm** Bedtime Stories

**CBeebies** F'view 202 F'sat 608 Sky 608 Virgin 702

### CBBC 201

**7.00am** Shaun the Sheep **7.05** Danger Mouse **7.20** Dennis & Gnasher **7.35** Boy Girl Dog Cat **7.45 New.** Newsround **7.55** Ninja Express **8.10 New.** Operation Ouch! Do Try This at Home **8.20** Odd Squad **8.35** Horrible Histories **9.05** Princess Mirror-Belle **9.25** Danny & Mick **9.40** Andy and the Band **9.50** Nine Minute Ninja **10.00** Operation Ouch! **10.35** Horrible Histories **11.00** Bitesize Daily **11.20** Celebrity Supply Teacher **11.30** Craft Party **11.50** Wild & Weird **12.05pm** Danger Mouse **12.15** Oswald **12.25** Boy Girl Dog Cat **12.40** Monster Loving Maniacs **12.50** Dennis & Gnasher **1.00** The Next Step **1.45** The Dumping Ground: I'm... **2.00** The Designers **2.30** Secret Life of Boys **2.50** Nikki Lilly Meets **3.00** Our Boarding School **3.20** Best in the World **3.40** Danger Mouse **3.50** Shaun the Sheep **4.00** Ninja Express **4.10** Boy Girl Dog Cat **4.25** Moose Cheese **4.35** Oswald **4.45 New.** Pokémon: Sun and Moon **5.00** Odd Squad **5.10** We Bare Bears **5.25 New.** Summer Camp Island **5.35 New.** One Zoo Three **6.00** Inside My Head: a Newsround Special **6.15** Nikki Lilly Meets **6.25–7.00pm** My Life

**CBBC** F'view 201 F'sat 607 Sky 607 Virgin 701

### CITV 203

**6.00am** Mission Employable **6.05** Robozuna **6.30** Hotel Transylvania **7.00** Smarty Pants **7.15** Mr Magoo **7.30** Lloyd of the Flies **7.45** Dave Spud **8.00** 50/50 Heroes **8.30** Scooby-Doo **9.25** Buck and Buddy **9.30** Scooby-Doo **9.55** Tata and Kuma **10.00** Teen Titans Go! **10.25** DC Super Hero Girls **10.50** Mr Bean **11.30** Dave Spud **12 noon** Mighty Mike **12.30pm** Detention Adventure **1.00** Mini Movies **1.30** Inspector Gadget **2.00** 50/50 Heroes **2.30** Hotel Transylvania **3.00** Craig of the Creek **3.30** Scooby-Doo **4.30** Smarty Pants **4.45** Mr Magoo **5.00** Lloyd of the Flies **5.15** Dave Spud **6.00** Teen Titans Go! **6.30** Inspector Gadget **7.00** Scooby-Doo **7.30** Lego Marvel Avengers **8.00** Mr Bean **8.30** Mini Movies **8.55–9.00pm** Mission Employable **CITV** F'view 203 F'sat 602 Sky 612 Virgin 734

## FILMS

### Film4 14

**11.00am Stalag 17** ★★★★★ Billy Wilder expertly balances drama, satire and comedy in this tale of an opportunistic soldier in a PoW camp during the Second World War. **Review, right.** William Holden (1953, PG) (S) (AD) **1.25pm The Running Man** ★★★★★ Armed with a clever script by John Mortimer, director Carol Reed turns a run-of-the-mill potboiler into an entertaining three-handed thriller. Laurence Harvey, Lee Remick (1963, PG) (S) (AD) **3.30 The Bridge on the River Kwai** ★★★★★ Terrific Second World War drama in which PoWs are forced by their Japanese captors to build a railway bridge. William Holden, Alec Guinness, Jack Hawkins (1957, PG) (S) (AD)

**6.45pm Entrapment** ★★ Mechanical thriller in which insurance investigator Catherine Zeta-Jones sets out to catch thief Sean Connery. (1999, 12) (S) (AD)

**9.00 White House Down** ★★★ Channing Tatum's cop helps US President Jamie Foxx discover his inner action hero in this enjoyable thriller. Maggie Gyllenhaal (2013, 12) (S)

**11.40 Raw Deal** ★★★★★ Ex-FBI agent Arnold Schwarzenegger goes under cover to nail a Chicago mobster in this entertaining action thriller. Kathryn Harrold, Sam Wanamaker (1986, 18) (S)

**1.45–3.50am Dirty Grandpa** ★★★★★ The chemistry between Zac Efron and Robert De Niro lifts this crass comedy. (2016, 15) (S) (AD)

**Film4** Freeview 14 Freesat 300 Sky 313 Virgin 428 +1 F'view 47 F'sat 301 Sky 314 Virgin 430

### Talking Pictures TV 82

**6.00am Honey West** TV crime drama. **6.30 The Gilded Cage** ★★ Mildly interesting but not hugely suspenseful British crime thriller. Alex Nicol (1954, PG) (S) **8.00 Dick Powell's Zane Grey Theatre** TV mystery. **9.00 Black Saddle** TV western. **9.30 Prelude to Fame** ★★ Minor drama about a child prodigy who is pushed to his limits by tutor Kathleen Byron. (1950, U) (S) **11.15 Ticket to Paradise** ★★ British romance about a couple who meet on holiday and both claim to be wealthy. Emrys Jones (1961, U) (S) **12.30pm No Time for Tears** ★★ Undemanding weepie starring Anna Neagle and Sylvia Syms as nurses in a children's hospital. George Baker (1957, PG) (S) **2.30 Crown Court** TV drama. **3.10 Java Head** ★★★★★ Solid British drama that finds Ralph Richardson and John Loder chasing different dreams. **Review, right.** (1935, PG) (S) **5.05 The Woman in Question** ★★★★★ Inventive thriller about the investigation into a fortune teller's murder. Jean Kent (1950, PG) **6.55pm The Last Load** ★★ Charming but rote adventure in which a group of kids work to foil a gang of lorry saboteurs. (1948) (S) **8.00 The Saint** TV thriller. (S) **9.00 Justice** TV legal drama. **10.00 The Gods Must Be Crazy** ★★★★★ Bold but uneven satirical comedy about a Kalahari tribesman who ventures into civilisation to return a Coke bottle. Nkxau (1980, PG) (S) **12.10am Tread Softly Stranger** ★ A decent cast is wasted in this dreary crime drama. (1958, PG) (S) **1.55 The Long Wait** ★★ Seamy crime drama. Anthony Quinn, Charles Coburn (1954) (S) **3.45 Dark Tower** ★ Incoherent horror. (1987, 18) (S) **5.35–6.00am Rain in Scotland 1954** TV documentary. **Talking Pictures TV** Freeview 82 Freesat 306 Sky 328 Virgin 445





## FILM REVIEWS

## Sky Premiere

**6.00am One Way** ★★★ Flawed but solid crime thriller. Colson Baker, Storm Reid (2022, 15) **7.40 Father Stu** As 5.50pm **9.50 Top Gun: Maverick** As 8pm **12 noon Dakota** As 10.15pm **1.45pm Dear Elizabeth** ★★★ A nerd's obsession with an old college friend goes viral in this awkward satire of celebrity worship. Tony Hale, Elisha Cuthbert (2020, 12) **3.30 Big Gold Brick** ★★ Whimsical but unfocused comedy about a failed writer who is hired to write a wealthy man's biography. Andy Garcia, Emory Cohen (2022, 15) **5.50pm Father Stu** ★★ Unconvincing religious drama with Mark Wahlberg as a boxer who finds his calling as a priest. (2022, 15) **8.00 Top Gun: Maverick** ★★★ Tom Cruise's action-packed and genuinely moving return to the skies. Jennifer Connelly, Val Kilmer (2022, 12) **10.15 Dakota** ★★ Warm-hearted drama about a widow and her daughter who take on her soldier-husband's loyal dog. Abbie Cornish (2022, PG) **12 midnight One Way** As 6am **1.50am Dear Elizabeth** As 1.45pm **3.40 Big Gold Brick** As 3.30pm **Sky Premiere** Sky 301 Virgin 401 BT 501/HD 515 +1 Sky 312

## Great Movies

**9.00am Don't Steal My Baby** ★★ Thriller. (2017) **11.00 Boyfriend Killer** ★★ Glossy and enjoyable melodrama. Barbie Castro (2017) **1.00pm Text to Kill** ★★ Teen thriller. Dina Meyer (2015) **3.00 Fatal Acquittal** ★★ Melodramatic thriller. Joely Fisher (2014) **5.00 Seattle Superstorm** ★★ Low-budget sci-fi thriller. Esai Morales, Anna Grauer (2012) **7.00pm The Forger** ★★ A troubled teenager's talents are exploited by an art forger. Josh Hutcherson, Hayden Panettiere, Alfred Molina (2012, 12) **9.00 Red 2** ★★ The agents must stop a nuclear threat in this action comedy sequel that improves upon the original. Bruce Willis (2013, 12) **11.10 Ca\$h!** ★★ A couple get more than they bargained for when a suitcase of money falls into their possession. Sean Bean, Chris Hemsworth (2010, 15) **1.20am I Am Wrath** ★★ Explosive but sometimes wearying revenge thriller. John Travolta, Christopher Meloni (2016, 15) **3.25-5.50am Marie Antoinette** ★★ Biographical historical drama. Kirsten Dunst, Jason Schwartzman (2005, 12)

**Great Movies Freewiew** 34 **Freesat** 302 Sky 321 Virgin 425 +1 **Freewiew** 61 (limited 10pm-5am) Sky 322

## Great Romance

**6.00am Sincerely, Yours, Truly** ★★ Romance. Natalie Hall (2020) **8.00 Love Map** ★★ Romance. Ashley Bratcher, Reed Faverio (2021) **10.00 The Seven Year Hitch** ★★ Romcom. Natalie Hall (2012) **12 noon Love at First Dance** ★★ Romantic drama. (2018) **2.00pm The Song to My Heart** ★★ Romantic drama. Lanie McAuley (2022) **4.00 Cooking Up Love** ★★ Romantic comedy drama. Rachel Bies (2020) **6.00pm Just for the Summer** ★★ Fairly watchable romance. (2020) **8.00 Love, of Course** ★★ So-so romantic yarn. Kelly Rutherford (2018) **10.00 The Wedding Ring** ★★ Wholesome romance. (2020) **11.50 All of My Heart** ★★ Unoriginal romcom. Lacey Chabert (2015) **1.30am The Convenient Groom** ★★ Sincere romantic comedy drama. (2016) **3.00 Calling for Love** ★★ Romantic comedy. (2020) **4.30-6.00am All for Love** ★★ Romantic comedy. Sara Rue (2017)

**Great Romance Freewiew** 52 (limited) **Freesat** 303 Sky 319 Virgin 424 +1 **F'view** 63 (limited 10pm-5am) **F'sat** 304 Sky 320

## TCM Movies

**6.00am** Hollywood's Best Film Directors **7.45 Off Set** **8.10 Canyon Raiders** ★ Short and simplistic western. (1951) **9.20 Hellfire** ★★ Thoughtful western. William Elliott (1949) **11.10 Guns for San Sebastian** ★★ Bombastic western. Anthony Quinn (1968, PG) **1.30pm The Spy with My Face** ★★ Enjoyable movie spin-off from the Man from UNCLE TV series. Robert Vaughn, David McCallum (1966, PG) **3.20 Destry Rides Again** ★★★★★ Rollicking comedy western. Marlene Dietrich, James Stewart (1939, PG) **5.25 Return of the Gunfighter** ★★ Meandering romantic western. (1967, U) **7.30pm Wagons West** ★★ Competent western in which Rod Cameron roots out treacherous gun-smugglers. Peggy Castle (1952, U) **9.00 Presumed Innocent** ★★★★★ A lawyer assigned to investigate the murder of his former mistress. **Review, right.** Harrison Ford (1990, 18) **11.40 Above the Law** ★★ Steven Seagal made his action debut in this watchable thriller. Pam Grier (1988, 18) **1.45am Teleshopping** **4.00 Close Up** **5.00** Hollywood's Best Directors **TCM Movies** Sky 315 Virgin 415 +1 Sky 316 Virgin 417

## Great Movies Action

**6.00am M\*A\*S\*H** **7.00 Mother Lode** ★★ Scenic adventure. Charlton Heston (1982, PG) **9.00 The Philadelphia Experiment** ★★ Enjoyable sci-fi action yarn. Nicholas Lea (2012, 12) **10.35 Operation Barbarossa** **11.30 Wild West Chronicles** **12 noon M\*A\*S\*H** **1.00pm Battle of the Coral Sea** ★★ Predictable war drama. Cliff Robertson (1959, PG) **2.50 Gunbus** ★★ Wayward western. Scott McGinnis (1986, PG) **4.45 Panhandle** ★★ Noteworthy western. Rod Cameron (1948, U) **6.35pm Wild West Chronicles** **7.05 Air Collision** ★★ A fierce storm puts Air Force One in danger in this ludicrous action thriller. (2012) **9.00 The Operative** ★★ Complex espionage thriller. Diane Kruger (2019, 15) **11.20 Battle for the Skies** ★★ A bomber crew must bail out behind enemy lines. (2013, 15) **1.25am USS Poseidon: Phantom Below** ★★ Action drama. Adrian Paul, Catherine Dent (2005, PG) **3.10-4.00am Bombers of the Second World War** **Great Movies Action Freewiew** 42 (limited) **F'sat** 305 Sky 323 Virgin 426 +1 Sky 324

## Legend

**8.00am** Walker, Texas Ranger **9.00** Mutant X **10.00** Star Trek: the Next Generation **11.00** Quatermass and the Pit ★★ Inventive sci-fi about a spaceship that is uncovered in the London Underground. **Review p87.** Andrew Keir, Barbara Shelley (1967, 12) **12.55pm Hawk the Slayer** ★★ Woeful fantasy adventure. Jack Palance, John Terry (1980, PG) **3.00 Termination Point** ★★ Routine sci-fi thriller. Jason Priestley, Lou Diamond Phillips (2007) **5.00** Star Trek **6.00pm** Star Trek: the Next Generation TV sci-fi adventure. **7.00** Airwolf US TV drama. **8.00** Walker, Texas Ranger TV action drama starring Chuck Norris. **9.00** **Brake** ★★ Derivative but claustrophobic thriller. **Review, right.** Stephen Dorff, Chyler Leigh (2012, 15) **10.50 A Good Marriage** ★★ Stephen King adapts his own story for this well-cast but flat thriller. Joan Allen, Anthony LaPaglia, Kristen Connolly (2014, 15) **12.50am Urban Legends: Bloody Mary** ★★ Formulaic horror. Kate Mara, Robert Vito (2005, 15) **2.40-4.20am Morlocks** ★★ Sci-fi horror. Hamish Clark, Christina Cole, Lincoln Frager (2011) **Legend** **F'view** 41 **F'sat** 137 Sky 148 Virgin 149



## On the Basis of Sex ★★★

9.00-10.50pm BBC4

12

**DRAMA** Felicity Jones shines as the star of this biopic about the early legal career of US Supreme Court justice Ruth Bader Ginsburg, from her fiery days at Harvard and Columbia law schools to some of her landmark cases. Director Mimi Leder produces something of a hagiography, but it's a decent and well-told story that's jollied along by a light Mychael Danna score. Jones is pliable enough to play Ginsburg as the timespan stretches from the 1950s to the 70s, with Armie Hammer offering solid support as her husband. **ANDREW COLLINS** (US/Chi 2018, swearing, HD)

## Stalag 17 ★★★★★

11.00am-1.25pm Film4

PG

**WAR** William Holden won the best actor Oscar for his unsympathetic portrayal here of an imprisoned opportunist in a German PoW camp. There are fine performances, too, from Robert Strauss and Harvey Lembeck as fellow inmates. Director Billy Wilder superbly balances the drama and satire, as well as capturing the claustrophobia of camp life. **TONY SLOMAN** (US 1953, BW, HD)

## The Three Musketeers ★★★★★

11.45am-1.55pm 5 Action U

**ADVENTURE** Richard Lester directs this sparkling version of the Alexandre Dumas classic. Michael York gives his D'Artagnan a clever twist of yokel to contrast him with his more worldly swordsmen companions, who are played with wit and charm by Oliver Reed, Richard Chamberlain and Frank Finlay. It's fast, furious and fun. **DAVID PARKINSON** (UK/Sp/Pan 1973, HD)

## Java Head ★★

3.10-4.55pm

Talking Pictures TV

PG

**DRAMA** New to Talking Pictures TV today, this British production blends romance, adventure and melodrama.

yarn well told, the essential magic is somehow missing. It stops just short of classic status. **SUE HEAL** (US 1990, violence, swearing, sex scenes, nudity, HD)

## Brake ★★

9.00-10.50pm Legend 15

**THRILLER** Stephen Dorff stars in this claustrophobic movie as a US Secret Service agent who is trapped in the boot of a car. Dorff is the sole figure on screen for the bulk of the film's running time, and he palpably conveys his character's growing desperation. However, the big reveal will surprise nobody. **TERRY STAUNTON** (US 2012, violence)

## Total Recall ★★★★★

10.30pm-12.45am ITV4 18

**SCI-FI** Construction worker Arnold Schwarzenegger is drawn into a conspiracy on Mars when a virtual-reality holiday awakens long-dormant memories. Armed with a smart script (based on a short story by Philip K Dick), director Paul Verhoeven delivers a gloriously over-the-top mix of black humour and ultra-violence. **JOHN FERGUSON** (US 1990, violence, swearing, sex scenes, nudity, HD)

## Harriet ★★★★★

10.50pm-12.50am BBC4 12

**DRAMA** Cynthia Erivo stars in the remarkable true tale of Harriet Tubman. Having been born into slavery, she escaped her captors and embarked on a 100-mile bid for freedom. But what's more extraordinary is that she then returned to Maryland to guide others to safety. This story of daring makes for inspiring viewing. **EMMA SIMMONDS** (US 2019, violence, swearing, discriminatory language, HD)

## Sky Cinema picks

## Just like Heaven ★★

2.15-4.00pm Sky Drama

Endearing romcom. (2005, PG) Sky 310; Virgin 410; BT 510/524

## Snowpiercer ★★★★★

8.00-10.10pm Sky Action

Dystopian sci-fi. (2013, 15) Sky 306; Virgin 406; BT 506/520

## Zoolander ★★★★★

9.35-11.10pm Sky Cinema Comedy

Ben Stiller is a fashion victim. Followed by the sequel. (2001, 12) Sky 308; Virgin 408; BT 508/522

**Films to stream from p32**  
Netflix, Amazon, Disney+ and more



## Sky Showcase



**Sex and the City** 10.00pm  
Carrie faces disappointment

**6.00am** The Early Roundup (HD)  
**7.00** Kay Burley (HD) **8.00** Baby Animals (S) (HD) **9.00** Nothing to Declare **10.00** Supergirl (S) (HD) **11.00** NCIS: New Orleans (S) (HD) **1.00pm** Hawaii Five-0 (S) (HD) **2.00** S.W.A.T. (S) (AD) (HD) **3.00** Gangs of Babylon Falls (S) (AD) **4.00** The Conners (S) (HD) **4.30** Futurama (S) (AD) **5.00** The Simpsons (S) **5.30** The Fresh Prince of Bel-Air (S) (HD)

**6.30pm** The Simpsons Triple bill of the animated comedy. (S) (HD)

**8.00** An Idiot Abroad 6/8 Series 1. Karl visits Brazil. (S) (HD)

**9.00** New series. **Funny Woman** **1/6**. Comedy drama based on Nick Hornby's novel, starring Gemma Arterton. See p90. (S) (HD) See feature: page 24

**10.00** Sex and the City 13/18 Series 2. Jon Bon Jovi guests. (S) **10.30** 14/18. Samantha gets to know the new neighbours. (S)

**11.00** Never Mind the Buzzcocks Ep 7 Series 2. With Johnny Borrell and Michelle de Swarte. (S) (AD) (HD)

**11.45** NCIS: Los Angeles Ep 3 Series 14. (S) (HD)

**12.45am** The Force: Manchester (S) **1.40** Road Wars 2.10 Brit Cops: Law & Disorder **3.05** Hawaii Five-0 (S) (HD) **4.00** S.W.A.T. (S) (AD) (HD) **5.00-6.00am** The Early Roundup (HD)

Sky Showcase Sky 106 Virgin 109 BT 340/HD 355 +1 Sky 206

## Sky Sci-Fi

**6.00am** V **7.00** The Librarians **8.00** Home Shopping **11.00** V **12** noon Star Trek: the Next Generation **2.00pm** Project Blue Book **3.00** The Outpost **4.00** The Librarians **5.00** Stargate SG-1

**6.00pm** Star Trek: the Next Generation 14/26 Series 7 Beverly succumbs to a ghost lover. **7.00** 15/26. A junior officer is sent on a deadly mission.

**8.00** Merlin 2/13 Series 5 Merlin and Arthur close in on the icy fortress of Ismere, unsure of the powerful secrets Morgana and the druid Ruanan are searching for among its catacombs.

**9.00** The Twilight Zone 3/10 Series 2. A struggling actor risks everything to catch his big break, but an impulsive scheme takes a few unexpected turns.

**10.00** 4/10. The career of a struggling singer takes off after she witnesses a tragic incident.

**11.00** Evil Dead ★★★★★ Horror remake starring Jane Levy, Shiloh Fernandez and Lou Taylor Pucci. Four friends decamp to an isolated cabin in the woods to help drug addict Mia kick her habit. However, when one of them quotes from an ancient book of the dead, the forces of hell are unleashed and no one is safe.

**1.00am** V **2.00** Wynonna Earp **3.00** Stargate SG-1 **4.00-6.00am** Star Trek: the Next Generation

Sky Sci-Fi Sky 139 Virgin 122 BT 348/HD 366 +1 Virgin 229

## Sky Atlantic



**Watchmen** 9.00pm Angela's grandfather Will's journey

**6.00am** Fish Town (S) (HD) **7.55** The Sopranos (S) (HD) **10.05** Ray Donovan (S) (AD) (HD) **12.15pm** Game of Thrones (S) (AD) (HD) **1.20** Six Feet Under (S) (HD) **3.30** The Sopranos (S) (HD)

**5.45pm** Ray Donovan 3/12 Series 4. An intruder breaks into the Donovan household. (S) (AD) (HD) **6.50** 4/12. Ray visits a Hollywood power-player and discovers a secret Ezra shared in the past. (S) (AD) (HD)

**7.55** Game of Thrones 8/10 Series 3. Daenerys meets the captains of the Second Sons mercenary company and Davos demands to see proof of Melisandre's power. (S) (AD) (HD)

**9.00** Watchmen 6/9. Deep under the influence of Nostalgia, Angela is presented with a firsthand account of her grandfather's journey. (S) (AD) (HD)

**10.10** Euphoria 6/8 Series 1 Rue grows concerned when Jules starts exhibiting disturbing behaviour. Meanwhile, Cassie spends time with David, and Nate comes up with a plan. (S) (AD) (HD)

**11.15** The Last of Us 4/9 A smuggler is tasked with escorting a teenage girl across a post-apocalyptic United States. (HD)

**12.15am** Treme (S) (AD) (HD) **3.00** Game of Thrones (S) (AD) (HD) **4.05-6.00am** Fish Town (S) (HD)

Sky Atlantic Sky 108 (Wales 109) BT 342/HD 357 +1 Sky 208 (Wales 209)

## Sky Witness

**6.00am** Bondi Rescue (S) (HD) **7.00** UK Border Force (S) (AD) (HD) **8.00** Border Patrol (S) **9.00** Road Wars (S) (HD) **10.00** Brit Cops: Law & Disorder (S) (AD) **11.00** The Force: Manchester (S) (HD) **12** noon FBI (S) (AD) (HD) **1.00pm** 9-1-1 (S) (HD) **2.00** Blue Bloods (S) (AD) (HD) **3.00** Bull (S) (HD) **4.00** Nothing to Declare (HD)

**6.00pm** Nothing to Declare Series following the work of customs officers in Australia. (HD)

**8.00** Blue Bloods 6/20 Series 12. A decision made by Frank causes tension when he assigns Jamie to guard Danny after a hit is put on him. (S) (AD) (HD)

**9.00** New. The Rookie Ep 2 Series 5. Officer John Nolan moves closer to his new role, while trying to uncover the truth about a colleague's death. (S) (HD)

**10.00** Private Eyes 4/12 Series 4 Shade and Angie investigate when a concerned husband suspects that his wife is keeping a huge secret from him. (S) (HD)

**11.00** FBI 15/22 Series 1. A serial bomber targets Wall Street's elite. Dana has to deal with an arrogant profiler brought in to offer assistance on a case. (S) (AD) (HD)

**12** midnight FBI: Most Wanted (S) (AD) (HD) **1.00am** Chicago Med (S) (HD) **2.00** Chicago Fire (S) (HD) **3.00** Chicago PD (S) (HD)

**4.00** 9-1-1 (S) (HD) **5.00-6.00am** The Force: Manchester (S) (HD)

Sky Witness Sky 107 Virgin 110 BT 341/HD 356 +1 Sky 207 Virgin 163

## Sky Max



**Funny Woman** 9.00pm  
Barbara heads to London

**6.00am** Stargate SG-1 (S) (HD) **8.00** DC's Legends of Tomorrow (S) (AD) (HD) **9.00** Quantum Leap (S) (AD) **10.00** Supergirl (S) (HD) **11.00** NCIS: New Orleans (S) (HD) **1.00pm** Hawaii Five-0 (S) (HD) **2.00** S.W.A.T. (S) (AD) (HD) **3.00** Quantum Leap (S) (HD) **4.00** DC's Legends of Tomorrow (S) (AD) (HD) **5.00** Supergirl (S) (HD)

**6.00pm** Stargate SG-1 18/22 Series 2. Daniel is trapped in the body of a dying man. (S) **7.00** 19/22. An alien civilisation is faced with extinction. (S)

**8.00** An Idiot Abroad 6/8 Series 1. A trip to Brazil. (S) (AD) (HD)

**9.00** New series. **Funny Woman** **1/6**. Comedy drama based on Nick Hornby's novel, starring Gemma Arterton. See p90. (S) (HD) See feature: page 24

**10.00** Hold the Front Page 6/6 Nish Kumar and Josh Widdicombe work for The Scotsman. (HD)

**11.00** Never Mind the Buzzcocks Ep 7 Series 2. With Johnny Borrell and Michelle de Swarte. (S) (AD) (HD)

**11.45** NCIS: Los Angeles (S) (HD) **12.40am** The Force: Manchester (S) (HD) **1.35** Road Wars (S) (HD) **2.00** Highway Patrol (HD) **2.35** Road Wars (S) (HD) **3.00** Hawaii Five-0 (S) (HD) **4.00** S.W.A.T. (S) (AD) (HD) **5.00-6.00am** Highway Patrol (S) (HD)

Sky Max Sky 113 (Wales 114) Virgin 111 BT 346/HD 361

## Sky Replay

**7.00am** Sixth Sense with Colin Fry (S) **8.00** Four Weddings (S) (HD) **10.00** Paramedics Australia (S) (HD) **11.00** Road Wars (S) (HD) **12** noon Highway Patrol (S) (HD) **1.00pm** Send in the Dogs (S) **2.00** The Librarians (S) (AD) **4.00** V (S) (HD) **6.00pm** Most Haunted: double bill. Yvette Fielding and the team head to Bristol, then a visit to Madame Tussauds in London (S) **8.00** Road Wars: officers raid a massive cannabis factory (S) **9.00** Jamestown: Maria is framed for a crime (S) (AD) (HD) **10.00** Send in the Dogs: two of Europe's finest canine sleuths (S) **11.00** Funny Woman (S) (HD) **12** midnight The Rookie (S) (HD) **1.00am** Motorway Patrol (S) **2.00** A League of Their Own Road Trip: Dingle to Dover (S) (AD) (HD) **3.00** Duck Quacks Don't Echo: double bill (S) (AD) (HD) **4.00** Four Weddings (S) (HD) **5.00-6.00am** Sixth Sense with Colin Fry (S)

Sky Replay Sky 152 Virgin 156

## Sky Crime

**6.00am** Highway Patrol (S) (HD) **7.00** Motorway Patrol (S) (HD) **8.00** Highway Cops (S) (HD) **9.00** Nothing to Declare **10.00** Stop, Search, Seize (S) (HD) **11.00** How I Caught the Killer (S) (HD) **12** noon The Real Manhunter (S) (HD) **1.00pm** Forensics (S) (AD) (HD) **2.00** Killer in My Village (S) (HD) **3.00** Most Evil Killers (S) (AD) (HD) **5.00** The Real Manhunter (S) (HD) **6.00** Killer in My Village (S) (HD) **7.00** Most Evil Killers (S) (AD) (HD) **9.00** New. Forensics (S) (HD) **10.00** How I Caught the Killer (S) (HD) **11.00** Most Evil Killers (S) (AD) (HD) **12** midnight Forensics: Catching the Killer (S) (AD) (HD) **1.00am** Snapped (HD) **2.00** Killer in My Village (S) (HD) **3.00** The Killer Within (S) (HD) **4.00** 911 Crisis Centre (S) (HD) **5.00-6.00am** Motorway Patrol (S)

Sky Crime Sky 122 Virgin 121 BT 349/HD 364 +1 Sky 222 Virgin 164

## Gold



**Harry Enfield and Chums** 9.50pm  
Kevin the teenager

**7.30am** The Fosters **8.00** Keeping Up Appearances (S) (AD) **8.40** My Hero (S) **9.20** Are You Being Served? (S) **10.00** Porridge (S) **10.40** Last of the Summer Wine (S) **12** noon Keeping Up Appearances (S) (AD) **12.40pm** My Hero (S) **1.20** Dad's Army (S) **2.00** Porridge (S) **2.40** Are You Being Served? (S) **3.20** Last of the Summer Wine (S) **4.40** Dad's Army (S) **5.20** Keeping Up Appearances (S) (AD)

**6.00pm** Are You Being Served? Mr Humphries catches a disease. (S)

**6.40** Dad's Army An enemy aircraft ditches in a reservoir (S) **7.20** The men use their ammunition to shoot at a passing aircraft. (S)

**8.00** Only Fools and Horses Del is invited to a school reunion. (S) (AD)

**9.10** Bottom (S) (AD)

**9.50** Harry Enfield and Chums Featuring the Camp Jockeys and Kevin the teenager. (S) (AD)

**10.30** I'm Alan Partridge The radio host meets his biggest fan. **11.10** Alan's career takes an upturn.

**11.50** Murder, They Hope Terry meets an old friend. (S) (AD) (HD)

**12.50am** Bottom (S) (AD) **1.30** Harry Enfield and Chums (S) (AD) **2.15** I'm Alan Partridge **2.50** Hold the Sunset (AD) (HD) **3.20-4.00am** The Rebel (S) (AD) (HD)

Gold Sky 110 (Wales 111) Virgin 124 BT 344/HD 359 +1 Sky 210 (Wales 211) Virgin 194

## Sky Comedy

**8.00am** Futurama (S) (HD) **9.00** Everybody Hates Chris (S) (HD) **10.00** Sex and the City (S) (HD) **11.15** House of Lies (S) (HD) **12.30pm** Fresh Prince of Bel-Air (S) (HD) **1.30** Modern Family (S) (HD) **2.30** The Office US (S) (HD) **3.00** Will & Grace (S) (AD) **4.00** The Conners (S) (HD) **4.30** Futurama (S) (HD) **5.00** The Office US (S) (HD) **5.30** Fresh Prince of Bel-Air (S) (HD) **6.30** Futurama (S) (HD) **7.30** The Office US (S) (HD) **8.00** New. The Conners (S) (HD) **8.30** The Office US (S) (HD) **9.00** Sex and the City (S) **10.00** Code 404 (S) (AD) (HD) **10.30** New. Late Late Show with James Corden (HD) **11.30** New. Tonight Show Starring Jimmy Fallon (HD) **12.30am** Carters Get Rich (S) (AD) (HD) **1.30** Sex and the City (S) (HD) **2.00** New. Young Rock (HD) **2.30** House of Lies (S) (HD) **3.35** Modern Family (S) (HD) **4.00-5.00am** Everybody Hates Chris (S) (HD)

Sky Comedy Sky 114 (Wales 115) Virgin 112 BT 347/HD 362

## Comedy Central

**8.00am** My Wife and Kids (S) (HD) **9.00** The Middle (S) (HD) **10.00** Last Man Standing (S) (HD) **12** noon Friends (S) (AD) (HD) **9.00pm** South Park: six episodes. The boys go on a skiing holiday **9.30** The gang get their hands on a cache of martial arts weapons **10.00** New series. The return of the satirical animation **10.30** Cartman disguises himself as a Japanese robot **11.00** Paris Hilton arrives in town to open a store selling memorabilia of herself **11.30** Cartman suffers from "Gingivitus" (S) (HD) **12** midnight South Park (S) (HD) **2.30am** The Ren & Stimpy Show (S) **3.00** Beavis and Butt-Head **3.20** Fugget about It (S) **3.45** New. The Daily Show **4.15-5.00am** Friends (S) (AD) (HD)

Comedy Central Sky 112 (Wales 113) Virgin 181/HD 132 BT 345/HD 360 +1 Sky 212 (Wales 213) Virgin 133

## Alibi



**Murdoch Mysteries** 9.00pm  
Nina Bloom (Erin Agostino)

**7.10am** Murdoch Mysteries (S) (HD) **9.00** Hudson & Rex (S) (AD) (HD) **10.00** Unforgettable (S) (HD) **11.00** Person of Interest (HD) **12** noon Major Crimes (S) (HD) **1.00pm** Death in Paradise (S) (AD) (HD) **2.00** Murdoch Mysteries (S) (HD) **4.00** Hudson & Rex (S) (AD) (HD) **5.00** Unforgettable (S) (HD)

**6.00pm** Without a Trace 2/23 Series 3. A fugitive disappears on a country road. (HD)

**7.00** Person of Interest 6/22 Series 2. The Machine directs Reese to a shop owner, whose former associates want him to return to being a safe-cracker. (HD)

**8.00** Death in Paradise 5/8 Series 4. A singer is electrocuted in a swimming pool. (S) (AD) (HD)

**9.00** New. **Murdoch Mysteries** **Ep 4** Series 16. Murdoch investigates the murder of a man found dead outside a burlesque show. See page 91. (HD)

**10.00** My Life Is Murder 4/10 Series 2. Alexa must deal with her own history when she investigates the mysterious murder of a museum curator. (S) (HD)

**11.00** Without a Trace As 6pm. **12** midnight Hudson & Rex (S) (AD) (HD) **1.00am** Major Crimes (S) (HD) **2.00-4.00am** Why Women Kill: two editions (S) (AD) (HD)

Alibi Sky 109 (Wales 110) Virgin 126 BT 343/HD 358 +1 Sky 209 (Wales 210) Virgin 191

## Discovery

**6.00am** Wheeler Dealers (S) (AD) (HD) **7.00** Deadiest Catch (S) (HD) **9.00** Railroad Alaska (S) (HD) **10.00** How Do They Do It? (S) (HD) **11.00** Wheeler Dealers (S) (AD) **12** noon Salvage Hunters (S) (AD) (HD) **1.00pm** Gold Rush (S) (HD) **3.00** Building Off the Grid (S) (HD) **4.00** Alaska: Homestead Rescue (S) (HD) **5.00** Wheeler Dealers (S) (HD) **6.00pm** Salvage Hunters (S) (HD) **7.00** Kindig Customs (S) (HD) **8.00** Outback Truckers (S) (HD) **9.00** New. Ed Stafford: First Man Out: two challenges in Kenya's Rift Valley (HD) **10.00** Naked and Afraid XL (HD) **11.00** Naked and Afraid (S) (HD) **12** midnight Combat Dealers (S) (HD) **1.00am** Ed Stafford: First Man Out (HD) **2.00** Naked and Afraid XL (HD) **3.00** Moonshiners (S) (HD) **4.00-5.00am** Wheeler Dealers (S) (AD) (HD)

Discovery Sky 125 Virgin 250 BT 320/HD 325 +1 Sky 225 Virgin 258

## Discovery History

**6.00am** Nasa's Unexplained Files (S) **7.00** How the Universe Works **8.00** Ultimate Warfare (S) **9.00** Combat Dealers (S) **10.00** Unexplained and Unexplored (S) **11.00** Tony Robinson's VE Day: Minute by Minute (S) **12** noon Nasa's Unexplained Files (S) **1.00pm** Expedition Unknown **2.00** Greatest Events of World War II (S) **3.00** Tut's Buried Secrets (S) (AD) **4.00** Mysteries at the Museum **5.00** Ultimate Warfare (S) **6.00** How the Universe Works **7.00** Expedition Unknown **8.00** Combat Dealers (S) **9.00** UFO Witness (S) **10.00** How the Universe Works (S) **11.00** Lost World of the Colosseum (S) (AD) **12** midnight Combat Dealers (S) (AD) **2.00am** UFO Witness (S) **3.00** as 2pm **4.00-5.00am** as 3pm

Discovery History Sky 177 Virgin 257 +1 Sky 277 Virgin 261



## Sky Documentaries



**The Slow Hustle** 11.00pm  
Sean Suiter's widow, Nicole

**6.00am** Harrow: a Very British School (S) (AD) **7.00** Discovering: Clark Gable (S) (AD) **8.00** The Directors (S) **9.00** Catch and Kill: the Podcast Tapes (S) (AD) **10.05** The Movies (S) (HD) **11.00** McMillion\$ (S) (AD) **12 noon** **FILM** Bo66y ★★☆☆ (S) (AD) (W) **2.00pm** Pantani: the Accidental Death of a Cyclist (S) **4.00** The Directors (S) **5.00** Discovering: Clark Gable (S) (AD)

**6.00pm** **Catch and Kill: the Podcast Tapes** Rowena Chiu speaks out about her experiences with Harvey Weinstein. (S) (AD) **6.30** Rich McHugh discusses producing the story with Ronan Farrow at NBC News. (S) (AD)

**7.05** **The Movies** Hits that became cult classics in the 1980s. (S) (HD)

**8.00** **McMillion\$** Jerome Jacobson scouts for new recruits and the FBI learn more about Uncle Jerry's middlemen. (S) (AD)

**9.00** **Sergio Leone: the Italian Who Invented America** Documentary paying homage to the legendary Italian director.

**11.00** **The Slow Hustle** The story of the unsolved death of Baltimore police detective Sean Suiter. (S) (AD)

**12.50am** I Am Duran (S) (AD) **2.35** Steve Jobs: the Man in the Machine (S) **5.00–6.00am** Discovering: Clark Gable (S) (AD)

**Sky Documentaries** Sky 121  
Virgin 277 BT 352/HD 367

## Nat Geographic

**8.00am** Food Factory (S) (HD) **9.00** Air Crash Investigation (S) (AD) **10.00** Car SOS (S) (AD) **11.00** Ice Road Rescue (HD) **12 noon** Nazi Megastructures (S) (HD) **1.00pm** Ancient X Files (AD) (HD) **2.00** The American Revolution: Drain the Oceans (S) (AD) (HD) **3.00** Top Ten Natural Disasters (HD) **5.00** Worst Weather Ever? (HD) **6.00** Lost Treasures of Egypt (HD) **7.00** Air Crash Investigation (S) (AD) **8.00** Car SOS (S) (AD) (HD) **9.00** **New** Wicked Tuna: Outer Banks Showdown: Little Shell's gyro breaks loose (HD) **10.00** Alaska: the Next Generation (S) (HD) **11.00** Air Crash Investigation (S) (HD) **12 midnight** Banged Up Abroad (S) (HD) **1.00am** Drugs Inc (HD) **2.00** Money Meltdown (HD) **2.30** Food Factory (S) (HD) **4.10** When Sharks Attack (HD) **4.35–5.00am** America's Wild Spaces (HD)

**Nat Geographic** Sky 129 Virgin 266  
+1 Sky 229 Virgin 267

## Sky History

**6.00am** Forged in Fire (HD) **7.00** Storage Wars (HD) **8.00** American Pickers (HD) **9.00** Pawn Stars (HD) **10.00** Mountain Men (HD) **11.00** Walking through History (HD) **12 noon** Mountain Men (HD) **1.00pm** Secrets in the Ice (HD) **2.00** Ancient Aliens (HD) **3.00** Deep Water Salvage (HD) **4.00** Storage Wars **5.00** Pawn Stars (HD) **6.00** American Pickers **7.00** Forged in Fire (HD) **8.00** **New** Pawn Stars (HD) **9.00** **New** Colosseum: Ignatius refuses to pledge his allegiance to the emperor (HD) **10.00** Roman Vice (HD) **12 midnight** Historic Hauntings (HD) **1.00am** Pawn Stars (HD) **2.00** Walking through History (HD) **3.00** Storage Wars (HD) **4.00** Secrets in the Ice (HD) **5.00–6.00am** Ancient Aliens (HD)

**Sky History** Sky 123 Virgin 270  
BT 353/HD 368 +1 Sky 223 Virgin 271

## Sky Nature



**Shadowlands** 8.00pm  
Young seals in New Zealand

**6.00am** Wild Tales from the Farm (S) (AD) **7.00** Monkey Life (S) (HD) **8.00** Baby Animals (S) (HD) **9.00** Gangs of Baboon Falls (S) (HD) **10.00** Nomads of the Serengeti (S) **11.00** Arabian Inferno (S) (HD) **12 noon** Hope for Wildlife (S) (HD) **1.00pm** Monkey Life (S) (HD) **2.00** Baby Animals (S) (HD) **3.00** Gangs of Baboon Falls (S) (HD) **4.00** Nomads of the Serengeti (S) (HD) **5.00** Arabian Inferno (S) (HD)

**6.00pm** **Hope for Wildlife** A fisherman's illegal catch provides a feast for Hope's patients. (S) (HD)

**7.00** **Monkey Life** The staff bid farewell to a marmoset. (S) (HD) **7.30** Rescuing four marmosets in the West Midlands. (S) (HD)

**8.00** **Shadowlands** Following whales, dolphins and seals as they strike out on their own. (S) (AD) (HD)

**9.00** **Valley of Flood and Fire** It's the end of November, and the rains have begun. (S) (HD)

**10.00** **Arabian Inferno** The wildlife that gathers around the vital desert waterholes. (S) (HD)

**11.00** **Hope for Wildlife** As 6pm.

**12 midnight** Wildlife ER (S) **1.00am** Wildlife Rescue New Zealand (S) (AD) **2.00** Shadowlands (S) (AD) (HD) **3.00** Valley of Flood and Fire (S) **4.00** Baby Animals (S) **5.00–6.00am** Gangs of Baboon Falls (S) (HD)

**Sky Nature** Sky 124 Virgin 278  
BT 354/HD 369

## Eden

**9.00am** Rescued Chimpanzees of the Congo (HD) **10.00** Conquerors (HD) **11.00** as 6pm **11.30** Yellowstone Journals (HD) **12 noon** Forbidden History (AD) (HD) **2.00pm** Rescued Chimpanzees of the Congo (HD) **3.00** Wild Colombia (AD) (HD) **5.00** Conquerors (HD) **6.00** Attenborough's Natural Curiosities (AD) (HD) **6.30** Yellowstone Journals (HD) **7.00** Forbidden History (AD) (HD) **8.00** Rescued Chimpanzees of the Congo (HD) **9.00** Wild Colombia (AD) (HD) **10.00** as 6pm **10.30** Yellowstone Journals (HD) **11.00** Conquerors (HD) **12 midnight** Forbidden History (AD) (HD) **1.00am** Rescued Chimpanzees of the Congo (HD) **2.00** Conquerors (HD) **3.00** as 6pm **3.25** Yellowstone Journals (HD) **3.50** Wild Colombia (AD) (HD) **4.40** Forbidden History (AD) (HD) **5.30–6.00am** as 6pm

**Eden** Sky 166 Virgin HD 245  
+1 Sky 266 Virgin 246

## Animal Planet

**8.00am** Animal Cribbs (S) (HD) **9.00** Dodo Heroes (S) (AD) (HD) **10.00** Bad Dog! (S) (HD) **11.00** Alaska: Homestead Rescue (S) (HD) **12 noon** Animal Cribbs (S) (HD) **1.00pm** Dodo Heroes (S) (AD) **2.00** Killer Whales **3.00** Man-Eating Super Squid (S) (HD) **4.00** Dogs 101 (S) (HD) **5.00** Alaska: Homestead Rescue (S) (HD) **6.00** Animal Cribbs (S) (HD) **7.00** Dodo Heroes (S) (AD) **8.00** Project Grizzly (S) (HD) **10.00** Alaskan Bush People: a family survives in the wilderness (S) (HD) **11.00** From Wags to Riches (S) (HD) **12 midnight** Pit Bulls and Parolees: Tia's Tales (S) (HD) **1.00am** Alaskan Bush People (S) (HD) **2.00** Dogs 101 (S) (HD) **3.00** Alaska: Homestead Rescue (S) (HD) **4.00–5.00am** Animal Cribbs (S) (HD)

**Animal Planet** Sky 162 (NI 178) Virgin 251  
+1 Sky 262 (NI 278) Virgin 259

## SPORT

### Sky Main Event

Sky 401 Virgin 511/HD 501 BT 420/HD 440

**5.30am** **LIVE** **European Tour** Golf Day one of the Singapore Classic from Laguna National. **10.30** The Football Show **12 noon** Good Morning Football **3.00pm** **LIVE** **SA20 Cricket** The second semi-final from SuperSport Park, Centurion. **7.00** **LIVE** **Premier League Darts** Night two from Cardiff. **10.30** **LIVE** **PGA Tour Golf** Day one of the Phoenix Open from TPC Scottsdale, Arizona. **12 midnight–5.30am** **LIVE** **NBA** Brooklyn Nets v Chicago Bulls; **3.00am** Los Angeles Lakers v Milwaukee Bucks (tip-off 3.00).

### Sky Football

Sky 405 Virgin 515/HD 505 BT 424/HD 444

**6.00am** League Cup Retro **8.45** EFL Greatest Games (AD) **10.00** League Cup Retro (AD) **12 noon** Women's Super League **12.30pm** League One and Two Goals **1.00** Championship Highlights **1.30** WSL **2.00** League One and Two Goals **2.30** Soccer AM **3.00** German Football: round-up **4.00** Championship Highlights **4.30** League One and Two Goals **5.00** Greatest Games **5.30** Women's Football Weekly **6.00** German Football **6.30** Inside the WSL **7.00** Women's Championship Show **7.30** Women's Football Weekly **8.00** Scottish Premiership **8.30** League One and Two Goals **9.00** German Football **9.30** Inside the WSL **10.00** Women's Championship Show **10.30** Women's Football Weekly **11.00** EFL Greatest Games **12 midnight** League Cup Retro (AD) **1.00–6.00am** SPFL Greatest Games

### Sky Golf

Sky 405 Virgin 515/HD 505 BT 424/HD 444

**5.30am** **LIVE** **European Tour** Golf Day one of the Singapore Classic from Laguna National. **10.30** PGA Tour: the Cut **11.00** PGA Tour Golf **12 noon** Chronicles (AD) **12.30pm** PGA Tour: the Cut **1.00** European Tour: Singapore Classic **3.00** **LIVE** **PGA Tour Golf** Day one of the Phoenix Open from TPC Scottsdale, Arizona. **12 midnight** European Tour **12.15am** The Improvers (AD) **12.30** PGA Tour Golf **1.30** Roots **2.00** European Tour **2.15** PGA Tour Golf **2.30** Chronicles (AD) **3.30** European Tour **3.45** PGA Tour Golf **4.00** Chronicles **5.00** PGA Tour **5.15–5.30am** European Tour

### Eurosport 1

Sky 410 Virgin 521 BT 412/HD 435

**6.00am** Cycling: highlights **7.00** Cyclo-Cross **8.00** Alpine Skiing **10.15** **LIVE** **Alpine Skiing** World Championships, men's super-G. **12.45pm** Skiing **1.00** Snooker **3.00** Alpine Skiing **4.00** Cycling **5.00** **LIVE** **Cycling** European Track Championships, day two. **8.30** Alpine Skiing **9.30** Olympic Games **9.30** Tennis **11.00** Cycling **12 midnight** Alpine Skiing **2.00am** Cycling **3.00** Snooker **5.00** Sailing **5.30–6.00am** Discovery Golf

### Eurosport 2

Sky 411 Virgin 522 BT 413/HD 436

**6.00am** Snooker: Welsh Open **8.00** Dakar Rally **9.00** Cycling **10.55** **LIVE** **Cycling** The first stage of the Women's UAE Tour. **12.30pm** Golf **1.00** Formula E **2.00** Speedway **3.00** Cycling **4.00** Alpine Skiing **5.00** Ski Jumping **6.00** Snooker **8.00** Formula E **9.00** Motorcycle Live **10.00** Alpine Skiing **12 midnight** Motor Racing **1.00am** Cycling **2.00** Alpine Skiing **4.00** Cycling **5.00–6.00am** Cyclo-Cross



**Premier League Darts**  
7.00pm **Sky Arena** Will it be a home win for Gerwyn Price?

### Sky Premier League

Sky 402 Virgin 512/HD 502 BT 421/HD 441

**6.00am** Greatest Games **7.00** Premier League Highlights **7.30** Legends **8.00** Best Goals **9.00** Highlights **9.30** 100 Club **10.00** The Football Show **12 noon** Highlights **12.30pm** Soccerbox (AD) **1.00** Premier League Years (AD) **3.00** Greatest Games **4.00** Best Goals (AD) **5.00** Highlights **5.30** 100 Club **6.00** Legends: double bill (AD) **7.00** The Big Interview **7.30** Stories **8.00** Soccerbox **9.00** The Big Interview **9.30** Stories **10.00** Highlights (AD) **10.30** Icons (AD) **10.30** Retro **12.30am** Icons **1.00** Premier League Years **3.00** Greatest Games **4.00** Best Goals **5.30–6.00am** 100 Club

### Sky Cricket

Sky 404 Virgin 514/HD 504 BT 423/HD 443

**6.00am** SA20 Cricket **10.00** Women's World T20 **11.05** SA20 Highlights **12 noon** Women's International T20 Highlights **1.00pm** Pakistan Super League **2.00** SA20 Highlights **3.00** **LIVE** **SA20 Cricket** The second semi-final from SuperSport Park, Centurion. **7.30** Best of the Women's World T20 **8.35** SA20 Highlights **12.25am** Best of the Women's World T20 **1.00** SA20 Cricket **5.00–6.00am** Best of the Women's World T20

### Sky NFL

Sky 407 Virgin 517/HD 507 BT 426/HD 446

**6.00am** America's Game (AD) **7.00** Highlights **8.00** Super Bowl Preview **8.30** NFL Bitesize **9.30** Super Bowl LV (AD) **11.30** Super Bowl Preview **12 noon** Good Morning Football **3.00pm** Pro Bowl Skills Showdown **4.30** Super Bowl Preview **5.00** NFL Bitesize **5.30** NFL Highlights **6.00** Pro-Football Talk **8.00** Gameday **8.30** NFL Bitesize **9.00** Super Bowl Preview **9.30** America's Game (AD) **10.30** Super Bowl Preview Show **11.00** Super Bowl Media Day **12 midnight** Total Access **1.00am** Super Bowl Preview **1.30** Gameday **2.00** The NFL Honors **4.00** Super Bowl Preview Show **4.30** NFL Bitesize (AD) **5.30–6.00am** Gameday

### Sky Arena

Sky 408 Virgin 518/HD 508 BT 427/HD 447

**6.00am** NRL: highlights **7.00** **LIVE** **NRL** New Zealand Warriors v Wests Tigers, a pre-season match (kick-off 7.00). **9.00** Women's Super League **10.00** Netball **12 noon** The Darts Show **1.00pm** Premier League Darts **4.30** NBA **6.30** NBA on Fire **7.00** **LIVE** **Premier League Darts** Night two from Cardiff. **10.30** NBA **11.00** NBA Classics **12 midnight** **LIVE** **NBA** Brooklyn Nets v Chicago Bulls at Barclays Center (tip-off 12.30am); **3.00am** Los Angeles Lakers v Milwaukee Bucks (tip-off 3.00). **5.30–6.30am** Inside the NBA

### BT Sport 1

Sky 413 Virgin 527 BT 408/HD 430

**6.00am** ESPN FC **6.30** BT Sport Goals Reload **7.00** Premier League Reload **7.15** Wrestling **9.00** What Went Down (AD) **9.30** ILT20 Cricket **10.00** National League Football **12 noon** The Rugby's On (AD) **1.00pm** **LIVE** **Darts** Day one of the World Seniors Championship, from the Circus Tavern, Purfleet. **5.00** ESPN FC Presents: Gab & Juls **6.00** Serie A: Full Impact **6.30** French Football **7.00** **LIVE** **Darts** Day one of the World Seniors Championship. **11.00** UFC Fight Camp **11.30** UFC Connected **12 midnight** UFC Countdown (AD) **1.00am** French Football **1.30** The Rugby's On (AD) **2.30** Premier League Legends (AD) **3.00** UFC Connected **3.30** UFC Countdown (AD) **4.30** UFC Fight Camp **5.00** French Football **5.30–6.00am** ESPN FC Presents: Gab & Juls

### BT Sport 2

Sky 414 Virgin 528 BT 409/HD 431

**6.00am** Champions League Football **7.00** ILT20 Cricket **7.30** French Football **8.30** Champions League Football **1.00pm** BT Sport Reload (AD) **1.30** ILT20 Cricket: highlights **2.00** **LIVE** **ILT20 Cricket** Coverage of the Eliminator match from Sharjah Cricket Stadium. **5.45** What I Wore **6.00** Premier League Legends (AD) **6.30** The Rugby's On (AD) **7.30** Australian Football **8.00** Premier League Stories (AD) **8.30** Premier League Reload **8.45** BT Sport Reload (AD) **9.00** UFC Countdown (AD) **10.00** **LIVE** **Super Smash T20 Cricket** Women's Elimination final; **1.30am** Men's Elimination final. **5.00** BT Sport Reload (AD) **5.30–6.00am** BT Sport Goals Reload

### BT Sport 3

Sky 417 Virgin 529 BT 410/HD 432

**6.00am** Italian Football: the best action from eight Serie A matches **2.00pm** Champions League Football **4.00** EuroCup Basketball **5.00** Badminton (AD) **5.15** BT Sport Reload (AD) **5.30** World Rally (AD) **6.00** **LIVE** **World Rally** Day one of Rally Sweden from Umea. **7.00** ESPN FC Presents: Gab & Juls **7.30** Champions League Magazine **8.00** French Football **8.30** Serie A: Full Impact **9.00** Wrestling **10.00** Premier League: the Big Interview (AD) **10.30** ESPN FC Presents: Gab & Juls **11.00** EuroCup Basketball **12 midnight–6.00am** **LIVE** **Basketball** A US college triple bill, starting with Purdue Boilermakers v Iowa Hawkeyes (tip-off 12.00); **2.00am** Gonzaga Bulldogs v San Francisco Dons (tip-off 2.00); **4.00** Oregon Ducks v USC Trojans (tip-off 4.00).

### BT Sport 4

Sky 423 Virgin 530 BT 411/HD 434

**6.00am** SportsCenter **6.15** Around the Horn **6.45** Pardon the Interruption **7.15** SportsCenter **7.30** ESPN FC **8.00** Basketball: two games **11.30** Reload **11.45** SportsCenter **12 noon** ESPN FC **12.30pm** Around the Horn **1.00** Pardon the Interruption **1.30** Basketball **5.00** Wrestling **9.00** Dream On **12 midnight** SportsCenter **12.15am** Around the Horn **12.45** Pardon the Interruption **1.15** UFC **1.45** Fight Week **2.15** SportsCenter **2.30** ESPN FC **3.00** Around the Horn **3.30** Pardon the Interruption **4.00** Gymnastics **5.30–6.00am** The Deal

### Amazon Prime

**11.00am** **LIVE** **WTA Tennis** Day four of the Abu Dhabi Open from the United Arab Emirates.



# Friday

## DRAMA Hotel Portofino

9.00pm **ITV1** Catch up via **ITVX**.  
Full series available now on  
**BritBox/ITVX Premium**

For all their fine trappings, half the guests at the Italian hotel seem to be financially strapped and happy to double-cross others if it makes a bob or two. We already know that Cecil (Mark Umbers) is a bounder who'll cheerfully steal cash from his own wife, but has he met his match in the hotel's wheeler-dealer guest Jack (Adam James)? Then there's the tennis pro who makes quite the entrance when he and his wife arrive in Portofino but who may not be as wealthy as you'd expect.

Meanwhile, as well as facing unpaid bills and a lack of essential food supplies, Bella (Natascha McElhone) is also being politely pressured by that snake-in-the-grass Danioni (Pasquale Esposito). It's clear the fascists are increasingly making their presence felt in the area.

Still, the sun is shining, the scenery is spectacular, the costumes are sumptuous and love is in the air – especially for Lucian (Oliver Dench), the handsome young man every woman has their eye on.

**JANE RACKHAM**

**ARTIST'S EYE**  
What (or who) is catching the attention of Lucian (Oliver Dench)?

## SOAP EastEnders

7.30pm (8.00pm Wales, N Ireland)  
**BBC1** Catch up via **iPlayer**

I'd never say this to his face, but might it be time for Phil Mitchell to hang up his baseball bat and bomber jacket and stop fighting for supremacy on the Square? Isn't he tired of breathing so heavily and issuing threats in that staccato. Angry. Way of his? Put your feet up, Phil. Watch a bit of *Bangers and Cash*.

Obviously, this isn't likely to happen – not when there's a turf war to wage against the Panesars, and newcomer Nish in particular. This evening, however, there is hope, as Phil is about to sit down for lunch with his rivals to discuss business. Though my suspicion is that you'd need a negotiator with the nous of Henry Kissinger to sort this one out.

**DAVID BROWN**

## PANEL SHOW Would I Lie to You?

8.00pm (not Scotland, 11.30pm Wales, N Ireland) **BBC1**  
Catch up via **iPlayer**

Just hearing the name Bob Mortimer mentioned is enough to make David Mitchell mutter despairingly, "Oh mother of God, no!" The comedian is David's nemesis, having tormented him with his meandering tall tales every time he's appeared on this show. And Mortimer doesn't disappoint now. He has some surreal (and unbelievable-sounding) stories about winning someone's appendix in a bet and losing his front teeth that leave Mitchell almost weeping in confusion as he tries to work out whether they're true or false.

Meanwhile DJ Snoochie Shy's tale about Stevie Wonder sets Lee Mack and Rob Brydon off on a string of puns using his song titles. **JR**

## PROPERTY Amanda and Alan's Italian Job

8.30pm **BBC1** Catch up via **iPlayer**  
You may have thought that Amanda Holden's mirror ball in the bathroom a couple of weeks ago was borderline blingy but she's now planning a glamorous "banana-leaf boudoir" in the crumbling Sicilian apartment she's bought for one euro.

Alan Carr's main concern is that the effect is going to be less Hollywood and more Cricklewood. However, he leaves her to get on with the decorating, not only because he hasn't got a clue what he's doing but because he needs some "me time". Apparently, he's barely sat down since they arrived.

There's the usual banter and laughter in between the odd spot of DIY before the big cushion-plumping reveal. **JR**

## DRAMA Death in Paradise

9.00pm **BBC1** Catch up via **iPlayer**

Every good *Death in Paradise* fan knows when a dead body will be discovered. Seconds before that dopamine hit of a theme tune kicks in, right? But DI Parker (Ralf Little) is also ahead of the game this week, thanks to the delivery of an anonymous letter that reads, "A murder will be committed today". And, sure enough, a corpse is soon found, that of a water taxi driver who's been pulled from the ocean.

What's also unusual is the way that Neville, at an early stage in the investigation, zeroes in with Columbo-like certainty on who he believes the killer to be. Rather than being a whodunnit, this almost feels like a cat-and-mouse thriller – and one with higher stakes than you'd find in a regular episode. **DB**



## ALSO ON TODAY

### Kate Bush at the BBC

From 9.00pm **BBC4**  
Following her *Stranger Things* re-emergence, an evening celebrating the talented singer-songwriter (right).



### Willie Nelson and Wynton Marsalis: Live at the Lincoln Center, New York

9.30pm **Sky Arts**  
Country meets jazz as the two legends unite for a special concert.

### The Graham Norton Show

10.40pm **BBC1**  
An international line-up this week, with Salma Hayek, Julianne Moore, Johannes Radebe and Shania Twain.

## PANEL SHOW QI XL

9.00pm **BBC2** Catch up via iPlayer

How long would you survive in the glorious cat revolution? It's not a question you're likely to have pondered before watching this, but it's hard to avoid thinking about once Bridget Christie brings up her secret survival plan. The oddest thing is that the hard-facts question that actually sparked this discussion was about... the Thames tunnel built by Isambard Kingdom Brunel's father. Such are the flights of fancy this long-running series still delivers every week.

Following Christie down the trivia rabbit hole are fellow guests Sara Pascoe, Deborah Frances-White and regular panellist Alan Davies, and all have a moment to shine. But the real star of the show is, as ever, the format itself. **HUW FULLERTON**

## PANEL SHOW Jon and Lucy's Odd Couples

9.00pm **C4** Catch up via All 4

Jon Richardson and Lucy Beaumont invite two more celebrity couples to go head to head in a sequence of relationship-testing (and potentially divorce-risking) challenges. In this penultimate episode, TV presenter Ore Oduba and his wife Portia take on Anglo-Canadian comedian couple Harriet Kemsley and Bobby Mair.

Can they pack a car for a holiday without arguing? How well do they know each other's wardrobes? Which couple has ongoing beef about teaspoons and toilet paper? Who called whom by the wrong name in the bedroom? And who had an unfortunate mishap while shaving a dog? Riotous, relatable honesty ensues. **MICHAEL HOGAN**

## DRAMA The Wall: Cover Your Tracks

9.00pm, 10.00pm

**More4** Catch up via All 4

**NEW SERIES**  
The remote mining settlement of Fermont, where this French-Canadian crime drama is set, is truly grim. But if sub-zero temperatures, constantly changing inhabitants and prowling wolves weren't enough to contend with, a young woman's decomposing body – with a Chinese mask glued to her face – is found in a heating duct.

Sergeant Céline Trudeau (Isabel Richer) is dispatched from the big city to help out local cop Alex Thèberge (Alexandre Landry) and they quickly make a connection to a death three years earlier. There are the inevitable twists and turns but it's the setting that makes this so chilling. **JR**

## LIVE SPORT



### Championship Football Birmingham City v West Bromwich Albion

7.30pm (k/o 8pm) **Sky Football**,  
8pm **Sky Main Event**

Struggling Birmingham will look to in-form goalkeeper John Ruddy (above) in this tasty-looking local derby.

### Serie A Football AC Milan v Torino

7.30pm (k/o 7.45pm) **BT Sport 1**  
Top Italian action from the San Siro.

### Ski Jumping

10pm **Eurosport 1**  
Coverage of the World Cup meeting at Lake Placid.

## FILM OF THE DAY



### Memento ★★★★★ 15

11.05pm **BBC2**

Guy Pearce's (above) search for his wife's killer is hampered by his short-term memory loss, and director Christopher Nolan helps us appreciate the difficulties he faces by deliberately messing with the chronology of events in this memorable thriller. (2000)

**FILM REVIEWS**  
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**HIT MACHINE**  
Sam Smith wows the audience at the Royal Albert Hall

## MUSIC

### Sam Smith Live at the Royal Albert Hall

11.30pm (12 midnight Wales, N Ireland, 12.30am Scotland) **BBC1**  
Catch up via iPlayer

Oscar- and Grammy-winning singer-songwriter Sam Smith may have only turned 30 last year, but the honey-voiced vocalist now has a decade of hits behind them. Smith's global popularity is truly remarkable, with 30m more Spotify listeners each month than Adele, while rambunctious recent single *Unholy* became their first US chart-topper.

The broadcast of this special show coincides with the release of new album *Gloria*. Filmed last October, it sees Smith joined by a full choir and string orchestra for a playlist spanning all four of Smith's albums, from breakthrough ballad *Stay with Me* to dramatic Bond theme *Writing's on the Wall*. Smith is nominated for two gongs at tomorrow night's Brit Awards. This celebratory set shows why they'd be a worthy winner. **MH**



# FRIDAY Main Channels

## DAYTIME

### BBC1

**6.00am Breakfast** Naga Munchetty, Charlie Stayt. (S) (HD)  
**9.15 Morning Live** Topical magazine show, presented by Jeanette Kwakye and Rav Wilding. (S) (HD)  
**10.00 24/7 Pet Hospital** Labrador Bilko is rushed in with an extreme allergic reaction. (S) (AD) (HD)  
**10.30 Claimed and Shamed** A serving police officer gets involved in a claim for bikes that don't exist. (S) (HD)  
**11.15 Homes under the Hammer** The progress of lots in County Durham, Derby and Seaford. (R) (S) (AD) (HD)  
**12.15pm Bargain Hunt** Eric Knowles presents from Newark Showground in Nottinghamshire. (S) (AD) (HD)  
**1.00 BBC News Regional News; Weather** (S) (HD)  
**1.45 Father Brown 6/10 Series 10.** A royal visit is jeopardised when a body is recovered. (S) (AD) (HD)  
**2.30 The Farmers' Country Showdown** Sheep farmers Tim and Tanya have a shot at selling their vodka at Blenheim Palace Food Festival. (Revised rpt) (S) (HD)  
**3.00 Escape to the Country** Jules Hudson helps a London couple find a new home in Derbyshire with a music room and a dog-friendly garden. (R) (S) (AD) (HD)  
**3.45 The Repair Shop** The team restores a puppet, a camera and an unusual timepiece. (R) (S) (AD) (HD)  
**4.30-5.15 Bridge of Lies** Quiz show. (S) (HD)

### BBC2

**6.15am Homes under the Hammer** Including properties in Lincolnshire. Shown Thu 11.15am BBC1 (S) (AD) (HD)  
**7.15 Bridge of Lies** Quiz. Shown Thu 4.30pm BBC1 (S) (HD)  
**8.00-9.00 Sign Zone Serengeti III 2/6.** In the aftermath of the great fire, the animals struggle to survive in an unrecognisable and inhospitable land. (R) (S) (AD) (HD)  
**9.00 BBC News** (S) (HD)  
**12.15pm Politics UK** Political proceedings. (S) (HD)  
**1.00 Hardball** Quiz hosted by Ore Oduba. (R) (S) (HD)  
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**2.15 Britain in Bloom** Chris Bavin heads to historic Oakham in Rutland, where the Bloomers have to cope with roadworks around the whole town. (R) (S) (HD)  
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**4.30-5.15 Coast and Country Auctions** A visit to Exeter Livestock Market. (R) (S) (HD)

### ITV1

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**2.00 Dickinson's Real Deal** David and the dealers visit Middlesbrough, where Stewart Hofgartner dips deep into his pocket for an ink stand. (R) (S) (AD) (HD)  
**3.00-4.00 Lingo** Suzannah and Simone, Phil and Deb, and Shosh and Dave compete in the word game. Adil Ray hosts. (R) (S) (HD) Followed by **Regional Weather**

### Channel 4

**6.10am Countdown** Jo Brand guests. (S) (HD)  
**6.50 3rd Rock from the Sun** Double bill. (R) (S) (AD)  
**7.40 The King of Queens** Triple bill. (R) (S) (AD) (HD)  
**9.00 Frasier** Triple bill of the US sitcom. (R) (S) (AD)  
**10.25 Undercover Boss USA** A Texas restaurant-chain boss goes under cover to find out if his business is operating efficiently. (R) (S) (HD) **11.25 News** (S) (HD)  
**11.30 Sarah Beeny's New Life in the Country** The family test out whether they have enough space to turn some of the land into a glamping site. (R) (S) (AD) (HD)  
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**3.00 A Place in the Sun** A couple search for their first property together in Torrevieja, Spain. (S) (HD)  
**4.00-5.00 A New Life in the Sun** In Italy, two Manchester foodies prepare a vegan banquet. Repeated 6pm 4seven (S) (HD)

## BBC1

1

### Death in Paradise

**9.00pm** In the dark: Neville is puzzled by who sent him an ominous letter



### 5.15pm Pointless

With Alexander Armstrong and Alex Brooker. (S) (HD)

### 6.00 BBC News Weather

### 6.30 Regional news magazines

**0 BBC SPORT ONLINE 6.50-9.00 U20 Six Nations** Coverage of England v Italy (kick-off 7.00), at [bbc.co.uk/sport](http://bbc.co.uk/sport)

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### 7.00 The One Show

Presented by Alex Jones and Ronan Keating. (S) (HD)

### 7.30 EastEnders

**RT** Nish is determined to reaffirm his position as head of the Panesar family empire. Lola realises she's spreading herself too thin. **See page 100.** Writer Natalie Mitchell Cast Monday/Thursday (S) (AD) (HD)

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### 8.00 Would I Lie to You?

**RT** 6/11. Munya Chawawa, Bob Mortimer, Professor Alice Roberts and Snoochie Shy join David Mitchell and Lee Mack to tell extraordinary personal tales of varying veracity. Rob Brydon hosts. **See p100.** Director Barbara Wiltshire; Series producer Adam Copeland (S) (HD)

### 8.30 Amanda and Alan's Italian Job

**RT** 6/8. Amanda aims to bring a slice of Hollywood to Sicily with a banana leaf-themed boudoir as she takes the reins designing the master bedroom. Alan is concerned that Amanda's outlook is on the wrong side of tacky, so she takes him to visit one of Palermo's most prestigious hotels, to show how exuberant decor has enticed high-profile guests. **See page 100.** Director Alex Mucadum; Executive producers Sanjay Singhal and Claire Walls (S) (AD) (HD)

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DI Neville Parker	Ralf Little	Catherine Bordy	Elizabeth Bourgive
Commissioner Selwyn Patterson	Don Warrington	Sophie Chambers	Chelsea Edge
	Shantol Jackson	Henry Baptiste	Solomon Israel
DS Naomi Thomas	Tahj Miles	David Cartwright	Patrick Kennedy
Officer Marion Pryce	Jake Dalton	Rose Dalton	Ben Tavassoli
Trainee Officer Darlene Curtis	Ginny Holder		Cara Theobold

Writer Patrick Homes; Series producer Candida Julian-Jones  
 Director Angie de Chastel Smith (S) (AD) (HD)

### 10.00 BBC News Regional News; Weather

### 10.40 The Graham Norton Show

Oscar-winner Julianne Moore discusses her part in psychological thriller *Sharper*. Salma Hayek, Johannes Radebe and Shania Twain also join the host. Director Toby Baker; Series producer Jon Magnusson (S) (HD)

### 11.30 Sam Smith Live at the Royal Albert Hall

**RT** The singer performs at the renowned London venue with a band, dancers, choir, orchestra and guest Kim Petras. Sam performs career-spanning songs, including international hits *Stay with Me*, *Dancing with a Stranger* and *I'm Not the Only One*, plus material from the new album *Gloria*. **See p101.** Director Paul Dugdale; Producer Simon Fisher (S) (HD)

**12.30am That's My Jam 7/8. RuPaul's Drag Race** stars Courtney Act and the Vivienne take on TV host and actress Ricki Lake and comedian and musician Reggie Watts. (R) (S) (HD)  
**1.30 Weather for the Week Ahead** (S) (HD)  
**1.35-6.00am BBC News** (S) (HD)

**BBC1** Freeview 1/HD 101 Freesat 101/HD 106 Sky 101 Virgin 101

## BBC2

2

### Robson Green's Weekend Escapes

**6.30pm** Things are getting hairy... Biker Si King teams up with the actor



### 5.15pm Flog It!

In Hull, Caroline Hawley finds a painting by Steven Dews while Nick Hull appraises 1970s jewellery. (R) (S) (HD)

### 6.00 Richard Osman's House of Games

Kae Kurd, Zoe Lyons, Andrew Hunter Murray and Kate Robbins face their final games. Director John Smith; Executive producer Tamara Gilder (R) (S) (HD)

### 6.30 Robson Green's Weekend Escapes

**15/15.** In his final North East adventure, the actor is joined by Hairy Biker Si King. As they take the scenic route north to Chillingham in Northumberland, the pair head out to visit the estate's famous wild cattle. With a shared interest in mental wellness, the duo sign up for an outdoor music session to explore the health benefits of group drumming. (S) (AD) (HD)

### 7.00 Cornwall with Simon Reeve

**1/2.** The adventurer visits coastal communities where he chats to characters such as the Taco Boys, who sell their home-made food on the beach. Like many young people in the region, though, they are forced by the precarious tourist economy to live in temporary digs. Later, Simon meets a woman living in a shed, who blames second-home owners for inflating house prices. Directors Chris Mitchell, Freddie Martin; Producer Mel Mackie (R) (S) (AD) (HD)

**0 BBC SPORT ONLINE 7.00-11.00 Darts** Live coverage of the World Senior Championships in Purfleet, at [bbc.co.uk/sport](http://bbc.co.uk/sport)

### 8.00 Your Garden Made Perfect

Mandy and Chris adore their Victorian home in Manchester but their garden is overlooked on all sides. Chris craves warmth while Mandy wants to be in the shade. Aiding them are designers Helen Elks-Smith and Pip Probert. Pip wants to explore alternative materials to create something unusual, while Helen believes the answer lies in understanding the flow of the space. Director Ollie Scarth-Saunders; Series producer Alice Almond (R) (S) (HD)  
**RT GARDENING** A winter-hardy shrub collection that boasts vibrant colours and an array of heights and textures: see page 143

### 9.00 QI XL

**RT** Host Sandi Toksvig discusses tubes and tubas with panellists Deborah Frances-White, Sara Pascoe, Bridget Christie and Alan Davies. **See p101.** Director Diccon Ramsay; Producer Piers Fletcher (S) (HD)

### 9.45 Live at the Apollo

Tez Ilyas welcomes Spring Day and Ignacio Lopez to the stage at London's Hammersmith Apollo, where they each offer their unique take on life. Last in series. Director Paul Wheeler; Series producer Anthony Caveney (S) (HD)

### 10.30 Newsnight

With Faisal Islam. (S) (HD)

### 11.00 Weather

### 11.05 Memento ★★★★★

**RT** Thriller. Leonard Shelby is determined to avenge the rape and murder of his wife, but is hampered by memory loss. Forced to record everything with notes, photos and even tattoos, Leonard's obsession leads him into a world where no one can be trusted. On iPlayer for 30 days. **Film of the Day: page 107.**

Leonard Shelby	Guy Pearce	Sammy Jankis	Stephen Tobolowsky
Natalie	Carrie-Anne Moss	Mrs Jankis	Harriet Sansom Harris
Teddy	Joe Pantoliano	Dodd	Callum Keith Rennie
Burt	Mark Boone Junior	Leonard's wife	Jorja Fox

Director Christopher Nolan (2000, 15) (S) (AD) (W) (HD)

**12.55am The Shamima Begum Story** Journalist Josh Baker talks to Shamima Begum, who at 15 joined the terror group Islamic State. **See choice, p70.** Shown Tue 9pm (S) (AD) (HD)

**2.25-4.20am Sign Zone 2.25 Is the Cloud Damaging Our Planet?: Panorama** The environmental cost of moving so much data into the cloud. Shown Monday 8pm BBC1 (S) (HD)  
**2.55 Marie Antoinette 4/8.** The King is very ill. (R) (S) (AD) (HD)  
**3.45 Our Flag Means Death 4/10.** Blackbeard experiences an identity crisis. Jim fields awkward questions. (R) (S) (AD) (HD)

**BBC2** Freeview 2/HD 102 Freesat 102 Sky 102 Virgin 102



# FRIDAY Main Channels

## DAYTIME

### BBC1

**6.00am Breakfast** Naga Munchetty, Charlie Stayt. (S) (HD)  
**9.15 Morning Live** Topical magazine show, presented by Jeanette Kwakye and Rav Wilding. (S) (HD)  
**10.00 24/7 Pet Hospital** Labrador Bilko is rushed in with an extreme allergic reaction. (S) (AD) (HD)  
**10.30 Claimed and Shamed** A serving police officer gets involved in a claim for bikes that don't exist. (S) (HD)  
**11.15 Homes under the Hammer** The progress of lots in County Durham, Derby and Seaford. (R) (S) (AD) (HD)  
**12.15pm Bargain Hunt** Eric Knowles presents from Newark Showground in Nottinghamshire. (S) (AD) (HD)  
**1.00 BBC News Regional News; Weather** (S) (HD)  
**1.45 Father Brown 6/10 Series 10.** A royal visit is jeopardised when a body is recovered. (S) (AD) (HD)  
**2.30 The Farmers' Country Showdown** Sheep farmers Tim and Tanya have a shot at selling their vodka at Blenheim Palace Food Festival. (Revised rpt) (S) (HD)  
**3.00 Escape to the Country** Jules Hudson helps a London couple find a new home in Derbyshire with a music room and a dog-friendly garden. (R) (S) (AD) (HD)  
**3.45 The Repair Shop** The team restores a puppet, a camera and an unusual timepiece. (R) (S) (AD) (HD)  
**4.30-5.15 Bridge of Lies** Quiz show. (S) (HD)

### BBC2

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**8.00-9.00 Sign Zone Serengeti III 2/6.** In the aftermath of the great fire, the animals struggle to survive in an unrecognisable and inhospitable land. (R) (S) (AD) (HD)  
**9.00 BBC News** (S) (HD)  
**12.15pm Politics UK** Political proceedings. (S) (HD)  
**1.00 Hardball** Quiz hosted by Ore Oduba. (R) (S) (HD)  
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Writer Patrick Homes; Series producer Candida Julian-Jones  
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**1.30 Weather for the Week Ahead** (S) (HD)  
**1.35-6.00am BBC News** (S) (HD)

**BBC1** Freeview 1/HD 101 **Freesat** 101/HD 106 **Sky** 101 **Virgin** 101

## BBC2

2

### Robson Green's Weekend Escapes

**6.30pm** Things are getting hairy... Biker Si King teams up with the actor



### 5.15pm Flog It!

In Hull, Caroline Hawley finds a painting by Steven Dews while Nick Hull appraises 1970s jewellery. (R) (S) (HD)

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### 10.30 Newsnight

With Faisal Islam. (S) (HD)

### 11.00 Weather

### 11.05 Memento ★★★★★

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Director Christopher Nolan (2000, 15) (S) (AD) (W) (HD)

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**3.45 Our Flag Means Death 4/10.** Blackbeard experiences an identity crisis. Jim fields awkward questions. (R) (S) (AD) (HD)

**BBC2** Freeview 2/HD 102 **Freesat** 102 **Sky** 102 **Virgin** 102



## ITV1

3

**Hotel Portofino**

9.00pm Life on the Italian Riviera proves less than idyllic for hotelier Bella Ainsworth

**4.00pm Tipping Point**

Three contestants answer questions and take turns on the big arcade machine in an attempt to scoop the jackpot. Ben Shephard presents.

Director Richard van't Riet  
Series producer Chris Hale (S) (HD)

**5.00 The Chase**

Bradley Walsh presents as Eliza, Sarah, Trevor and Zak join forces in an effort to defeat one of the six formidable Chasers and walk away with a prize pot worth thousands of pounds.

Executive producers Michael Kelpie, Martin Scott and Helen Tumbridge (S) (HD)

**6.00 Regional News Weather** (S) (HD)**6.30 ITV Evening News Weather** (S) (HD)**7.30 Emmerdale**

Bob is determined. Mandy feels guilty. Chas is furious about Caleb's interference.

Writer Sarah Bagshaw Cast Tuesday/Thursday (S) (AD) (HD)

**8.00 Coronation Street**

Dee-Dee is stunned to learn of Damon's arrest. Laurence alarms Sean with talk of a remote holiday. Stephen steps in when Michael and Sarah's client wants to see their premises.

Writer Jonathan Harvey Cast Monday/Wednesday (S) (AD) (HD)

**9.00 Hotel Portofino**

**RT** **2/6. Lessons.** Bella is horrified when Cecil invites her blackmailer, Signor Danioni, for tea. Danioni turns up the pressure by cutting off provisions to the hotel, and Bella realises how serious his threats are when one of her staff is beaten up by his thugs. Meanwhile, Lucian gives Rose a painting lesson. **See page 100.**

Bella Ainsworth **Natascha McElhone** Billy Scanlon **Louis Healy**  
Cecil Ainsworth **Mark Umbers** Vincenzo Danioni **Pasquale Esposito**  
Anish Sengupta **Assad Zaman** Viscount Heddton **Henry Tomlinson**  
Claudine Pascal **Lily Frazer** Alice Mays-Smith **Olivia Morris**  
Lucian Ainsworth **Oliver Dench** Lady Latchmere **Anna Chancellor**  
Rose Drummond-Ward **Claude Scott-Mitchell** Pelham Wingfield **Dominic Tighe**  
**Claude Scott-Mitchell** Melissa De Vere **Imogen King**  
Constance March **Louisa Binder** Lizzie Wingfield **Bethan Cullinane**  
Paola **Carolina Gonnelli** Lottie Mays-Smith **Maya Ramadan**  
Julia Drummond-Ward **Lucy Akhurst** Count Carlo Albani **Daniele Pecci**  
Francesco **Petar Bencic** Roberto Albani **Lorenzo Richelmy**  
Betty Scanlon **Elizabeth Carling** Jack Turner **Adam James**

Writer Matt Baker; Director Adam Wimpenny  
Editor Colin Sumson First shown on BritBox (S) (AD) (HD)

**10.00 ITV News at Ten**

**Weather; Regional News and Weather** (S) (HD)

**10.45 Con Air ★★★★★**

**RT** Action thriller. Finally paroled after eight years in prison for manslaughter, Cameron Poe heads home on the "Jailbird", a convict transport plane containing some of America's most dangerous criminals. But there are nefarious plans afoot... **Review page 107.**

Cameron Poe **Nicolas Cage** Tricia Poe **Monica Potter**  
Vince Larkin **John Cusack** Pinball **Dave Chappelle**  
Cyrus "the Virus" Grissom **John Malkovich** Swamp Thing **MC Gaiety**  
**John Malkovich** Billy Bedlam **Nick Chinlund**  
Garland Greene **Steve Buscemi** Conrad **Brendan Kelly**  
Diamond Dog **Ving Rhames** Johnny 23 **Danny Trejo**  
Duncan Malloy **Colm Meaney** Sally Can't Dance **Renoly**  
Baby-O **Mykelti Williamson** Francisco Cindino **Jesse Borrego**  
Sally Bishop **Rachel Ticotin**

Director Simon West (1997, 18) (S) (AD) (W) (HD)

**12.55am Home Shopping** (HD)

**3.00 ITV Football Classics** Arsenal v Manchester United in the 1979 FA Cup final. (R) (S) (SL) (HD)

**3.50 Unwind** A sequence to calm the mind. (S) (HD)

**5.05-6.00am Ainsley's Fantastic Flavours Ep 2**  
Ainsley Harriott explores fruity flavours in savoury and sweet dishes. Shown Saturday 11.40am (S) (SL) (HD)

**ITV1 Freeview** 3/HD 103 **Freesat** 103 **Sky** 103 **Virgin** 113/HD 103

**+1 Freeview** 35 **Freesat** 112 **Sky** 203 **Virgin** 114

## Channel 4

4  
7 in Wales**Jon and Lucy's Odd Couples**

9.00pm Ore Oduba and his wife Portia undertake some tricky challenges

**5.00pm Four in a Bed**

Emotions run high as the payments are revealed.  
Director/Producer Anna Cox (S) (HD)

**5.30 Come Dine with Me**

Sophisticated children's food is served in Bristol.  
Director/Producer Kimya Moghaddam (S) (HD)

**6.00 The Simpsons**

**Insane Clown Poppy.** Krusty meets his long-lost daughter. With guest Drew Barrymore. (R) (S) (AD)

**6.30 Hollyoaks**

Norma takes matters into her own hands.

Writer Rebecca Ramsden Cast Wed/Thu This week's episodes directed by Aurora Fearnley Shown yesterday 7pm E4  
Rptd next Monday E4 Next episode follows on E4 (S) (AD) (HD)

**7.00 Channel 4 News Sport; Weather** (S) (HD)**8.00 Food Unwrapped**

**Ep 5.** Briony May Williams is in Germany to discover why schnapps is always clear, despite being made from bright, colourful fruits.

Series producer Glenn Swift  
Executive producer Sandy Watson (S) (AD) (HD)

**8.30 Travel Man: 48 Hours in Split**

Aisling Bea joins Joe Lycett in the Croatian city of Split. In the old town, Joe insists on climbing to the top of the cathedral's bell tower. Having worked up an appetite, chef Ciro teaches them how to rustle up a fish dish. They also try paddle boarding and take some rescue dogs for a walk. A box set is available to watch on All 4.

Series director Nicola Silk  
Series producer Chris Richards (R) (S) (AD) (HD)  
**RT TRAVEL** Discover Croatia's Dubrovnik Riviera and Montenegro on an eight-day vacation, which includes an island-hopping cruise: p28

**9.00 Jon and Lucy's Odd Couples**

**RT** **5/6.** Jon Richardson and Lucy Beaumont invite two more celebrity couples to test the strength of their relationships through a series of activities. TV presenter Ore Oduba and his wife Portia take on comedian couple Harriet Kemsley and Bobby Mair. Can they pack a car without having an argument? And just how well do the couples know each other in the wardrobe department? **See page 101.**

Series director Geri Dowd; Series producer Stevie Miller (S) (HD)

**10.00 The Last Leg**

**Ep 3.** Dara O Briain and Vick Hope join Adam Hills, Josh Widdicombe and Alex Brooker.

Series producer Tom Messer  
Executive producers Andrew Beint and Danny Carr (S) (HD)

**11.05 Celebrity Gogglebox**

TV from July 2022, including *Stranger Things*, *Love Island*, *Long Lost Family* and *Countdown*.  
Executive producers Mike Cotton, Leon Campbell, Victoria Ray and Sophie Lloyd Repeated 2.50am 4seven (R) (S) (AD) (HD)

**12.10am Everyone Else Burns 4/6.** Fiona starts to feel suffocated by her dates with David. **See choice, page 61.** Shown Monday 10pm (S) (SL) (AD) (HD)

**12.35 The Naked Gun: from the Files of Police Squad!**  
Comedy starring Leslie Nielsen and Priscilla Presley. International terrorism, the drug cartels, Queen Elizabeth II and Idi Amin are all involved in Lieutenant Frank Drebin's latest case. The only problem is that Frank's not entirely sure what the case is. Director David Zucker (1988, 15) (S) (W) (HD)

**2.00 Ramsay's Hotel Hell** Gordon helps a Vermont B&B with a plumbing problem. (R) (S) (SL) (AD) (HD)

**2.50 Come Dine with Me** Jamaican dishes and Chinese cuisine are on the menu in Manchester. (R) (S) (AD) (HD)

**5.00 Location, Location, Location** Seeking larger homes in Warwickshire and the West Midlands. (R) (S) (HD)

**5.55-6.10am Food Unwrapped** Matt Tebbutt visits one of Europe's biggest pesto producers. (R) (S) (HD)

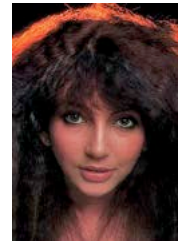
**Channel 4 F'view** 4/HD 104 **F'sat** 104/HD 126 **Sky** 104 **Virgin** HD 104

**+1 Freeview** 15 **Freesat** 121 **Sky** 204 **Virgin** 142

## BBC4

9  
24 in Scotland**Kate Bush at the BBC**

9.00pm This woman's work: a collection of the singer's TV appearances

**7.00pm Top of the Pops 1994**

Simon Mayo presents the edition first shown on 3 March, featuring hits from Morrissey, 2 Unlimited, Elvis Costello, Toni Braxton, EYCE and Mariah Carey.

Repeated 1.10am (R) (S)

**7.30** Mark Goodier introduces Carter USM, Primal Scream, M People, Janet Jackson and Bon Jovi. From 10 March.

Director Barbara Jones; Producer Ric Blaxill  
Repeated 1.40am (R) (S)

**8.00 Top of the Pops 1981**

Richard Skinner presents the chart show from 12 February, with the Pretenders, Barbara Jones, Kelly Marie, Freeez, Beggar and Co, and George Benson.

Director Gordon Elsbury; Producer Michael Hurll  
Repeated 2.10am (R) (S)

**8.30 Top of the Pops 1986**

Gary Davies and Steve Wright introduce the 13 February edition, featuring Belouis Some, Whitney Houston, Su Pollard, Shakin' Stevens and Billy Ocean.

Producer Brian Whitehouse; Executive producer Michael Hurll Repeated 2.40am (R) (S)

**9.00 Kate Bush at the BBC**

A compilation of the chart-topping singer's performances at the BBC's studios between 1978 and 1994, in programmes ranging from *Top of the Pops* to *Wogan*, begins an evening dedicated to the star, who has recently found a new audience thanks to the use of her hit *Running Up That Hill* in the Netflix series *Stranger Things*.

Director/Producer David Maguire (R) (S)

**10.00 The Kate Bush Story: Running Up That Hill**

A 2014 exploration of the singer/songwriter's career and music, from her 1978 debut single *Wuthering Heights* to her 2011 album *50 Words for Snow*. Featuring contributions from David Gilmour, Peter Gabriel, Sir Elton John, Stephen Fry, John Lydon, Guy Garvey and Steve Coogan.

Director/Producer Adrian Sibley (R) (S) (HD)

**11.00 Kate Bush at the BBC 1979**

A performance from December 1979, featuring songs from the singer/songwriter's first three albums, plus Erik Satie's *Gymnopedie No 1*, and Peter Gabriel performing his song *Here Comes the Flood* and duetting with Bush on Roy Harper's 1970 song *Another Day*.

Director Roy Norton; Producer Roy Ronnie (R) (S)

**11.45 Joni Mitchell: a Woman of Heart and Mind**

Through a series of interviews and archive clips, this 2003 documentary provides a profile of the Canadian-born musician famed for her poetry and songs such as *Big Yellow Taxi*, *Help Me* and *Free Man in Paris*.

Director Susan Lacy (R) (S) (HD)

**1.10am Top of the Pops 1994**

Shown 7pm/7.30pm (S)

**2.10 Top of the Pops 1981** Shown 8pm (S)

**2.40-3.10am Top of the Pops 1986**

Shown 8.30pm (S)

**BBC4 F'view** 9/HD 106 **F'sat** 108 **Sky** 116 **Virgin** 108

## BBC1 SCOTLAND

**11.15am-12.15pm** Homes under the Hammer **8.00-8.30** Life on the Bay **11.30 A View from the Terrace**  
**12.30am** Sam Smith Live at the Royal Albert Hall **1.30** That's My Jam **2.30** Weather for the Week Ahead **2.35-6.00** BBC News

## BBC SCOTLAND

**7.00pm** The Seven **7.30** Sportscentre: Scottish Cup Live: Hamilton Academical v Hearts (kick-off 7.45)  
**10.00** Still Game **10.30** A View from the Terrace  
**11.30-12 midnight** Scottish Cup Classics

## STV

**7.00-7.30pm** What's On Scotland  
**3.50-5.05am** Night Vision

## ITV1 BORDER SCOTLAND

**6.30pm** ITV Evening News; Weather  
**7.00-7.30** Border Life

## BBC1 WALES

**10.00-10.30am** 24/7 Pet Hospital  
**2.30-3.00pm** Amy Dowden's Dare to Dance **7.00** Six Nations Sin Bin **7.30** Kiri's TV Flashback  
**8.00-8.30** EastEnders **11.30** Would I Lie to You?  
**12 midnight** Sam Smith Live at the Royal Albert Hall **1.00am** Have I Got a Bit More News for You  
**1.45-6.00** BBC News

## BBC2 WALES

**7.00pm** The One Show  
**7.30-8.00** The Farmers' Country Showdown

## ITV1 WALES

**6.30pm** ITV Evening News; Weather  
**7.00-7.30** Born to Farm: how the farmers have coped with the changing climate

## BBC1 NI

**6.30-7.00pm** BBC Newsline; followed by Party Political Broadcast: by the Traditional Unionist Voice **7.30** B&B by the Sea: Si King checks in to the B&B **8.00-8.30** EastEnders **11.30** Would I Lie to You?: with Munya Chawawa, Bob Mortimer, Alice Roberts and Snoochie Shy **12 midnight** Sam Smith Live at the Royal Albert Hall **1.00am** That's My Jam  
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## UTV

**6.00pm** UTV Live; Party Political Broadcast: by the Traditional Unionist Voice **6.30** ITV Evening News; Weather  
**7.00-7.30** UTV Life

## Channel 5 listings are overleaf



## ITV1

3

**Hotel Portofino**

9.00pm Life on the Italian Riviera proves less than idyllic for hotelier Bella Ainsworth

**4.00pm Tipping Point**

Three contestants answer questions and take turns on the big arcade machine in an attempt to scoop the jackpot. Ben Shephard presents.

Director Richard van't Riet  
Series producer Chris Hale (S) (HD)

**5.00 The Chase**

Bradley Walsh presents as Eliza, Sarah, Trevor and Zak join forces in an effort to defeat one of the six formidable Chasers and walk away with a prize pot worth thousands of pounds.

Executive producers Michael Kelpie, Martin Scott and Helen Tumbridge (S) (HD)

**6.00 Regional News Weather** (S) (HD)**6.30 ITV Evening News Weather** (S) (HD)**7.30 Emmerdale**

Bob is determined. Mandy feels guilty. Chas is furious about Caleb's interference.

Writer Sarah Bagshaw Cast Tuesday/Thursday (S) (AD) (HD)

**8.00 Coronation Street**

Dee-Dee is stunned to learn of Damon's arrest. Laurence alarms Sean with talk of a remote holiday. Stephen steps in when Michael and Sarah's client wants to see their premises.

Writer Jonathan Harvey Cast Monday/Wednesday (S) (AD) (HD)

**9.00 Hotel Portofino**

**RT** 2/6. Lessons. Bella is horrified when Cecil invites her blackmailer, Signor Danioni, for tea. Danioni turns up the pressure by cutting off provisions to the hotel, and Bella realises how serious his threats are when one of her staff is beaten up by his thugs. Meanwhile, Lucian gives Rose a painting lesson. **See page 100.**

Bella Ainsworth **Natascha McElhone** Billy Scanlon **Louis Healy**  
Cecil Ainsworth **Mark Umbers** Vincenzo Danioni **Pasquale Esposito**  
Anish Sengupta **Assad Zaman** Viscount Heddton **Henry Tomlinson**  
Claudine Pascal **Lily Frazer** Alice Mays-Smith **Olivia Morris**  
Lucian Ainsworth **Oliver Dench** Lady Latchmere **Anna Chancellor**  
Rose Drummond-Ward **Claude Scott-Mitchell** Pelham Wingfield **Dominic Tighe**  
**Claude Scott-Mitchell** Melissa De Vere **Imogen King**  
Constance March **Louisa Binder** Lizzie Wingfield **Bethan Cullinane**  
Paola **Carolina Gonnelli** Lottie Mays-Smith **Maya Ramadan**  
Julia Drummond-Ward **Lucy Akhurst** Count Carlo Albani **Daniele Pecci**  
Francesco **Petar Bencic** Roberto Albani **Lorenzo Richelmy**  
Betty Scanlon **Elizabeth Carling** Jack Turner **Adam James**

Writer Matt Baker; Director Adam Wimpenny  
Editor Colin Sumson First shown on BritBox (S) (AD) (HD)

**10.00 ITV News at Ten**

**Weather; Regional News and Weather** (S) (HD)

**10.45 Con Air ★★★★★**

**RT** Action thriller. Finally paroled after eight years in prison for manslaughter, Cameron Poe heads home on the "Jailbird", a convict transport plane containing some of America's most dangerous criminals. But there are nefarious plans afoot... **Review page 107.**

Cameron Poe **Nicolas Cage** Tricia Poe **Monica Potter**  
Vince Larkin **John Cusack** Pinball **Dave Chappelle**  
Cyrus "the Virus" Grissom **John Malkovich** Swamp Thing **MC Gaiety**  
**John Malkovich** Billy Bedlam **Nick Chinlund**  
Garland Greene **Steve Buscemi** Conrad **Brendan Kelly**  
Diamond Dog **Ving Rhames** Johnny 23 **Danny Trejo**  
Duncan Malloy **Colm Meaney** Sally Can't Dance **Renoly**  
Baby-O **Mykelti Williamson** Francisco Cindino **Jesse Borrego**  
Sally Bishop **Rachel Ticotin**

Director Simon West (1997, 18) (S) (AD) (W) (HD)

**12.55am Home Shopping** (HD)

**3.00 ITV Football Classics** Arsenal v Manchester United in the 1979 FA Cup final. (R) (S) (SL) (HD)

**3.50 Unwind** A sequence to calm the mind. (S) (HD)

**5.05-6.00am Ainsley's Fantastic Flavours Ep 2**  
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**2.50 Come Dine with Me** Jamaican dishes and Chinese cuisine are on the menu in Manchester. (R) (S) (AD) (HD)

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**5.55-6.10am Food Unwrapped** Matt Tebbutt visits one of Europe's biggest pesto producers. (R) (S) (HD)

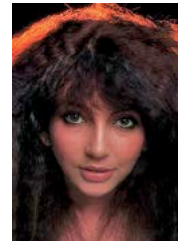
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**+1 Freeview** 15 **Freesat** 121 **Sky** 204 **Virgin** 142

## BBC4

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Simon Mayo presents the edition first shown on 3 March, featuring hits from Morrissey, 2 Unlimited, Elvis Costello, Toni Braxton, EYD and Mariah Carey.  
Repeated 1.10am (R) (S)

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Director Barbara Jones; Producer Ric Blaxill  
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Richard Skinner presents the chart show from 12 February, with the Pretenders, Barbara Jones, Kelly Marie, Freeez, Beggar and Co, and George Benson.  
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Through a series of interviews and archive clips, this 2003 documentary provides a profile of the Canadian-born musician famed for her poetry and songs such as *Big Yellow Taxi*, *Help Me* and *Free Man in Paris*.  
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Shown 7pm/7.30pm (S)

**2.10 Top of the Pops 1981** Shown 8pm (S)

**2.40-3.10am Top of the Pops 1986**

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**BBC4 F'view** 9/HD 106 **F'sat** 108 **Sky** 116 **Virgin** 108

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**11.15am-12.15pm** Homes under the Hammer **8.00-8.30** Life on the Bay **11.30 A View from the Terrace**  
**12.30am** Sam Smith Live at the Royal Albert Hall **1.30** That's My Jam **2.30** Weather for the Week Ahead **2.35-6.00** BBC News

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## STV

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**7.30-8.00** The Farmers' Country Showdown

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**6.30-7.00pm** BBC Newsline; followed by Party Political Broadcast: by the Traditional Unionist Voice **7.30** B&B by the Sea: Si King checks in to the B&B **8.00-8.30** EastEnders **11.30** Would I Lie to You?: with Munya Chawawa, Bob Mortimer, Alice Roberts and Snoochie Shy **12 midnight** Sam Smith Live at the Royal Albert Hall **1.00am** That's My Jam  
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## UTV

**6.00pm** UTV Live; Party Political Broadcast: by the Traditional Unionist Voice **6.30** ITV Evening News; Weather  
**7.00-7.30** UTV Life

## Channel 5 listings are overleaf



# FRIDAY Freeview

## Channel 5

5



**Secrets of the World's Most Expensive Cruise Ship** 9.00pm Chef Ronald

**5.35am Milkshake!** See page 106

**9.15 New. Jeremy Vine** (S) (HD)

**12.45pm George Clarke's Build a New Life in the Country** Nottingham couple John and Carol decide to downsize with a renovation project in the Lincolnshire countryside. (S) (HD) **1.40 5 News** (S) (HD)

**1.45 Home and Away** The golf tournament brings out the worst in Justin and John. Shown yesterday 6.30pm 5 Star (S) (AD) (HD)

**2.20 Twisted House Sitter** ★★ Thriller starring Crystal-Lee Naomi. Uber driver Alicia takes over a customer's house while the owner is on holiday. Director Courtney Miller (2022) (S) (W) (HD)

**4.00 Bargain-Loving Brits in the Sun** Looking back at some of the best bits of the programme, including a visit to a rescue centre for donkeys. (S) (HD)

**5.00pm 5 News** (S) (HD)

**6.00 Our Yorkshire Farm**

Clive is still recovering from hip surgery, so Amanda and the children pitch in as the ewes are prepared for "tupping" and a new bull is bought. (S) (HD)

**6.55 5 News Update** (S) (HD)

**7.00 Aldi vs Lidl: Supermarket Wars** The success of the two German-owned supermarket chains, investigating their canny marketing and aggressive sales techniques in their battle for domination. Exec producers Mark Powell and Oliver Wright (S) (HD)

**7.55 5 News Update** (S) (HD)

**8.00 Cruising with Susan Calman** 2/6 Series 1. As her cruise ship leaves the Canaries behind, Susan enjoys sailing north across the Atlantic Ocean to the beautiful island of Madeira. Director Jenny Macleod (S) (HD)

Followed by **5 News Update** (S) (HD)

**9.00 New. Secrets of the World's Most Expensive Cruise Ship**

3/4 Series 2. The company's food taster checks standards are being maintained, a new entertainment team takes to the stage and captain Felice hands over control. Directors Elliott Carr-Barnes and Laura Craig (S) (HD) **RT TRAVEL** Take a "TV Talent" cruise to Spain, Portugal and Guernsey: page 135

**10.00 Cilla Black: the Queen of Saturday Night**

The story of the star, who came from working-class roots in Liverpool to become one of the nation's most successful and best-loved singers, presenters and all-round entertainers. Director/Producer Miranda Glasser (S) (HD)

**11.30 Greatest Hits of the 70s** The stories behind six songs from the decade, examining *Rivers of Babylon*, *I'm Not in Love*, *I Feel Love*, *Baker Street*, *You're the One That I Want* and *I Will Survive*. Directors Kerry Allison, Yvette Lyons and Robert Sugden (S) (HD)

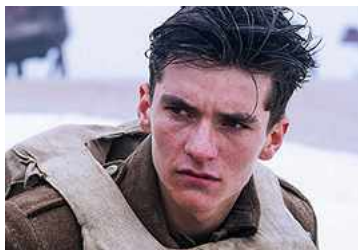
**12.55am Entertainment News** (S) (HD) **1.00 New. Casino** (S) (HD) **3.00 Bargain-Loving Brits in the Sun** (S) (HD) **3.50 Britain's Greatest Bridges** (S) (SL) (HD) **4.40 House Busters** (S) (SL) **5.05-5.35am House Doctor** (S) (SL)

**C5 F'view 5/HD 105 F'sat 105 Sky 105 Virgin 154/HD 105 +1 Freeview 46 Freesat 128 Sky 205 Virgin 155**

BBC4 listings are overleaf

## BBC3

23



**Dunkirk** 9.00pm Tommy searches for a way to get off the beach

**7.00pm Top Gear**

The team samples some classic TV cop cars, before going head to head in an all-action police chase. (S) (HD) Followed by **New. The Catch Up** (S) (HD)

**8.00 Waterloo Road**

6/7. Samia discovers an offensive group chat made by the male students that threatens to ruin relationships and careers. See choice, page 80.

Shown Wednesday 8pm BBC1 (S) (AD) (HD)

**9.00 Dunkirk** ★★★★★

Second World War drama starring Tom Hardy. During the 1940 evacuation at Dunkirk, three individuals each fight to survive. As young soldier Tommy waits to escape the war-torn beach, a civilian sailor from Weymouth aids in the rescue efforts, while a Spitfire pilot gains a singular perspective on the chaos. Available on iPlayer for 25 days. **Review page 57.** Director Christopher Nolan (2017, 12) (S) (AD) (W) (HD) Shown Sunday 10pm BBC2

**10.40 County Lines** ★★★★★

Crime drama starring Conrad Khan. A schoolboy gains an older brother figure. However, when he starts delivering packages on his friend's behalf, he begins to wonder if the "work" he's carrying out is legal. Available on iPlayer for 24 days. **Review p47.** Director Henry Blake (2019, 15) (S) (W) (HD) Shown Saturday BBC1

**12.05am Bad Education** (S) (AD) (HD) **12.35** Tonight with Target (S) (HD) **1.20** The Rap Game UK (S) (HD) **2.15** Charlotte in Sunderland (S) (HD) **3.15** Sky High Club: Scotland and Beyond (S) (SL) (AD) (HD) **3.45-3.55am** Press X to Continue (S)

**BBC3 F'view 23/HD 109 (not Scot/Wales) F'sat 179/HD 107 Sky 117 (173 London; 141 Scot; 115 NI) Virgin 107 (157 Scot/Wales)**

## ITV2

6

**6.00am** World's Funniest Videos (S) (HD) **6.35** Totally Bonkers Guinness World Records (S) (SL) **7.00** Secret Crush (S) (SL) (HD) **8.00** Dress to Impress (S) (AD) (HD) **9.00** Chuck (S) (HD) **10.00** One Tree Hill (S) (HD) **11.00** The OC (S) (HD)

**12 noon** Secret Crush (S) (HD) **1.00pm** Dress to Impress (S) (AD) (HD) **2.00** Family Fortunes: game show (S) (HD) **3.05** Chuck (S) (HD) **4.00** One Tree Hill (S) (HD) **5.00** The OC (S) (HD)

**6.00pm Celebrity Catchphrase** Stephen Mulhern welcomes guests James Jordan, Fiona Wade and Louis Walsh. (S) (AD) (HD)

**7.00 Ninja Warrior UK** With Ben Shephard, Rochelle Humes and Chris Kamara. (S) (AD) (HD)

**8.00 Superstore 19/22** Series 3. Lottery fever hits the store. (S) (AD) (HD)

**8.30 20/22.** Glenn and his wife hold a gender reveal party at the store. (S) (AD) (HD) **9.00 New. Love Island** Another week in the villa comes to an end. (S) (HD)

**10.05 Don't Hate the Playaz** Jordan Stephens hosts the music contest, with Oti Mabuse, Kojey Radical and Snoochie Shy joining Maya Jama and Lady Leshurr. (S) (HD)

**10.50 Family Guy** Series 16. Peter gets fired from the brewery. (S) (AD) (HD)

**11.20** Series 13. Lois books a couple's vacation, but it turns out to be a marriage counselling programme. (S) (AD) (HD)

**11.50 American Dad!** Series 5. Stan becomes his boss's adviser. (S) (AD) (HD)

**12.20am** Series 2. Stan takes Hayley to a gun theme park after being forced to spend more time with her. (S) (AD) (HD)

**12.45** Buffering: Ashley goes to a singles night (S) (HD) **1.15** Superstore (S) (AD) (HD) **2.10** CelebAbility (S) (HD) **2.50-3.00am** Unwind (S) (HD)

**ITV2 Freeview 6 Freesat 113 Sky 118 Virgin 115**

**+1 Freeview 29 Freesat 114 Sky 218 Virgin 116**

## ITV3

10



**Doc Martin** 8.00pm Pauline (Katherine Parkinson) joins the lifeboat crew

**6.00am** Classic Emmerdale (S) **7.00** Classic Coronation Street (S) (AD) **8.05** On the Buses (S) **8.35** Where the Heart Is: 3/14 Series 3 *Flesh and Blood*. Ruth suffers a miscarriage Repeated 12.05am; **9.45 4/14. Letting Go** Sandra has doubts that she has made the right decision Repeated 1.05am (S) (AD) **10.55** Heartbeat: 7/15. Gina becomes suspicious about her customers; **12.05pm 8/15.** Nick tries to keep the peace during a feud (S) (AD)

**1.15pm** Classic Emmerdale: double bill. Temperatures are soaring again for Ronnie and Louise, then Diane decides to have it out with Louise over her affair with Ronnie (S) **2.15** Classic Coronation Street: double bill. Maria and Toyah plan a holiday in Blackpool, then Richard persuades Jack and Vera to invest their savings (S) (AD) **3.25** Inspector Morse: Series 10 *Death Is Now My Neighbour*. A young woman is shot through her window at point blank range, apparently without motive (S) (AD) (HD)

**5.40pm Heartbeat**

9/15 Series 5. The town of Aidsfield falls victim to a spate of burglaries - which all seem to be aimed at Maggie. (S) (AD)

**6.50 10/15.** Nick has to go under cover following the unlikely event of a gangster setting up shop in rural Aidsfield. (S) (AD)

**8.00 Doc Martin**

5/9 Series 2. **Always on My Mind.** Martin is accused of murder by the husband of a patient who died in his care. Pauline gets the chance to join the lifeboat crew. (S) (AD) **9.00 6/9. The Family Way.** Martin is taken aback when his parents visit him for the first time in seven years. (S) (AD)

**10.00 Scott & Bailey**

2/3 Series 5. As the killers change the rules of their depraved game, Rachel is placed in grave danger. Janet knows she needs to take action, but she is powerless to protect her own daughter. (S) (AD) (HD)

**11.00 3/3.** Janet's attempts to help Taisie result in a complaint, all but destroying her faith in justice. (S) (AD) (HD)

**12.05am** Where the Heart Is Shown 8.35/9.45am (S) (AD) **2.20-2.30am** Unwind (HD)

**ITV3 Freeview 10 Freesat 115 Sky 119 Virgin 117**

**+1 F'view 59 (9pm-4am) F'sat 116 Sky 219 Virgin 174**

## ITV4

26

**6.00am** The Saint (S) (SL) **7.00** The Casebook of Sherlock Holmes (S) (AD) (HD) **8.10** Magnum, PI (S) (AD) (HD) **9.15** The Sweeney (S) **10.25** Minder (S) (AD) **11.30** The Saint (S)

**12.35pm** The Casebook of Sherlock Holmes (S) (AD) (HD) **1.40** The Motorbike Show (S) (HD)

**2.45** Magnum, PI (S) (AD) (HD) **3.50** The Sweeney (S) **4.55** Minder (S) (AD)

**6.00pm The Motorbike Show** Henry Cole rides across the heart of Kent. (S) (HD)

**7.00 The Chase Celebrity Special** Su Pollard, Jordan Banjo, AJ Odudu and Jonathan Ross take on one of the Chasers. (S) (HD)

**8.00 Junk and Disorderly** Henry Cole and his team buy a tractor at an auction. (S) (HD)

**9.00 New. All Elite Wrestling: Dynamite** Hard-hitting AEW action. (S) (HD)

**11.05 FILM Assassins** ★★ Action thriller starring Sylvester Stallone, Antonio Banderas and Julianne Moore. Disenchanted hitman Robert Rath wants to hang up his gun, but he is continually dogged by a young, rival contract killer who is determined to take Rath's place as the top assassin. (S) (AD) (W) (HD)

**1.45am** Motorsport Mundial (S) (HD) **2.15** Auto Mundial (S) (HD) **2.40-3.00am** Unwind (S) (HD)

**ITV4 Freeview 26 Freesat 117 Sky 120 Virgin 118**

**+1 Freesat 118 Sky 220 Virgin 175**

## Drama

20



**New Tricks** 10.00pm Sandra looks into the unsolved death of a barrister

**7.20am** Pie in the Sky: 5/10 Series 1. Crabbe probes a snail-importing company (S) **8.10** The Bill: Meadows faces a dilemma **9.15** Classic Holby City: Christmas Day opens up old wounds for Fletcher (S) (HD) **10.35** Casualty: Connie places her life in danger (HD) **11.40** The Bill: aflasher terrorises Sun Hill

**12.40pm** Classic EastEnders: double bill. Garry confronts Lynne, then Lynne struggles to put things right **2.00** Howards' Way: 4/13 Series 3. Jack finds himself in a position to ask Avril for help (S) **3.10** Pie in the Sky: 4/6 Series 4. The chief cooks for a reluctant witness (S) **4.10** Peak Practice: 8/8 Series 1 Jack tries his hand at mountain rescue **5.20** As Time Goes By: 5/7 Series 7 Jean's boring sister-in-law Penny visits (S)

**6.00pm Are You Being Served?**

Series 10. **Gambling Fever.** Grace Bros acquires a new security system. (S)

**6.40 To the Manor Born**

2/7 Series 1. **All New Together.** Audrey moves out of Granteigh Manor. (S)

**7.20 Last of the Summer Wine**

Series 6. In the Service of Humanity Foggy devotes his life to first aid. (S)

**8.00 Father Brown**

2/10 Series 4. **The Brewer's Daughter.** Sid falls for the heiress to a local brewery, only for her to be arrested for murder. (S) (AD) (HD)

**9.00 3/10. The Hangman's Demise**

The clergyman investigates the murder of a former hangman. (S) (AD) (HD)

**10.00 New Tricks**

1/8 Series 2. **A Delicate Touch.** The squad investigates a barrister's death. (S) (AD)

**11.20 Clocking Off**

4/7 Series 2. **Barry's Story.** Shy security guard Barry tries to find love. (S)

**12.35am** Bad Girls: 7/16 Series 5. A celebrity visits Larkhall (S) **1.45** Lovejoy: 5/12 Series 2. The dodgy dealer is asked to furnish a restaurant (S) **2.50-4.00am** Leonardo: 7/8 Series 1. Leonardo is frustrated by the growing success of a younger artist, Michelangelo (S) (AD) (HD)

**Drama Freeview 20 Freesat 158 Sky 143 Virgin 130 +1 Freeview 60 Sky 243 Virgin 226**

## ITVBe

28

**7.00am** The Real Housewives of Cheshire (S) (AD) (HD) **8.00** Buying and Selling (S) (HD)

**9.00** LittleBe: children's entertainment (HD)

**12 noon New.** Sugar Showdown (S) (HD)

**12.25pm** The Real Housewives of New York City (S) (HD) **1.20** The Real Housewives of Cheshire (S) (AD) (HD) **2.15** The Only Way Is Essex (S) (HD) **3.15** Million Dollar Listing: LA (S) (HD) **4.10** The Real Housewives of Atlanta (S) (HD) **5.00 New.** The Real Housewives of New Jersey: Margaret and Teresa face off (S) (HD)

**6.00pm Making It Home with Kortney and Kenny** Stephen and Miriam want the perfect place to entertain company. (S) (HD)

**7.00 Buying and Selling** A couple having difficulty finding the perfect home. (S) (HD)

**8.00 Dinner Date** Samantha from London dines with three lucky lads. (S) (AD) (HD)

**9.00 Botched** Terry tries to help a male rapper in need of a breast reduction. (S) (AD) (HD)

**10.00** Paul Nassif assists a woman with a potentially unfixable nose. (S) (AD) (HD)

**11.00 The Cabins** It's the end of the season and everyone checks out, with some leaving as singletons and others as couples. (S) (HD)

**12 midnight-1.00am** The Only Way Is Essex (S) (HD)

**ITVBe Freeview 28 Freesat 119 Sky 131 Virgin 119**

**+1 Virgin 120 (Scotland 162)**





## More4

18



**The Wall: Cover Your Tracks** 9.00pm  
Detective Céline Trudeau investigates

**8.55am** Kirstie's Vintage Gems **9.15** A Place in the Sun **10.05** A New Life in the Sun **11.05** Find It, Fix It, Flog It: double bill (AD) **1.10pm** Heir Hunters **2.10** Four in a Bed **4.50** Location, Location, Location **5.55** Kirstie and Phil's Love It or List It (AD) **6.55pm** **A Place in the Sun** A couple from Manchester are looking for a holiday home in Corfu on a £75,000 budget. **7.45** **The Great Pottery Throw Down Ep 5** Siobhán McSweeney takes the potters up on the roof to create gargoyles, and guest judge Gabriel Nichols challenges the group to make a chimney pot. Shown Sunday 7.45pm C4 (AD) **9.00** **CHOICE New series. The Wall: Cover Your Tracks 1/8.** Canadian mystery drama starring Isabel Richer. Detective Céline Trudeau is assigned to investigate a strange homicide that has taken place in Fermont, a small mining town on the Labrador border. **10.00 New. 2/8.** Céline and Alexandre work hard on the case, questioning anyone that they can connect to the victim Justine, especially at her workplace – the main bar for the town. French +subtitles. See p101. **11.00 24 Hours in A&E** Twelve-year-old Eddie is brought into hospital having been hit by a car on his way home from school. (AD) **12 midnight** Stacie has no feeling below her hips after falling out of a tree at a party. (AD) **1.05am** Eight out of Ten Cats Does Countdown: with Kerry Goddman and Joe Wilkinson **2.10** 24 Hours in A&E **3.15–3.45am** A Place in the Sun **More4** F'view 18 F'sat 124 Sky 136 Virgin 147 +1 Freesat 125 Sky 236 Virgin 196

## E4

13

**6.00am** Hollyoaks Shown Wed/Thu 6.30pm C4 (AD) **7.00** Ramsay's Kitchen Nightmares USA **9.00** The Goldbergs (AD) **10.00** The Big Bang Theory (AD) **11.00** Modern Family **12 noon** Brooklyn Nine-Nine: double bill (AD) **1.00pm** The Big Bang Theory (AD) **3.00** Modern Family **4.00** Brooklyn Nine-Nine (AD) **5.00** The Big Bang Theory (AD) **6.00pm** **The Big Bang Theory 21/24 Series 11.** Raj tries to take the credit for Penny's astronomical discovery. (AD) **6.30 22/24.** Penny and Bernadette take Amy shopping for a wedding dress. (AD) **7.00 New. Hollyoaks** Warren's attempts to win his children's affections end up backfiring. Cast pp83/93 Repeated next Monday C4 (AD) **7.30** **Celebrity Come Dine with Me** AJ Odudu hopes to impress with a menu that celebrates her Nigerian and Lancashire roots. **8.00 New. Below Deck: Mediterranean** Captain Sandy makes a critical decision that impacts the deck team. (AD) **9.00** **Gogglebox 2021** Thoughts on *I Can See Your Voice* and *Line of Duty*. (AD) **11.00** **Naked Attraction** A pansexual opera singer is looking for a man as tall as she is. (AD) **12.05am** **Naked Attraction (AD) 1.10** **Gogglebox (SL) (AD) 2.15** as 8pm **3.05** **Naked Attraction (AD) 4.00** Ramsay's Kitchen Nightmares USA (SL) **4.50–6.00am** The Goldbergs (SL) (AD) **E4** Freeview 13 Freesat 122 Sky 135 Virgin 106 +1 Freeview 30 Freesat 123 Sky 235 Virgin 146 **E4 Extra** Freeview 31 Freesat 181 Sky 138 Virgin 337

## Really

17

**6.00am** Fantasy Homes by the Sea **7.00** Shopping **8.00** Salvage Hunters **10.00** Antiques Road Trip **12 noon** Money for Nothing **1.00pm** The Bidding Room **2.00** Animal Cops Philadelphia (AD) **4.00** Dr Jeff: Rocky Mountain Vet **5.00** Helicopter ER **6.00** Money for Nothing **7.00** Antiques Road Trip **9.00 New.** A Haunting **10.00 New.** Help! My House Is Haunted **11.00** Ghost Adventures **12 midnight** Ghosts of Devil's Perch **1.00am** Ghost Adventures (AD) **2.00** Shopping **4.00–5.00am** Animal Cops Philadelphia (AD) **Really** Freeview 17 Freesat 160 Sky 142 Virgin 128

## Sky Arts

11



**Willie Nelson and Wynston Marsalis: Live at the Lincoln Center** 9.30pm

**6.00am** Darbar Festival 2018 **7.00** Northern Ballet's Casanova **9.00** Tales of the Unexpected **10.00** Alfred Hitchcock Presents **11.00** Discovering: Gary Oldman **12 noon** Classic Literature and Cinema (AD) **1.00pm** Tales of the Unexpected **2.00** Landscape Artist of the Year: Celebrity Special **3.00** Landscape Artist of the Year 2017 **4.00** Discovering **5.00** Tales of the Unexpected **6.00pm** **Alfred Hitchcock Presents** A man returns home to find his father has died. **6.30** A cook tries everything she can think of to end a dispute between two gunmen. **7.00** **Classic Artists: Jethro Tull** The story of the classic rock band from Luton. **9.30 New. Willie Nelson and Wynston Marsalis: Live at the Lincoln Center, New York** The country star and the jazz musician combine forces in a concert filmed over two nights, featuring performances of Nelson originals and songs by the likes of Hoagy Carmichael, Jimmy Reed and Duke Ellington. **10.45** **Billy Joel in Black and White** The singer/songwriter talks about his inspirations and his craft at Miami's Faena Theatre and performs songs from his back catalogue. **11.45** **Madness: the Get Up!** Film featuring live performances by the band combined with comedy sketches written by Charlie Higson. **1.35am** **Everyone Stares: the Police** Inside Out: the band's rise to stardom **3.20** **Southern Journey (Revisited) (AD) 5.00** The Band: Music Icons **5.30–6.00am** Video Killed the Radio Star **Sky Arts** Freeview 11 Freesat 147 Sky 130 Virgin 140/HD 123 BT 350/HD 365

## 4seven

49

**9.00am** Come Dine with Me: from Swansea **11.30** A Place in the Sun: double bill **1.30pm** A New Life in the Sun **2.30** Come Dine with Me (AD) **5.00** A Place in the Sun **6.00pm** **A New Life in the Sun** A couple's wilderness retreat plans are threatened by a mobile-phone mast. Shown 4pm C4 **7.00** **George Clarke's Old House, New Home** The architect advises a couple who are planning to transform their Victorian terrace in Clapham, south London. (SL) (AD) **8.00** **George Clarke's Amazing Spaces Ep 5 Series 11.** A mum transforms an old horse-drawn caravan into an accessible space for her daughter. Shown Mon 8pm C4 **9.00 24 Hours in A&E Ep 6.** Connor, 21, is rushed in after a motorbike accident, leaving him with leg and lung injuries. Shown Tue 9pm C4 **10.00** **FILM Hunter Killer** ★★ Action thriller with Gerard Butler and Gary Oldman. When a US naval craft goes missing in the Arctic, a submarine captained by unorthodox commander Joe Glass is sent to investigate. **Review page 47.** Shown Sat 11.00pm Channel 4 **12.25am** SAS: Who Dares Wins – Jungle Hell (AD) **1.30** The Great Pottery Throw Down: the remaining potters create gargoyles (AD) **2.50** **Celebrity Gogglebox (AD) 3.50–4.50am** **Gogglebox (AD) 4seven** F'view 49 F'sat 127 Sky 137 Virgin 143

## Quest

12

**6.00am** How Do They Do It? **6.25** Find It, Fix It, Flog It **7.10** The Repair Shop **8.00** American Pickers **10.00** Chasing Classic Cars **11.00** Salvage Hunters: Classic Cars **12 noon** Three Men Four Wheels **1.00pm** The Repair Shop **2.00** Love Your Garden **3.00** Find It, Fix It, Flog It **4.00** Salvage Hunters **5.00** Salvage Hunters: the Restorers **6.00** Wheeler Dealers (AD) **7.00** Aussie Gold Hunters **8.00** Salvage Hunters **9.00 New.** Helicopter ER **10.00 New.** Ambulance **11.00** How Do They Do It? **12 midnight** Wheeler Dealers **1.00am** Cops UK: Bodycam Squad **2.00** Salvage Hunters: Classic Cars **3.00** Three Men Four Wheels **4.00–5.00am** How It's Made **Quest** Freeview 12 Freesat 172/HD 167 Sky 144 Virgin 169 +1 Freeview 70 Freesat 168 Sky 244 Virgin 213

## Yesterday

27



**Abandoned Engineering** 11.00pm  
A deserted industry town in Ohio

**6.00am** Chris Tarrant: Extreme Railways (AD) **8.00** Abandoned Engineering (AD) **9.00** Nazi Hunters **10.00** World War Weird **11.00** The Fred Dibnah Story **12 noon** Great British Railway Journeys **2.00pm** Bangers and Cash (AD) **4.00** Nazi Hunters **5.00** World War Weird **6.00pm** **Great British Railway Journeys** Michael Portillo travels from Middlesbrough to Hexham, Northumberland. **6.30** A journey from Newcastle to Lindsfarne. **7.00** **The Fred Dibnah Story** The life of the steeplejack and how his TV career began. **7.30** Fred gets his first taste of fame. **8.00** **Secrets of the London Underground** Tim Dunn and Siddy Holloway explore the disused parts of London Bridge. (AD) **9.00** Exploring King's Cross St Pancras. (AD) **10.00** **Bangers and Cash** Derek collects a Ford Thames 400E that once belonged to the pop band Edison Lighthouse. (AD) **11.00** **Abandoned Engineering** Exploring a once beautiful Croatian resort and an otherworldly Garden of Eden in Mexico. (AD) **12 midnight** Great British Railway Journeys **1.00am** Great British Landmark Fixers **2.00–3.00am** Chris Tarrant: Extreme Railways (AD) **Yesterday** Freeview 27 Freesat 159 Sky 155 Virgin 129 +1 Freeview 74 Sky 255 Virgin 217

## Dave

19

**7.10am** Mega Air **8.00** Special Ops: Crime Squad UK (AD) **9.00** The Force: behind the Line **10.00** Survivor South Africa (AD) **11.00** Rick Stein's Secret France (AD) **12 noon** Fast Justice **1.00pm** Border Force: America's Gatekeepers: a traveller is caught smuggling cash (AD) **2.00** Top Gear (AD) **4.00** **New.** Survivor South Africa (AD) **5.00** QI XL **6.00pm** **Taskmaster 7/10 Series 7.** More baffling challenges, which this time involve corneas, crackers and construction. **7.00** **Richard Osman's House of Games** Kae Kurd, Zoe Lyons, Andrew Hunter Murray and Kate Robbins compete. **7.40** **Would I Lie to You?** With Susie Dent, Bob Mortimer, Ore Oduba and Stacey Solomon. **8.20** QI Johnny Vegas, David Mitchell and Rob Brydon join Alan Davies and Stephen Fry. **9.00** **Have I Got a Bit More News for You** Jo Brand hosts with guest panellists Reginald D Hunter and Charlene White. **10.00** QI XL Guests include Ross Noble. **11.00** **Taskmaster 10/10 Series 8.** Lou Sanders chews on some stationery. **12 midnight** Mock the Week **12.40am** QI **1.20** Meet the Richardsons **2.00** Richard Osman's House of Games **2.30–4.00am** Not Going Out **Dave** F'view 19 F'sat 157 Sky 111 (Wales 112) Virgin HD 127 **Dave Ja Vu** Freeview 57 Sky 211 (Wales 212) Virgin 131

## London Live

8

**6.00am** Roswell Conspiracies **6.30** Dork Hunters from Outer Space **7.00** Pocket Dragon Adventures **7.30** Extreme Dinosaurs **8.00** Stone Age **8.30** Legend of the Dragon **9.00** Blandings **9.45** London Districts **10.00** Private Lives of the Tudors **11.00** Shine on Harvey Moon **12 noon** Dear John **12.45pm** London Districts **1.00** **FILM** The Battle of the Sexes ★★ (BW) **2.45** **FILM** Above Us the Waves ★★ (BW) **4.50** London Districts **5.00** Dear John **5.45** London Districts **6.00** London Live News **7.00** Serving the Royals **8.00** Get Back **8.45** London Districts **9.00** Dickensian **10.00** Mistresses **11.15** An Englishman in New York **12.50am** Mysterious Creatures **2.15** Dickensian **3.15** London Districts **3.30** News Rewind **5.00–6.00am** Talking Points **London Live** Freeview 8 Sky 117 Virgin HD 159 Available in London area only. Other regional stations available on Freeview 7 or 8 around the country

## 5 USA

21

**9.00am** Entertainment News **9.05** NCIS **12 noon** Law & Order **3.55pm** Entertainment News **4.00** Law & Order **6.00** NCIS Series 3 Four episodes. The team suspect a marine has faked his own death **7.00** The agents hunt for a serial killer **8.00** The team try to stop a suicide bomber **9.00** The body of a missing marine is found in a frozen lake (AD) **10.00** Law & Order: Special Victims Unit Series 22. Double bill. Benson tracks down a serial rapist, then he helps two sisters get closure from a harrowing childhood assault **11.55** Law & Order: Criminal Intent: double bill **1.50am** Criminal Minds: double bill **3.35–4.00am** Criminals: Caught on Camera **5 USA** Freeview 21 Freesat 129 Sky 141 Virgin 153 +1 Freesat 130 Sky 241 Virgin 185

## 5 Star

32

**8.00am** Entertainment News **8.10** Rich Kids Go Skint (AD) **9.00** Bargain-Loving Brits in the Sun **10.00** Shoplifters and Scammers: at War with the Law **11.00** Traffic Cops **2.00pm** Police Interceptors **5.00** Shoplifters and Scammers: at War with the Law **6.00pm** **Home and Away** The golf tournament brings out the worst in Justin and John. Shown 1.45pm Channel 5 (AD) **6.30 New.** Bree is on tenterhooks awaiting news about her abusive husband. (AD) **7.00** **Shoplifters and Scammers: at War with the Law** In Manchester, two masked raiders get more than they bargained for. **8.00 New. Car Pound Cops: Give Me My Car Back!** The work of vehicle recovery crews. **9.00** **FILM Oblivion** ★★ Sci-fi action adventure starring Tom Cruise. **11.30** **FILM Final Destination 3** ★★ Horror thriller starring Mary Elizabeth Winstead and Ryan Merriman. **1.25am** Countdown to Murder (AD) **2.25** Cold Case Killers **3.20** Dogs with Incredible Jobs **3.50–4.00am** Entertainment News **5 Star** Freeview 32 Freesat 131 Sky 128 Virgin 151 +1 Freesat 141 Sky 228 Virgin 186

## 5 Action

33

**9.00am** Winter Road Rescue **10.05** Trucking Hell (AD) **11.00** Police Interceptors **12 noon** **FILM** The Enemy Below ★★ ★★ Second World War drama starring Robert Mitchum and Curt Jurgens. **Review page 107** **2.00** **FILM** Lone Star ★★ Western starring Clark Gable (BW) **3.55** Trucking Hell (AD) **4.55** Winter Road Rescue **6.00pm** **Police Interceptors** Damo deploys a stinger in a bid to stop a drunk driver. **7.00** **Motorway Cops: Catching Britain's Speeders** PC Niaz Waddington attempts to catch a vehicle with cloned plates. **8.00** **Traffic Cops** Officers clamp down on repeat offenders in North Yorkshire. **9.00** **FILM Lethal Weapon 3** ★★ Action comedy thriller starring Mel Gibson, Danny Glover and Joe Pesci. **11.25** **Police Code Zero: Officer under Attack** Exploring the rising number of assaults on police officers. **12.25am** Police Interceptors: double bill **2.20** 999: Criminals Caught on Camera (AD) **3.20** Seconds from Death: Caught on Camera (AD) **4.10–5.00am** Sewermen (AD)

**5 Action** F'view 33 F'sat 132 Sky 150 Virgin 187/HD 150

## 5 Select

56

**9.00am** GPs: behind Closed Doors (AD) **10.00** The Yorkshire Vet **12 noon** The Highland Vet **1.00pm** GPs: behind Closed Doors (AD) **3.00** The Yorkshire Vet **5.00** The Highland Vet **6.00pm** **Around the World by Train with Tony Robinson** The actor heads to America. **7.00** **Scotland's Most Scenic Railway Journeys** A trip from the Kyle of Lochalsh on the far west coast of Scotland. **8.00** **Ancient Mysteries: Underwater Stonehenge** The discovery of an ancient underwater monument off the coast of Israel. **9.00** **The Vanishing of Flight MH370** The disappearance of the flight in March 2014. **11.00** **Forged in Fire** A spiked shield. **12 midnight** The distinctive Moro kris sword. **12.55am** Inside the Tower of London: the staff prepares to reopen **3.00** Tony Robinson's History of Britain **3.50–4.00am** Entertainment News **5 Select** F'view (HD only) 56 F'sat 133 Sky 153 Virgin 152

**FREEVIEW TV and film channels continue overleaf**



# FRIDAY Freeview & films

## W 25



**Miranda 10.10pm** Miranda takes stock of her life so far

**6.10am** Top Chef (S) (HD) **7.00** DIY SOS: the Big Build (S) (HD) **8.00** Tipping Point (S) (HD) **10.00** DIY SOS: the Big Build (S) (HD) **12 noon** Rochelle Humes: Interior Designer in the Making (S) (AD) (HD) **1.00pm** Tipping Point (S) (HD) **4.00** DIY SOS: the Big Build (S) (HD) **5.00** Property Brothers: Forever Homes (S) (AD) (HD)

**6.00pm** MasterChef Australia An elimination challenge. (S) (HD)

**7.40** Inside the Ambulance A man collapses while playing bingo. (S) (HD) **8.10** A woman is trapped in her car after an accident. (S) (AD) (HD)

**9.10** Emergency: First Time Medics Adrian does a tricky blood test on a critically-ill patient. (AD) (HD)

**10.10** Miranda 4/6 Series 3 Miranda looks after her sick mother. **10.50** 5/6. The shopkeeper realises she is still attracted to Gary. **11.30** 6/6. Miranda packs her bags to go travelling. (S) (AD) (HD)

**12.10am** 24 Hours in A&E (S) (HD) **1.10** One Born Every Minute (S) (HD) **1.55-3.00am** Date Night (S) (HD)

W F'view 25 F'sat 156 Sky 132 Virgin HD 125 +1 Sky 232 Virgin 190

## Pick 36

**7.00am** Border Security: Canada's Front Line **8.00** Motorway Patrol **9.00** Stop, Search, Seize (AD) **10.00** Nothing to Declare (AD) **11.00** Highway Patrol **12 noon** Highway Cops (AD) **1.00pm** Border Patrol (AD) **2.00** Border Security: Canada's Front Line **3.00** Nothing to Declare **4.00** Star Trek: the Next Generation **5.00** Warehouse 13 **6.00pm** The Librarians **7.00** Star Trek: Voyager **8.00** NCIS: New Orleans **9.00** New. The Real Manhunter: the murder of NHS worker Duncan Bone in 1992 (AD) **10.00** New. The Real Manhunter: an occult-obsessed man gets jail time (AD) **11.00** Britain's Most Evil Killers **12 midnight** How I Caught the Killer **1.00am** Caribbean Cops (AD) **2.00** Nothing to Declare **3.00** Border Patrol (AD) **4.00** Motorway Patrol **5.00-6.00am** Highway Cops (AD)

Pick F'view 36 F'sat 144 Sky 151 Virgin 135

## HGTV 44

**7.00am** Building Off the Grid **8.00** The Great Interior Design Challenge (AD) **9.00** A Place in the Sun **10.00** Escape to the Country **12 noon** My Lottery Dream Home **1.00pm** Fixer to Fabulous **2.00** My Dream Derelict Home in the Sun **3.00** The Great Interior Design Challenge (AD) **4.00** Sarah Beeny's Renovate Don't Relocate (AD) **5.00** Building Off the Grid **6.00** A Place in the Sun **7.00** Escape to the Country **9.00** Good Bones **10.00** Fixer Upper: the Castle **10.30** The Retro Plant Shop with Mikey and Jo **11.00** Fixer to Fabulous **12 midnight** Escape to the Country **1.00am** Building Off the Grid **2.00** Sarah Beeny's Renovate Don't Relocate (AD) **3.00-4.00am** My Lottery Dream Home

HGTV F'view 44 F'sat 166 Sky 158 Virgin 286 +1 Sky 258 Virgin 290

**FREEVIEW channels continued from overleaf**

## Food Network 43



**John Torode's Ireland 9.00pm** Dublin delicacies

**6.00am** Trisha's Southern Kitchen (HD) **7.00** The Pioneer Woman (HD) **8.00** New. Valerie's Home Cooking (HD) **9.00** Jamie's 15-Minute Meals (S) (HD) **9.30** Jamie's 30-Minute Meals (S) (AD) (HD) **10.00** Hairy Bikers' Mississippi Adventure (S) (AD) (HD) **11.00** Rachel Allen's Cake Diaries (S) (HD) **12 noon** The Great British Bake Off (S) (HD) **1.30pm** Nadiya's Family Favourites (S) (AD) (HD) **2.00** James Martin's French Adventure (S) (AD) (HD) **3.00** River Cottage Road Trip **4.00** Valerie's Home Cooking (HD) **5.00** Barefoot Contessa: back to Basics (S) (AD) (HD) **6.00** Jamie and Jimmy's Friday Night Feast (S) (HD) **7.00** The Great British Bake Off (S) (HD) **8.30** Nadiya's Family Favourites (S) (AD) (HD) **9.00** John Torode's Ireland: John explores the food of Dublin (S) (HD) **10.00** Jamie and Jimmy's Friday Night Feast: with Ashley Jensen (S) (HD) **11.00** Restaurant: Impossible (HD) **12.30am** New. Guy's Grocery Games: four chefs take part in the cooking competition (HD) **1.30** Restaurant: Impossible (HD) **2.30-3.00am** Jamie's Meat-Free Meals (HD)

Food Network Freeview 43 Freesat 148 Sky 140 Virgin 285

## Great TV 50

**6.00am** Sue Thomas: F.B.Eye **8.00** Highway to Heaven **10.00** Crazy like a Fox **11.00** Castle **12 noon** Body of Proof **1.00pm** Sue Thomas: F.B.Eye **3.00** Diagnosis Murder **5.00** Murder, She Wrote **7.00** M\*A\*S\*H **9.00** Randall and Hopkirk (Deceased): Marty's aunt needs protection in Monte Carlo **10.00** The Persuaders! **11.00** Return of the Saint **12 midnight** M\*A\*S\*H **2.00am** Randall and Hopkirk (Deceased) **3.00** Sue Thomas: F.B.Eye **4.30-6.00am** Highway to Heaven: double bill

Great TV Freeview 50 (limited) Freesat 142 Sky 157 Virgin 189 +1 Freesat 143 Sky 257

## RealityXtra 68

**9.00am** Perry Mason **11.00** Matlock **12 noon** The Fugitive **1.05pm** JAG **3.00** Perry Mason: double bill. Perry calls a donkey to the stand, then a woman trying to blackmail a museum owner is found dead **5.00** The Fugitive: Kimble finds himself snapped in a picture of some newlyweds **6.00** Matlock: a second young man dies mysteriously **7.00** Judge Judy **1.00am** Matlock **2.00** The Fugitive **3.00** The Real Prime Suspect **5.00-6.00am** Medical Detectives

RealityXtra Freeview 68 Freesat 134 Sky 147 Virgin 197

## BBC Parliament 232

**6.00am** Westminster Hall: House of Commons proceedings **9.00** Select Committees: coverage of the work of committees set up to investigate aspects of public policy and society **3.00pm** House of Lords: highlights of proceedings in the House of Lords **9.00** Scottish First Minister's Questions: questions to First Minister Nicola Sturgeon from Thursday 9 February **10.00-6.00am** Scottish Parliament **BBC Parliament** Freeview 232 Freesat 201 Sky 504 Virgin 605

## PBS America 84



**The Silk Road 7.15pm** Sam Willis arrives in Istanbul

**8.00am** Plane Crash Re-created (S) **9.25** The Silk Road (S) **10.40** New. Israel: a Twice Promised Land **11.50** Three Days in June: the Story of the D-Day Forecast **1.00pm** Beautiful Serengeti **1.30** Plane Crash Re-created (S) **2.35** The Silk Road (S) **3.55** Israel: a Twice Promised Land **5.00** Three Days in June: the Story of the D-Day Forecast **6.05pm** Plane Crash Re-created **5/10**. United Airlines Flight 232, which suffered a catastrophic failure to the tail-engine in 1989. (S)

**7.15** The Silk Road 3/3. Sam Willis visits Persepolis, the city that was at the heart of the Persian empire. (S)

**8.30** Israel: a Twice Promised Land 2/2. The story of Israel after the Second World War.

**9.35** Three Days in June: the Story of the D-Day Forecast How the launch of D-Day was determined by a remote station in Ireland.

**10.45** The Silk Road As 7.15pm. **12 midnight** As 8.30pm

**1.15-2.00am** Beautiful Serengeti **PBS America** F'view 84 (1pm-12 midnight only) Freesat 155 Sky 174 Virgin 273

## Blaze 64

**6.00am** Hardcore Pawn **7.45** Weird or What? with William Shatner **8.40** Ancient Aliens **9.40** Ancient Aliens: Secret Science **10.40** Storage Wars Canada **11.10** Storage Wars **12.10pm** Pawn Stars **2.05** Hardcore Pawn **4.00** Ancient Aliens **6.00pm** Weird or What? with William Shatner: a toddler who survived being frozen solid **7.00** Storage Wars: double bill **8.00** Dickinson's Real Deal: David and the team are in Stoke-on-Trent **9.00** Walking through History: Tony Robinson travels along the seascapes of the north Norfolk coast **10.00** Strangest Things **11.00** Secrets in the Ice **12 midnight** Monsterquest **1.00am** Wicked Tuna **2.00** Swamp People **3.00** Dickinson's Real Deal **3.45** Storage Wars Canada **4.10-6.00am** Pawn Stars

Blaze F'view 64 F'sat 162 Sky 164 Virgin 199

## Challenge 48

**7.00am** The Chase **10.00** Dickinson's Real Deal: Joan and daughter Ann try to sell some family jewellery to dealer Clive Attrell in Bognor Regis and are surprised at his valuation **11.00** Supermarket Sweep **12 noon** Wheel of Fortune (AD) **1.00pm** Catchphrase: with Roy Walker (AD) **2.00** Who Wants to Be a Millionaire?: a classic episode of the award-winning quiz show **3.00** Play Your Cards Right: game show hosted by Bruce Forsyth (AD) **4.00** Bruce's Price Is Right: big-prize game show **5.00** Bullseye **7.00pm** Pointless: quiz show hosted by Alexander Armstrong **8.00** The Chase **10.00** Who Wants to Be a Millionaire? **11.00** Bullseye **12 midnight** The Chase: four editions **4.00am** Who Wants to Be a Millionaire? **5.00-6.00am** Bullseye **Challenge** Freeview 48 Freesat 146 Sky 145 Virgin 139

## CHILDREN'S

### Milkshake! on C5

**5.35am** Peppa Pig **5.40** Paw Patrol **5.50** Pip and Posy **6.00** Peppa Pig **6.15** Blue's Clues & You **6.40** Oggy Oggy **6.45** Odo **6.55** New. Fireman Sam **7.05** Thomas & Friends **7.15** Kangaroo Beach **7.25** Peppa Pig **7.40** Paw Patrol **7.55** Pip and Posy **8.10** Paddington **8.25** Milo **8.35** Paw Patrol **8.50** Daisy & Ollie **8.55** Pip and Posy **9.05** Peppa Pig **9.10-9.15am** Sunny Bunnies

Full listings for Channel 5 are on p104

### CBeebies 202

**6.00am** Raa Raa **6.10** Bing **6.20** Teletubbies **6.35** School of Roars **6.40** Chuggington **6.50** Bing **7.00** New. Colourblocks **7.05** Hey Duggee **7.20** Bluey **7.35** Go Jetters **7.50** Peter Rabbit **8.00** Octonauts **8.15** Numberblocks **8.20** Love Monster **8.25** Nick Cope's Popcast **8.35** Justin's House **9.00** Bing **9.10** Yakka Deel **9.15** Messy Goes to OKIDO **9.25** Colourblocks **9.30** Twirlywoos **9.45** Something Special **10.05** Teletubbies **10.20** The Toddler Club **10.35** Small Potatoes **10.40** Hey Duggee **10.45** Roots and Fruits **10.50** B.O.T. and the Beasties **11.00** Bluey **11.05** Let's Go for a Walk **11.20** School of Roars **11.30** Teeny Tiny Creatures **11.40** Our Family **11.55** What's On Your Head? **12 noon** Big Cook Little Cook **12.20pm** Woolly & Tig **12.25** Waffle **12.35** Tee and Mo **12.45** Pablo **1.00** Yakka Deel **1.05** Numberblocks **1.10** Alphablocks **1.20** Dog Loves Books **1.25** Hey Duggee **1.30** Love Monster **1.40** Let's Dance **1.45** Something Special **2.10** Teletubbies **2.25** Bluey **2.30** Go Jetters **2.40** My Petsaurus **2.45** Maddy's Do You Know? **3.00** Dog Squad **3.15** Swashbuckle **3.35** Hey Duggee **3.45** Peter Rabbit **3.55** Andy's Wild Adventures **4.10** New. Pinocchio and Friends **4.25** Bluey **4.40** Supertato **4.45** Go Jetters **5.00** Hey Duggee **5.15** Biff and Chip **5.25** Sarah & Duck **5.35** JoJo & Gran Gran **5.45** Moon and Me **6.10** Clangers **6.20** In the Night Garden... **6.50-7.00pm** New. Bedtime Stories

CBeebies F'view 202 F'sat 608 Sky 608 Virgin 702

### CBBC 201

**7.00am** Shaun the Sheep **7.05** Danger Mouse **7.20** Dennis & Gnasher **7.35** Boy Girl Dog Cat Mouse Cheese **7.45** New. Newsround **7.55** Ninja Express **8.10** New. Operation Ouch! **8.20** Odd Squad **8.35** Horrible Histories **9.05** Princess Mirror-Belle **9.25** Sketchy Comedy **9.25** Danny & Mick **9.40** Andy and the Band **9.55** Nine Minute Ninja **10.00** Operation Ouch! **10.30** Horrible Histories **11.00** Bitesize Daily **11.20** Celebrity Supply Teacher **11.30** Craft Party **11.45** Wild & Weird **12 noon** Danger Mouse **12.15pm** Oswald **12.25** Boy Girl Dog Cat Mouse Cheese **12.35** Monster Loving Maniacs **12.50** Dennis & Gnasher **1.00** The Next Step **1.45** The Dumping Ground: I'm... **2.00** The Dengeers **2.30** Secret Life of Boys **2.50** Nikki Lilly Meets **3.00** Our Boarding School **3.20** Best in the World **3.40** Danger Mouse **3.50** Shaun the Sheep **4.00** Ninja Express **4.10** Boy Girl Dog Cat Mouse Cheese **4.25** Oswald **4.35** New. Pokémon **5.00** New. Blue Peter **5.30** Nova Jones **6.00** New. The Beaker Girls **6.25-7.00pm** My Life: Changing Face of Beauty

CBBC F'view 201 F'sat 607 Sky 607 Virgin 701

### CITV 203

**6.00am** Mission Employable **6.05** Robozuna **6.30** Hotel Transylvania **7.00** Smarty Pants **7.15** Mr Magoo **7.30** Lloyd of the Flies **7.45** 50/50 Heroes **8.30** Scooby-Doo **9.25** Buck and Buddy **9.30** Scooby-Doo **9.55** Tata and Kuma **10.00** Teen Titans Go! **10.25** DC Super Hero Girls **10.50** Mr Bean: the Animated Series **11.30** Dave Spud **12 noon** Mighty Mike **12.30pm** Detention Adventure **12.45** Mini Movies **1.15** Inspector Gadget **1.45** 50/50 Heroes **2.30** Hotel Transylvania **3.00** Craig of the Creek **3.30** Scooby-Doo **4.30** Smarty Pants **4.45** Mr Magoo **5.00** Lloyd of the Flies **5.30** Dave Spud **6.00** Teen Titans Go! **6.30** Inspector Gadget **7.00** Scooby-Doo **7.30** Lego Marvel Avengers **8.00** Mr Bean: the Animated Series **8.30** Mini Movies **8.55-9.00pm** Mission Employable

CITV F'view 203 F'sat 602 Sky 612 Virgin 734

## FILMS

### Film4 14

**11.00am** The Stranger ★★★ Orson Welles stars in and directs this stylish thriller. Edward G Robinson (1946, PG) (S)

**12.55pm** Dead Reckoning ★★★★★ Humphrey Bogart stars in this hard-boiled thriller with razor-sharp dialogue. (1947, U) (S) (AD)

**3.05** Tomahawk ★★★ Peace-loving frontier scout Van Heflin is up against both sides in this western. Yvonne De Carlo (1951) (S)

**4.45** The Wrong Box ★★★ A host of British comedy legends serves up memorable moments in this quirky period comedy. Review, right. John Mills, Ralph Richardson (1966, U) (S)

**6.55pm** Eye in the Sky ★★★★★ Gavin Hood's clear-eyed and tense war thriller sees colonel Helen Mirren in charge of a joint UK/US drone-based anti-terrorist mission. Aaron Paul (2015, 15) (S) (AD)

**9.00** Planes, Trains and Automobiles ★★★★★ Two strangers get lumbered with each other as they try to make it home for Thanksgiving, in this amiable comedy. Steve Martin (1987, 15) (S)

**10.50** The Long Good Friday ★★★★★ Violent thriller about a gangster seeking revenge after a rival ruins a property deal. Review, right. Bob Hoskins (1979, 18) (S)

**1.05-3.30am** High-Rise ★★★ Good-looking if disjointed dystopian drama about conflict between poor people on the lower levels and top-storey toffs. Tom Hiddleston (2015, 15) (S) (AD)

Film4 Freeview 14 Freesat 300 Sky 313 Virgin 428 +1 F'view 47 F'sat 301 Sky 314 Virgin 430

### Talking Pictures TV 82

**6.00am** Action Stations ★★ Inept thriller. Paul Carpenter (1956, U) (S) **7.05** Paper Tiger ★★★ Comedy adventure about a tutor who must entertain his charge when they are kidnapped. David Niven (1974, PG) (S) **9.15** The Cat ★★ Modest family adventure. Roger Perry (1966, U) (S) **10.55** The Black Book ★★★★★ Stylish thriller about Robespierre's plot to become dictator. Review, right. Robert Cummings (1949) (S) **12.40pm** Holy Matrimony ★★★★★ Smooth, witty comedy in which a painter passes himself off as his dead Butler to avoid attention from the art world. Monty Woolley, Gracie Fields (1943, U) **2.30** Crown Court TV drama. **3.00** It's a Lovely Day Tomorrow: the Story of the 1943 Bethnal Green Tube Disaster A family living on the London Underground. (S) **4.30** Booby Trap ★ Crime thriller. Sydney Talfer (1957, 12) (S)

**6.00pm** The Grapes of Wrath ★★★★★ A family flees Oklahoma for the promise of a life in California in this magnificent adaptation of John Steinbeck's novel. Review, right. Henry Fonda, Jane Darwell (1940, PG) (S)

**8.30** Dial 999 TV drama. (S) **9.05** The Bride ★★ Another variation on the classic Frankenstein story. Review, right. Sting (1985, 15) (S)

**11.35** The Boogie Man Will Get You ★★★★★ Boris Karloff and Peter Lorre unite in this lively comic horror about a murderous scientist trying to create superhumans. (1942, PG) (S)

**1.05am** The Sadist ★★★★★ Powerful drama starring Arch Hall Jr as a juvenile delinquent who terrorises three teachers. Helen Hovey (1963, 15) (S) **3.00** Blood Relatives ★★★★★ Well-observed crime drama. Donald Sutherland (1977, 18) **5.00-6.00am** Target: the Corruptors Paul Marino investigates the Mob.

**Talking Pictures TV** Freeview 82 Freesat 306 Sky 328 Virgin 445



## FILM REVIEWS



FILM  
OF THE  
DAY

**Memento** ★★★★★ 11.05pm-12.55am **BBC2** 15

**THRILLER** This dazzling, highly original film starts with a murder, then moves backwards through the events that led up to it. Matters are complicated by the fact that the protagonist of the story (Guy Pearce) suffers from a rare form of amnesia, leaving him with no short-term memory, and the jumbled narrative that unfolds proves equally challenging for the viewer. The film announced a brilliantly individual talent in Christopher Nolan, who went on to direct the Batman films starring Christian Bale, as well as *Inception*, *Dunkirk* and *Tenet*. His latest film, *Oppenheimer*, is released in July. **DAVID MCGILLIVRAY** (US 2000, violence, swearing, col/BW, HD)

**The Black Book** ★★★★★  
10.55am-12.40pm  
**Talking Pictures TV**

**DRAMA** This good-looking and ingeniously plotted tale describes Robespierre's plot to become dictator after the French Revolution. Richard Basehart is superbly malevolent in the lead, and there are passable performances from Robert Cummings and Arlene Dahl. The machiavellian intrigue unfolds in vivid film noir style under director Anthony Mann. **ALLEN EYLES** (US 1949, BW)

**The Enemy Below** ★★★★★  
12 noon-2.00pm **5 Action** PG

**WAR** Based on a real story, this is a stunning drama about a German U-boat and the US destroyer stalking it. Curt Jurgens and Robert Mitchum turn in fine performances as the respective skippers, while the special effects won an Oscar. But it's Dick Powell's direction that really stands out – his taut handling of the action makes this one of his finest movie achievements. **TONY SLOMAN** (US 1957, HD)

**The Wrong Box** ★★★★★  
4.45-6.55pm **Film4** U

**COMEDY** This movie actually owes more to the Swinging Sixties than to the Victorian era in which it is set. The story is about a family inheritance,

their intriguing relationship that forms the heart of the movie. **LORIEN HAYNES** (US 2001, violence, swearing)

**The Bride** ★★ 9.05-11.30pm  
**Talking Pictures TV** 15

**HORROR** New to Talking Pictures TV, this bizarre version of Mary Shelley's *Frankenstein* casts Sting as the Baron. He brings new creation Jennifer Beals to life under the gaze of monster number one Clancy Brown. The production design is lush and impressive, as is Maurice Jarre's score, but there's not much of substance under the style. **TS** (US 1985, violence, nudity)

**Con Air** ★★★★★  
10.45pm-12.55am **ITV1** 18

**THRILLER** This top-notch action movie stars Nicolas Cage as an ex-Army Ranger whose flight home from jail is hijacked by America's worst felons. Cage's macho posturing is irresistible, as is John Malkovich's tongue-in-cheek turn as a criminal mastermind, but Steve Buscemi steals every scene with his inspired pastiche of Hannibal Lecter. **JASON CARO** (US 1997, violence, swearing, HD)

**The Long Good Friday** ★★★★★  
10.50pm-1.05am **Film4** 18

**CRIME** Bob Hoskins got his big break here, playing the East End mobster whose gang is being picked off by a rival. John Mackenzie's film is both an explosively violent thriller and a sharp evocation of the enterprise culture of its time, with Hoskins dreaming of developing London's Docklands using Mafia money. **AT** (UK 1979, violence, swearing, nudity, HD)

**Sky Cinema picks**

**Flight** ★★★★★  
1.30-3.50pm **Sky Drama**  
Denzel is too high to fly. (2012, 15)  
Sky 310; Virgin 410; BT 510/524

**Cloudy with a Chance of Meatballs** ★★★★★ 4.00-5.40pm **Sky Animation**  
Clever animated comedy, followed by the sequel. (2009, U)  
Sky 305; Virgin 412; BT 500/514

**Pitch Perfect** ★★★★★  
9.50pm-12 midnight  
**Sky Cinema Comedy**  
You've got to sing to win. (2012, 12)  
Sky 308; Virgin 408; BT 508/522

**Films to stream from p32**  
Netflix, Amazon, Disney+ and more

## Sky Premiere

**6.00am** The Cinema List: Sports Films **6.15 Alice** As 1.35pm **8.05 Top Gun: Maverick** As 5.50pm **10.20 The Railway Children Return** As 8pm **12 noon Dakota** As 9.40pm **1.50pm Dear Elizabeth** ★★ Awkward satire of celebrity worship. Tony Hale, Elisha Cuthbert (2020, 12) **3.40 Father Stu** ★★ Unconvincing religious drama. Mark Wahlberg (2022, 15) **5.50pm Top Gun: Maverick** ★★★★★ Tom Cruise's action-packed and genuinely moving return to the skies. Jennifer Connelly, Val Kilmer (2022, 12) **8.00 The Railway Children Return** ★★★★★ Wholesome sequel to the 1970 family film classic. Jenny Agutter, Sheridan Smith, John Bradley (2022, PG) **9.40 Dakota** ★★ Warm-hearted drama about a widow and her daughter who take on her soldier-husband's dog. Abbie Cornish (2022, PG) **11.35 Alice** ★★ Keke Palmer plays an escaped slave in this bold blend of blaxploitation and social comment. Common, Jonny Lee Miller (2022, 15) **1.35am Dear Elizabeth** As 1.50pm **3.30 Father Stu** As 3.40pm **5.40 Sky Cinema Preview**

**Sky Premiere** Sky 301 Virgin 401  
BT 501/HD 515 +1 Sky 312

## Great Movies 34

**9.00am Murder at the Mansion** ★★ Made-for-TV thriller. Anna Hutchison (2018) **11.00 The Landlord** ★★ Queasily effective psycho-thriller. Neville Archambault (2016, 15) **1.00pm A Life of Deception** ★★ By-the-numbers thriller. Emmanuelle Vaugier (2017) **3.00 Gone Missing** ★★ Crime drama. Daphne Zuniga, Lauren Bowles (2013) **4.45 Mackenna's Gold** ★★ Predictable but enjoyable western. Gregory Peck, Omar Sharif (1969, 15) **7.10pm Surrogates** ★★ Bruce Willis stars in this sci-fi thriller set in a future where people have robotic alter egos. **Review p57**, (2009, 12) **9.00 The Mexican** ★★ Brad Pitt is caught between the mob and his girlfriend in this offbeat comedy drama. **Review, right**. Julia Roberts (2001, 15) **11.25 Kingdom of Heaven** ★★★★★ Orlando Bloom joins the Crusades in this exciting historical drama. **Review p47**. Eva Green, Jeremy Irons (2005, 15) **2.20am Awake** ★★ Lethargic thriller. (2007, 15) **4.05-6.00am A Rainy Day in New York** ★★ Droll comedy. Timothée Chalamet (2019, 12) **Great Movies** Freeview 34 Freesat 302 Sky 321 Virgin 425 +1 Freeview 61 (limited 10pm-5am) Sky 322

## Great Romance 52

**6.00am Flip That Romance** ★★ Glossy romance. (2019) **8.00 Home by Spring** ★★ Romantic drama. (2018) **10.00 I Married Who?** ★★ Romcom. (2012) **12 noon Love's Second Chance** ★★ Romance. (2020) **2.00pm I Do, I Do, I Do** ★★ Fun romantic comedy fantasy. (2015) **4.00 Listen Out for Love** ★★ Perky romcom. (2021) **6.00pm Starting Up Love** ★★ Romantic sparks fly between a young woman and a handyman. (2019) **8.00 Love Locks** ★★ Starry Parisian romance. Rebecca Romijn (2017) **10.00 A Whirlwind Wedding** ★★ An event planner and a chef find love in this no-frills romance. (2020) **11.50 A Dash of Love** ★★ Inviting romance. Jen Lilley, Brendan Penny (2017) **1.30am Our Dream Wedding** ★★ Cosy romantic drama. (2020) **3.00 Lucky in Love** ★★ Banal romantic comedy drama. (2014) **4.30-6.00am Lying to Be Perfect** ★★ Predictable comedy drama. (2010) **Great Romance** Freeview 52 (limited) Freesat 303 Sky 319 Virgin 424 +1 Fview 63 (limited 10pm-5am) F'sat 304 Sky 320

## TCM Movies

**6.00am** Hollywood's Best Directors **7.10 Off Set** **7.25 The Glenn Miller Story** ★★★★★ Entertaining biopic about the iconic band leader. James Stewart (1953, U) **9.50 One of Our Spies Is Missing** ★★★★★ Spy adventure. **Review p77**. Robert Vaughn (1966, U) **11.45 Wichita** ★★★★★ Intelligent western. Joel McCrea (1955, U) **1.30pm The Spy in the Green Hat** ★★★★★ Spy adventure. Robert Vaughn, David McCallum (1966) **3.30 Law of the Panhandle** ★★★★★ Pacey western. (1950, U) **4.45 Hellfire** ★★★★★ Thoughtful western. William Elliott (1949) **6.35pm Operation Daybreak** ★★★★★ Exciting war thriller about an attempt to assassinate Gestapo chief Reinhard Heydrich. Timothy Bottoms (1975, 15) **9.00 The Man from U.N.C.L.E.** ★★★★★ The Swinging Sixties TV spy series gets an enjoyable movie makeover. Henry Cavill, Armie Hammer (2015, 12) **11.25 National Lampoon's European Vacation** ★★★★★ Endearing comedy starring Chevy Chase. Beverly D'Angelo (1985, 15) **1.20am Teleshopping** **3.40 Off Set** **4.00 Close Up** **5.00 Hollywood's Best Film Directors** **TCM Movies** Sky 315 Virgin 415 +1 Sky 316 Virgin 417

## Great Movies Action 42

**6.00am M\*A\*S\*H: double bill** **7.00 Bullet to Beijing** ★★ Spy thriller. Michael Caine (1995, 15) **9.00 Deadly Inferno** ★★ Lukewarm drama. David Sutcliffe (2016) **10.35 Battle for the Bulge** **11.30 Wild West Chronicles** **12 noon M\*A\*S\*H** **1.00pm Shady Lady** ★★ Rousing drama documentary. (2012, PG) **2.55 Surface to Air** ★★ Dire war drama. Michael Madsen (1997, 15) **4.45 Aces 'n' Eights** ★★ Violent western. (2008) **6.40pm Wild West Chronicles** TV western series with Jack Elliott. **7.10 Mega Shark vs Mecha Shark** ★★ Cut-price sci-fi horror. (2014) **9.00 Who Dares Wins** ★★ Clunky SAS action adventure inspired by the 1980 storming of the Iranian Embassy. Lewis Collins, Judy Davis (1982, 15) **11.35 Transsiberian** ★★★★★ Clever thriller set around a couple's train journey through northern Russia. Woody Harrelson, Emily Mortimer (2008, 15) **2.00-4.00am Kidnapping Mr Heineken** ★★ Inspiring true-crime story. Jim Sturgess, Sam Worthington (2015, 15) **Great Movies Action** Freeview 42 (limited) F'sat 305 Sky 323 Virgin 426 +1 Sky 324

## Legend 41

**8.00am** Walker, Texas Ranger **9.00 Mutant X** **10.00 Star Trek: The Next Generation** **11.00 Termination Point** ★★ Routine sci-fi thriller about a scientist who steals some experimental time-travel technology. Jason Priestley, Lou Diamond Phillips (2007) **1.00pm** The Gambler Returns: The Luck of the Draw: western drama starring Kenny Rogers. **5.00 Star Trek 6.00pm Star Trek: the Next Generation** TV sci-fi adventure. **7.00 Airwolf** US TV drama. **8.00 Walker, Texas Ranger** TV action drama with Chuck Norris. **9.00 The Factory** ★★ Tired serial killer thriller in which a detective is forced to take the law into his own hands. **Review p47**. John Cusack (2012, 15) **11.05 The Diabolical** ★★★★★ Effective haunted-house horror about a single mother who is visited by a violent presence. Ali Larter (2015, 15) **12.50am From the Dark** ★★ Well-acted if clichéd Irish chiller. Niamh Algar (2014) **2.40-4.30am The Toybox** ★★ Grim but unconvincing horror with some heart-pumping moments. Denise Richards (2017, 15) **Legend** F'view 41 F'sat 137 Sky 148 Virgin 149



## Sky Showcase


**Fantasy Football League**  
 10.00pm Roman Kemp

**6.00am** The Early Rundown (HD)  
**7.00** Sky News Breakfast (HD)  
**8.00** Baby Animals (S) (AD) (HD)  
**9.00** Nothing to Declare **10.00**  
 Supergirl (S) (HD) **11.00** NCIS: New  
 Orleans (S) (HD) **1.00pm** Hawaii  
 Five-0 (S) (HD) **2.00** S.W.A.T. (S) (AD)  
 (HD) **3.00** Malawi Wildlife Rescue  
 (S) (HD) **4.00** The Connors (S) (HD)  
**4.30** Futurama (S) (AD) **5.00** The  
 Simpsons (S) **5.30** The Fresh  
 Prince of Bel-Air (S) (HD)

**6.30pm The Simpsons** Triple bill  
 of the animated comedy. (S) (HD)

**7.45 Young Rock Ep 11 Series 3**  
 Dwayne lands his first TV part, but  
 gets typecast as a wrestler. (HD)

**8.15 The United Way**  
 Documentary exploring the story  
 of Manchester United FC. (S) (AD)

**10.00 New. Fantasy Football  
 League Ep 3 Series 2.** With Roman  
 Kemp and Gabby Logan. (HD)

**10.35 New. Late Late Show Best  
 of the Week** Highlights of the talk  
 show hosted by James Corden.

**11.35 Hold the Front Page 6/6**  
 Nish Kumar and Josh Widdicombe  
 work for *The Scotsman*. (HD)

**12.35am** Road Wars: double bill (S)  
**2.05** NCIS: New Orleans (S) (HD)

**3.00** Hawaii Five-0 (S) (HD) **4.00**  
 S.W.A.T. (S) (AD) (HD) **5.00-6.00am**  
 Motorway Patrol: double bill (S)

**Sky Showcase** Sky 106 Virgin 109  
 BT 340/HD 355 +1 Sky 206

## Sky Sci-Fi

**6.00am** V **7.00** The Librarians  
**8.00** Home Shopping **11.00** V  
**12 noon** Star Trek: the Next  
 Generation: double bill **1.55pm**  
 Fringe **3.25** The Outpost **4.20**  
 The Librarians **5.15** Stargate SG-1

**6.10pm Star Trek: the Next  
 Generation 16/26 Series 7.** After  
 losing his memory, Data is  
 stranded on a primitive planet.  
**7.05 17/26.** An alien device begins  
 to transform the *Enterprise* into  
 a replica of its ancient society.

**8.00 Merlin 3/13 Series 5.**  
 Arthur encounters a stranger who  
 bestows upon him the power to  
 commune with the dead. Against  
 his better judgement, the king seizes  
 the chance to summon up his father,  
 Uther Pendragon, little realising  
 that the action comes at a price.

**9.00 Evil Dead II ★★★★★**  
 Horror comedy starring  
 Bruce Campbell as Ash, whose  
 romantic break in a remote cabin  
 goes terrifyingly wrong when he  
 accidentally unleashes an evil force.

**11.00 Blood and Treasure Ep 3  
 Series 2.** A visit with Simon in prison  
 yields new information on the  
 Spirit Banner's last whereabouts,  
 sending the team to Russia.

**12 midnight Ep 4 Series 2.** An  
 antiquities expert teams up with  
 an art thief to catch a terrorist.  
**1.00am** V **2.00** Wynonna Earp  
**3.00** Stargate SG-1 **4.00-5.00am**  
 Star Trek: the Next Generation

**Sky Sci-Fi** Sky 139 Virgin 122  
 BT 348/HD 366 +1 Virgin 229

## Sky Atlantic


**Der Pass 10.00pm** Events  
 take their toll on Ellie

**6.00am** Fish Town (S) (HD) **7.55**  
 The Sopranos (S) (HD) **10.00** Ray  
 Donovan (S) (AD) (HD) **12.05pm**  
 Game of Thrones (S) (AD) (HD) **1.10**  
 Six Feet Under: double bill (S) (HD)  
**3.15** The Sopranos (S) (HD)

**5.45pm Ray Donovan 5/12**  
 Series 4. Ray and Mickey go on  
 a road trip to Primm. (S) (AD) (HD)  
**6.50 6/12.** Mickey tries to  
 convince the DA he was behind the  
 Minassian massacre. (S) (AD) (HD)

**7.55 Game of Thrones 9/10**  
 Series 3. Lord Walder Frey plays  
 host to the wedding of Lord Edmure  
 Tully and Roslin Frey. (S) (AD) (HD)

**9.00 Babylon Berlin 8/8**  
 The police make an example of  
 Nyssen, and Rath and Bruno  
 finally get a lead to the location  
 of the missing film reel. (S) (HD)

**10.00 Der Pass 5/8 Series 1**  
 Ellie and Gedeon clash as the  
 investigation begins to take its  
 toll. German +subtitles. (HD)

**11.05 The Wire 11/13 Series 4**  
 Carcetti faces a dilemma over a  
 complaint from the minister about  
 Herc's mistreatment of him. (S) (HD)

**12.15am** Devils: Massimo makes a  
 deal with Vicky (S) (AD) (HD) **1.20**  
 Boardwalk Empire (S) (AD) **2.25**  
 Game of Thrones (S) (AD) (HD)  
**3.30** In Treatment (S) (HD)  
**4.00-6.00am** Fish Town (S) (HD)

**Sky Atlantic** Sky 108 (Wales 109)  
 BT 342/HD 357 +1 Sky 208 (Wales 209)

## Sky Witness

**6.00am** Bondi Rescue (S) (HD)  
**7.00** UK Border Force (S) (AD) (HD)  
**8.00** Border Patrol (S) **9.00** Road  
 Wars (S) (HD) **10.00** Brit Cops: Law  
 & Disorder (S) (AD) **11.00** The Force:  
 Manchester (S) (HD) **12 noon** FBI (S)  
 (AD) (HD) **1.00pm** 9-11 (S) (HD) **2.00**  
 Blue Bloods (S) (AD) (HD) **3.00** Bull:  
 a man who helped his girlfriend end  
 her life is charged with murder (S) (HD)

**4.00pm Nothing to Declare**  
 Eight back-to-back editions  
 following the work of customs  
 officers in Australia. (HD)

**8.00 New. Chicago Med 3/12**  
 Series 8. Charles and Cuevas  
 clash over the treatment of a  
 paranoid patient. (HD)

**9.00 New. Chicago Fire 3/12**  
 Series 11. Severide and Pryma  
 reluctantly pair up to work on a  
 police investigation. (S) (HD)

**10.00 New. Chicago PD Ep 3**  
 Series 10. The team investigates  
 a string of brutal pharmacy  
 robberies and Halsted connects  
 with one of the victims. (S) (HD)

**11.00 FBI 16/22 Series 1.** The  
 daughter of a wealthy family is  
 kidnapped in an attempt to gain  
 internet fame. (S) (AD) (HD)

**12 midnight** FBI: Most Wanted:  
 Jess and Sarah's relationship  
 evolves (S) (AD) (HD) **1.00am**  
 Coroner (S) (HD) **2.00** The Equalizer  
 (S) (AD) (HD) **3.00** 9-11 (S) (HD) **4.00**  
 Road Wars (S) (HD) **5.00-6.00am**  
 The Force: Manchester (S) (HD)

**Sky Witness** Sky 107 Virgin 110  
 BT 341/HD 356 +1 Sky 207 Virgin 163

## Sky Max


**Strike Back: Vengeance**  
 9.00pm Dalton takes aim

**6.00am** Stargate SG-1 (S) (HD) **8.00**  
 DC's Legends of Tomorrow (S) (AD)  
 (HD) **9.00** Quantum Leap (S) (HD)  
**10.00** Supergirl (S) (HD) **11.00** NCIS:  
 New Orleans (S) (HD) **1.00pm** Hawaii  
 Five-0 (S) (HD) **2.00** S.W.A.T. (S) (AD)  
 (HD) **3.00** Quantum Leap (S) (HD)  
**4.00** DC's Legends of Tomorrow  
 (S) (AD) (HD) **5.00** Supergirl (S) (HD)

**6.00pm Stargate SG-1**  
**20/22 Series 2.** Invisible aliens  
 plot to destroy mankind. (S)  
**7.00 21/22.** The team is  
 propelled back to 1969. (S)

**8.00 Hold the Front Page 6/6**  
 Nish Kumar and Josh Widdicombe  
 work for the Scotsman. (HD)

**9.00 Strike Back: Vengeance**  
**6/10 Series 3.** Section 20 storms  
 Knox's facility. (S) (AD) (HD)

**10.00 New. Fantasy Football  
 League Ep 3 Series 2.** With Roman  
 Kemp and Gabby Logan. (HD)

**10.35 Banshee 2/8 Series 4**  
 Brock suspects Lucas in the  
 serial murder case. (S) (AD) (HD)

**11.35 Wolfe 6/6.** The credibility  
 of all the cases Wolfe has ever  
 worked on is put at risk. (S) (AD) (HD)

**12.35am** Road Wars (S) (HD) **2.05**  
 NCIS: New Orleans (S) (HD) **3.00**  
 Hawaii Five-0 (S) (HD) **4.00** S.W.A.T.  
 (S) (AD) (HD) **5.00-6.00am**  
 Highway Patrol: two editions (S)

**Sky Max** Sky 113 (Wales 114) Virgin 111  
 BT 346/HD 361

## Sky Replay

**7.00am** Sixth Sense with Colin Fry (S)  
**8.00** Four Weddings (S) (AD) (HD)  
**9.00** Paramedics Australia (S) (HD)  
**11.00** Road Wars (S) **12 noon** Highway  
 Patrol (S) (HD) **1.00pm** Send in the  
 Dogs (S) **2.00** The Librarians: double  
 bill (S) (HD) **4.00** V: double bill (S) (HD)  
**6.00pm** Most Haunted (S) **7.00** Most  
 Haunted US (S) **8.00** Road Wars (S)  
**9.00** Jamestown: rumours circulate  
 that Samuel has risen from his grave  
 (S) (AD) (HD) **10.00** Send in the Dogs:  
 a look at the work of Rafa, a sniffer  
 spaniel who searches out drugs (S)  
**11.00** Chicago Med (S) (HD)  
**12 midnight** Chicago Fire (S) (HD)  
**1.00am** Chicago PD (S) (HD) **2.00**  
 Fantasy Football League (S) (HD) **2.35**  
 Motorway Patrol (S) **3.05** Duck Quacks  
 Don't Echo: double bill (S) (AD) **4.00**  
 Four Weddings (S) (AD) (HD) **5.00-6.00am**  
 Sixth Sense with Colin Fry (S)  
**Sky Replay** Sky 152 Virgin 156

## Sky Crime

**6.00am** Highway Patrol (S) (HD) **7.00**  
 Motorway Patrol (S) (HD) **8.00** Highway  
 Cops (S) (HD) **9.00** Nothing to Declare  
**10.00** Stop, Search, Seize (S) (HD) **11.00**  
 How I Caught the Killer (S) (HD) **12 noon**  
 The Real Manhunter (S) (HD) **1.00pm**  
 Forensics: Catching the Killer (S) (AD) (HD)  
**2.00** Killer in My Village (S) (HD) **3.00**  
 Most Evil Killers (S) (AD) (HD) **5.00** The  
 Real Manhunter: the Dream City Cinema  
 Club Fire (S) (HD) **6.00** Killer in My Village  
 (S) (HD) **7.00** Most Evil Killers (S) (HD)  
**9.00 New. Snapped** (HD) **10.00** Murder  
 Next Door (HD) **11.00** Forensics: Catching  
 the Killer (S) (HD) **1.00am** Killing Mum  
 and Dad (S) (HD) **2.00** Killer in My  
 Village (S) (HD) **3.00** The Killer Within  
 (S) (HD) **4.00** 911 Crisis Centre (S) (HD)  
**5.00-6.00am** Motorway Patrol (S)

**Sky Crime** Sky 122 Virgin 121  
 BT 349/HD 364 +1 Sky 222 Virgin 164

## Gold


**Only Fools and Horses**  
 8.00pm Uncle Albert is upset

**7.30am** The Fosters **8.00** Keeping  
 Up Appearances (S) (AD) **8.40** My  
 Hero (S) **9.20** Are You Being Served?  
 (S) **10.00** Open All Hours (S) **10.40**  
 Last of the Summer Wine (S) **12 noon**  
 Keeping Up Appearances (S) (AD)  
**12.35pm** Dad's Army (S) **2.00** Open  
 All Hours (S) **2.40** Are You Being  
 Served? (S) **3.20** Last of the Summer  
 Wine (S) **4.40** Dad's Army (S) **5.20**  
 Keeping Up Appearances (S) (AD)

**6.00pm Are You Being  
 Served?** Captain Peacock has  
 suspicions about his wife. (S)

**6.40 Dad's Army** The men use  
 up all their ammunition shooting  
 at a passing aircraft. (S)  
**7.20** Mainwaring and Wilson are  
 trapped in the bank vault. (S)

**8.00 Only Fools and Horses**  
 Uncle Albert is mugged. (S) (AD)

**9.10 Bottom** Richie and Eddie  
 celebrate carnival time. (S) (AD)

**9.50 Harry Enfield and Chums**  
 Kevin the teenager falls ill. (S) (AD)

**10.30 The Fast Show** Bob  
 Fleming visits a gypsy fair. (S) (AD)

**11.05** Steve Davis guest-stars. (S) (AD)

**11.50 Only Fools and Horses**  
 Uncle Albert is mugged. (S) (AD)

**12.55am** Bottom (S) (AD) **1.35**  
 as 9.50pm **2.20** The Fast Show (S)  
 (AD) **2.50** Hold the Sunset (AD) (HD)  
**3.20-4.00am** The Rebel (S) (AD) (HD)

**Gold Sky** 110 (Wales 111) Virgin 124  
 BT 344/HD 359 +1 Sky 210 (Wales 211) Virgin 194

## Sky Comedy

**8.00am** Futurama (S) (HD) **9.00**  
 Everybody Hates Chris (S) (HD) **10.00**  
 Sex and the City (S) (HD) **11.15** House of  
 Lies (S) (HD) **12.30pm** Fresh Prince of  
 Bel-Air (S) (HD) **1.30** Modern Family (S)  
 (HD) **2.30** The Office US (S) (HD) **3.00**  
 Will & Grace (S) (AD) **4.00** The Connors  
 (S) (HD) **4.30** Futurama (S) (HD) **5.00**  
 The Office US (S) (HD) **5.30** Fresh Prince  
 of Bel-Air (S) (HD) **6.30** Futurama (S)  
 (HD) **7.30** Young Rock (HD) **8.00 New.**  
 The Connors (S) (HD) **8.30** The Office  
 US (S) (HD) **9.00** Vice Principals (S) (AD)  
 (HD) **10.15** Late Late Show Best of the  
 Week (HD) **11.15** Sex and the City (S) (HD)  
**12.15am New.** The Late Late Show  
 with James Corden (HD) **1.15 New.** The  
 Tonight Show Starring Jimmy Fallon  
 (HD) **2.15** House of Lies (S) (HD) **2.55**  
 Camping (S) (AD) (HD) **4.00-5.00am**  
 Everybody Hates Chris (S) (HD)

**Sky Comedy** Sky 114 (Wales 115)  
 Virgin 112 BT 347/HD 362

## Comedy Central

**8.00am** My Wife and Kids (S) (HD)  
**9.00** The Middle (S) (HD) **10.00** Last  
 Man Standing (S) (HD) **12 noon** Friends:  
 18 back-to-back episodes (S) (AD) (HD)  
**9.00pm FILM** Couples Retreat ★★  
 Comedy starring Vince Vaughn, Jason  
 Bateman and Jon Favreau (S) (HD)  
**11.15** Jimmy Carr: Making People  
 Laugh: the near-the-knuckle comedian  
 delights in shocking the audience  
 at the SECC Glasgow (S) (HD)  
**12.15am** Jimmy Carr: Comedy Central  
 Live (S) **12.45** South Park (HD) **2.15**  
 Kevin Bridges: the Brand New Tour (S)  
 (HD) **3.15** Jimmy Carr: Comedy Central  
 Live (S) **3.40 New.** The Daily Show  
**4.10-5.00am** Friends (S) (AD) (HD)

**Comedy Central** Sky 112 (Wales 113)  
 Virgin 181/HD 132 BT 345/HD 360  
 +1 Sky 212 (Wales 213) Virgin 133

## Alibi


**Shakespeare and Hathaway:**  
**Private Investigators 9.00pm**

**7.10am** Murdoch Mysteries (S) (HD)  
**9.00** Hudson & Rex (S) (AD) (HD)  
**10.00** Unforgettable (S) (AD)  
**11.00** Person of Interest (HD)  
**12 noon** Major Crimes (S) (HD)  
**1.00pm** Death in Paradise (S) (AD)  
 (HD) **2.00** Murdoch Mysteries (S)  
 (HD) **4.00** Hudson & Rex (S) (AD)  
 (HD) **5.00** Unforgettable (S) (HD)

**6.00pm Without a Trace 3/23**  
 Series 3. The team searches for  
 a missing X-ray technician. (HD)

**7.01 Person of Interest 7/22**  
 Series 2. A surgeon is blackmailed  
 into making a fatal error. (HD)

**8.00 Death in Paradise 6/8**  
 Series 4. Saint Marie gets through  
 to the final of the Inter-Island  
 Volleyball Championships, but one  
 of the players is killed. (S) (AD) (HD)

**9.00 Shakespeare and  
 Hathaway: Private Investigators**  
**6/10 Series 1.** Frank and Lu  
 investigate death threats made  
 against an ex-soap star. (S) (AD) (HD)

**10.00 Death in Paradise 2/8**  
 Series 8. Jack has a fresh mystery  
 to solve when a zoo owner is killed  
 by a tranquilliser dart. (S) (AD) (HD)

**11.00 Without a Trace** As 6pm.

**12 midnight** Hudson & Rex (S) (AD)  
 (HD) **1.00am** Major Crimes (S) (AD)  
**2.00-4.00am** Why Women Kill:  
 double bill (S) (AD) (HD)

**Alibi Sky** 109 (Wales 110) Virgin 126  
 BT 343/HD 358 +1 Sky 209 (Wales 210) Virgin 191

## Discovery

**6.00am** Wheeler Dealers (S) (AD) (HD)  
**7.00** Deadliest Catch (S) (HD) **8.00**  
 Alaska: Homestead Rescue (S) (HD)  
**9.00** Railroad Alaska (S) (HD) **10.00**  
 How Do They Do It? (S) (HD) **11.00**  
 Wheeler Dealers (S) (HD) **12 noon** Salvage  
 Hunters (S) (HD) **1.00pm** Gold Rush (S)  
 (HD) **3.00** Building Off the Grid (S) (HD)  
**4.00** Alaska: Homestead Rescue (S)  
 (HD) **5.00** Wheeler Dealers (S) (HD)  
**6.00pm** Salvage Hunters (S) (HD) **7.00**  
 Kindig Customs (S) (HD) **8.00** Gold  
 Rush (HD) **9.00** Alien Invasion: Hudson  
 Valley (S) (HD) **11.00** Hunting Atlantis:  
 Stel and Jess investigate ancient  
 cave paintings in Turkey (S) (HD)  
**12 midnight** Combat Dealers: a German  
 Panzer 1 tank (S) (HD) **1.00am** Alien  
 Invasion: Hudson Valley (S) (HD) **3.00**  
 New. Gold Rush (HD) **4.00-5.00am**  
 Wheeler Dealers (S) (AD) (HD)

**Discovery Sky** 125 Virgin 250 BT 320/HD 325  
 +1 Sky 225 Virgin 258

## Discovery History

**6.00am** Nasa's Unexplained Files (S)  
**7.00** How the Universe Works **8.00**  
 Ultimate Warfare (S) **9.00** Combat  
 Dealers (S) **10.00** Unexplained and  
 Unexplored (S) **11.00** Concorde: Anatomy  
 of a Disaster (S) (AD) **12 noon** Nasa's  
 Unexplained Files (S) **1.00pm** Expedition  
 Unknown **2.00** Greatest Events of  
 World War II (S) **3.00** Secret History of  
 the Sphinx (S) (AD) **4.00** Mysteries at  
 the Museum **5.00** Greatest Events of  
 World War II (S) **6.00** How the Universe  
 Works **7.00** Expedition Unknown **8.00**  
 Combat Dealers (S) **9.00** The Lost  
 Lincoln (S) **11.00** Hunt for King Arthur's  
 Castle (S) (AD) **12 midnight** Combat  
 Dealers (S) (AD) **2.00am** The Lost  
 Lincoln (S) **4.00-5.00am** Secret  
 History of the Sphinx (S) (AD)

**Discovery History Sky** 177 Virgin 257  
 +1 Sky 277 Virgin 261



## Sky Documentaries



**The United Way** 8.00pm David Beckham shares his thoughts

**6.00am** Harrow: a Very British School (S) (AD) **7.00** Discovering: James Stewart (S) (AD) **8.00** The Directors (S) **9.00** Catch and Kill: The Podcast Tapes (S) (AD) **10.00** Master of Light (S) **11.50** **FILM** Enron: the Smartest Guys in the Room **★★★** Documentary (S) (AD) (W) **2.00pm** **FILM** The Capote Tapes **★★★★** Charting the life and work of iconic American novelist Truman Capote (S) (W) **4.00** The Directors (S) **5.00** Discovering: James Stewart (S) (AD)

**6.00pm** **Catch and Kill: the Podcast Tapes** The arduous process of verifying the details of the story. (S) (AD) **6.30** Igor Ostrovsky talks about tracking Ronan Farrow. (S) (AD)

**7.00** **Urban Secrets** Alan Cumming explores the sights and sounds of Glasgow. (S)

**8.00** **The United Way** The story of Manchester United Football Club, co-written and narrated by Eric Cantona. (S) (AD)

**9.50** **Fatboy Slim: Right Here, Right Now** The Big Beach Boutique II free event in 2002.

**11.40** **Music Box** The story of Woodstock 1999. (S) (AD)

**1.50am** LFG (S) (AD) **3.50** Children of Shanghai (S) **5.00–6.00am** Discovering: James Stewart (S) (AD)

**Sky Documentaries** Sky 121 Virgin 277 BT 352/HD 367

## Nat Geographic

**8.00am** Food Factory USA (HD) **9.00** Air Crash Investigation (HD) **10.00** Car SOS (S) (AD) (HD) **11.00** Ice Road Rescue (HD) **12 noon** Nazi Megastructures (S) (HD) **1.00pm** Ancient X Files (S) (AD) (HD) **2.00** Raiders of the Civil War: Drain the Oceans (S) (AD) (HD) **3.00** The Lost Tomb of Alexander the Great (HD) **4.00** Lost Tomb of Genghis Khan (S) (HD) **5.00** Two Million Year Old Boy (HD) **6.00** **New** Primal Survivor: over the Andes (HD) **7.00** Air Crash Investigation (S) (AD) (HD) **8.00** Hitler Youth (HD) **10.00** World War II: the Apocalypse (HD) **11.00** Air Crash Investigation (S) (AD) (HD) **12 midnight** Banged Up Abroad (S) (HD) **1.00am** Drugs Inc (HD) **2.00** Money Meltdown (HD) **2.30** Food Factory (S) (HD) **4.10** When Sharks Attack (HD) **4.35–5.00am** America's Wild Spaces (HD)

**Nat Geographic** Sky 129 Virgin 266 +1 Sky 229 Virgin 267

## Sky History

**6.00am** Forged in Fire (HD) **7.00** Storage Wars (HD) **8.00** American Pickers (HD) **9.00** Pawn Stars (HD) **11.00** Walking through History (HD) **12 noon** Mountain Men (HD) **1.00pm** Secrets in the Ice (HD) **2.00** Ancient Aliens (HD) **3.00** Salvage Kings (HD) **4.00** Storage Wars (HD) **5.00** Pawn Stars (HD) **6.00** American Pickers (HD) **7.00** Forged in Fire (HD) **8.00** Salvage Kings (HD) **9.00** Historic Hauntings (HD) **10.00** Inside the Tower of London (HD) **11.00** The Proof Is Out There: double bill (HD) **12 midnight** Strangest Things (HD) **1.00am** Salvage Kings (HD) **2.00** Walking through History (HD) **3.00** Storage Wars: double bill (HD) **4.00** Secrets in the Ice (HD) **5.00–6.00am** Ancient Aliens (HD)

**Sky History** Sky 123 Virgin 270 BT 353/HD 368 +1 Sky 223 Virgin 271

## Sky Nature



**Wildlife** ER 8.00pm Lorikeets in Brisbane, Australia

**6.00am** Wild Tales from the Farm (S) (AD) **7.00** Monkey Life (S) (HD) **8.00** Baby Animals (S) (AD) (HD) **9.00** Malawi Wildlife Rescue (S) **10.00** Nomads of the Serengeti (S) **11.00** Arabian Inferno (S) (HD) **12 noon** Hope for Wildlife (S) (HD) **1.00pm** Monkey Life (S) (HD) **2.00** Baby Animals (S) (AD) (HD) **3.00** Malawi Wildlife Rescue (S) **4.00** Nomads of the Serengeti (S) (HD) **5.00** Arabian Inferno (S) (HD)

**6.00pm** **Hope for Wildlife** A fawn survives a snare and a bobcat attack. (S) (HD)

**7.00** **Monkey Life** Lingga gives Kai a hostile welcome. (S) (HD) **7.30** Orangutan Hsiao-Lan gives birth but rejects her newborn. (S) (HD)

**8.00** **New. Wildlife** ER Vet Karina fights to save a koala mauled by dogs. (S) (HD)

**9.00** **Wildlife Rescue** New Zealand Following eight newly hatched kakapo chicks. (S) (AD) (HD) **10.00** **Arabian Inferno** Life on the Arabian Peninsula. (S) (HD)

**11.00** **Hope for Wildlife** As 6pm. **12 midnight** Extreme Snakes: Africa (S) (HD) **1.00am** A Wild Year on Earth (S) (AD) (HD) **2.00** **Wildlife** ER (S) (HD) **3.00** **Wildlife Rescue** New Zealand (S) (AD) (HD) **4.00** **Baby Animals** (S) (AD) (HD) **5.00–6.00am** Malawi Wildlife Rescue (S) **Sky Nature** Sky 124 Virgin 278 BT 354/HD 369

## Eden

**9.00am** Snow Leopards and Friends (AD) (HD) **10.00** China's Secret Monkey Kingdom (HD) **11.00** Yellowstone Journals (HD) **12 noon** Forbidden History (AD) (HD) **2.00pm** Snow Leopards and Friends (AD) (HD) **3.00** Wild Colombia with Nigel Marven (AD) (HD) **4.00** Wild Edens (HD) **5.00** China's Secret Monkey Kingdom (HD) **6.00** Yellowstone Journals (HD) **7.00** Forbidden History (AD) (HD) **8.00** Snow Leopards and Friends (AD) (HD) **9.00** Wild Edens (HD) **10.00** Yellowstone Journals (HD) **11.00** China's Secret Monkey Kingdom **12 midnight** Forbidden History (AD) **1.00am** Snow Leopards and Friends (AD) (HD) **2.00** China's Secret Monkey Kingdom **3.00** Yellowstone Journals (HD) **3.50** Wild Edens (HD) **4.40** Forbidden History (AD) (HD) **5.30–6.00am** David Attenborough's Natural Curiosities (AD) (HD)

**Eden** Sky 166 Virgin HD 245 +1 Sky 266 Virgin 246

## Animal Planet

**8.00am** Animal Cribbs (S) (HD) **9.00** Dodo Heroes (S) (HD) **10.00** Bad Dog! (S) (HD) **11.00** Alaska: Homestead Rescue (S) (HD) **12 noon** Animal Cribbs (S) (HD) **1.00pm** Dodo Heroes (S) (AD) (HD) **2.00** From Wags to Riches (S) (HD) **3.00** Pit Bulls and Parolees: Tia's Tales (S) (HD) **4.00** Dogs 101 (S) (HD) **5.00** Alaska: Homestead Rescue (S) (HD) **6.00pm** Animal Cribbs (S) (HD) **7.00** Crikey! It's the Irwins (S) (HD) **8.00** I'm Alive: a family attacked by a swarm of killer bees (S) (AD) **9.00** I Was Prey (S) (AD) (HD) **10.00** Alaskan Bush People (S) (HD) **11.00** Project Grizzly (S) (HD) **1.00am** Alaskan Bush People (S) (HD) **2.00** Dogs 101 (S) (HD) **3.00** Alaska: Homestead Rescue (S) (HD) **4.00–5.00am** Animal Cribbs (S) (HD) **Animal Planet** Sky 162 (NI 178) Virgin 251 +1 Sky 262 (NI 278) Virgin 259

## SPORT

### Sky Main Event

Sky 401 Virgin 511/HD 501 BT 420/HD 440

**5.30am** **LIVE** **European Tour Golf** Day two of the Singapore Classic from Laguna National. **10.30** The Football Show **12 noon** Sky Sports News **3.00pm** **LIVE** **PGA Tour Golf** Day two of the Phoenix Open. **4.30** **LIVE** **Women's T20 World Cup Cricket** South Africa v Sri Lanka from Newlands, Cape Town. **8.00** **LIVE** **Championship Football** Birmingham City v West Bromwich Albion (kick-off 8.00). **10.30** **LIVE** **PGA Tour Golf** Day two of the Phoenix Open. **12 midnight–5.00am** Sky Sports News

### Sky Football

Sky 403 Virgin 513/HD 503 BT 422/HD 442 **6.00am** League Cup Retro **8.45** EFL Greatest Games **10.00** League Cup Retro (AD) **12 noon** German Football **12.30pm** Inside WSL **1.00** Women's Championship **1.30** Women's Football Weekly **2.00** Scottish Premiership Football **2.30** League One and Two Goals **3.00** German Football **3.30** WSL **4.00** Women's Championship **4.30** Women's Football Weekly **5.00** EFL Greatest Games **5.30** Scottish Premiership **6.00** Inside the WSL **6.30** Women's Championship Show **7.00** Championship Highlights **7.30** **LIVE** **Championship Football** Birmingham City v West Bromwich Albion (kick-off 8.00). **10.30** Inside the WSL **11.00** Greatest Games (AD) **12 midnight** League Cup Retro (AD) **1.00am** Classic Play-Offs **4.00–6.00am** League Cup Retro

### Sky Golf

Sky 405 Virgin 515/HD 505 BT 424/HD 444 **5.30am** **LIVE** **European Tour Golf** Singapore Classic, day two. **10.30** PGA Tour Golf **10.45** The Improvers (AD) **11.00** PGA Tour Golf **12 noon** Chronicles (AD) **12.30pm** PGA Tour Golf **12.45** The Improvers (AD) **1.00** European Tour Golf **3.00** **LIVE** **PGA Tour Golf** Day two of the Phoenix Open. **12 midnight** European Tour **12.15am** The Improvers (AD) **12.30** PGA Tour Golf **1.30** Roots (AD) **2.00** European Tour **2.15** PGA Tour **2.30** Chronicles **3.30** European Tour **3.45** PGA Tour **4.00** Chronicles (AD) **4.30** European Tour **4.45–5.00am** PGA Tour Golf

### Sky Mix

Sky 416 Virgin 520/HD 510 BT 429/HD 449 **7.20–9.30pm** **LIVE** **German Football** Schalke 04 v VfL Wolfsburg (kick-off 7.30).

### Amazon Prime

**11.00am** **LIVE** **WTA Tennis** The Abu Dhabi Open quarter-finals.

### Eurosport 1

Sky 410 Virgin 521 BT 412/HD 435 **6.00am** Cycling: highlights **7.00** Cyclo-Cross **8.00** Alpine Skiing **9.55** **LIVE** **Alpine Skiing** World Championships, downhill training. **12 noon** Alpine Skiing **12.15pm** Biathlon **1.15** **LIVE** **Biathlon** The World Championships, men's sprint. **3.00** **LIVE** **Ski Jumping** World Cup, the women's HS90 event. **4.30** Discovery Golf: magazine **5.00** **LIVE** **Cycling** European Track Championships, day three. **8.30** Sailing **9.00** Ski Jumping **9.55** **LIVE** **Ski Jumping** World Cup, the men's HS128 event. **11.00** Cycling **12 midnight** Winter Sports **2.00am** Cycling **3.00** Snooker **5.00–6.00am** Tennis



**Women's T20 World Cup** 4.30pm **Sky Cricket** South Africa all-rounder Suné Luus

### Sky Premier League

Sky 402 Virgin 512/HD 502 BT 421/HD 441

**6.00am** Greatest Games **7.00** Legends (AD) **8.00** Best Goals **9.00** 100 Club **10.00** The Football Show **12 noon** Soccerbox **12.30pm** Total Football **5.00** 100 Club: two episodes **6.00** Legends **6.30** Preview **7.00** The Big Interview **7.30** Stories **8.00** Soccerbox **9.00** Preview **9.30** The Big Interview **10.00** Stories **10.30** Retro **12.30–6.00am** Premier League

### Sky Cricket

Sky 404 Virgin 514/HD 504 BT 423/HD 443 **6.00am** SA20 Cricket **10.00** Women's World T20 **11.30** SA20 Highlights **1.30pm** Best of Women's World T20 **4.30** **LIVE** **Women's T20 World Cup Cricket** South Africa v Sri Lanka from Newlands, Cape Town. **8.30** Best of the Women's World T20 **11.00** Pakistan Super League **12 midnight** Women's T20 World Cup Cricket **4.30–6.00am** Best of the Women's World T20 (AD)

### Sky NFL

Sky 407 Virgin 517/HD 507 BT 426/HD 446 **6.00am** NFL **8.30** Bitesize **9.30** NFL Honors **11.30** Super Bowl Preview **12 noon** Pro-Football Talk **2.00pm** NFL Bitesize **3.00** NFL Honors **5.00** Super Bowl Preview **5.30** Bitesize **6.00** Good Morning Football **8.45** 49 Hours **9.00** Super Bowl Preview **9.30** Gameday **10.30** Super Bowl Preview **11.00–6.00am** NFL

### Sky Arena

Sky 408 Virgin 518/HD 508 BT 427/HD 447 **6.30am** NBA Action **6.55** **LIVE** **NRL** Newcastle Knights v Cronulla-Sutherland Sharks, pre-season (kick-off 6.55); **9.00** South Sydney Rabbitohs v Manly Warringah Sea Eagles, a pre-season match (kick-off 9.00). **11.00** Women's Super League **12 noon** Darts **3.30pm** Boxing **4.30** NBA **9.00** Hoop Cities **11.00** Premier League Darts **2.30am** **LIVE** **NRLW** Maori All Stars v Indigenous All Stars. **4.30** NRL: highlights **4.45–7.00am** **LIVE** **NRL** Maori All Stars v Indigenous All Stars.

### Eurosport 2

Sky 411 Virgin 522 BT 413/HD 436 **6.00am** Snooker **8.00** Formula E **9.00** Cycling **10.00** Cyclo-Cross **10.55** **LIVE** **Cycling** Stage two of the Women's UAE Tour. **12.30pm** Sailing **1.00** Formula E **2.00** Speedway **3.00** Cycling **4.00** Cyclo-Cross **5.00** Biathlon **6.00** Snooker **8.00** Formula E **9.00** Superbikes **11.00** Alpine Skiing **12 midnight** Motor Racing: ETCR review **1.00am** Cycling **2.00** Winter Sports **4.00–6.00am** Cycling

### BT Sport 1

Sky 413 Virgin 527 BT 408/HD 430 **6.00am** ESPN FC **6.30** Reload **6.45** **LIVE** **Pro League Hockey** Australia v China, women's match. **8.45** **LIVE** **Australian Football** Brisbane Roar v Central Coast Mariners, A-League (kick-off 8.45). **10.45** Premier League Reload **11.00** ILT20 Cricket **11.30** EuroCup Basketball **12.30pm** Takeover **1.00** **LIVE** **Darts** Day two of the World Seniors Championship. **5.00** Premier League Football **6.00** BT Sport Films: Bosman (AD) **7.00** Inside Serie A: magazine **7.30** **LIVE** **Italian Football** AC Milan v Torino (kick-off 7.45). **9.45** Uefa Documentaries (AD) **10.00** UFC **12 midnight** Wrestling **1.00am** **LIVE** **Wrestling** WWE. **3.00** Badminton (AD) **3.15** **LIVE** **Australian Football** Western United v Melbourne City, A-League Women (kick-off 3.20). **5.15** Reload (AD) **5.30–6.00am** Premier League Preview

### BT Sport 2

Sky 414 Virgin 528 BT 409/HD 431 **6.00am** Serie A: Full Impact **6.30** Australian Football **7.00** ILT20 Cricket **7.30** Down the Clubhouse (AD) **8.30** Premier League: the Big Interview (AD) **9.00** Premier League Legends (AD) **9.30** ESPN FC **10.00** World Rally (AD) **12 noon** The Rugby's On (AD) **1.00pm** Serie A: Full Impact **1.30** ILT20 Cricket **2.00** **LIVE** **ILT20 Cricket** The second Qualifier match from Dubai. **5.45** BT Sport Goals Reload **6.00** Australian Football **7.00** **LIVE** **Darts** World Seniors. **11.00** World Rally: from Sweden **11.30** Premier League Preview **12 midnight** Champions League Magazine **12.30am** Rugby Union **2.00** Australian Football **3.00** Hockey **4.00–6.00am** **LIVE** **Australian Football** Brisbane Roar v Melbourne Victory, women.

### BT Sport 3

Sky 417 Virgin 529 BT 410/HD 432 **6.00am** The Rugby's On (AD) **7.00** Wrestling **9.00** Uefa Documentaries (AD) **9.30** Champions League Football (AD) **10.00** Serie A: Full Impact **10.30** French Football **11.00** Fishing (AD) **12 noon** Wrestling **1.45pm** Badminton (AD) **2.00** Super Smash T20 Cricket **4.00** Pro League Hockey **5.00** Inside Serie A **5.30** The Rugby's On (AD) **6.30** High Performance Podcast (AD) **7.30** **LIVE** **Premiership Rugby** Cup Coverage of a semi-final. **10.00** Wrestling: WWE action **12 midnight** **LIVE** **Gymnastics** Women's NCAA Championship. **3.00am** Premier League Preview **3.30** Champions League Magazine **4.00–6.00am** **LIVE** **Australian Football** Canberra Utd v Sydney FC, A-League Women (ko 4.00).

### BT Sport 4

Sky 423 Virgin 530 BT 411/HD 434 **6.00am** SportsCenter **6.15** Around the Horn: discussion **6.45** Pardon the Interruption **7.15** SportsCenter **7.30** ESPN FC **8.00** Basketball **11.30** Around the Horn **12 noon** ESPN FC **12.30pm** Pardon the Interruption **1.00** SportsCenter **1.15** Basketball **6.30** Reload (AD) **6.45** ESPN FC **7.15** SportsCenter **7.30** French Football **8.00** **LIVE** **French Football** A Ligue 1 match (kick-off 8.00). **10.00** Champions League Magazine **10.30** Around the Horn **11.00** Pardon the Interruption **11.30** Reload (AD) **12 midnight** Italian Football **1.00am** French Football: highlights **2.00** UFC **3.30** World Rally **4.00** SportsCenter **4.15–6.00am** Basketball



## BEYOND OUR KEN

How do you replace Ken Bruce, the most-listened-to DJ in the UK? We asked those in the know to name their favourites to take over the Radio 2 hot seat

### Ken Bruce

9.30am Monday–Friday **Radio 2**

**H**IS SHOW IS the most listened to in the UK, attracting some 8.4 million listeners a week, according to Rajar figures from 2022. But now, after 31 years, Ken Bruce is quitting the chair from which he has presided over mid-mornings on Radio 2 since 1992.

That playful, warm, hugely popular Scottish brogue is in its final weeks, ahead of Bruce's move to the network Greatest Hits Radio. The shoes he leaves behind are going to take some filling. Who is up to the task?

The answer to that question has to be considered in the context of a time of huge change at Radio 2. The past few years have been seen a succession of upheavals. There have been the departures of Chris Evans, Graham Norton and Simon Mayo, and the arrival of new breakfast, drivetime and Saturday presenters in Zoe Ball, Sara Cox and Claudia Winkleman.

In 2022, Steve Wright was relieved of his afternoon show after more than 20 years, succeeded by Radio 1's Scott Mills. And Paul O'Grady quit his Sunday show after 14 years, unhappy about having to share it with the comedian Rob Beckett.

Bruce's departure might entail the biggest upheaval of all – just because of his sheer longevity, the size of his listenership, and his complete command of the slot. His *PopMaster* quiz has become one

of music radio's all-time great features. There are also his *Piano Room* and *Tracks of My Years* slots.

Now the hunt is on to find the person who, Radio 2 hopes, can do a similar job of entering listeners' hearts. Speculation as to who this might be is rife among radio insiders. But one thing everyone seems to agree on is that Bruce's successor will need to reflect Radio 2's evident keenness – based on recent changes – to rejuvenate its audience.

Appealing to younger listeners without alienating older ones is the tricky balancing act that's called for, and the person who is perhaps best placed to pull this off is the Radio 1 breakfast presenter Greg James. At 37, he's far younger than the 71-year-old Bruce, and his broadcasting style is sufficiently adaptable that he has found a home for himself on Radio 4 with his show *Rewinder*.

A delve into the archives, *Rewinder* demonstrates James's clear regard for radio heritage, which would surely count in his favour among Radio 2's more seasoned listeners. "His music credentials are not in doubt," says one former Radio 2 producer. "And he can do the 'chat' side of the show. *PopMaster* might have gone, but he has his own games on the Radio 1 show that he can bring across."

Author and TV quiz titan Richard Osman launched a debate on Twitter recently when he nominated Liza Tarbuck as his preferred successor to Bruce. Tarbuck's early-evening Saturday show has a huge and loyal fanbase, but would her improvisatory style be a bit too idiosyncratic for weekday mornings? Many of the responses to Osman said how



perfectly suited she is to her current slot, in which listeners text in their Saturday-night plans and she riffs on them.

No one loves their music more than Tarbuck, but a newer name being touted is Clive Myrie, who's been upping his radio appearances lately on the back of his enthusiasm for jazz. With his extensive TV portfolio he's broadcasting's

**'The shoes he leaves behind are going to take some filling'**

current Mr Versatile, but the comfort of a Radio 2 studio might hold more appeal than a bombed-out bunker in Kyiv.

Of those who regularly deputise on Radio 2 shows, Paddy O'Connell's name is prominent, and, as one producer observes of the *Broadcasting House* programme he hosts on Sunday mornings on Radio 4, "There's no one who communicates more naturally or who has a lighter touch." For an alternative O apostrophe,



**POPMASTER**  
Longrunner  
Ken Bruce





## PICK OF THE WEEK

### The Poet Laureate Has Gone to His Shed 4.30pm Sunday **Radio 4**

The radio schedules are littered with celebrity talk shows (though many, like *Desert Island Discs*, hide their true nature behind an ingenious format), so what makes *The Poet Laureate Has Gone to His Shed* stand out? Besides the kudos of having Simon Armitage broadcasting from the bottom of his garden, it's the show's intimacy and loose nature that are irresistible. He brings as much of himself to the conversation as his guests.

It helps that the first guest in this second visit to the outskirts of Huddersfield is that charming raconteur Sir Ian McKellen – not that this Lancashire lad is overjoyed to be on Yorkshire soil... But Armitage gets straight down to business with his first question, “Did you have a happy childhood?” And we're off into a chat filled with chuckles of delight, warm nostalgia and piercing insights. Sir Ian is taken aback by the astuteness of one of Armitage's questions, likening it to one that would prove the breakthrough after ten weeks of therapy.

Sir Ian repays the favour by analysing the lines of a new poem the laureate reads to him. It's a true meeting of great minds. **DAVID CRAWFORD**



**OPENING UP**  
Sir Ian McKellen

### AMBRIDGE DIARY

#### *The Archers* this week...

Kate is feeling energised – despite all that's gone on in recent weeks, she's determined to put her best foot forward, but might she step on someone else's toes? And not all the Aldridges feel so optimistic. Adam must work out how to give Xander some difficult news, although a creative project and a trip to the River Am might solve both their problems.

Freddie remains determined to take on more responsibility at Lower Loxley, but not everyone's finding the fun in leadership. At the shop, Susan is keeping a beady eye on her new recruit and not liking everything she sees – but she might regret being so quick to judge... **CAROLINE FROST**

### RT SHOP

#### STEEPLETONE BRIGHTON RADIO

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there's Radio 2's smooth Saturday mainstay, Dermot O'Leary. As the longtime presenter of *Sounds of the 80s*, Gary Davies has impeccable Radio 2 credentials and was a very popular name in Richard Osman's Twitter poll. But given that he's 65, might he be considered the wrong generation?

**J**O WHILEY IS that bit younger at 57, and one option would be to move her from her Radio 2 evening show. She's presented it for 13 years, and as one leading radio presenter I spoke to says, “It's a funny time of the day from a radio point of view because it's so much more when people watch TV. The music side of the show would be in safe hands with her.”

Could Radio 2 look to strike back at the commercial radio to which it has lost some of its biggest names? Could even Simon Mayo be persuaded to quit Greatest Hits – Ken Bruce's destination – and return to the fold where his drivetime show was so well loved?

Then there's Aasmah Mir at Times Radio. One radio producer speculates that the Radio 2

mid-morning slot could re-create the Aasmah Mir/Richard Coles double act that has made Radio 4's *Saturday Live* so successful. An alternative would be Coles on his own. Now retired from church duties, he keeps busy with writing and a range of broadcasting, including *Saturday Live*, and there are those who see him slotting smoothly into the Bruce role.

5 Live has been a forcing ground for many a big-name presenter. If Radio 2 is casting eyes in that direction, they might alight on Colin Murray. At 45, he has youth on his side (in Radio 2 terms) and his recent appointment to host Channel 4's *Countdown* was an endorsement of a very Radio 2 kind of appeal. Jeremy Vine has shown that it's possible to hold down both a daily TV show and a daily radio show.

And if Radio 2 were to look to 6 Music? That's where *Desert Island Discs* presenter Lauren Laverne already presents on weekday mornings. “Lauren always seems at home wherever she broadcasts,” one radio producer observed.

Whoever's home it becomes, no walls will need knocking down. It's just the decor that Radio 2 might want to change. **SIMON O'HAGAN**



# Podcasts

Edited by **DAVID HEPWORTH**



THE HIGHEST-PROFILE exponents of leadership in our society are football managers. We've all got definite opinions about what makes this one good and the other one disap-

pointing. These opinions are entirely based on the scores after the games. Nothing more. The truth is we don't have an earthly clue about what these managers actually do, what they say or how they go about practising leadership once their large car has disappeared into the training ground.

If we knew the truth, that the managers are as much in the dark about why this team keeps winning and the other keeps losing, we wouldn't want to believe it. The people who need to believe in the magical power of leadership are us. That's why we read so much into the way a manager behaves on the touch-line when the match is on. Do they shout and fling their arms around? That's good because that shows "passion". Do they stand still and stroke their chin? That's good because that shows they're scheming.

The truth is that both of them are thinking the same thing: "Please, please score".

When West Ham manager David Moyes agreed to be the guest on Steven Bartlett's podcast *The Diary of a CEO*, it's possible that his

## 'The truth is we don't have a clue what these managers actually do'

team were getting better results on the pitch. By the time he got in the studio they weren't. In fact, the papers, whose stock-in-trade this is, were confidently predicting that if his team didn't win their next game, coming up in a couple of days as I type, he would be given the sack. Then where would be all his talk about "culture", management style, the fact that the employee of today, particularly the one who's earning £50,000 a week, has to be handled in a different way from his predecessor and all the rest of it?

There are lots of podcasts devoted to leadership. Sponsors like them. It's easy to get guests because guests are suckers for being told how we all look up to them and that their management style has secrets to it. The truth is that the real secret of being a successful manager – in football as in life – is you have to first of all find a good parade and then march in front of it. While you search for a good parade, here are some war stories from those who have gone before.



## MAGICAL POWER OF THE BOSS

Our fascination with the "science" of football management shows how much faith we put in leaders – but what's their real secret?

**PLEASE SCORE!**  
Shouting and flinging your arms around like West Ham manager David Moyes indicates "passion", but is there any more to it than that?  
Left: management guru Steven Bartlett



## RADIOHEADS

# SARAH ANGLISS

## The secret art of sound effects



Next time you enjoy a TV or radio drama, savour the sounds of the soldiers' heavy footsteps, the rustle of stiff, crinoline dresses or the rhythm of an angry knock

at the door. Many of these sounds were added after the shoot by sound designers, artists who obsess about every sonic detail that evokes the location, actions and mood of a scene, from an engine throb to the sizzle of eggs frying in a pan.

Sound design is a peculiarly anonymous art. Done well, it heightens any drama or documentary. Yet the best designers pride themselves on making any scene feel so convincing, you'd barely know they've been at work at all.

Foley is the art of creating sound effects by performing them live, and when I met foley artist Ruth Sullivan she showed me how to use crumpled cellophane wrapping to conjure the sounds of an open fire by delicately moving and squeezing it between her fingers. A flap of heavy canvas added a sudden gust of flames.

Sound designers like Ruth have a scavenger instinct. Even a journey to the supermarket is a potential scouting exercise for sounds. When *Star Wars* sound designer Ben Burtt needed the roar of a spaceship taking off, an expensive trip to White Sands missile testing ground in New Mexico yielded nothing promising. But that evening, he endured a night in a motel with a dodgy aircon. After some deft processing in

## 'A squeaky cabinet door became a steel ship, rolling at sea'

his studio, this annoying noise became the engine roar he'd been seeking all along. My own triumph was discovering a beaten up office cabinet in the corner of a music practice room. To my delight, the door opened with a hellish, juddering squeak – a sound I replayed at quarter speed and reused in endless ways in a play set in a steel ship, rolling at sea.

The power of sound effects – and the recipes for making them – wasn't lost on the makers of the first BBC radio dramas. As part of our research for the programme, sound designer and historian Dan Wilson introduced me to a top secret BBC document from the 1930s – the earliest days of broadcasting. It contained recipes for creating the sound of everything from steam trains to coal cutting machines. These secrets were so carefully guarded, only individuals sanctioned by the station director



himself were allowed to read it.

Those early BBC radio drama makers already recognised the potency of sound effects to do far more than fill in the blanks of a scene. Sound evokes mood as much as realism – the hum of a neon light can make a room feel calm, cold, sad or foreboding. Sound designers have always used sound as a means to be playful or poetic and to add subtext to a story. In a cloying parlour scene, for example, a sound designer might subtly exaggerate the squeak of the men's starched collars, evoking a feeling of people as trapped in their situation as they are buttoned up in their outfits.

Philosopher Ophelia Deroy has an interest in the power of sound to evoke new sensations of shape, smell and flavour. This is a fascinating research area. Stale crisps won't taste quite so stale if we still hear a satisfying crunch when we eat them. In an experiment reported in 2015, Deroy and her colleagues showed how these correspondences could influence our perception of own body weight. Researchers doctored the sounds of people's footsteps as they walked around and lifted objects (these sounds were replayed to the walkers via headphones). When the footsteps were made higher in pitch, people tended to feel they had more energy and were lifting their legs more easily. Imagine that: sound design that can make you feel lighter on your feet.

*Sarah Angliss is a composer and electronic artist. She presents Archive on 4: Knock Knock: 200 Years of Sound Effects, Saturday 8pm Radio 4*

## SHOW OF THE WEEK



### THE DIARY OF A CEO

"The remarkable stories of the people who have defined culture, achieved greatness and created stories worth studying", hosted by *Dragons' Den* investor Steven Bartlett.

## IF YOU LIKE THAT, TRY THESE



### LEADING

A new spin-off from Rory Stewart and Alastair Campbell's *The Rest Is Politics* podcasts. Their first guest is Lord Heseltine, who never got the top job in politics but did very well in publishing. Asked whether he thinks the UK will rejoin the EC, he says yes. Asked whether he thinks it will be within his lifetime he tells them not to be so cheeky, although not in quite those terms. Lord Heseltine will be 90 on his next birthday.



### HOW TO OWN THE ROOM

Viv Groskop's podcast in praise of female assertiveness and dealing with adversity alights on Dawn O'Porter, who explains how having your TV show snatched away from you, followed swiftly by the magazine column you only got because you were on TV, qualifies you to be a bestselling writer of fiction for a younger audience.



### SECRET LEADERS

The best thread that this podcast does is called "How I Failed". This should be required listening for anybody with the remotest hope of getting their own business idea off the ground. What it teaches us is that people who have seen their cherished dream fail to come true are surprisingly keen to talk about it.



### CAN I JUST SAY?

A great title for a podcast that looses off a blast of withering sarcasm in the direction of some would-be leaders of tomorrow – the ones who thought the path to success led through Lord Sugar's boardroom in *The Apprentice*.

## SOMETHING NEW



### THEY DID THAT

Takara Small celebrates the achievements of historical figures who aren't given sufficient credit by the history books because they were women or from ethnic minorities. She begins with the story of the 19th-century palaeontologist Mary Anning, who found important secrets of the natural world in the cliffs near her Dorset home.



# SATURDAY Radio

## Today's Choices



### The Maltese Falcon

6.00am/11.00am/5.00pm  
Radio 4 Extra

First broadcast in 1984, this super adaptation of Dashiell Hammett's 1930 detective novel cannot help but be compared to the 1941 film that transformed Humphrey Bogart into an icon (above). Tom Wilkinson may not seem the obvious choice to step into Bogie's shoes as hard-boiled private eye Sam Spade, whose investigation into his partner's death uncovers the pursuit of a priceless statuette by a bunch of desperate schemers. However, he makes a convincing 1920s tough guy, as ready with a world-weary quip as he is with his fists. Indeed, the radio play brings Hammett's sparkling dialogue to the fore, as Spade manoeuvres his way around the machinations of head baddie Kasper Gutman (Peter Vaughan, all jovial menace) and the seductive wiles of Jane Lapotaire's breathless temptress Brigid.

JEREMY ASPINALL

### Opera on 3: Mozart's Cosi fan tutte

6.30pm Radio 3  
For his final collaboration with Mozart, Lorenzo Da Ponte, the libertine lapsed priest turned brilliant librettist, devised a plot resembling an experiment (or a cynical exercise in misogyny?) to put human emotions under the musical microscope. In this performance from Munich, UK soprano Louise Alder and US contralto Avery Amereau sing the two sisters whose feelings are tested when their lovers (tenor Sebastian Kohlhepp and baritone Konstantin Krimmel) disguise themselves and try to woo one another's girlfriends. The opera's title, "Women All Act That Way", suggests a foregone conclusion. Then again, what does it say about men? MARK PAPPENHEIM

## BBC Radio 1

97.6-99.8 FM DAB [bbc.co.uk/radio1](http://bbc.co.uk/radio1)  
F'view\* 700 F'sat 700 Sky 0101 Virgin 901

**6.00am Radio 1 Happy**  
**7.00 Adele Roberts**  
**10.30 Katie Thistleton**  
**1.00pm Matt and Mollie**  
**4.00 Dance Anthems**  
**7.00 Radio 1's Soundsystem Party**  
**9.00 1Xtra's Rap Show**  
**11.00 Drum 'n' Bass Show**  
**12.00 Drum 'n' Bass Mix**  
**1.00am Classic Essential Mix 3.00**  
**Future Dance Mix 3.30 Pete Tong**  
**4.00 Dance Anthems 5.00 Relax**

## BBC Radio 2

88-90.2 FM DAB [bbc.co.uk/radio2](http://bbc.co.uk/radio2)  
F'view\* 702 F'sat 702 Sky 0102 Virgin 902

**6.00am Sounds of the 60s**  
Tony Blackburn spins US and UK hits, today with Jackie Wilson, the Searchers, James Brown and more.  
**8.00 Dermot O'Leary**  
Music, chat and guests, today with Jake Shears (ex-Scissor Sisters) discussing his solo record.  
**10.00 Claudia Winkleman**  
**1.00pm Pick of the Pops**  
Paul Gambaccini with the Top 20s from this week in 1968 and 1977. Rptd Mon 3am (1968) and Tue 3am (1977)  
**3.00 Rylan on Saturday**  
**6.00 Liza Tarbuck**  
With an eclectic playlist and texts.  
**8.00 Sounds of the 80s**  
With Gary Davies. See also 3am  
**10.00 Sounds of the 90s**  
Fearne Cotton invites Mary Portas to share her 1990s memories. Repeated Wednesday/Thursday 3am  
**12.00 Mica's Gospel Gold**  
**New series. 1/4.** Singer Mica Paris returns with a second series celebrating the full spectrum of gospel, from influential mid-20th-century belters to contemporary followers. She starts with female stars Mahalia Jackson, Shirley Caesar, Whitney Houston and CeCe Winans, whose voices have filled churches and stadiums. Paris also shares anecdotes – including meeting Whitney Houston – and profiles contemporary stars who have won Grammys, gone platinum and/or spread the gospel, including Jennifer Hudson and Kelly Price. Producer Jenny Smith  
**1.00am Dance Sounds of the 90s with Vernon Kay** Themed playlists.  
**2.00 My Life In a Mixtape** Happy Valley star James Norton delves into his music collection to create a very personal mixtape. From 2021. (R)  
**3.00 Sounds of the 80s Mastermix** A Mega Mastermix from Gary Davies's nostalgic Saturday evening show.  
**4.00 Radio 2 in Concert** Cliff Richard at Wembley Arena in 1992. (R)  
**5.00 Tracks of My Years** Omnibus edition with Stuart Murdoch.

## BBC 6 Music

DAB [bbc.co.uk/6music](http://bbc.co.uk/6music)  
Freeview 707 Freesat 707 Sky 0120 Virgin 909  
**6.00am Amy Lamé**  
**8.00 Radcliffe and Maconie**  
**10.00 The Huey Show** Personal picks and features, including at  
**12.30pm a Block Party** guest mix.  
**1.00pm Jamz Supernova**  
**3.00 Gilles Peterson**  
**6.00 The Craig Charles Funk and Soul Show** With veteran US soul singer Lee Fields.  
**9.00 The Blessed Madonna** With an hour-long mixtape at **9.00**.  
**12.00 Lose Yourself with...** Two transportive hour-long mixes.  
**2.00am Late in the Day**  
**4.00 The Morning After Mix**

## BBC Radio 3

90.2-92.4 FM DAB [bbc.co.uk/radio3](http://bbc.co.uk/radio3)  
Freeview\* 703 Freesat 703 Sky 0103 Virgin 903

**News and weather** 7.00am, 8.00 and 1.00pm  
**7.00am Breakfast** With Elizabeth Alker.  
**9.00 Record Review** With Andrew McGregor.  
**9.30** Organist, conductor and TV presenter Anna Lapwood discusses four personal favourite new releases and, in the **On Repeat** feature, shares a track that is a current preoccupation.  
**10.30 Building a Library** Nicholas Kenyon discusses his favourite recording of Purcell's *The Fairy Queen*.  
**11.20 Record of the Week** A fine new release. *Record Review Extra* is broadcast tomorrow at 9pm

**11.45 Music Matters**  
Kate Molleson covers myriad facets of the classical music world, including arts news. Plus guests, today with pianist Stephen Hough discussing his recently published memoir, *Enough: Scenes from Childhood*. Repeated Monday 10pm

**12.30pm This Classical Life**  
Saxophonist Jess Gillam is joined by singer/songwriter, composer and musician Bishi, who is co-founder and artistic director of WITCIH (Women in Technology Creative Industries Hub). They swap tracks and share musical discoveries across a range of styles, including a collaboration between Ravi Shankar and Philip Glass, Holst in space, and Cosmo Sheldrake's cuckoos.

**1.00 Inside Music**  
An insider's take on various music works, today with Claire Wickes, principal flute of the English National Opera Orchestra. She discusses a personal pick of works in detail, including music by Arvo Pärt and CPE Bach, plus the sounds of the electronic kannel and a marble rolling along a table.

**3.00 Sound of Gaming**  
Monthly series showcasing music from the world of gaming, today with Louise Blain focusing on virtual reality in gaming through some of the music that these games have inspired. She is joined by American games composer Jason Graves (*Lone Echo*, *Moss*), who talks about writing music for this comparatively new format. Plus highlights of scores by Graves (*Lone Echo*, *Moss*, *Moss Book II*), as well as Inon Zur (*Eagle Flight*), Jaroslav Beck (*Beat Saber*), Mike Morasky (*Half-Life: Alyx*), Jesper Kyd (*Robinson: The Journey*), Jeffrey Pierce and Rob Pearsall (*Falcon Age*), Kenneth CM Young (*Astro Bot Rescue Mission VR*), Keiichi Sugiyama (*Rez Infinite*), Michael Gordon Shapiro (*Down the Rabbit Hole*) and Michael Wyckoff (*Boneworks*).

**4.00 Music Planet**  
Lopa Kothari with roots-based music from around the globe, today featuring a specially recorded studio session from award-winning Indian sitarist Gaurav Mazumdar, who performs alongside Tejal Pankhani (sitar) and Rikhail Raithatha (bansuri).

**5.00 J to Z**  
Julian Joseph with fine new jazz alongside classics of the genre. Plus guests and exclusive sessions and gigs, today featuring an interview with young US piano virtuoso James Francies, who already has

## Scala Radio

DAB [scalradio.co.uk](http://scalradio.co.uk)

**7.00am Hannah Cox** Including after **7.00** the **DONNE Triple Play**, with music by women composers.  
**10.00 Angellica Bell** Magazine-style show.  
**1.00pm Mark Kermode** Film music.  
**3.00 Simon Mayo's Essential Albums Label Showcase** Simon starts a month-long spotlight on various labels under the Sony umbrella, including Joshua Bell's recording of Bruch's *Violin Concerto No 1* and a new release by cellist Raphaela Gromes.  
**The Weekly Mozart Pick** is a 1973 recording of his *Concerto in E flat for Two Pianos and Orchestra*, K365.  
**5.00 The Console with Luci Holland**  
**6.00 Jack Pepper's Culture Bunker**  
**8.00 Saturday Night Scala** With Darren Redick.  
**10.00 The Space** Soothing and calming music.  
**1.00am Night Music 5.00 In the Park**

## Absolute Radio

DAB [absoluteradio.co.uk](http://absoluteradio.co.uk)

F'view 727 F'sat 724 Sky 0107 Virgin 915  
**8.00am Frank Skinner** **11.00 Sarah Champion**  
**2.00pm Rock 'n' Roll Football** With Matt Forde **5.00**  
**Andy Bush's Indie Disco** **7.00 Absolute Classic Rock Party** **10.00 Sophie K** **4.00am Ross Buchanan**

released two acclaimed albums for Blue Note Records. Here he digs into some formative influences, among them Art Tatum. Plus highlights of a concert by saxophonist Emma Rawicz, recorded specially for *J to Z* in November at the London Jazz Festival.

**6.30 Opera on 3: Mozart's Cosi fan tutte**  
Vladimir Jurowski conducts the Bavarian State Opera Chorus and Orchestra in a new production by Australian director Benedict Andrews of Mozart's wise and witty comedy about the power and illusions of romantic love, in which two sets of lovers are realigned in a partner-swap scenario, with ensuing comic confusions suddenly switching to deep pathos. Recorded in late October at the Bavarian State Opera in October. Presented by Georgia Mann, with commentary from opera specialist Flora Willson.

**Mozart Cosi fan tutte**  
Fiordiligi Louise Alder (soprano)  
Dorabella Avery Amereau (mezzo)  
Guglielmo Konstantin Krimmel (baritone)  
Ferrando Sebastian Kohlhepp (tenor)  
Despina Sandrine Piau (soprano)  
Don Alfonso Christian Gerhaher (bass-baritone)

Bavarian State Opera Chorus and Orchestra, conductor Vladimir Jurowski  
**RT OFFER** Mozart *Cosi fan tutte* (3 CDs) – a 1962 recording featuring Elisabeth Schwarzkopf, Christa Ludwig, Hanny Steffek, Alfredo Kraus, Giuseppe Taddei, Walter Berry and the Philharmonia Orchestra and Chorus conducted by Karl Böhm – is available for £19.90 incl p&p. Call 0115 982 7500 quoting ref 2564691326 or visit [radiotimes.com/cds](http://radiotimes.com/cds)

## 10.00 New Music Show

Kate Molleson presents an edition with a Norwegian focus, including *Geologi* – a collaborative work by Alwynne Pritchard and Eva Pfitzenmaier, about walking in Bergen.

**12.00 Freeness**  
Corey Mwamba with improvised music marked by a pioneering spirit, including Marta Wareli's grainy and sinuous sound world on acoustic piano and a piece by Eleonor Sandresky which takes the evocative imagery of Mary Oliver's poetry as cues for improvisation. Plus the Tara Clerkin Trio with a heady mix of hip-hop, drum 'n' bass and glitching free jazz. (R)

**1.00am Through the Night** With John Shea.  
**Schubert** *Symphony No 3 in D* **Bartok** *Violin Concerto No 1* **Berio** *Aldo (Duetti per due Violini)* **Schubert, orch Moser** *Andante in B minor (Symphony No 10)* **Schubert** *Symphony No 8 in B minor (Unfinished)* Sebastian Bohren (violin), Robert Kowalski (violin), Orchestra della Svizzera italiana, conductor Heinz Holliger **2.31 Mozart** *String Quartet in C, K465 (Dissonance)* **3.01 Moszkowski** *Piano Concerto in E, Op 59* **3.38 Groneman** *Flute Sonata in D* **3.52 Poulenc** *Petites voix pour voix égales à capella* **3.59 L. Norman** *Andante sostenuto* **4.08 Mozart** *12 Variations on Ah, vous dirai-je, maman, K265 (arr for wind quintet)* **4.21 Duparc** *La vie antérieure* **4.26 Brahms** *Three Lieder (arr for cello and piano)* **4.34 Neruda** *Concerto in E flat for horn or trumpet* **4.50 Vaughan Williams** *Overture: The Wasps* **5.01 Palestrina** *Stabat mater* **5.07 Viotti** *Duo concertante in A minor* **5.14 Liszt** *St François d'Assise prêchant aux oiseaux, S175* **No 15.23 Hannikainen** *Rural Dances, Op 39a* **5.38 Melartin** *Tuli fevat, tuli toivo (Aino)* **5.45 Hummel** *Rondo brillant in A, Op 56* **6.06 Purcell** *Timon of Athens, the Man-Hater, Z 632* **6.27 Sanz** *Suite española for guitar* **6.38 Chopin** *Rondo in C minor, Op 1* **6.47 Bruch** *Kol Nidrei, Op 47*

## Classic FM

99.9-101.9 FM DAB [classicfm.com](http://classicfm.com)  
Freeview 731 Freesat 721 Sky 0106 Virgin 922

**7.00am Alan Titchmarsh**  
**10.00 Aled Jones**  
**1.00pm Alexander Armstrong**  
**4.00 Moira Stuart's Classic FM Hall of Fame Concert**  
Classic FM Hall of Fame works played in full, today featuring music by Debussy, Mendelssohn, Verdi, Sibelius, Bizet, Bach, Saint-Saëns and Schubert. Plus a recording by Daniil Trifonov of Rachmaninov's *Piano Concerto No 3 in D minor*.  
**7.00 Saturday Night at the Movies**  
As awards season approaches, Andrew Collins plays music from some of this year's more celebrated films. Featuring highlights from scores by Trent Reznor and Atticus Ross (*Empire of Light*), Alexandre Desplat (*Guillermo del Toro's Pinocchio*), John Williams (*The Fabelmans*) and Simon Franglen (*Avatar: the Way of Water*).  
**9.00 David Mellor's Melodies** A playlist of personal classical favourites and new discoveries, featuring recordings by top orchestras and soloists.  
**10.00 Smooth Classics** With Myleene Klass.  
**1.00am Katie Breathwick** **4.00 Sam Pittis**





## BBC Radio 4

**92.4–94.6 FM 198 LW DAB** [bbc.co.uk/radio4](http://bbc.co.uk/radio4)  
**Freeview** 704 **Freesat** 704 (FM) 710 (LW)  
**Sky** 0104 (FM) 0130 (LW) **Virgin** 904 (FM) 911 (LW)  
**News** 5.30am, 6.00 and hourly to 12 midnight  
**Weather** 6.04am, 6.57, 7.57, 12.57pm, 5.57, 12.15am  
**Shipping Forecasts** 5.20am, 12.01pm (LW), 5.54pm, 12.48am

**5.30am News Briefing****5.43 Prayer for the Day**

With the Rev Dr Emma Whittick.

**5.45 Four Thought**

Ted Harrison argues that only art can truly capture the essence of spirituality. He is a former journalist who, close to turning 60, decided to turn away from using words and instead chose art. It was, he says, because he realised the limitations imposed by words, and the way in which art can capture the ineffable, the spiritual. Repeated from Wednesday

**6.00 News and Papers****6.07 Ramblings**

**1/9.** Boff Whalley is best known for *Tubthumping* with the band Chumbawamba, but now he's a core member of the Leeds-based Commoners Choir, which he founded. Its members sing about the world around them, about inequality and injustice, and they also love to walk. Clare Balding joins them on a hike in the South Pennines near Todmorden in Calderdale, West Yorkshire, heading into the hills to ramble and sing. En route they visit Gaddings Dam, often described as the highest beach in the UK, where some choir members take the plunge and sing out from the wind-blown waves of the reservoir. Repeated from Thursday

**6.30 Farming Today This Week**

News about food, farming and the countryside.

**7.00 Today**

With Amol Rajan and Nick Robinson.

**7.20 Yesterday in Parliament**

An update on the latest political proceedings.

**7.25, 8.25 Sports News****7.48 Thought for the Day**

With Brian Draper.

**8.31 LW Yesterday in Parliament****9.00 Saturday Live**

The Rev Richard Coles and Nikki Bedi are joined by Michael Rosen, whose new book on surviving Covid, *Getting Better*, is out now. Producer Corinna Jones

**10.30 The Kitchen Cabinet**

**2/6.** Jay Rayner presents the culinary panel show from Slough in Berkshire, with Paula McIntyre, Lerato Umah-Shaylor, Dr Zoe Laughlin and Sophie Wright answering questions from the audience. Producer Dom Tyerman Repeated Tuesday 3pm

**11.00 The Week in Westminster**

A round-up of the week's political proceedings.

**11.30 From Our Own Correspondent**

Kate Adie introduces the current affairs show in which BBC correspondents report on stories from around the globe.

## BBC Radio 4 Extra

**DAB** [bbc.co.uk/radio4extra](http://bbc.co.uk/radio4extra)

**Freeview** 708 **Freesat** 708 **Sky** 0126 **Virgin** 910

**6.00am CHOICE: The Maltese Falcon** as 5pm**8.00 Auntie Jee** as 7pm**8.45 Uncle Mort's North Country** as 1.45pm**9.00 Ray's a Laugh** A 1959 episode of the comedy**9.30 The Eric Morecambe and Ernie Wise Show****10.00 Growing Pains** as 3pm**11.00 CHOICE: The Maltese Falcon** as 5pm**1.00pm Auntie Jee** as 7pm**1.45 Uncle Mort's North Country** 1987 comedy

adventure by Peter Tinnisswood, from his 1986 novel. With Stephen Thorne and Peter Skellern (4/5)

**2.00 Ray's a Laugh** A 1959 episode of the comedy**2.30 The Eric Morecambe and Ernie Wise Show**

1975 comedy with the iconic duo. Plus Anita Harris

**3.00 Growing Pains** Grace Dent rifles through the BBC radio archives to celebrate the experiences of the adolescent. From 2017**4.00 The Zone** Sci-fi crime thriller by Trevor Preston, set in a world beyond the law. A man finds himself in the grasp of the criminal elite, who control the trade in body parts – and believe power lies in blood. With Ben Crowe. From 2014 (1/2)**4.45 Web Central** Following the death last month of Fay Weldon, at 91, another chance to hear her tale in which a 132-year-old woman revels in a life of luxury way above the underclass on Earth. Read by Oliver Ford Davis. From 1996**12.04pm Money Box**

The latest from the world of personal finance, including impartial advice. Repeated tomorrow 9pm

**Your RT Money: page 136****12.30 The News Quiz**

**6/11.** Andy Zaltzman hosts the topical comedy panel game, featuring cryptic questions and acerbic satire. Today's panellists are Frankie Boyle, Susie McCabe, Ashley Storrie and Alex Massie. Rptd from yesterday Rptd Monday 11pm Radio 4 Extra

**1.00 News****1.10 Any Questions?**

Alex Forsyth chairs the political debate from Bangor Court House, Down, inviting an audience to canvass the opinions of four leading figures. Repeated from yesterday

**2.00 Any Answers?**

Listeners have their say on the week's big issues. **PHONE:** 0370 010 0444. Lines open from 12.30pm **EMAIL:** [any.answers@bbc.co.uk](mailto:any.answers@bbc.co.uk)

**2.45 39 Ways to Save the Planet**

**40/40.** Arnold Schwarzenegger's **Favourite Ways to Save the Planet.** Movie star, former governor of California and one of America's most influential green voices, Arnold Schwarzenegger is also a big fan of the innovators, activists and entrepreneurs featured in the previous 39 episodes of this series. Here, he discusses his favourite ideas from them with Tom Heap. Producer Alasdair Cross (R)

**3.00 Drama: A Leap in the Dark**

Ron Hutchinson's re-imagining of the genesis of the first radio play on the BBC. In 1922, leading theatrical impresario Nigel Playfair is unconvinced by the BBC's plans to stage a play for radio broadcast. But when it is suggested the job could go to his rival Noël Coward, he quickly shifts his stance.

Nigel Playfair	Alex Jennings	Hattersly	Clive Hayward
May Playfair	Jane Slavin	Billingsby	David Acton
Cedric Maud	Rufus Wright	Hughes	Jos Vantylers
Grace Wise	Elinor Coleman		

Director Eoin O'Callaghan (R)

**4.00 Weekend Woman's Hour**

Anita Rani presents highlights from the week.

**5.00 Saturday PM** With Caroline Wyatt.**5.30 Political Thinking with Nick Robinson**

**3/8.** The *Today* presenter interviews major political figures about their lives and careers.

**6.00 Six o'Clock News****6.15 Loose Ends**

Danny Wallace and George Egg are joined by Rosie Jones and Gennaro Contaldo for an onversation, music and comedy. With music from Fantastic Negrito and Charlie Austen. Producer Sukey Firth Repeated tomorrow 11pm

**7.00 Profile**

An insight into a person in the news. Repeated tomorrow 5.45am and 5.40pm

**5.00 CHOICE: The Maltese Falcon** Tom

Wilkinson stars in a dramatisation by Michael Bakewell of Dashiell Hammett's 1930 detective thriller in which private eye Sam Spade is drawn into a riddle concerning a statuette. With Jane Lapotaire and Peter Vaughan. From 1984

**7.00 Auntie Jee** Heartwarming comedy by

Furquan Akhtar, starring Shobna Gulati as a matchmaking restaurateur on Manchester's curry mile. But when best friend Julie asks her to find a partner, things get a bit complicated. With Lisa Moore, Shila Iqbal and others. From 2018

**7.45 Uncle Mort's North Country** as 1.45pm**8.00 Ray's a Laugh** A 1959 episode of the comedy**8.30 The Eric Morecambe and Ernie Wise Show****9.00 Growing Pains** as 3pm**10.00–12.00 Comedy Club: Chris Addison's**

**Civilisation** (3/4), at **10.30 The Penny Dreadfuls**

**Present: More Brothers Faversham** (3/4), at **11.00 Vent** (5/6), at **11.30 Old Harry's Game** (4/6)

**12.00 Aliens in the Mind** Vincent Price and Peter Cushing star in a 1977 sci-fi radio drama by Rene Basilio from an idea from Robert Holmes (1926–86) (3/6) **12.30am A Sting in the Tale** In Philip Martin's *Voices from Another Room*, an artist hears voices discussing a murder that is about to happen – and it involves him. From 2004

**1.00** as 5pm **3.00** as 1pm **3.45** as 1.45pm **4.00** as 2pm **4.30** as 2.30pm **5.00** as 3pm

**7.15 This Cultural Life**

**6/7.** John Wilson talks to Oscar-winning Mexican film-maker Alejandro González Iñárritu (*Birdman*, *The Revenant*). Producer Edwina Pitman Repeated Monday 2.15pm

**8.00 Archive on 4: Knock Knock – 200 Years of Sound Effects**

Composer Sarah Angliss looks back over the history of sound effects, to mark the 200th anniversary of Thomas De Quincey's *On the Knocking on the Gate in Macbeth*, the first serious analysis of how noises in drama can have a psychological impact. Angliss talks to some of the world's foremost sound designers, while philosopher Ophelia Deroy describes the very real impact of sound effects in our everyday lives – from product design to the basics of how we perceive the world around us. With readings by Anton Lesser. Producer Michael Umney

**Radioheads: page 113****9.00 Stone**

**5/10.** By Cath Staincliffe. DCI Stone tracks down one of the key suspects in the current murder case, but is forced to consider the possibility that mistakes may have been made in a connected case from 20 years before. All series are available on BBC Sounds.

DCI John Stone	Hugo Speer	Mel	Krisi Bohn
DS Sue Kelly	Deborah McAndrew	Mrs Stafford	Claire Benedict
DI Mike Tanner	Craig Cheetham	Edward Peverall	
Jackie Stanton-Hope			David Schofield
	Jill Halfpenny	Cat Jolene	Angela Lonsdale

Producers Nadia Molinari and Gary Brown  
 Director Nadia Molinari (R)

**9.45 Rabbit Remembered**

**5/5.** By John Updike. On New Year's Eve, Nelson decides to go out on the town with Pru, Annabelle and Billy. Abridged by Robin Brooks and read by Toby Jones. Producer Clive Brill (R)

**10.00 News****10.15 The Moral Maze**

**4/12.** Michael Buerk is joined by Anne McElvoy, Ash Sarkar, Tim Stanley and Matthew Taylor to debate a moral issue. Rptd from Wednesday

**11.00 Counterpoint**

**4/13.** Paul Gambaccini chairs the fourth heat, with contestants from London and Surrey. Repeated from Monday

**11.30 Poetry Please**

**6/6.** Bhanu Kapil chats to Roger McGough about the poems she loves. Rptd from Sunday

**12.00 News and Weather****12.15am Torn**

**9/10.** Ray-Ban. Gus Casely-Hayford charts the history of Ray-Ban sunglasses, and explores how a piece of protective equipment designed for pilots evolved to become a fashion item. Executive producer Rosie Collyer (R)

**12.30–12.45 Short Works**

*In Loco Parentis* by Jan Carson, read by Lisa Dwyer Hogg. Repeated from yesterday

**1.00 as BBC World Service**

## BBC World Service

**DAB** [bbc.co.uk/worldserviceradio](http://bbc.co.uk/worldserviceradio)

**Freeview\*** 710 **Freesat** 711 **Sky** 0115 **Virgin** 906

*Programmes may differ online, and on Freeview, Sky, and Virgin*

**5.00am** The Newsroom **5.30** The Explanation: BBC senior correspondent John Sudworth on the persecution of the mostly Muslim ethnic group the Uyghurs in China **5.50** More or Less **6.00**

Weekend **8.30** The Conversation **9.00** News **9.05** BBC OS Conversations **9.30** Pick of the World

**9.50** Over to You **10.00** News **10.05** Sports Hour **11.00** The Newsroom **11.30** The Climate

Question **12.00** News **12.05pm** World Book Club: Ayelet Gundar-Goshen discusses her landmark

novel *Waking Lions* with Harriett Gilbert and readers from around the world **1.00** Newshour

**2.00** News **2.05** Sportsworld **6.00** The Newsroom **6.30** The Explanation **6.50** Sporting Witness

**7.00** News **7.05** BBC OS Conversations **7.30** Outlook **8.00** News **8.05** The Arts Hour **9.00**

Newshour **10.00** The Newsroom **10.20** Sports News **10.30** The Cultural Frontline **11.00** News

**11.05** Music Life: singer Santigold and rappers Black Thought and the OGM discuss their music

**12.00** News **12.05am** BBC OS Conversations **12.30** The Explanation **12.50** More or Less

**1.00** News **1.05** The Science Hour **2.00** The Newsroom **2.30** Healthcheck **3.00** News **3.05**

World Book Club **4.00** News **4.05** From Our Own Correspondent **4.30** The Cultural Frontline

## BBC Radio 5 Live

**693, 909 MW DAB** [bbc.co.uk/fivelive](http://bbc.co.uk/fivelive)  
**F'view** 705 **F'sat** 705 **Sky** 0105 **Virgin** 905  
**Sports Extra** **F'view** 706 **F'sat** 706  
**Sky** 0131 **Virgin** 908

**News and sport** bulletin every half-hour  
 Times vary during live sports coverage

**5.00am 5 Live Boxing****6.00 Saturday Breakfast**

Chris Warburton and Eleanor Oldroyd with news and a weekend preview.

**9.00 Patrick Kiefly**

With laughs, guests and features.

**11.00 Fighting Talk**

Panel sports show with Colin Murray.

**12.00 5 Live Sport**

Mark Chapman with sports news, updates from Everton v Arsenal in the Premier League and build-up to today's **3.00pm** commentary on Manchester United v Crystal Palace. Plus updates from across today's 3pm kick-offs. And at **5.00** there's Six Nations rugby union commentary on England v Scotland, live from Twickenham, followed at **7.00** by second-half commentary on Newcastle United v West Ham United in the Premier League.

**7.30pm 6–0–6** Football phone-in.**9.00 Stephen Nolan** Topical show.**12.00 Newscast** With Adam Fleming.**1.00am Laura McGhie**

## BBC 5 Sports Extra

**DAB** [bbc.co.uk/sports extra](http://bbc.co.uk/sports extra)

**F'view** 706 **F'sat** 706 **Sky** 0131 **Virgin** 908

**8.10am–12.15pm Cricket**

Big Bash League final in Australia.

**2.15–4.30 Rugby Union**

Wales v Ireland in the Six Nations.

**See feature: page 14****5.25–7.30 Football** Newcastle

United v West Ham United.

## Talksport

**1053, 1089 MW DAB** [talksport.co.uk](http://talksport.co.uk)

**F'view** 723 **F'sat** 731 **Sky** 0108 **Virgin** 927

**6.00am GameDay Breakfast****9.00 GameDay Warm Up****11.00 Premier League Football**

Everton v Arsenal (kick-off 12.30).

**2.30pm GameDay Live****5.30 The GameDay Phone-In****7.30 The Mark Goldbridge Show****9.00 Night Night 12.00 Talksport****Special 1.00am Extra Time**

## Talksport 2

**DAB** [talksport.co.uk](http://talksport.co.uk)

**12 noon–2.30pm****Championship Football** Norwich

City v Burnley (kick-off 12.30)

**2.30–5.00 Premier League****Football** Wolverhampton

Wanderers v Liverpool (k10 3.00)

**7.00–12 midnight PGA Tour**

Golf Day three of the Pebble Beach Pro-Am tournament

## LBC

**97.3 FM** (London area) **DAB** [lbc.co.uk](http://lbc.co.uk)

**F'view** 732 **F'sat** 734 **Sky** 0123 **Virgin** 919

**7.00am Ben Kentish 10.00****Matt Frei 1.00pm Sangita Myska****4.00 Emily Sheffield 7.00****Natasha Devon 9.00 The Legal****Hour 10.00 Nick Abbot 1.00am****Clive Bull 4.00 Ali Miraj**

## Asian Network

**DAB** [bbc.co.uk/asiannetwork](http://bbc.co.uk/asiannetwork)

**F'view** 709 **F'sat** 709 **Sky** 0119 **Virgin** 912

**5.00am Ankur Desai 6.00 All****Star Anthems 7.00 Love Friday****Mix 8.00 Smash Bengali 10.00****Asian Network Certified 11.00****Beyond Bollywood 1.00pm Mistah****Isiah and Mehreen Baig 3.00 AJD****6.00 Panjabi Hit Squad****9.00 Pure Spice with DJ Manara****12.00 SOS Bhanga Mix****1.00am Asian Network Represents****3.00 Panjabi Hit Squad**



## Today's Choices



## Desert Island Discs

11.15am Radio 4

Whether outraging us as ghastly 1980s yuppie Laetitia in *High Hopes*, chilling us as the glacial Cyril in *Phantom Thread* – for which she received an Oscar nomination for Best Supporting Actress – or, most recently, warming the cockles of our hearts in sitcom *Mum* and as well-meaning cleaning lady Ada in *Mrs Harris Goes to Paris*, Lesley Manville (above) is without doubt one of our most accomplished and versatile acting stars. In the company of Lauren Laverne she offers up her musical choices, which reflect her time as a teenage award-winning soprano in Sussex and include songs she would play as a way to help her get into character when working on numerous Mike Leigh films. Moreover, Manville reveals how she celebrated her glitzy night at the Academy Awards in 2018. **CHRIS GARDNER**

## Drama on 3: The Get

7.30pm Radio 3

Thirty-something Josh Azouz brings to this domestic-drama-with-a-twist all the dark humour he is rapidly becoming known for in the world of theatre (most recently, *Once upon a Time in Nazi-Occupied Tunisia* at London's Almeida Theatre). The Get of the title is a Jewish divorce bill that only a husband can grant and woe betide the wife who wants to end the marriage. The play, set in the bosom of what at first seems to be a cosy north London extended family, soon takes Jonny (Paul Chahidi) into murky waters when his sister asks him to help secure her Get. **FIONA HUGHES**

## The Poet Laureate Has Gone to His Shed

4.30pm Radio 4

Pick of the Week: page 111

## BBC Radio 1

97.6–99.8 FM DAB [bbc.co.uk/radio1](http://bbc.co.uk/radio1)  
F'view\* 700 F'sat 700 Sky 0101 Virgin 901  
6.00am Chillout Anthems  
7.00 Adele Roberts  
10.30 Nat O'Leary  
1.00pm Matt and Jamie  
4.00 Radio 1's Life Hacks  
6.00 Official Chart: First Look  
7.00 Radio 1's Chilliest Show  
9.00 Radio 1's Indie Show  
11.00 BBC Introducing on Radio 1  
12.00 Future Soul 1.30am UK  
R&B Mix 2.00 Decompression  
Session 3.00 Chill Mix 3.30  
Motivate Me Mix 4.00 Radio 1  
Dance 5.00 Arielle Free

## BBC Radio 2

88–90.2 FM DAB [bbc.co.uk/radio2](http://bbc.co.uk/radio2)  
F'view\* 702 F'sat 702 Sky 0102 Virgin 902  
6.00am Good Morning Sunday  
The Rev Kate Bottley and Jason  
Mohammad welcome poet Michael  
Rosen to coincide with the publication  
of his memoir *Getting Better*.  
9.00 Steve Wright's Sunday  
Love Songs Personal dedications.  
11.00 The Michael Ball Show  
Guests include actor Matthew Kelly  
– currently on the West End stage in  
a 40th-anniversary production  
of Michael Frayn's farce *Noises Off*  
– and wildlife reporter Mike Dilger  
(*The One Show*) to coincide with  
the publication of his new book.  
1.00pm Elaine Paige on Sunday  
3.00 Sounds of the 70s  
With Johnnie Walker.  
5.00 Rob Beckett  
7.00 Tony Blackburn's Golden  
Hour An eclectic oldies playlist,  
today with Little Richard, Girls Aloud,  
Holly Valance and many more.  
8.00 Radio 2 Piano Room  
An omnibus of live performances,  
including at 8.00 Richard Marx, at  
8.14 Louise (ex-Eternal), at 8.25  
Belinda Carlisle, at 8.37 Michael Ball  
and at 8.48 Sugababes, all with the  
BBC Concert Orchestra, recorded at  
the BBC's Maida Vale Studios  
and first broadcast on Ken Bruce's  
morning show this past week.  
9.00 Radio 2 in Concert  
Elton John in concert in 2001 at  
BBC Radio Theatre in London. (R)  
10.00 Radio 2 Unwinds with  
Angela Griffin  
12.00 Phil Williams In for OJ Borg.  
3.00am Alternative Sounds of  
the 90s with Dermot O'Leary  
4.00 Nicki Chapman

## BBC 6 Music

DAB [bbc.co.uk/6music](http://bbc.co.uk/6music)  
Freeview 707 Freesat 707 Sky 0120 Virgin 909  
6.00am Amy Lamé New music.  
8.00 Radcliffe and Maconie  
10.00 Cerys Matthews  
1.00pm The First Time with...  
Matt Everitt invites Hull-born  
Cosy Fanni Tutti (Christine Newby,  
ex-Throbbing Gristle) to discuss  
music of personal significance.  
2.00 Guy Garvey Rptd 12 midnight  
4.00 Iggy Pop Personal picks.  
6.00 Now Playing @6Music  
8.00 Stuart Maconie's Freak  
Zone Including experimental music.  
10.00 Don Letts's Culture  
Clash Radio  
12.00 Guy Garvey (R)  
2.00am 6 Music's Indie Forever  
A playlist anticipating Valentine's  
Day, featuring the Mystery Jets, the  
Yeah Yeah Yeahs and Wolf Alice.  
3.00 Rave Forever  
4.00 BBC Introducing Mixtape  
5.00 Chris Hawkins

## BBC Radio 3

90.2–92.4 FM DAB [bbc.co.uk/radio3](http://bbc.co.uk/radio3)  
Freeview\* 703 Freesat 703 Sky 0103 Virgin 903  
News and weather 7.00am, 8.00 and 1.00pm  
7.00am Breakfast With Martin Handley.  
9.00 Sunday Morning With Sarah Walker.  
12.00 Private Passions  
Michael Berkeley is joined by textile designer Kaffe  
Fassett, who reveals that he first left California for  
Britain as a young man after a chance meeting  
with Christopher Isherwood, who so beguiled him  
that he was determined to see Europe for himself.  
Now 85, he talks about growing up gay at a time  
when it was still illegal, and how he never felt he  
fitted in. His music choices include Arvo Pärt and  
Schumann and a recording by the Beatles.  
1.00pm Radio 3 Lunchtime Concert  
Monday's recital from Wigmore Hall, London.  
Lea Desandre (mezzo), Jupiter Ensemble  
Provenza Non posso far (Lo schiavo di sua moglie)  
Cavalli Sinfonia (Ercole amante)  
Provenza Lasciatemi morir, stelle crudeli  
(Lo schiavo di sua moglie)  
Viviani Muove il pie, furia d'Averno  
(Mitilene, regina delle Amazzoni)  
Schürmann Sinfonia pour la tempête  
(Die getreue Alceste)  
Pallavicino Vieni, corri, volami in braccio;  
Sdegni, furori barbari (L'Antiope)  
AD Philidor Venez, troupe guerrière (Les amazons)  
Marais L'américaine (Suite d'un goût étranger)  
Destouches O Mort! O triste mort  
(Marthésie, première reine des Amazones)  
Vivaldi Overture (1st mvt): Ercole su'l Termodonte  
Schürmann Non ha fortuna il pianto mio (Die  
getreue Alceste)  
Vivaldi Overture (2nd mvt): Ercole su'l Termodonte  
Bottis Lieti Fiori (Mitilene, regina delle Amazzoni)  
Vivaldi Overture (3rd mvt): Onde chiare che  
sussurrate (Ercole su'l Termodonte) (R)  
2.00 The Early Music Show  
Italian castrato and opera singer Caffarelli (1710–83)  
expressed a wish to be castrated when he was just  
ten years old He enjoyed great fame – and notoriety  
– for almost 40 years. Lucie Skeaping investigates. (R)  
3.00 Choral Evensong  
From the Chapel of Pembroke College, Cambridge.  
Recorded on 19 January. Introit: O nata lux (Lucy  
Walker) (first performance). Responses: Kerensa  
Briggs. Office Hymn: The Church's One Foundation  
(Aurelia). Psalm 118 (Ives, Goss). First Lesson: 1  
Samuel 1, vv19b–28. Magnificat Primi toni (Palestrina).  
Second Lesson: Hebrews 4, vv11–16. Nunc dimittis  
(Pawel Lukaszewski). Anthem: Seek Him That Maketh  
the Seven Stars (Jonathan Dove). Hymn: Glorious  
Things of Thee Are Spoken (Abbots Leigh). Voluntary:  
Archangels (St Michael) (Frederick Stocken). (R)  
4.00 Jazz Record Requests With Alyn Shipton.  
5.00 The Listening Service  
Tom Service explores Camille Saint-Saëns's Third  
Symphony. Nicknamed the *Organ* symphony, it was  
one of the crowning glories of his life in music, and not  
because it featured in the *Babe* films. Rptd Fri 4.30pm

## Scala Radio

DAB [scalradio.co.uk](http://scalradio.co.uk)  
7.00am Hannah Cox 10.00 Angellica Bell  
1.00pm Sam Hughes Sitting in for Deb Grant.  
3.00 The Scala Radio Residency Four figures  
from the music world curate and present six  
monthly shows, today with Christopher Tin, the first  
composer of video game music to win a Grammy.  
5.00 The West End Weekend on Scala Radio  
6.00 William Orbit on Scala Radio 2/3. The  
producer shares a broad range of classical music,  
including music by Max Richter and recordings by the  
Ayoub Sisters, Sigur Ros and the Chineke! Orchestra.  
8.00 Sunday Night Scala With Darren Redick,  
who marks an anniversary for Mendelssohn and  
showcases a new recording of Dvorak.  
10.00 The Space Soothing and calming music.  
1.00am Night Music 5.00 In the Park

## Absolute Radio

DAB [absoluteradio.co.uk](http://absoluteradio.co.uk)  
F'view 727 F'sat 724 Sky 0107 Virgin 915  
8.00am Jason Manford 11.00 Sarah Champion  
2.00pm Rock 'n' Roll Football With Jay Lawrence  
6.00 Request Show With Claire Sturgess 8.00  
Sunday Night Music Club 12.00 Dan Noble

## 5.30 Words and Music

Poems and excerpts of novels and the cancer  
diaries of Harlem-born writer, feminist and activist  
Audre Lorde (1934–92), whose writing was inspired  
by her wish to confront and address injustices of  
racism, sexism, classism, and homophobia. Read  
by Jade Anouka and Lorde's children Elizabeth  
Lorde-Rollins and Jonathan Rollins. (R)

## 6.45 Sunday Feature: Metal City

Metalworking has been central to the rise and  
success of Birmingham over hundreds of years.  
But how has this industry affected the culture of  
the city? Gregory Leadbetter's poem *Metal City*  
traces this story, from the discovery of ore in the  
Staffordshire hills through the establishment and  
development of Birmingham as a metalworking  
centre all the way to the birth of heavy metal music.  
Producers Melvin Rickaby and Rosie Boulton

## 7.30 Drama on 3: The Get

A tense domestic drama by Josh Azouz, set  
in a contemporary north London Jewish  
suburb. The Get is a Jewish divorce bill, and in  
Jewish law only the husband may grant one.  
When Jonny's sister Lara asks him to pressurise  
his brother-in-law Zach to agree to a Get, he is  
drawn into a spiral of criminal behaviour.

Jonny	Paul Chahidi	Benya	Frewyn Thursfield
Ruth	Dorothea Myer-Bennett	Nina	Macy Nyman
Zach	Michael Gould	Dovy	Joshua Lewis
Lara	Alexis Zegerman	Vasily	Josh Zare

Producer Jeremy Mortimer

## 9.00 Record Review Extra With Hannah French.

## 11.00 Richard Egarr on the Machine That Goes Ping!

New series. 1/3. The Ascent. The conductor and  
keyboard expert explores the harpsichord,  
beginning by tracing its development from  
instruments plucked by the hand to the psaltery  
and the virginal. Using selected works by 16th- and  
17th-century composers Ennemond Gaultier,  
Antonio Valente, William Byrd and Jacopo Peri,  
Egarr charts the unstoppable rise in popularity of  
this "bad keyboard version of the lute".

## 12.00 Classical Fix

Linton Stephens welcomes Sarah Keyworth. (R)

12.30am Through the Night With John Shea.  
Berg Violin Concerto Schubert Symphony No 9 in C  
Leonidas Kavakos (violin), London Symphony  
Orchestra, conductor Simon Rattle 1.53 Biber Missa  
Sancti Henrici 2.31 Camille Saint-Saëns super Adesto  
dolori meo 2.53 Enescu Symphonie concertante, Op 8  
3.16 Strauss Vier letzte Lieder 3.37 Handel Suite  
No 3 in G: Water Music 3.47 Purcell Toccata in A; The  
Plaint (arr Memelsdorff and Staier for recorder and  
harpsichord) 4.00 J Strauss (son) Rosen aus dem  
Süden, Op 388 4.10 Frederick Schipizky Elegy 4.17  
Lisinski Three mazurkas: in F; in E flat; in B flat 4.23  
Walpurgis Sinfonia in G (Talestri, regina delle Amazzoni)  
4.31 Berlioz Overture: Béatrice et Bénédict 4.39  
Bach Oboe Concerto in G minor, BWV1056 4.49 Liszt  
Hungarian Rhapsody No 6 in D flat 4.56 Bax Mater ora  
filium 5.07 Kilar Orawa 5.16 Vivaldi Violin Concerto in  
F, RV293 (Autumn) (The Four Seasons) 5.27 Mozart  
Quintet in E flat, K452 5.51 Sibelius Symphony No 7  
6.13 Schumann Märchenbilder, Op 113 (R)

## Classic FM

99.9–101.9 FM DAB [classicfm.com](http://classicfm.com)  
Freeview 731 Freesat 721 Sky 0106 Virgin 922

## 7.00am Aled Jones

10.00 Andrew Marr With new musical  
discoveries, performances from a range of  
orchestras and ensembles, input from listeners  
and news of a cultural highlight in the week ahead.

## 1.00pm Catherine Bott

4.00 John Humphrys With a playlist of  
personal picks and musical anniversaries.  
7.00 Smooth Classics Charlotte Hawkins with  
a laid-back playlist including spotlights on  
younger stars, today featuring 18-year-old Korean  
pianist Yunchan Lim, who last year became the  
youngest ever person to win gold at the Van  
Cliburn International Piano Competition.

## 9.00 Uplifting Classics

4/6. Dr Alex George, the UK Government's youth  
mental health ambassador, continues a positivity  
series featuring inspiring pieces of classical music,  
with fascinating stories behind the featured music  
and composers. Today's playlist includes works by  
Rossini, Randy Newman and Alma Deutscher.

## 10.00 Smooth Classics With Myleene Klass.

1.00am Bill Overton 4.00 Lucy Coward





## BBC Radio 4

92.4–94.6 FM 198 LW DAB [bbc.co.uk/radio4](http://bbc.co.uk/radio4)Freeview 704 Freesat 704 (FM) 710 (LW)  
Sky 0104 (FM) 0130 (LW) Virgin 904 (FM) 911 (LW)**News** 5.30am, 6.00 and hourly to 9.00; 12 noon then hourly to 12 midnight  
**Weather** 6.57am, 7.57, 12.57pm, 5.57, 9.59, 12.15am  
**Shipping Forecasts** 5.20am, 12.01pm (LW), 5.54pm, 12.48am**5.30am News Briefing****5.43 Bells on Sunday**

The morning bells from the Church of St Mary of the Assumption in Ufford, Suffolk.

**5.45 Profile** Repeated from yesterday 7pm**6.00 News Summary****6.05 Something Understood****Learning to Be Human.** John McCarthy explores the story of an autistic woman who felt alienated by society – until she found a new teacher in the form of a gorilla. Producer Jo Fidgeon Repeated 11.30pm (R)**6.35 On Your Farm****5/8. Organic Wine in South Africa.**

Booming sales – and climate change – are driving a rise in organic wine production. Charlotte Ashton visits the successful Spier estate in South Africa to see whether there are lessons for the UK's wine industry. Producer Charlotte Ashton

**7.00 News; Sunday Papers****7.10 Sunday** Religious and ethical issues.**7.54 The Radio 4 Appeal**Lwiza Mulenga, who works for Cecily's Fund, makes an appeal on behalf of the charity. Producer Kate Howells Rptd 9.25pm and Thu 3.27pm  
Donations: Freepost BBC Radio 4 Appeal, marked Cecily's Fund on the back of the envelope; Credit/debit cards: Freephone 0800 404 8144; online via the Radio 4 website**8.00 News; Sunday Papers****8.10 Sunday Worship**

A service from Alive City Church, London, with Volney and Angel Morgan, part of the Mobo-Award winning gospel group Volney Morgan and New Ye.

**8.48 A Point of View**

A reflection on a topical issue. Rptd from Friday

**8.58 Tweet of the Day**

The Montserrat oriole, with Liz Bonnin. (R)

**9.00 Broadcasting House**

Presented by Paddy O'Connell.

**10.00 The Archers** Omnibus edition.**11.15 Desert Island Discs****RT** Olivier Award-winning actress Lesley Manville (*Mum*, *Phantom Thread*, *The Crown*) talks to Lauren Laverne about her life and chooses eight favourite recordings. Producer Sarah Taylor Repeated Friday 9am**12.04pm Just a Minute****6/8.** Sue Perkins challenges Paul Merton, Holly Walsh, Zoe Lyons and Alan Davies to speak for 60 seconds uninterrupted.Repeated from Monday  
Repeated tomorrow 10pm BBC Radio 4 Extra

## BBC Radio 4 Extra

DAB [bbc.co.uk/radio4extra](http://bbc.co.uk/radio4extra)

Freeview 708 Freesat 708 Sky 0126 Virgin 910

**6.00am Poetry Extra** as 5pm**6.30 Unsheltered** as 5.30pm**7.40 Inheritance Tracks** With Brian Johnson**7.50 The Citadel** as 6.50pm**9.00 The Betty Witherspoon Show** as 8pm**9.30 Something to Shout About** as 8.30pm**10.00 Desert Island Discs: Long-play** as 9pm**11.00 Poetry Extra** as 5pm**11.30 Unsheltered** as 5.30pm**12.40pm Inheritance Tracks** as 7.40am**12.50 The Citadel** as 6.50pm**2.00 The Betty Witherspoon Show** as 8pm**2.30 Something to Shout About** as 8.30pm  
**3.00 Desert Island Discs: Long-play** as 9pm  
**4.00 Aliens in the Mind** Vincent Price and Peter Cushing star in a sci-fi radio drama by Rene Basileo from an idea from then *Doctor Who* script editor Robert Holmes (1926–86). The death of a man on the remote Scottish island of Luig sparks a sinister discovery. From 1977 (3/6)**4.30 A Sting in the Tale** In Philip Martin's *Voices from Another Room*, an artist hears voices discussing a murder that is about to happen – and it involves him. With Neil Dudgeon. From 2004 (3/5)  
**5.00 Poetry Extra** Kenneth Steven explores the life of poet Edwin Muir (1887–1959)**12.30 The Food Programme**

Pierre Koffmann shares his food story, from his childhood in Gascony and summers spent on a farm to the heat of the kitchen in London as a celebrated chef.

Producer Dan Saladino Repeated tomorrow 3.30pm

**1.00 The World This Weekend**

News and analysis with Jonny Dymond.

**1.30 Assignment****China's Accidental Activists.** Michael Bristow hears the stories of a group of Chinese women taking on the Communist government after their husbands and fathers were jailed as dissidents. They have endured detention, surveillance, social isolation and persecution, and been forced to flee to the United States, where they juggle jobs, bringing up children and political campaigning. Producer Alex Last; Editor Penny Murphy**2.00 Gardeners' Question Time**

Chair Peter Gibbs invites Pippa Greenwood, Juliet Sargeant and Matt Biggs to answer listeners' queries. Repeated from Friday

**2.45 Opening Lines****2/11. Lady Chatterley's Lover 2/2.** John Yorke looks at what drove DH Lawrence to use the language that got him into so much trouble and made the novel infamous. He outlines the book's other transgressions and what happened at that famous trial in 1960. Producer Alison Vernon-Smith

Executive producer Caroline Raphael

**3.00 Drama: The Chatterleys****2/2.** Mike Kenny's modern interpretation of *Lady Chatterley's Lover*. Today Cliff finally opens up about the impact of becoming disabled to his veterans group. Connie confesses her loneliness to Oliver Mellors, leading to a brief affair. Despite this, Oliver and Cliff become friends, with Cliff allowing Oliver to help him adapt to his new life.

Cliff	David Proud	Jimmy	Jason Burns
Connie	Ashleigh Wilder	Dan	Steve Watson
Oliver	Mark Holgate	Veteran group member	
Ivy	Melody Brown		Andy Mudd
Hilly	Claire Morley	The Book	Jonathan Keeble

Executive producer Eloise Whitmore  
Directors Jenny Sealey and Polly Thomas

**4.00 Bookclub**James Naughtie and a group of readers talk to Cal Flyn about her acclaimed book *Islands of Abandonment*, an exploration of places that have been reclaimed by nature. Producer Nicola Holloway Repeated Thursday 3.30pm**4.30 The Poet Laureate Has Gone to His Shed****RT** **New series. 1/8.** Sir Ian McKellen joins Simon Armitage in his writing shed in Huddersfield to talk about his childhood in Wigan, playing Gandalf in *The Lord of the Rings*, remembering Shakespearean lines, and getting an Elvish tattoo.

Producer Susan Roberts Repeated Saturday 11.30pm

**Pick of the Week: page 111****5.30 Unsheltered** Barbara Kingsolver's novel interweaves events in the 1870s and 2016 to explore the human capacity for resilience and compassion in times of great upheaval. Abridged by Sian Preece. From 2018 (11–15/15)**6.40 Inheritance Tracks** With Brian Johnson**6.50 The Citadel** Series six of Christopher Reason's drama based on the 1937 novel by AJ Cronin, set in a doctor's surgery in the 1920s, many years before the NHS. From 2019 (1/5)**8.00 The Betty Witherspoon Show** Comedy

by Michael Wale and Joe Steeples. From 1974

**8.30 Something to Shout About** A 1961 episode of the sitcom by Myles Rudge and Ronnie Wolfe, poking fun at the advertising world. With Michael Medwin, Eleanor Summerfield and Fenella Fielding**9.00 Desert Island Discs: Long-play** An extended version from July 2012, with cookery writer and TV star Mary Berry discussing her life and favourite recordings, from Vivaldi to Abba**10.00–12.00 Comedy Club: Sean Lock: 15 Stores High (3/5), at 10.30 Chain Reaction (2/6), at 11.00 Safety Catch (1/4), and at 11.30 1966 and All That (3/4)****12.00** as 5pm **12.30am** as 5.30pm **1.40** as 6.40pm **1.50** as 6.50pm **3.00** as 8pm **3.30** as 8.30pm **4.00** as 9pm **5.00 Uncle Silas**

Sheridan Le Fanu's 1864 gothic horror drama (1/3)

**5.00 The Today Debate**

Mishal Husain is joined by an expert panel to consider a topical issue, in front of a live audience at the BBC's Radio Theatre in Broadcasting House. Repeated from Tuesday

**5.40 Profile** Repeated from yesterday 7pm**6.00 Six o'Clock News****6.15 Pick of the Week**

Frank Cottrell-Boycie presents a selection of highlights from BBC radio. Producer Nick Holmes

**7.00 The Archers**

Kate gets a wake-up call, and Ruairi is feeling sidelined.

For cast see Friday Repeated tomorrow 2pm

**Ambridge Diary: page 111****7.15 Believe It!****3/4. Grumpy Old Menopause.** Jon Canter's fictional comedy biography of Richard Wilson, narrated by the actor. Richard finds himself getting grumpier with age.

Richard Wilson	Himself	Tina/Announcer	Jasmine Hyde
Peter Capaldi	Himself	Jonathan	Eliot Levey
David Tennant	Himself	Claire	Sarah Lambie
Alexei Sayle	Himself	Kate/Linda	Janine Leigh

Producer/Director Clive Brill (R)  
Repeated Friday 10pm BBC Radio 4 Extra**7.45 The Circus****5/10. The Judge** by Paul McVeigh. Mrs Reid receives a letter with a surprising offer. Read by Maggie Cronin. Producer Michael Shannon**8.00 More or Less****4/8.** Tim Harford presents the programme that explains the numbers and statistics used in everyday life. Repeated from last Wednesday**8.30 Last Word**

Matthew Bannister eulogises notable people who have died recently. Repeated from Friday

**9.00 Money Box** Rptd from yesterday 12.04pm**9.25 The Radio 4 Appeal** Rptd from 7.54am**9.30 Icon****6/6. Celebrating Life.** How Elizabeth Taylor used her fame for good, in particular to help raise Aids awareness more energetically than anyone else. With contributions from David Furnish and Love Tank co-director Marc Thompson, plus archive from the Ronald Reagan Presidential Library. Producer Alan Hall (R)**10.00 The Westminster Hour**

Political magazine, with Carolyn Quinn.

**11.00 Loose Ends** Rptd from yesterday 6.15pm**11.30 Something Understood**

Repeated from 6.05am

**12.00 News and Weather****12.15–12.45am Thinking Allowed****7/7.** Laurie Taylor talks to Adam Kuper from the London School of Economics and Kerry Wilson from Liverpool John Moores University, about the history and future of museums. Repeated from Wednesday**1.00 as BBC World Service**

## BBC World Service

DAB [bbc.co.uk/worldserviceradio](http://bbc.co.uk/worldserviceradio)

Freeview\* 710 Freesat 711 Sky 0115 Virgin 906

Programmes may differ online, and on Freesat, Sky, and Virgin

**5.00am** The Newsroom **5.30** The Documentary: the Night Witches of World War Two **6.00** Weekend**8.30** The Food Chain **9.00** News **9.05** From Our Own Correspondent **9.30** Outlook **10.00** News**10.05** People Fixing the World **10.30** Heart and Soul: The Right Thing: the story of Floyd Bledsoe whose Christian forgiveness was tested when he was jailed for 15 years after his brother accused him of murder (2/2) **11.00** The Newsroom **11.30** The Compass: Why We Play (3/4) **12.00** News**12.05pm** The Inquiry **12.30** Assignment**1.00** Newshour **2.00** News **2.05** The Forum**2.50** Over to You **3.00** News **3.05** Sportsworld**7.00** The Newsroom **7.30** Heart and Soul **8.00** News **8.05** The History Hour **9.00** Newshour**10.00** The Newsroom **10.20** Sports News **10.30** Outlook **11.00** News **11.05** Tech Tent **11.30** Pick of the World **11.50** Over to You **12.00** News**12.05am** From Our Own Correspondent **12.30** Heart and Soul **1.00** The Newsroom **1.30** Bad Blood: Adam Rutherford examines how eugenicists tried to limit who was allowed to reproduce (3/6)**First broadcast on Radio 4 2.00** The Newsroom**2.30** The Climate Question **3.00** News **3.05** Tech Tent **3.30** Pick of the World **3.50** Over to You **4.00** The Newsroom **4.30** The Conversation

## BBC Radio 5 Live

693, 909 MW DAB [bbc.co.uk/fivelive](http://bbc.co.uk/fivelive)F'view 705 F'sat 705 Sky 0105 Virgin 905  
**Sports Extra** F'view 706 F'sat 706  
Sky 0131 Virgin 908**News and sport** bulletin every half-hour  
Times vary during live sports coverage**5.00am Sports Desk****5.30 5 Live Football Daily****6.00 5 Live Science**

Dr Chris Smith with science issues.

**7.00 Sunday Breakfast** With Chris Warburton and Eleanor Oldroyd.**10.00 Helen Skelton**

Sports content, including interviews.

**12.00 5 Live Sport**Steve Crossman with sports news and features. He's joined by Nedum Onuoha and other guests for a look back at yesterday's results and build-up to today's **2.00** football commentary on Nottingham Forest v Leeds United in the Premier League. From **4.00** there's build-up to the**4.30** commentary on Tottenham v Manchester City.**6.30pm 6–0–6** Football phone-in.**8.00 Rugby Union Weekly**

Chris Jones, Ugo Monye and Danny Care review round one of the Six Nations Championship.

**9.00 Stephen Nolan** Topical show.**12.00 Tony Bellew Is Angry**

Mancunian rapper and actor Bugzy Malone talks all things anger.

**1.00am Dotun Adebayo**

## BBC 5 Sports Extra

DAB [bbc.co.uk/sports extra](http://bbc.co.uk/sports extra)

F'view 706 F'sat 706 Sky 0131 Virgin 908

**2.45pm–5.00 Rugby Union**

Italy v France in the Six Nations at the Stadio Olimpico in Rome.

**See feature: page 14****6.30–9.00 Women's Football**

West Ham United v Arsenal in the Women's Super League.

## Talksport

1053, 1089 MW DAB [talksport.co.uk](http://talksport.co.uk)

F'view 723 F'sat 731 Sky 0108 Virgin 927

**6.00am Weekend Sports****Breakfast****9.00 Jonny Owen and Friends****11.00 The Warm Up****1.00pm The Sunday Session****5.00 The Boot Room****8.00 A Talksport Special****9.00 Trans Europe Express****12.00 A Talksport Special****1.00am Extra Time****5.00 Early Breakfast**

## Talksport 2

DAB [talksport.co.uk](http://talksport.co.uk)**6.00pm–11.30 PGA Tour Golf**

Day four of the Pebble Beach Pro-Am tournament.

## LBC

97.3 FM (London area) DAB [lbc.co.uk](http://lbc.co.uk)

F'view 732 F'sat 734 Sky 0123 Virgin 919

**7.00am Andrew Castle** **10.00****David Lammy** **1.00pm Sangita****Myska** **4.00 Ben Kentish** **7.00****Rachel Johnson** **10.00 Nick****Abbot** **1.00am Richard Spurr****4.00 Steve Allen**

## Asian Network

DAB [bbc.co.uk/asiannetwork](http://bbc.co.uk/asiannetwork)

F'view 709 F'sat 709 Sky 0119 Virgin 912

**6.00am Gagan's Old Skool Mix****7.00 R&B Anthems** **8.00****Smash Bengali** **10.00 Certified****Throwbacks** **11.00 Gagan Grewal****1.00pm Dips Bhamrah** **3.00****Nadia Ali** **5.00 Kan D Man** **7.00****Pritt** **9.00 Noreen Khan** **11.00****Chill** **12.00 Beyond Bollywood****1.00am Asian Network News****Presents** **2.00 BBC Introducing****4.00 Bobby Friction**



## Today's Choices



### Book of the Week: Let Me Tell You What I Mean

9.45am **Radio 4 FM**

Anyone who has ever been turned down for a job or a place at college should make time to listen to the first of the eight essays by the great Joan Didion (above) that make up this week's *Book of the Week*. Didion's 1968 story of what happened when she applied, aged 17, to Stanford University reflects the sense of anxiety that permeated so much of her work, albeit that the story has a delicious ending. When she died in 2021, aged 87, she had risen to occupy a very special plinth in the pantheon of contemporary American writers and these essays, not published as a collection until after her death, show why. The rhythm of the prose is a thing of wonder and reader Laurel Lefkowitz perfectly captures Didion's mix of frailty and strength. **SIMON O'HAGAN**

### The Essay: Stories to Keep Space for on the Bookshelves

10.45pm **Radio 3**

Philip Wylie is an exemplar for this week's essays in which New Generation Thinkers shine a light on lesser known writings that inspire them. The sci-fi author, essayist and screenwriter really ought to be better known – one of his stories supposedly inspired Superman, another Flash Gordon, and he wrote the 1971 US TV feature on which tyro director Steven Spielberg cut his teeth. Today Sarah Dillon of Cambridge University, whose research focuses on the connection between literature and science, explains why Wylie's 1944 short story *The Paradise Crater* was censored by the US government, he was placed under house arrest and even threatened with assassination. It's a great tale. **DAVID CRAWFORD**

## BBC Radio 1

97.6–99.8 FM DAB [bbc.co.uk/radio1](http://bbc.co.uk/radio1)  
F'view\* 700 F'sat 700 Sky 0101 Virgin 901  
**7.00am Greg James**  
**10.30 Rickie, Melvin and Charlie**  
**1.00pm Dean and Vicky**  
**3.30 Vick and Jordan**  
**6.00 Clara Amfo**  
**8.00 Radio 1's Future Artists**  
Presented by Jack Saunders.  
**10.00 Power Down Playlist**  
**11.00 Daniel P Carter**  
**1.00am BBC Introducing Rock on Radio 1**  
**2.00 Radio 1's Future Alternative**  
**3.00 Radio 1's Workout Anthems**  
**4.00 Radio 1 Dance**  
**5.00 Arielle Free**

## BBC Radio 2

88–90.2 FM DAB [bbc.co.uk/radio2](http://bbc.co.uk/radio2)  
F'view\* 702 F'sat 702 Sky 0102 Virgin 902  
**6.30am Zoe Ball**  
**9.30 Ken Bruce**  
Ken continues a month of **Piano Room** performances featuring top artists together with the BBC Concert Orchestra, live from Maida Vale Studios in London. Today Ellie Goulding's three-song set (at **10.12**) includes a cover of a Carillon hit. Plus the **PopMaster** quiz (daily at **10.30**) and, after **11.30** throughout the week, **Tracks of My Years**, this week featuring ten of the favourite records of Belle and Sebastian frontman Stuart Murdoch. He starts with favourite records by Stevie Wonder and AC/DC.  
**See feature: page 110**  
**Your RT Puzzles: page 141**  
**12.00 Jeremy Vine**  
**2.00pm Scott Mills**  
**4.00 Sara Cox**  
**7.00 Jo Whiley**  
**9.00 The Blues Show with Cerys Matthews**  
**10.00 Trevor Nelson's Rhythm Nation**  
**12.00 OJ Borg**  
With One Hit Wonders at **2.30am**.  
**3.00 Pick of the Pops 1/2**. Paul Gambaccini with the chart from this week in 1968, when the Top 20 included Herman's Hermits, Georgie Fame, Amen Corner and the Bee Gees. (R)  
**4.00 Nicki Chapman**

## BBC 6 Music

DAB [bbc.co.uk/6music](http://bbc.co.uk/6music)  
Freeview 707 Freesat 707 Sky 0120 Virgin 909  
**7.30am Lauren Laverne**  
**10.30 Mary Anne Hobbs**  
US singer/songwriter Caroline Polachek (ex-Chairlift) performs live.  
**1.00pm Craig Charles**  
**4.00 Steve Lamacq**  
**7.00 Marc Riley**  
**9.00 Gideon Coe**  
**12.00 Deep Dive into The Kick Inside**  
A celebration marking this month's 45th anniversary of the release of Kate Bush's debut LP *The Kick Inside* kicks off five hours of programming devoted to the inspired singer/songwriter.  
**1.00am Kate Bush: In Their Own Words** A profile by way of BBC archive interviews and performances.  
**2.00 Classic Albums: Hounds of Love** A 1992 programme with Kate Bush talking to Richard Skinner about her celebrated 1985 opus, which yielded the classics *Running Up That Hill*, *Cloudbusting* and the title track.  
**3.00 The Kate Bush Playlist** Tracks celebrating the artist's music, origins, influences and inspirations.  
**4.00 Music programme** Continuation of a Kate Bush showcase.  
**5.00 Chris Hawkins**

## BBC Radio 3

90.2–92.4 FM DAB [bbc.co.uk/radio3](http://bbc.co.uk/radio3)  
Freeview\* 703 Freesat 703 Sky 0103 Virgin 903  
News and weather Half-hourly 6.30–8.00am, 1.00pm, 6.00  
**6.30am Breakfast** With Petroc Trelawny.  
**9.00 Essential Classics** With Georgia Mann.  
**12.00 Composer of the Week: Bedrich Smetana (1824–1884)**  
**1/5. Ambition and Struggle.** Donald Macleod explores the life and career of Bedrich Smetana, following him as he grew from naïve revolutionary into one of the foundational figures in Czech music. Smetana's life was also beset by great misfortunes, and he created some of his most extraordinary works under the most painful circumstances. This first instalment looks at his early years after arriving in Prague as a promising young musician, but with no means of support while faced with many challenges.  
**Smetana Overture: The Bartered Bride** BBC Symphony Orchestra, conductor Jiri Belohlavek  
**Triumphal Symphony (2nd mvt)** Janacek PO, conductor Theodore Kuchar  
**Memory of Plzen Jan Novotny (piano)**  
**Smetana, orch Hert Wedding Scenes** Slovak Radio Symphony Orchestra, conductor Robert Stankovsky  
**Smetana Piano Trio in G minor, Op 15 (2nd and 3rd mvts)** Trio Wanderer  
**RT OFFER** Smetana *Ma Vlast – Complete Orchestral Works* (3 CDs) – featuring the Janacek Philharmonic Orchestra conducted by Theodore Kuchar – is available for £19.95 incl p&p. Call 0115 982 7500 quoting ref 93634 or visit [radiotimes.com/cds](http://radiotimes.com/cds)  
**1.00pm Radio 3 Lunchtime Concert**  
From Wigmore Hall in London, Hannah **LIVE** French introduces baritone and New Generation Artist Konstantin Krimmel in a programme pairing one of Schumann's great song cycles with a cycle published in 1885 by Mandyczewski, a friend of Brahms and once an important figure in Viennese musical life. Konstantin Krimmel (baritone)  
**Schumann Liederkreis, Op 39;**  
*Der Einsiedler, Op 83 No 3*  
**Mandyczewski Rumänische Lieder, Op 7**  
**Brahms Der Tod, das ist die kühle Nacht, Op 96 No 1;**  
*Mondenschein, Op 85 No 2; Die Mainacht Op 43 No 2*  
Repeated Sunday 1pm  
**2.00 Afternoon Concert**  
Penny Gore presents performances from BBC groups and from around Europe. Today's programme includes Rachmaninov's *Piano Concerto No 3* in a concert recorded in Munich.  
**Holst Walt Whitman Overture, Op 7** Ulster Orchestra, conductor JoAnn Falletta  
**L'Escuriel Belle, com loiaus amans/Abundance de felonie** Ensemble Céladon  
**Haydn Symphony No 1 in D** Frankfurt Radio Symphony Orchestra, conductor Richard Egarr  
**2.30 Strauss Romance for clarinet and orchestra** Karl-Heinz Steffens, Bamberg Symphony Orchestra, conductor Karl Anton Rickenbacher  
**Bach Fugue in G minor, BWV1026** Chouchane Siranossian (violin), Jonathan Pesek (cello), Leonardo García Alarcón (harpsichord)  
**Messiaen Les offrandes oubliées** Radio France Philharmonic Orchestra, conductor Mikko Franck

## Scala Radio

DAB [scalradio.co.uk](http://scalradio.co.uk)  
**7.00am Charles Nove**  
**10.00 Mark Forrest** Music and features.  
**1.00pm Sam Hughes** Popular classical works, including at **2.00** a weekly showcase of female composers as part of Scala's ongoing partnership with DONNE, Women in Music, a charitable foundation dedicated to achieving gender equality in the music industry. Today's playlist features works by Ottilie Sukova, Emilia Giuliani and Poppy Ackroyd.  
**4.00 Richard Allinson** Sitting in for Penny Smith.  
**7.00 Deb Grant** Sitting in for Richard Allinson.  
**10.00 The Space** Soothing and calming music.  
**1.00am Night Music 5.00 In the Park**

## Absolute Radio

DAB [absoluteradio.co.uk](http://absoluteradio.co.uk)  
F'view 727 F'sat 724 Sky 0107 Virgin 915  
**6.00am Dave Berry** Lively chat, guests and tunes, with Dave joined by Matt Dyson  
**10.00 Leona Graham**  
**1.00pm Sarah Champion**  
**4.00 Bush and Richie**  
**7.00 Danielle Perry**  
**10.00 Jay Lawrence** Including at **10.00** *Through the Decades*, with 30 minutes of rarely aired oldies  
**1.00am Dan Noble**

**3.00 Rachmaninov Piano Concerto No 3 in D minor, Op 30** Seong-Jin Cho, Bavarian Radio Symphony Orchestra, conductor James Gaffigan  
**Schütz Gesang der drei Männer im feurigen Ofen, SWV448**

Leipzig Cantorey, Concerto Vocale Leipzig, Saxon Baroque Orchestra, conductor Gotthold Schwarz  
**4.00 Scriabin Le Poème de l'extase, Op 54** Orchestre de Paris, conductor Klaus Makela

### 4.30 New Generation Artists

**Schubert Erlafsee, D586** Helen Charlston (mezzo), Kunal Lahiry (piano)  
**Glazunov Elégie in G minor, Op 44** Timothy Ridout (viola), Chiao-Ying Chang (piano)  
**Mozart Twelve Variations on Ah vous dirai-je maman, K265** Elisabeth Brauss (piano)  
**Bach Courante (English Suite No 2 in A minor, BWV807)** Ryan Corbett (accordion)

### 5.00 In Tune

Sean Rafferty with, music and guests, featuring a live performance by Boston, Massachusetts-based Balourdet Quartet ahead of their concerts in London and Cambridge later this week.

**7.00 In Tune Mixtape** An eclectic playlist.

### 7.30 Radio 3 in Concert

A concert of symphonies by Schubert and Berwald performed last November in Copenhagen by the Danish National Symphony Orchestra conducted by Herbert Blomstedt, aged 95. With Fona Talkington.

**Schubert Symphony No 6 in C**

**8.05 Interval** A recording of Berwald's *Grand Duo*, Op 7, featuring cellist Mats Lidstrom and pianist Bengt Forsberg.

**8.25 Berwald Symphony No 2 in D (Capricieuse)**

**10.00 Music Matters** Repeated from Saturday 11.45am

### 10.45 The Essay: Stories to Keep Space for on the Bookshelves

**RT 1/5. The Paradise Crater.** New Generation Thinkers champion authors they think deserve to be better known. In this first instalment Sarah Dillon discusses American writer Philip Wylie (1902–1971) and reads his 1944 short story *The Paradise Crater*, a tale that led to him being arrested by military intelligence. Producer Luke Mulhall

**11.00 Night Tracks** With Hannah Peel.

**12.30am Through the Night** With John Shea.  
**Walton Scapino Britten Violin Concerto, Op 15** Bach Violin Sonata No 3 in C, BWV1005 (3rd mvt) **Elgar Symphony No 1 in A flat** James Ehnes (violin), Oslo PO, conductor Juanjo Mena **2.05 Schumann Humoreske in B flat, Op 20**

**3.21 Wolf String Quartet in D minor** **3.17 Husa Concerto for Wind Ensemble** **3.39 Gershwin Piano medley** **3.46 Gade At Sunset, Op 46** **3.54 Handel Oboe Sonata in C minor, Op 1 No 8** **4.00 Fritsch Primitiae musicales (selection)**

**4.09 Haydn Divertimento in C, H IX 1 (London Trio No 1)**

**4.18 Gorczycki Nunc dimittis** **4.22 Mirko Kráji Four Dances from the Ballet Don Juan** **4.31 A Scarlatti Recorder Concerto in A minor** **4.40 Striggio Ecce beatam lucem** **4.49 C Schumann Variations on a Theme of Robert Schumann, Op 20** **4.58 Wagenaar Concert Overture, Op 11 (Frühlingsgewalt)** **5.07 Wieniawski Polonaise No 2 in A, Op 21** **5.16 Sirnen String Quartet No 1 in E flat, Op 3 No 1** **5.27 Bach Cantata No 35: Geist und Seele wird verwirret** **5.54 Grieg Lyric Pieces: Erotikon, Op 43 No 5; March of the Dwarfs, Op 54 No 3; Notturno, Op 54 No 4** **6.04 Brahms Clarinet Trio in A minor, Op 114**

**Classic FM**  
99.9–101.9 FM DAB [classicfm.com](http://classicfm.com)  
Freeview 731 Freesat 721 Sky 0106 Virgin 922  
**6.00am More Music Breakfast** Tim Lihoreau with music, news, financial updates and features, including the **Breakfast Serial**.  
**9.00 Alexander Armstrong** Classical hits, starting with the **Classic Hall of Fame Hour**, featuring favourite pieces voted into the current Classic FM Top 300. And at **10.15 Album of the Week**.  
**12.00 Anne-Marie Minhall** Including at **12.00 Classic FM Requests** and at **3.00 Hall of Fame**, with three works from the current Classic Hall of Fame chart.  
**4.00pm John Brunning** Classic FM favourites, with features, including the **Discovery of the Week** at **6.20**.  
**7.00 Smooth Classics** Zeb Soanes with a playlist of classical music designed to help listeners relax and recharge, including at **9.00** the **Great Escape**.  
**10.00 Smooth Classics** Margherita Taylor presents a selection of music for the late evening.  
**1.00am Bill Overton** **4.00 Lucy Coward**



## BBC Radio 4

92.4–94.6 FM 198 LW DAB [bbc.co.uk/radio4](http://bbc.co.uk/radio4)  
Freeview 704 Freesat 704 (FM) 710 (LW)  
Sky 0104 (FM) 0130 (LW) Virgin 904 (FM) 911 (LW)  
**News** 5.30am, 6.00 and hourly to 12 midnight  
**Weather** 5.56am, 6.07, 6.57, 7.57, 12.57pm, 5.57, 9.59, 12.30am  
**Shipping Forecasts** 5.20am, 12.01pm (LW), 5.54pm (LW), 12.48am

## 5.30am News Briefing

## 5.43 Prayer for the Day

With the Rev Dr Emma Whittick.

## 5.45 Farming Today

## 5.58 Tweet of the Day

Michael Morpurgo reflects on the magpie. (R)

## 6.00 Today

With Mishal Husain and Justin Webb.

## 6.25, 7.25, 8.25 Sports News

## 7.48 Thought for the Day

With the Rev Professor David Wilkinson.

## 9.00 Start the Week

**5/12. Power, Violence and Witches.** Kirsty Wark leads a discussion with *Macbeth* (an *Undoing*) playwright Zinnie Harris, professor of Renaissance and magical literature Marion Gibson, and Rwandan genocide survivor and film-maker Jo Inyangire Moys.

Producer Katy Hickman Shortened repeat 9.30pm

## 9.45 FM Book of the Week: Let Me Tell You What I Mean

**1/5. On Being Unchosen by the College of One's Choice/Pretty Nancy, 1968** Eight essays from the early career of Joan Didion, republished in a collection in 2021, the year she died aged 87, which reflect her enduring themes. In today's essays, she reflects on being rejected from the university of her choice and her encounter with the charming Nancy Reagan. Read by Laurel Lefkow and abridged by Richard Hamilton. Producer Lorna Newman Repeated 12.30am

## 9.45 LW Daily Service

An act of worship on the theme Beginnings, with a reading from Genesis 2, vv4–9, and a range of choral music. Led by the Rev Lesley Stewart of the Church of Scotland.

## 10.00 Woman's Hour

Nuala McGovern presents. Editor Karen Dalziel

## 11.00 Learning from the Great Tide

Justin Rowlett asks what can be learnt from the North Sea flood of 1953. It was one of the worst natural disasters in Britain of the 20th century and yet it has largely been forgotten in the UK. As coastal defences age and sea levels rise, are we prepared for the next great tide? Repeated from last Monday

## 11.30 The Bottom Line

**3/8. Is Too Much Choice Bad for Us?** Have you ever been bamboozled by the amount of toothpaste on offer at a high street pharmacy or find it difficult to choose from the rows of jam on the supermarket shelf? Evan Davis and guests explore why shops give us so much choice. Repeated from Thursday

## BBC Radio 4 Extra

DAB [bbc.co.uk/radio4extra](http://bbc.co.uk/radio4extra)

Freeview 708 Freesat 708 Sky 0126 Virgin 910

## 6.00am Only the Good Die Young Thriller (3/6)

## 6.30 New Creatives Dramas as 4.30pm

## 7.00 The Life and Rhymes of Benjamin Zephaniah

The poet reads his autobiography (1/5)

## 7.15 Subterranean Homesick Blues as 5.15pm

## 7.30 In and Out of the Kitchen 2015 comedy

## 8.00 Brothers in Law 1970 legal comedy

## 8.30 Yes Minister 1984 sitcom (3/8)

## 9.00 Genius With Simon Munnery. From 2007 (3/6)

## 9.30 Double Income, No Kids Yet Sitcom (2/6)

## 10.00 Uncle Silas as 3pm

## 11.00 Only the Good Die Young Thriller (3/6)

## 11.30 New Creatives Dramas as 4.30pm

## 12.00 The Life and Rhymes of Benjamin Zephaniah

The poet reads his autobiography (1/5)

## 12.15pm Subterranean Homesick Blues

## 12.30 In and Out of the Kitchen 2015 comedy

## 1.00 Brothers in Law 1970 legal comedy

## 1.30 Yes Minister 1984 sitcom (3/8)

## 2.00 Genius With Simon Munnery. From 2007 (3/6)

## 2.30 Double Income, No Kids Yet Sitcom (2/6)

## 3.00 Uncle Silas Dramatisation by Alan Drury of J Sheridan Le Fanu's 1864 gothic horror melodrama.

Young Maud Knollys discovers she's an heiress.

With Teresa Gallagher, George Cole, Dorothy Tutin, Joan Sims, Kathleen Byron and others. From 1995 (1/3)

## 4.00 Only the Good Die Young Thriller (3/6)

## 12.04pm You and Yours

Reports on consumer affairs.

## 1.00 The World at One

Presented by Sarah Montague.

## 1.45 Understand: the Economy

## New series. 1/5. Pricing and Discounting.

Felicity Hannah speaks to Rupal Patel, an economist at the Bank of England, to demystify how prices work and figure out who has the power in the buyer/seller relationship. Dr Victoria Bateman, economic historian from the University of Cambridge, explains the history of bulk buying. All episodes available on BBC Sounds, since 31 January. Producer Louise Clarke-Rowbotham

## 2.00 The Archers

Repeated from yesterday 7pm

## 2.15 This Cultural Life

Repeated from Saturday 7.15pm

## 3.00 Counterpoint

**5/13.** Paul Gambaccini chairs the fifth heat of the music quiz, with contestants from Huddersfield, Leeds and Liverpool facing questions on subjects ranging from Bach to Bowie and from Handel to Harry Styles. Producer Paul Bajoria Repeated Saturday 11pm

## 3.30 The Food Programme

Repeated from yesterday 12.30pm

## 4.00 A Kiss

In conversation with Caroline Bird, Richard Scott and Fleur Adcock the poet Rachel Long explores the craft of writing a kiss. The programme weaves together fragmentary memories – sensual, funny, erotic... the kisses we describe over and over, the kisses we keep a secret. Repeated from Thursday

## 4.30 Beyond Belief

Aleem Maqbool hears from Sikh barrister and community activist Jasvir Singh, who was unable to have a religious ceremony for his 2022 marriage to his partner Nick. Maqbool discusses why for many religious institutions same-sex marriage is an intractable issue, with a panel comprising secretary general of the Supreme Sikh Council in the UK Gurmeh Singh, Helen Lamb of the Church of England Evangelical Council, and Bhavit Mehta, who has conducted a Hindu marriage ceremony for a same-sex couple. Producer Rebecca Maxted; Editor Tim Pemberton

## 5.00 PM Presented by Evan Davis.

## 6.00 Six o'Clock News

## 6.30 Just a Minute

**7/8.** Sue Perkins challenges Paul Merton, Jan Ravens, Tony Hawks and Desiree Burch to speak for 60 seconds on subjects including deep sea diving and the perfect mullet. Producer Rajiv Karia Repeated Sunday 12.04pm

## 7.00 The Archers

Freddie needs to manage a tricky conversation, and Alice offers some support. For cast see Friday Repeated tomorrow 2pm

**4.30 New Creatives Dramas** Paul Dodgson with fresh storytelling from first-time writers and producers as part of BBC Introducing Arts: Dan Mitchell's *Tectonic* and Soo Hyun Choi's *A Very Long Flight*

## 5.00 The Life and Rhymes of Benjamin Zephaniah

The poet reads his autobiography (1/5)

## 5.15 Subterranean Homesick Blues Series two of the romantic comedy drama by AL Kennedy,

starring Oscar nominee Bill Nighy (*Living*) and Anna Calder-Marshall as two 60-somethings

attempting to rekindle the flames of the passionate affair they had in their younger days. From 2017 (1/5)

## 5.30 In and Out of the Kitchen 2015 comedy

## 6.00 Brothers in Law 1970 legal comedy

## 6.30 Yes Minister 1984 sitcom

## 7.00 Genius With Simon Munnery. From 2007 (3/6)

## 7.30 Double Income, No Kids Yet Sitcom (2/6)

## 8.00 Radiolab With Jad Abumrad (6/8)

## 9.00 Dead Competitive With Kerry Godliman (6/8)

## 9.35 Acid Dream: the Great LSD Plot Narrated by Rhys Ifans (6/6) All episodes are on BBC Sounds

## 10.00–12.00 Comedy Club: Just a Minute (6/8), at 11.00 The Hudson and Peppercorn Show (3/4), at 11.00 The News Quiz (6/11), at 11.30 Lionel Nimrod's Inexplicable World (3/6)

## 12.00 as 3pm 1.00am as 4pm 1.30 as 4.30pm

## 2.00 as 5pm 2.15 as 5.15pm 2.30 as 5.30pm

## 3.00 as 6pm 3.30 as 1.30pm 4.00 as 2pm

## 4.30 as 2.30pm 5.00 Uncle Silas (2/3)

## 7.15 Front Row

Curator Peta Motture talks to Tom Sutcliffe about the new exhibition of the work of Donatello at the V&A. Plus writer Chris Bush on an upcoming production of her play *Standing at the Sky's Edge*. Producer Julian May

## 8.00 Taiwan: Hyper-Democracy

The former BBC Tawiwan correspondent Cindy Sui explores how Taiwan's political system and use of digital technology to give citizens a sense of direct engagement could provide lessons for older democracies. She also looks at more established systems of local democracy, including the system of community chiefs or Lin Zhangs and the 24-hour hotline with its promise of a speedy response to any enquiry or report about issues closer to home. Producer Tom Alban

## 8.30 Analysis

## New series. 1/9. Blaenau and the

**Foundational Economy.** Policy and debate on stability and growth often focus on industries such as technology and manufacturing. But the "Foundational Economy" – things like food production and processing, retail, health, education, housing and welfare – contributes to a much larger proportion of spending. It accounts for around four in ten jobs and £1 spent in every three in Wales, which has been a global pioneer in shaping policies around the "mundane" Foundational Economy. Clare McNeill visits the former slate-mining capital of the world, Blaenau Ffestiniog, to investigate whether the rest of the UK should follow suit. Producer Johnathan I'Anson Repeated Sunday 9.30pm

## 9.00 Is Psychiatry Working?

**3/6.** Writer Horatio Clare and psychiatrist Femi Oyeboode consider the role and place of diagnosis in psychiatry. Repeated from Friday

## 9.30 Start the Week Shortened repeat from 9am

## 10.00 The World Tonight With Ritula Shah.

## 10.45 Book at Bedtime: My Father's House

**6/10.** By Joseph O'Connor. The countdown to the Rendimento involves urgent decisions. In the tunnels, the atmosphere is tense. Abridged by Jill Waters and Isobel Creed. Narrated by Jot Davies, with Joseph Balderrama. Producer Jill Waters

## Your RT Books: page 132

## 11.00 Word of Mouth

**4/7. Snap Crackle and Every Little Helps: the Language of Food Advertising.** Marketing and advertising executive Gyles Poyner explains how words can be used to great effect in selling food and drink. Repeated from Tuesday

## 11.30 Today in Parliament

## 12.00 News and Weather

## 12.30–12.45am Book of the Week:

## Let Me Tell You What I Mean

1/5. Repeated from 9.45am (FM only)

## 1.00 as BBC World Service

## BBC World Service

DAB [bbc.co.uk/worldserviceradio](http://bbc.co.uk/worldserviceradio)

Freeview\* 710 Freesat 711 Sky 0115 Virgin 906

Programmes may differ online, and on Freesat, Sky, and Virgin

## 5.00am Newsworld 8.00 News 8.05 Hardtalk

## 8.30 Business Daily 8.50 Witness History:

Cardinal Joseph Ratzinger becomes Pope Benedict XVI

## 9.00 The Newsroom 9.30 The Climate Question 10.00 News 10.05 The Cultural Frontline

## 10.30 The Explanation 10.50 More or Less

## 11.00 The Newsroom 11.30 The Conversation:

two African tech entrepreneurs discuss the benefits of teaching girls to code

## 12.00 News 12.05pm

## Outlook 12.50 Witness History 1.00 The Newsroom

## 1.30 Crowd Science 2.00 Newshour 3.00 News

## 3.05 Hardtalk 3.30 World Business Report 4.00

## BBC OS 6.00 News 6.05 Outlook 6.50 Witness History 7.00 The Newsroom 7.30 Sport Today

## 8.05 The Climate Question: how well India is doing in reducing its carbon footprint

## 8.30 Bad Blood: the Story of Eugenics: how American eugenicists inspired the Nazi state. First broadcast on Radio 4 (4/6)

## 9.00 Newshour 10.00 The Newsroom

## 10.20 Sports News 10.30 World Business Report

## 11.00 News 11.05 Hardtalk 11.30 The Conversation

## 12.00 News 12.05am The History Hour 1.00

## News 1.05 Business Matters 2.00 The Newsroom

## 2.30 The Documentary: The Travelling Speech

## Therapist 3.00 News 3.05 Outlook 3.50 Witness History 4.00 The Newsroom 4.30 In the Studio

## BBC Radio 5 Live

693, 909 MW DAB [bbc.co.uk/fivelive](http://bbc.co.uk/fivelive)  
F'view 705 F'sat 705 Sky 0105 Virgin 905  
**Sports Extra** F'view 706 F'sat 706  
Sky 0131 Virgin 908

**News and sport** bulletin every half-hour  
Times vary during live sports coverage

## 5.00am Wake Up to Money

Fiscal news, reports and analysis, including interviews with movers and shakers, business leaders and big bosses.

## 6.00 5 Live Breakfast

Rachel Burden and Rick Edwards with a detailed look at the headlines, sports news and unique stories from across the UK.

## 9.00 Nicky Campbell

Topical discussions, big-name interviews and listeners' calls.

## 11.00 Naga Munchetty

With the latest news, big-name interviews from around the UK and listeners' personal experiences.

## 1.00pm Nihal Arthanayake

News and topical conversation, including big-name interviews.

## 4.00 5 Live Drive

Tony Livesey and Clare McDonnell with the latest news and sport.

## 7.00 5 Live Sport

Mark Chapman with sports news, debate and features including at **7.00 The Monday Night Club**, in which he's joined by Chris Sutton and Rory Smith to discuss the weekend's football. A sports-themed features follows at **9.00.**

## 10.00 Colin Murray

Topical discussion. Plus regular features, including at **12.00 Monday Night Fan Club**, with experts discussing in depth a favourite hobby or interest declared by a listener, who also features.

## 1.00am Dotun Adebayo

Topical discussions, with the chance for listeners to phone in throughout the night.

## Talksport

1053, 1089 MW DAB [talksport.co.uk](http://talksport.co.uk)  
F'view 723 F'sat 731 Sky 0108 Virgin 927

## 6.00am Sports Breakfast

## 10.00 Jim White and Simon Jordan

Sporting insight.

## 1.00pm Hawksbee and Jacobs

4.00 Drive Sporting debate.

## 7.00 Kick Off Sporting issues.

## 10.00 Sports Bar

## 1.00am Extra Time

## 5.00 Early Breakfast

## Talksport 2

DAB [talksport.co.uk](http://talksport.co.uk)

**7.00pm–10.00 Championship Football** Blackburn Rovers v Wigan Athletic (kick-off 8.00).

## LBC

97.3 FM (London area) DAB [lbc.co.uk](http://lbc.co.uk)  
F'view 732 F'sat 734 Sky 0123 Virgin 919

## 7.00am Nick Ferrari

## 10.00 James O'Brien

## 1.00pm Shelagh Fogarty

## 4.00 Tom Swarbrick

## 6.00 Tonight with Andrew Marr

## 7.00 Iain Dale

## 10.00 Ian Payne

## 1.00am Richard Spurr

## 4.00 Steve Allen

## Asian Network

DAB [bbc.co.uk/asiannetwork](http://bbc.co.uk/asiannetwork)

F'view 709 F'sat 709 Sky 0119 Virgin 912

## 6.00am The Everyday Hustle

## 7.00 Nikita Kanda 10.00 Asian

## Network Certified 11.00 AJD

## 2.00pm Certified Throwbacks

## 3.00 Ankur Desai 6.00 Bobby

## Friction 8.00 The Everyday

## Hustle 9.00 Asian Network

## Chill 11.00 News Presents

## 12.00 Beats 1.00am Bobby

## Friction 3.00 Takeover



## Today's Choices



### Word of Mouth

#### 4.00pm Radio 4

Subtitles or, as they were known in the silent days, intertitles are as old as the cinema itself. But since the 1970s they have also served a special audience. Today's guest Karli Witkowska, whose varied work includes Netflix series *Stranger Things* (above), creates subtitling specifically for deaf people. This means that she not only interprets dialogue, but also gives an indication of every sound and sometimes even "gobsmacked silence". (That was an actual subtitle, one she considered absolutely perfect.) There's no question that we need Witkowska and her talented colleagues. Live and computerised subtitling still leave much to be desired: witness the classic, "No way can this country ever allow Batman to be our prime minister." Listen to find out what the speaker actually said.

DAVID MCGILLIVRAY

### People Fixing the World

8.05am/3.05pm/11.05pm  
BBC World Service

During the past three years we in the West, preoccupied with Covid 19, could be forgiven for assuming that HIV/AIDS has gone away. It goes without saying that this is far from the case. Every week, partly because they can't convince their men to wear condoms, thousands of women in Africa are infected with HIV. In South Africa the figure represents two thirds of the total infections. Five years ago this programme reported on a new form of protection, a ring worn internally by women that releases anti-retroviral drugs. At that time it was proving popular with teenage girls in the US. A new report reveals what happened next. DAVID MCGILLIVRAY

## BBC Radio 1

97.6-99.8 FM DAB [bbc.co.uk/radio1](http://bbc.co.uk/radio1)  
F'view\* 700 F'sat 700 Sky 0101 Virgin 901

7.00am Greg James

10.30 Rickie, Melvin and Charlie

1.00pm Dean and Vicky

3.30 Vick and Jordan

6.00 Clara Amfo

8.00 Radio 1's Future Artists

10.00 Radio 1's Power Down

Playlist With Sian Eleri.

11.00 Annie Nightingale

1.00am Drum 'n' Bass Mix

2.00 Radio 1's Chillout Anthems

3.00 Arctic Monkeys: Believe the

Hype New series. 4.00 Radio 1

Dance 5.00 Arielle Free

## BBC Radio 2

88-90.2 FM DAB [bbc.co.uk/radio2](http://bbc.co.uk/radio2)  
F'view\* 702 F'sat 702 Sky 0102 Virgin 902

6.30am Zoe Ball

9.30 Ken Bruce

Chat and music, including at 11.07 a Piano Room performance by Keane frontman Tom Chaplin backed by the BBC Concert Orchestra – with three songs, including a cover of a Taron Swift hit – live from Maida Vale Studios in London. And after 11.30 Tracks of My Years, with Belle and Sebastian frontman Stuart Murdoch discussing favourite records by REM and the Slits.

12.00 Jeremy Vine

2.00pm Scott Mills

4.00 Sara Cox

7.00 Jo Whiley

Music and features including the Shiny Happy Playlist – with 30 minutes of upbeat music to start the show – and the Radio 2 Culture Club, today featuring film critic James King with recommendations.

9.00 The Jazz Show with Jamie Cullum

Jazz-pop singer/songwriter Jamie Cullum showcases his love for jazz in eclectic playlists. With guests.

10.00 Trevor Nelson's

Rhythm Nation

12.00 OJ Borg

Chat, music, texts and features, including Midnight Mastermind – in which listeners challenge OJ in a specialist subject – and the weekly themed Yawn Chorus.

3.00am Pick of the Pops 2/2 Paul Gambaccini with the chart from this week in 1997, when the Top 20 included Mike Oldfield, Boney M, Rose Royce, Elvis Presley, Barry Biggs and more. (R) 4.00 Nicki Chapman

## BBC 6 Music

DAB [bbc.co.uk/6music](http://bbc.co.uk/6music)  
Freeview 707 Freesat 707 Sky 0120 Virgin 909

7.30am Lauren Laverne

10.30 Mary Anne Hobbs

1.00pm Craig Charles

4.00 Steve Lamacq

7.00 Marc Riley

9.00 Gideon Coe

12.00 6 Music Artist in

Residence

9/10. Further personal picks from London singer/songwriter, rapper, guitarist and producer Jamie T, this week sharing his favourite cover versions, including tracks by Madness, the Jimi Hendrix Experience, Adele and Billy Swan.

1.00am Music programme

2.00 Music programme

3.00 Live Hour

Sia at Summer Sundae in Leicester in 2004, plus sessions by Chris Wood (in 2009) and Milk Maid (in 2010).

4.00 Jukebox With Chris Hawkins.

5.00 Chris Hawkins

## BBC Radio 3

90.2-92.4 FM DAB [bbc.co.uk/radio3](http://bbc.co.uk/radio3)  
Freeview\* 703 Freesat 703 Sky 0103 Virgin 903

News and weather as Monday

6.30am Breakfast

Petroc Trelawny with chat, music news and eclectic playlists stretching from Bartok to Bartoli, John Barry to Gerald Barry, César Franck to Frank Bridge, Giacomo Meyerbeer to Giacomo Puccini Thomas Tallis to Thomas Adès. Plus music anniversaries, listeners' texts and the daily Bach Before 7 feature.

9.00 Essential Classics

Georgia Mann with music and features, including at 10.10 Song of the Day and at 11.30 Slow Moment.

12.00 Composer of the Week: Smetana

2/5. Northern Exposure. Donald Macleod reveals how Smetana decided to abandon his woes, his family and his homeland and make a new start in a new country. But was Sweden really the best place to champion the cause of Czech culture and national identity?

Vision at the Ball Jitka Cechova (piano)

Richard III

BBC Philharmonic, conductor Gianandrea Noseda

Polka in E minor, Op 12 No 2;

Polka in E flat, Op 13 No 2 (Memories of Bohemia)

Antonin Kubalek (piano)

Hakon Jarl, Op 16 Bavarian Radio Symphony

Orchestra, conductor Rafael Kubelik

1.00pm Radio 3 Lunchtime Concert

Another chance to hear a series of live performances recorded in October 2021 at St Mark's Church of Ireland as part of the Belfast International Arts Festival. Presented by John Toal.

Haydn Piano Trio in G, H XV 41 Mithras Trio

Fauré Piano Quartet No 1 in C minor Op 15

Mithras Trio, Eivind Ringstad (viola) (R)

2.00 Afternoon Concert

Presented by Penny Gore.

Foulds Keltic Overture, Op 28

BBC Concert Orchestra, conductor Ronald Corp

Schein Alleluja! Lobet den Herrn in seinem Heiligtum

Leipzig Cantorey, Concerto Vocale Leipzig, Saxon

Baroque Orchestra

Lysenko Elégie, Op 41 Odessa Philharmonic

Orchestra, conductor Hobart Earle

Bellini Oboe Concerto in E flat

Nicholas Daniel, Peterborough String Orchestra

2.30 Schoenberg Chamber Symphony No 1

BBC Scottish Symphony Orchestra,

conductor Geoffrey Paterson

3.00 Tchaikovsky Violin Concerto in D, Op 35

Janine Jansen, Bavarian Radio Symphony

Orchestra, conductor Joana Mallwitz

Ventadorn Can l'erba fresche l'ha folha par

Anon La tierche estampie roial

Ensemble Céladon

Gershwin An American in Paris

Simon Höfele (trumpet), Frank Dupree (piano)

4.25 Rachmaninov Rhapsody on a Theme of

Paganini Kirill Gerstein (piano), Bavarian Radio

Symphony Orchestra, conductor Alan Gilbert

## Scala Radio

DAB [scalalaradio.co.uk](http://scalalaradio.co.uk)

7.00am Charles Nove

10.00 Mark Forrest Including at 11.30 guests from the arts and entertainment world, today with actors Sanjeev Bhaskar and Sinead Keenan discusses the upcoming new fifth series of the ITV hit crime drama *Unforgotten*. Plus listeners' requests from 12.00.

1.00pm Sam Hughes Popular classical works, including after 3.00 Sam's Matinée Moment.

4.00 Richard Allinson

Scala's drive-time show with music features including at 5.30 the Clocking Off track and, just before 7.00, the Showstoppers.

7.00 Deb Grant With music and features.

10.00 The Space Soothing and calming music.

1.00am Night Music 5.00 In the Park

## Absolute Radio

DAB [absoluteradio.co.uk](http://absoluteradio.co.uk)

F'view 727 F'sat 724 Sky 0107 Virgin 915

6.00am Dave Berry 10.00 Leona Graham

1.00pm Ben Burrell Hard rock, indie pop and everything

in between 4.00 Bush and Richie 7.00 Danielle

Perry 10.00 Jay Lawrence 1.00am Dan Noble

## 5.00 In Tune

Sean Rafferty with news from the classical world, music and studio guests, today featuring a live performance by klezmer ensemble She'Koyokh ahead of Saturday's concert at Wigmore Hall, London.

## 7.00 In Tune Mixtape

An eclectic and unpredictable half-hour of music, whether classical, contemporary or experimental.

## 7.30 Radio 3 in Concert

Martin Handley introduces the Bournemouth Symphony Orchestra in music by Glière and Scriabin, plus the world premiere of a work by Ukrainian composer Anna Korsun, recorded last month at Lighthouse, Poole.

Felix Klierer (horn), Bournemouth Symphony

Orchestra, conductor Kirill Karabits

Anna Korsun Terricone (first performance)

Glière Horn Concerto

Scriabin Symphony No 2 in C minor

## 10.00 Free Thinking

Shahidha Bari is joined by poets Peter Kahn and Keith Jarrett to discuss the idea of a "golden shovel" poem, and the themes and textures in the writing of Pulitzer Prize-winning American poet Gwendolyn Brooks (1917-2000), whose works drew from inner-city life in Chicago's historic Bronzeville district and the experiences of ordinary people. Producer Robyn Read

## 10.45 The Essay: Stories to Keep Space for on the Bookshelves

2/5. Iola Leroy. Series in which current Radio 3/ AHRC New Generation Thinkers discuss authors they think deserve to be better known. Xine Yao discusses *Iola Leroy*, the 1892 debut novel from African-American writer Frances EW Harper (1825-1911), a story of adventure, romance, and social commentary about a woman carving out a place for herself after the American Civil War.

## 11.00 Night Tracks

Hannah Peel with an adventurous soundtrack tailored for late-night listening.

12.30am Through the Night With John Shea.

Gorczycki Salve regina (Conductus funebris) Perez

Mattutino de' morti Gorczycki In paradisum (Conductus

funebris) Marta Redaelli (soprano), Maria Chiara Gallo

(mezzo), Federico Florio (countertenor), Luca Cervoni

(tenor), Alessandro Ravasio and Salvo Vitale (basses),

Ghislieri Chorus and Orchestra, conductor Giulio Prandi

1.50 Mozart Symphony No 41 in C, K551 (Jupiter)

2.31 Strauss Violin Sonata in E flat, Op 18

2.59 Weiss Suite No 17 in F minor

3.27 Satie Poudre d'or 3.33 Veress Four Transylvanian

Dances 3.47 Leo Cello Concerto in D minor

4.01 Trad 17th-century Provençal Ail La bono

fourtuno; Bressarello 4.07 Buxtehude Toccata and

Fugue in F 4.15 Grieg Peer Gynt: Suite No 1

4.31 Schubert Overture: Des Teufels Lustschloss

4.41 Rameau La Poule (Nouvelles suites de pièces de

clavécin) 4.46 Telemann Concerto in E minor for

recorder and flute, TWV52:e1 5.00 Grieg Nocturne in C

(Lyric Pieces, Op 54) 5.06 Monteverdi Magnificat II

5.17 Wassenaer Concerto No 1 in G (Sei concerti

armonici) 5.28 R Clarke Viola Sonata

5.52 Falla Noches en los jardines de España

6.15 Haydn Piano Trio in G, H XV 25 (Gypsy Rondo) (R)

## Classic FM

99.9-101.9 FM DAB [classicfm.com](http://classicfm.com)

Freeview 731 Freesat 721 Sky 0106 Virgin 922

6.00am More Music Breakfast

Tim Lihoreau with music, news, financial updates

and features, including the Breakfast Serial at

7.25 and the School Run at 8.15.

9.00 Alexander Armstrong Classical hits,

starting with the Classic Hall of Fame Hour,

featuring favourite pieces voted into the current

Classic FM Top 300. At 10.15 Album of the Week.

12.00 Anne-Marie Minhall Including at

12.00 Classic FM Requests – with listeners

phoning in requests during the programme – and

at 3.00 Hall of Fame 3 at 3, featuring three

works from the current Classic Hall of Fame chart.

4.00pm John Brunning Classic FM favourites

presented by the Essex-born composer and

former Mungo Jerry guitarist. Plus features,

including the Discovery of the Week at 6.20.

7.00 Smooth Classics Zeb Soanes with three

hours of classical music to help listeners relax and

recharge, including at 9.00 the Great Escape.

10.00 Smooth Classics With Margherita Taylor.

1.00am Bill Overton Music for late-night listening.

4.00 Lucy Coward Music and features.





## BBC Radio 4

92.4-94.6 FM 198 LW DAB [bbc.co.uk/radio4](http://bbc.co.uk/radio4)Freeview 704 Freesat 704 (FM) 710 (LW)  
Sky 0104 (FM) 0130 (LW) Virgin 904 (FM) 911 (LW)News, weather and shipping forecasts as  
yesterday; no weather at 5.56am

## 5.30am News Briefing

5.43 Prayer for the Day  
With the Rev Dr Emma Whittick.

5.45 Farming Today Agricultural issues.

5.58 Tweet of the Day The kingfisher. (R)

## 6.00 Today

With Mishal Husain and Justin Webb.

6.25, 7.25, 8.25 Sports News

6.45 Yesterday in Parliament

7.48 Thought for the Day

With Rabbi Laura Janner-Klausner.

8.31 LW Yesterday in Parliament

## 9.00 The Life Scientific

The Power of Bayesian Statistics

Adrian Smith, CEO of the Turing Institute and  
President of the Royal Society, talks to Jim  
Al-Khalili about his ground-breaking work on  
Bayesian statistics and data learning.  
Producer Anna Buckley Repeated 9.30pm

## 9.30 One to One

5/5. Critics and the Criticised. What's it  
like when your lovingly crafted new show  
opens and you see the critics are in? Theatre  
director Simon Godwin bares his soul to Luke  
Jones about how it really feels when the little  
notebooks come out. Producer Beth Sagar-Fenton

## 9.45 FM Book of the Week: Let Me Tell

You What I Mean

2/5. Getting Serenity/A Trip to Xanadu,

1968. By Joan Didion. The author reflects on

a Gamblers Anonymous meeting and a

trip to the Californian coastal town of San

Simeon. Read by Laurel Lefkow.

For details see Monday Repeated 12.30am

## 9.45 LW Daily Service

Led by Fr Michael Hall. Matthew 24, vv36-44.

Are You Ready?, sung by Martin Joseph;

Keep Watch with Me (Margaret Rizza),

sung by the St Thomas More Group.

10.00 Woman's Hour With Nuala McGovern.

## 11.00 The Curious Cases of Rutherford

and Fry

5/6. The Mind-Numbing Medicine. Hannah

Fry and Adam Rutherford set out to learn how

anaesthetics work. They talk to anaesthetist

Dr Fiona Donald and find out how to measure

different levels of conscious awareness.

Producer Ian Goodman Repeated Thursday 4pm

## 11.30 In Time to the Music

3/3. The House of the Rising Sun. Andrew

McGibbon explores whether the origins of *The**House of the Rising Sun* lie in a 17th-century

broadside ballad that travelled from northern

England to the Appalachian mountains in

the US and looks at its key role on the 1960s

folk revival before becoming a hit for the

Animals in 1964. Producer Nick Romero

## BBC Radio 4 Extra

DAB [bbc.co.uk/radio4extra](http://bbc.co.uk/radio4extra)

Freeview 708 Freesat 708 Sky 0126 Virgin 910

6.00am Only the Good Die Young as 4pm

6.30 New Creatives Dramas as 11.30am

7.00 The Life and Rhymes of Benjamin

Zephaniah The poet reads his autobiography (2/5)

7.15 Subterranean Homesick Blues (2/5)

7.30 The Architects Comedy from 2015 (4/4)

8.00 The Goon Show 1957 vintage comedy

8.30 In the Chair 1998 political comedy (2/6)

9.00 The Motion Show Comedy debates (4/6)

9.30 North East of Eden 1997 sitcom (5/6)

10.00 Uncle Silas Horror by J Sheridan Le Fanu (2/3)

11.00 Only the Good Die Young as 4pm

11.30 New Creatives Dramas Featuring

Will Jackson's *The Life and Writings of Veronica St**Claude* and Christine Ubochi's *En Justice*

12.00 The Life and Rhymes of Benjamin

Zephaniah The poet reads his autobiography (2/5)

12.15pm Subterranean Homesick Blues

12.30 The Architects Comedy from 2015 (4/4)

1.00 The Goon Show 1957 vintage comedy

1.30 In the Chair 1998 political comedy (2/6)

2.00 The Motion Show Comedy debates (4/6)

2.30 North East of Eden 1997 sitcom (5/6)

3.00 Uncle Silas Horror by J Sheridan Le Fanu (2/3)

4.00 Only the Good Die Young Siriol Jenkins

stars in Shaun Prendergast's techno-thriller in which

## 12.04pm Call You and Yours

Consumer affairs programme, inviting

listeners to offer their experiences.  
CONTACT: call 03700 100 444 (national call rates apply)  
after 11am or email [youandyours@bbc.co.uk](mailto:youandyours@bbc.co.uk)

## 1.00 The World at One

News and analysis with Sarah Montague.

## 1.45 Understand: the Economy

2/5. Credit. Felicity Hannah explains what  
credit is and how it works with the help  
of Victoria Bateman who looks back to the  
Tallyman, a way of shopping with credit from  
the 19th century. All episodes are available  
on BBC Sounds, since 31 January.

## 2.00 The Archers Rptd from yesterday 7pm

## 2.15 Drama: From Shore to Shore

Mary Cooper and MW Sun's drama inspired  
by stories from Chinese communities living  
in the UK, based on personal accounts from  
residents of Leeds and West Yorkshire.Cheung Wing/Old Tyke/Bailiff Mei Lan/Neighbour/Teacher  
Ozzie Yue Michelle YimYoung Cheung Wing Yidi's Ma/Ma/Por Por/Alice Lee  
Adolescent Cheung Wing/Bob/ Mei Lan's Ma  
Paul Chan Yidi's Dad/Trader/Uncle/Yidi/Kam Fa Luna Dai Mei Lan's Dad Windson Liong  
Producer/Director Pauline Harris (R)

## 3.00 The Kitchen Cabinet

2/6. Jay Rayner presents the show from

Slough, with Paula McIntyre, Sophie Wright

Lerato Umah-Shaylor and Dr Zoe Laughlin.

Repeated from Saturday 10.30am

## 3.30 The Case of the Brilliant

Virtuoso

2/3. Nick Wallis continues his investigation

into the attack on oil tanker *MV Brillante**Virtuoso*, off the coast of Yemen in 2001. At

first it seemed like the latest in a spate of

daring raids by Somali pirates. Yet it came to

involve lies on an industrial scale, corruption,

violent threats, Greek shipowners, Yemeni

power brokers, British lawyers, Filipino

sailors and a fight for justice over the

unsolved murder of a British man.

Producer Robert Nicholson; Exec producer Will Yates

## 4.00 Word of Mouth

5/7. Subtitles. Michael Rosen speaks

to subtitler Karli Witkowska, who has

worked on a large array of films and TV

shows including *Stranger Things*. She

explains how descriptions like "tentacles

wetly squelching" enhance the experience

of deaf and hard-of-hearing viewers, as well

as being entertaining themselves.

Producer Sally Heaven Repeated Monday 11pm

## 4.30 A Good Read

2/9. Martyn Ware and Adrian Chiles join

host Harriett Gilbert to discuss their

favourite books, *A Clockwork Orange* byAnthony Burgess and *Frances and Bernard*

by Carlene Bauer, respectively. Harriett

chooses *Nina Simone's Gum* by Warren Ellis.

Producer Maggie Ayre

a woman's fiancé kills himself on their wedding day.

With Neil Roberts, Kate Binchy, Shaun Prendergast,

Ann Davies and Kenneth Cranham. From 1992 (4/6)

4.30 New Creatives Dramas as 11.30am

5.00 The Life and Rhymes of Benjamin

Zephaniah The poet reads his autobiography (2/5)

5.15 Subterranean Homesick Blues (2/5)

5.30 The Architects Comedy from 2015 (4/4)

6.00 The Goon Show 1957 vintage comedy

6.30 In the Chair 1998 political comedy (2/6)

7.00 The Motion Show Comedy debates (4/6)

7.30 North East of Eden 1997 sitcom (5/6)

8.00 TED Radio Hour Episode on ageing brains

8.50 Inheritance Tracks With Graham Fellows

9.00 Dead Competitive With Kerry Godliman (7/8)

9.30 Red Moon Sci-fi by Jack Bowman and Robert

Valentine, set in 1971 in London. With the Doomsday

Clock at one minute to midnight, is the Anglo-

American accord in good shape? From 2019 (1/6)

All episodes are on BBC Sounds

10.00-12.00 Comedy Club: Phil Ellis Is

Trying (3/4), at 10.30 The Jason Byrne Show

A 2009 edition (1/6), at 11.00 The Consultants

(4/6), and at 11.30 ElevenQuest (1/6)

12.00 as 3pm 1.00am as 4pm 1.30 as 4.30pm

2.00 as 5pm 2.15 as 5.15pm 2.30 as 5.30pm

3.00 as 6pm 3.30 as 1.30pm 4.00 as 2pm

4.30 as 2.30pm 5.00 Uncle Silas (3/3)

## 5.00 PM With Evan Davis.

## 6.00 Six o'Clock News

## 6.30 Phil Ellis Is Trying

4/4. Rugrat. Comedy by Phil Ellis and  
Fraser Steele. The mayor asks Phil to find  
out whether her husband is having an affair,  
an undercover assignment that leads him  
into the seedy underbelly of Parbold.Phil Ellis Steve Sunil Patel  
Johnny Vegas The Mayor of Parbold  
Ellie Katia Kvinge Desiree Burch  
Polly/Miss Ecuador Amy Gledhill Keith/Geoff Terry Mynott  
Dave Andrew Ellis  
Producer Sam Mitchell  
Repeated next Tuesday on Radio 4 Extra (R)

## 7.00 The Archers

Susan may be a bit quick to judge, and Kate  
feels she is making a difference.

For cast see Friday Repeated tomorrow 2pm

## 7.15 Front Row

Director Saim Sadiq talks to Samira Ahmed  
about his film *Joyland*, which was the first  
Pakistani film to premiere at Cannes Film  
Festival, and Mina Anwar and Les Dennis talk  
about their production of Bill Naughton's  
1970 play *Spring and Port Wine* at the Bolton  
Octagon. Producer Olivia Skinner

## 8.00 File on 4

An investigation into a topical issue.

Editor Carl Johnston Repeated Sunday 5pm

## 8.40 In Touch

News, views and information for people who  
are blind or partially sighted, with Peter White.

## 9.00 Inside Health

With food prices rising it's becoming  
increasingly difficult to eat healthily on a  
restricted budget, but James Gallagher  
visits a pantry in Coventry where they are  
helping families to balance their budgets  
and explore new foods and recipes.

Producer Geraldine Fitzgerald Repeated tomorrow 3.30pm

## 9.30 The Life Scientific Repeated from 9am

10.00 The World Tonight With Ritula Shah.

## 10.45 Book at Bedtime: My Father's

House

7/10. By Joseph O'Connor. Twenty years

after the events of Christmas Eve 1943, Major

Sam Derry is interviewed by the BBC.

Narrated by Jot Davies, with Fenella Woolgar

and Ben Onwukwe. For details see yesterday

## 11.00 Tudor Owen: Zoo

2/2. Tudor Owen recalls the true story of

how he and his family became owners of a

zoo, which was described by the *News of the**World* as the worst zoo in Britain.

Producer Richard Morris

## 11.30 Today in Parliament

## 12.00 News and Weather

## 12.30-12.45am Book of the Week:

Let Me Tell You What I Mean

2/5. Repeated from 9.45am (FM only)

1.00 as BBC World Service

## BBC World Service

DAB [bbc.co.uk/worldserviceradio](http://bbc.co.uk/worldserviceradio)

Freeview\* 710 Freesat 711 Sky 0115 Virgin 906

Programmes may differ online, and on Freesat, Sky, and Virgin

5.00am Newsday 8.00 News 8.05 CHOICE:

People Fixing the World: protecting African women

from HIV infection 8.30 Business Daily 8.50 Witness

History: Pope John XXIII's 1959 Vatican reforms

9.00 The Newsroom 9.30 The Documentary: The

Travelling Speech Therapist: following US speech

therapist Mary Weidner in the Caribbean 10.00

News 10.05 The Arts Hour 11.00 The Newsroom

11.30 In the Studio: a new commission at Tate

Britain by Guyanese-British artist Hew Locke

12.00 News 12.05pm Outlook 12.50 Witness

History 1.00 The Newsroom 1.30 Bad Blood: the

Story of Eugenics (4/6) 2.00 News Hour 3.00

News 3.05 CHOICE: People Fixing the World 3.30

World Business Report 4.00 BBC OS 6.00 News

6.05 Outlook 6.50 Witness History 7.00 The

Newsroom 7.30 Sport Today 8.00 News 8.05

The Documentary: The Travelling Speech Therapist

8.30 Digital Planet 9.00 News Hour 10.00 The

Newsroom 10.20 Sports News 10.30 World

Business Report 11.05 CHOICE: People Fixing the

World 11.30 In the Studio 12.00 News 12.05am

The Arts Hour 1.00 News 1.05 Business Matters

2.00 The Newsroom 2.30 The Compass: Why We

Play (4/4) 3.05 Outlook 3.50 Witness History

4.00 The Newsroom 4.30 Love, Janessa (2/8)

## BBC Radio 5 Live

693, 909 MW DAB [bbc.co.uk/fivelive](http://bbc.co.uk/fivelive)

F'view 705 F'sat 705 Sky 0105 Virgin 905

Sports Extra F'view 706 F'sat 706

Sky 0131 Virgin 908

## News and sport as yesterday

## 5.00am Wake Up to Money

Fiscal news, reports and analysis,  
from issues regarding employment,  
wages and inflation to the impact of  
the war in Ukraine. Plus interviews  
with movers and shakers, business  
leaders and big bosses.

## 6.00 5 Live Breakfast

Rachel Burden and Rick Edwards  
with a detailed look at the headlines,  
sports news and unique stories  
from across the UK.

## 9.00 Nicky Campbell

Topical discussions, big-name  
interviews and listeners' calls.

## 11.00 Naga Munchetty

With the latest news, big-name  
interviews from around the UK and  
listeners' personal experiences.

## 1.00pm Nihal Arthanayake

News and topical conversation,  
including big-name interviews.

## 4.00 5 Live Drive

Tony Livesey and Clare McDonnell  
with the latest news and sport.  
Plus interviews linked to topical  
and cultural issues.

## 7.00 5 Live Sport

Kelly Cates with sports news,  
debate and coverage of the FA Cup  
fourth-round replays.

## 10.00 Colin Murray

Vital topical discussion. Plus  
features, including at 11.00 **The**  
**Big News Hour** – an in-depth look  
at a big news story – and at 12.00**Midnight Meets**, in which Colin

sits down with notable guests to

find out what makes them tick.

## 1.00am Dotun Adebayo

Topical discussions, with the  
chance for listeners to phone in  
throughout the night.

## Talksport

1053, 1089 MW DAB [talksport.co.uk](http://talksport.co.uk)

F'view 723 F'sat 731 Sky 0108 Virgin 927

## 6.00am Sports Breakfast

Presented by Laura Woods.

## 10.00 Jim White and Simon

Jordan Sporting insight.

1.00pm Hawksbee and Baker With

Paul Hawksbee and Charlie Baker.

4.00 Drive Andy Goldstein and

Darren Bent with sporting debate.

## 7.00 Kick Off

## 10.00 Sports Bar

## 12.00 Extra Time

## 5.00am Early Breakfast

## LBC

97.3 FM (London area) DAB [lbc.co.uk](http://lbc.co.uk)

F'view 732 F'sat 734 Sky 0123 Virgin 919

7.00am Nick Ferrari

10.00 James O'Brien

1.00pm Shelagh Fogarty



# WEDNESDAY Radio

## Today's Choices



### Drama: 50 Berkeley Square

2.15pm **Radio 4**

Sami Ibrahim's fantastically clever play-within-a-play, set both in today's world and that of 1840, works on multiple levels and leaves the listener to arrive at their own interpretation of events. The narrator is telling us a ghost story centred on the grand 19th-century London address of the title. Then we discover she is in fact a contemporary figure studying for a PhD, and that the story is the basis of her thesis. "You can't make up voices from the past," Martha is told by her supervisor. But is that the last word on the matter? Gwyneth Keyworth plays Martha with a sly persuasiveness, and the rest of the cast are all likewise excellent. Director Gemma Jenkins controls the tension beautifully and Ibrahim's writing is an absolute treat. An early contender for best radio drama of the year. **SIMON O'HAGAN**

### The Problem of Leisure

8.00pm **Radio 4 Extra**

Producer Phil Tinline has made a number of excellent programmes that consider aspects of postwar politics and society, and this documentary from 2019 is typical of his work. But it plays rather differently today than it did then. What has the pandemic meant for people's feelings about automation, the workplace, and the prospect of increased leisure time? "Like any big crisis, I think this one just accelerated existing trends," Tinline says. "If everybody had loved commuting and 9 to 5, it might have been different, but of course they didn't. And I think people are beginning to see leisure time as something to use more creatively than perhaps they once did." Fascinating stuff. **SIMON O'HAGAN**

## BBC Radio 1

97.6-99.8 FM DAB [bbc.co.uk/radio1](http://bbc.co.uk/radio1)  
F'view\* 700 F'sat 700 Sky 0101 Virgin 901

**7.00am Greg James**  
**10.30 Rickie, Melvin and Charlie**  
**1.00pm Dean and Vicky**  
**3.30 Vick and Jordan**  
**6.00 Clara Amfo**  
**8.00 Radio 1's Future Artists**  
**10.00 Power Down Playlist**  
**11.00 Benji B** With future beats.  
**1.00am Relax and Chill: between the Sheets** **2.00 The Radio 1 Interview** **2.15 Playlists** **2.30 6 Degrees from Jamie and Spencer** **3.00 Radio 1 Relax in Love** **4.00 Radio 1 Dance** **5.00 Arielle Free**

## BBC Radio 2

88-90.2 FM DAB [bbc.co.uk/radio2](http://bbc.co.uk/radio2)  
F'view\* 702 F'sat 702 Sky 0102 Virgin 902

**6.30am Zoe Ball**  
**9.30 Ken Bruce**  
Chat and music, including at **11.07** a **Piano Room** performance by Brit-nominated singer/songwriter Raye (born Rachel Keen) backed by the BBC Concert Orchestra – with three songs, including a cover of a Bill Withers record – live from the BBC's Maida Vale Studios in London. And after **11.30 Tracks of My Years**, in which Belle and Sebastian frontman Stuart Murdoch discusses favourite records by Madonna and the Lovin' Spoonful.  
**12.00 Jeremy Vine**  
**2.00pm Scott Mills**  
**4.00 Sara Cox**  
**7.00 Jo Whiley**  
**9.00 The Folk Show with Mark Radcliffe**  
Broadcast live from Salford, an eclectic playlist of folk and acoustic music from here and abroad. Plus news from the folk world and guests, tonight with Irish singer/songwriter Lisa O'Neill discussing her latest album, *All of This Is Chance*.  
**10.00 DJ Spooky's Rhythm Nation**  
DJ Spooky sits in for Trevor Nelson with music and features, including at **10.00** the **Magnificent 7** – a nostalgic half-hour of oldies.  
**12.00 OJ Borg**  
**3.00am Sounds of the 90s**  
**1/2**. With Fearne Cotton, who invites Mary Portas to share her fabulous 1990s memories. See tomorrow (R)  
**4.00 Nicki Chapman**

## BBC 6 Music

DAB [bbc.co.uk/6music](http://bbc.co.uk/6music)  
Freeview 707 Freesat 707 Sky 0120 Virgin 909

**7.30am Lauren Laverne**  
**10.30 Mary Anne Hobbs**  
**1.00pm Craig Charles**  
**4.00 Steve Lamacq**  
Edinburgh singer/songwriter Hamish Hawk discusses his new album, *Angel Numbers*. Plus new music by Coach Party and Squid.  
**7.00 Marc Riley**  
New and classic indie music, with live sessions and archive performances.  
**9.00 Gideon Coe**  
**12.00 Freak Zone Playlist**  
**1.00am Music programme**  
**2.00 Music programme**  
**3.00 Live Hour** Jonathan Richman and the Modern Lovers at Manchester University in 1988, plus sessions by Sugar (in 1992) and Joe Jackson (in 1979).  
**4.00 Jukebox** With Chris Hawkins.  
**5.00 Chris Hawkins** Chris kicks off a Thursday daytime celebration marking the 45th anniversary of Kate Bush's debut album, *The Kick Inside*.

## BBC Radio 3

90.2-92.4 FM DAB [bbc.co.uk/radio3](http://bbc.co.uk/radio3)  
Freeview\* 703 Freesat 703 Sky 0103 Virgin 903

**News and weather** as Monday  
**6.30am Breakfast** With Petroc Trelawny.  
**9.00 Essential Classics** With Georgia Mann.  
**12.00 Composer of the Week: Smetana**  
**3/5. Stage-struck**. Donald Macleod reveals how Smetana planned his conquest of Prague's new opera theatre, only for his lack of experience, outspoken attitude and many rivals to scupper his ambitions.  
*Overture: Oldrich and Božena*  
Slovak State Philharmonic Orchestra, Kosice, conductor Robert Stankovsky  
*Overture: Doktor Faust* Janacek Philharmonic Orchestra, conductor Theodore Kuchar  
*The Brandenburgers in Bohemia* (excerpts)  
Milada Subrtova (soprano), Miloslava Fidlerova (soprano), Vera Soukupova (mezzo), Antonin Votava (tenor), Bohumir Vich (tenor), Prague National Theatre Chorus and Orchestra, conductor Jan Hus Tichy  
**1.00pm Radio 3 Lunchtime Concert**  
John Toal with further performances recorded in October 2021 at St Mark's Church of Ireland as part of the Belfast International Arts Festival.  
**Clara Schumann Romances**, Op 22  
Eivind Ringstad (viola), Dominic Degavino (piano)  
**Beethoven Duo in E flat, WoO 32 (Eyeglasses)** (1st mvt)  
Eivind Ringstad (viola), Leo Popplewell (cello)  
**Mendelssohn Piano Trio in C minor, Op 66**  
Mithras Trio (R)  
**2.00 Afternoon Concert** With Penny Gore.  
**Gipsy Song for Orchestra**, Op 33 BBC National Orchestra of Wales, conductor Rumon Gamba  
*Anon En mai au douz tens nouvel*  
**Palazol Tan mabelis jois et amors e chans**  
Ensemble Céladon  
**Schubert Polonaise in B flat, D580**  
Paul Guggenberger (violin), Ensemble Wien  
**Mussorgsky Overture: Khovanshchina**  
Frankfurt Radio Orchestra, conductor Alain Altinoglu  
**2.30 Julia Perry Pastoral for flute and string sextet**  
BBC Scottish Symphony Orchestra, conductor Geoffrey Paterson  
**Martini The Rock** Prague Radio Symphony Orchestra, conductor Petr Popelka  
**Schütz Ich hebe meine Augen auf, SWV31**  
Leipzig Cantorey, Concerto Vocale Leipzig, Saxon Baroque Orchestra, conductor Gotthold Schwarz  
**3.00 Brahms, orch Schoenberg Piano Quartet No 1 in G minor, Op 25** Kirill Gerstein, Bavarian Radio Symphony Orchestra, conductor Alan Gilbert  
**4.00 Choral Evensong**  
From the Chapel of New College, Oxford, with **LIVE** music by Weekes and Byrd to mark the 400th anniversary of their deaths. Introit: O How Amiable Are Thy Dwellings (Weekes). Responses (Byrd); Psalms 41, 42, 43 (Ashfield, Goss); First Lesson: Isaiah 58, vv6-14; Canticles: The Great Service (Byrd); Second Lesson: Matthew 25, vv31-46; Anthem: Exsurgere Domine (Byrd); Voluntary: Fantasia in C (Byrd). Organist Robert Quinney. Assistant organist Donald McCann. Organ scholar James Andrews. Rptd Sun 3pm

## Scala Radio

DAB [scalalaradio.co.uk](http://scalalaradio.co.uk)

**7.00am Charles Nove**  
**10.00 Mark Forrest** At **11.30** Mark welcomes violinist Jennifer Pike ahead of her appearance at the Guildford International Concert Season.  
**1.00pm Sam Hughes** With popular classical works and features including at **1.30** the **Scala Sessions**, today with American mezzo-soprano Ginger Costa-Jackson performing the aria *L'amour est un oiseau rebelle (the Habanera)* from Bizet's *Carmen*, in which she stars in the opera's current run at the English National Opera in London.  
**4.00 Richard Allinson** Scala's drive-time show.  
**7.00 Deb Grant** With music and features.  
**10.00 The Space** Soothing and calming music.  
**1.00am Night Music** **5.00 In the Park**

## Absolute Radio

DAB [absoluteradio.co.uk](http://absoluteradio.co.uk)

F'view 727 F'sat 724 Sky 0107 Virgin 915  
**6.00am Dave Berry** **10.00 Leona Graham** Six decades of music, from the Beatles, David Bowie and Blondie to Nirvana, Coldplay and Of Monsters and Men **1.00pm Ben Burrell** **4.00 Bush and Richie** **7.00 Danielle Perry** **10.00 Jay Lawrence** **1.00am Dan Noble**

## 5.00 In Tune

Sean Rafferty with music and guests, today featuring James McVinnie Ensemble with a preview of Friday's concert of Philip Glass's *Glassworks* at Saffron Hall, Essex. And Egyptian soprano Fatma Said and pianist Harry Baker perform live ahead of Friday's concert of jazz and tango-inspired music at club Oslo in Hackney, east London.

**7.00 In Tune Mixtape** An eclectic playlist.

## 7.30 Radio 3 in Concert

Tom McKinney introduces the Hallé and pianist Elizabeth Brauss in works by Grieg and Shostakovich, recorded on 25 January at the Bridgewater Hall in Manchester.  
Elizabeth Brauss (piano), Hallé, conductor Alpeh Chauhan  
**Grieg Piano Concerto in A minor, Op 16**  
**8.00 Interval**  
**Grieg String Quartet No 2 in F (incomplete)**  
Norwegian String Quartet  
**Shostakovich Quartet Movement (Unfinished)**  
Borodin String Quartet  
**8.20 Shostakovich Symphony No 10**

## 10.00 Free Thinking

Playwright Zinnie Harris, author Isabelle Schuler, musician Michelle Assay and New Generation Thinker Emma Whipday explore different takes on Shakespeare's *Macbeth*, from Akira Kurosawa's film *Throne of Blood* (1957) and Shostakovich's opera *Lady Macbeth of the Mtsensk District* to works by two of tonight's contributors: Schuler's novel *Lady Macbeth* and Harris's play *Macbeth* (an *Undoing*). Chris Harding leads the discussion.

## 10.45 The Essay: Stories to Keep Space for on the Bookshelves

**3/5. Garbage Hills**. Sarah Jilani discusses Latife Tekin's 1984 magical realist novel *Berji Kristin: Tales from the Garbage Hills*, which explores urbanisation, migration and folk language, following migrants from rural Turkey as they create a home out of a garbage dump on the outskirts of a fast-expanding Istanbul.

**11.00 Night Tracks** With Hannah Peel.

**12.30am Through the Night** With John Shea, starting with a performance by the National Youth Orchestra of Great Britain given at last year's BBC Proms.  
**Eifman Wunderkammer Gershwin Rhapsody in Blue; The Man I Love (Strike Up the Band)** **Ravel Daphnis et Chloé** Simone Dinnerstein (piano), National Youth Orchestra of Great Britain, conductors Sophie Stevenson (*The Man I Love* only) and Andrew Gourlay **2.14 Pissendel Violin Sonata in C minor** **2.31 Janacek Glagolitic Mass** **3.10 Strauss Violin Sonata in E flat, Op 18** **3.38 Moniuszko Introduction, Act 3; Highlanders' Dances (Halka)** **3.46 Chopin Ballade No 2 in F, Op 38** **3.54 Gregorc Sans respirer, sans soupir** **4.00 Field Rondo in A flat** **4.08 Schumann Gedichte der Königin Maria Stuart, Op.135** **4.17 Grieg Solveig's Song (Peer Gynt)** (arr for oboe and piano) **4.21 Fougstedt Concert Overture** **4.31 Lotti Sonata in F for two oboes, bassoon and continuo (Echo)** **4.40 Busoni Sonata No 6 (Kammer-Fantasia)** **4.49 Mathias A May Magnificat, Op 79 No 2** **4.59 Nielsen Pan and Syrinx** **5.07 Lonati Sonata quinta** **5.15 Walton Orb and Sceptre** **5.24 Beethoven String Quartet in G, Op 18 No 2** **5.49 Bruhns Muss nicht der Mensch auf dieser Erden in steten Streite sein** **6.03 Schubert Four Impromptus, D899**

## Classic FM

99.9-101.9 FM DAB [classicfm.com](http://classicfm.com)  
Freeview 731 Freesat 721 Sky 0106 Virgin 922

## 6.00am More Music Breakfast

Tim Lihoreau with music, news, financial updates and features, including the **Breakfast Serial** at **7.25** and the **School Run** at **8.15**.

**9.00 Alexander Armstrong** Classical hits, starting with the **Classic Hall of Fame Hour**, featuring favourite pieces voted into the current Classic FM Top 300. At **10.15 Album of the Week**.

## 12.00 Anne-Marie Minhall

Featuring two hours of requests from **12.00** and, at **3.00**, three works from the current **Classic Hall of Fame Top 300**.

**4.00pm John Brunning** Classic FM favourites.

**7.00 Smooth Classics** Zeb Soanes with three hours of potentially calming classical music, including at **9.00** the **Great Escape**.

## 10.00 Smooth Classics

Margherita Taylor presents a selection of music for the late evening and early morning.

## 1.00am Bill Overton

**4.00 Lucy Coward** Music and features, with half-hourly news and weather updates from **5.00** and the **Dawn Chorus** at **5.15**. Plus listeners' texts and emails.





## BBC Radio 4

92.4–94.6 FM 198 LW DAB [bbc.co.uk/radio4](http://bbc.co.uk/radio4)  
Freeview 704 Freesat 704 (FM) 710 (LW)  
Sky 0104 (FM) 0130 (LW) Virgin 904 (FM) 911 (LW)  
News, weather and shipping forecasts as yesterday

## 5.30am News Briefing

## 5.43 Prayer for the Day

With the Rev Dr Emma Whittick, the University of Wales Trinity Saint David's Chaplain at Lampeter and Carmarthen.

## 5.45 Farming Today Agricultural issues.

## 5.58 Tweet of the Day

Chris Packham presents the sound of the teal. (R)

## 6.00 Today

With Amol Rajan and Nick Robinson.

## 6.25, 7.25, 8.25 Sports News

## 6.45 Yesterday in Parliament

## 7.48 Thought for the Day

With Elizabeth Harris.

## 8.31 LW Yesterday in Parliament

## 9.00 More or Less

5/8. Tim Harford presents the programme that explains and debunks the numbers and statistics used in everyday life.

Producer Richard Vardon Repeated Friday 4.30pm

## 9.30 Just One Thing with Michael Mosley

5/10. Put Your Phone Down. Adrian Ward of the University of Texas in Austin talks to Michael about the benefits of lowering phone usage, including reducing symptoms of depression and anxiety. He also claims that just putting your phone out of sight while doing something can have an impact on cognition.

## 9.45 FM Book of the Week: Let Me Tell You What I Mean

3/5. Fathers, Sons, Screaming Eagles, 1968/Some Women, 1989. Joan Didion's new collection of essays from across her career. Today the author observes a Second World War veterans reunion in Las Vegas and considers the elusive nature of "the subject", centred around Robert Mapplethorpe's photography. Read by Laurel Lefkow. For details see Monday Repeated 12.30am

## 9.45 LW Daily Service

Led by Becky Silver. Isaiah 4, vv18–21. Praise My Soul the King of Heaven, sung by Lou Fellingham; And I Saw a New Heaven, sung by Harry Christophers and the Sixteen; Lord for the Years, sung by the congregation of Songs of Praise.

## 10.00 Woman's Hour With Nuala McGovern.

11.00 The Shamima Begum Story 5/10. The Only Way Is to Get Married Josh Baker continues his exploration of the story of Shamima Begum. When Shamima found herself trapped in an Isis guesthouse, the only way out was to get married. Here Islamic State fighter Yago Reidijk reveals how he became her husband and what their life together was like.

Producers Joe Kent, Josh Baker and Sara Obeidat  
Series editor Jonathan Aspinwall

## BBC Radio 4 Extra

DAB [bbc.co.uk/radio4extra](http://bbc.co.uk/radio4extra)

Freeview 708 Freesat 708 Sky 0126 Virgin 910

## 6.00am Only the Good Die Young Thriller (5/6)

## 6.30 New Creatives Dramas as 4.30pm

## 7.00 The Life and Rhymes of Benjamin Zephaniah Autobiography. From 2018 (3/5)

## 7.15 Subterranean Homesick Blues as 5.15pm

## 7.30 Women Talking about Cars as 12.30pm

## 8.00 Hancock's Half Hour Vintage 1955 comedy

## 8.30 Flying the Flag as 1.30pm

## 9.00 It's Not What You Know From 2012 (3/4)

## 9.30 A Square of One's Own as 2.30pm

## 10.00 Uncle Silas as 3pm

## 11.00 Only the Good Die Young Thriller (5/6)

## 11.30 New Creatives Dramas as 4.30pm

## 12.00 The Life and Rhymes of Benjamin Zephaniah Autobiography. From 2018 (3/5)

## 12.15pm Subterranean Homesick Blues

## 12.30 Women Talking about Cars Germaine Greer talks to Victoria Coren Mitchell about her life and the cars she has owned. From 2016 (4/4)

## 1.00 Hancock's Half Hour Vintage 1955 comedy

## 1.30 Flying the Flag Eastern Bloc embassy sitcom written by Alex Shearer. Series three. From 1990 (4/6)

## 2.00 It's Not What You Know From 2012 (3/4)

## 2.30 A Square of One's Own Comedy based on the life and times of the Bloomsbury Group, with artistic passions simmering among Lytton Strychnine, Virginia Woolf and Vita Sackville-West.

## 11.30 Gloombsbury

2/6. Your Very Humble Servant Comedy by Sue Limb. En route to Sandwich to retrieve Mrs Gosling, Vera and Ginny call on Lytton Scratchy and Dora Barrington, and Lionel, a republican, tries to persuade Henry to abandon the biography of the King.

Vera Sackcloth-Vest Lionel Fox/Gosling/Lytton

Miriam Margolyes Jonathan Coy Nigel Planer

Henry Mickleton Mrs Gosling/Ginny Fox Dora Barrington

Alison Steadman Morwenna Banks

Producer Jamie Rix (R) See also 2.30pm Radio 4 Extra

## 12.04pm You and Yours

Consumer affairs and public interest stories.

## 1.00 The World at One

Presented by Sarah Montague.

## 1.45 Understand: the Economy

3/5. National Debt. Felicity Hannah explains the national debt, why it exists, who it's owed to and what it means for ordinary people, with the help of Gemma Tetlow and Victoria Bateman. All episodes available on BBC Sounds.

## 2.00 The Archers Rptd from yesterday 7pm

## 2.15 Drama: 50 Berkeley Square

Samir Ibrahim's adaptation of his own short drama, which premiered at Shakespeare's Globe in 2020. London's most haunted house gives up its supernatural secrets about sweet revenge.

Martha Gwyneth Keyworth James Mallord Hughie O'Donnell  
Peter John Heffernan Sarah Chloë Sommer

Robert Warboys Tom Kiteley Uppingham Roger Ringrose

Director Gemma Jenkins

## 3.00 Money Box Live

Financial questions answered.

EMAIL: [moneybox@bbc.co.uk](mailto:moneybox@bbc.co.uk)

## Your RT Money: page 136

## 3.30 Inside Health Rptd from yesterday 9pm

## 4.00 Sideways

New series. 1/7. 38: Past Your Peak Matthew Syed ventures into the world of child prodigies by speaking to maths professor and chess grandmaster John Nunn. He explores how performance peaks, plateaus and declines and asks whether age and innovation are really linked. With psychology professor Ellen Winner and economist Bruce Weinberg. Producer Pippa Smith Repeated Sunday 12.15am

## 4.30 The Media Show

Katie Razzall presents the latest news and views from the media industry. Repeated 9.30pm

## 5.00 PM With Evan Davis.

## 6.00 Six o'Clock News

## 6.30 Conversations from a Long Marriage

6/6. I've Been Loving You Too Long to Stop Now. Comedy by Jan Etherington, starring Joanna Lumley and Roger Allam. Today Roger plans a spontaneous day out but is thwarted at every turn. A new series begins next week. Producer/Director Claire Jones

Repeated next Wednesday on Radio 4 Extra (R)

## 7.00 The Archers

Adam has an important "dad duty", and Stella thinks fast to deal with interference. For cast see Friday Repeated tomorrow 2pm

## 7.15 Front Row

Nick Ahad speaks to Nesrin Alrefaai and Matthew Spangler about adapting Christy Lefteri's novel *The Beekeeper of Aleppo* for the stage, in a new production at the Nottingham Playhouse. Producer Ekene Akalawu

## 8.00 The Moral Maze

5/12. Michael Buerk is joined by Giles Fraser, Ash Sarkar, Melanie Phillips and Anne McElvoy to debate a moral issue behind a story in the news. Producer Dan Tierney Repeated Saturday 10.15pm

## 8.45 Four Thought

Care to Care. Anthropologist and doctor Farrah Jarra explains why she believes we need to put care at the centre of our society. Sharing a story about how her grandmother's lifetime of caring for others meant many people wanted to care for her when the need arose, Farrah reflects on what care does for us. Producer Giles Edwards Repeated Saturday 5.45am

## 9.00 Pay Freezes

2/3. From the Winter of Discontent to the Crash. Phil Tinline explores how the strikes by public sector workers created the abiding images of the Winter of Discontent in January and February 1979. He traces how this most controversial of pay disputes opened up a path to major changes in trade unions' legal position, but also how it began the long journey to the creation of the National Minimum Wage. Producer Phil Tinline (R)

## 9.30 The Media Show Repeated from 4.30pm

## 10.00 The World Tonight With Razia Iqbal.

## 10.45 Book at Bedtime: My Father's House

8/10. By Joseph O'Connor. The British ambassador looks back on his role in the Rome Escape Line. Narrated by Jot Davies, with David Holt and Fenella Woolgar. For details see Monday

## 11.00 The Haunting

1/3. Hosting. Modern ghost story, written by and starring Tom Neenan about a podcast, with an unwanted guest.

Tom Tom Neenan William Vincent Franklin  
Heidi Jenny Bede Dominic Ewan Bailey

Producer David Tyler (R)

## 11.15 The Skewer

New series. 1/8. Jon Holmes twists current affairs clips into a surreal, satirical soundscape. Producer Jon Holmes Repeated Saturday 9.45pm

## 11.30 Today in Parliament

Including Prime Minister's Questions.

## 12.00 News and Weather

## 12.30–12.45am Book of the Week:

## Let Me Tell You What I Mean

3/5. Repeated from 9.45am (FM only)

## 1.00 as BBC World Service

## BBC World Service

DAB [bbc.co.uk/worldserviceradio](http://bbc.co.uk/worldserviceradio)

Freeview\* 710 Freesat 711 Sky 0115 Virgin 906

Programmes may differ online, and on Freesat, Sky, and Virgin

## 5.00am Newsday 8.00 News 8.05 Hardtalk

## 8.30 Business Daily 8.50 Witness History:

Cardinal Beniamino Stella remembers Pope John Paul I's sudden death 9.00 The Newsroom 9.30

The Compass: Why We Play: a look at what tech-savvy old people may be playing in the future (4/4)

## 10.00 News 10.05 World Book Club 11.00 The

Newsroom 11.30 Love, Janessa: true-crime documentary. Italian farmer Roberto is falling

deeply for Janessa and is sending her thousands of dollars – despite his friends telling him he is being

scammed (2/8) 12.00 News 12.05pm Outlook

## 12.50 Witness History 1.00 The Newsroom

## 1.30 Digital Planet 2.00 Newshour 3.00 News

## 3.05 Hardtalk 3.30 World Business Report 4.00

## BBC OS 6.00 News 6.05 Outlook 6.50 Witness

## History 7.00 The Newsroom 7.30 Sport Today

## 8.00 News 8.05 The Compass: Why We Play

## (4/4) 8.30 Healthcheck 9.00 Newshour 10.00

## The Newsroom 10.20 Sports News 10.30 World

## Business Report 11.00 News 11.05 Hardtalk

## 11.30 Love, Janessa (2/8) 12.00 News 12.05am

## World Book Club 1.00 News 1.05 Business

## Matters 2.00 The Newsroom 2.30 Assignment

## 3.00 News 3.05 Outlook 3.50 Witness History

## 4.00 The Newsroom 4.30 The Food Chain

## BBC Radio 5 Live

693, 909 MW DAB [bbc.co.uk/fivelive](http://bbc.co.uk/fivelive)

F'view 705 F'sat 705 Sky 0105 Virgin 905

Sports Extra F'view 706 F'sat 706

Sky 0131 Virgin 908

News and sport as Monday

## 5.00am Wake Up to Money

Fiscal news, reports and analysis, including interviews with movers and shakers, business leaders and big bosses.

## 6.00 5 Live Breakfast

Rachel Burden and Rick Edwards with a detailed look at the headlines, sport and unique stories from across the UK.

## 9.00 Nicky Campbell

Topical discussions, big-name interviews and listeners' calls.

## 11.00 Naga Munchetty

With the latest news, big-name interviews from around the UK and listeners' personal experiences.

## 1.00pm Nihal Arthanayake

News and topical conversation including big-name interviews.

## 4.00 5 Live Drive

Tony Livesey and Clare McDonnell with the latest news and sport.

Plus interviews linked to topical and cultural issues.

## 7.00 5 Live Sport

Mark Chapman with sports news, debate and coverage of the FA Cup fourth-round replays.

## 10.00 Colin Murray

Discussion of vital issues. Plus features, including at 11.00 This

House Believes – a lively debate on

myriad topics where listeners decide

who comes out on top – and at

12.00 Midnight in America, with

the latest headlines and reports

from across the Atlantic.

## 1.00am Dotun Adebayo

Topical discussions, with the

chance for listeners to phone in

throughout the night.

## Talksport

1053, 1089 MW DAB [talksport.co.uk](http://talksport.co.uk)

F'view 723 F'sat 731 Sky 0108 Virgin 927

## 6.00am Sports Breakfast

## 10.00 Jim White and Simon

## Jordan Sporting insight.

## 1.00pm Hawksbee and Jacobs

## 4.00 Drive

## 7.00 Kick Off

## 10.00 Sports Bar

## 1.00am Extra Time

## 5.00 Early Breakfast

## Talksport 2

DAB [talksport.co.uk](http://talksport.co.uk)

## 1.00pm–4.00 Racing

From Southwell.

## LBC

97.3 FM (London area) DAB [lbc.co.uk](http://lbc.co.uk)

F'view 732 F'sat 734 Sky 0123 Virgin 919

## 7.00am Nick Ferrari

## 10.00 James O'Brien

## 1.00pm Shelagh Fogarty

## 4.00 Tom Swarbrick

## 6.00 Tonight with Andrew Marr

## 7.00 Iain Dale

## 10.00 Ian Payne

## 1.00am Richard Spurr

## 4.00 Steve Allen

## Asian Network

DAB [bbc.co.uk/asiannetwork](http://bbc.co.uk/asiannetwork)

F'view 709 F'sat 709 Sky 0119 Virgin 912

## 5.00am The Everyday Hustle

## 6.00 R&amp;B Anthems

## 7.00 Nikita Kanda

## 10.00 Certified 11.00 AJD

## 2.00pm Certified Throwbacks

## 3.00 Ankur Desai

## 6.00 Bobby Friction

## 8.00 DJ Limelight and Kan D Man

## 10.00 Takeover

## 12.00 R&amp;B Anthems

## 1.00am AJD 3.00 DJ Nish



## Today's Choices



### Cupid Loves Eros

11.30am Radio 4

Crime writer Val McDermid presents this canter through the history of same-sex love poetry, with help from Stephen Fry, former Scottish Makar (National Poet) Jackie Kay and theatre director and author Neil Bartlett. There are some pleasingly familiar lines ("Tis better to have loved and lost / Than never to have loved at all," wrote Tennyson on the death of his friend Hallam), from Sappho, AE Housman, Aphra Behn and Carol Ann Duffy. Of the less well known, Colette Bryce's snatched kiss behind the veil of soapsuds in *Car Wash* will stay with me. Enough here for a series, surely? **FIONA HUGHES**

### The Forum

10.05am BBC World Service

While the battlefields of Ukraine may resemble those of the First World War, it is another conflict of that era that has historians drawing parallels with Russia's most recent invasion. The Polish-Bolshevik War saw the fledgling Soviets attempt to take Warsaw and create a bridge for exporting communist revolution to Western Europe. But the Russian army met fierce resistance from the under-equipped Poles and were ultimately repelled for the rest of the inter-war period. Rajan Datar speaks to three experts about the war, which has been largely overshadowed.

**TOM GOULDING**

### Restart

9.00pm Radio 4 Extra

Another podcast broadcast on Radio 4 Extra – is this a strategy to sell Sounds to listeners before the station's mooted shuttering? Talking of plots... this smart computer-gaming conspiracy thriller may sway 50-somethings who get dewy-eyed over Atari consoles, ET and Tamagotchis.

## BBC Radio 1

97.6–99.8 FM DAB [bbc.co.uk/radio1](http://bbc.co.uk/radio1)  
F'view\* 700 F'sat 700 Sky 0101 Virgin 901  
**7.00am Greg James**  
**10.30 Rickie, Melvin and Charlie**  
**1.00pm Dean and Vicky**  
**3.30 Vick and Jordan**  
**6.00 Clara Amfo**  
**8.00 Radio 1's Future Pop with Maia Beth**  
**10.00 BBC Introducing Dance**  
**11.00 Radio 1's Residency**  
**1.00am Danny Howard**  
**2.00 Wind Down Presents**  
**4.00 Radio 1 Dance**  
**5.00 Arielle Free**

## BBC Radio 2

88–90.2 FM DAB [bbc.co.uk/radio2](http://bbc.co.uk/radio2)  
F'view\* 702 F'sat 702 Sky 0102 Virgin 902  
**6.30am Zoe Ball**  
**9.30 Ken Bruce**  
Chat and music, including at **10.12** a **Piano Room** performance by US folk star Suzanne Vega backed by the BBC Concert Orchestra – with three songs, including a cover of a Blondie hit – live from the BBC's Maida Vale Studios in London. And after **11.30 Tracks of My Years**, in which Belle and Sebastian frontman Stuart Murdoch discusses records by the Four Tops and the Associates.  
**Your RT Puzzles: page 141.**  
**12.00 Jeremy Vine**  
**2.00pm Scott Mills**  
**4.00 Sara Cox**  
Including at **6.30 Sara Cox's Half Wower**, with potentially mood-lifting hits from the last five decades.  
**7.00 Jo Whiley**  
**9.00 The Country Show with Bob Harris**  
**10.00 DJ Spoony's Rhythm Nation**  
With at **10.00** the **Magnificent 7** – a nostalgic half-hour of oldies.  
**12.00 Phil Williams** In for OJ Borg.  
**3.00am Sounds of the 90s 2/2.** (R)  
**4.00 Nicki Chapman**  
Music, texts and features, including at **4.00 Dance with the Decades**, a half-hour nostalgic playlist of chart hits from each of the last six decades.

## BBC 6 Music

DAB [bbc.co.uk/6music](http://bbc.co.uk/6music)  
Freeview 707 Freesat 707 Sky 0120 Virgin 909  
**7.30am Lauren Laverne**  
Lauren continues a day-long celebration marking this month's 45th anniversary of Kate Bush's debut album, *The Kick Inside*, which in 1978 reached number three on two occasions, coinciding with the chart runs of Bush's now-signature number-one hit *Wuthering Heights* and, in July, the Top Ten follow-up, *The Man with the Child in His Eyes*. 6 Music will broadcast a track each hour, preceded by a specially recorded voicenote in which a guest discusses the influence of Bush and, especially, her debut album. More Kate Bush programming is available on BBC Sounds  
**10.30 Mary Anne Hobbs**  
**1.00pm Craig Charles**  
**4.00 Steve Lamacq**  
**7.00 Marc Riley**  
**9.00 Gideon Coe**  
**12.00 New Music Fix**  
Music presenters each curate an hour of their favourite new music, starting with Young Fathers (sitting in for Steve Lamacq). At **1.00am** Mary Anne Hobbs, and at **2.00** Tom Ravenscroft. And at **3.00** New Album Fix, followed at **4.00** by New Music Fix Playlist.  
**5.00 Chris Hawkins**

## BBC Radio 3

90.2–92.4 FM DAB [bbc.co.uk/radio3](http://bbc.co.uk/radio3)  
Freeview\* 703 Freesat 703 Sky 0103 Virgin 903  
News and weather as Monday  
**6.30am Breakfast** With Petroc Trelawny.  
**9.00 Essential Classics** With Georgia Mann.  
**12.00 Composer of the Week: Smetana 4/5. Rivalries.** With Donald Macleod. Smetana fights to defend his position as Prague's leading music voice. The political battles that ensue are even more vicious than the musical ones. Then, just as matters seem to be resolving, tragedy strikes in his life once again.  
*Dalibor* (Act 1 scene 1)  
BBC Singers, BBC Symphony Orchestra, conductor Jiri Belohlavek  
*Festive Overture in C*  
Slovak Radio Symphony Orchestra, conductor Robert Stankovsky.  
*The Two Widows* (Act 2 scene 3)  
Anezka Marchela Machotkova (soprano)  
Jiri Ladislav Zahradnick (tenor)  
Prague National Theatre Orchestra, conductor Frantisek Jilek  
*The Moldau; From Bohemia's Woods and Fields (Ma Vlast)*  
Czech Philharmonic, conductor Jiri Belohlavek  
**1.00pm Radio 3 Lunchtime Concert**  
John Toal with performances of music by Lili Boulanger, Martinu and Shostakovich, recorded in October 2021 at St Mark's Church of Ireland as part of the Belfast International Arts Festival.  
*Lili Boulanger D'un matin de printemps* Mithras Trio  
*Martinu Three Madrigals, H313*  
Ionel Manciu (violin), Eivind Ringstad (viola)  
*Shostakovich Piano Trio, Op 67* Mithras Trio (R)  
**2.00 Afternoon Concert**  
With Penny Gore, including at 3pm a recorded performance by the Bavarian Radio Symphony Orchestra of Mahler's First Symphony. Plus continued showcases of Ensemble Céladon (with medieval pieces) and the Leipzig Cantorey with choral music by Schütz.  
*G Lloyd Overture: John Sotman*  
BBC Philharmonic, conductor George Lloyd  
*Schütz Magnificat, SWV468*  
Leipzig Cantorey, Concerto Vocale Leipzig, Saxon Baroque Orchestra, conductor Gotthold Schwarz  
*Anna Clyne This Midnight Hour*  
Ulster Orchestra, conductor David Danzmayr  
**2.30 Berwald Konzertstück for Bassoon and Orchestra, Op 2** Karen Geoghegan, Orchestra of Opera North, conductor Benjamin Wallfisch  
*Gershwin Three Preludes* Frank Dupree (piano)  
*de L'Escuriel Bonne amour me rent;*  
*Bietris est mes delis* Ensemble Céladon  
**3.00 Mahler Symphony No 1 (Titan)**  
Bavarian Radio Symphony Orchestra, conductor Ivan Fischer  
*Rhian Samuel Dear Night*  
BBC Singers, conductor James Sherlock  
**4.25 Zemlinsky Sinfonietta, Op 23**  
BBC Symphony Orchestra, conductor Geoffrey Paterson

## Scala Radio

DAB [scalardradio.co.uk](http://scalardradio.co.uk)  
**7.00am Charles Nove** Music and features.  
**10.00 Mark Forrest** With music and features, including after **11.30** the **Scala Radio Book Club**, today with Bosnian-American writer Aleksandar Hemon discussing his new novel, *The World and All That It Holds*, an epic tale of love during wartime.  
**1.00pm Sam Hughes** Popular classical works, new discoveries and rediscoveries.  
**4.00 Richard Allinson** Music and features, including at **4.30** a guest from the arts and entertainment world discussing their latest work.  
**7.00 Deb Grant** Including after **7.00** classical releases and at **8.00** the **Scala Piano Playlist**.  
**10.00 The Space** Soothing and calming music.  
**1.00am Night Music** Nonstop classical music.  
**5.00 In the Park** Calming sounds.

## Absolute Radio

DAB [absoluteuradio.co.uk](http://absoluteuradio.co.uk)  
F'view 727 F'sat 724 Sky 0107 Virgin 915  
**6.00am Dave Berry 10.00 Leona Graham 1.00pm Ben Burrell** Hard rock, indie pop and everything in between  
**4.00 Bush and Richie 7.00 Danielle Perry 10.00 Jay Lawrence 1.00am Dan Noble**

## 5.00 In Tune

Sean Rafferty with music and studio guests.

**7.00 In Tune Mixtape** An inspired playlist.

## 7.30 Radio 3 in Concert

From City Halls, Glasgow, Donald Runnicles **LIVE** conducts the BBC Scottish Symphony Orchestra in Mahler's Ninth Symphony, which premiered in 1912 at the Vienna Festival, more than a year after Mahler's death. Presented by Kate Molleson.

## Mahler Symphony No 9

## 10.00 Free Thinking

Prompted by this month's release of Jerzy Skolimowski's film *EO* – which follows the life of a donkey born in a Polish circus – Matthew Sweet leads a discussion on the cultural history of the donkey, from Eeyore and *Shrek* back to Greek myth, Aesop, the Bible and *Tales of the Arabian Nights*. His guests include New Generation Thinker Lisa Mullen.

## 10.45 The Essay: Stories to Keep Space for on the Bookshelves

**4/5. The Heir of Redclyffe.** New Generation Thinkers champion authors they think deserve to be better known. In tonight's instalment Clare Walker Gore revisits the 1853 novel *The Heir of Redclyffe* – the first commercially successful work by Hampshire-born writer Charlotte M Yonge (1823–1901). Soldiers fighting in the Crimean lapped up this story, which reflected the mid-Victorian trend for medievalism and a resurgence of High Church Anglicanism, combining gothic melodrama with sharply observed social realism, sprightly dialogue and wry humour. It also influenced William Morris and Edward Burne-Jones, both of whom read it at Oxford.

## 11.00 The Night Tracks Mix

## 11.30 Unclassified

Elizabeth Alker with highlights of new releases by ambient heavyweights Loscil (Scott Morgan) and Lawrence English, piano music from Okonski and a track from Edinburgh violinist and composer Daniel Pioro. And in the **Listening Chair**, Mogwai guitarist Stuart Braithwaite identifies a recording that transports him to another place.

**12.30am Through the Night** With John Shea.  
*Ravel Violin Sonata No 2 Kaan Bulak Violin Sonata No 1 Sibelius Six Pieces for violin and piano, Op 79 (excerpts) Prokofiev Violin Sonata No 2, Op 94a Boulanger Nocturne Johan Dalene (violin), Julien Quentin (piano) 1.38 Britten String Quartet No 2, Op 36 2.08 Liszt Piano Concerto No 2 in A 2.31 Dohnanyi Konzertstück in D, Op 12 2.53 Mozart Piano Sonata No 12 in F, K 332 3.12 Reicha Symphony à grande orchestre in E flat, Op 41 3.38 Byrd In Fields Abroad 3.43 Schreker Valse lente 3.49 Villa-Lobos Bachianas brasileiras No 5 4.01 CPE Bach Rondo in C minor for keyboard, Wq 59 No 4 4.07 Bellini Ecomi in lieta vesta... Oh! Quante volte (I Capuleti e i Montecchi) 4.17 Hurlbusch Concerto in A minor for two oboes, solo violin, strings and basso continuo 4.31 Buxtehude Prelude, Fugue and Ciacona in C, BuxWV137 4.37 Wolf Intermezzo in E flat 4.48 Josquin Praeter rerum seriem 4.54 Foulds Celtic Overture, Op 28 5.02 Torelli Sinfonia con tromba in D 5.08 Thalberg Variations on Home, Sweet Home, Op 72 5.14 Raitio The Waterspout (ballet music) 5.38 Szymanowski Stabat mater, Op 53 6.04 Brahms Trio in A minor, Op 114 (R)*

## Classic FM

99.9–101.9 FM DAB [classicfm.com](http://classicfm.com)  
Freeview 731 Freesat 721 Sky 0106 Virgin 922  
**6.00am More Music Breakfast**  
Tim Lihoreau with music, news and features, including at **7.25** the **Breakfast Serial**.  
**9.00 Alexander Armstrong** Classical hits, starting with the **Classic Hall of Fame Hour**, featuring favourite pieces voted into the current Classic FM Top 300. At **10.15 Album of the Week**.  
**12.00 Anne-Marie Minhall** Including at **12.00 Classic FM Requests** – with listeners phoning in – and at **3.00 Hall of Fame**, with three works from the current Classic Hall of Fame chart.  
**4.00pm John Brunning** Classic FM favourites presented by the composer, including the **Discovery of the Week** at **6.20**.  
**7.00 Smooth Classics** Zeb Soanes presents a playlist marked by potentially calming classical music to help listeners relax and recharge.  
**10.00 Smooth Classics**  
Margherita Taylor presents a selection of music for the late evening and early morning.  
**1.00am Bill Overton** Music for late-night listening.  
**4.00 Lucy Coward** Music and features, including at **5.15** the **Dawn Chorus**. Plus listeners' texts and emails.



## BBC Radio 4

92.4–94.6 FM 198 LW DAB [bbc.co.uk/radio4](http://bbc.co.uk/radio4)Freeview 704 Freesat 704 (FM) 710 (LW)  
Sky 0104 (FM) 0130 (LW) Virgin 904 (FM) 911 (LW)

News, weather and shipping forecasts as Tuesday

## 5.30am News Briefing

## 5.43 Prayer for the Day

A chance to pause for reflection and contemplation with the Rev Dr Emma Whittick.

## 5.45 Farming Today

News about food, farming and the countryside.

## 5.58 Tweet of the Day

David Attenborough on the red kite. (R)

## 6.00 Today

With Martha Kearney and Nick Robinson.

## 6.25, 7.25, 8.25 Sports News

## 6.45 Yesterday in Parliament

## 7.48 Thought for the Day

With the Rt Rev Nick Baines.

## 8.31 LW Yesterday in Parliament

An update on the latest political proceedings.

## 9.00 In Our Time

Melvyn Bragg is joined by Emma Griffin from the University of East Anglia, Robert Saunders of Queen Mary University of London, and Joan Allen from Newcastle University, to discuss chartism – the working-class movement campaigning for political reform and greater democracy, which took its name from the People's Charter of 1838. Producer Simon Tiliotson. Shortened repeat 9.30pm

## 9.45 FM Book of the Week: Let Me Tell You What I Mean

4/5. **Why I Write, 1976.** In this essay Joan Didion explores the egotistical impulse behind the art of writing and what she gets out of it. Read by Laurel Lefkow. For details see Monday. Repeated 12.30am

## 9.45 LW Daily Service

Led by David Waters. Lamentations 3, vv22–27. Lord Jesus Christ, sung by the choirs of King's School Canterbury; We Got Love, sung by Becca Folkes and Miss May; O Jesus I Have Promised, sung by Seaford College Chapel Choir.

## 10.00 Woman's Hour

With Anita Rani.

## 11.00 From Our Own Correspondent

Kate Adie presents reports from BBC correspondents around the world. Series producer Serena Tarling

## 11.30 Cupid Loves Eros

**RT** Ahead of Valentine's Day next Tuesday, crime writer Val McDermid explores queer love verse across the millennia. She is joined by Stephen Fry, the former Makar (National Poet of Scotland) Jackie Kay and theatre director and author Neil Bartlett, who all choose their favourite poems that explore same-sex love, including works by Sappho, AE Housman, Aphra Behn, Carol Ann Duffy, Frank O'Hara and Edwin Morgan. Producer Turan Ali. Repeated Monday 4pm

## 12.04pm You and Yours

Consumer affairs and public interest stories.

## BBC Radio 4 Extra

DAB [bbc.co.uk/radio4extra](http://bbc.co.uk/radio4extra)

Freeview 708 Freesat 708 Sky 0126 Virgin 910

## 6.00am Only the Good Die Young

Thriller (6/6)

## 6.30 New Creatives Dramas as 4.30pm

## 7.00 The Life and Rhymes of Benjamin Zephaniah

The poet reads his autobiography (4/5)

## 7.15 Subterranean Homesick Blues

(4/5)

## 7.30 Sara Pascoe: the Modern Monkey

(2/4)

## 8.00 The Men from the Ministry

From 1972

## 8.30 Flywheel, Shyster and Flywheel

(2/6)

## 9.00 Booked Literary quiz.

From 1998 (3/6)

## 9.30 The Vacillations of Poppy Carew

(4/6)

## 10.00 Robinson Crusoe

From 1998 (1/2)

## 11.00 Only the Good Die Young

Thriller (6/6)

## 11.30 New Creatives Dramas as 4.30pm

## 12.00 The Life and Rhymes of Benjamin Zephaniah

The poet reads his autobiography (4/5)

## 12.15pm Subterranean Homesick Blues

(4/5)

## 12.30 Sara Pascoe: the Modern Monkey

An episode on jealousy. Comedy from 2018 (2/4)

## 1.00 The Men from the Ministry

1972 political satire with Deryck Guyler and Richard Murdoch

## 1.30 Flywheel, Shyster and Flywheel

Re-creation of the Marx Brothers' 1930s radio show, adapted by Mark Brisenden. With Michael Roberts and Frank Lazarus. Series two. From 1991 (2/6)

## 2.00 Booked Literary quiz.

From 1998 (3/6)

## 2.30 The Vacillations of Poppy Carew

(4/6)

## 12.30 Sliced Bread

6/13. Consumer show in which Greg Foot and his guests search for the scientific evidence behind a product's bold claims.

## 1.00 The World at One

Presented by Sarah Montague.

## 1.45 Understand: The Economy

## 4/5. Bankruptcy and Insolvency

Professor Diane Coyle of the University of Cambridge explains the processes and wider economic impact of bankruptcy, and Victoria Bateman takes listeners back to the very beginning of the idea in the time of Henry VIII. All episodes are available on BBC Sounds.

## 2.00 The Archers

Rptd from yesterday 7pm

## 2.15 Drama: Nazis: the Road to Power

## 5/8. The Little Man.

By Jonathan Myerson. The late 1920s sees governments rise and fall with banana-republican regularity. As

chief foreign correspondent for the *New York Post*, it's Dorothy Thompson's job to report on this maelstrom. Meanwhile, Joseph

Goebbels, now party district chief for Berlin, is generating daily street disturbances –

Jewish-owned department stores are one of his favourite targets. He is now forced to

choose between Hitler's nationalism and

Strasser's socialism. All episodes are

available on BBC Sounds.

Narrator Juliet Stevenson Sefton Delmer Aditomiwa Edun

Dorothy Thompson Putzi Hanfstaengl Corey Johnson

Laura Donnelly Herman Goering Scott Karim

Adolf Hitler Tom Mothersdale Rudolf Hess George Kemp

Gregor Strasser Joseph Alessi Sinclair Lewis Forbes Masson

Heinrich Himmler Joseph Goebbels

Oscar Batterham Alexander Vlahos

Producer Nicholas Newton; Director Jonathan Myerson

## 3.00 Ramblings

## 2/9. The Icknield Way.

David Falk is the

green-access manager for Suffolk County

Council and works hard to encourage people

to enjoy walking in the county's beautiful

countryside. He and former BBC Radio

Suffolk presenter Lesley Dolphin take Clare

Balding on a walk along part of the Icknield

Way, starting at West Stow Country Park just

north of Bury St Edmunds. At 5,000 years

old, it is believed to be the oldest road in

Britain and this section goes through a large

pine forest and across open heathlands.

Producer Maggie Ayre. Repeated Saturday 6.07am

## 3.27 The Radio 4 Appeal

Repeated from Sunday 7.54am

## 3.30 Bookclub

Repeated from Sunday 4pm

## 4.00 The Curious Cases of Rutherford

and Fry. Repeated from Tuesday 11am

## 4.30 BBC Inside Science

Gaia Vince presents the latest scientific

research to make the news headlines.

Producers Julian Siddle and Emily Bird. Repeated 9pm

## 5.00 PM

Presented by Evan Davis.

## 6.00 Six o'Clock News

## 3.00 Robinson Crusoe

By Daniel Defoe (1/2)

## 4.00 Only the Good Die Young

Thriller (6/6)

## 4.30 New Creatives Dramas

Featuring Claire

Sullivan's *In Blackstone* and Max Elgar's *Torment*

## 5.00 The Life and Rhymes of Benjamin Zephaniah

The poet reads his autobiography (4/5)

## 5.15 Subterranean Homesick Blues

(4/5)

## 5.30 Sara Pascoe: the Modern Monkey

(2/4)

## 6.00 The Men from the Ministry

From 1972

## 6.30 Flywheel, Shyster and Flywheel

(2/6)

## 7.00 Booked Literary quiz.

From 1998 (3/6)

## 7.30 The Vacillations of Poppy Carew

(4/6)

## 8.00 Growing Pains

With Grace Dent (3/3)

## 9.00 CHOICE: Restart

Thriller by Brett Neichin

and John Scott Dryden (*The Cipher, Passenger List*). A

16-year-old uncovers the shocking true purpose

of a secretive facility in the desert of New Mexico.

With Armin Karima (*Sex Education*) (1/8)

All episodes are on BBC Sounds

## 9.30 Red Moon

Sci-fi set in 1979 London (3/6)

## 10.00 Comedy Club: Prepper

(2/4), at

## 10.30 Big Problems with Helen Keen

(2/4), at

## 11.00 Athena's Cancel Culture

(3/4), at

## 11.15 All Change

(3/5), and at 11.30 Tom

## 11.30 Wrigglesworth's Hang-Ups

(1/6)

## 12.00 as 3pm 1.00am

as 4pm 1.30 as 4.30pm

## 2.00 as 5pm 2.15 as 5.15pm

2.30 as 5.30pm

## 3.00 as 6pm 3.30 as 1.30pm

4.00 as 2pm

## 4.30 as 2.30pm 5.00 Robinson Crusoe

(2/2)

## 6.30 Prepper

3/4. **The Kit in Your Head.** Comedy by Caroline and James J Moran about two working-class Mancunian women preparing for a zombie apocalypse. This week: situational awareness.

Sylvia Sue Johnston Gary Simon Holland Roberts

Rachel Pearl Mackie

Producer Steve Doherty

Repeated next Thursday on Radio 4 Extra (R)

## 7.00 The Archers

Alice finds herself in unfamiliar territory, and can David and Elizabeth see eye to eye? For cast see Friday. Repeated tomorrow 2pm

## 7.15 Front Row

Tom Sutcliffe and guests review some of the week's cultural highlights including Salman Rushdie's latest novel *Victory City* and an exhibition of work by the artist Peter Doig at the Saatchi Gallery in west London. Producer Sarah Johnson

## 8.00 The Briefing Room

David Aaronovitch and guests explain the issues behind an item in the news.

## 8.30 The Bottom Line

4/12. **Podcasting.** In the past few years the podcast market has grown rapidly. But as much of it uses an advertising model outside of radio stations who support their own content, is it really sustainable? How many people in the UK are listening and can you only make money if you have a critical mass of people willing to subscribe and perhaps pay? Evan Davis and guests discuss. Producer Julie Ball. Repeated Monday 11.30am

## 9.00 BBC Inside Science

Rptd from 4.30pm

## 9.30 In Our Time

Shortened repeat from 9am

## 10.00 The World Tonight

With Razia Iqbal.

## 10.45 Book at Bedtime: My Father's

## House

9/10. Joseph O'Connor's thriller based on the true story of a Vatican priest who arranged the escape of diplomats, refugees and escaped Allied prisoners from German-occupied Rome. Christmas Eve 1943 – the Gestapo Chief in Rome is at his residence in the countryside, when a telephone call summons him back to the city. Narrated by Jot Davies. For details see Monday

## 11.00 Unsafe Space

5/6. Andrew Doyle talks to another guest and there's comedy from Roger Monkhouse, Jake Yapp, Tadiwa Mahlunge as the *Unsafe Space* culture war correspondent, Larry and Paul, and Laura Lexx. Plus one of the *Times* writer Giles Coren's columns is set to music. Producer Jon Holmes

## 11.30 Today in Parliament

## 12.00 News and Weather

## 12.30–12.45am Book of the Week:

## Let Me Tell You What I Mean

4/5. Repeated from 9.45am (FM only)

## 1.00 as BBC World Service

## BBC World Service

DAB [bbc.co.uk/worldserviceradio](http://bbc.co.uk/worldserviceradio)

Freeview\* 710 Freesat 711 Sky 0115 Virgin 906

Programmes may differ online, and on Freesat, Sky, and Virgin

## 5.00am Newsday 8.00 News 8.05 The Inquiry

## 8.30 Business Daily 8.50 Witness History 9.00

## The Newsroom 9.30 Assignment: the decline of

## German butcher's shops 10.00 News 10.05

## CHOICE: The Forum: Rajan Datar chairs a

discussion on the Polish-Bolshevik War, which

bears similarities with the current Russian war in

Ukraine 10.50 Sporting Witness: the Vatican's

first football Clericus Cup 11.00 The Newsroom

## 11.30 The Food Chain 12.00 News 12.05pm

## Outlook 12.50 Witness History: Pope John Paul II's

historic visit to a Rome synagogue in 1986 1.00 The

Newsroom 1.30 Healthcheck 2.00 Newshour 3.00

News 3.05 The Inquiry 3.30 World Business Report

## 4.00 BBC OS 6.00 News 6.05 Outlook 6.50

## Witness History 7.00 The Newsroom 7.30 Sport

Today 8.00 News 8.05 Assignment 8.30 Science

in Action 9.00 Newshour 10.00 The Newsroom

## 10.20 Sports News 10.30 World Business Report

11.00 News 11.05 The Inquiry 11.30 The Food

Chain 12.00 News 12.05am CHOICE The Forum

12.50 Sporting Witness 1.00 News 1.05 Business

Matters 2.00 The Newsroom 2.30 World Football

## 3.00 News 3.05 Outlook 3.50 Witness History

## 4.00 The Newsroom 4.30 Heart and Soul: the

fate of a Nigerian atheist who criticised Islam

## BBC Radio 5 Live

693, 909 MW DAB [bbc.co.uk/fivelive](http://bbc.co.uk/fivelive)

F'view 705 F'sat 705 Sky 0105 Virgin 905

Sports Extra F'view 706 F'sat 706

Sky 0131 Virgin 908

News and sport as Monday

## 5.00am Wake Up to Money

## 6.00 5 Live Breakfast

Rachel Burden and Rick Edwards

with a detailed look at the

headlines, sport and unique stories.

## 9.00 Nicky Campbell

Topical discussions, big-name

interviews and listeners' calls.

## 11.00 Adrian Chiles

A weekly light-hearted and good-

humoured show in which Adrian

Chiles looks ahead to the weekend.

Plus news, sport and features.

## 1.00pm Gordon Smart

Sitting in for Nihal Arthanayake.

## 4.00 5 Live Drive

Tony Livesey and Clare McDonnell

with the latest news and sport.

## 7.00 5 Live Sport

Eleanor Oldroyd with sports news,

debate and features, including at

## 8.00 5 Live Rugby

in which Sonja McLaughlin and guests

preview round two of the Six

Nations Championships. And at

## 9.00 Euro Leagues

in which Steve Crossman and guests

discuss the latest news from the

world of European football.

## 10.00 Colin Murray

Discussion and debate on vital

issues. Plus features, including at

## 11.00 Our Ukrainian Radio

Family – with reports from three

Ukrainian listeners whose lives

the show has followed since the

start of the war – and at 12.00

## Midnight Mixtape

featuring a

curated playlist.

## 1.00am Dotun Adebayo



## Today's Choices



### Marc Riley's Musical Time Machine

**8.00pm Radio 4 Extra**  
By 1977, David Bowie had crashed back down to Earth. Determined to break with his hedonistic lifestyle, he had retreated to West Berlin, where he worked in relative anonymity to produce some of his most experimental music. It's an exciting time and place for Marc Riley to visit, as he cranks up his Tardis to bring us an archived conversation between the Starman and Radio 1's Stuart Grundy on why Berlin was so good for his creativity. Sticking to the same theme, Riley also jumps forward in time to 1990, when Iggy Pop spoke to Nicky Campbell about how he came to hook up with Bowie in Berlin (both above), offering us a different but no less fascinating perspective of their time making avant-garde but accessible rock together in Cold War-era Germany. **TOM GOULDING**

### Radio 3 in Concert

**7.30pm Radio 3**  
Tonight's live BBC Symphony Orchestra concert is bookended by two 20th-century Polish symphonies. For his sensuously impressionistic Third, composed in 1916 and atmospherically subtitled "Song of the Night", Karol Szymanowski (actually born in what is now Ukraine) set verses by the Persian mystic poet Rumi for solo tenor and sometimes wordless chorus. For her Fourth, composed in 1953, Grazyna Bacewicz (whose father and older brother actually identified as Lithuanian) somehow evaded the prescribed "socialist realist" doctrines of the day to create a work of uneasy ambiguity, with a sardonic scherzo that seems to mock the folk tune on which it is founded and a finale of Bartokian menace. **MARK PAPPENHEIM**

## BBC Radio 1

**97.6-99.8 FM DAB** [bbc.co.uk/radio1](http://bbc.co.uk/radio1)  
F'view\* 700 F'sat 700 Sky 0101 Virgin 901  
**6.30am Radio 1's Best New Pop**  
**7.00 Greg James**  
**10.30 Katie Thistleton**  
**1.00pm Matt and Mollie**  
**4.00 The Official Chart on Radio 1**  
**6.00 Radio 1's Dance Party**  
**8.00 Radio 1's Future Dance**  
**10.00 Pete Tong**  
**12.00 Radio 1's Essential Mix**  
**2.00am Radio 1 Dance Presents**  
**3.00 Danny Howard**  
**4.00 Radio 1's Wind Down Presents**  
**5.00 Radio 1 Relax**

## BBC Radio 2

**88-90.2 FM DAB** [bbc.co.uk/radio2](http://bbc.co.uk/radio2)  
F'view\* 702 F'sat 702 Sky 0102 Virgin 902  
**6.30am Zoe Ball**  
**9.30 Ken Bruce**  
Chat and music, including at **10.12** a **Piano Room** performance by soul singer Lemar backed by the BBC Concert Orchestra – with three songs, including a cover of a Michael Kiwanuka record – live from Maida Vale Studios in London. And after **11.30 Tracks of My Years**, in which Belle and Sebastian frontman Stuart Murdoch discusses favourite records by Regina Spektor and Michael Kiwanuka.  
**12.00 Jeremy Vine**  
**2.00pm Scott Mills**  
**4.00 Sara Cox**  
**7.00 Michelle Visage**  
Including at **8.30, Handbag Hits** – a crazy love-themed mix of feel-good party tracks.  
**9.00 The Good Groove**  
With DJ Spoon.  
**11.00 The Rock Show with Johnnie Walker**  
**12.00 Ramesh Ranganathan: for the Love of Hip-Hop**  
**1.00am Fred Sirieix: Vive l'Amour!**  
A one-off mixtape linked to last summer's series in which French maître d' Fred Sirieix shares some of his favourite recordings by French stars, from Renaud, Sylvie Vartan, Etienne Daho to Johnny Hallyday and Indochine. Producer Jodie Keane  
**2.00 Radio 2 Unwinds with Angela Griffin** Another chance to hear a themed **Unwinds Mix**.  
**3.00 Eight Miles High: 50 Years of the Byrds** Following the death last month of David Crosby, at 81, another chance to hear a 2015 tribute to the Byrds, co-founded by Crosby. Presented by actor Peter Fonda. (R)  
**4.00 Sophie Ellis-Bextor's Kitchen Disco** Uplifting disco tunes.  
**5.00 Radio 2 in Concert**  
A BBC Archive live performance. (R)

## BBC 6 Music

**DAB** [bbc.co.uk/6music](http://bbc.co.uk/6music)  
Freeview 707 Freesat 707 Sky 0120 Virgin 909  
**7.30am Lauren Laverne**  
Chat, music and features, including at **9.00-9.30 the Desert Island Disco**, with a playlist showcasing a particular dance genre.  
**10.30 Mary Anne Hobbs**  
New music, including at **12.00** the half-hour **Friday Guest Mix**.  
**1.00pm Craig Charles**  
**4.00 Steve Lamacq**  
**7.00 The People's Party with Afrodeutsche** Live from Salford  
**9.00 Tom Ravenscroft**  
Global sounds, including at **11.00 The Ravers Hour**, with a 30-minute mix by a guest, then one by Tom.  
**12.00 6 Music's Indie Forever**  
**1.00am 6 Music's EMO Forever**  
**2.00 Focus Beats**  
**4.00 Ambient Focus**

## BBC Radio 3

**90.2-92.4 FM DAB** [bbc.co.uk/radio3](http://bbc.co.uk/radio3)  
Freeview\* 703 Freesat 703 Sky 0103 Virgin 903  
News and weather as Monday  
**6.30am Breakfast** With Petroc Trelawny.  
**9.00 Essential Classics** With Georgia Mann.  
**12.00 Composer of the Week: Smetana 5/5. Valediction.** Smetana is forced to abandon his home in Prague as his financial circumstances deteriorate. He works feverishly to produce new operas that might win over Czech audiences. Away from the theatre, he creates some of his most personal and inspired music yet. With Donald Macleod. *On the Sea Shore* Kathryn Stott (piano)  
*Overture: Libuse* Cleveland Orchestra, conductor Christoph von Dohnanyi  
*String Quartet No 1 in E minor (From My Life)* (1st and 2nd mvts) Wihan Quartet  
*The Lancer; Stamping Dance (Czech Dances, Book 2)* Jan Novotny (piano)  
*String Quartet No 2 in D minor (2nd and 3rd mvts)* Pavel Haas Quartet  
**1.00pm Radio 3 Lunchtime Concert**  
John Toal introduces performances of music by Bridge and Brahms, recorded in October 2021.  
*Bridge Phantasy Piano Quartet*  
Mithras Trio, Eivind Ringstad (viola)  
*Brahms Piano Quartet No 1 in G minor, Op 25*  
Mithras Trio, Eivind Ringstad (viola) (R)  
**2.00 Afternoon Concert**  
With Penny Gore, including at **3.00** a performance by the Bavarian Radio Symphony Orchestra of Tchaikovsky's Second Symphony.  
**Mackenzie Overture: The Cricket on the Hearth**  
BBC Scottish Symphony Orchestra, conductor Martyn Brabbins  
*Schein Freuet euch des Herren, ihr Gerechten, SWV367*  
Leipzig Cantorey, Concerto Vocale Leipzig, Saxon Baroque Orchestra, conductor Gotthold Schwarz  
*Saint-Saëns Morceau de concert, Op 94* (arr for horn and harp)  
Alec Frank-Gemmill (horn) Ellie Johnston (harp)  
**2.30pm Hannah Kendall Nexus** European Youth Orchestra, conductor Giandrea Nosedà  
*Beethoven Egmont Overture, Op 84* Bavarian Radio Symphony Orchestra, conductor Elin Chan  
*Gity Razaz Lux aeterna*  
BBC Singers, conductor Will Dawes  
**3.00 Tchaikovsky Symphony No 2 in C minor (Little Russian)** Bavarian Radio Symphony Orchestra, conductor Elin Chan  
*Anon A l'entrada del temps clar, eya!*  
*Chominciamento di gioia, Estampie*  
Ensemble Céladon  
*Augusta Holmès Allegro feroce*  
BBC Concert Orchestra, conductor Jane Glover  
**4.00 Auric Suite: Dead of Night**  
BBC Philharmonic, conductor Rumon Gamba  
*Schütz Herr, unser Herrscher, SWV27*  
Leipzig Cantorey, Concerto Vocale Leipzig, Saxon Baroque Orchestra, conductor Gotthold Schwarz  
**4.15pm Piazzolla Oblivion Tango**  
Ksenija Sidorova (accordion) BBC National Orchestra of Wales, conductor Clark Rundell  
**4.30 The Listening Service** Rptd from Sun 5pm

## Scala Radio

**DAB** [scalalaradio.co.uk](http://scalalaradio.co.uk)  
**7.00am Charles Nove** Including from **9.00, Screen Time**, with an hour of music from films, TV shows, adverts and video games.  
**10.00 Mark Forrest**  
**1.00pm Sam Hughes** Popular classical works.  
**4.00 Richard Allinson**  
**7.00 Classical Bangers** Darren Redick with an upbeat playlist to start the weekend.  
**10.00 The Space** Soothing and calming music..  
**1.00am Night Music** Nonstop music..  
**5.00 In the Park** Calming sounds

## Absolute Radio

**DAB** [absoluteradio.co.uk](http://absoluteradio.co.uk)  
F'view 727 F'sat 724 Sky 0107 Virgin 915  
**6.00am Dave Berry** **10.00 Leona Graham** Rock and pop from across the decades  
**1.00pm Ben Burrell**  
**4.00 Bush and Richie** 70s Absolute 80s  
**Greatest Hits** Claire Sturgess with music from the decade stretching from Adam and the Ants to ZZ Top, the Cure to Poison, INXS to Pixies, Talk Talk to Duran Duran  
**10.00 Sophie K** **4.00am Ross Buchanan**

## 5.00 In Tune

Sean Rafferty welcomes cast members and creatives behind the new folk musical *A Mother's Song* ahead of its run at Macrobert Arts Centre, Stirling.

**7.00 In Tune Mixtape** An inspired playlist.

## 7.30 Radio 3 in Concert

From the Barbican in London, Sakari Oramo conducts the BBC Symphony Orchestra and Chorus and soloists in symphonies by Polish composers Karol Szymanowski and Grazyna Bacewicz alongside one of Mozart's most personal masterworks. Presented by Hannah French. Johan Dalene (violin), Timothy Ridout (viola), Nicky Spence (tenor), BBC Symphony Chorus and Orchestra, conductor Sakari Oramo  
**Bacewicz Symphony No 4**  
**Mozart Sinfonia Concertante in E flat, K364**

## 8.30 Interval

**8.50 Szymanowski**  
*Symphony No 3 (The Song of the Night)*

## 10.00 The Verb

Luke Wright, sitting in for Ian McMillan, is joined by cartoonist Martin Rowson and author Anita Sethi.

## 10.45 The Essay: Stories to Keep Space for on the Bookshelves

**5/5. 1000 Coils of Fear.** Tom Smith has been reading Olivia Wenzel's 2020 debut novel. As she travels the world and prepares to become a mother, the narrator of Olivia Wenzel's novel reflects on her upbringing as a queer, black woman in a white family, with her mother – a rebellious East German punk who was mostly absent – and her grandmother, who was loyal to the socialist regime. Her father, an Angolan student, left shortly after she was born, and her twin brother died when they were 17.

## 11.00 Late Junction

Jennifer Lucy Allan recently has catalogued all her records, and here she shares a pick of treasures, oddities and recent additions, including a live 1979 performance in Derby by industrial progenitors Throbbing Gristle, Bengali radio producer Deben Bhattacharya's ethnographic recordings in Romania, lesser-known Manchester post-punk from Human Trapped Rhythms, and a classic English folk song recorded by Judy Collins.

## 1.00am Composed with Emeli Sandé

A playlist featuring music by Fauré and recordings by St Vincent and Blood Orange. (R)

## 2.00 Piano Flow with Tokio Myers (R)

**3.00 Through the Night** Presented by John Shea.  
**3.01 Vaughan Williams Fantasia on a Theme by Thomas Tallis** Britten Serenade for Tenor, Horn and Strings, Op 31; Lachrymae, Op 48a (Reflections on a Song of Dowland) (arr for viola and strings) Tippett Concerto for Double String Orchestra Mark Padmore (tenor), Thomas Müller (horn), Ryszard Groblewski (viola), Zürich Chamber Orchestra, conductor Duncan Ward  
**4.17 Elgar The Music Makers**, Op 69 **4.56 Grainger Handel in the Strand** **5.01 Wolf Italian Serenade**  
**5.09 Pierluigi da Palestrina Agnus Dei (Missa Ut Re Mi Fa Sol La)** **5.16 Mozart Horn Concerto in E flat, K370b/K371** **5.28 Larsson Violin Sonata in G minor, Op 3** **5.42 Bacewicz Serenade** **5.47 Hummel Rondo brilliant in B minor, Op 109** **5.56 Glinka Overture in D** **6.02 Bach Cantata No 131: Aus der Tiefen rufe ich, Herr, zu dir** **6.27 Dvorak Piano Quintet No 2 in A, Op 81**

## Classic FM

**99.9-101.9 FM DAB** [classicfm.com](http://classicfm.com)  
Freeview 731 Freesat 721 Sky 0106 Virgin 922  
**6.00am More Music Breakfast**  
Tim Lihoreau with music, news, financial updates and features, including the **Breakfast Serial** at **7.25**.  
**9.00 Alexander Armstrong** Classical hits, starting with **The Classic Hall of Fame Hour**, featuring favourite pieces voted into the current Classic FM Top 300.  
**12.00 Anne-Marie Minhall** Including at **12.00 Classic FM Requests** – with listeners phoning in – and at **3.00 Hall of Fame**, with three works from the current Classic Hall of Fame chart.  
**4.00pm John Brunning** Classic FM favourites.  
**7.00 Smooth Classics** Zeb Soanes with a playlist of classical music designed to help listeners relax and recharge, including at **9.00 the Great Escape**.  
**10.00 Smooth Classics** With Margherita Taylor.  
**1.00am Katie Breathwick**  
**4.00 Sam Pittis** A preview of what to expect on Classic FM this weekend. Plus a range of playlist favourites from Baroque, classical and Romantic masterworks to highlights of film scores.





## BBC Radio 4

**92.4-94.6 FM 198 LW DAB** [bbc.co.uk/radio4](http://bbc.co.uk/radio4)  
**Freeview** 704 **Freesat** 704 (FM) 710 (LW)  
**Sky** 0104 (FM) 0130 (LW) **Virgin** 904 (FM) 911 (LW)  
**News, weather and shipping forecasts** as Tuesday  
**5.30am News Briefing**  
**5.43 Prayer for the Day** With the Rev Dr Emma Whittick, the University of Wales Trinity St David's Chaplain at Lampeter and Carmarthen.  
**5.45 Farming Today**  
**5.58 Tweet of the Day**  
 John Aitchison on the sound of the wigeon. (R)  
**6.00 Today**  
 With Martha Kearney and Nick Robinson.  
**6.25, 7.25, 8.25 Sports News**  
**6.45 Yesterday in Parliament**  
**7.48 Thought for the Day** With Jayne Manfreadi.  
**8.31 LW Yesterday in Parliament**  
**9.00 Desert Island Discs**  
 Repeated from Sunday 11.15am  
**9.45 FM Book of the Week: Let Me Tell You What I Mean**  
**5/5. Last Words, 1998.** In this essay Joan Didion pays tribute to one of her writing influences – Ernest Hemingway, challenging the idea of posthumous publication for unfinished works. Read by Laurel Lefkow. For details see Monday Repeated 12.30am  
**9.45 LW Daily Service**  
 A space for spiritual reflection, on the theme: Preparation: Restored, with a Bible reading, prayer and a range of Christian music. Led by Tobin Oluji. 2 Corinthians 5, vv18–21. God So Loved, sung by We the Kingdom; I Still Believe, sung by Volney Morgan; We've Come This Far by Faith, sung by Donnie McClurkin.  
**10.00 Woman's Hour**  
 Presented by Anita Rani.  
**11.00 Is Psychiatry Working?**  
**4/6.** Horatio Clare and psychiatrist Femi Oyebo trace a journey through crisis, detention, diagnosis, therapy and recovery. In this episode, with the help of patients and clinicians, they consider medication and what we know about psychiatric drugs. Producer Emma Close Repeated Monday 9pm  
**11.30 Thanks a Lot, Milton Jones!**  
**6/6. Milton's Boot Camp.** Comedy by Dan Evans, James Cary and Milton Jones, starring Milton Jones, Tom Goodman-Hill, Josie Lawrence and Ben Willbond. A famous baker comes to the gym, giving Milton the chance to show off some nice buns. Producer/Director David Tyler (R)  
**12.04pm AntiSocial**  
**5/12.** Adam Fleming investigates an issue of the day, taking something that's being fiercely debated across social media, blogs, talk shows and phone-ins. He finds out how it all began, fact-checks claims and counter-claims, hears from people whose voices are often drowned out and slows down the debate to give listeners a better understanding. Producer Lucy Proctor

## BBC Radio 4 Extra

**DAB** [bbc.co.uk/radio4extra](http://bbc.co.uk/radio4extra)  
**Freeview** 708 **Freesat** 708 **Sky** 0126 **Virgin** 910  
**6.00am Red for Danger** as 4pm  
**6.30 New Creatives Dramas** as 4.30pm  
**7.00 The Life and Rhymes of Benjamin Zephaniah**  
**7.15 Subterranean Homesick Blues (5/5)**  
**7.30 Psmith in the City** as 5.30pm  
**8.00 Mr Willow's Wife** 1971 comedy  
**8.30 The Weekend Starts Here** Comedy (3/6)  
**9.00 The Museum of Curiosity (5/6)**  
**9.30 Bleak Expectations** Pastiche (1/6)  
**10.00 Robinson Crusoe** as 3pm  
**11.00 Red for Danger** Vintage thriller (1/6)  
**11.30 New Creatives Dramas** as 4.30pm  
**12.00 The Life and Rhymes of Benjamin Zephaniah** The poet reads his autobiography (5/5)  
**12.15pm Subterranean Homesick Blues**  
**12.30 Psmith in the City** as 5.30pm  
**1.00 Mr Willow's Wife** 1971 comedy  
**1.30 The Weekend Starts Here** Comedy (3/6)  
**2.00 The Museum of Curiosity (5/6)**  
**2.30 Bleak Expectations** Pastiche (1/6)  
**3.00 Robinson Crusoe** Dramatisation by Steve Chambers of Daniel Defoe's 1719 tale of a castaway on a desert island. With Roy Marsden. From 1998 (2/2)  
**4.00 Red for Danger** Vintage serial radio thriller by Edward J Mason. A jeweller attends a party and learns that his hostess is in danger. From 1954 (1/6)  
**4.30 New Creatives Dramas** Two final tales by first-time writers: Siân Esther Powell's *Tregoynt Community Radio* and Ross Foster's *Mythophobia*  
**5.00 The Life and Rhymes of Benjamin Zephaniah** The poet reads his autobiography (5/5)  
**5.15 Subterranean Homesick Blues (5/5)**  
**5.30 Psmith in the City** Dramatisation by Marcy Kahan of PG Wodehouse's 1910 novel. From 2008 (2/4)  
**6.00 Mr Willow's Wife** 1971 comedy (1/6)  
**6.30 The Weekend Starts Here** Comedy (3/6)  
**7.00 The Museum of Curiosity (5/6)**  
**7.30 Bleak Expectations** Pastiche (1/6)  
**8.00 CHOICE: Marc Riley's Musical Time Machine** Marc Riley unearths two archive interviews with David Bowie and Iggy Pop. From 2015 (1/2)  
**8.30 Soul Music** Sister Sledge's *We Are Family* (2/5)  
**9.00 Restart** Thriller (2/8) All episodes on BBC Sounds  
**9.30 Red Moon** Sci-fi. From 2019 (4/6)  
**10.00-12.00 Comedy Club: Believe It!** (3/4), at **10.30 Lucy Montgomery's Variety Pack** (1/4), at **11.00 Hannah Gadsby: Arts Clown** (2/4), at **11.15 The Pin** (2/4), and at **11.30 Arthur Smith's Balham Bash** (1/4)  
**12.00 The Zone** Sci-fi crime thriller (2/2)  
**12.45am The Man Who Invented Yesterday**  
 1.00 as 3pm 2.00 as 4pm 2.30 as 4.30pm 3.00 as 5pm 3.15 as 5.15pm 3.30 as 5.30pm 4.00 as 6pm 4.30 as 1.30pm 5.00 as 2pm 5.30 as 2.30pm

**1.00 The World at One**  
 Presented by Jonny Dymond.  
**1.45 Understand: the Economy**  
**5/5. Energy Market.** The rising cost of living brought home how big, global economic shocks can mean some pretty bad bumps for individual finances. Probably the most immediate gauge of this was through people's gas and electric bills. But how does the energy market work? Felicity Hannah explains and Victoria Bateman provides a brief history of the National Grid. All episodes are available on BBC Sounds.  
**2.00 The Archers** Repeated from yesterday 7pm  
**2.15 Drama: The Incident at Ong's Hat**  
**3/5. The Doxxing.** By Jon Frechette and Todd Luoto, inspired by the work of Joseph Matheny. The truth about Ong's Hat is finally revealed after Sarah and Charlie track down a new source. The investigation into Sarah's disappearance finds a suspect. All episodes are available on BBC Sounds.  

Charlie Sarah	Corey Brill	Kit	Randall Keller
Rodney Ascher	Avital Ash	Denny Unger	Himself
Det Stecco	Himself	Joseph Matheny	Himself
Casey	James Bacon	Newscasters	
Ringo	Hayley Taylor	Elizabeth Saydah, Dean Wendt	
	Benjamin Williams		

 Producers Jon Frechette and Todd Luoto  
**2.45 One to One**  
 In 2014 the biologist and presenter Gillian Burke joined a community choir in Falmouth in a bid to strengthen her voice. Singing is Gillian's passion and it's her way of switching off from work and the pressures of life. Here she delves into the mechanics of gospel music and asks musical director Richard Penrose exactly what makes a gospel song. Producer Toby Field (R)  
**3.00 Gardeners' Question Time**  
 In Balcombe, West Sussex, chair Kathy Clugston invites Juliet Sargeant, Matthew Pottage and Christine Walkden to answer listeners' horticultural queries. Producer Dom Tyerman Repeated Sunday 2pm  
**3.45 Short Works**  
*The Woodwose Wedding*, a new story by Cardiff-based writer and archaeologist Electra Rhodes. When loggers threaten their forest home, Trefor and Alan are made an unconventional proposal. Read by Julian Lewis Jones. Producer John Norton Repeated tomorrow 12.30am  
**4.00 Last Word**  
 Matthew Bannister looks back at the lives of notable people who have recently died. Producer Eleanor Garland Repeated Sunday 8.30pm  
**4.30 More or Less**  
**5/8.** Tim Harford explains the numbers and statistics in the news and everyday life. Repeated from Wednesday 9am Repeated Sunday 8pm  
**5.00 PM** Presented by Carolyn Quinn  
**6.00 Six o'Clock News**

**6.30 The News Quiz**  
**7/11.** Andy Zaltzman is joined by comedians Ria Lana, Catherine Bohart and Mark Steel, and *Times* columnist Camilla Long. Producer Georgia Keating Repeated tomorrow 12.30pm  
**7.00 The Archers**  
 Ian worries about how Adam is coping, and Paul has a memorable encounter.  

David Archer	Timothy Bentinck	Adam Macy	Andrew Wincott
Alice Carter	Hollie Chapman	Kate Madikane	Perdita Avery
Susan Carter	Charlotte Martin	Kirsty Miller	Annabelle Dowler
Ian Craig	Stephen Kennedy	Elizabeth Pargetter	
Ruairi Donovan	Arthur Hughes	Alison Dowling	
Jakob Hakansson	Paul Venables	Freddie Pargetter	Toby Laurence
Joy Horville	Jackie Lye	Stella Pryor	Lucy Speed
Paul Mack	Joshua Riley	Julianne Wright	Lisa Bowerman

 Writer Liz John; Director Rosemary Watts  
 Editor Jeremy Howe  
**7.15 Add to Playlist**  
**New series. 1/8.** Cerys Matthews and Jeffrey Boakye return with the Prix Italia- and Prix Europa-winning music series in which they create, with the help of weekly guests, a playlist of 40 connected tracks. Today they are joined by organist Anna Lapwood at the piano and the bassoonist Linton Stephens to discuss a long-lost Yiddish anti-fascist song from 1945 as well as two familiar classic pop hits from more recent years. Producer Jerome Weatherald  
**8.00 Any Questions?**  
 Alex Forsyth chairs the political forum from St Fillians Church Hall in Aberdour, Fife. Producer Beth Sagar-Fenton Repeated tomorrow 1.10pm  
**8.50 A Point of View**  
 A reflection on a topical issue. Producer Adele Armstrong Repeated Sunday 8.48am  
**9.00 Buried**  
**2/2.** Omnibus. Reporters Dan Ashby and Lucy Taylor take a deep dive into one of the worst environment crimes in UK history. The whole series is available on BBC Sounds. Producers Lucy Taylor and Dan Ashby  
**10.00 The World Tonight**  
 Presented by James Menendez.  
**10.45 Book at Bedtime: My Father's House**  
**10/10.** By Joseph O'Connor. Years after the events of Christmas 1943 some of the members of the choir are reunited. Letters are exchanged and confessions are made. Read by Fenella Woolgar, Clare Corbett and Aidan Kelly. For details see Monday  
**11.00 Americast**  
**5/12.** Justin Webb, Sarah Smith, Anthony "The Zurch" Zurcher and Marianna Spring explore the huge cultural and social stories that define political debate in the US.  
**11.30 Today in Parliament**  
**12.00 News and Weather**  
**12.30-12.45am Book of the Week: Let Me Tell You What I Mean**  
**5/5.** Repeated from 9.45am (FM only)  
**1.00 as BBC World Service**

## BBC World Service

**DAB** [bbc.co.uk/worldserviceradio](http://bbc.co.uk/worldserviceradio)  
**Freeview\*** 710 **Freesat** 711 **Sky** 0115 **Virgin** 906  
 Programmes may differ online, and on Freeview, Sky, and Virgin  
**5.00am** Newsday **8.00** News **8.05** Hardtalk  
**8.30** Business Daily **8.50** Witness History: journalist Giovanni Chirri recalls getting the scoop of the resignation of Pope Benedict XVI in 2013, when she was a little-known reporter **9.00** The Newsroom **9.30** Tech Tent **10.00** News **10.05** The Real Story **11.00** The Newsroom **11.30** World Football **12.00** News **12.05pm** The Fifth Floor: global news **12.50** Witness History **1.00** The Newsroom **1.30** Science in Action **2.00** Newshour **3.00** News **3.05** Hardtalk **3.30** World Business Report **4.00** BBC OS **6.00** News **6.05** The Fifth Floor **6.50** Witness History **7.00** The Newsroom **7.30** Sport Today **8.00** News **8.05** Tech Tent: the latest from the tech world **8.30** Crowd Science: an investigation into why the thought of delivering a talk to an audience fills so many people with terror **9.00** Newshour **10.00** The Newsroom **10.20** Sports News **10.30** World Business Report **11.00** News **11.05** Hardtalk **11.30** World Football **12.00** News **12.05am** The Real Story: analysis of a key news story **1.00** News **1.05** Business Matters **2.00** The Newsroom **2.30** Stumped: weekly cricket show **3.00** News **3.05** The Fifth Floor **3.50** Witness History **4.00** News **4.05** The Real Story

## BBC Radio 5 Live

**693, 909 MW DAB** [bbc.co.uk/fivelive](http://bbc.co.uk/fivelive)  
**F'view** 705 **F'sat** 705 **Sky** 0105 **Virgin** 905  
**Sports Extra** F'view 706 F'sat 706  
**Sky** 0131 **Virgin** 908  
**News and sport** as Monday  
**5.00am The Big Green Money Show**  
**New series. 1/10.** Deborah Meaden returns with Felicity Hannah to talk to business leaders about climate change and sustainability.  
**6.00 5 Live Breakfast**  
 With Rick Edwards and Nina Warhurst.  
**9.00 Nicky Campbell**  
**11.00 Chiles on Friday**  
**1.00pm The Footballers' Football Podcast**  
 Michail Antonio and Callum Wilson are joined by Rickie Haywood-Williams to discuss the latest in the Premier League season.  
**1.30 5 Live Cricket**  
 Featuring a preview of the Women's T20 World Cup.  
**2.00 Elis James and John Robins**  
**4.00 5 Live Drive** With Tony Livesey and Clare McDonnell.  
**7.00 5 Live Sport**  
 Sports news and features, including at **7.00 The Friday Football Social**, with Darren Fletcher and guests looking ahead to the weekend's action. And at **9.00 Super Bowl Preview**, which looks ahead to Sunday's game at State Farm Stadium in Glendale, Arizona.  
**10.00 Stephen Nolan** Topical show.  
**1.00am Laura McGhie**

## BBC 5 Sports Extra

**DAB** [bbc.co.uk/sports extra](http://bbc.co.uk/sports extra)  
**F'view** 706 **F'sat** 706 **Sky** 0131 **Virgin** 908  
**4.45pm-9.00 Women's T20 World Cup** South Africa v Sri Lanka.  
**Radio 5 Live:** Contact individual programmes via the website at [bbc.co.uk/5live](http://bbc.co.uk/5live).  
 TELEPHONE: 0800 590 9693  
 TEXT: 85058 (standard rate)

## Talksport

**1053, 1089 MW DAB** [talksport.co.uk](http://talksport.co.uk)  
**F'view** 723 **F'sat** 731 **Sky** 0108 **Virgin** 927  
**6.00am Sports Breakfast**  
**10.00 Jim White and Simon Jordan** Sporting opinion.  
**1.00pm Hawksbee and Jacobs**  
**4.00 Drive** **7.00 GameDay**  
**Countdown** **10.00 Sports Bar**  
**1.00am Extra Time**

## Talksport 2

**DAB** [talksport.co.uk](http://talksport.co.uk)  
**1.00pm-3.00 Racing**  
 From Bangor-on-Dee.  
**7.00-10.00 Championship Football** Birmingham City v West Bromwich Albion (kick-off 8.00).  
**10.00-12 midnight PGA Tour Golf** Day two of the Phoenix Open.

## LBC

**97.3 FM** (London area) **DAB** [lbc.co.uk](http://lbc.co.uk)  
**F'view** 732 **F'sat** 734 **Sky** 0123 **Virgin** 919  
**7.00am Nick Ferrari** **10.00 James O'Brien** **1.00pm Shelagh Fogarty**  
**4.00 Tom Swarbrick** **6.00 Lewis Goodall** **9.00 The Consumer Hour** **10.00 Nick Abbot** **1.00am Clive Bull** **4.00 Richard Spurr**

## Asian Network

**DAB** [bbc.co.uk/asiannetwork](http://bbc.co.uk/asiannetwork)  
**F'view** 709 **F'sat** 709 **Sky** 0119 **Virgin** 912  
**5.00am Beats** **6.00 Fresh**  
**7.00 Nikita Kanda** **10.00 Asian Network Certified** **11.00 AJD**  
**2.00pm Certified Throwbacks**  
**3.00 Asian Music Chart** **6.00 DJ Kizzi** **9.00 DJ Limelight**  
 and Kan D Mix **12.00 Desi Dancefloor Mix** **1.00am Pure Spice**  
 with DJ Manara **4.00 Fresh**





## BBC Local Radio

### Face behind the voice



**Age** 67  
**Current job** Has presented music show *Granny (Max) Takes a Trip* (2–3pm, every other Monday)

on **Slack City Radio** since 2021. “I go to any time or place I want to. There’s a little bit of a tendency towards psychedelia and esoteric hits of the 60s and 70s. But I could easily have Laurie Anderson and Tito Puente in the same show.”  
**CV** Born in London, she was convent educated, then dropped out from a teacher-training course. Worked in bookshops, then at London’s Institute of Contemporary Arts, where she met avant-garde musician Genesis P-Orridge and musicians who went on to form the Monochrome Set and Adam and the Ants. Played drums with Rema-Rema (1978); released a single *I Confess* (1980); and later worked with group *Psychic TV*. Her radio career dates from the 1980s, when she broadcast for CBC and CKCU in Ottawa, Canada.

### Dorothy Max Prior

A dancer from the age of 6, taking part in Irish dance competitions, she later spent seven years as a go-go dancer and stripper in pubs and clubs (“I stepped out and realised it wasn’t that different to all the other things I’d done. Dance is dance.”) Work as a dance teacher (ballroom lessons at Arthur Murray’s) gradually developed into her present work, producing performance art, installations and street theatre, much of it in Brazil.  
**Social media – yes or no?** “Yes, I like it. Facebook for family, Instagram for fun, Twitter for work. I had TikTok on my phone but realised I wasn’t doing any work! I was just watching dance videos.”  
**Best moments** “We did some live broadcasts last year during the Brighton Fringe, with an audience and guests from all parts of my life. It was like bringing all the things I love together.”  
**Worst moment** “I’m not the most technically adept. My last live show, I’d done 55 minutes without doing anything wrong – then for the last announcement I forgot to

put up the mike slider. My producer had to leapfrog over the table!”  
**Off air** Lives in Brighton with her husband (musician James “Foz” Foster, former guitarist with the Monochrome Set) and three sons.  
**First radio memory** “*Children’s Favourites* is a strong memory – ‘The runaway train came over the hill’? I then progressed to Radio Luxembourg under the covers.”  
**Favourite broadcasters** “I listen to so much radio. I just told Alexa to turn off Radio 3 so it wouldn’t interfere with our conversation! I absolutely love *Late Junction* on Radio 3. I really like Jennifer Lucy Allan – apart from being an amazing presenter, she wrote a fantastic book about foghorns!”  
**Secret skills** “When I was at college, I managed to get a qualification as a trampoline teacher. I probably couldn’t even stand up on one now. But somewhere up in the loft is a certificate.” **DAVID MCGILLIVRAY**  
*Listen at slackcity.org.uk*

## All England regions

### Berkshire

#### Saturday

**6am** Bridgitte Tetteh **10.00** Bill Buckley **2pm** Sport **6.00** Stereo Underground **8.00** BBC Introducing **9.00** Bridgitte Tetteh **10.00–1am** Alex Dyke

#### Sunday

**6am** Bridgitte Tetteh **10.00** Bill Buckley **2pm** Andy Jones **6.00** Tony Blackburn **10.00–1am** Bill Rennells

#### Monday–Friday

**6am** Andrew Peach **10.00** Sarah Walker; **Thu/Fri:** Bill Buckley **2pm** Phil Kennedy **6.00** Andy Jones; **Fri:** Weekend Kick-Off **7.00** **Fri:** Katie Tyler **10.00–1am** Alex Dyke; **Thu/Fri:** Pat Sissons

### Bristol

#### Saturday

**6am** Ali Vowles **10.00** Steve Yabsley **2pm** Sport **6.00** BBC Introducing **10.00–1am** David White

#### Sunday

**6am** Lucy Tegg **10.00** Laura Rawlings **2pm** Steve Yabsley **6.00** Kevin Philemon **10.00–1am** Tim Manns

#### Monday–Friday

**6am** James Hanson **10.00** John Darvall **2pm** Claire Cavanagh; **Fri:** Steve Yabsley **6.00** **Mon/Tue/Thu:** Geoff Twentyman; **Wed:** Richard Hoskin; **Fri:** Sport **7.00** Upload **10.00–1am** Chris Baxter

### Cambridgeshire

#### Saturday

**6am** Kev Lawrence **10.00** David Webster **2pm** Sport

**6.00** Rock ‘n’ Roll Heaven **8.00** BBC Introducing **10.00–1am** Justin Dealey

#### Sunday

**6am** Louise Hulland **10.00** The Great Outdoors **2pm** Keith Greentree **4.00** The John Leech Soul Show **6.00** Walk Right Back **8.00** The Folk Show **10.00–1am** David Clayton

#### Monday–Friday

**6am** Dotty McLeod; **Fri:** Louise Hulland **10.00** Jeremy Sallis; **Thu/Fri:** Amir Suleman **2pm** Chris Mann; **Fri:** David Webster **6.00** **Mon/Fri:** Sport; **Tue:** Upload; **Wed:** Louise Hulland; **Thu:** Naked Scientists **7.00** **Mon:** Louise Hulland; **Tue:** Steve Jackson; **Thu:** New Voices; **Fri:** That Friday Feeling **9.00** **Thu:** BBC Introducing **10.00–1am** Nick Risby

### Cornwall

#### Saturday

**6am** Jack Murley **10.00** James Dundon **2pm** Sport **6.00** Dan Pascoe **10.00–1am** David White

#### Sunday

**6am** Anoushka Williams **10.00** Jack Murley **2pm** Caroline Cook **6.00** Richard Green **10.00–1am** Tim Manns

#### Monday–Friday

**6am** James Churchfield **10.00** Julie Skentelbery **2pm** David White **6.00** Sport **7.00** Tiffany Truscott **10.00–1am** David Sheppard

### Cumbria

#### Saturday

**6am** Richard Corrie **10.00** Helen Millican **2pm** Sport

**6.00** Joe Costin **8.00** BBC Introducing **10.00–1am** Simon Logan

#### Sunday

**6am** Richard Corrie **10.00** John Lipscombe **2pm** Joe Costin **6.00** Paul Braithwaite **10.00–1am** Simon Logan

#### Monday–Friday

**6am** Mike Zeller; **Thu:** Richard Corrie **10.00** Darren Milby; **Mon:** Sharon Hartley **2pm** Pete Moss; **Fri:** Helen Millican **6.00** **Mon:** Helen Millican; **Tue/Fri:** Sport; **Wed:** John Lipscombe; **Thu:** BBC Introducing **7.00** **Thu:** Helen Millican; **Fri:** John Lipscombe **10.00–1am** John Gillmore; **Fri:** Steffen Peddie

### CWR

#### Saturday

**6am** Lorna Bailey **10.00** Brody Swain and Darren Rudge **12.00** Brody Swain **2pm** Sport **6.00** Dave Marshall Barrett **8.00** BBC Introducing **10.00–1am** Natalie Graham

#### Sunday

**6am** Sandra Godley **10.00** Brody Swain **2pm** Bob Brolly **6.00** Gagan Grewal **8.00** Nikki Tapper **10.00–1am** Caroline Martin

#### Monday–Friday

**6am** Phil Upton **10.00** Vic Minett **2pm** **Mon/Tue:** Ed Nell; **Wed/Thu:** Brody Swain; **Fri:** Trish Addu **6.00** **Mon/Fri:** The Sound of the Sky Blues; **Tue:** Lorna Bailey; **Wed:** Letitia George; **Thu:** Dan Sambell **7.00** **Mon:** Sandra Godley; **Fri:** Dan Sambell **10.00–1am** Caroline Martin; **Fri:** Natalie Graham

### Derby

#### Saturday

**6am** Donna Alos **10.00** Susan Hanks **2pm** Sportscene **6.00** The Beat **8.00** BBC Introducing **10.00–1am** Natalie Graham

#### Sunday

**6am** Donna Alos **10.00** Simon Morykin **2pm** Dean Jackson **6.00** Satvinder Rana **8.00** Devon Daley **10.00–1am** Summaya Mughal

#### Monday–Friday

**6am** Andy Twigg **10.00** Ian Skye **2pm** Sally Pepper **6.00** Sportscene; **Mon:** Sportscene Talk-In **7.00** Martyn Williams; **Mon:** Figa DJ **10.00–1am** Caroline Martin; **Fri:** Dean Jackson

### Devon

#### Saturday

**6am** Caroline Cook **10.00** Richard Green **2pm** Sport **6.00** Dan Pascoe **10.00–1am** David White

#### Sunday

**6am** Angela Kalwaites **10.00** Toby Buckland **2pm** The Afternoon Show **6.00** Richard Green **10.00–1am** Tim Manns

#### Monday–Friday

**6am** John Acres **10.00** David FitzGerald **2pm** Pippa Quelch **6.00** Rick Edwards; **Thu/Fri:** Matt Tancock **10.00–1am** David Sheppard

### Essex

#### Saturday

**6am** Tony Fisher **10.00** Ian Wyatt and Steve Scruton **2pm** Sport **6.00** Rock ‘n’ Roll Heaven **8.00** BBC Introducing **10.00–1am** Justin Dealey

### Sunday

**6am** June Woolerton **10.00** Essex Quest **2pm** Rock Show **4.00** John Leech **6.00** Ray Clark **8.00** Mark Punter **10.00–1am** David Clayton

#### Monday–Friday

**6am** Sonia Watson; **Thu/Fri:** Ian Wyatt **10.00** Ben Fryer; **Thu:** Chris Berraw **2pm** Steve Scruton **6.00** Rob Jelly; **Thu:** Phone-in; **Fri:** John Leech’s Soul Night **7.00** **Thu:** Rob Jelly **10.00** **Tue:** Framed **10.00–1am** (Tue: **10.30–1am**) Nick Risby

### Gloucestershire

#### Saturday

**6am** Nicky Price **10.00** Faye Hatcher **2pm** Matchday **6.00** James Threlfall **8.00** BBC Introducing **10.00–1am** David White

#### Sunday

**6am** Jon Smith **10.00** Kate Clark **2pm** Dominic Cotter **6.00** Manny Masih **10.00–1am** Tim Manns

#### Monday–Friday

**6am** Mark Cummings **10.00** Anna King; **Fri:** Dominic Cotter **2pm** Steve Kitchen **6.00** Jon Smith; **Thu/Fri:** Maddie Simpson **10.00–1am** Chris Baxter

### Guernsey

#### Saturday

**6am** Alison Moss **10.00** Lizzie Roper **2pm** Warren Muggleton **6.00** Richard Latto **8.00** Tim Hunter **10.00–1am** David White

#### Sunday

**6am** Matthew Price **10.00** Lizzie Roper **2pm** John Randall **6.00** Richard Green **10.00–1am** Tim Manns

#### Monday–Friday

**6am** Tim Hunter **10.00** Claire Cathcart **2pm** Darcy Kelly **6.00** Harry Barratt **10.00–1am** David Sheppard

### Hereford/Worcester

#### Saturday

**6am** Andrew Easton **10.00** Toni McDonald **2pm** Sport **6.00** BBC Introducing **10.00–1am** Natalie Graham

#### Sunday

**6am** Tammy Gooding **10.00** Malcolm Boyden **2pm** Jonathan Ray **6.00** Andrew Marston **10.00–1am** Caroline Martin

#### Monday–Friday

**6am** Elliott Webb; **Thu/Fri:** Toni McDonald **10.00** Malcolm Boyden; **Mon:** Tammy Gooding **2pm** Andrew Easton; **Thu/Fri:** Tammy Gooding **6.00** Kate Justice **7.40** **Tue:** Sport **10.00–1am** Caroline Martin; **Fri:** Natalie Graham

### Humberside

#### Saturday

**6am** Phil White **10.00** Fiona Mills **2pm** Sport **5.00** Football Forum **6.00** John Kane **8.00** BBC Introducing **10.00–1am** Steve White

#### Sunday

**6am** Lizzie Rose **8.00** The Great Outdoors **10.00** Fiona Mills **2pm** Liz Green **6.00** Neil Foster **10.00–1am** Steve White

### Monday–Friday

**6am** Kofi Smiles **10.00** David Burns **2pm** Andy Comfort **6.00** **Mon/Fri:** Sportstalk; **Tue/Wed:** Kim Harrison; **Thu:** Phil White **7.00** **Mon:** Alan Raw; **Fri:** George Smith **10.00–1am** Russell Walker

### Jersey

#### Saturday

**6am** Alison Moss **10.00** Lizzie Roper **2pm** Warren Muggleton **6.00** Richard Latto **8.00** Tim Hunter **10.00–1am** David White

#### Sunday

**6am** Matthew Price **10.00** Lizzie Roper **2pm** John Randall **6.00** Richard Green **10.00–1am** Tim Manns

#### Monday–Friday

**6am** Jenny Mullin **9.30–5.30pm** **Tue–Thu:** MW The States of Jersey **10.00** Alison Moss **2pm** Darcy Kelly **6.00** Harry Barratt **10.00–1am** David Sheppard

### Kent

#### Saturday

**6am** Pat Marsh **10.00** Steve Ladner **2pm** Sports Hub **6.00** Stereo Underground **8.00** Introducing **10.00–1am** Alex Dyke

#### Sunday

**6am** Phil Harrison **10.00** Andy Garland **2pm** Erika North **6.00** Ray Clark **8.00** Mark Punter **10.00–1am** Bill Rennells

#### Monday–Friday

**6am** Anna Cookson **10.00** Julia George; **Thu/Fri:** Steve Ladner **2pm** Pat Marsh; **Fri:** Erika North **6.00** Dominic King; **Fri:** Stephen Brown **9.00** **Mon–Thu:** Upload **10.00–1am** Alex Dyke; **Thu/Fri:** Pat Sissons

### Lancashire

#### Saturday

**6am** Shigufta Khan **10.00** Gary Hickson **2pm** Matchday **6.00** Soul Sessions **8.00** Introducing **10.00–1am** Allan Beswick

#### Sunday

**6am** Joe Wilson **10.00** Gary Hickson **2pm** Maria Felix Vas **6.00** Unforgettable **10.00–1am** Allan Beswick

#### Monday–Friday

**6am** Graham Liver **10.00** Sharon Hartley **2pm** Nishma Hindocha; **Fri:** Mike Stevens **6.00** Sport **7.00** **Mon:** Desi Nation; **Tue/Wed:** Brett Davison; **Thu:** Your Lancashire **8.00** **Fri:** Darren Milby **10.00–1am** John Gillmore; **Fri:** Linda McDermott

### Leeds

#### Saturday

**6am** Andrew Edwards **10.00** Steve Bailey **2pm** Sport **6.00** The Mixtape **8.00** Introducing **10.00–1am** Steve White

#### Sunday

**6am** Andrew Edwards **10.00** Nick Ahad **1pm** Sport **5.00** Liz Green **6.00** Waheed Akhtar **10.00–1am** Steve White

#### Monday–Friday

**6am** Rima Ahmed **10.00** Gayle Lofthouse **2pm** Richard Stead **6.00** Sport **7.00** Sanchez Paye **10.00–1am** Russell Walker



## Leicester

**Saturday**  
6am Kelly Hinch 10.00 Dino  
1pm Early Kick-Off 2.00 Sport  
6.00 The Beat 8.00 Introducing  
10.00-1am Natalie Graham  
**Sunday**  
6am Jo Bostock 10.00 Dino  
2pm Andy Pierce 6.00 Uncle  
Frank 10.00-1am Jack Rafferty  
**Monday-Friday**  
6am Ady Dayman 10.00  
Summaya Mughal; **Fri:** Shruti  
Chauhan 2pm Ben Jackson;  
**Fri:** Jo Bostock 6.00 **Mon:**  
Football Forum; **Tue:** Sport;  
**Wed:** The Rugby Show; **Thu:**  
The Boot Room; **Fri:** Weekend  
Preview 7.00 **Mon:** Jack  
Rafferty; **Tue:** Aminata Kamara;  
**Wed:** The Vibe; **Thu:** Bollywood  
Tamasha; **Fri:** Herdle White  
9.00 **Thu:** Young British Asians  
Talk 10.00-1am Caroline  
Martin; **Fri:** Dean Jackson

## Lincolnshire

**Saturday**  
6am William Wright 10.00 Jono  
Brine 2pm Hope and Glory 6.00  
The Beat 8.00 BBC Introducing  
10.00-1am Natalie Graham  
**Sunday**  
6am William Wright 10.00  
Pirate Gold 12.00 Jono Brine  
2pm Sarah-Jane Honeywell  
6.00 Country Lincs 7.00 Folk  
10.00-1am Jack Rafferty  
**Monday-Friday**  
6am Laurie Dyche 10.00 Carla  
Greene 2pm Melvyn Prior  
6.00 In the Game; **Fri:** Hope  
and Glory; the Preview Show  
7.00 Scott Dalton; **Fri:** George  
Smith 10.00-1am Russell  
Walker; **Fri:** Dean Jackson

## London

**Saturday**  
5am Claira Hermet 7.00 Carrie  
and David Grant 10.00 Robert  
Elms 1pm Women's Sports Show  
2.00 Sport 6.00 Gary Crowley  
8.00 Introducing 10.00  
LionHeart 1am Overnights  
**Sunday**  
5am Claira Hermet 6.00  
Inspirit; with Jumoké Fashola  
9.00 Robert Elms 12.00 Gaby  
Roslin 3pm Jo Good 5.00 Don  
Black 6.00 Tony Blackburn's  
Soul on Sunday 7.00 David  
Grant 10.00 Sunny and Shay  
1am Dotun Adebayo  
**Monday-Friday**  
5am Jason Rosam 7.00  
Salma El-Wardany; **Fri:** Riz  
Lateef 10.00 Eddie Nestor; **Fri:**  
Robert Elms 2pm Shay Grewal;  
**Fri:** Jumoké Fashola 6.00 Sport  
8.00 The Scene 10.00 Jo Good;  
**Fri:** LionHeart 1am-5.00  
Dotun Adebayo; **Fri:** Overnights

## Manchester

**Saturday**  
6am Joe McGrath 10.00  
Simone Riley 2pm Sport 6.00  
Upload 8.00 BBC Introducing  
10.00-1am Allan Beswick  
**Sunday**  
6am Asma Younus 10.00 Phil  
Trow 2pm Sport 7.00 Indus  
8.00 The People  
10.00-1am Allan Beswick

## Monday-Friday

6am Anna Jameson 10.00 Mike  
Sweeney; **Fri:** Simone Riley  
2pm Becky Want; **Fri:** David  
Scott 6.00 Talking Balls 7.00  
**Mon:** Mars; **Tue:** Natalie Pike;  
**Wed:** J Sky; **Thu:** Joe McGrath;  
**Fri:** Emily Brobyn 10.00-1am  
**Mon:** David Scott; **Tue:** Phil Trow;  
**Wed-Fri:** Stacey Copeland

## Merseyside

**Saturday**  
6am David North 10.00 Sean  
Styles 12.00 Sport 6pm The  
Late Late Beatles Show 7.00  
Jade Burns 8.00 Introducing  
10.00-1am Allan Beswick  
**Sunday**  
6am Paul Beesley  
10.00 Sean Styles 2pm Billy  
Hui 4.00 The Afternoon Show  
7.00 Carl Learmond  
10.00-1am Allan Beswick  
**Monday-Friday**  
6am Paul Salt; **Fri:** Lisa Marrey  
10.00 Tony Snell; **Fri:** Sean Styles  
2pm Helen Jones; **Thu:** Sean  
Styles; **Fri:** Claire Hamilton 6.00  
Sport; **Wed:** All Sport Show 7.00  
The Place; **Mon:** Ngunan Adamu  
9.00 **Mon:** Orient Express  
10.00-1am Linda McDermott

## Newcastle

**Saturday**  
6am Kelly Scott 10.00 Tom  
Campbell 2pm Sport 5.00  
Sport 8.30 BBC Introducing  
10.00-12.00 Simon Logan  
**Sunday**  
6am Kelly Scott 10.00 Tom  
Campbell 2pm Simon Logan  
6.00 Michael Poulter  
10.00-1am Simon Logan  
**Monday-Friday**  
6am Matt Bailey 10.00 Anna  
Foster 2pm Gilly Hope 6.00  
Sport 8.00 **Mon/Tue:** Emma  
Millen; **Wed:** Upload; **Thu:** BBC  
Introducing; **Fri:** Nick Roberts  
10.00-1am Steffen Peddie

## Norfolk

**Saturday**  
6am Kirsteen Thorne 10.00  
Anna Perrott 12.00 Sport  
2.30pm Canary Call 3.30 Sport  
6.00 Upload 8.00 Introducing  
10.00-1am Justin Dealey  
**Sunday**  
6am Matthew Gudgin 10.00  
Treasure Quest 2pm The Big  
Country Show 4.00 The John  
Leach Soul Show 6.00 Ray  
Clark 8.00 Mark Punter  
10.00-1am David Clayton  
**Monday-Friday**  
6am Chris Goreham 10.00  
Kayleigh Poacher 2pm  
Sam Day 6.00 **Mon:** Georgy  
Jamieson; **Tue:** Jon Wright;  
**Wed:** The Social; **Thu:** The  
Scrimmage; **Fri:** Sophie Little  
6.30 **Thu:** Rob Butler 7.00  
**Thu:** Local Report 8.00 **Mon:**  
Belongings; **Thu:** Rob Butler  
10.00-1am Nick Risby

## Northampton

**Saturday**  
6am John Griff 10.00 Treasure  
Quest 12.00 Akyiah Rodriguez  
2pm Sport 6.00 Rock 'n' Roll  
Heaven 8.00 BBC Introducing  
10.00-1am Justin Dealey

## Sunday

6am Martin Heath 10.00  
Akyiah Rodriguez 2pm Paul  
Lovett 4.00 The John Leech  
Soul Show 6.00 Farzana  
Chaudry 8.00 Edward Adoo  
10.00-1am David Clayton  
**Monday-Friday**  
6am Annabel Amos 10.00  
Bernie Keith 2pm Tim Wheeler;  
**Mon:** Kerrie Cosh 6.00 **Mon/**  
**Tue:** Daisie-Belle Downer; **Wed:**  
Saints Show; **Thu:** Cobblers  
Show; **Fri:** Sport 7.00 **Wed:**  
Chance Litchfield; **Thu:** Kerrie  
Cosh 10.00-1am Nick Risby

## Nottingham

**Saturday**  
6am Liesl Soards 10.00 Dino  
2pm Matchday 6.00 The Beat  
10.00-1am Natalie Graham  
**Sunday**  
6am Frances Finn 10.00 Dino  
1pm Matchday 5.00 We Are Notts  
6.00 Hansa Dabee 8.00 Rob  
Green 10.00-1am Jack Rafferty  
**Monday-Friday**  
6am Sarah Julian 10.00 Mark  
Dennison 2pm Verity Cowley;  
**Fri:** Andy Whittaker 6.00 Arun  
Verma; **Fri:** In the Game 7.00  
**Fri:** Girls Night In 10.00-1am  
Caroline Martin; **Fri:** Dean Jackson

## Oxford

**Saturday**  
6am Sophie Law 10.00 James  
Watt 2pm Sport 6.00 Stereo  
Underground 8.00 BBC  
Introducing 9.00 Bridgitte  
Tetteh 10.00-1am Alex Dyke  
**Sunday**  
6am Tim Smith 10.00  
Adam English 2pm Al Ryan  
6.00 Tony Blackburn  
10.00-1am Bill Rennells  
**Monday-Friday**  
6am David Prever 10.00 Kat  
Orman 2pm Adam Ball 6.00  
Fleur Ostojak; **Thu:** Alice Hopkins;  
**Fri:** Sport 7.00 **Fri:** Weekend  
Warm-Up 10.00-1am Alex  
Dyke; **Thu/Fri:** Pat Sissons

## Sheffield

**Saturday**  
6am Kat Cowan 10.00 Becky  
Measures 12.00 Football 5.00  
Praise or Grumble 6.00 John  
Kane 8.00 BBC Introducing  
10.00-1am Steve White  
**Sunday**  
6am Kat Cowan 9.00 The  
Grow Show 10.00 Becky  
Measures 2pm Liz Green  
6.00 Waheed Akhtar  
10.00-1am Steve White  
**Monday-Friday**  
6am Toby Foster 10.00 Paulette  
Edwards 2pm Howard Pressman  
6.00 Sport Heaven; **Fri:** Sport  
Today 6.45 **Tue:** Football  
Heaven Live 8.00 **Mon/Wed/**  
**Thu:** Sile Sibanda; **Tue:** BBC  
Introducing; **Fri:** Upload  
10.00-1am Russell Walker

## Shropshire

**Saturday**  
6am Ryan Kennedy 10.00  
Paul Shuttleworth 2pm Sport  
6.00 Michaela Wylde  
8.00 BBC Introducing  
10.00-1am Natalie Graham

## Sunday

6am Ryan Kennedy  
10.00 Paul Shuttleworth 2pm  
Michaela Wylde 6.00 Lizzie  
Crow 8.00 Genevieve Tudor  
10.00-1am Caroline Martin  
**Monday-Friday**  
6am Adam Green 10.00 Jim  
Hawkins 2pm Clare Ashford;  
**Fri:** Ryan Kennedy 6.00  
**Mon:** Michaela Wylde; **Tue:**  
Active Shropshire; **Wed-Fri:**  
Mark Elliott 7.00 **Tue:** Sport  
10.00-1am Caroline Martin;  
**Fri:** Natalie Graham

## Radio Solent

**Saturday**  
6am Katie Martin 10.00  
Lucy Ambache 2pm Sport  
6.00 Stereo Underground  
8.00 BBC Introducing  
10.00-1am Alex Dyke  
**Sunday**  
6am Katie Martin 10.00  
Rebecca Parker 1.10pm  
Solent's Life Stories 2.00 Lucy  
Ambache 6.00 Tony Blackburn  
10.00-1am Alex Dyke  
**Monday-Friday**  
6am Alun Newman 10.00  
Pat Sissons; **Thu/Fri:** Lucy  
Ambache 2pm Lou Hannan  
6.00 **Mon:** Lucy Ambache;  
**Tue/Thu:** Sport; **Wed:** Sam  
Fraser; **Fri:** Sports Hour  
7.00 **Fri:** The Dance Dungeon  
8.00 **Thu:** BBC Introducing  
10.00-1am Alex Dyke;  
**Thu/Fri:** Pat Sissons  
103.8 FOR WEST DORSET  
As Radio Solent, including  
Dorset news and features, plus:  
**Monday-Friday**  
7am Steve Harris  
9.00-10.00 Alun Newman

## Somerset

**Saturday**  
6am Simon Parkin 10.00 Andy  
Bennett 2pm Sport 6.00 Dan  
Pascoe 10.00-1am David White  
**Sunday**  
6am Luke Knight 10.00 Andy  
Bennett 2pm Caroline Cook  
6.00 Richard Green  
10.00-1am Tim Manns  
**Monday-Friday**  
6am Claire Carter 10.00  
Simon Parkin 2pm Matt  
Faulkner 6.00 Jenna Myles;  
**Tue:** FM The Midweek Match  
10.00-1am Chris Baxter

## Stoke

**Saturday**  
6am Paula White 10.00 Louise  
Stones 2pm Sport 6.00 Rob  
Adcock 8.00 BBC Introducing  
10.00-1am Natalie Graham  
**Sunday**  
6am Rev Geoff Eze 10.00  
Paula White 2pm Louise  
Stones 6.00 Susan Hanks  
10.00-1am Caroline Martin  
**Monday-Friday**  
6am Lee Blakeman; **Fri:** Paula  
White 10.00 Stuart George;  
**Fri:** Susan Hanks 2pm Liz Ellis;  
**Fri:** Louise Stones 6.00 **Mon:**  
Susan Hanks; **Tue:** Sport; **Wed/**  
**Thu:** Den Siegertsz; **Fri:** Praise  
and Grumble 7.00 **Fri:** Lucas  
Yeomans 10.00-1am Caroline  
Martin; **Fri:** Natalie Graham

## Suffolk

**Saturday**  
6am Matt Marvel 10.00 Mark  
Murphy 2pm Matchday 6.00  
Upload 8.00 BBC Introducing  
10.00-1am Justin Dealey  
**Sunday**  
6am Georgy Jamieson  
10.00 Mark Murphy  
2pm Keith Greentree  
4.00 John Leech 6.00 Ray  
Clarke 8.00 Mark Punter  
10.00-1am David Clayton  
**Monday-Friday**  
6am Luke Deal  
10.00 Wayne Bavin  
2pm **Mon/Fri:** Sarah Lilley;  
**Tue-Thu:** Georgy Jamieson  
6.00 **Mon:** Georgy Jamieson;  
**Tue:** The Tuesday Takeover  
with Jon Wright; **Wed:** The  
Social; **Thu:** Thursday Night  
Sports Social; **Fri:** Sophie Little  
8.00 **Mon:** BBC Belongings  
10.00-1am Nick Risby

## BBC Surrey and BBC Sussex

**Saturday**  
6am Surrey: Nicky Patrick;  
Sussex: Mark Carter  
10.00 Amanny Mo 2pm Sport  
6.00 Stereo Underground  
8.00 Introducing the South  
with Melita Dennett  
10.00-12.00 The Late Show  
**Sunday**  
6am Kevin Duala 10.00 Dig It  
2pm Sylvie Blackmore  
6.00 Tony Blackburn  
10.00-1am Alex Dyke  
**Monday-Friday**  
6am Surrey: James Cannon;  
Sussex: Allison Ferns  
10.00 Sarah Gorrell  
2pm Danny Pike  
6.00 Connor Moseley;  
**Fri:** Joe Talbot  
8.00 **Mon:** Tony Blackburn;  
**Tue:** Sport Focus; **Wed:** Kathy  
Caton; **Thu:** Introducing the  
South with Melita Dennett  
10.00-1am Alex Dyke;  
**Thu/Fri:** Pat Sissons

## Tees

**Saturday**  
6am Amy Oakden  
10.00 Antony Collins 2pm  
Sport 6.00 Beat Surrender  
8.00 BBC Introducing  
10.00-1am Simon Logan  
**Sunday**  
6am Rachel Teate 10.00  
Antony Collins 2pm Goffy  
4.00 Vintage Vinyl 6.00 Alex  
Hall 10.00-1am Simon Logan  
**Monday-Friday**  
6am Neil Green; **Thu/Fri:** Amy  
Oakden 10.00 Gary Philipson  
2pm Scott Makin 6.00 Sport;  
**Tue:** Sport Extra 7.00 **Mon:**  
Antony Collins; **Wed:** Jordan  
Blyth; **Thu:** Shakk; **Fri:** Upload  
10.00-1am Steffen Peddie

## Three Counties

## Beds, Herts and Bucks

**Saturday**  
6am Babs Michel 10.00  
Treasure Quest 12.00 Ollie  
Bayliss 2pm Countdown to  
Kick-Off 3.00 Sport 5.00  
5-0-5 with Luke Ashmead

6.00 Rock 'n' Roll Heaven  
8.00 BBC Introducing  
10.00-1am Justin Dealey  
**Sunday**  
6am Kady Braine 7.00 Dr  
Nigat Arif 10.00 Babs Michel  
2pm Mike Naylor 4.00  
The John Leech Soul Show  
6.00 Farzana Chaudry  
8.00 Edward Adoo  
10.00-1am David Clayton  
**Monday-Friday**  
6am Andy Collins 10.00 The  
JVS Show 2pm Roberto  
Perrone 6.00 **Mon/Fri:** Babs  
Michel; **Tue:** Sport; **Wed:** Liz  
Flower; **Thu:** Danny Fullbrook  
8.00 **Thu:** BBC Introducing  
10.00-1am Nick Risby

## Wiltshire

**Saturday**  
6am Marie Lennon  
10.00 Sue Davies 12.30pm  
Sport 6.00 James Threfall  
8.00 BBC Introducing  
10.00-1am David White  
**Sunday**  
6am Jonathan Fido 10.00 Sue  
Davies 2pm Dominic Cotter  
6.00 Manny Masih  
10.00-1am Tim Manns  
**Monday-Friday**  
6am Ben Prater; **Wed:**  
Jonathan Fido 10.00 Caroline  
Densley 2pm Graham Rogers  
6.00 Wiltshire Live  
10.00-1am Chris Baxter

## WM

**Saturday**  
6am Mollie Green 10.00  
Elise Evans 2pm Sport  
6.00 Henry Liston 8.00 BBC  
Introducing 10.00 DJ Day Day  
10.30-1am Natalie Graham  
**Sunday**  
6am Grace Smith 10.00 Elise  
Evans 2pm Mollie Green  
4.00 We Are West Midlands  
6.00 Gagan Grewal  
8.00 Nikki Tapper  
10.00-1am Caroline Martin  
**Monday-Friday**  
6am Rakeem Omar 10.00  
Kathryn Stanczyzyn; **Fri:**  
Elise Evans 2pm Paul Franks;  
**Fri:** John Fox 6.00 The  
Football Phone-in 7.00 **Mon-  
Wed:** Natalie Graham; **Thu:** Ed  
Nell; **Fri:** Sport 10.00-1am  
**Mon-Thu:** Caroline Martin  
10.00-1am **Fri:** Natalie Graham

## York

**Saturday**  
6am Adam Tomlinson  
10.00 Harry Whittaker  
2pm Sport 6.00 John Kane's  
Northern Soul and Motown  
8.00 BBC Introducing  
10.00-1am Steve White  
**Sunday**  
6am Adam Tomlinson 10.00  
Sarah Urwin 2pm Sport 5.00  
Liz Green 6.00 Neil Foster  
10.00-1am Steve White  
**Monday-Friday**  
6am Georgy Spanswick  
10.00 Jonathan Cowap 2pm  
Joanita Masisi 6.00 **Mon:** Bek  
Homer; **Tue/Fri:** Sport; **Wed:**  
George Smith; **Thu:** Jericho  
Keys 7.00 **Fri:** George Smith  
10.00-1am Russell Walker



## BBC Radio Scotland

### Face behind the voice



**Age** 67  
**Current job** Has presented music show *Granny (Max) Takes a Trip* (2–3pm, every other Monday) on **Slack City Radio** since 2021.

"I go to any time or place I want to. There's a little bit of a tendency towards psychedelia and esoteric hits of the 60s and 70s. But I could easily have Laurie Anderson and Tito Puente in the same show."

**CV** Born in London, she was convent educated, then dropped out from a teacher-training course. Worked in bookshops, then at London's Institute of Contemporary Arts, where she met avant-garde musician Genesis P-Orridge and musicians who went on to form the Monochrome Set and Adam and the Ants. Played drums with Rema-Rema (1978); released a single *I Confess* (1980); and later worked with group *Psychic TV*. Her radio career dates from the 1980s, when she broadcast for CBC and CKCU in Ottawa, Canada.

### Dorothy Max Prior

A dancer from the age of 6, taking part in Irish dance competitions, she later spent seven years as a go-go dancer and stripper in pubs and clubs ("I stepped out and realised it wasn't that different to all the other things I'd done. Dance is dance.") Work as a dance teacher (ballroom lessons at Arthur Murray's) gradually developed into her present work, producing performance art, installations and street theatre, much of it in Brazil.

#### Social media – yes or no?

"Yes, I like it. Facebook for family, Instagram for fun, Twitter for work. I had TikTok on my phone but realised I wasn't doing any work! I was just watching dance videos."

**Best moments** "We did some live broadcasts last year during the Brighton Fringe, with an audience and guests from all parts of my life. It was like bringing all the things I love together."

**Worst moment** "I'm not the most technically adept. My last live show, I'd done 55 minutes without doing anything wrong – then for the last announcement I forgot to

put up the mike slider. My producer had to leapfrog over the table!"

**Off air** Lives in Brighton with her husband (musician James "Foz" Foster, former guitarist with the Monochrome Set) and three sons.

**First radio memory** "*Children's Favourites* is a strong memory – 'The runaway train came over the hill'? I then progressed to Radio Luxembourg under the covers."

**Favourite broadcasters** "I listen to so much radio. I just told Alexa to turn off Radio 3 so it wouldn't interfere with our conversation! I absolutely love *Late Junction* on Radio 3. I really like Jennifer Lucy Allan – apart from being an amazing presenter, she wrote a fantastic book about foghorns!"

**Secret skills** "When I was at college, I managed to get a qualification as a trampoline teacher. I probably couldn't even stand up on one now. But somewhere up in the loft is a certificate." **DAVID MCGILLIVRAY**

Listen at [slackcity.org.uk](http://slackcity.org.uk)

Laurenson from Shetland. The competition will feature an expert jury including presenter of *Pipeline* Gary West, fiddler Adam Sutherland, singer Fiona Hunter, percussionist Mark Maguire and fiddler, composer Anna Stevenson. Presented by Joy Dunlop. Produced by Lindsay Pell.

**8.00 Your Requests with Gary Innes** Gary shares listeners' messages and dedications.

**9.00 Jazz Nights** Seonaid Aitken with the one-stop destination for jazz from Scotland and farther afield, with news, sessions, exclusives and features including Richard Michael's Song Book.

**11.00 Iain Anderson** Iain invites listeners to end the day in the company of the songwriting masters of country, folk, blues and soul.

**1.00am–6.00 as Radio 5 Live**

#### Monday

**NEWS: SPORT: WEATHER** hourly 8.00am to 8.00, 10.00 to 5.00pm, 7.00, 8.00, 10.00, 11.00  
**LOCAL NEWS** Dumfries, Aberdeen, Inverness, Selkirk: 6.30am, 7.30, 8.30, 12.30pm, 4.30, 5.30; Orkney: 7.30am, 12 noon, 6.00pm; Shetland: 12.30pm, 5.30, 6.00

**6.00am Good Morning Scotland**

The latest news from home and abroad. With travel reports every 15 minutes, business updates at **7.45** and **8.45**, weather reports at **7.29** and **7.59**, and sports reports at **7.08, 7.35, 8.08** and **8.35**.

**9.00 Mornings** Kaye Adams gets to the heart of the news and offers listeners an opportunity to have their say.

**12.00 Lunchtime Live** News updates from Scotland and beyond, plus lunchtime sport, travel and weather.

**1.30pm The Afternoon Show** Janice Forsyth tunes into the best of Scottish arts, entertainment and music.

**4.00 Drivetime** John Beattie presents comment and opinion on the day's talking points, plus sport, travel and weather.

**6.00 Get It On... with Bryan Burnett** Bryan presents a selection of essential music chosen by listeners. In order to have a request played on the show, text 80295. Email: [getiton@bbc.co.uk](mailto:getiton@bbc.co.uk)

**8.00 Vic Galloway** Vic introduces new releases from Scotland's best alternative artists, and classic album cuts alongside live session tracks. Text 80295. Repeated Wednesday 10pm. Email: [vicgalloway@bbc.co.uk](mailto:vicgalloway@bbc.co.uk)

**10.00 Iain Anderson** Iain invites listeners to end the day in the company of the songwriting masters of country, folk, blues and soul.

**12 midnight–6.00am as Radio 5 Live**

#### Tuesday

**NEWS: SPORT: WEATHER: LOCAL NEWS** as Monday

**6.00am Good Morning Scotland**

The latest news from home and abroad. With travel reports every 15 minutes, business updates at **7.45** and **8.45**, weather reports at **7.29** and **7.59**, and sports reports at **7.08, 7.35, 8.08** and **8.35**.

**9.00 Mornings** Kaye Adams gets to the heart of the news and offers listeners an opportunity to have their say.

**12.00 Lunchtime Live** News updates from Scotland and beyond, plus lunchtime sport, travel and weather.

**1.30pm The Afternoon Show** Janice Forsyth tunes into the best of Scottish arts, entertainment and music.

**4.00 Drivetime** John Beattie presents comment and opinion on the day's talking points, plus sport, travel and weather.

**6.00 Get It On... with Bryan Burnett** Bryan presents a selection of essential music chosen by listeners. In order to have a request played on the show, text 80295. Email: [getiton@bbc.co.uk](mailto:getiton@bbc.co.uk)

**8.00 Another Country with Ricky Ross**

A conversation with Natalie Hemby, one of Nashville's biggest songwriters, who has written for artists including Kacey Musgraves, Miranda Lambert, Little Big Town, Brothers Osborne, Lee Ann Womack, Sheryl Crow, Lady Gaga and Ed Sheeran. Natalie talks about her second solo album *Pins and Needles* and shares stories from a career in which she has won two Grammy awards.

**10.00 Roddy Hart** An inviting mix of new music and back-catalogue selections.

**12 midnight–6.00am as Radio 5 Live**

#### Wednesday

**NEWS: SPORT: WEATHER: LOCAL NEWS** as Monday

**6.00am Good Morning Scotland**

The latest news from home and abroad. With travel reports every 15 minutes, business updates at **7.45** and **8.45**, weather reports at **7.29** and **7.59**, and sports reports at **7.08, 7.35, 8.08** and **8.35**.

**9.00 Mornings** Presenter Kaye Adams gets to the heart of the news and offers listeners the opportunity to have their say.

**12.00 Lunchtime Live** News updates from Scotland and beyond, plus lunchtime sport, travel and weather.

**1.30pm The Afternoon Show** Michelle McManus tunes into the best of Scottish arts, entertainment and music.

#### Saturday

**NEWS: SPORT: WEATHER** hourly 8.00am to 12 noon, 6.00pm, 7.00, 9.00, 10.00, 11.00, 12 midnight  
**NEWS HEADLINES** 2.00pm, 5.00

**6.00am Scoff the Ball** Tam Cowan speaks to Owen Hazel, a non-Italian who specialises in traditional Italian ice cream, and Annie and Phil Wishart tell us about Ziggy's, St Andrews's first music-themed restaurant where you can find everything from Marti Pellow's gold stage suit to John Entwistle's six-string bass guitar.

**6.30 Out of Doors** Mark Stephen and Rachel Stewart with stories from the great outdoors in Scotland and beyond. Email: [outofdoors@bbc.co.uk](mailto:outofdoors@bbc.co.uk)

**8.00 Good Morning Scotland** The latest news from home and abroad, along with regular sport, travel and weather.

**10.00 Shereen** Shereen Nanjiani and guests with a unique take on the things getting Scotland talking.

**11.30 Noising Up Ep 5.** Comedy show featuring a mix of sketches, gags, spoofs, quickies and take-offs, satirising all that's happening right now and poking fun at what might just be around the corner. Repeated from yesterday

**12.00 Off the Ball** The football show claiming to be the most petty and ill-informed on radio. Presented by Stuart Cosgrove and Tam Cowan. Text 80295. Email: [offtheball@bbc.co.uk](mailto:offtheball@bbc.co.uk)

#### 2.00pm Sportsound

Comprehensive coverage of Scottish sport including live and exclusive commentary, news, interviews, analysis and discussion. Text 80295. @BBCSportsound on social media

#### 6.00 The Good, the Bad and the Unexpected

Mark Nelson leads a panel of Scotland's funniest comedians and personalities attempting to decipher the good from the bad, with a few unexpected twists along the way. Repeated from yesterday

#### 6.30 Time Travels

It's one of Scotland's almost forgotten campaigns. James Graham the charismatic Marquess of Montrose and his allies occupied Orkney in 1649 – they were planning to invade the Scottish mainland. Would the islanders turn out to fight? Dr Andrew Lind of the Institute for Northern Studies takes Susan Morrison through the battle that came next and its tragic aftermath. On a lighter wartime note, Susan chats to Dr Michelle Moffat, tutor at Otago University in New Zealand about how Scots took their holidays in the Second World War and how sometimes there was nothing the authorities could do but to gnash their teeth. Repeated tomorrow 7am

#### 7.00 Take the Floor

A look back at the 2018 Celtic Connections Show. Joining Gary on stage are the Robert Robertson Band and Alasdair MacCuih and the Black Rose Ceilidh Band. Email: [takethefloor@bbc.co.uk](mailto:takethefloor@bbc.co.uk)

#### 9.00 Pipeline

The definitive pipe music programme, featuring news and recordings from the piping world. Presented by Gary West. Email: [pipeline@bbc.co.uk](mailto:pipeline@bbc.co.uk)

#### 10.00 Billy Sloan

A selection of music from the rich history of rock and pop.

**1.00am–6.00 as Radio 5 Live**

#### Sunday

**NEWS: SPORT: WEATHER** hourly 6.00am to 9.00, 11.00, 12 noon, 2.00pm, 5.00, hourly 7.00 to 11.00

#### 6.00am Our Scotland

Scotland's communities tell the stories that matter to them. With Mark Stephen.

#### 6.30 Playback

Heather Kane presents highlights from the week that was on BBC Radio Scotland.

#### 7.00 Time Travels

It's one of Scotland's almost forgotten campaigns. James Graham the charismatic Marquess of Montrose and his allies occupied Orkney in 1649 – they were planning to invade the Scottish mainland. Would the islanders turn out to fight? Dr Andrew Lind of the Institute for Northern Studies takes Susan Morrison through the battle that came next and its tragic aftermath. On a lighter wartime note, Susan chats to Dr Michelle Moffat, tutor at Otago University in New Zealand about how Scots took their holidays in the Second World War and how sometimes there was nothing the authorities could do but to gnash their teeth. Repeated from yesterday 6.30pm

#### 7.30 New Every Sunday

Acts of worship from different churches around Scotland.

#### 8.00 Sunday Morning

Tony Kearney presents music and conversation with a faith and ethical perspective, looking back at the week's events to ask what they say about people's beliefs.

**10.00 The Sunday Show** Martin Geissler and Fiona Stalker discuss the big issues of the week and talk to the people behind the headlines.

#### 11.45 Sportsound

Comprehensive coverage of Scottish sport including live and exclusive commentary, news, interviews, analysis and discussion. Text 80295. @BBCSportsound on social media

#### 3.00pm Off the Ball

The football show claiming to be the most petty and ill-informed on radio. Text 80295. Email: [offtheball@bbc.co.uk](mailto:offtheball@bbc.co.uk)

#### 5.00 BBC Radio Scotland's Young Traditional Musician

Six of Scotland's finest young traditional musicians compete for the title of BBC Radio Scotland Young Traditional Musician 2023 live from the City Halls in Glasgow. The finalist include singer Aidan Moodie from Orkney, small pipes player Ailis Sutherland from Kirriemuir in Angus, Gaelic singer Mairi McGillivray from Islay, accordionist Sam Mabbett, originally from Oxfordshire and Madeleine Stewart, fiddler from New England, both now resident in Glasgow and pianist Amy



## Frequencies

### 4.00 Drivetime

John Beattie presents comment and opinion on the day's talking points, plus sport, travel and weather.

### 6.00 Get It On...

#### with Bryan Burnett

Bryan presents a selection of essential music chosen by listeners. In order to have a request played on the show, text 80295.  
Email: getiton@bbc.co.uk

### 8.00 The Quay Sessions with Roddy Hart

Roddy introduces live performances from across the musical landscape – all captured in front of an audience in the intimate setting of the foyer at BBC Radio Scotland's Pacific Quay.

### 10.00 Vic Galloway

Vic introduces new releases from Scotland's best alternative artists, and classic album cuts alongside live session tracks.  
Repeated from Monday 8pm

### 12 midnight–6.00am as Radio 5 Live

### Thursday

NEWS: SPORT: WEATHER:  
LOCAL NEWS as Monday

### 6.00am Good Morning Scotland

The latest news from home and abroad. With travel reports every 15 minutes, business updates at **7.45** and **8.45**, weather reports at **7.29** and **7.59**, and sports reports at **7.08**, **7.35**, **8.08** and **8.35**.

**9.00 Mornings**  
Stephen Jardine gets to the heart of the news and offers listeners the opportunity to have their say.

**12.00 Lunchtime Live**  
News updates from Scotland and beyond, plus lunchtime sport, travel updates and weather forecasts.

**1.30pm The Afternoon Show**  
Michelle McManus tunes into the best of Scottish arts, entertainment and music.

**4.00 Drivetime**  
Fiona Stalker presents comment and opinion on the day's talking points, plus sport, travel and weather.

**6.00 Get It On... with Bryan Burnett**  
Bryan presents a selection of essential music chosen by listeners. In order to have a request played on the show, text 80295.  
Email: getiton@bbc.co.uk

**8.00 Travelling Folk**  
Anna Massie with the very best of folk and roots music from around the world.

**10.00 Natasha Raskin Sharp**  
The presenter introduces an eclectic mix of music, as well as paying tribute to a "Late Great" and spinning the globe for the *Out of This World* feature.

### 12 midnight–6.00am as Radio 5 Live

### Friday

NEWS: SPORT: WEATHER:  
LOCAL NEWS as Monday

### 6.00am Good Morning Scotland

The latest news from home and abroad. With travel reports every 15 minutes, business updates at **7.45** and **8.45**, weather reports at **7.29** and **7.59**, and sports reports at **7.08**, **7.35**, **8.08** and **8.35**.

### 9.00 Mornings

Stephen Jardine gets to the heart of the news and offers listeners the opportunity to have their say.

### 11.30 Noising Up

Comedy show featuring a mix of sketches, gags, spoofs, quickies and take-offs, satirising all that's happening right now and poking fun at what might just be around the corner. Starring Karen Bartke, Stephen Buchanan, Zara Janjua, Lana Pheutan and Manjot Sumal.  
Repeated tomorrow

### 12.00 Lunchtime Live

News updates from Scotland and beyond, plus lunchtime sport, travel and weather.

### 1.30pm The Good, the Bad and the Unexpected

Panel show in which Mark Nelson leads a panel of comedians and personalities as they attempt to decipher the good from the bad, with a few unexpected twists along the way.  
Repeated tomorrow

**2.00 The Afternoon Show**  
Nicola Meighan presents ideas for fun things to do around Scotland in the days ahead and a soundtrack to kickstart the weekend.

**4.00 Drivetime**  
Fiona Stalker presents comment and opinion on the day's talking points, plus sport, travel and weather.

**6.00 Grant Stott's Vinyl Collective**  
Grant celebrates the vinyl revival with classic records and new releases, playing album tracks from his own collection and hearing the stories about listeners' cherished LPs.

**8.00 BBC Introducing in Scotland**  
Phoebe I-H and Shereen Cutkelvin present the best unsigned, undiscovered and under-the-radar music Scotland has to offer.

**10.00 Ashley Storrie**  
The comedian kicks off the weekend with a hand-picked playlist, lively chat and listener interaction, with the help of sidekick "Silent Paul", as well as with listener interaction and regular feature "Hollywood Swingers".

**1.00am–6.00am as Radio 5 Live**  
**BBC Radio Scotland**  
**40 Pacific Quay**  
**Glasgow G511DA**  
**bbc.co.uk/radioscotland**

### Local programmes

#### ORKNEY

##### Weekdays

**6.00pm–7.00 Mon:** Gansies for Goalposts: a round up of what's been happening, and what's coming up, in the local sporting calendar; **Tue:** What's the Craic?: songs and stories from Irish music scene – to be sure to make you smile; **Wed:** Musical Milestones: a musical journey with this month's invited guest; **Thu:** Makers: a look at iconic Irish craft and craftmakers; **Fri:** Friday Requests: weekly dedication programme, featuring music requests and greetings  
PHONE: 01856 873939  
EMAIL: radio.orkney@bbc.co.uk

#### SHETLAND

##### Weekdays

**5.30pm Good Evening Shetland:** news and features from around the isles  
**6.00–7.00 Mon:** Wir Kinda Country: country and western music; **Tue:** Fae Hameaboot: presented by Barbara Cheyne; **Wed:** 60 Minutes: exploring the arts in Shetland; **Thu:** Presenter's Choice: Mary Blance with a selection of music from Shetland; **Fri:** Give Us a Tune: all-request show  
PHONE: 01595 694747  
EMAIL: radio.shetland@bbc.co.uk

### Radio nan Gaidheal

Mar Diluain ach:

#### Disathairne

**9.00am Spòrs na Seachdain**  
Spòrs ionadail, nàiseanta agus bho air feadh an t-saoghail còmhla ri Iain Moireasdan.  
POST DEALAIN: sns@bbc.co.uk  
FON AN ASGAIDH: 08000 967050

**10.00 Fàil' air an Dùthaich**  
Taghadh de cheòl dùthchail bho leithid Steve Earle, Josh Turner agus Bonnie Raitt.

**11.00 Tiompan**  
Ceòl Ceilteach, clàran ùra agus fios mu cò tha cluich càite le Mairead NicIllinnein.

**12.00–1.00pm Sàr Chlàir**  
Patsi NicChoinnich a' toirt cuireadh do a cuid aoiighean an clàr as fheàrr leotha a thaghadh.

#### Didòmhnaich

**9.00am Dèanamaid Adhradh**  
Seirbheis Ghàidhlig.  
ath-chraoladh aig 3pm

**9.30 Alleluia**  
Laoidean, leughaidhean agus smuaintean. (ath-chraoladh)

**10.00 An Tòir Air: Frances Tolmie**  
Dealbh air beatha agus obair-cruinneachaidh Frances Tolmie. Le Màrtainn Dòmhnallach.

**10.30 Crùnluth**  
Taghadh de cheòl na pìoba.

**12.00 Naoi gu Deich**  
Taghadh de na còmhraidhean à Naoi gu Deich a bh' aig Cathy NicDòmhnail tron t-seachdain.

**1.00pm SpeakGaelic**  
Podcast seachdaineach do luchd-ionnsachaidh na Gàidhlig, an cois an t-sreath BBC ALBA, *SpeakGaelic*.

**1.30 An Litir Bheag**  
Litir Bheag na seachdain sa le Ruairidh MacIlleathain.  
Litir àireamh 925.

**1.35 SpeakGaelic**  
Podcast bonus seachdaineach do luchd-ionnsachaidh na Gàidhlig, an cois an t-sreath BBC ALBA, *SpeakGaelic*.  
(ath-chraoladh)

**1.55 Litir do Luchd-ionnsachaidh**  
Litir do Luchd-ionnsachaidh le Ruairidh MacIlleathain.  
Litir àireamh 1229.

**2.00 Gleus**  
Fuinn, còisirean agus òrain bho shaothail ceòl clasaigeach agus eile, le Iain Moireach.

**3.00 Dèanamaid Adhradh**  
Seirbheis Ghàidhlig.

**3.30–4.00 Rogha is Tagha**  
Taghadh à prògraman na seachdain air a thoirt thugaibh le Anna Nic na Ceardaich.  
ath-chraoladh aig 9.30pm

**9.00 Dèanamaid Adhradh Tasglann**  
Seirbheis à tasglann a' BhBC còmhla ris an Urr C Dòmhnallach, Eaglais Shaor Ros Cuithne. (ath-chraoladh)

**9.30–10.00 Rogha is Tagha**  
Taghadh à prògraman na seachdain air a thoirt thugaibh le Anna Nic na Ceardaich.

#### Diluain

**7.30am Aithris na Maidne**  
Naidheachdan ionadail, nàiseanta is eadar-nàiseanta gach madainn.

**9.00 Naoi gu Deich**  
Còmhraidh, deasbad, cultur agus cur-seachadan.  
ath-chraoladh aig 10.25pm

**10.00 A' Mire ri Mòir**  
Tha i beachdail, tha i beòthail agus tha i feitheamh ribh le taghadh ciùil.

**12.00 Feasgar an-diugh**  
Naidheachdan, còmhraidh, spòrs, ceòl agus fealla-dhà.  
ath-chraoladh aig 9pm

**1.30pm Caithream Ciùil**  
Ceòl Gàidhealach 's Ceilteach agus fiosrachadh air na tha dol agaibhse gach feasgar.  
POST DEALAIN: dethadol@bbc.co.uk  
Email: dethadol@bbc.co.uk

**3.30 Eich Èirisgeidh**  
**4.00 Fàil' air an Dùthaich**  
Taghadh de cheòl dùthchail sean is ùr.

**5.00 Aithris an Fheasgair**  
Naidheachdan nàiseanta is ionadail o Dhiluain gu Dihaoine.

**5.30 Siubhal gu Seachd le Pluto**  
Ceòl, spòrs agus fealla-dhà air ur slighe dhachaigh còmhla ri Derek 'Pluto' Moireach.  
POST DEALAIN: pluto@bbc.co.uk  
FON AN ASGAIDH: 08000 967050

**7.00 Cruinn**  
Ceòl, amaideas agus na beachdan agaibh air cuspairean a' là.

**9.00 Feasgar an-diugh**  
Naidheachdan, còmhraidh, spòrs, ceòl agus fealla-dhà.  
**10.25–11.25 Naoi gu Deich**  
Còmhraidh, deasbad, cultur agus cur-seachadan.

#### Dimàirt

Mar Diluain ach:

**3.30pm Spòrscast**  
A còmhraidh ri measgachadh de dhaoine's iad ag innis mun phàirt a tha spòrs a cluich nam beatha.

**4.00–5.00 Sàr Chlàir**  
Patsi NicChoinnich a' toirt cuireadh do a cuid aoiighean an clàr as fheàrr leotha a thaghadh.  
ath-chraoladh a' maireach aig 7pm

**7.00–9.00 Rapal**  
Taghadh de na h-òrain ùra as fheàrr.  
POST DEALAIN: rapal@bbc.co.uk  
FON AN ASGAIDH: 08000 967050

#### Diciadain

Mar Diluain ach:

**3.30pm SpeakGaelic**  
Podcast seachdaineach do luchd-ionnsachaidh na Gàidhlig, an cois an t-sreath BBC ALBA, *SpeakGaelic*.  
(ath-chraoladh)  
ath-chraoladh aig 8.30pm

**4.00–5.00 Gleus**  
Fuinn, còisirean agus òrain bho shaothail ceòl clasaigeach agus eile, le Iain Moireach.

**7.00 Sàr Chlàir**  
Patsi NicChoinnich a' toirt cuireadh do a cuid aoiighean an clàr as fheàrr leotha a thaghadh.

**8.00 Eich Èirisgeidh**

**8.30–9.00 SpeakGaelic**

#### Diardaoin

Mar Diluain ach:

**3.30pm–5.00 Crùnluth**  
Taghadh de cheòl na pìoba.

**7.00 Spòrscast**  
A còmhraidh ri measgachadh de dhaoine's iad ag innis mun phàirt a tha spòrs a cluich nam beatha.

**7.30–9.00 Mo Chuairt Ciùil**

**Dihaoine**

Mar Diluain ach:

**3.30pm–5.00 Mo Chuairt Ciùil**

**5.30 Rogha is Tagha**  
Taghadh à prògraman na seachdain air a thoirt thugaibh le Anna Nic na Ceardaich.

**6.00 Na Dùrachdan**  
Ceòl, òrain agus beannachdan còmhla ri Mairead agus Calum.

**9.00 Mac'ille Mhicheil**  
Cuiridh Iain Mac'illeMhicheil agus aoiighean air a' fòn an deireadh seachdain air a chasan.

**11.00 Tiompan**  
Ceòl Ceilteach, clàran ùra agus fios mu cò tha cluich càite le Mairead NicIllinnein.

**12.00–1.00am Naoi gu Deich**  
Còmhraidh, deasbad, cultur agus cur-seachadan.

### National

**BBC Radio 1\*** FM 97.7–99.7  
**BBC Radio 2\*** FM 88.1–90.1  
**BBC Radio 3\*** FM 90.3–92.3  
**BBC Radio 4\*** FM 94.6–96.1, 103.5–104.9, LW 198, MW 1449 (Aberdeen, LW progs)  
**BBC Radio 5 Live** MW 693, 909  
**BBC Radio Scotland** FM 92.5–94.7  
**BBC Radio Scotland Extra** MW 810  
**BBC Radio nan Gaidheal** FM 103.5–104.9 (carries R4 in some parts)  
**Classic FM** 99.9–101.9  
**Talksport** MW 1053, 1089  
Above stations also on Freeview (\*not Sat 4pm–1am, Sun 4pm–12 midnight, weekdays 5pm–12 midnight), plus satellite, cable, internet and DAB (Radio Scotland Extra service only).

### Local

**Argyll FM** 106.5, 107.1, 107.7 (Campbeltown)  
**BBC Cumbria** FM 95.6 (Carlisle), 96.1 (Morecambe Bay), 95.2 (Kendal), 104.1 (Whitehaven/Keswick), 104.2 (Windermere), MW 756 (Carlisle), 837 (Barrow-in-Furness)  
**Capital** 106.1 (Glasgow), 105.7 (Edinburgh)  
**Central FM** 103.1 (Stirling)/Falkirk/Clackmannanshire  
**CFM** 102.2 (Workington), 102.5 (Penrith), 103.4 (Whitehaven), 96.4 (Carlisle)  
**Clyde 1** FM 102.3 (Rothsay), 102.5 (Glasgow), 103.3 (Firth of Clyde), 97 (Vale of Leven)  
**Clyde 2** MW 1152 (Glasgow)  
**Forth 1** FM 97.3, 97.6 (Edinburgh), 102.2 (Penicuik)  
**Forth 2** MW 1548 (Edinburgh)  
**Heart FM** 100 (Vale of Leven), 101.1 (Edinburgh/Rosneath), 100.3 (Glasgow), 103.3 (Penicuik)  
**Heartland FM** 97.5 (Pitlochry/Aberfeldy)  
**Isles FM** 103 (Western Isles)  
**Kingdom FM** 105.4 (St Andrews), 106.3 (The East Neuk), 95.2 (West Fife), 96.1 (Central & East Fife), 96.6 (Kirkcaldy)  
**Lochbroom FM** 102.2 (Ullapool), 96.8 (North West Scotland)  
**Mearns FM** 105.1 (Portlithen), 105.7 (Stonehaven), 106.2 (Inverbervie), 107.3 (Laurencekirk)  
**MFR FM** 96.6 (Speyside), 96.7 (Fraserburgh/Wick), 97.4 (Highlands/Moray/Aberdeenshire), 102.5 (Caithness), 102.8 (Keith)  
**MFR Two** MW 1107 (Inverness)  
**Nation FM** 96.3 (Glasgow), 106.9 (Helenburgh), 103 (Dumbarton)  
**Nevis FM** 96.6 (Fort William), 97 (Glencoe), 102.4 (Loch Leven), 102.3 (Skye & Mallaig)  
**Northsound 1** FM 96.9 (Aberdeen), 97.6 (Balgownie), 103 (Peterhead)  
**Oban FM** 103.3  
**Original FM** 106 (Aberdeen)  
**Pure FM** 106.6 (Perth), 102 (Dundee)  
**Radio Borders** 102.3 (Berwick), 103.4 (Eyemouth), 103.1 (Peebles), 96.8 (Selkirk)  
**SIBC FM** 96.2 (Bressay), 102.2 (Shetland)  
**Skye** 106.2, 102.7 (Skye/Lochalsh)  
**Smooth Radio** FM 105.2 (Glasgow)  
**Tay FM** MW 102.8 (Dundee), 96.4 (Perth)  
**Tay 2** MW 1161 (Dundee), 1584 (Perth)  
**Two Lochs FM** 106.6 (Loch Ewe), 106 (Gairloch)  
**Wave FM** 102 (Dundee)  
**Waves Radio** FM 101.2 (Peterhead/Fraserburgh)  
**West FM** 96.7 (Ayrshire), 97.5 (Girvan), 106.7 (Rothsay)  
**West Sound FM** 97 (Dumfries), 103 (Kirkcudbright), 96.5 (Stranraer), MW 1035 (Ayrshire)



## BBC Radio Ulster

### Face behind the voice



**Age** 67  
**Current job** Has presented music show *Granny (Max) Takes a Trip* (2–3pm, every other Monday) on **Slack City Radio** since 2021.

"I go to any time or place I want to. There's a little bit of a tendency towards psychedelia and esoteric hits of the 60s and 70s. But I could easily have Laurie Anderson and Tito Puente in the same show."

**CV** Born in London, she was convent educated, then dropped out from a teacher-training course. Worked in bookshops, then at London's Institute of Contemporary Arts, where she met avant-garde musician Genesis P-Orridge and musicians who went on to form the Monochrome Set and Adam and the Ants. Played drums with Rema-Rema (1978); released a single *I Confess* (1980); and later worked with group *Psychic TV*. Her radio career dates from the 1980s, when she broadcast for CBC and CKCU in Ottawa, Canada.

### Dorothy Max Prior

A dancer from the age of 6, taking part in Irish dance competitions, she later spent seven years as a go-go dancer and stripper in pubs and clubs ("I stepped out and realised it wasn't that different to all the other things I'd done. Dance is dance.") Work as a dance teacher (ballroom lessons at Arthur Murray's) gradually developed into her present work, producing performance art, installations and street theatre, much of it in Brazil.

#### Social media – yes or no?

"Yes, I like it. Facebook for family, Instagram for fun, Twitter for work. I had TikTok on my phone but realised I wasn't doing any work! I was just watching dance videos."

**Best moments** "We did some live broadcasts last year during the Brighton Fringe, with an audience and guests from all parts of my life. It was like bringing all the things I love together."

**Worst moment** "I'm not the most technically adept. My last live show, I'd done 55 minutes without doing anything wrong – then for the last announcement I forgot to

put up the mike slider. My producer had to leapfrog over the table!"

**Off air** Lives in Brighton with her husband (musician James "Foz" Foster, former guitarist with the Monochrome Set) and three sons.

**First radio memory** "*Children's Favourites* is a strong memory – 'The runaway train came over the hill'? I then progressed to Radio Luxembourg under the covers."

**Favourite broadcasters** "I listen to so much radio. I just told Alexa to turn off Radio 3 so it wouldn't interfere with our conversation! I absolutely love *Late Junction* on Radio 3. I really like Jennifer Lucy Allan – apart from being an amazing presenter, she wrote a fantastic book about foghorns!"

**Secret skills** "When I was at college, I managed to get a qualification as a trampoline teacher. I probably couldn't even stand up on one now. But somewhere up in the loft is a certificate." **DAVID MCGILLIVRAY**

Listen at [slackcity.org.uk](http://slackcity.org.uk)

#### 6.05 Kintra

Helen Mark and the *Kintra* team present stories, news, music and banter from Ulster-Scots communities. Email: [kintra@bbc.co.uk](mailto:kintra@bbc.co.uk)

#### 6.30 The Roar of the Greasepaint

**Ep 3.** Lata Sharma celebrates Ulster's great tradition of amateur dramatics. She also reflects on the activities of dance groups, ethnic groups celebrating their culture, musical theatre schools and educational groups.

#### 7.05 Classical Connections with John Toal

The host presents an evening of classical music. Plus news, reviews and interviews with local and touring performers. Including news at **8.00**.

#### 9.05 Jazz Club with Walter Love

Recordings by jazz musicians, including tracks that have been performed exclusively for BBC Radio Ulster.

#### 10.05 Sunday Club with John Bennett

Music designed to soothe away the problems of the week. Dedications to: The Sunday Club, BBC Radio Ulster, Broadcast House, Belfast BT2 8HQ. Email: [jb@bbc.co.uk](mailto:jb@bbc.co.uk)

#### 12.00 as Radio 5 Live

### Monday

**RADIO ULSTER NEWS:** half-hourly 6.30am to 9.30, hourly 10.00 to 11.00pm, plus 4.30pm, 5.30, 11.55

#### 6.30am Good Morning Ulster

With Sarah Brett and Joel Taggart, including travel and analysis of finance and business news, plus agri-business in *Farm Gate* and a Thought for the Day at **7.20**. Email: [good.morning.ulster@bbc.co.uk](mailto:good.morning.ulster@bbc.co.uk)

#### 9.00 The Nolan Show

Breaking news and hard-hitting topical debate with Stephen Nolan. Listeners can share their views by phone, text or email. Including news and travel at **10.00**. Phone: 03030 80 55 55. Text: 81771. Email: [nolan@bbc.co.uk](mailto:nolan@bbc.co.uk)

#### 10.30 The Connor Phillips Show

Music and mischief, with fun features such as Howl Yer Wisht, Does My Head In and Absolutely Mortified. Including news at **11.00**. Phone: 03030 80 55 55. Text: 81771. Email: [connor@bbc.co.uk](mailto:connor@bbc.co.uk)

#### 12.00 Talkback

William Crawley and the *Talkback* team present news and invite listeners' on-air reactions to the breaking stories of the day. Including news at **12.00** and **1.00pm**. Phone: 03030 80 55 55. Email: [talk.back@bbc.co.uk](mailto:talk.back@bbc.co.uk)

#### 1.30pm Hugo Duncan

Country music old and new, plus the opportunity for listeners to submit requests by phone or text. Including news and travel at **2.00**. Phone: 03030 80 55 55. Text: 81771

#### 3.05 The Lynette Fay Show

A lively mix of music, features and interviews. Text: 81771. Email: [lynette.fay@bbc.co.uk](mailto:lynette.fay@bbc.co.uk)

#### 4.00 Evening Extra

A look back at the day's events, with Richard Morgan, Tara Mills and Declan Harvey. Featuring news on the half-hour, plus regular sport, traffic and weather reports, and the latest agri-business.

#### 6.05 Sportsound Extra Time

Nicola McCarthy, Nigel Ringland and guests discuss the biggest stories making the back pages, featuring interviews, analysis and debate.

#### 7.05 Blas

Fearghal Mag Uiginn le súil siar ar aicean spóirt dheireadh na seachtaine. Fearghal Mag Uiginn looks back at the weekend's sporting action.

#### 7.30 The Stephen McCauley Show

Alternative music from punk to electronica from home and abroad, featuring performances and interviews. Including news at **8.00** and **9.00**.

#### 9.30 ATL Introducing

Gemma Bradley serves up the freshest Irish musical talent, from indie-rock to hip-hop with live music and interviews. Including news at **10.00**.

#### 11.05 The Late Show with Eve Blair

Chilled-out music, including easy listening melodies both old and new, together with material by the Artist of the Week. Email: [eve.blair@bbc.co.uk](mailto:eve.blair@bbc.co.uk)

#### 12.00 as Radio 5 Live

### Tuesday

**RADIO ULSTER NEWS:** see Monday

#### 6.30am Good Morning Ulster

News from home and abroad, with Sarah Brett and Chris Buckler including regular news, travel and sport updates and analysis of finance and business news and Thought for the Day at **7.20**. Email: [good.morning.ulster@bbc.co.uk](mailto:good.morning.ulster@bbc.co.uk)

#### 9.00 The Nolan Show

Breaking news and hard-hitting topical debate with Stephen Nolan. Including news and travel at **10.00**. Phone: 03030 80 55 55. Text: 81771. Email: [nolan@bbc.co.uk](mailto:nolan@bbc.co.uk)

#### 10.30 The Connor Phillips Show

Music and mischief, with fun features such as Howl Yer Wisht, Does My Head In and Absolutely Mortified. Including news at **11.00**. Phone: 03030 80 55 55. Text: 81771. Email: [connor@bbc.co.uk](mailto:connor@bbc.co.uk)

#### 12.00 Talkback

William Crawley and the *Talkback* team present news and invite listeners' on-air reactions to the breaking stories of the day. Including news at **12.00** and **1.00pm**. Phone: 03030 80 55 55. Email: [talk.back@bbc.co.uk](mailto:talk.back@bbc.co.uk)

### Saturday

**RADIO ULSTER NEWS:** hourly 7.00am to 11.00pm, then 11.55pm

#### 6.45am Farm Gate

Food, countryside and agricultural issues. Presented by Elaine Mitchell.

#### 7.05 The Weekend Show

A selection of fine tunes and conversation to ease listeners into the morning. Phone: 0845 955 5678. Email: [ralph@bbc.co.uk](mailto:ralph@bbc.co.uk)

#### 8.05 Your Place & Mine

The people, places and stories that make Northern Ireland unique, presented by Anne Marie McAleese. Phone: 0289 033 8307. Email: [ypam@bbc.co.uk](mailto:ypam@bbc.co.uk)

#### 9.05 Gardeners' Corner

The weekly programme for keen horticulturalists with the latest advice, news and visits to gardens large and small around the province. Presented by David Maxwell. Phone: 03030 80 55 55

#### 10.05 On Your Behalf

Linda McAuley champions the cause of consumers in Northern Ireland. Repeated Wednesday 6.05pm. Write to: On Your Behalf, BBC Broadcasting House, Ormeau Avenue, Belfast BT2 8HQ. Phone: 0289 033 8314. Email via the website: [bbc.co.uk/oyb](http://bbc.co.uk/oyb)

#### 11.05 The John Toal Show

The broadcaster ventures beyond the confines of the studio for first-hand experience of listeners' family and community lives. Phone: 03030 80 55 55. Text: 81771. Email: [john.toal@bbc.co.uk](mailto:john.toal@bbc.co.uk)

#### 12.05pm Assume Nothing: The Hunt for Typhoid Mary Ep 2.

Events in New York in 1907 when typhoid slayer Dr George Soper set out to track down asymptomatic typhoid spreader, Mary Mallon. If he found her and proved his suspicions, she would be the first such typhoid carrier identified in the English speaking world. Soper was determined not to be defeated in his quest to find the Irish immigrant cook, but at what cost to the woman who would be known as "Typhoid Mary".

#### 12.30 Jimeoin Meets 5/6.

Jimeoin gets fellow comedians to share funny and embarrassing life stories. Kiri Pritchard-McLean buys creepy taxidermy and Lost Voice Guy meets his comedy hero.

#### 1.05 The Eve Blair Show

The presenter introduces music and chat to the afternoon, with interviews and features from books to film.

#### 2.05 Sportsound: Six Nations Championship

Gavin Andrews presents live coverage of Ireland's Six Nations match against Wales (kick-off 2.15). Jim Neilly is on commentary from the Principality Stadium in Cardiff, where he is joined by former Ireland fly-half Tony Ward.

#### 4.30 Sportsound

Michael McNamee presents commentary on the sixth-round Irish Cup tie between Cliftonville v Coleraine at Solitude (kick-off 3.00). Plus reports on Larne v Linfield.

#### 6.05 The Culture Café

From the page to the stage, Marie-Louise Muir hosts the essential cultural conversation.

#### 7.05 Caschlár

Lig do scíth le scoth an cheoil le rogha Brian Mullen ó phopcheol, fréamhcheol, ceol traidisiúnta, na gormacha agus anamcheol.

Brian Mullen presents a wide-ranging mix of music, including pop, blues and soul. Including news at **8.00**. Requests to: Brian Mullen, Irish Language Unit, BBC Radio Ulster, Ormeau Avenue, Belfast BT2 8HQ. Phone: 0289 033 8043

#### 9.05 Jazz World with Linley Hamilton

The host introduces a selection of contemporary jazz music from around the world, and profiles up-and-coming local talent. Email: [linley.hamilton@bbc.co.uk](mailto:linley.hamilton@bbc.co.uk)

#### 10.05 Saturday Club with John Bennett

Late-night music club featuring classic tracks from the 1960s, 70s and 80s. Including news at **11.00**. Text: 81771

#### 12.00 as Radio 5 Live

### Sunday

**RADIO ULSTER NEWS:** hourly 7.00am to 11.00pm, then 11.55pm

#### 7.05am The Weekend Show

A selection of fine tunes and conversation to ease listeners into the morning. Including Thought for the Day at **7.55** and news at **8.00**. Phone: 0845 955 5678. Email: [ralph@bbc.co.uk](mailto:ralph@bbc.co.uk)

#### 8.30 Sunday Sequence

Audrey Carville and guests debate the week's religious and ethical news and explore the world of culture and ideas. With news at **9.00** and **10.00**. Phone: 0289 033 8355. Email: [sunday.sequence@bbc.co.uk](mailto:sunday.sequence@bbc.co.uk)

#### 10.15 Morning Service

Religious worship from the Four Corners Festival in Belfast.

#### 11.05 Sunday with Steven Rainey

In-depth current affairs, interviews, discussion and analysis – including a guide to the Sunday newspapers. Including news at **12 noon**.

#### 1.05pm Sunday with Brian D'Arcy

Brian delves into his wide experience of music to bring listeners some tracks just right for a Sunday afternoon. Write to: Sunday with Brian D'Arcy, BBC Radio Ulster, Ormeau Avenue, Belfast BT2 8HQ

#### 2.05 Kerry McLean

The host helps wind down the weekend and sets the mood for the week ahead with some great tunes and conversation. Including news at **3.00**. Text: 81771. Email: [kerry.mclean@bbc.co.uk](mailto:kerry.mclean@bbc.co.uk)

#### 4.05 The Siobhan Brown Soul Show

The singer celebrates soul music old and new, with tracks from the O'Jays, Black Pumas, Freeez and the Gold Tips.

#### 5.05 Sounds Sacred

Richard Yarr introduces popular, sacred music performed by local and internationally performers.



## Frequencies

**1.30pm Hugo Duncan**  
Country music old and new, plus the opportunity for listeners to submit requests by phone or text. Including news and travel at **2.00**.  
Phone: 03030 805555  
Text: 81771

**3.05 The Lynette Fay Show**  
Music, features and interviews.  
Text: 81771  
Email: lynette.fay@bbc.co.uk

**4.00 Evening Extra**  
A look back at the day's events, with Richard Morgan, Tara Mills and Declan Harvey. Featuring news on the half-hour, plus regular sport, traffic and weather reports, and the latest agri-business.

**6.05 Farming Matters**  
Voices, views, stories, news and chat from Northern Ireland's rural community, hosted by Nicola Weir. Including essential livestock and weather reports.

**7.00 News**  
Na himeachtaí ealaíne agus cultúir ar gá iad a fheiceáil agus a chluinstin.  
Dáithí Ó Muirí keeps listeners up-to-date with all that's happening in the arts.

**7.30 The Stephen McCauley Show**  
Alternative music from punk to electronica from home and abroad, featuring live performance, interviews and more. Including news at **8.00** and **9.00**.

**9.30 Ralph McLean – Local Voices**  
Ralph McLean presents a selection of Irish music, sessions and chat from new Northern Ireland artists and established acts. Including news at **10.00**.

**11.05 The Late Show with Eve Blair**  
Chilled-out music, including a mix of easy listening melodies, together with material by the Artist of the Week.  
Email: eve.blair@bbc.co.uk

**12.00 as Radio 5 Live**

### Wednesday

**RADIO ULSTER NEWS:** see Monday

**6.30am Good Morning Ulster**  
With Sarah Brett and Chris Buckler including regular news, travel and sport updates and analysis of finance and business news and Thought for the Day at **7.20**.  
Email: good.morning.ulster@bbc.co.uk

**9.00 The Nolan Show**  
Breaking news and hard-hitting topical debate with Stephen Nolan. Including news and travel at **10.00**.  
Phone: 03030 805555  
Text: 81771  
Email: nolan@bbc.co.uk

**10.30 The Connor Phillips Show**  
Music and mischief, with fun features such as Howl Yer Wisht, Does My Head In and Absolutely Mortified. Including news at **11.00**.  
Phone: 03030 805555  
Text: 81771  
Email: connor@bbc.co.uk

**12.00 Talkback**  
William Crawley and the Talkback team present news and invite listeners' on-air reactions to all the breaking stories of the day, from politics and health to consumer issues and education. Including news at **12.00** and **1.00pm**.  
Phone: 03030 805555  
Email: talk.back@bbc.co.uk  
bbc.co.uk/talkback

**1.30pm Hugo Duncan**  
Country music old and new, plus the opportunity for listeners to submit requests by phone or text. Including news and travel at **2.00**.  
Phone: 03030 805555  
Text: 81771

**3.05 The Lynette Fay Show**  
A lively mix of music, features and interviews.  
Text: 81771  
Email: lynette.fay@bbc.co.uk

**4.00 Evening Extra**  
A look back at the day's events, with Richard Morgan, Tara Mills and Declan Harvey. Featuring news on the half-hour, plus regular sport, traffic and weather reports, and the latest agri-business.

**6.05 On Your Behalf**  
Linda McAuley champions the cause of consumers in Northern Ireland, helping them to solve their problems, make the right choices and avoid the pitfalls.  
Repeated from Saturday 10.05am

**7.05 Blas**  
Caint agus comhrá faoi imeachtaí an tsaoil mhóir agus shaol an ghnáthlae. Máire Bhreathnach has all the latest news on local and international events. Repeat

**7.30 The Stephen McCauley Show**  
Alternative music from punk to electronica from home and abroad, with performances and interviews. Including news at **8.00** and **9.00**.

**9.30 Ralph McLean – Rock and Soul**  
The presenter plays classic rock, soul, blues, pop, gospel, reggae and funk music during his weekly journey through some of the most soulful music ever made. Including news at **10.00**.

**10.55 Wah Yan Jee Sing**  
Local information on health and social issues in Cantonese.

**11.05 The Late Show with Eve Blair**  
Chilled-out music, including a mix of easy listening melodies, together with material by the Artist of the Week.  
Email: eve.blair@bbc.co.uk

**12.00 as Radio 5 Live**

### Thursday

**RADIO ULSTER NEWS:** see Monday

**6.30am Good Morning Ulster**  
News from home and abroad, with Sarah Brett and Chris Buckler including regular news, travel and sport updates and analysis of finance and business news and Thought for the Day at **7.20**.  
Email: good.morning.ulster@bbc.co.uk

**9.00 The Nolan Show**  
Breaking news and hard-hitting topical debate with Stephen Nolan. Including news and travel at **10.00**.  
Phone: 03030 805555  
Text: 81771  
Email: nolan@bbc.co.uk

**10.30 The Connor Phillips Show**  
Music and mischief, with fun features such as Howl Yer Wisht, Does My Head In and Absolutely Mortified. Including news at **11.00**.  
Phone: 03030 805555  
Text: 81771  
Email: connor@bbc.co.uk

**12.00 Talkback**  
William Crawley and the Talkback team present news and invite listeners' on-air reactions to the breaking stories of the day. Including news at **12.00** and **1.00pm**.  
Phone: 03030 805555  
Email: talk.back@bbc.co.uk  
bbc.co.uk/talkback

**1.30pm Hugo Duncan**  
Country music old and new, plus the opportunity for listeners to submit requests by phone or text. Including news and travel at **2.00**.  
Phone: 03030 805555  
Text: 81771

**3.05 The Lynette Fay Show**  
A lively mix of music, features and interviews.  
Text: 81771  
Email: lynette.fay@bbc.co.uk

**4.00 Evening Extra**  
A look back at the day's events, with Richard Morgan, Tara Mills and Declan Harvey. Featuring news on the half-hour, plus regular sport, traffic and weather reports.

**6.05 The Ticket**  
From blockbuster movies to comedy gigs, Kathy Clugston offers ideas and information on how listeners can spend their leisure hours.

**7.05 Blas**  
Dearcadh an duine óig ar ábhair a bhfuil spraoi ag baint leo agus ábhair níos troime. Caoimhe Ní Chathail presents a youthful view of lifestyle issues, travel, sport, beauty, fashion, cookery and more.

**7.30 The Stephen McCauley Show**  
Alternative music from punk to electronica from home and abroad, featuring live performances. Including news at **8.00** and **9.00**.

**9.30 Ralph McLean – Country**  
From the sounds of Nashville to new bluegrass, Ralph takes another journey into the world of American roots music, offering a selection of classic tracks, live performance and timeless Americana along the way. Including news at **10.00**.

**11.05 The Late Show with Eve Blair**  
Chilled-out music, including a mix of easy listening melodies, together with material by the Artist of the Week.  
Email: eve.blair@bbc.co.uk

**12.00 as Radio 5 Live**

### Friday

**RADIO ULSTER NEWS:**  
half-hourly 6.30am to 9.30, hourly 10.00 to 11.00pm, plus 4.30pm, 11.55

**6.30am Good Morning Ulster**  
With Chris Buckler and Joel Taggart, including regular news, travel and sport updates and analysis of finance and business news and Thought for the Day at **7.20**.  
Email: good.morning.ulster@bbc.co.uk

**9.00 The Nolan Show**  
Breaking news and hard-hitting topical debate with Stephen Nolan. Including news and travel at **10.00**.  
Phone: 03030 805555  
Text: 81771  
Email: nolan@bbc.co.uk

**10.30 The Connor Phillips Show**  
With fun features such as Howl Yer Wisht, Does My Head In and Absolutely Mortified. Including news at **11.00**.  
Phone: 03030 805555  
Text: 81771  
Email: connor@bbc.co.uk

**12.00 Talkback**  
William Crawley and the team invite listeners' on-air reactions to the breaking stories of the day. Including news at **12.00** and **1.00pm**.  
Phone: 03030 805555  
Email: talk.back@bbc.co.uk  
bbc.co.uk/talkback

**1.30pm Hugo Duncan**  
Country music old and new. With news and travel at **2.00**.  
Phone: 03030 805555  
Text: 81771

**3.05 The Vinny Hurrell Show**  
Magazine show, with music, chat and a bit of craic.  
Text: 81771  
Email: vinny.hurrell@bbc.co.uk

**4.00 Evening Extra**  
A look back at the day's events, with Richard Morgan, Tara Mills and Declan Harvey. Featuring news on the half-hour, plus regular sport, traffic and weather reports.

**5.30 Inside Business**  
A weekly insight into what's really happening in business and the economy in Northern Ireland, with commentary, analysis and the big interviews.

**6.05 The House Party with Phil Taggart**  
Phil kicks off the weekend with dance music to get the party started. With news at **7.00**.

**7.30 The Mickey Bradley Record Show**  
Another selection of vintage rock, pop, and new releases. With news at **8.00** and **9.00**.  
Text: 81771  
Email: michael.bradley@bbc.co.uk

**9.30 Blas Ceoil**  
Cuireann Caoimhe "Ceoil" Ní Chathail tús spleodrach le do dheireadh seachtaine. Ceol traidisiúnta, fréamh agus dúchasach, le heisiúintí úra, sonraí gigeanna agus eisiúin bheo. Caoimhe "Ceoil" Ní Chathail introduces new releases, gig guide details and live acoustic sessions to keep listeners in touch with the best in traditional, roots and folk music. With news at **10.00**.

**10.30 Folk Club with Lynette Fay**  
Lynette selects traditional and contemporary folk music. Including news at **11.00**.  
Email: lynette.fay@bbc.co.uk

**12.00 as Radio 5 Live**  
**BBC Northern Ireland Broadcasting House**  
Ormeau Avenue, Belfast BT2 8HQ  
02890 338 000  
Phone-in 0845 955 5678RADIO

### RADIO FOYLE

As Radio Ulster except:

**Sunday**  
**FOYLE NEWS:**  
hourly 9.00am to 5.00pm (not 1.00pm)

**5.05pm–6.00 Rejoice**  
James McClelland presents gospel favourites and sacred music, plus listeners' requests and dedications.

To get in touch with the show, write to 8 Northland Road, Londonderry BT48 7GD.

**Weekdays**  
**FOYLE NEWS:** hourly 7.00am to 3.00pm, plus 7.30am, 8.30

**6.30am–7.00 Good Morning Ulster**  
News from home and abroad, presented by: **Mon:** Sarah Brett and Joel Taggart; **Tue–Thu:** Sarah Brett and Chris Buckler; **Fri:** Chris Buckler and Joel Taggart.

**7.00–9.00 The Breakfast Show**  
Local, national and international news.

**12 noon Talkback**  
William Crawley and the team invite reactions to the breaking stories of the day.

**1.00pm The News at One**  
Lunchtime round-up.

**1.30 The Mark Patterson Show**  
Issues affecting the daily lives of people in the north-west of Northern Ireland. Including news at **2.00**.

**3.05–4.00 Sean Coyle**  
Music and chat, plus listeners from across the region are invited to phone in with their requests and dedications.

**Fri: 7.30 Foyle Sportsound**  
Live coverage of Derry City v Shamrock Rovers from the Ryan McBride Brandywell Stadium as the League of Ireland season begins with the President's Cup Final (kick-off **x.xx**). Introduced by Dessie McCallion, with commentary by Eric White and Liam Coyle.

**10.30–10.30 Blas Ceoil**  
Cuireann Caoimhe "Ceoil" Ní Chathail tús spleodrach le do dheireadh seachtaine. Ceol traidisiúnta, fréamh agus dúchasach, le heisiúintí úra, sonraí gigeanna agus eisiúin bheo. Caoimhe "Ceoil" Ní Chathail introduces new releases, gig guide details and live acoustic sessions to keep listeners in touch with the best in traditional, roots and folk music.

**BBC Radio Foyle, 8 Northland Road Londonderry BT48 7GD**  
Tel: 02871 266 522

### National

**BBC Radio 1**  
FM 97.9–99.7  
**BBC Radio 2**  
FM 88.3–90.1  
**BBC Radio 3**  
FM 90.5–92.3  
**BBC Radio 4**  
93.2 (Ballycastle), 93.2 (Carnmoney Hill), 94 (Limavady), 94.9 (Londonderry), 95.6 (Brougher Mountain), 96 (Belfast), 103.5 (Larne), 103.9 (Rostrevor Forest/Kilkeel), 104.6 (Camlough), (R4FM cannot be heard in some parts of N Ireland)  
LW 198 MW 720, 774 (Enniskillen (carry LW programmes))  
**BBC Radio 5 Live**  
MW 693, 909  
**BBC Radio Foyle**  
FM 93.1  
**BBC Radio Ulster**  
FM 92.7–95.4

**RTE Radio 1**  
FM 87.8–90.0, LW 252  
**RTE 2FM** 90.4–92.2, 97  
**RTE Raidió na Gaeltachta**  
92.6–94.4, 102.7  
**RTE Lyric FM** 97.8–99.6, 92.2, 95.2, 96.7, 102.2

**Classic FM** 99.9–101.9 (not Freeview)  
**Talksport** MW 1053, 1089  
**Absolute** MW 1215  
**Today FM** FM 105.5

All the above stations are also broadcast via Freeview, satellite, cable, digital radio and the internet.

### Local

**Cool FM** 97.4  
Music, news and sport  
**Downtown FM** 102.3 (Ballymena), 96.6 (Omagh/Enniskillen), 97.1 (Larne), 96.4 (Limavady), 102.4 (Londonderry), 103.4 (Newcastle), 103.1 (south Newry), MW 1026 (Belfast) Music, news  
**q FM** 96.7 (Belfast), 102.5 (Bangor), 102.5 (Carrickfergus), 102.9 (North West), 97.2 (North Coast), 97.6 (Ballycastle), 107.0 (Mid Antrim), 107.6 (Larne), 106.0 (Mid Ulster), 102.7 (Dungannon), 106.3 (Maghera), 101.2 (Tyrone/Fermanagh), 102.1 (Enniskillen), 100.5 (Newry & Mourne), 101.1 (Kilkeel), 101.1 (Newcastle)



## BBC Radio Wales

### Face behind the voice



**Age** 67  
**Current job** Has presented music show *Granny (Max) Takes a Trip* (2–3pm, every other Monday)

on **Slack City Radio** since 2021. "I go to any time or place I want to. There's a little bit of a tendency towards psychedelia and esoteric hits of the 60s and 70s. But I could easily have Laurie Anderson and Tito Puente in the same show."

**CV** Born in London, she was convent educated, then dropped out from a teacher-training course. Worked in bookshops, then at London's Institute of Contemporary Arts, where she met avant-garde musician Genesis P-Orridge and musicians who went on to form the Monochrome Set and Adam and the Ants. Played drums with Rema-Rema (1978); released a single *I Confess* (1980); and later worked with group *Psychic TV*. Her radio career dates from the 1980s, when she broadcast for CBC and CKCU in Ottawa, Canada.

### Dorothy Max Prior

A dancer from the age of 6, taking part in Irish dance competitions, she later spent seven years as a go-go dancer and stripper in pubs and clubs ("I stepped out and realised it wasn't that different to all the other things I'd done. Dance is dance.") Work as a dance teacher (ballroom lessons at Arthur Murray's) gradually developed into her present work, producing performance art, installations and street theatre, much of it in Brazil.

#### Social media – yes or no?

"Yes, I like it. Facebook for family, Instagram for fun, Twitter for work. I had TikTok on my phone but realised I wasn't doing any work! I was just watching dance videos."

**Best moments** "We did some live broadcasts last year during the Brighton Fringe, with an audience and guests from all parts of my life. It was like bringing all the things I love together."

**Worst moment** "I'm not the most technically adept. My last live show, I'd done 55 minutes without doing anything wrong – then for the last announcement I forgot to

put up the mike slider. My producer had to leapfrog over the table!"

**Off air** Lives in Brighton with her husband (musician James "Foz" Foster, former guitarist with the Monochrome Set) and three sons.

**First radio memory** "*Children's Favourites* is a strong memory – 'The runaway train came over the hill'? I then progressed to Radio Luxembourg under the covers."

**Favourite broadcasters** "I listen to so much radio. I just told Alexa to turn off Radio 3 so it wouldn't interfere with our conversation! I absolutely love *Late Junction* on Radio 3. I really like Jennifer Lucy Allan – apart from being an amazing presenter, she wrote a fantastic book about foghorns!"

**Secret skills** "When I was at college, I managed to get a qualification as a trampoline teacher. I probably couldn't even stand up on one now. But somewhere up in the loft is a certificate." **DAVID MCGILLIVRAY**

Listen at [slackcity.org.uk](http://slackcity.org.uk)

#### 6.30 The Ministry of Happiness

**1/2.** The first of a two-part mixture of sitcom and documentary telling the story of the first BBC radio station in Wales, launched from a flat above a music shop in Cardiff in 1923. With drunken conductors, a frustrated children's presenter who wanted to run the network, and the ever looming presence of the dour Lord Reith, SWA – broadcasting from Cardiff to very nearly as far as Radyr – was run with a farcical enthusiasm that lends itself perfectly to a sitcom. This episode tells the story of its inaugural broadcast. Starring Steffan Rhodri and Keiron Self.

#### 7.00 Huw Stephens

Featuring the Artist of the Week and new music from Wales and beyond.

#### 10.00 The Late Show with Eleri Siôn

Music and chat.

**12.30am–5.30am** as *Radio 5 Live*

#### Tuesday

**NEWS AND WEATHER:** as Monday

#### 5.30am All Things Considered

Religious affairs programme. Repeated from Sunday 9am  
Email: [religion.wales@bbc.co.uk](mailto:religion.wales@bbc.co.uk)

#### 6.00 Radio Wales Breakfast

News, sport, travel and weather with Claire Summers.

#### 8.30 Jason Mohammad

Debate, stories and music.

#### 11.00 Wynne Evans

Music and chat.

#### 2.00pm Behnaz Akhgar

Music and guests, plus the daily workout for the brain, the **2.45 Teaser**.

#### 5.00 Radio Wales Drive with Gareth Lewis

The latest headlines.

#### 6.30 Science Café

Adam Walton presents a guide to the latest developments in the scientific world.

Repeated tomorrow 5.30am

#### 7.00 Huw Stephens

Featuring the Artist of the Week and new music from Wales and beyond.

#### North FM only

**7.00–10.00 Radio Wales Sport** Wrexham v Yeovil Town, the National League match from the Racecourse Ground (kick-off **7.45**).

#### 10.00 The Late Show with Eleri Siôn

Music and chat.

**12.30am–5.30am** as *Radio 5 Live*

#### Wednesday

**NEWS AND WEATHER:** as Monday

#### 5.30am Science Café

Adam Walton presents a guide to the latest developments in the scientific world.

Repeated from yesterday 6.30pm

#### 6.00 Radio Wales Breakfast

News, sport, travel and weather with Claire Summers.

#### 8.30 Jason Mohammad

Debate, stories and music.

#### 11.00 Wynne Evans

Music and chat.

#### 2.00pm Behnaz Akhgar

Music and guests, plus the daily workout for the brain, the **2.45 Teaser**.

#### 5.00 Radio Wales Drive with Gareth Lewis

The latest headlines and everything you need to know from Wales and the world.

#### 5.00 Radio Wales Drive with Wyre Davies

Everything you need to know from Wales and the world.

#### 6.30 Country Focus

Rural affairs programme.

Repeated from Sunday 7am

Repeated tomorrow 5.30am

#### 7.00 Huw Stephens

Featuring the Artist of the Week and new music from Wales and beyond.

#### 10.00 The Late Show with Eleri Siôn

Music and chat.

**12.30am–5.30am** as *Radio 5 Live*

#### Thursday

**NEWS AND WEATHER:** as Monday

#### 5.30am Country Focus

Rural affairs programme.

Repeated from yesterday 6.30pm

#### 6.00 Radio Wales Breakfast

News, sport, travel and weather with Claire Summers.

#### 8.30 Dot Davies

Debate, stories and music.

#### 11.00 Wynne Evans

Music and chat.

#### 2.00pm Behnaz Akhgar

Music and guests, plus the daily workout for the brain, the **2.45 Teaser**.

#### 5.00 Radio Wales Drive with Gareth Lewis

Everything you need to know from Wales and the world.

#### 6.30 The Murder Files

Former detective Steve Wilkins re-examines the evidence in the case of Harry and Megan Tooze, who were both shot at their remote farmhouse in the Vale of Glamorgan in 1993.

Repeated tomorrow 5.30am

#### 7.00 Aleighcia Scott

Music and culture.

#### 10.00 The Late Show with Eleri Siôn

Music and chat.

**12.30am–5.30am** as *Radio 5 Live*

#### Friday

**NEWS AND WEATHER:** as Monday

#### 5.30am The Murder Files

Re-examining a 1993 murder case.

Repeated from yesterday 6.30pm

#### 6.00 Radio Wales Breakfast

News, sport, travel and weather with Oliver Hides.

#### 8.30 Dot Davies

Lively debate, challenging stories and great music.

#### 11.00 Wynne Evans

Music and chat.

#### 2.00pm Eleri Siôn

Music and chat.

#### 5.00 Radio Wales Drive with Gareth Lewis

Everything you need to know from Wales and the world.

#### 6.30 Radio Wales Arts Show

Reflecting the current arts scene in Wales.

#### 7.00 Radio Wales Sport

Live commentary, analysis and special features.

#### 10.00 Friday Night H

The Steps singer provides music and chat.

**12.30am–5.00am** as *Radio 5 Live*

**BBC Wales, 3 Central Square, Cardiff CF10 1FT**

**03703 500 700**

(weekdays 9.30am to 5.30pm)

(landline calls charged at a maximum of 8p per minute)

**SMS: 81012**

[bbc.co.uk/radiowales](http://bbc.co.uk/radiowales)

#### Saturday

**NEWS:** hourly 7.00am to 1.00pm; plus 3.00pm and 5.00pm

**WEATHER:** before most news bulletins

**HILL FORECAST:** 6.59am

#### 5.00am Vicki Blight

Music and chat.

#### 7.00 Radio Wales Breakfast

Headlines with Oliver Hides.

#### 9.00 Money for Nothing

Dedications and requests from the 1950s to the 80s.

Phone: 03700 100 110

#### 11.30 Carol Vorderman

Music and guests.

#### 1.30pm Radio Wales Sport

Wales v Ireland, commentary on both teams' opening Six Nations fixture, at Principality Stadium (kick-off **2.15**).

#### North FM only

#### 5.00–7.30 Radio Wales Sport

Altrincham v Wrexham, commentary on the National League encounter at J Davison Stadium (kick-off **5.20**).

#### 5.30 Call Rob Phillips

Listeners share their thoughts on the day's sporting action.

#### 7.00 Bethan Elfyn

Featuring the Wales Mix and a guest DJ Takeover.

#### 10.00 BBC Introducing with Adam Walton

New Welsh music, exclusive sessions, interviews and demos.

**1.00am–6.00am** as *Radio 5 Live*

#### Sunday

**NEWS:** hourly 7.00am to 6.00pm

**WEATHER:** before most news bulletins

**HILL FORECAST:** 6.58am

#### 6.00am In Search of Captain Cat

The back story of Dylan Thomas's character from *Under Milk Wood*.

Repeated from last Friday

Repeated Monday 5.30am

#### 6.30 Science Café

Professor Erminia Calabrese, Deputy Director of Research at Cardiff University, discusses her research into

observational cosmology with Adam Walton.

Repeated from last Tuesday

#### 7.00 Country Focus

The rural affairs programme for everyone working in or living in the Welsh countryside.

Repeated Wednesday 6.30pm and Thursday 5.30am

#### 7.30 Celebration

A service led by George Craig, a Methodist local preacher in Cardiff. The evening edition of the programme includes My Favourite Hymn.

Repeated 7.30pm

#### 8.00 Sunday Supplement

Political news, discussions and analysis, plus a round-up of the Sunday papers with our guest reviewers.

#### 9.00 All Things Considered

Religious affairs programme, tackling the issues of the day in a thought-provoking manner.

Repeated tomorrow Tuesday 5.30am

Email: [religion.wales@bbc.co.uk](mailto:religion.wales@bbc.co.uk)

#### 9.30 Sunday Morning with Scott Quinnell and Co

Music and guests for Sunday morning.

#### 11.00 Owen Money's Solid Gold Sunday

Classic hits from the 1960s and 70s.

#### 1.00pm Kiri Pritchard-McLean

Music and chat for Sunday afternoon.

#### 3.00 Lynn Bowles

Music, entertainment and guests for Sunday afternoon.

#### 5.00 Roy Noble

Relax with Roy for classic songs from the 1940s, 50s and beyond, with conversation for a laid-back Sunday.

Email: [roy.noble@bbc.co.uk](mailto:roy.noble@bbc.co.uk)

#### 7.00 The Takeaway

Sixty years ago, the first Chinese takeaway opened in the UK, offering affordable new flavours to working-class Britons who'd never even heard of soy sauce. Since then, these takeaways have often been seen through a lens of

exoticism and racism. Having grown up in her parents' Chinese takeaway in the former mining town of Beddau, food critic Angela Hui reflects on the place they hold in British culture, and her mixed feelings concerning her own childhood working in her parents' kitchen.

Repeated from last Thursday

#### 7.30 Celebration

A service led by George Craig, a Methodist local preacher in Cardiff. This edition of the programme includes My Favourite Hymn.

Repeated from 7.30am

#### 8.00 Celtic Heartbeat

Frank Hennessy presents the best in folk, roots and acoustic music from the Celtic countries and beyond. Plus Frank's weekly Celtic gig guide.

#### 10.00 Beverley's World of Music

Broadcaster Beverley Humphreys introduces a selection of popular songs from stage and screen.

**1.00am–5.30am** as *Radio 5 Live*

#### Monday

**NEWS:** hourly 6.00am to 10.00pm

**WEATHER:** before most news bulletins

#### 5.30am In Search of Captain Cat

Writer, actor and songwriter Chris Tally Evans uses dramatic imaginings and historic investigation to explore the back story of Dylan Thomas's character from *Under Milk Wood*. When people with disabilities in fiction were portrayed as figures of either fear or pity, what inspired Thomas to make Captain Cat instead an essential character in the community – and what's the truth of his smouldering love for Rosie Probert? Evans takes to the water with a world-champion blind sailor and follows the Dylan Trail to a graveyard populated with the graves of dozens of Welsh mariners.

Repeated from Sunday 6am

#### 6.00 Radio Wales Breakfast

News, sport, travel updates and weather forecasts with Claire Summers.

#### 8.30 Jason Mohammad

Lively debate, challenging stories and great music for your morning.

#### 11.00 Wynne Evans

Music and chat.

#### 2.00pm Behnaz Akhgar

Music and guests, plus the daily workout for the brain, the **2.45 Teaser**.

#### 5.00 Radio Wales Drive with Gareth Lewis

The latest headlines and everything you need to know from Wales and the world.



## Cymru

## Sadwrn

## 5.30am Richard Rees

Cerddoriaeth a chwmniaeth ar gyfer bore Sadwrn.

## 7.00 Galwad Cynnar

Geralllt Pennant a'i westeion yn trafod natur, bywyd gwyllt a chadwraeth.

EBOST: galwadcynnar@bbc.co.uk

## 8.00 Dros Frecwast

Y newyddion diweddaraf yng Nghymru a thu hwnt, gyda Dylan Jones.

## 8.30 Ar y Marc

Dylan Jones a'r criw yn trafod pob math o bethau'n ymwneud â phêl-droed.

EBOST: arymarc@bbc.co.uk

## 9.00 Tudur Owen

Lot o fwydro, 'chydig o sylwedd, dim swmp gyda Geth a Ger yn cyflwyno.

## 11.00 Y Sioe Sadwrn

Cerddoriaeth ac adloniant gyda Shelley Rees a Rhydian Bowen Phillips.

## 1.30pm Chwaraeon

Radio Cymru Sylwebaeth ar gêm Cymru v Iwerddon ym Mhencampwriaeth y Chwe Gwlad 2023.

## 5.30 Marc Griffiths

Cymysgedd o'r hen a'r newydd i ddiddanu ar nos Sadwrn, gan gynnwys llwyth o geisiadau.

EBOST: marc.griffiths@bbc.co.uk

## 9.00 Ffion Emyr

Cerddoriaeth a chwmniaeth ar nos Sadwrn, gyda Ffion Emyr.

12.00 gweler World Service

## Sul

## 5.30am Linda Griffiths

Dechreuwch eich dydd Sul yn sain dewis cerddorol Linda Griffiths.

## 7.00 Troi'r Tir

Y straeon diweddaraf o fydd amaeth a bywyd cefn gwlad. Ail-ddarlledir Llun am 6pm

## 7.30 Caniadaeth y Cysegr

R. Alun Evans yn cyflwyno emynau ar y thema Cymdeithas.

Ail-ddarlledir 4.30pm

## 8.00 Bore Sul

Trin a thraford papurau'r Sul, cerddoriaeth a sgwrsiau hamdenol.

## 10.00 Swyn y Sul

Y soprano Elin Manahan Thomas yn cyflwyno cerddoriaeth ar gyfer bore Sul.

## 12.00 Yr Oedfa

Gwasanaeth yn arbennig i wrandawyr Radio Cymru.

## 12.30pm Bwrw Golwg

John Roberts a'i westeion yn trafod materion moesol a chrefyddol.

EBOST: bwrw.golwg@bbc.co.uk

## 1.00 Beti a'i Phobol

Beti George yn sgwrsio gydag un o bobl Cymru. Ail-ddarlledir 1lau am 6pm

## 2.00 Cofio

Archif, atgof a chân yng nghwmni John Hardy.

## 3.00 Hywel Gwynfryn

Amrywiaeth o gerddoriaeth, yn ogystal â phytiau o raglenni Radio Cymru o'r wythnos a fu.

## 4.30 Caniadaeth y Cysegr

R. Alun Evans yn cyflwyno emynau ar y thema Cymdeithas.

Darlledwyd 7.30am

## 5.00 Stori Tic Toc

Dewch i wrando ar stori am forlo anhapus sydd wedi brifo i hun ar greigiau peryglus. Ail-ddarllediad

## 5.05 Dei Tomos

Sgwrsiau am Gymru, ei phobl a'i diwylliant.

EBOST: deitomos@bbc.co.uk

## 6.30 Byth Bythoedd

Mae lolo a Begw yn edrych ymlaen at fywyd hir gyda'i gilydd, ond wedi i ddiwedd sydyn ddfetha'r cynllun hwnnw mae eu heneidiau'n benderfynol o gadw'r addewid. Drama ysgafn gan Ian Rowlands.

## 7.00 Y Talwrn

Dau dîm o feirdd yn cystadlu i gyrraedd y rownd derfynol yn Eisteddfod Genedlaethol 2023.

Ail-ddarlledir Mercher am 6pm

## 8.00 Ar Eich Cais

Rhys Meirion yn darllen cyfarchion ac yn chwarae ceisiadau.

EBOST: areichcais@bbc.co.uk

## 9.00 John ac Alun

Cerddoriaeth a sgwrsio i gloi'r penwythnos.

12.00 gweler World Service

## Llun

## 5.30am John Hardy

Cerddoriaeth a chwmniaeth ben bore, gyda bwletinau newyddion, chwaraeon, tywydd a thraffig. Hefyd, y bwletin amaeth dyddiol, yn ogystal â golwg ar y papurau.

## 7.00 Dros Frecwast

Y newyddion diweddaraf yng Nghymru a thu hwnt, gyda Kate Crockett a Dylan Ebenezer.

## 9.00 Aled Hughes

Straeon cyfredol, cerddoriaeth, a holi'r cwestiynau sydd ar feddwl pawb.

## 11.00 Bore Cothi

Croeso cynnes dros banded gyda Shân Cothi.

1.00pm Dros Ginio Trin a thraford Cymru a'r byd. Dewi Llwyd sy'n codi'r pynciau a gofyn y cwestiynau sy'n bwysig i chi.

EBOST: drosinio@bbc.co.uk Ffôn: 03703 500 500

## 2.00 Ifan Jones Evans

Digon o gerddoriaeth, chwerthin a sgwrsio, yn ogystal â chystadleuaeth neu ddwy.

## 5.00 Post Prynhawn

Newyddion y dydd yng Nghymru a thu hwnt gyda Dylan Jones yn cyflwyno.

EBOST: postprynhawn@bbc.co.uk Ffôn: 03703 500 500

## 6.00 Troi'r Tir

Y straeon diweddaraf o fydd amaeth a bywyd cefn gwlad. Darlledwyd Sul am 7am

## 6.30 Ar Lan Afon

Jon Gower ac Elinor Gwynn sy'n cwrddro glannau rhai o afonydd Cymru yn hel eu hanes, yn cwrdd â'r pobl sy'n byw ar eu glannau, yn pysgota'u dyfroedd, ac yn clywed storïau o'r gorffennol.

Ail-ddarllediad

## 7.00 Rhys Mwyn

Clasuron coll o gasgliad Mr Mwyn, a gwsteion yn hel atgofion.

## 9.00 Caryl

Cerddoriaeth a hwyly gyda'r hwyly gyda Caryl Parry Jones.

12.00 gweler World Service

## Mawrth

## 5.30am John Hardy

Cerddoriaeth a chwmniaeth ben bore, gyda bwletinau newyddion, chwaraeon, tywydd a thraffig. Hefyd, y bwletin amaeth dyddiol, yn ogystal â golwg ar y papurau.

## 7.00 Dros Frecwast

Y newyddion diweddaraf yng Nghymru a thu hwnt, gyda Kate Crockett a Dylan Ebenezer.

## 9.00 Aled Hughes

Straeon cyfredol, cerddoriaeth, a holi'r cwestiynau sydd ar feddwl pawb.

## 11.00 Bore Cothi

Croeso cynnes dros banded gyda Shân Cothi.

## 1.00pm Dros Ginio

Trin a thraford Cymru a'r byd. Jennifer Jones sy'n codi'r pynciau a gofyn y cwestiynau sy'n bwysig i chi.

EBOST: drosinio@bbc.co.uk Ffôn: 03703 500 500

## 2.00 Ifan Jones Evans

Digon o gerddoriaeth, chwerthin a sgwrsio, yn ogystal â chystadleuaeth neu ddwy.

## 5.00 Post Prynhawn

Newyddion y dydd yng Nghymru a thu hwnt gyda Dylan Jones yn cyflwyno.

EBOST: postprynhawn@bbc.co.uk Ffôn: 03703 500 500

## 6.00 Troi'r Tir

Y straeon diweddaraf o fydd amaeth a bywyd cefn gwlad. Darlledwyd Sul am 7pm

## 6.30 Chwalu Pen

Mari Lovgreen sydd yn herio criw o banelwyr i feddwl am ddau beth ar yr un pryd, mewn sioe gwis llawn hwyly a ffeithiau difyr a dibwrpas. Yn y bennod yma prif leisydd y band Gwilym, Ifan Pritchard, a'i hen ffrind (a seren cyfres S4C Dal y Mellt) Gwion Morris

Jones sydd yn ymuno â'r capiteiniaid Arwel "Pod" Roberts a Welsh Whisperer.

## 7.00 Georgia Ruth

Dewis eclectig o gerddoriaeth o gasgliad Georgia Ruth, yn cynnwys cerddoriaeth ryngwladol, byd a thraciau Cymraeg arbrefol.

## 9.00 Caryl

Cerddoriaeth a hwyly gyda'r hwyly gyda Caryl Parry Jones.

12.00 gweler World Service

## Mercher

## 5.30am John Hardy

Cerddoriaeth a chwmniaeth ben bore, gyda bwletinau newyddion, chwaraeon, tywydd a thraffig. Hefyd, y bwletin amaeth dyddiol, yn ogystal â golwg ar y papurau.

## 7.00 Dros Frecwast

Y newyddion diweddaraf yng Nghymru a thu hwnt, gyda Kate Crockett a Dylan Ebenezer.

## 9.00 Aled Hughes

Straeon cyfredol, cerddoriaeth, a holi'r cwestiynau sydd ar feddwl pawb.

## 11.00 Bore Cothi

Croeso cynnes dros banded gyda Shân Cothi.

## 1.00pm Dros Ginio

Trin a thraford Cymru a'r byd, gan godi'r pynciau a gofyn y cwestiynau sy'n bwysig i chi.

EBOST: drosinio@bbc.co.uk Ffôn: 03703 500 500

## 2.00 Ifan Jones Evans

Digon o gerddoriaeth, chwerthin a sgwrsio, yn ogystal â chystadleuaeth neu ddwy.

## 5.00 Post Prynhawn

Newyddion y dydd yng Nghymru a thu hwnt gyda Dylan Jones yn cyflwyno.

EBOST: postprynhawn@bbc.co.uk Ffôn: 03703 500 500

## 6.00 Y Talwrn

Dau dîm o feirdd yn cystadlu i gyrraedd y rownd derfynol yn Eisteddfod Genedlaethol 2023.

Darlledwyd Sul am 7pm

## 7.00 Mirain Iwerydd

Cerddoriaeth newydd Cymru.

## 9.00 Caryl

Cerddoriaeth a hwyly gyda'r hwyly gyda Caryl Parry Jones.

12.00 gweler World Service

## lau

## 5.30am John Hardy

Cerddoriaeth a chwmniaeth ben bore, gyda bwletinau newyddion, chwaraeon, tywydd a thraffig. Hefyd, y bwletin amaeth dyddiol, yn ogystal â golwg ar y papurau.

## 7.00 Dros Frecwast

Y newyddion diweddaraf yng Nghymru a thu hwnt, gyda Kate Crockett a Dylan Ebenezer.

## 9.00 Aled Hughes

Straeon cyfredol, cerddoriaeth, a holi'r cwestiynau sydd ar feddwl pawb.

## 11.00 Bore Cothi

Croeso cynnes dros banded gyda Shân Cothi.

## 1.00pm Dros Ginio

Trin a thraford Cymru a'r byd. Catrin Haf Jones sy'n codi'r pynciau a gofyn y cwestiynau sy'n bwysig i chi.

EBOST: drosinio@bbc.co.uk Ffôn: 03703 500 500

## 2.00 Ifan Jones Evans

Digon o gerddoriaeth, chwerthin a sgwrsio, yn ogystal â chystadleuaeth neu ddwy.

## 5.00 Post Prynhawn

Newyddion y dydd yng Nghymru a thu hwnt gyda Dylan Jones yn cyflwyno.

EBOST: postprynhawn@bbc.co.uk Ffôn: 03703 500 500

## 6.00 Beti a'i Phobol

Beti George yn sgwrsio gydag un o bobl Cymru. Darlledwyd Sul am 1pm

## 7.00 Huw Stephens

Cerddoriaeth newydd, ambell berllanghyfarwydd a sgwrs.

## Frequencies

## National

**BBC Radio 1** 97.6–99.8  
**BBC Radio 2** 88–90.2  
**BBC Radio 3** 90.2–92.4  
**BBC Radio 4** 92.4–94.6, 103.5–105, LW 198

**BBC Radio 5 Live** MW 693, 909, 990  
**Radio Cymru** 92.4–96.1, 96.8, 103.5–105

**Radio Cymru 2** This station only broadcasts on Freeview, satellite television, digital radio and the internet

**BBC Radio Wales** 93.9–95.9, 103.7, 103.9  
**BBC Radio Wales Extra** MW 1125 (mid-Wales)

**Classic FM** 99.9–101.9  
**Talksport** MW 1053, 1089  
**Absolute** MW 1197, 1242, 1260

The above stations also broadcast via Freeview, satellite, cable, digital radio and the internet.

## Local

**BBC stations:**  
**Bristol** 94.9 (Bristol), 103.6 (Severn), 104.6 (Bath)

**Gloucestershire** 104.7 (Churchdown Hill), 95 (Stroud), 95.8 (Cirencester), MW 1413

**Hereford and Worcester** 94.7 (Hereford), 104 (Worcester & Gt Malvern), 104.6 (Kidderminster), MW 738, 1584 (Tenbury Wells)

**Somerset** 95.5, MW 1566  
**Wiltshire** 104.3 (west Wiltshire), 104.9 (Marlborough), 103.5 (Salisbury), 103.6 (Swindon)

**Independent stations:**  
**Bay Radio** 102.1 (Swansea)  
**Bridge FM** 106.3 (Bridgend/Vale of Glamorgan)

**Capital** 103.2 (Cardiff), 97.4 (Newport), 96.3 (north Wales Coast), 103.4 (Cheshire/north east Wales), 97.1 (Wirral), 103 (Anglesey) Music, news

**Carmarthenshire** 97.1 (Carmarthenshire), 97.5 (Llanelli/Carmarthen Town)

**Chester's Dee** 106.3  
**Freeradio** 103.1 (Shropshire), 97.2 (Wolverhampton) Music, news, 97.6 (Hereford), 96.7 (Kidderminster), 102.8 (Worcester) Music

**Heart** 88 (Wrexham), 103 (Bath/Weston Super-Mare), 96.3 (Bristol), 102.2 (west Wiltshire), 102.4 (Gloucester/Cheltenham), 102.6 (Somerset), 97.2 (Swindon), 105.2 (Abergavenny/ Carmarthenshire), 105.4 (Cardiff), 105.9 (Aberdare), 105.7 (Colwyn Bay), 105.9 (Newport), 105.7 (Pembrokeshire), 106 (Swansea/ Carmarthen), 106.1 (Ebbw Vale), 106.2 (Fishguard), 106.9 (Mold/ Flint), 107.2 (Caernarfon/ Anglesey), 107.3 (Rhyll/Prestatyn)

**Greatest Hits Radio** 100.8 (Porlock), 102 (Salisbury), 102.4 (west Somerset), 107.2 (Bristol), 107.4 (Telford/Wrekin), 107.5 (west Wiltshire), 107.5 (Gloucestershire), 107.7 (Weston-Super-Mare/north Somerset/ Swindon) 107.9 (Bath), MW 1170 (Swansea/south west Wales)

**GTFM** 107.9 Pontypridd, 100.7/107.1 Cynon Valley

**Kiss** 101 (Severn Estuary), 97.2 (Bristol) Dance music, news

**Nation Radio** 106.8 (Cardiff), 107.3 (Swansea) Music, news

**Pembrokeshire** 102.5, 107.5 (Fishguard/Tenby)

**Radio Cardiff** 98.7  
**Radio Tirceod** 106.5 (West Swansea) Music, news

**Scarlet FM** 97.5 (Llanelli)

**Smooth** 100.4 (north-west England), MW 1359 (south Wales), 1305 (Gwent), 1260 (north Wales/Cheshire/Bristol), 774 (Gloucester), 1161 (Swindon), 936 (West Wiltshire)

**Sunshine** 106.2 (Hereford), 107.8 (Leominster), 107 (Monmouth), MW 855 (south Shropshire)

**The Wave** 96.4 (Swansea)



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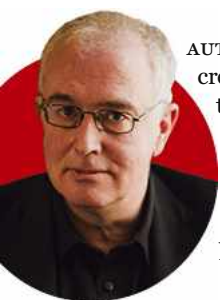
## WRIT LARGE

A mural of Monsignor Hugh O'Flaherty, by Ursula Meehan, in his home town of Killarney

# THE PRIEST WHO SAID NO TO HITLER

Joseph O'Connor tells the story of the Irishman who helped thousands escape the Nazis

**Book at Bedtime: My Father's House**  
Monday–Friday 10.45pm **Radio 4**



AUTHOR JOSEPH O'CONNOR (LEFT) has created a wish list of historic characters about whom he would one day like to write novels. It includes the Clash's Joe Strummer and the Irish nationalist Charles Stewart Parnell and multi-cultural female-led punk group X-Ray Spex.

One name he can cross off the list is Monsignor Hugh O'Flaherty, aka the Scarlet Pimpernel of the Vatican, an Irish priest who helped thousands of Jews, Allied PoWs and diplomats secure safe passage from the Nazis during the Second World War. "Hugh was on that list for a number of years," says the author of *Star of the Sea*, *Shadowplay* and *Ghost Light*. "About four years ago, he started really knocking on the window and saying, 'Why

don't you write a book about me?'"

Sure enough, O'Connor's latest novel, *My Father's House*, is inspired by O'Flaherty's exploits. Following the removal from power of Mussolini in 1943, thousands of Allied PoWs were released from captivity in Italy. Pursued by the occupying Germans, their lives were in grave danger. Alongside other targeted groups, many fled to Rome to seek protection in tiny, neutral Vatican City. Acting against the wishes of the Church, not to mention Italy and Ireland, O'Flaherty formed a motley crew of fellow priests, resistance fighters and communists to help 6,500 people escape to safety.

A Kerry man, O'Flaherty was later awarded a CBE and the US Medal of Freedom for his courage and ingenuity. Two decades after his death in 1963, he was portrayed on screen by Gregory Peck in *The Scarlet and the Black*. A statue stands in his home town of Killarney.

And now O'Connor has created a compelling work of fiction from O'Flaherty's feats. In *My*

*Father's House*, which continues this week on Radio 4's *Book at Bedtime*, SS officer Paul Hauptmann rules Rome with terrible impunity. Using a choir as cover, in Vatican City O'Flaherty organises what becomes known as the Rome Escape Line. The novel culminates on Christmas Eve 1943 with an audacious mission codenamed Rendimento.

"I found out about Hugh many years ago," says O'Connor. "But I wasn't ever completely clear about how the escape line had worked, because they operated in secrecy. And like a lot of people involved in the war, especially a lot of men, he didn't talk about it much."

THROUGH O'FLAHERTY'S FAMILY, O'Connor was given access to all his surviving correspondence. Incredibly, the priest never mentioned his extraordinary undertakings. "I was attracted by the silences around him. If we knew absolutely everything, there would be no point in writing a





**HONOURED**  
After the war, Monsignor O'Flaherty received the US Medal of Freedom from Lt Gen John CH Lee

novel. But how he worked, his defiance, his refusal to be told what to do, the intense levels of personal courage – they all really interested me. I knew early on that it would be a thriller, because it's a thrilling story.

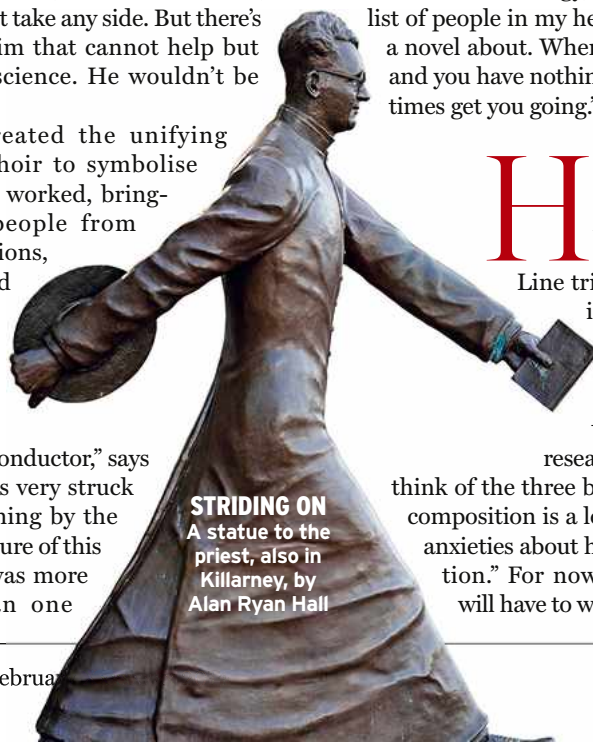
O'Connor is clear that this is a book about individuals, rather than the Catholic Church as an institution. "I don't want to make any grand statements," he says. "Hugh has been told that he must not run this escape line. The Pope, his boss, actually says, 'I don't want you to do this.' The Nazis say, 'You're in mortal peril if you do it.' The Irish government, because it's neutral, is saying he mustn't take any side. But there's something in him that cannot help but live by his conscience. He wouldn't be pushed around."

O'Connor created the unifying concept of a choir to symbolise how O'Flaherty worked, bringing together people from diverse occupations, nationalities and faiths in order to achieve a common good by working in harmony.

"Hugh is the conductor," says O'Connor. "I was very struck from the beginning by the collaborative nature of this escape line. It was more important than one

man's struggle. Everything we do that is of any worth, we do collaboratively."

As his wish list suggests, O'Connor often uses real lives as entry points for his fiction. His last novel, *Shadowplay*, featured *Dracula* author Bram Stoker as the lead character, while *Ghost Light* centred on Irish playwright JM Synge. "It's become how I work," he agrees, tracing the origins back to his most celebrated book, *Star of the Sea*, an epic tale set on an Irish famine ship, where some characters are composites of real people. "How it works now is that, as a kind of mental health strategy, I walk around with the list of people in my head that I'd like to write a novel about. When it's time to go to work and you have nothing to say, that can sometimes get you going."



**STRIDING ON**  
A statue to the priest, also in Killarney, by Alan Ryan Hall

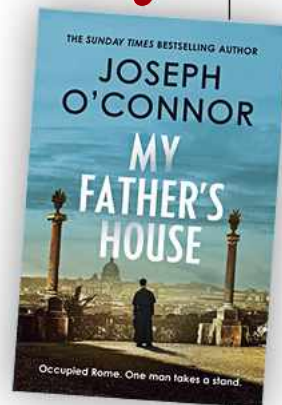
**H**E NEEDN'T WORRY FOR THE immediate future. *My Father's House* is the first in an Escape Line trilogy. "It's a great blessing to know what I'm going to be doing for the next three or four years – and that going to Rome to do the research will be part of it! To think of the three books as part of a larger composition is a lovely thing. It alleviates anxieties about having to gather inspiration." For now, *Strummer: the Novel* will have to wait. **GRAEME THOMSON**

# RadioTimes

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# Travel

## 'I GET BEN'S CAST-OFFS'

Ex-Marine **Monty Halls** is used to tough missions – so why is his latest assignment cruising around France and the Netherlands with Ben Fogle?

**Commando: Britain's Ocean Warriors**  
BBC iPlayer

IT'S A SENTENCE THAT STARTS STRANGE – then, once Monty Halls gets going with it, turns weirder. “If Ben Fogle and me jumped into a pit together, just wearing our underpants...” begins the ex-Marine, to the sound of a nation's women licking their lips; “and only one of us could come out alive...” he continues, while Channel 5's commissioning editors start to prick up their ears, too, “it wouldn't be me,” he concludes, as the book-makers rub their hands together excitedly.

### 'People underestimate Ben because he's posh, but he's as hard as nails'

It is, to be clear, a scenario unlikely to transpire any time soon – but Halls and Fogle are about to go head to head in the somewhat less life-or-death environment of a luxury cruise liner. As part of P&O Cruises' “Sail with the stars” programme, Halls, Fogle and travel expert Simon Calder will all be joining passengers on board to recount tales of their past adventures and share their expertise in the fields of wildlife, exploration and the great outdoors.

And, insists Halls, Fogle will be the winner on every count: “I've done many book signings and things, where I've sat there quietly, and at the table next to me Ben's had a massive queue of people, and I just get his cast-offs. And I wasn't

joking about the fight: people underestimate Ben because he's [posh], but he's hard as nails.”

Halls is no pushover himself, of course. His CV includes not just ten years as a Green Beret, but also – as expedition leader, marine biologist and broadcaster – explorations from the Galapagos to the Gulf. Having penned *Commando: the Inside Story of Britain's Royal Marines* last year, he's the man who literally wrote the book on “jaw-dropping heroism”; and as the man who devised the accompanying BBC series (available on iPlayer), he's one of the few to be let inside the regiment's inner sanctum, witnessing its tragedies as well as its triumphs.

“The series could only have been made by an ex-military person,” he says. “Otherwise it would all be clichés, with big moustachioed Royal Marines running around effing and jeffing. And that's not what the organisation is.”

His next project is “a circumnavigation of Britain, by sailing ship, to provide a snapshot of our coastal communities in 2023, and of all the challenges they're

facing. The fishing industry has been walloped, plastics pollution is real, sea levels are going to rise 35cm in the next three decades. So we'll be telling those stories.”

If that sounds like a tough watch, though, you can put down that fortifying tot of grog: “It's actually going to be fairly upbeat. Our coastal communities are pretty robust, pretty tough. They're used to change, and they're getting stuck in to address these issues. Plus I've only just learnt to sail – I bought this 50-year-old ketch last year – so it's also partly the story of me setting out in this thing, not really knowing what I'm doing, and learning from people en route. I've always driven around in RIBs [rigid inflatable boats] and dive boats, so I thought ‘How tricky can sailing be?’ Turns out the answer is ‘Quite tricky’. The coast of Britain is 1,900 miles long, and it's pretty feisty in places...”

After that, this summer, it's straight off to the cruise ship. Won't he find it a bit tame? “I love these cruises! There's a perception

**TAKE A SPIN**  
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**GUEST  
SPEAKERS**  
Monty Halls and  
Ben Fogle take  
to the sea



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*sail with the stars*

ALAMY, GETTY



#### SIGHTS

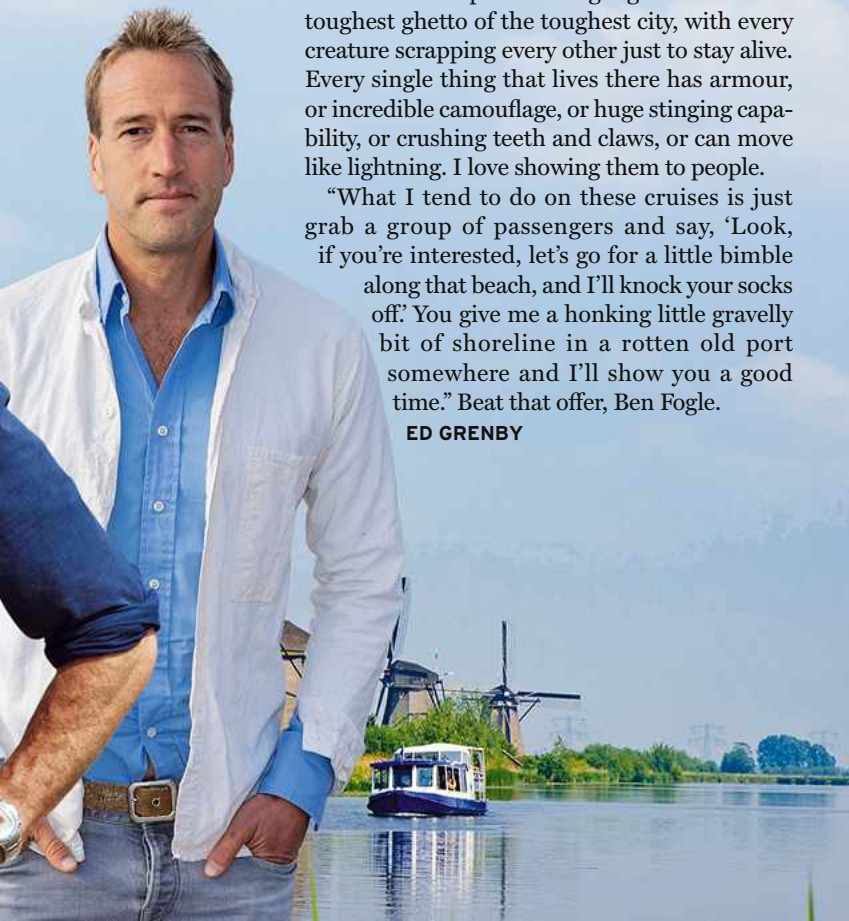
Above: cubic houses in Rotterdam and (top) the French coast at Le Havre

that cruising's all tea dances and bingo and bridge, and the first time I went on one I thought it was going to be grim – but actually the people you meet are just brilliant. I did an Antarctic cruise, and everyone was so tough, they put me to shame. The conditions – and the cold – were not easy, but all the passengers would be going out on these shore expeditions, and I was the one staying on the ship, saying 'I can't go out any more! I need to just sit down and have a cappuccino.'

**S**OUTHAMPTON (WHERE A P&O Cruises holiday starts) isn't exactly Scott and Shackleton territory, but the ship's France-and-Holland itinerary is anything but dull, insists Halls. "There is no environment on Earth that is tougher than an inter-tidal shore in northwest Europe. It's like gang warfare in the toughest ghetto of the toughest city, with every creature scrapping every other just to stay alive. Every single thing that lives there has armour, or incredible camouflage, or huge stinging capability, or crushing teeth and claws, or can move like lightning. I love showing them to people.

"What I tend to do on these cruises is just grab a group of passengers and say, 'Look, if you're interested, let's go for a little bumble along that beach, and I'll knock your socks off.' You give me a honking little gravelly bit of shoreline in a rotten old port somewhere and I'll show you a good time." Beat that offer, Ben Fogle.

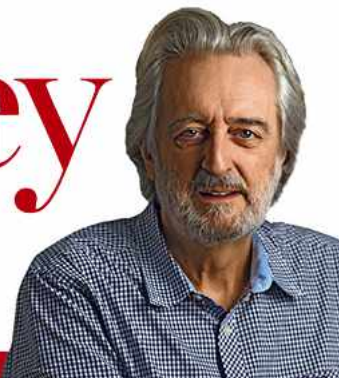
**ED GRENBY**





# Money

Paul Lewis presents  
Money Box on Radio 4.  
To read more of his advice,  
see [radiotimesmoney.com](http://radiotimesmoney.com)



## HOW TO AVOID INHERITANCE TAX

You can't cheat death, but there are steps you can take to reduce the effects of Inheritance Tax, says **Paul Lewis**

**H**OUSE PRICES ARE creeping up again and one survey indicates that the average home in the UK is worth more than the basic threshold where Inheritance Tax (IHT) begins. Rightmove's January index show the average asking price of a UK home is £362,438 – while the IHT threshold stays at £325,000. If you owned that home and it was 'The average home costs £362,438; the IHT threshold is still £325,000'

all you left to your unmarried partner or a cousin, the Inheritance Tax would be a shade under £15,000.

The reason that homes are coming into the IHT net is simple: the threshold (called the "nil rate band") has been frozen since 2009 and will remain frozen until April 2028. The truth is that Inheritance Tax is not just for the very well-off.

There are ways to reduce its effects, though. Number one is leave everything to your spouse or civil partner. That means no IHT is due, however much your estate is worth. And when they die, all their

thresholds are doubled to benefit their heirs. So if you and your partner aren't married then get married – but perhaps don't mention reducing tax as the reason...

Second, if you leave your home to a direct descendant – a child, grandchild, etc, including stepchildren – then an extra allowance of up to £175,000 is added on, making a total of up to £500,000, well above the value of an average home. If the deceased is the second to die and was their spouse's only heir then the total is doubled – so even a £1 million home can be free of IHT.

Those exemptions are one reason that Inheritance Tax still only affects a minority. The Office for Budget Responsibility estimates that about one in 18 estates will pay it this year, but that will rise to one in 15 by 2027/28.

One other way to reduce IHT: you can give away £3,000 a year – double that if you gave nothing away last year. Partners can each give that much. Regular gifts from surplus income are also exempt. But never give away money you will need to stay well and happy.

**QUESTIONS?** Send any questions to [Paul.Lewis@radiotimes.com](mailto:Paul.Lewis@radiotimes.com). I cannot answer you personally, but I will reflect them in this column.



To receive emails with our latest news and offers, visit [radiotimes.com/email](http://radiotimes.com/email)

### RT MONEY PARTNER



## UNLOCK TAX-FREE MONEY FROM YOUR HOME

FIND OUT MORE WITH YOUR FREE GUIDE BY RT'S PAUL LEWIS

If you're a homeowner aged 55 or over, equity release could allow you to unlock a lump sum of tax-free cash from your home to help boost your finances, with no requirement to make monthly repayments.

Radio Times have teamed up with Age Partnership+, part of the UK's number one equity release adviser\*, to bring you an equity release service. Their team are available to explore your options and tell you everything you need to know about equity release, including the effect on the amount of inheritance you can leave and if your entitlement to means-tested benefits could be affected now or in the future.

Plus, your FREE Radio Times guide to equity release, written by RT's Paul Lewis, can help explain how equity release works, and if it could be right for you.

Equity release may involve a lifetime mortgage, which is secured against your property, or a home reversion plan. To understand the features and risks, ask for a personalised illustration. Equity release requires paying off any existing mortgage. Any money released, plus accrued interest, would be repaid upon death or moving into long-term care.

Call **0800 464 0735** to request your FREE guide, or visit [radiotimes.com/unlock](http://radiotimes.com/unlock)

Information correct at time of going to print. \*Based on volume of plans, ISS data Q1-Q3 2022. The Radio Times Equity Release Service is provided by Age Partnership Limited. Radio Times is a trading name of Immediate Media Company London Limited, which is an Introducer Appointed Representative of Age Partnership Limited, 2200 Century Way, Thorpe Park, Leeds LS15 8ZB. Company registered in England and Wales number 5265969. VAT registration number 162 9355 92. Age Partnership Limited is authorised and regulated by the Financial Conduct Authority, FCA registered number 425432 and is trading as Age Partnership Plus.

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# Crossword

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**WORDFINDER** Find the name of the show in the shaded squares to win the prize below. **EASY CLUES** Just for fun!



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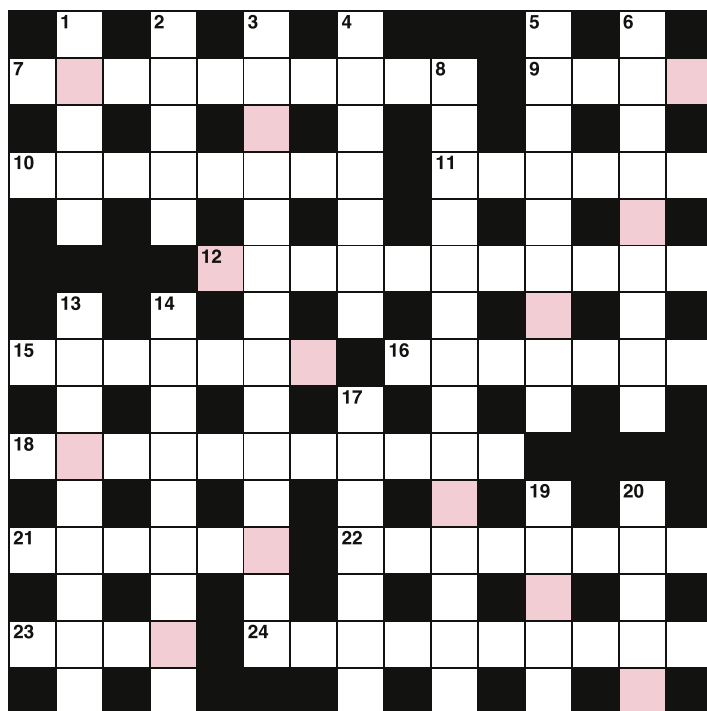
## PRIZE CROSSWORD

### ACROSS

- 7 Acerbic inert gas wrecked old books (10)
- 9 Give drugs to make oddly droopier (4)
- 10 Lass swapped shoes for other footwear (8)
- 11 Is way out to block small son? (6)
- 12 Rake relying on removal of sports presenter (4,7)
- 15 Wild crocodiles led out with wind (7)
- 16 Pastoral scene in country initially wonderful (7)
- 18 Female relative gains by arranging goings-on (11)
- 21 Time with a German painter by treeless area (6)
- 22 Officially logged, regarding best time (2,6)
- 23 Show off noisy bird (4)
- 24 Artist to colour old animal in retreat (10)

### DOWN

- 1 Religion backed in normal situation (5)
- 2 Earlier church leader (5)
- 3 Popular home attendances may be about to be rising (2,3,9)
- 4 Knitwear for cattle? (7)
- 5 After due consideration lady dives off (9)
- 6 Unmoved by a film company jerk (9)
- 8 Selling programme in which bridge is played? (3,7,4)
- 13 Swimmer to patrol UK port (9)
- 14 Nobleman not working for numbered lead-in (9)
- 17 Silver cycle on the rocks (7)
- 19 Long second half performed (5)
- 20 Savage river in Scottish isle (5)



## Prize Crossword 6

NAME \_\_\_\_\_

ADDRESS \_\_\_\_\_

POSTCODE \_\_\_\_\_

TELEPHONE \_\_\_\_\_

EMAIL \_\_\_\_\_

Cut or copy this form. Closing date: 17 February. Solution published in RT dated 11 March. Send to: Radio Times Prize Crossword, week 6 2023, PO Box 501, Leicester LE94 0AA. Or email your entry to [xword6@radiotimescomps.co.uk](mailto:xword6@radiotimescomps.co.uk)

Please note, your contact details will only be used in order to contact the winner of the prize crossword



Two winners of the Wordfinder puzzle will each receive a copy of *The Madame Blanc Mysteries* S1 (Acorn DVD). When her husband dies suddenly, antiques dealer Jean White (Sally Lindsay) finds that he had secrets galore. Travelling to France, Jean must use her own sleuthing skills to uncover the mystery of his death.

## EASY CROSSWORD

ACROSS (answers page 139)

- 7 Manicurist's varnish (4,6)
- 9 Spoken language exam (4)
- 10 Covered monastery walkway (8)
- 11 Small mechanical device (6)
- 12 Lack of balance (11)
- 15 First stage of human life (7)
- 16 Insect's feeler (7)
- 18 2007-14 BBC1 sitcom about the Brockman family (11)
- 21 Picture on the skin (6)
- 22 Island country south of India (3,5)
- 23 Reflection of sound (4)
- 24 Athletics field event (6,4)

### DOWN

- 1 Large serving spoon (5)
- 2 Insurance policy demand (5)
- 3 Soil for container plants (7,7)
- 4 Move to a new country (7)
- 5 Boat operator in Venice (9)
- 6 Tableware item for a gâteau (4,5)
- 8 Earl of Grantham actor in *Downton Abbey* (4,10)
- 13 Staying power (9)
- 14 Buttonhole flower (9)
- 17 Surfer's costume (7)
- 19 Dixieland stringed instrument (5)
- 20 Be unduly thrifty (5)

## WORDFINDER

Unscramble the letters in the shaded crossword boxes to reveal a TV show. Enter by sending an email with your name, address and telephone number to [wf6@radiotimescomps.co.uk](mailto:wf6@radiotimescomps.co.uk). Or post your entry (postcards only) to: Radio Times Wordfinder, Week 6 2023, PO Box 501, Leicester LE94 0AA. Two winners will receive the DVD shown left. Prizes sent monthly. Closing date: 17 February.

## PRIZE CROSSWORD 51 SOLUTION

### Prize Crossword 51 winner\*

R Peggs, Eaglesham, East Renfrewshire

### Wordfinder 51 Newsnight

### Wordfinder winners

B Hague, York;  
Linda Duncan,  
Blairgowrie, Perth  
and Kinross



## PUZZLE ANSWERS

answer that the fewest people gave.  
**POPMASTER**  
1 Amen Corner 2 Marty Wilde  
3 It Should Have Been Me  
4 Itchycoo Park 5 Tight Fit  
6 I Get Weak 7 Mariah Carey  
8 Five 9 Bryan Adams  
10 You Know My Name  
EGGHEADS 1a 2a 3b 4a 5b  
6c 7a 8c 9b 10a  
POINTLESS  
Athena (37 answered), Hecate  
(8), Apollo (51), Poseidon (18),  
Zeus (74). So Hecate is the  
10x8=80, 397+80=477  
800-6=794, 794+2=397,  
COUNTDOWN  
Drawers, Boxers, Briefs, Thong  
**Underwear**  
Blackadder  
Hi-de-Hi!, Cheers, Yes Minister,  
1980s TV comedies  
Lame, Pants, Lousy, Shoddy  
**Unsatisfactory**  
Bread, Rubbish, Bargain, Sin  
bin  
**ONLY CONNECT**

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Sunrise at  
Bryce Canyon

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## ONLY CONNECT with Victoria Coren Mitchell



The connecting wall from *Only Connect* combines general knowledge, wordplay and lateral thinking to give your brain cells a workout!

**How to play** Your task is to sort the 16 seemingly random words/phrases below into four groups of four connected words. You may find some clues fall into more than one category, but there is only one complete solution. If you get stuck, have a look at the clues on the side of the page...

Bread	Pants	Yes Minister	Briefs
Lame	Cheers	Boxers	Sin
Hi-de-Hi!	Lousy	Bargain	Thong
Rubbish	Drawers	Blackadder	Shoddy

## COUNTDOWN with Rachel Riley



Using addition, subtraction, multiplication and division, try to get as close to the target as possible in 30 seconds. You can use each of the six numbers only once, but you don't have to use them all. Rachel's solution is on the previous page.

**477**

100 2 8 8 6 10

## SUPER SUDOKU 893

	4	2	7	8				
		1			4		5	8
	8			9			4	
8								
	7	9	3		5	1	8	
								5
	5			4			9	
2	3		9			8		
				3	7	5	6	

**How to play** Complete the grid so that every row, column and 3 x 3 box contains the digits 1 to 9. **Difficulty: 12/20**

**SUDOKU NO 892 SOLUTION**

5	8	9	1	3	6	4	7	2
2	4	6	7	9	8	1	5	3
1	7	3	2	5	4	8	6	9
9	1	5	8	2	3	6	4	7
3	2	7	4	6	5	9	1	8
4	6	8	9	7	1	3	2	5
7	5	1	3	4	9	2	8	6
8	3	2	6	1	7	5	9	4
6	9	4	5	8	2	7	3	1

## SCRIBBLE PAD

## TRACKWORD

How many words of three letters or more can you find by tracking from one square to the next, going up, down, sideways or diagonally in order? You may not use the same letter square twice in any word. Proper nouns/foreign words not allowed. What is the nine-letter word?

**BRAINBOX 28 words AVERAGE 18**



CLIVE DOIG

### TRACKWORD FOR LAST ISSUE Nine-letter word ECONOMIST

con, cone, coo, coom, coon, cos, cost, cot, eco, economist, eon, ion, ism, iso, miso, mist, moist, mon, mono, moo, moon, moos, moot, most, mot, neo, nom, nomoi, nomos, not, once, oncost, one, scone, scot, sim, simoon, smoot, soc, son, sone, soon, sot, stone, toe, tom, ton, tone, too, toom, toon (Ref: Chambers English Dictionary)

### THIS WEEK'S EASY CROSSWORD SOLUTION

**Across** 7 Nail polish 9 Oral 10 Cloister 11 Gadget 12 Instability 15 Infancy 16 Antenna 18 Outnumbered 21 Tatoo 22 Sri Lanka 23 Echo 24 Triple jump  
**Down** 1 Ladle 2 Claim 3 Potting compost 4 Migrate 5 Gondolier 6 Cake stand 8 Hugh Bonneville 13 Endurance 14 Carnation 17 Wetsuit 19 Banjo 20 Skimp

## THE ENIGMA CODE

Can you crack the Enigma code? Each grid number represents a letter. Every letter of the alphabet is used. Use the given letter or letters – below the main grid – to start. The solution is on the previous page.

**Difficulty: 13/20 Target time: 26 minutes**

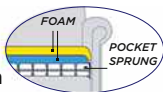
17		14		1	16	8	14	5	5	4		
5	14	13	12	15		16		4		2	4	21
15		6		12		6		25		8		14
22	16	4	5		20	15	8	18	17	10	21	25
16		1		12		7				1		16
21	15	6	4	21	11		17	21	15	6	15	13
	4				14			14			4	
25	24	14	9	17	11		25	1	21	10	26	26
4		25				19		18		25		21
1	21	15	25	25	1	10	6		9	4	12	14
24		2		15		14		4		2		16
25	16	4		4		6		3	4	5	6	23
			21	16	17	5	16	6	16		16	

A  
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Z



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## POINTLESS

with Richard Osman and Alexander Armstrong



Pointless asks a question of 100 people, the contestants are then asked to choose the answer they think the fewest

of those 100 people knew. **How to play**  
Here are the names of five ancient Greek gods and goddesses, with the letters in alphabetical order. Unscramble them and give us the most obscure answer?

### GREEK GODS & GODESSES

AAEHNT

ACEEHT

ALLOOP

DEINOOPS

ESUZ

## EGGHEADS

with Jeremy Vine

### KEVIN ASHMAN

1 Which car does Steve McQueen drive in the 1968 film *Bullitt*?

a Ford Mustang b E-type Jaguar  
c Porsche Spyder

2 1960s sitcom *Pardon the Expression* was a spin-off of which TV programme?

a Coronation Street b Dixon of Dock Green  
c Z Cars

### OLAV BJORTOMT

3 Which British dramatist wrote the 1963 film *The VIPs*?

a Noël Coward b Terrence Rattigan  
c John Osborne

4 Which TV character called herself "a greedy, perverted, selfish, apathetic, cynical, depraved, morally bankrupt woman"?

a Fleabag b Liz Lemon c Patsy Stone

### PAT GIBSON

5 What is thought to be Britain's longest-lived wild bird?

a Raven b Manx shearwater c Gannet

6 Which yachting race is contested over 3,500 miles from St Malo to Guadeloupe?

a Vendee Globe b The Ocean Race  
c Route du Rhum

### JUDITH KEPPEL

7 Sports presenter Gabby Logan represented Wales at which event in the 1990 Commonwealth Games?

a Rhythmic gymnastics b Judo  
c Air pistol

8 Sir Stamford Raffles was instrumental in establishing which London attraction in the 1820s?

a British Museum b Kew Gardens  
c London Zoo

### LISA THIEL

9 A dog called Freeway appeared in which US TV series?

a *The Fall Guy* b *Hart to Hart*  
c *Remington Steele*

10 Mount Thor is located on which Canadian island?

a Baffin Island b Newfoundland  
c Victoria Island

## DICTIONARY CORNER

Susie Dent



### Phrase of the week Hue and cry

The hue in hue and cry isn't the same as the hue used to mean shade or colour – that comes from an Old

anyone witnessing someone committing a crime could call for others to join in their pursuit. They did so by raising a hue and cry, in which hue came from an Old French word for a hunting or battle cry. In law, the cry had to be raised by the inhabitants of the district in which the crime was committed, otherwise the pursuers were liable for any damages suffered in the course of the chase. The statutes relating to this legal sense of hue and cry were repealed in the 19th century.

English word meaning appearance. This other hue, used together with cry to mean a clamour or commotion, was once enshrined in criminal law. Following the Norman Conquest,

## POPMASTER

with Radio 2's Ken Bruce

### 1960s

1 Which band had a number one hit in 1969 with (*If Paradise Is*) *Half as Nice*?



2 In 1961, two versions of the song *Rubber Ball* made the top 10, the original by Bobby Vee and a cover version by which singer?

### 1970s

3 What was the title of the only single by Motown artist Yvonne Fair to make the top 5?

4 Which 1967 top 3 hit by the Small Faces returned to the top 10 in 1975?

### 1980s

5 Which act had a number one hit in 1982 with a cover of The Tokens' 1961 chart entry, *The Lion Sleeps Tonight*?

6 What was the title of Belinda Carlisle's top 10 hit follow up to her chart-topping *Heaven Is a Place on Earth*?

### 1990s

7 In 1994, which female singer became the first to enter the charts at number one with her version of *Without You*?

8 *Slam Dunk (Da Funk)* was the first top 10 hit in 1997 for which boy band?

### 2000s-present day

9 Which legendary performer made the top 3 in the album charts in 2022 with *So Happy It Hurts*?

10 From 2006, what was the title song to the James Bond movie *Casino Royale* that gave Chris Cornell a top 10 hit?

QUESTIONS BY PHIL "THE COLLECTOR" SWERN

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# Feedback

Edited by JANE HILL

## NIGHT OF THE ZELEBS

Saturday night (21 January) on BBC1 and what gems are on offer? *Celebrity Mastermind* with Z-list celebs you've barely heard of; *Celebrity Bridge of Lies* with Z-list celebs you've barely heard of; *Michael McIntyre's Big Show* with yet more celebs (20 seconds of the trailer is enough to put you off); and *That's My Jam* with more Z-list celebs.

These joys were followed by *Casualty* (in its 37th season, so bereft of fresh ideas has the BBC become), a repeat of *Not Going Out* and *Match of the Day*, to fulfil the BBC's mantra of "as much football as often as possible". The evening ended with a film shown numerous times before.

Is this the best the BBC can offer on a Saturday night? It's hardly any wonder more and more people are questioning the obligatory licence fee.

**Anne Wood** Gloucester

*The ratings show that these programmes are popular, with Michael McIntyre's Big Show pulling in 4.5 million viewers on 21 January. The figures also show that BBC1 comfortably won the ratings battle that night.*

## DRIVEN TO TEARS

It was a glorious start to 2023 in Ambridge in *The Archers* (Sunday-Friday Radio 4). Tracy and Jazzer proposed to each other and there were glorious scenes in the community shop as Justin up-sold and cross-sold until poor Rex almost quadrupled his weekly spend. But a horrible shock was in store with the sudden death of Jennifer Aldridge (22 January).

Hats off to the scriptwriters and directors who, in around 13 minutes an evening, get us to believe in these rich, multidimensional characters and create brilliant and moving moments.

A big thank you to the many actors – and especially Angela Piper, who played "Jenny darling" for more than 60



**THE POSTMORTEM IS IN** I'm convinced that the on-screen disaster that is *Silent Witness* (23/24 January BBC1) has nothing to do with dead bodies or crime.

The plots are so convoluted that it seems the lead characters have little understanding of what they are doing or why. A poor soul cut in half by a train just before it hits a wall of debris in a collapsed tunnel lies unnoticed by the train track, despite dozens of police milling around after the crash. Did

years – for bringing these characters to life.

**Janet Hopper**

Tamworth, Staffordshire

...I was driving home and found myself in tears listening to *The Archers* and discovering Jennifer Aldridge was dead. I felt such a loss. I loved her character and how she dealt with life's ups and downs, and so sympathised with her when she lost her lovely home.

I will miss Angela Piper's wonderful portrayal of Jennifer through so many hours of radio enjoyment.

**Patricia Cameron**

Launceston, Cornwall

**THE POSTMORTEM IS IN** I'm convinced that the on-screen disaster that is *Silent Witness* (23/24 January BBC1) has nothing to do with dead bodies or crime.

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**UPLIFTING**  
Host Dom Chinaea and (right) jeweller Nyanda in *Make It at Market*

## LETTER OF THE WEEK

### The craft of gentle television

*Make It at Market* (weekdays BBC1) with Dom Chinaea from *The Repair Shop* was absolutely uplifting. How wonderful to have a gentle programme where everyone is full of kindness and offers genuine support to their fellow artists and craftspeople. There was none of the usual "drama" of having to work against the clock, or one unlucky person being sent home (as happens on Channel 4's *The Great Pottery Throw Down*).

The only other programme I remember like this was *Anyone Can Sing* on Sky Arts, in which people were helped to break through often painful, self-imposed barriers. It led me to find my own voice, which I didn't believe I had!

I hope that more series like these are in the pipeline.

**Andie Clay** Cardigan, Ceredigion

Andie Clay wins a black Roberts Ortus 2 clock radio. Sleek and practical, this DAB/DAB+/FM radio has pre-sets for up to 20 stations, both a radio and a buzzer alarm with snooze function and an audio fade-out setting for listening in bed. The display light can be adjusted to dim or black-out at night. The Ortus 2 also features a USB socket for a smartphone connection and can double up as a speaker for your iPod or MP3 player. RRP £79.99 [robertsradio.com](http://robertsradio.com)



they think the dead man was just resting?

Later we were treated to the villains having another attempt at blowing up the train and tunnel, which has been left completely unattended by security.

Contrast *Silent Witness* (likely to send us to sleep) with *Happy Valley*, which has us gripped from the opening second.

**Frazer Gould**

Torquay, Devon

## DARK ARTS

I am amazed at how well the producers of series three of *His Dark Materials* (Sunday BBC1/iPlayer) are portraying such a complex story. I found the scene

where Lyra and Will (Dafne Keen and Amir Wilson) freed the people from the Land of the Dead (22 January) incredibly moving.

**Jean Vaughan**

Lichfield, Staffordshire

*Turn to page 6 for Ten Questions with His Dark Materials star James McAvoy.*

## TITLE MIX-UP

On *Mastermind* (23 January BBC2) Clive Myrie asked which TV presenter and author wrote *My Family and Other Animals*. The contestant replied Gerald Durrell, but was told it was wrong and the answer was Clare Balding.



But Durrell was a TV presenter and author. It might have been some years ago, but those of us of an older age remember him with affection.

**Jan Coffin**

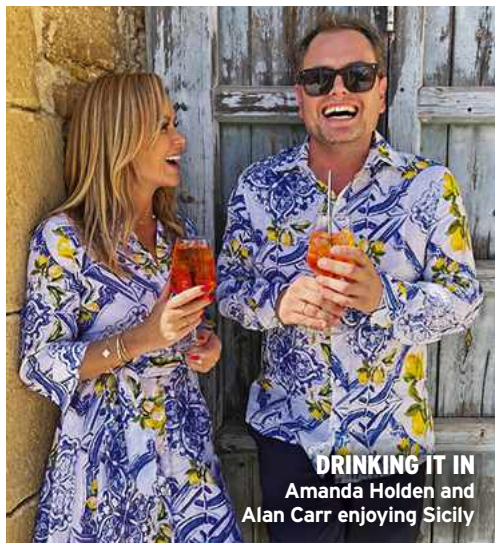
Holsworthy, Devon

*The book titles are similar but different! The question actually asked was: "The 2012 book My Animals and Other Family is an autobiography of which broadcaster and author?" Gerald Durrell's original book was called My Family and Other Animals and it was published back in 1956.*

## THE REAL SICILY

Having come to the UK from Sicily in 1961, it always makes me happy to see programmes about Italy and especially Sicily. Currently, *The White Lotus* (Sky Go/Now) and of course *Amanda and Alan's Italian Job* (Friday BBC1) are focusing on the beauty of this wonderful island.

While I realise that the latter is a light-hearted series that promotes the beauty and culture of the country, not to mention the possibility of purchasing a property for one euro and



**DRINKING IT IN**  
Amanda Holden and Alan Carr enjoying Sicily

renovating it in three months, I must warn viewers that this is quite misleading. The producers have conveniently found a bilingual project manager, not to mention builders at their disposal and materials readily available.

I can assure you that, with the red tape in Italy, it can take up to one year just to get plans approved. But if anyone is inspired by the duo's adventure, may their dreams come true in beautiful Sicily.

**Mario Zeppetelli** London E10

## CAUSING A POET HAVOC

On Burns Night I enjoyed *Beyond Burns* (25 January BBC4) on Scottish poets immensely. Being Edinburgh born and bred and a niece of Norman MacCaig, it was delightful to bring back memories of him and his wife Isabel at Leamington Terrace. As children, the MacCaigs and Munros delighted in hurtling down the lino-covered hall, from front door to kitchen and back on wee bikes or pedal cars.

Norman disappeared during all the mayhem!

**Lesley Hayward-Mudge**  
(formerly Munro)  
King's Lynn, Norfolk

## MISSING ED

Edward Stourton (*RT*, 21 January) admits to still missing presenting *Today* on Radio 4. He's not alone. There must be numerous listeners who,

like me, still regret his enforced departure in 2008 for a successor apparently pushed into the programme through BBC internal politics. Stourton's skilled, near-flawless style gave the programme an authority and gravitas now much diminished. Perhaps the current group of presenters should read his new book, *Confessions*. They could learn a great deal.

**Michael Fay** Huddersfield, West Yorkshire

## ONEDIN SAILS AGAIN

Thank you, Talking Pictures TV, for bringing back *The Onedin Line* (Sundays). In the 1970s, it formed

the main topic of canteen conversation at work

on Monday mornings. Viewers were as obsessed with this BBC drama series as we are now with *Happy Valley* (Sunday BBC1).

Did we even notice the wonky wigs, doubtful location settings

and even the odd

microphone on show? I don't think we did. The sterling performances of Anne Stallybrass, Peter Gilmour and Jessica Benton more than made up for the lack of sophistication.

I do watch *Happy Valley*, but *The Onedin Line* comes first. I still find it a thumping good drama.

**Jennifer Florance**  
Newark, Nottinghamshire

## STRANGER THAN FICTION

I wonder how many people spotted the title of the book shaken off the shelves in the first episode of the suspense drama *The Rig* (Amazon Prime Video) when the oil rig started mysteriously vibrating. It was John Wyndham's *The Kraken Wakes...* Maybe extraterrestrial forces were really what was at work here!

**Janet Kronberg** Southampton  
Janet wins a DVD of *His Dark Materials* – the third and last series of Philip Pullman's fantasy drama.



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**COMPLEX**  
Dafne Keen as  
Lyra in *His Dark Materials*





# THE BIG PICTURE QUIZ ANSWERS REVEALED!

We set you a fiendish visual quiz in our Christmas double issue. How many of the 52 shows and major events from 2022 did you spot?

- |                                   |                                |   |                                      |                          |
|-----------------------------------|--------------------------------|---|--------------------------------------|--------------------------|
| 1 The Capture                     | 11 Sherwood                    | 21 Taskmaster                             | 33 Call the Midwife                  | 42 World Cup             |
| 2 Ghosts                          | 12 House of the Dragon         | 22 The Apprentice                         | 34 The Great British Bake Off        | 43 Trigger Point         |
| 3 The death of Queen Elizabeth II | 13 Frozen Planet II            | 23 The Repair Shop                        | 35 The Thief, His Wife and the Canoe | 44 Inside Man            |
| 4 The English                     | 14 Screw                       | 24 Bridgerton                             | 36 Shetland                          | 45 RuPaul's Drag Race UK |
| 5 Michael McIntyre's The Wheel    | 15 The Responder               | 25 Peaky Blinders                         | 37 Strictly Come Dancing             | 46 The Great             |
| 6 Gentleman Jack                  | 16 This Is Going to Hurt       | 26 Stranger Things                        | 38 Women's Euro 2022                 | 47 The Crown             |
| 7 Four Lives                      | 17 The Winter Olympics         | 27 This England                           | 39 Am I Being Unreasonable?          | 48 Industry              |
| 8 SAS Rogue Heroes                | 18 The Eurovision Song Contest | 28 The Masked Dancer                      | 40 After Life                        | 49 Rules of the Game     |
| 9 Conversations with Friends      | 19 The Midwich Cuckoos         | 29 Derry Girls                            | 41 Crossfire                         | 50 Chivalry              |
| 10 Killing Eve                    | 20 Doctor Who                  | 30 I'm a Celebrity... Get Me Out of Here! |                                      | 51 Noughts + Crosses     |
|                                   |                                | 31 The Tourist                            |                                      | 52 Anatomy of a Scandal  |
|                                   |                                | 32 Neighbours                             |                                      |                          |

## THE PICTURE QUIZ WINNER



Congratulations to **Kathryn Cox** of Abergavenny, Monmouthshire, who wins a 4K Ultra HD Smart TV, Blu-ray player and five Blu-rays, together worth more than £800.

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# GORDON RAMSAY

On being told not to swear on TV and his *Strictly* offer for Louis Theroux

## What's the view from your sofa?

Our three-year-old, Oscar, plus all his *Paw Patrol* toys, then there's three Baftas and one Emmy on the shelf. I get him to stand to the side so it goes: Bafta, Emmy, Oscar. Then Ryder and Chase from *Paw Patrol*.

## Who controls the remote?

We normally spend half an hour looking for the freaking thing. It's been in the dog basket, at the bottom of the fake fish tank: Oscar wanted to see if it floated.

## Instant turn-offs?

I'm not good with A&E documentaries, especially when someone passes at the end of it. And *Love Island*: thinking that, one day, one of my daughters is going to be on there without telling me. I don't watch, just in case.

## What is your go-to viewing?

When I've got jetlag at 3am it's *Deadliest Catch*, because I love fishing and I love that graft. Otherwise, Louis Theroux – but I'm determined not to meet him. I've just got this lovely perception of the clever quirkiness, the way he gets the question answered while looking so vulnerable. I'd just get too excited with him. I'm like a dog with a bone and Louis is super-reserved...

## Do you watch cookery shows?

Every time. I went to Paris at the age of 22 and got my arse kicked because no one believed in Great British cuisine, but I look at *Great British Menu* and see an amazing confirmation of our future-facing industry in this country. Whether it's *Sugar Rush*, *Great British Bake Off* or *Saturday Kitchen*, I won't miss a show.

## Do you recall your first TV appearance?

Oh yeah, I remember getting my first call to judge on *MasterChef*. They took my pristine chef whites and dyed them grey! Apparently, my jacket was just too white for the camera. They said, "Please don't swear at the contestants and please

be supportive," but it was really difficult because the food was monstrous. [Son] Jack also asked me to get all the episodes of *Boiling Point* [his first series, from 1999] recently. I couldn't bear to watch me running from two to three Michelin stars, going through litigation and convincing my wife to sell the family home to put into this restaurant. I was travelling 1,000 miles an hour, so much to do but so little time and no money.

## You describe *Next Level Chef* as the world's toughest cooking competition ever. Why?

First of all, I'm talking tough for the contestants. But it's also spontaneous and really hard when you're in the basement, cooking something in 45 minutes with minimal ingredients and no decent equipment. We have professional chefs, social media stars and home cooks, so it's a level playing field. The social media chefs just aren't interested in what's going on outside – one of them made the most amazing gnocchi out of powdered Smash, served with button mushrooms grown in a greenhouse. It was phenomenal.

## WHILE I'M WATCHING...



### MY DRINK OF CHOICE

There are so many artisan gin makers doing great stuff – Monkey 47 is spicy and incredible, so I'd have that with a Fever-Tree tonic.



### FIRST TV MEMORY

Keith Floyd, all flamboyant and dicky-bowed, telling the cameramen to pan down. I do the same to my daughters now when we go live on Instagram.

## How would young Gordon get on?

I won National Chef of the Year at the age of 25 – I'd be f\*\*\*ing brilliant! Gordon Ramsay today would win it in 22 minutes, never mind 45.

## How has mentoring changed since then?

We can't be Alex Fergusons today, there needs to be a Pep Guardiola approach – having five kids has helped me there. It's not the 90s. That level of abruptness in teaching is completely different now, although when you come down on someone, it's part of the learning process.

## You mentioned wanting to follow your daughter Tilly onto *Strictly*...

I'm only 56! I'm desperate to learn how to dance. Having Tilly doing so well in that competition, training for two hours, studying for two hours, half-hour off, from 9am to 10 at night, all for a two-minute performance on Saturday... it was so impressive. I would love to get on there. The dream line-up would be me and Louis Theroux. I'd meet him for that... If he does it, I'll do it. **GABRIEL TATE**

*Next Level Chef* is on Wednesday 9pm on ITV1



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